

Incidence of Swimming-Induced Pulmonary Edema

A Cohort Study Based on 47,600 Open-Water Swimming Distances

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e-Table 1. Participants in the swimming races of Vansbrosimningen 2016-2019

	2016	2017	2018	2019	Total
Total swimming distances ≥18 y (n)	13380	12518	11413	10262	47573
Total individuals ≥18 y (n)	13006	12087	11010	9810	45913
Individuals swimming >1 race in one year ≥18 y* (n)	315	339	330	361	1345
Total swimming distances <18 y (n)	386	379	474	492	1731
Total individuals <18 y (n)	361	353	436	435	1585
Individuals swimming >1 race in one year <18 y (n)	22	20	31	44	117
Distances swum for participants ≥18 years					Total
Men 3000 m (n)	5670	5487	4847	4330	20334
1500 m (n)	402	423	395	310	1530
1000 m (n)	64	66	79	148	357
Women 3000 m (n)	3138	3072	2940	2546	11696
1500 m (n)	1119	1008	951	863	3941
1000 m (n)	2987	2462	2201	2065	9715
Sex and age for patients ≥18 years					
Men	6136	5976	5321	4788	22221
Women	7244	6542	6092	5474	25352
					Mean (SD)
Age years; mean	40.0	40.2	40.8	40.9	40.4 (0.4)
Age groups					Total
18-30 years (n)	3487	3406	2933	2760	12586
31-40 years (n)	3399	2963	2705	2371	11438



41-50 years (n)	3868	3462	3098	2569	12997
51-60 years (n)	2153	2212	2137	2027	8529
≥61 years (n)	473	475	540	535	2023
Speed					
< 20 min/km	2010	1972	2044	1675	7701
≥ 20 min/km	11312	10454	9332	8509	39607
did not finish the race	58	92	37	78	265
Temperature					Mean (SD)
Water temperature** (C°); mean (SD)	17.1 (0.2)	16.8 (0.3)	19.5 (0.5)	15.9 (0.3)	17.3 (1.5)
Air temperature*** (C°); mean (SD)	19.2 (1.8)	16.9 (1.8)	21.8 (2.1)	15.5 (1.6)	18.3 (6.8)

*27097 individuals participated in one year; 4764 individuals participated in two years, 1604 participated in three years, 1119 participated all four years.

**Water temperature is presented as mean (SD) of hourly measurements 9 am - 6 pm in the river of Vanån and Västerdalälven over the three racing days. Total mean (SD) is given for the four years.

***Air temperature is presented as mean (SD) of hourly measurements 9 am - 6 pm in Vansbro over the three racing days. Total mean (SD) is given for the four years.

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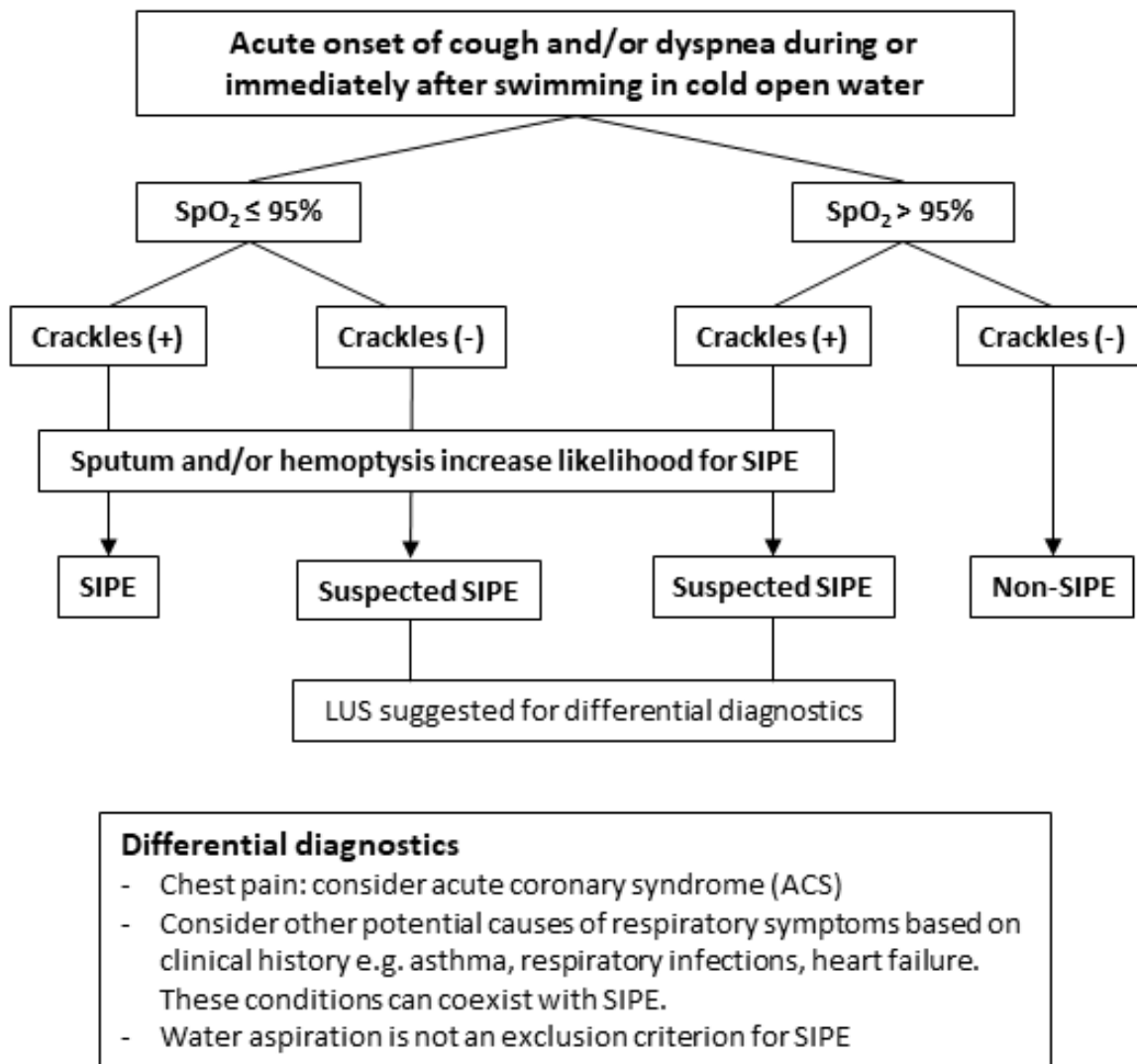
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						Mean (SD)
Temperature						
Water temperature** (C°); mean (SD)		17.1 (0.2)	16.8 (0.3)	19.5 (0.5)	15.9 (0.3)	17.3 (1.5)
Air temperature*** (C°); mean (SD)		19.2 (1.8)	16.9 (1.8)	21.8 (2.1)	15.5 (1.6)	18.3 (6.8)

*27097 individuals participated in one year; 9528 individuals participated in two years, 4812 participated in three years, 4476 participated all four years.

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***Air temperature is presented as mean (SD) of hourly measurements 9 am - 6 pm in Vansbro over the three racing days. Total mean (SD) is given for the four years.

Information on races swum and age/sex groups of all participants during the swimming races of Vansbrosimningen in 2016-2019. Individuals turning 18 years old the same year as participating in the swimming event were counted as adult participants (≥18 years).



e-Figure 1: Suggested algorithm for SIPE diagnosis in patients with acute onset of cough and/or dyspnea during swimming in open water. The algorithm is based on peripheral oxygen saturation (SpO2) and crackles on lung auscultation, with excessive sputum and/or hemoptysis supporting diagnosis. Patients with findings of crackles and SpO2 ≤95% could be diagnosed with SIPE based on clinical evaluation. For patients with findings of crackles or SpO2 ≤95%, lung ultrasound (LUS) is suggested for differential diagnosis if available. Previously published by Hårdstedt et al, CHEST 2020.