Figure S2. Supplementary temporal network with all effects
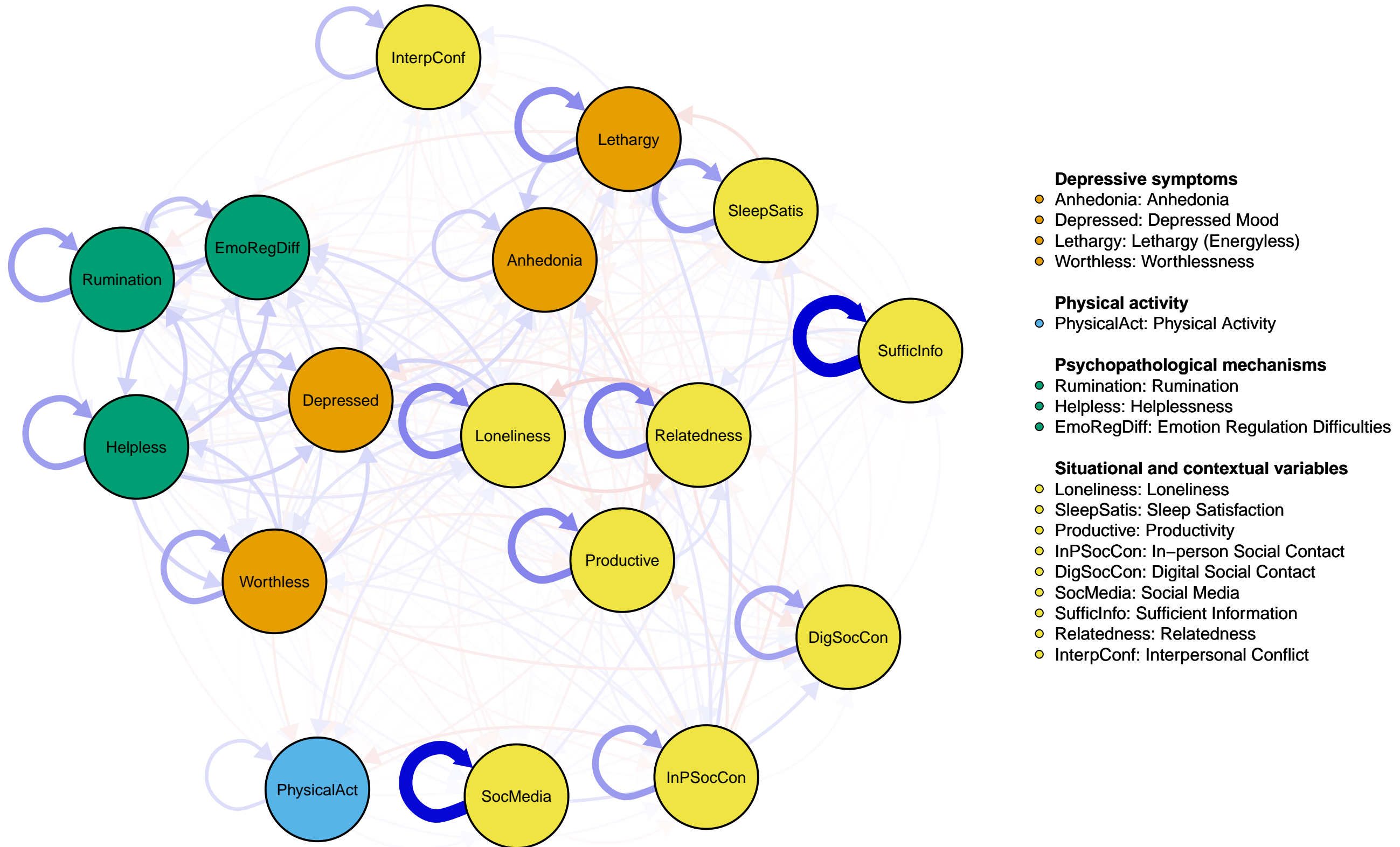
Depressive symptoms
- Anhedonia: Anhedonia
- Depressed: Depressed Mood
- Lethargy: Lethargy (Energyless)
- Worthless: Worthlessness

Physical activity
- PhysicalAct: Physical Activity

Psychopathological mechanisms
- Rumination: Rumination
- Helpless: Helplessness
- EmoRegDiff: Emotion Regulation Difficulties

Situational and contextual variables
- Loneliness: Loneliness
- SleepSatis: Sleep Satisfaction
- Productive: Productivity
- InPSocCon: In–person Social Contact
- DigSocCon: Digital Social Contact
- SocMedia: Social Media
- SufficInfo: Sufficient Information
- Relatedness: Relatedness
- InterpConf: Interpersonal Conflict

Figure S3. Supplementary contemporaneous network with all effects

Depressive symptoms
- Anhedonia: Anhedonia
- Depressed: Depressed Mood
- Lethargy: Lethargy (Energyless)
- Worthless: Worthlessness

Physical activity
- PhysicalAct: Physical Activity

Psychopathological mechanisms
- Rumination: Rumination
- Helpless: Helplessness
- EmoRegDiff: Emotion Regulation Difficulties

Situational and contextual variables
- Loneliness: Loneliness
- SleepSatis: Sleep Satisfaction
- Productive: Productivity
- InPSocCon: In−person Social Contact
- DigSocCon: Digital Social Contact
- SocMedia: Social Media
- SufficInfo: Sufficient Information
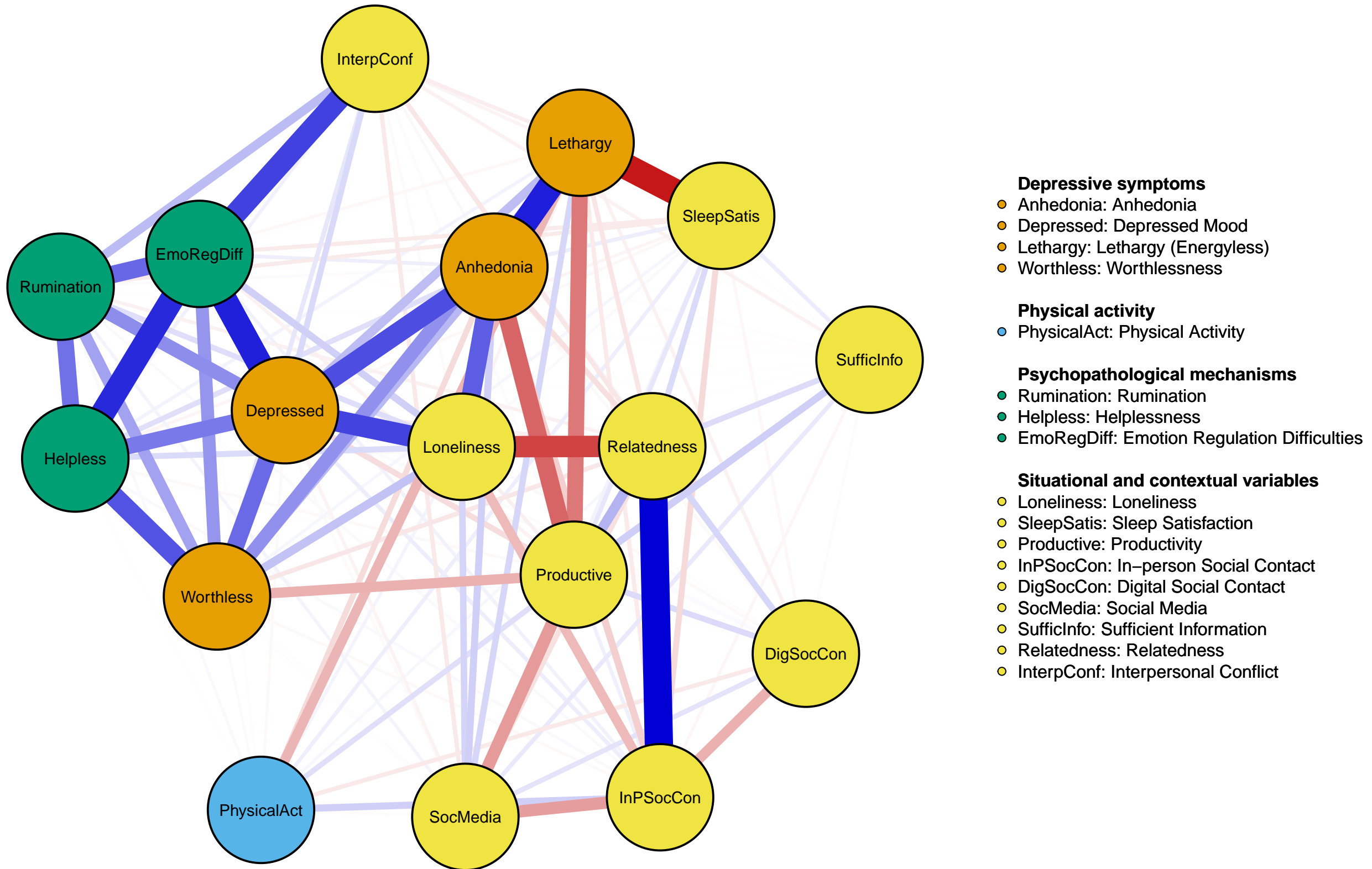- Relatedness: Relatedness
- InterpConf: Interpersonal Conflict

Figure S4. Supplementary between−subjects network with all effects

Depressive symptoms
- Anhedonia: Anhedonia
- Depressed: Depressed Mood
- Lethargy: Lethargy (Energyless)
- Worthless: Worthlessness

Physical activity
- PhysicalAct: Physical Activity

Psychopathological mechanisms
- Rumination: Rumination
- Helpless: Helplessness
- EmoRegDiff: Emotion Regulation Difficulties

Situational and contextual variables
- Loneliness: Loneliness
- SleepSatis: Sleep Satisfaction
- Productive: Productivity
- InPSocCon: In−person Social Contact
- DigSocCon: Digital Social Contact
- SocMedia: Social Media
- SufficInfo: Sufficient Information
- Relatedness: Relatedness
- InterpConf: Interpersonal Conflict