

Supplementary Figure 1: Tools to measure severity of bleeding

Rectal bleeding score

Symptoms	Score	Diarrhoea
Diarrhoea	0	Absent
	1	1-3 stools/24 hours
	2	4-6 stools/24 hours
	3	>6 stools/24 hours
Bleeding	0	No blood
	1	Blood on toilet paper/in stool
	2	Blood in toilet bowl
	3	Heavy bleeding with clots
	4	Bleeding requiring transfusion
Tenesmus/rectal pain	0	Absent
	1	Mild tenesmus not requiring any drug
	2	Tenesmus requiring analgesics/antispasmodics
	3	Severe tenesmus requiring daily use of analgesics/antispasmodics

Endoscopy severity score

Grade	Score	Description
Normal	0	Normal mucosa
Mild	3	Erythema and/or telangectasia
Moderate	6	Friability
Severe	9	Ulceration and/or necrosis

Total score: _____

Patient-reported diary

Day	Time	Stool passed Yes/No	Stool consistency (stool chart)	Blood on wiping Yes/No	Blood in pan Yes/No	Is the bleeding less heavy Yes/No	Clots in pan Yes/No	Accidents with blood Yes/No
1								
2								

Supplementary Table 2: Zinicola Score

	Distribution of telangectasia	Surface area of telangectasia	Presence of fresh blood
0			None
1	Distal rectum (within 10cm anal verge)	<50%	Some
2	Entire rectum	>50%	

2-Grade A; 3-Grade B; 4/5-Grade C

Grade _____