

Supplementary Methods

1. Synthesis of amphiphilic polymers of nanoparticles (NP1, NP2, and NP3)

 First, anhydrous polyethylene glycol (PEG, 5g) with an average molecular weight of 1000 (Alfa Aesar) and isophorone diisocyanate (1.389 g, 6.25 mmol, IPDI, Sigma) were added to a dry three-necked, round-bottomed flask. Under nitrogen protection, the 6 above mixture was first polymerized for 30 min at 60° C. Then 20 µL catalyst, dibutyltin dilaurate (DBTDL, 0.034 mmol, Sigma) was added to the above system to react for 8 another 45 min at 80 °C. After cooling the mixture to room temperature, 50 mL anhydrous THF (J&K) was then added to dissolve the above polymerized PEG (1) with terminated NCO groups. Second, dopamine hydrochloride (50 mg, 0.264 mmol, J&K) in 5 mL anhydrous DMF (J&K) was added, and anhydrous triethylamine (26.7 mg, 0.264 mmol, J&K) was subsequently added to react for 30 min to form the end group- modified hydrophilic PEG shell (2) of NP² nanoparticles. In contrast, β- phenylethylamine (32 mg, 0.264 mmol, Sigma) was added to the polymerized PEG with terminated NCO groups (1) to form the end group-modified hydrophilic PEG shell (3) of NP³ nanoparticles, while unmodified polymerized PEG with terminated NCO 17 groups (1) was directly used as the hydrophilic PEG shell of NP_1 nanoparticles. Third, 650 mg hydrophobic segment (4) than can act as the hydrophobic core of nanoparticles in 10 mL anhydrous DMF was added to react with hydrophilic PEG shell (1, 2, and 3) 20 for another 1 h to form the final amphiphilic polymers of nanoparticles $(NP_1, NP_2,$ and NP3), respectively.

 Hydrophobic segment (4) that can act as the hydrophobic core of nanoparticles was synthesized in a simple Ugi four-component reaction, which is a highly efficient and 25 atom economic reaction under mild conditions for the synthesis of polymeric products^{1,} 26 ². Under nitrogen protection, 3,4-dihydroxybenzaldehyde (7.873g, 57 mmol, J&K) in 25 mL methanol was injected into the solution of 1,6-hexanediamine (3.312 g, 28.5 mmol, TCI) in another 25 mL methanol under magnetic stirring. After 1 hour, tert-butyl isocyanide (5 g, 60 mmol, J&K) and hexanoic acid (4.165 mg, 28.5 mmol, TCI) were added to the above system. Then the reaction mixtures were stirred for 96 hours at room temperature. Precipitation in diethyl ether (1000 mL) yielded the above hydrophobic segment (5).

2. Characterization of nanoparticle-assembled NPA² coacervate

 The molecular weight distribution of the above polymerized NCO-terminated PEG (1, 1 mg/ml) of which the residual NCO groups had been neutralized by 1 ml anhydrous methanol (J&K) for 24 h, was determined by GPC (Agilent system, 1260 Infinity II) with a refractive index detector. Dimethylformamide (DMF, GPC grade) was used as the elution phase, and polystyrene standards (Agilent, EasiVial PS-M) ranging from 945 to 364000 g/mol were used as the calibration.

 Dynamic light scattering (DLS) results of as-prepared nanoparticles were obtained with a DelsaMax pro particle sizing & zeta potential instrument. The as-prepared 10 nanoparticles in transparent solutions (DMF/ deionized water $= 3/8$, v/v) were diluted 11 to a concentration of 0.5 wt% by adding a mixture solvent (DMF/ deionized water $=$ 3/8, v/v). Then DLS was performed to detect the hydrodynamic radius of as-prepared 13 nanoparticles. The diluted NP₂ nanoparticles (0.5 wt%) were further dialyzed against deionized water (RC dialysis membrane with 3.5 kDa cutoff, Spectrum Chemical) at room temperature for 3.5 h, and DLS was performed again to confirm the assembly of NP² nanoparticles.

18 The formation of NPA₂ coacervate via NP_2 nanoparticle assembly was further verified by transmission electron microscopy (TEM). NPA² coacervate was dropped on the surface of DI water, floated, and expanded into a thin liquid film. 400-mesh copper TEM grids (Electron Microscopy Sciences) were used to pick up the thin NPA² coacervate layer and followed by drying under room temperature. Then the prepared samples were visualized by TEM (Hitachi) operating at 100 kV. Attenuated total reflectance–Fourier transform infrared (ATR-FTIR, Cary 630, Agilent) spectroscopy 25 was used to analyze the absorption of freeze-dried NPA_2 coacervate.

3. Rheological time sweep under various salt concentrations

28 The rheological time sweeps of the NPA₂ coacervates were performed on a Kinexus 29 rheometer (Malvern) at room temperature by using a 20 mm 1° cone. For time sweep, the 1% strain, 1Hz frequency were used. NPA2 coacervates were first immersed into NaCl (0.1, 0.5, 1, 2 and 5 M, J&K) and Na2SO⁴ (0.1, 0.5 and 1M, J&K) aqueous solutions for 1 hour, respectively. Then time sweeps were performed to evaluate the changes of G", G' and viscosity.

4. Lap shear adhesion measurement

 Lap-shear tests were performed according to the previous report on a Kinexus 3 rheometer (Malvern) equipped with a 20 N load cell $(100$ mm min⁻¹)³. Fresh porcine skins and porcine intestine were bought from Sha Tin Market (Hong Kong), and washed 5 with PBS buffer (1 \times , Gibco) three times before use. The NPA₂ and NPA₃ coacervates 6 or single-phase solutions of NP_1 were spread over the interface between two ribbons of skin tissue or porcine intestine luminal surfaces before lap-shear tests, respectively. Then the lap-shear tests were conducted immediately. Reversible bonding/debonding cycles of NPA² coacervate were performed by directly re-sticking two ribbons of 10 porcine tissue together for the next lap-shear test without a pause. Adhesion energy, G_{ad} , 11 was calculated using the following equation⁴:

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G_{ad} = 3(F/w)^2/(2Eh)
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 F is the measured adhesive failure force. *w* and *h* denote, respectively, the width and 14 thickness of the pork skin ribbon. E is the tensile modulus of pork skin ($w =$ 5 mm, *h* = 3.5 mm). We have calculated the E values by performing the tensile stress-16 strain curve of the porcine skin (-0.53 MPa) and the porcine intestine (-0.705 MPa) , respectively (Supplementary Figure 11 and 12).

5. Cyclic voltammetry (CV) measurement of NPA² coacervate

 \degree CV was performed on a VMP3 electrochemical testing unit (Bio-Logic)⁵. The analysis was carried out using a three-electrode cell: a Pt wire as the counter electrode, an Ag/AgCl reference electrode, and a glassy carbon electrode (GCE) served as the 23 working electrode. Scan rate 0.05 V s^{-1} was used. Measurements were done with 0.01 wt% NPA² coacervates in deionized water.

6. Histological analysis

27 Tissues were first fixed in PBS buffer $(1\times)$ with 4% paraformaldehyde (J&K). Then tissue sections of the distal colon embedded in paraffin were stained using haemotoxylin and eosin (H&E, Sigma). Furthermore, histopathology scoring of H&E- stained tissue sections was used to evaluate the severity of colonic histological damage 31 in a blinded fashion by a trained pathologist⁶. Briefly, DSS-induced colonic damage was scored as follows: 0, Normal; 1, slight increase in cellularity; 2, increased cellularity including neutrophils, mild edema; 3, focal erosions, ulcerations of the

mucosa; 4, large and or multifocal mucosal ulcerations; 5, Loss of mucosal architecture.

7. MPO activity measurement⁷

 A colon segment (1:20, w/v) in 50 mM phosphate buffer (pH 6.0) containing 0.5% hexadecyltrimethyl ammonium bromide was homogenized on ice using plastic homogenization pestles. After sonicating for 15 s, the homogenate was centrifuged at 19721 x g (Centrifuge 5424 R, Eppendorf) for 15 min. The supernatant (10 μl) was added to 190 μl of 50 mM phosphate buffer (pH 6) containing 0.167 mg/ml O-9 dianisidine dihydrochloride and 0.0005% hydrogen peroxide⁸. The changes in absorbance at 460 nm (25 ℃) were measured every 5 minutes. MPO activity was expressed as changes of OD values every minutes per mg of protein. The overall protein content was measured by Pierce BCA Protein Assay Kit (Thermo Fisher Scientific).

8. Real time RT-PCR

 RNA was extracted from colonic tissues using TRIzol (Thermo Fisher). The RNA concentration was then determined by the ND-100 spectrophotometer (Nanodrop Technologies). Reverse transcription was performed by PrimeScript RT Master Mix (Takara Bio). Quantitative reverse transcription polymerase chain reaction (qRT-PCR) was performed using the SYBR Green method (Takara Bio) on Applied Biosystems 7300 Real-Time PCR system. The gene expression levels were normalized to those of GAPDH by the ΔΔCT relative method. The customized qPCR Primers were bought from GenScript (China). The following primer sets were used for amplifications:

9. Gut microbiota analysis

 The fresh fecal samples in autoclaved sterile vials were properly packaged with dry ice cooling agents and shipped to BGI Genomics Co., Ltd (Hong Kong) for microbiota

Supplementary Figures

Supplementary Figure 1. a-b) The bidentate hydrogen bonding interactions between

- the two hydroxyl groups of catechol groups on the outer surface of NP2 nanoparticles
- induce the nanoparticle assembly to yield NPA coacervate.
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 Supplementary Figure 2. a) The molecular weight distribution of the hydrophilic polymerized PEG chains was determined by gel permeation chromatography (GPC). b) MALDI-TOF mass spectrometry was used to confirm the successful synthesis of the hydrophobic segment (4) than can act as the hydrophobic core of nanoparticles.

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 Supplementary Figure 3. a) The formation of as-prepared nanoparticles was observed by Tyndall effect. b) Dynamic light scattering (DLS) analysis confirmed the formation of the as-prepared NP1, NP2, and NP³ nanoparticles.

 Supplementary Figure 4. a-c) The assembly of NP² and NP³ nanoparticles formed of 3 the liquid NPA₂ and NPA₃ coacervates $(G' < G'')$ confirmed via rheological time sweep. 4 After 24 hours' dialysis against DI water, the control NP_1 nanoparticles without surface end groups failed to form coacervate.

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catechol, and phenyl) in facilitating nanoparticle assembly.

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 Supplementary Figure 6. FTIR result of freeze-dried NPA² coacervate showed obvious band broadening of phenolic hydroxyl groups (-OH) derived from catechol,

thus confirming the existence of the hydrogen bonding interactions.

Supplementary Figure 7. DLS analysis showed assembly of NP² nanoparticles to form

 Supplementary Figure 8. a) Frequency-dependent storage (G') and loss (G'') of the liquid NPA² coacervate. b) Shear-thinning test revealed the inherent rapid self-healing 17 ability of liquid NPA₂ coacervate.

 Supplementary Figure 9. a) Viscosity of NPA² coacervate increased with increasing 4 salt concentrations. $n = 2$ independent samples per group. Data are presented as mean $5 \pm SD$. b) The rheological analysis confirmed the shear-thinning behavior of the NPA coacervates. The viscosity of the NPA² coacervate decreased quickly with an increasing shear rate from 0.1 to 20.0 s⁻¹. In contrast, the NPA₃ coacervate demonstrated a much 8 lower viscosity than that of the NPA₂ coacervate.

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15 **Supplementary Figure 10.** The solid content of the non-swellable NPA₂ coacervate is

16 around 15 wt%. n = 5 independent samples per group. Data are presented as mean \pm

17 SD. (N.S.) $P > 0.05$, ${}^*P < 0.05$, ${}^*P < 0.01$, ${}^*{}^*P < 0.001$ (two-tailed Student's t-test).

 Supplementary Figure 11. Young's modulus of the fresh pork skin was calculated as the slope of the initial section of the stress-strain curve.

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 Supplementary Figure 12. a-c) NPA² coacervate showed reversible mucoadhesion on the luminal surface of porcine intestines. The adhesion energy was calculated by a method similar to the porcine skin lap shear test (Figure 3c) according to the protocol detailed in Supplementary Method 4: Lap shear adhesion measurement (Supporting 12 Information)⁴. n = 4 independent lap shear tests for b). Data are presented as mean \pm

 SD. d) Young's modulus of the fresh porcine intestine was calculated as 0.705 MPa 2 which is consistent with the previous report⁹.

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 Supplementary Figure 13. Cell metabolic assays (MTT) of hMSCs incubated with NPA² coacervate for 7 days suggested excellent cytocompatibility of the NPA² 9 coacervate. $n = 4$ independent experiments per group. Data are presented as mean \pm SD. (N.S.) P > 0.05, *P < 0.05, **P < 0.01, ***P < 0.001 (two-tailed Student's t-test).

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 / **27 Supplementary Figure 14.** After soaking in the simulated gastric fluid (Ga) and 18 simulated intestinal fluid (In) at 37 °C for 2 hours, area of NPA₂ coacervate coating on


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2 coacervate before soaking. n = 4 independent experiments per group. Data are presented
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3 as mean \pm SD.
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Supplementary Figure 15. NPA² coacervate remained largely stable in 25 mg/ml pig

 Supplementary Figure 16. The liquid-like (G' < G'') rheological properties of NPA² coacervate is stable under the high shear strain (up to 1000%).

Strain (%)

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 Supplementary Figure 17. Metronidazole (Metro), 5-ASA, and MTX were 3 encapsulated into the NPA₂ coacervate with high encapsulation efficiency. $n = 3$ 4 independent experiments per group. Data are presented as mean \pm SD.

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 $1¹h$

 Supplementary Figure 18. Serum Dex concentration of DSS-induced colitic rats and healthy rats receiving the equivalent amount of Dex-P in PBS (Dex-P/PBS) were similar, indicating the similar in vivo Dex-P release kinetics between DSS-induced 17 colitic rats and healthy rats in the absence of the coacervate carrier. $n = 3$ biologically

 $6h$

 $24h$

- 1 independent rats per group. Data are presented as mean \pm SD.
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 Supplementary Figure 19. a) The NPA² coacervate can adhere to the GI tract of colitic rats for at least 48 hours. b) Serum Dex concentration between DSS-induced colitic rats and healthy rats receiving an equivalent amount of Dex-P (Dex-P/NPA2) were similar, indicating the similar in vivo Dex-P release kinetics between DSS-induced colitic rats 9 and healthy rats in the presence of the coacervate carrier. $n = 3$ biologically independent 10 rats per group. Data are presented as mean \pm SD.

DSS-induced colitic rats receiving Dex-P/NPA2. n = 3 biologically independent rats per

Controlled release

 Supplementary Figure 21. The freeze-dried drug-laden NPA² coacervates could be easily rehydrated to fluid NPA² coacervate with release kinetics of diverse drugs similar 12 to the freshly prepared drug-laden NPA_2 coacervate before lyophilization. n = 2 independent experiments per group. Data are presented as mean ± SD.

 $\mathbf{0}$ Time (hours)

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Successful DSS-induced rat colitis model

 Supplementary Figure 22. a-b) Successful establishment of the colitis model in SD rats. Severe rectal bleeding, watery diarrhea, and colonic edema were observed after providing 4.5% DSS in drinking water to SD rats for 7 days. c-d) The colitic rats with similar c) feces consistency and d) blood in feces were then randomly assigned to the 6 control, Dex-P/NPA₂, and Dex-P/PBS groups for the flowing treatment. $n = 6$ 7 biologically independent rats per group. Data are presented as mean \pm SD. Briefly, 8 clinical scoring of the DSS-induced acute colitis was as follows⁶:

Feces consistency: 0, Normal; 1, wet; 2, soft; 3, Water diarrhea;

 Blood in feces: 0, no blood; 1, bloody stools and/or blood around the anus; 2, severe bleeding;

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 Supplementary Figure 23. The MPO activity, histopathology score, and HE staining indicate that the therapeutic efficacy of treatment with NPA² alone in colitic rats is not 7 significantly different from that of the non-treated colitic rats (Control). $n = 6$ 8 biologically independent rats per group. Data are presented as mean \pm SD. (N.S.) P > 0.05, *P<0.05, **P<0.01, ***P<0.001 (Ordinary one-way ANOVA).

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 Supplementary Figure 24. Representative immunofluorescence staining against occludin-1 (red)/DAPI (blue) at low power field showed the overall staining status of the colonic section of colitic SD rats receiving Dex-P/NPA² at day 7. Similar results

5 were found in the 6 biologically independent rats in Dex-P/NPA₂ group.

 $\sf b$ $10₁$ $\mathbf C$ 15 TNF
(ng per mg protein) 5 $\mathbf 0$ Det Det P1 Det Det 21 Det-Pings ² **Supplementary Figure 25.** Representative immunofluorescence staining images Control Control **Healthy**

3 against ZO-1 (green) and occludin-1 (red) at high power field. a) On day 7, colon tissues

 were harvested, stained with anti-Occludin-1 and anti-ZO-1 antibodies, and visualized by confocal microscopy. Colitic SD rats receiving Dex-P/NPA² recovered more expression of tight junction-associated proteins including ZO-1 and occludin-1, which continuously covered the colonic surfaces. b-c) Colon tissues were analyzed for the 5 concentrations of pro-inflammatory cytokines including TNF and IL-6 via ELISA. $n =$ 6 6 biologically independent rats per group. Data are presented as mean \pm SD. *P<0.05, **P<0.01, ***P<0.001 (Ordinary one-way ANOVA).

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Freeze-dried Drug-laden NPA₂ coacervate in enteric capsule

 Supplementary Figure 26. a) Drug-laden NPA² coacervate can be encapsulated into the enteric capsules, thus potentially combining both the advantages of sustained release and targeting of the desired region. b) Treatment with Dex-P/PBS via enema on days 1, 3, and 5 decreased the colonic MPO activity in colitic SD rats at day 7 to a 19 similar level as that of the oral delivery of Dex-P/NPA₂. $n = 3$ biologically independent 20 rats in Enema of Dex-P/PBS group, $n = 6$ biologically independent rats in Dex-P/NPA₂ 21 group. Data are presented as mean \pm SD. (N.S.) P > 0.05, *P < 0.05, **P < 0.01, ***P < 0.001 (two-tailed Student's t-test).

 Supplementary Figure 27. Quantification of macrophages positive of M1 (iNOS) and 4 M2 (CD206) markers indicates that oral administration of Dex-P/NPA₂ to colitic SD rats promoted anti-inflammatory M2 macrophage polarization (CD206) and suppressed pro-inflammatory M1 polarization (iNOS). n = 3 randomly selected immunohistochemical images from 5 biologically independent rats per group. Data are 8 presented as mean \pm SD. *P<0.05, **P<0.01, ***P<0.001 (Ordinary one-way ANOVA).

Supplementary References

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