

<b>Supplemental Table. Top 34 Themes</b>	
<b>Question</b>	<b># of times in top 10</b>
How can families and caregivers of children 2 and under be supported to develop healthy coping strategies, emotional regulation, and resiliency in both themselves and their children?	15
How to access information/programs and navigate the healthcare system when you are from a minority/non-dominant group?	14
What is an age appropriate level of risk taking for children to promote their growth & development while maintaining adequate (good enough) safety?	12
How do parents manage multiple sources of information to make health decisions that are tailored to their specific circumstances and needs?	12
How can families (partners & extended family members), communities, and government encourage self-care and provide emotional and practical support for parents during the perinatal and early childhood period?	11
When things don't go as planned, how can parents get care, support, and information during pregnancy, labour, birth or the postpartum period?	11
What formats (i.e. in-person, online, group) do families prefer when accessing supports and services to develop and sustain healthy relationships and mental well-being?	10
How can health care professionals provide a safe and trusting environment that encourages women/families to disclose mental health concerns without fear of negative repercussions?	10
How to identify, prevent, and treat eczema, asthma, and allergies?	10
How do we create culturally appropriate, family specific information about sleep (co-sleeping, swaddling, sleep training, etc.) from conception to age 2?	10
What are the advantages and disadvantages of using a trauma-informed model of care to explore pregnancy, childbirth, and postpartum for all parents?	9
How do we prevent, assess, and treat sleep problems in parents and children?	9
What supports and services are required to support families to develop and sustain healthy relationships and mental wellbeing?	8
To minimize physician visits, what user centred information sources and formats are most acceptable and effective to provide parents and healthcare providers with reliable and up-to-date information?	8
How can we best support families with their infant feeding decisions?	7
With increasing vaccine hesitancy, how do we best protect individual and population health?	7
How can families during the perinatal and early childhood period access appropriate and evidence-based assessments, prevention, treatment, and support for mental health concerns?	7
How can we manage the effect of exposure to cannabis smoking to families with young children?	7
In children 2 and under, how can families and caregivers be supported around milestones, behaviours, and signs of delay?	7
In addition to vaccination, how can parents and children build their immunity?	6
What supports and services increase general parental confidence?	6
How can families during the perinatal and early childhood period manage emotional and physical wellbeing?	6
What are the necessary measures to increase safety for toddlers/children in an ever changing social and physical environment (during the early childhood period)?	6
How can communities and health care professionals provide culturally sensitive best practices for promoting healthy pregnancies & fetal/infant/child development?	6
How can we increase awareness and access to additional services and resources for families of young children?	6
What are expected and problematic sleep patterns in caregivers, infants, and toddlers?	6

What evidence-based community resources and services are available to help foster healthy relationships for expecting parents?	5
How can families be supported to identify the right fit of childcare, looking at quality, safety, and affordability while still incorporating their own beliefs and values?	5
How do we build on general confidence to generate transferable skills for parenting?	4
What are the consequences of sleep deprivation and problems in parents and children?	4
What are effective strategies for accessing/using my electronic health record and keeping track of my family's health information?	3
What should healthcare providers recommend for guidelines to support families to transition from milk feeding to solid foods?	2
How does infant feeding impact allergies?	2
How can parents during early childhood identify & prevent child safety risks?	2