

## Supplementary Materials for

### **Twenty-three-millisecond electron spin coherence of erbium ions in a natural-abundance crystal**

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#### **This PDF file includes:**

Supplementary Text

Figs. S1 to S12

Tables S1 and S2

References

# Supplementary Materials

## 1 Experimental part

### 1.1 Standard EPR spectroscopy at 8 K

The identification of the impurities present in  $\text{CaWO}_4$  is achieved using a conventional EPR spectrometer (Bruker EMX) operating at 9.63 GHz. The angular dependence is measured using an automatic goniometer with a relative resolution  $< 1^\circ$ . The sample is mounted such that  $60^\circ$  ( $150^\circ$ ) corresponds to  $B_0//a$  ( $B_0//c$ ). A temperature of 8 K is chosen in order to optimise the signal-to-noise ratio for a range of paramagnetic impurities with varying spin relaxation rates.

Four Kramers rare-earth-ions ( $\text{Er}^{3+}$ ,  $\text{Ce}^{3+}$ ,  $\text{Yb}^{3+}$ ,  $\text{Nd}^{3+}$ ) are identified based on known anisotropic g-tensors (27), which are simulated with open-circles in Fig. S1. The isotropic line at  $B_0 = 160$  mT is attributed to  $\text{Fe}^{3+}$  ions (41). The relative concentration of these species with respect to erbium is estimated within an error of 10%:  $[\text{Yb}]/[\text{Er}]=3.9$ ,  $[\text{Ce}]/[\text{Er}]=54$ ,  $[\text{Nd}]/[\text{Er}]=17$ ,  $[\text{Fe}]/[\text{Er}]=16$ . At room temperature  $\text{Gd}^{3+}$  ions and point defects (vacancies, Schottky type) are also observed. Note that non-Kramers ions such as  $\text{Eu}^{3+}$ ,  $\text{Ho}^{3+}$ ,  $\text{Tb}^{3+}$  cannot be detected by low field EPR.

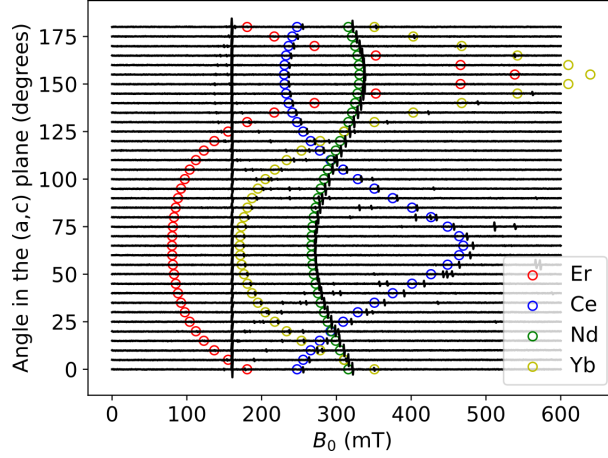


Figure S1: **EPR spectroscopy of a sample taken from the same  $\text{CaWO}_4$  boule recorded at  $\omega_0/2\pi = 9.63$  GHz and 8 K.** We identify four rare-earth ions (open circles): erbium, cerium, neodymium and ytterbium, whose g-factors in  $\text{CaWO}_4$  are taken from (27). The strong signal at 160 mT could be iron ions (41).

## 1.2 Resonator design

Three superconducting micro-resonators are fabricated with similar designs, in order to target slightly different frequencies. Each resonator consists in two lumped elements: an interdigitated capacitor  $C$  shunted by a central inductance wire  $L$ . Table S1 shows the resonator geometric properties: wire width  $w$ , wire length  $l$ , finger width  $W$  and number of pairs of interdigitated fingers  $N$ .

resonator design	reso 1	reso 2	reso 3
$w$ ( $\mu\text{m}$ )	2	5	5
$l$ ( $\mu\text{m}$ )	630	720	630
$W$ ( $\mu\text{m}$ )	10	50	10
$N$	8	6	8

Table S1: **Resonator geometric properties.**

Table S2 also indicates the frequency  $\omega_0$ , the coupling quality factor  $Q_c$ , the internal quality factor  $Q_i$  at single photon intra-resonator field, and total quality factor  $Q_t = (1/Q_c + 1/Q_i)^{-1}$ ,

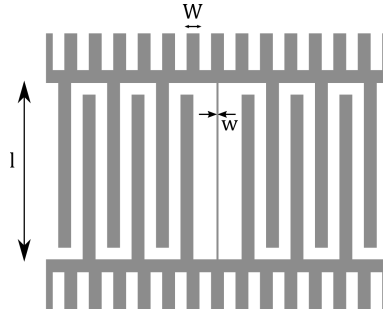


Figure S2: **Example resonator design (resonator 2) with key tunable design parameters  $W$ ,  $w$  and  $l$  labeled.**

all measured at 10 mK and zero magnetic field. These parameters were found to slightly vary from one experimental run to another.

resonator property	reso 1	reso 2	reso 3
$\omega_0/2\pi$ (GHz)	7.025	7.508	7.881
$Q_c$ (/1000)	250	15	29
$Q_i$ (/1000)	45	70	100
$Q_t$ (/1000)	38	12	22

Table S2: **Resonator properties measured at 10 mK and zero magnetic field.**

The resonator frequency decreases by approximately 1 MHz at 70 mT, due to kinetic inductance and an out-of-plane magnetic field component which could not be compensated for.

### 1.3 EPR spectroscopy at 10 mK and rotation pattern in the crystallographic $ab$ plane

Microwave absorption is detected using Hahn-echo sequences ( $\pi/2-\tau-\pi-\tau$ -echo) for a fixed magnetic field  $B_0$ , which is generated by two perpendicular home-made Helmholtz coils. Short delays of  $\tau \sim 30\text{-}40 \mu\text{s}$  are used between pulses to prevent loss of signal due to decoherence effects (refer to section 1.6 for more details). Spectra are then developed by stepping  $B_0$  and repeating the Hahn-echo measurement at each step.

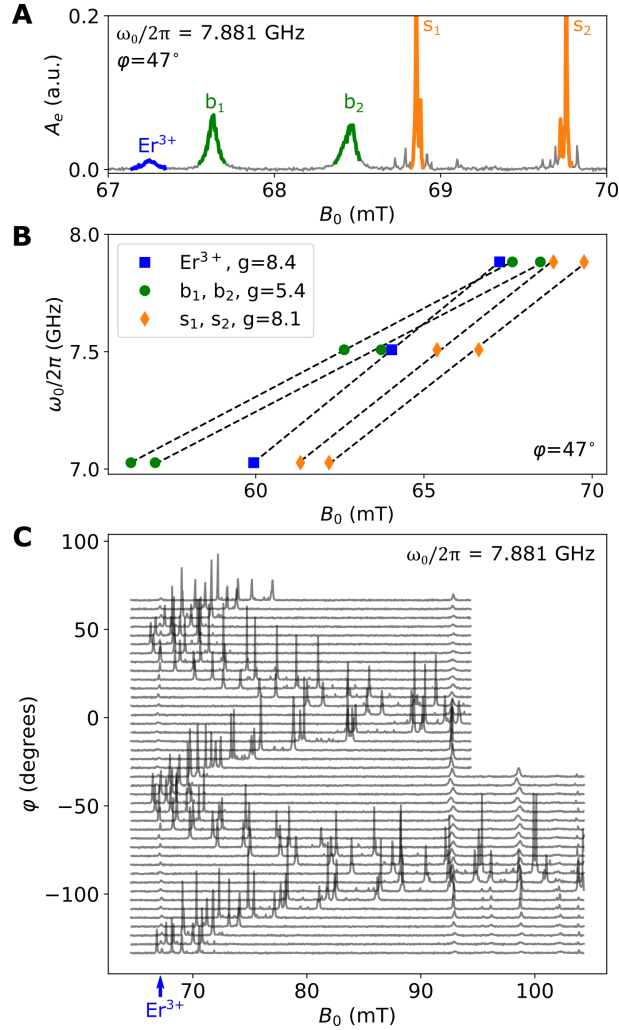


Figure S3: **Hahn-echo spectroscopy at 10 mK.** (A) Spectrum recorded with the resonator at highest frequency  $\omega_0/2\pi = 7.881$  GHz and with magnetic field angle  $\varphi = 47^\circ$ . The erbium line is the peak at 67.2 mT. Pairs of broad peaks ( $b_1, b_2$ ) and of sharp peaks ( $s_1, s_2$ ) are also observed. This spectroscopy is repeated for the three resonators in order to measure the field-frequency curves in (B). (B) Resonance frequency as a function of the magnetic field  $B_0$  for each of the five transitions detected in (A), where  $\varphi = 47^\circ$ . Dashed black lines are linear fits which give the g-factor shown in the legend within a standard error of 3%. (C) Rotation pattern in the  $ab$  plane with the resonator at highest frequency  $\omega_0/2\pi = 7.881$  GHz. The erbium line is the smaller peak at 67.2 mT and its resonance frequency is independent of  $\varphi$  as expected. The pairs ( $b_1, b_2$ ) and ( $s_1, s_2$ ) demonstrate a strong angular dependence in the  $ab$  plane.

For the resonator at frequency  $\omega_0/2\pi = 7.881$  GHz, the erbium transition is expected at  $B_0 = 67.2$  mT. When the magnetic field is approximately aligned with the resonator inductance wire ( $\varphi \sim 50^\circ$ ), we detect other electron spin transitions in the vicinity of the erbium transition, in particular a pair of broad peaks ( $b_1, b_2$ ) and sharp peaks ( $s_1, s_2$ ), as shown in Fig. S3A. In order to confirm that the smallest peak at 67.2 mT corresponds to erbium, the spectroscopy of Fig. S3A is repeated for all three resonators. In this way, it is possible to extract the effective g-factor of each transition from the value of their frequency as a function of  $B_0$ . As shown in Fig. S3B, only one peak is consistent (within error) with the g-factor of erbium  $g_{\perp}=8.38$ .

Moreover a field rotation in the  $ab$  plane is performed with the resonator at frequency  $\omega_0/2\pi = 7.881$  GHz in Fig. S3C and shows a strong variation of the gyromagnetic ratios of the pairs of peaks ( $b_1, b_2, s_1, s_2$ ). These peaks indicate dopants in a non-tetragonal site. The slight asymmetry of the rotation pattern with respect to  $\varphi = 0^\circ$  might be caused by a weak magnetic field component along the crystal  $c$ -axis. Isotropic lines between 90 and 100 mT are also identified, albeit without sufficient spectroscopic information to determine the impurity in question.

Lastly, a transition at  $B_0 = 37.05$  mT is also observed with the resonator at  $\omega_0/2\pi = 7.508$  GHz. This is consistent (within error) with the first hyperfine level of  $^{167}\text{Er}$ . The spin-echo spectroscopy at 10 mK is shown in Fig. S4.

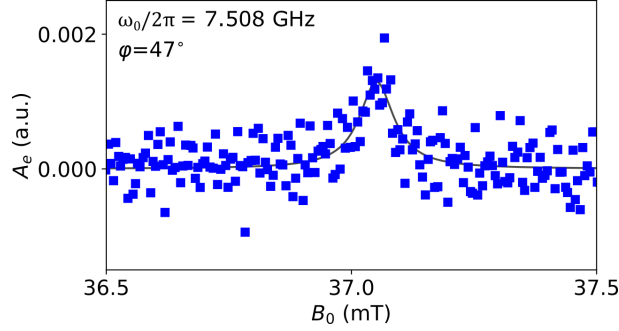


Figure S4: **Hahn-echo spectroscopy over the first hyperfine transition of  $^{167}\text{Er}$ .** The Lorentzian fit (solid line) gives a full-width-at-half-maximum of  $0.09 \pm 0.01$  mT which corresponds to a linewidth of  $\Gamma/2\pi = 10 \pm 1$  MHz.

#### 1.4 Angular dependence of absorption linewidth

As explained by Mims and Gillen (26, 27), when the magnetic field  $\mathbf{B}_0$  is applied in the  $ab$  plane, only the  $c$ -axis component  $E_c$  of an electric field will lift the degeneracy of the  $g$ -factor  $g_{\perp}$  in the  $ab$  plane, such that

$$\delta g_{\perp}^2 = 2g_{\perp} \delta g_{\perp} = \alpha \sin(2\varphi - 2\varphi_0) E_c, \quad (1)$$

where  $\alpha = (11 \pm 0.6) \times 10^{-6} (\text{V/cm})^{-1}$  and  $\varphi_0 = 31 \pm 1^\circ$  for  $\text{Er}^{3+}:\text{CaWO}_4$ .

The shift in resonance frequency is then

$$\delta\omega = \delta g_{\perp} \frac{\mu_B}{\hbar} B_0, \quad (2)$$

where  $\mu_B$  is the Bohr magneton and the sensitivity of the spin-transition frequency to electric fields is

$$\frac{\partial\omega}{\partial E_c} = \frac{\alpha \sin(2\varphi - 2\varphi_0)}{2g_{\perp}} \frac{\mu_B}{\hbar} B_0. \quad (3)$$

Now, if each of the erbium ion sees a random electric field of the order of  $\Delta E_c$  along the  $c$ -axis, possibly due to charge defects in the  $\text{CaWO}_4$  crystal as assumed in (26), the full-width-at-half-maximum of the transition linewidth of the spin-ensemble broadens such that

$$\Gamma \sim \Gamma_{\min} + \left| \frac{\partial\omega}{\partial E_c} \right| \Delta E_c. \quad (4)$$

Fitting this formula to the data of Fig. 1E leads to  $\Delta E_c = 32.0 \pm 0.6$  kV/cm. This value is approximately three times smaller than measured by Mims and Gillen in their ppm doped crystal (26), a difference that could be attributed to our lower doping concentration, and hence reduced charge defect density. Moreover, the fit also confirms that the spin transition frequency becomes insensitive to  $E_c$  at  $\varphi = \varphi_0 = 31^\circ$ .

## 1.5 Estimation of the erbium concentration

Determining the density of  $\text{Er}^{3+}$  ions in the crystal is achieved by measuring the coupling between the erbium spin-ensemble and the microwave resonator. To do so, a complex microwave reflection measurement  $r(\omega)$  was recorded on a Vector Network Analyser (VNA). As explained in ref. (42), when the microwave resonator is coupled to a spin ensemble of Lorentzian lineshape with coupling  $g_{\text{ens}}$ , the reflection coefficient can be expressed as

$$r(\omega) = \frac{i\kappa_c}{(\omega - \omega_0) + i\frac{\kappa_c + \kappa_{\text{int}}}{2} - \frac{g_{\text{ens}}^2}{(\omega - \omega_s) + i\frac{\Gamma}{2}}} - 1, \quad (5)$$

where  $\omega_0$ ,  $\kappa_c$  and  $\kappa_{\text{int}}$  are the frequency, coupling rate and loss rate of the resonator and  $\omega_s$  and  $\Gamma$  are the spin transition frequency and inhomogeneous linewidth, respectively.

In particular, the spin ensemble broadens the resonance linewidth according to

$$\tilde{\kappa}_{\text{int}} = \kappa_{\text{int}} + \frac{g_{\text{ens}}^2 \Gamma}{(\omega - \omega_s)^2 + (\Gamma/2)^2}. \quad (6)$$

The measured internal quality factor is shown in Fig. S5 and the fit with  $Q_i = \omega_0/\tilde{\kappa}_{\text{int}}$  (43) yields an ensemble coupling at low input power of  $g_{\text{ens}}/2\pi = 140 \pm 6$  kHz.

The concentration  $\rho$  of the zero nuclear-spin isotopes of erbium is then estimated by considering how  $g_{\text{ens}}$  depends on the spatial variation of vacuum magnetic field fluctuations under the resonator (44)

$$g_{\text{ens}} = \frac{\mu_B}{2\hbar} \sqrt{\rho \int_V \mathbf{dr} (g_{\parallel} \delta B_{1z}(\mathbf{r}))^2 + (g_{\perp} \cos(\Delta\varphi) \delta B_{1y}(\mathbf{r}))^2} \quad (7)$$



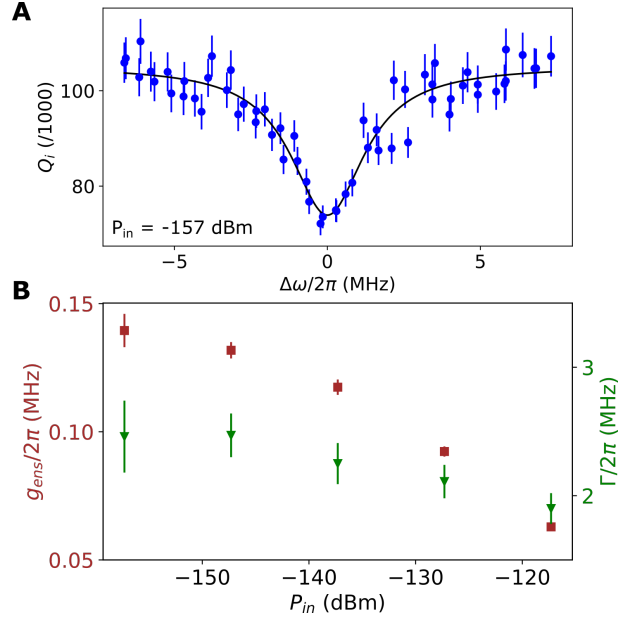


Figure S5: **Continuous-wave spectroscopy at 10 mK.** (A) Internal quality factor  $Q_i$  as a function of  $B_0$ , around 67.2 mT, and converted into a frequency detuning  $\Delta\omega$ , measured with input power  $P_{in}$  at the sample of  $-157$  dBm.  $\varphi$  is set to  $30^\circ$ . Solid black line is a fit to the data. (B) Fitted ensemble coupling  $g_{ens}$  and linewidth  $\Gamma$  as functions of  $P_{in}$ . As the input power decreases, the ensemble coupling  $g_{ens}$  saturates at  $g_{ens}/2\pi = 140 \pm 6$  kHz.

where  $\Delta\varphi = \varphi - \varphi_w = 21^\circ$  is the angle between  $\mathbf{B}_0$  and the resonator wire axis.

From this equation, we estimate  $\rho = (0.7 \pm 0.1) \times 10^{13} \text{ cm}^{-3}$ . This corresponds to a total trivalent erbium concentration (including all isotopes) of  $[\text{Er}^{3+}] = \frac{\rho}{0.77} = 0.7 \pm 0.1$  ppb.

## 1.6 Homogeneous phase noise and $T_2$ measurements

We measure spin echoes using homodyne detection and obtain two field quadratures whose constant offsets are subtracted, yielding  $I(t)$  and  $Q(t)$ . The echo has a phase  $\theta$  in the  $IQ$  plane which depends ideally only on the phase of the driving pulses. In order to have the best signal-to-noise ratio, the echo amplitude is often computed using an average of  $N$  individual echo traces as follows

$$A_{e,\text{phase}} = \text{Re} \left( e^{-i\theta} \frac{1}{N} \sum_{n=1}^N \left\{ \int_t [I_n(t) + iQ_n(t)] dt \right\} \right). \quad (8)$$

However, when using a Hahn-echo sequence ( $\pi/2 - \tau - \pi - \tau$ -echo), we observe in our measurements that the echo phase  $\theta$  varies from trace to trace when the delay  $\tau$  becomes larger than about 1 ms. As observed in other related experiments (33), we attribute this to noise in the applied magnetic field  $\mathbf{B}_0$  in the 100 Hz-10 kHz frequency band that modulates the ensemble transition frequency, thus randomizing  $\theta$  for  $\tau > 2$  ms.

Therefore, we compute the amplitude of the echo in magnitude, so that it is not sensitive to the echo phase. We choose to compute this magnitude as

$$A_{e,\text{mag}} = \sqrt{\frac{1}{N} \sum_{n=1}^N \{[\int_t I_n(t) dt]^2 + [\int_t Q_n(t) dt]^2\}}. \quad (9)$$

Fig. S6 shows the decay of the echo amplitude with the two mentioned averaging methods. When the spin-echo integral  $A_e$  is averaged in a phase-sensitive manner, the fitted coherence time  $T_{2,\text{phase}}$  is  $4.0 \pm 0.2$  ms, whereas phase-insensitive averaging yields the correct coherence time  $T_{2,\text{mag}} = 23.2 \pm 0.5$  ms.

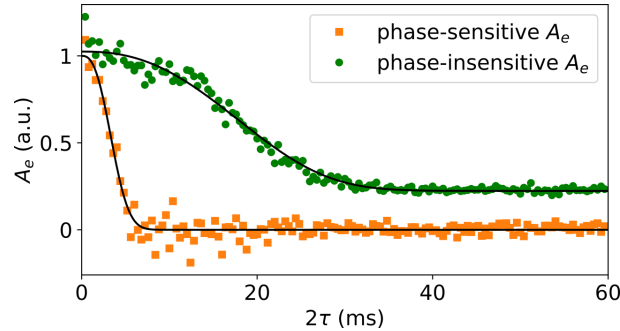


Figure S6: **Electron spin coherence time measurement at 10 mK and  $\varphi = 47^\circ$ .** The data are averaged either in a phase-sensitive (squares) or insensitive (circles) manner. Solid black lines are fits, the phase-sensitive data being fitted with  $A_e = e^{-(2\tau/T_{2,\text{phase}})^{x_{\text{phase}}}}$  and the phase-insensitive data with  $A_e = \sqrt{e^{-2(2\tau/T_{2,\text{mag}})^{x_{\text{mag}}}} + C}$ . The offset  $C$  is a spurious vertical shift corresponding to the variance of the noise and which occurs when averaging the data in magnitude. The fits yield  $T_{2,\text{phase}} = 4.0 \pm 0.1$  ms,  $x_{\text{phase}} = 2.6 \pm 0.2$ ,  $T_{2,\text{mag}} = 23.2 \pm 0.5$  ms and  $x_{\text{mag}} = 2.4 \pm 0.1$ .

It is well known that spin-coherence can be extended using Dynamical-Decoupling (DD)

techniques such as the Carr-Purcell-Meiboom-Gill (CPMG) sequence (45). However, DD sequences requires phase-cycled averaging to suppress spurious stimulated echoes which, in-turn, requires predictable and stable echo signal phase. Therefore, DD measurements were not attempted here due to the observed phase instability in our measurements.

With the exception of coherence time measurements, all data in this article are taken with phase-sensitive averaging, for sufficiently short delays  $\tau$  yielding negligible fluctuations of the echo phase  $\theta$ .

## 1.7 Electron spin-echo envelope modulation (ESEEM)

In Fig. S6, the noise of the data averaged in magnitude seems to decay with the delay  $2\tau$ . Complementary measurements record the echo amplitude at short inter-pulse delay  $\tau$ , with a sampling time of  $\Delta\tau = 1 \mu\text{s}$  (Fig. S7 and Fig. S8). The time interval for these measurements is  $300 \mu\text{s}$  and the echo amplitude averaged either in quadrature or magnitude does not decay on this scale as  $T_{2,\text{phase/mag}}$  is much larger. The time traces are taken for several field orientations  $\varphi$  and display a strong modulation which is evidenced by taking the fast Fourier transform of each trace. This phenomenon originates from ESEEM where the Hahn-echo decay is modulated by the coupling between the erbium ion and its neighboring tungsten atoms of  $^{183}\text{W}$  (46). As shown on Fig. S7B and Fig. S8B, the modulation frequencies are angular dependent due to the anisotropy of the dipolar coupling between erbium and tungsten.

Moreover, the data presented in Fig. S7 and Fig. S8 are taken with two resonators which have slightly different frequencies and more importantly different resonance linewidths. The resonance linewidth  $\kappa$  combined with the excitation pulse bandwidth  $\Delta\omega_{\text{pulse}}$  filters out high frequencies of the theoretical ESEEM. In Fig. S7,  $\kappa/2\pi = 270 \text{ kHz}$  and  $\Delta\omega_{\text{pulse}}/2\pi \approx 250 \text{ kHz}$  so modulation frequencies larger than  $125 \text{ kHz}$  are filtered out. In Fig. S8,  $\kappa/2\pi = 580 \text{ kHz}$  and  $\Delta\omega_{\text{pulse}}/2\pi \approx 1 \text{ MHz}$  so modulation frequencies larger than  $290 \text{ kHz}$  are filtered out.

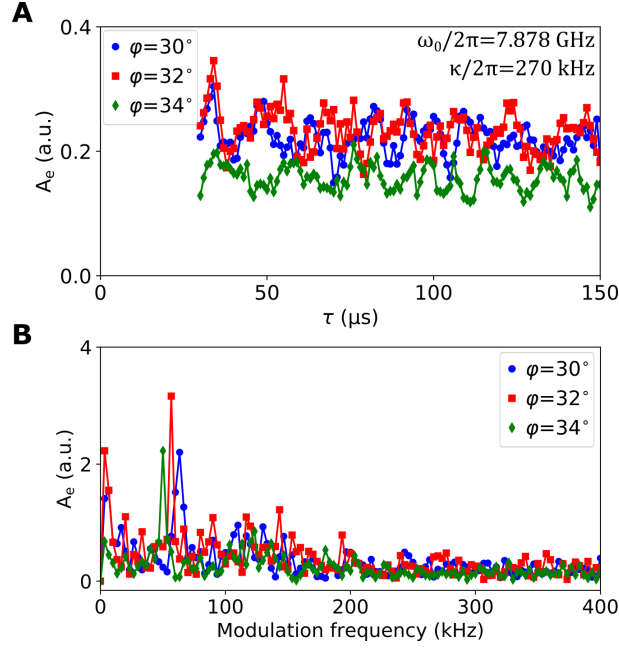


Figure S7: **Electron spin echo envelope modulation measured with resonator 3.** (A) Echo amplitude averaged in quadrature as a function of short inter-pulse delay  $\tau$ , measured at 10 mK and with different field orientations  $\varphi$ . The resonance has a frequency  $\omega_0/2\pi = 7.878 \text{ GHz}$  and a linewidth  $\kappa/2\pi = 270 \text{ kHz}$ .  $4 \mu\text{s}$ -long square pulses are used such that the pulse bandwidth is  $\Delta\omega_{\text{pulse}}/2\pi \approx 250 \text{ kHz}$ . (B) Fast Fourier transform of the data of subplot (A).

## 1.8 $T_2$ measurements and instantaneous diffusion

Spin coherence is determined by several electric and magnetic interactions which contribute to the decay of the echo amplitude according to

$$A_e(2\tau) = e^{-\sum_i (\frac{2\tau}{T_{2,i}})^{x_i}} \quad (10)$$

where  $T_{2,i}$  is the coherence time and  $x_i$  the exponent due to interaction mechanism  $i$ .

In this work, we consider three dominant magnetic interactions: spectral diffusion (SD) due to the nuclear spin bath, SD due to other paramagnetic impurities and instantaneous diffusion (ID). SD has already been mentioned in the main text and comes from the magnetic interaction of the erbium ions with all other electron and nuclear spins in the bath. ID is also a common decoherence mechanism and comes from the magnetic interaction between all erbium spins

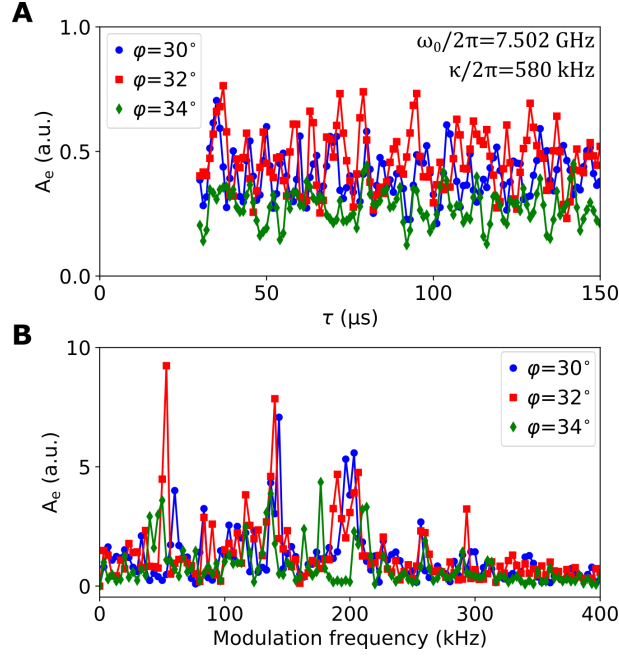


Figure S8: **Electron spin echo envelope modulation measured with resonator 2.** (A) Echo amplitude averaged in quadrature as a function of short inter-pulse delay  $\tau$ , measured at 10 mK and with different field orientations  $\varphi$ . The resonance has a frequency  $\omega_0/2\pi = 7.502$  GHz and a linewidth  $\kappa/2\pi = 580$  kHz.  $1 \mu\text{s}$ -long square pulses are used such that the pulse bandwidth is  $\Delta\omega_{\text{pulse}}/2\pi \approx 1$  MHz. (B) Fast Fourier transform of the data of subplot (A).

which are resonant with the microwave excitation pulses.

In this section we estimate at  $\varphi = 47^\circ$  the decoherence due to ID and compare it with the measured coherence time presented in Fig. 2.

ID is expected to give an exponential decay  $A_{e,\text{ID}}(2\tau) = e^{-2\tau/T_{2,\text{ID}}}$  (6, 47) with

$$\frac{1}{T_{2,\text{ID}}} = \frac{5}{2} \frac{\mu_0}{4\pi} \frac{(g\mu_B)^2}{\hbar} \rho \frac{\Delta\omega}{\Gamma} \sin^2 \frac{\theta_2}{2}, \quad (11)$$

where  $\mu_B$  is the Bohr magneton,  $\rho = 0.77[\text{Er}^{3+}]$  is the zero nuclear-spin isotopes erbium concentration,  $\Delta\omega$  is the excitation bandwidth,  $\Gamma$  the spin inhomogeneous linewidth, and  $\theta_2$  the refocusing angle.

For the measurement of Fig. 2,  $4 \mu\text{s}$ -long pulses were used, giving a excitation pulse bandwidth of  $\Delta\omega_{\text{pulse}}/2\pi \approx 250$  kHz. This is slightly smaller than the resonance linewidth

$\kappa/2\pi = 350$  kHz, which is thereby barely filtering the input pulses and  $\Delta\omega \approx \Delta\omega_{\text{pulse}}$ .

ID is caused by the fraction of excited erbium ions which has an effective concentration  $\tilde{\rho} = \rho\Delta\omega/\Gamma$ . As  $\Gamma$  is of the order of 10 MHz,  $\tilde{\rho} \sim 1.7 \times 10^{11} \text{ cm}^{-3}$  and the distance between two excited erbium ions is typically  $2 \mu\text{m}$ . Here, excited spins are in the bulk (few tens of  $\mu\text{m}$  away from the surface) and those within a few  $\mu\text{m}$  distance from each other experience approximately the same Rabi angles. Because spins contributing mostly to the Hahn-echo undergo rotations of first  $\theta_1 \sim \pi/2$  then  $\theta_2 \sim \pi$ , their excited neighbours also rotate with similar angles and  $\sin(\theta_2/2)^2$  can be approximated to 1.

For  $\varphi = 47^\circ$ , the inhomogeneous linewidth  $\Gamma/2\pi$  was measured to be 10 MHz (Fig. 1E) and equation 11 gives  $T_{2,\text{ID}} \sim 400$  ms. This value is more than one order of magnitude larger than the measured coherence time of Fig. 2 and indicates that ID is not the dominant source of decoherence at this angle.

However, the contribution of ID increases when the spin linewidth  $\Gamma$  gets narrower or when the excitation bandwidth  $\Delta\omega$  increases. To evidence the presence of ID, the coherence time measurement of Fig. 2 can be repeated at  $\varphi \sim 31^\circ$ , where the spin linewidth is the narrowest, and also with a different resonator with a broader resonance linewidth.

Fig. S9 shows this measurement for a resonance linewidth of  $\kappa/2\pi = 580$  kHz with two field orientations  $\varphi = 47^\circ$  and  $\varphi = 32^\circ$ . Here,  $1 \mu\text{s}$ -long pulses were used, giving an pulse bandwidth of  $\Delta\omega_{\text{pulse}} \approx 1$  MHz. The resonance linewidth is  $\kappa/2\pi = 580$  kHz hence the excitation bandwidth is limited by  $\kappa$ :  $\Delta\omega \approx \kappa$ .

At  $\varphi = 47^\circ$ ,  $\Gamma = 11$  MHz and equation 11 yields  $T_{2,\text{ID}} \sim 190$  ms. At  $\varphi = 32^\circ$ ,  $\Gamma = 1.8$  MHz and equation 11 yields  $T_{2,\text{ID}} \sim 31$  ms.

The resonance linewidth of this measurement is broader than the one used to measure the data of Fig. 2 and the pulses are shorter. As a consequence, high frequencies of ESEEM are less filtered and ESEEM is stronger. Therefore the data are taken in packets of points spaced

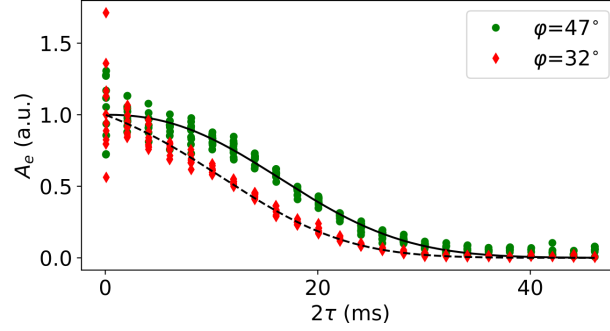


Figure S9: **Electron spin coherence measurements at 10 mK for two magnetic field orientations.** The measurements are performed at  $\varphi = 47^\circ$  (circles) and  $\varphi = 32^\circ$  (diamonds), with a resonance at  $\omega_0/2\pi = 7.502$  GHz and with linewidth  $\kappa/2\pi = 580$  kHz. Each packet of points is sampled with  $\Delta\tau = 2 \mu\text{s}$  in order to account for ESEEM. The data are averaged in magnitude. The solid black line is a fit with  $A_e^2 = e^{-2[(2\tau/T_{2,n})^{x_n} + (2\tau/T_{2,p})^{x_p}] + C}$  where  $T_{2,n} = 27.2$  ms and  $x_n = 2.74$  are taken from the CCE simulation. The fit yields  $T_{2,p} = 28 \pm 1$  ms and  $x_p = 2.1 \pm 0.2$ . The dashed black line is a fit which includes ID,  $A_e^2 = e^{-2[(2\tau/T_{2,n})^{x_n} + (2\tau/T_{2,p})^{x_p} + 2\tau/T_{2,\text{ID}}]} + C$ . At  $\varphi = 32^\circ$ , the CCE simulation predicts  $T_{2,n} = 24.7$  ms and  $x_n = 2.74$ .  $T_{2,p}$  and  $x_p$  are fixed from the fitted values at  $\varphi = 47^\circ$ . Fitting the remaining ID contribution yields  $T_{2,\text{ID}} = 33 \pm 2$  ms. The offset  $C$  has been subtracted from data and fits (square roots of negative noise on  $A_e^2$  are obviously absent from the plot).

by  $\Delta\tau = 2 \mu\text{s}$  in order to sample the ESEEM properly. The data is fitted in magnitude with the three mentioned decoherence mechanisms,

$$A_e^2(2\tau) = e^{-2[(\frac{2\tau}{T_{2,n}})^{x_n} + (\frac{2\tau}{T_{2,p}})^{x_p} + \frac{2\tau}{T_{2,\text{ID}}]} + C, \quad (12)$$

where  $T_{2,n}$  and  $x_n$  correspond to spectral diffusion due to the nuclear spin bath,  $T_{2,p}$  and  $x_p$  to spectral diffusion due to other paramagnetic impurities and  $T_{2,\text{ID}}$  to instantaneous diffusion.

At  $\varphi = 47^\circ$ , ID is negligible as calculated above. The CCE simulation gives  $T_{2,n} = 27.2$  ms and  $x_n = 2.74$ . Fitting the paramagnetic contribution yields  $T_{2,p} = 28 \pm 1$  ms and  $x_p = 2.1 \pm 0.2$ . This value is smaller than what is shown in Fig. 2B where  $T_{2,p} \sim 40$  ms at 10 mK and could be due to the fact that these data were taken in different runs. The data of Fig. S9 yields a total coherence time of  $T_2 = 20.5 \pm 0.2$  ms instead of  $23.2 \pm 0.5$  ms.

At  $\varphi = 32^\circ$ , the CCE simulation gives  $T_{2,n} = 24.7$  ms and  $x_n = 2.74$ . The paramagnetic

contribution can be taken as independent of angle  $\varphi$  because these impurities have a dilute concentration and are mostly in tetragonal sites with their g-factor being independent of  $\varphi$ . Hence we keep the values extracted at  $\varphi = 47^\circ$ , namely  $T_{2,p} = 28$  ms and  $x_p = 2.1$ . Fitting only the remaining contribution from ID yields  $T_{2,ID} = 33 \pm 2$  ms which is close to the estimation above and confirms that ID is not negligible at angles where the erbium inhomogeneous linewidth is the narrowest.

## 1.9 Longitudinal relaxation ( $T_1$ ) measurements

We measure the relaxation time  $T_1$  as a function of cryostat temperature, with sufficient power to address spins in the bulk of the material (Fig. S10). We observe that the temperature dependence is well-fitted by the direct-phonon process (38)

$$T_1 = T_{1,0K} \tanh \frac{\hbar\omega_0}{2k_B T}, \quad (13)$$

where  $T_{1,0K}$  is the extrapolated relaxation time at zero temperature, confirming that multi-phonon processes are not relevant at sub-Kelvin temperatures.

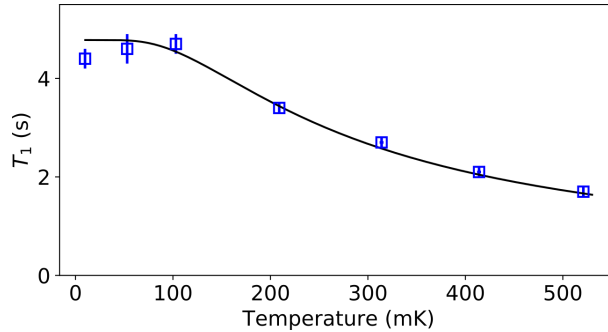


Figure S10: **Longitudinal relaxation time as a function of temperature.** Relaxation time at high input pulse power as a function of cryostat temperature (squares). The solid line is a fit with  $T_1 = T_{1,0K} \tanh(\hbar\omega_0/2k_B T)$  as is predicted for the spin-lattice relaxation time at low temperature. The fit yields  $T_{1,0K} = 4.8 \pm 0.1$  s.



## 1.10 Simulations of spin-relaxation power dependence

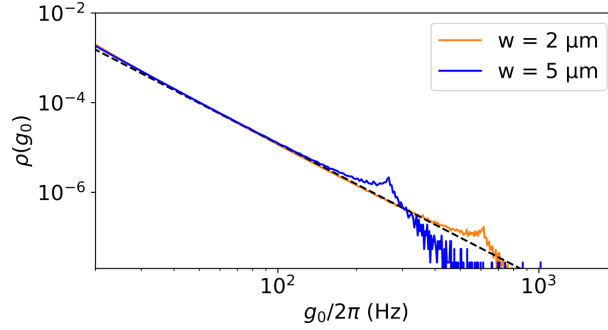
The numerical simulations presented in Fig. 3B take into account a distribution of Larmor frequencies  $\delta$  with respect to the resonator frequency and a distribution of spin-resonator coupling constants  $g_0$ , the two distributions being independent (24).

- for the  $2 \mu\text{m}$  wide inductance wire, there are 420 discrete frequency bins taken with uniform spacing between  $-4\kappa$  and  $4\kappa$ , where  $\kappa/2\pi = 185 \text{ kHz}$ , and 120 values of coupling strength  $g_0/2\pi$ , equally spaced between 1 and 1000 Hz,
- for the  $5 \mu\text{m}$  wide inductance wire, there are 480 discrete frequency bins taken with uniform spacing between  $-3.5\kappa$  and  $3.5\kappa$ , where  $\kappa/2\pi = 350 \text{ kHz}$ , and 120 values of coupling strength  $g_0/2\pi$ , equally spaced between 0.5 and 500 Hz.

Each spin with frequency detuning  $\delta$  and coupling constant  $g_0$  relaxes with rate  $\Gamma = \Gamma_P + \Gamma_{sl}$ , where  $\Gamma_{sl}$  is the spin-lattice relaxation rate and  $\Gamma_P = \frac{\kappa g_0^2}{\kappa^2/4 + \delta^2}$  is the Purcell relaxation rate (37). For spins at a distance greater than approximately  $15 \mu\text{m}$  from the inductance wire, the relaxation is dominated by  $\Gamma_{sl}$ , whereas for spins located closer to the inductance wire, it is dominated by  $\Gamma_P$ .

The inhomogeneous absorption linewidth at  $\varphi = 30^\circ$  is  $\Gamma/2\pi = 2 \text{ MHz}$ , which is nearly one order of magnitude wider than the broadest resonance linewidth. Thus the spin frequency distribution  $\rho_\delta$  is taken as constant. The coupling constant distribution  $\rho_{g_0}$  behaves approximately as  $1/g_0^3$  at low  $g_0$  and shows a peak at high  $g_0$  due to the spins located close to the wire. The exact profile is calculated using a COMSOL simulation of the magnetic field  $\mathbf{B}_1$  generated around the inductance wire with a 1 A current. The simulation result must then be rescaled by  $\delta I = \omega_0 \sqrt{\frac{\hbar}{2Z_0}}$ , the rms vacuum fluctuation of the current in the resonator. The resonator impedance  $Z_0 \sim 40 \Omega$  is simulated using the software Ansys HFSS. The computation of the

coupling  $g_0$  is shown in Fig. 1C at  $\varphi = 51^\circ$  (i.e. when the magnetic field  $\mathbf{B}_0$  is applied parallel to the wire) and the  $g_0$  histogram at  $\varphi = 30^\circ$  used for the simulations is shown in Fig. S11.



**Figure S11: Spin-resonator coupling distribution.** The coupling distribution is shown in logarithmic scale for the  $2 \mu\text{m}$  and  $5 \mu\text{m}$  wide inductor resonators simulated at  $\varphi = 30^\circ$ . The COMSOL simulation takes into account spins located in a surface  $L_y \times L_z = 400 \times 200 \mu\text{m}^2$  below the inductance wire. Dashed black line is a fit with  $\rho(g_0) \propto g_0^{-3}$ . The peak at high coupling corresponds to spins located close to the wire.

For simplicity, the simulated pulse sequence for obtaining  $T_1$  is the inversion recovery sequence ( $\beta - T - \beta/2 - \tau - \beta - \tau - \text{echo}$ ), even when CPMG sequences have been used to measure it.

## 2 Theoretical part

### 2.1 Model

The spin Hamiltonian can be written

$$H = H_{\text{Er}} + H_{\text{n}} + H_{\text{int}}. \quad (14)$$

The first term,

$$H_{\text{Er}} = \mu_B \mathbf{B}_0 \cdot \mathbf{g} \cdot \mathbf{S}, \quad (15)$$

is the Zeeman energy of the effective spin-1/2  $\mathbf{S}$  of the zero-nuclear-spin isotopes of  $\text{Er}^{3+}$  under a magnetic field  $\mathbf{B}_0$ , where  $\mu_B$  is the Bohr magneton and the g-factor tensor  $\mathbf{g}$  has a diagonal form in the crystal frame with  $\mathbf{g}_{\perp} = \mathbf{g}_{aa} = \mathbf{g}_{bb}$  and  $\mathbf{g}_{\parallel} = \mathbf{g}_{cc}$ .

The second term,

$$H_{\text{n}} = \mathbf{g}_{\text{n}} \mu_{\text{n}} \sum_i \mathbf{B}_0 \cdot \mathbf{I}_i + \sum_{i < j} \mathbf{I}_i \cdot \mathbb{D}_{ij} \cdot \mathbf{I}_j, \quad (16)$$

is the energy of the bath of  $^{183}\text{W}$  nuclear spins ( $I_i = 1/2$ ), where  $\mathbf{g}_{\text{n}}$  is the g-factor of  $^{183}\text{W}$  nuclear spins,  $\mu_{\text{n}}$  is the nuclear magneton,  $\mu$  is the vacuum permeability, and  $\mathbb{D}_{ij} = \mu/(4\pi) \mathbf{g}_{\text{n}}^2 \mu_{\text{n}}^2 (r_{ij}^{-3} - 3\mathbf{r}_{ij} \mathbf{r}_{ij} / r_{ij}^5)$  with  $\mathbf{r}_{ij} = \mathbf{r}_j - \mathbf{r}_i$  the displacement between the  $i$ -th and  $j$ -th nuclear spins.

The third term,

$$H_{\text{int}} = \sum_i \mathbf{S} \cdot \mathbb{A}_i \cdot \mathbf{I}_i, \quad (17)$$

is the dipolar hyperfine interaction, where  $\mathbb{A}_i = \mu/(4\pi) \mu_B \mathbf{g}_{\text{n}} \mu_{\text{n}} [\mathbf{g}/r_i^3 - 3(\mathbf{g} \cdot \mathbf{r}_i) \mathbf{r}_i / r_i^5]$ .

We set the  $z$ -axis along  $\mathbf{B}_0$  (in the  $ab$ -plane with an angle  $\varphi$  from the  $a$ -axis). Since the electron Zeeman energy is much stronger than the hyperfine interaction and the nuclear Zeeman energy is much stronger than the nuclear dipolar interaction, we make the secular approximation, dropping the terms that do not conserve the Zeeman energies, such as the  $S_{x/y}$  terms, the  $I_{x/y}$  terms, which induce electron spin echo envelope modulation (ESEEM), and the  $I_i^{x/y} I_j^z$  terms.

Therefore, the Hamiltonian becomes a pure dephasing model

$$H \approx |1\rangle\langle 1| \otimes H^{(+)} + |0\rangle\langle 0| \otimes H^{(-)}, \quad (18)$$

with the central-spin-conditional bath Hamiltonian

$$H^{(\pm)} = \pm \frac{\omega}{2} \pm \frac{1}{2} \sum_i \hat{\mathbf{z}} \cdot \mathbb{A}_i \cdot \hat{\mathbf{z}} I_i^z + H_n. \quad (19)$$

The Hahn echo signal is

$$A_e \propto \mathcal{L}(2\tau) = \text{Tr} \left( \rho_n e^{iH^{(-)}\tau} e^{iH^{(+)}\tau} e^{-iH^{(-)}\tau} e^{-iH^{(+)}\tau} \right), \quad (20)$$

where  $\rho_n$  is the initial bath density matrix (which we choose as the infinite high-temperature thermalized state since the nuclear Zeeman energy is much less than 10 mK).

## 2.2 Cluster correlation expansion

The central spin coherence is calculated using the cluster correlation expansion (CCE) (32), in which the decoherence caused by a cluster of  $M$  bath spins ( $1, 2, \dots, M$ ) is denoted as  $\mathcal{L}_{1,2,\dots,M}$ . The irreducible correlation of a cluster is defined recursively as  $\tilde{\mathcal{L}}_j = \mathcal{L}_j$ ,  $\tilde{\mathcal{L}}_{i,j} \equiv \mathcal{L}_{i,j} \tilde{\mathcal{L}}_i^{-1} \tilde{\mathcal{L}}_j^{-1}$ , etc., that is, the decoherence function divided by all irreducible correlations of all sub-clusters. For the  $M$ -order truncation (CCE- $M$ ), the calculation takes into account the irreducible correlations up to the clusters of  $M$  spins,  $\mathcal{L} \approx \mathcal{L}^{(M)}$ , with

$$\mathcal{L}^{(M)} = \prod_{i_1} \tilde{\mathcal{L}}_{i_1} \prod_{j_1 < j_2} \tilde{\mathcal{L}}_{j_1, j_2} \cdots \prod_{k_1 < k_2 < \dots < k_M} \tilde{\mathcal{L}}_{k_1, k_2, \dots, k_M}. \quad (21)$$

With the secular approximation, the CCE-1 contribution (decoherence due to single-spin dynamics, which also causes the ESEEM for relatively strongly coupled nuclear spins) vanishes.

In the simulation, we place the  $^{183}\text{W}$  nuclear spins (with a natural abundance  $p_n = 0.145$ ) randomly on the  $\text{CaWO}_4$  lattice sites of tungsten ions and the  $\text{Er}^{3+}$  ions randomly substituting

$\text{Ca}^{2+}$ . The bath includes all nuclear spins within a sphere of radius of 11 nm around the central spin. We numerically checked that a larger bath size produces nearly the same result. The numerical simulation also show that the simulation using one specific spatial configuration of  $^{183}\text{W}$  nuclear spins in the lattice is nearly the same as ensemble average over many (50) different spatial configurations. We have checked the convergence of the CCE and found that CCE-3 and CCE-2 produce nearly identical results.

### 2.3 Simulation results

Fig. S12 compares the CCE-2 simulation in a lattice spin bath according to  $\text{CaWO}_4$  crystal structure and in an amorphous bath, where the  $^{183}\text{W}$  have same concentration but are placed randomly in space, in order to compare with (17). In the amorphous case, the decoherence is significantly faster than in a lattice bath. Such difference can be understood from the fact that the lattice structure sets a lower bound on the distance between nuclear spins, which has a sizeable effect when the spin concentration is not too small.

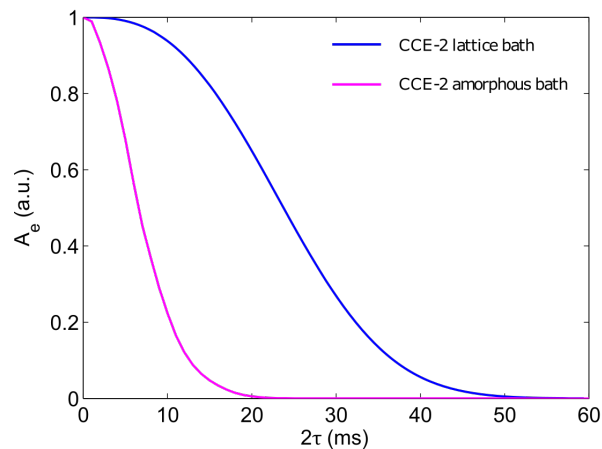


Figure S12: **CCE-2 simulation of the spin decoherence.** The results are fitted by  $A_e = e^{-(2\tau/T_2)^x}$ , with  $T_2 = 27$  ms and  $x = 2.7$  for the decoherence in a lattice spin bath (blue line) and  $T_2 = 8.05$  ms and  $x = 1.88$  for the decoherence in an amorphous bath (pink line). The parameters of the simulations are the magnetic field  $B_0 = 67$  mT, the field orientation  $\varphi = 46.5^\circ$  and the temperature  $T = 10$  mK.

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