

## Supplement 1: SPIRIT Checklist for the Vitamin D Supplementation in Chronic Spinal Cord Injury (VitD-SCI) trial protocol



STANDARD PROTOCOL ITEMS: RECOMMENDATIONS FOR INTERVENTIONAL TRIALS

SPIRIT 2013 Checklist: Recommended items to address in a clinical trial protocol and related documents\*

Section / item	Item No	Description, addressed	Addressed in section
<b>Administrative information</b>			
Title	1	Descriptive title identifying the study design, population, interventions, and, if applicable, trial acronym	Title, page 1
Trial registration	2a	Trial identifier and registry name. If not yet registered, name of intended registry	Abstract - Trial registration, page 2; Ethics and dissemination - Ethics approval, page 10
	2b	All items from the World Health Organization Trial Registration Data Set	Throughout the paper, pages 1-20; publicly accessible information on ClinicalTrials.gov (NCT04652544)
Protocol version	3	Date and version identifier	Ethics and dissemination - Trial Status, page 11
Funding	4	Sources and types of financial, material, and other support	Funding statement, page 12
Roles and responsibilities	5a	Names, affiliations, and roles of protocol contributors	Title page, page 1; Author contributions, page 12
	5b	Name and contact information for the trial sponsor	Title page - Corresponding author, page 1
	5c	Role of study sponsor and funders, if any, in study design; collection, management, analysis, and interpretation of data; writing of the report; and the decision to submit the report for publication, including whether they will have ultimate authority over any of these activities	Funding statement, page 12; Author contributions, page 12
	5d	Composition, roles, and responsibilities of the coordinating center, steering committee, endpoint adjudication committee, data management team, and other individuals or groups overseeing the trial, if applicable (see Item 21a for data monitoring committee)	Methods and analyses - Potential risks, page 9; Author contributions, page 12
<b>Introduction</b>			
Background and rationale	6a	Description of research question and justification for undertaking the trial, including summary of relevant studies (published and unpublished) examining benefits and harms for each intervention	Introduction, page 4; Methods and analyses - Intervention, page 6

	6b	Explanation for choice of comparators	Introduction, page 4; Methods and analyses - Intervention, page 6
Objectives	7	Specific objectives or hypotheses	Introduction, page 4
Trial design	8	Description of trial design including type of trial (e.g., parallel group, crossover, factorial, single group), allocation ratio, and framework (e.g., superiority, equivalence, non-inferiority, exploratory)	Methods and analyses - Study design and setting, page 5; Randomization and blinding, page 6
<b>Methods: Participants, interventions, and outcomes</b>			
Study setting	9	Description of study settings (e.g., community clinic, academic hospital) and list of countries where data will be collected. Reference to where list of study sites can be obtained	Methods and analyses - Study design and setting, page 5
Eligibility criteria	10	Inclusion and exclusion criteria for participants. If applicable, eligibility criteria for study centers and individuals who will perform the interventions (e.g., surgeons, psychotherapists)	Methods and analyses - Participants, page 5; Table 1, page 18
Interventions	11a	Interventions for each group with sufficient detail to allow replication, including how and when they will be administered	Methods and analyses - Intervention, page 6
	11b	Criteria for discontinuing or modifying allocated interventions for a given trial participant (e.g., drug dose change in response to harms, participant request, or improving/worsening disease)	Methods and analyses - Intervention, page 6; Withdrawal criteria, page 10
	11c	Strategies to improve adherence to intervention protocols, and any procedures for monitoring adherence (e.g., drug tablet return, laboratory tests)	Methods and analyses - Intervention, page 6
	11d	Relevant concomitant care and interventions that are permitted or prohibited during the trial	Methods and analyses - Participants, page 5; Table 1, page 18
Outcomes	12	Primary, secondary, and other outcomes, including the specific measurement variable (e.g., systolic blood pressure), analysis metric (e.g., change from baseline, final value, time to event), method of aggregation (e.g., median, proportion), and time point for each outcome. Explanation of the clinical relevance of chosen efficacy and harm outcomes is strongly recommended	Methods and analyses - Outcomes and assessments, page 7; Table 2, page 19
Participant timeline	13	Time schedule of enrolment, interventions (including any run-ins and washouts), assessments, and visits for participants. A schematic diagram is highly recommended (see Figure)	Methods and analyses - Study design and setting, page 5; Intervention, page 6; Outcomes and assessments, page 7; Figure 1; Table 2, page 19
Sample size	14	Estimated number of participants needed to achieve study objectives and how it was determined, including clinical and statistical assumptions supporting any sample size calculations	Methods and analyses - Sample Size, page 7; Supplement 2
Recruitment	15	Strategies for achieving adequate participant enrolment to reach target sample size	Methods and analyses - Participants, page 5
<b>Methods: Assignment of interventions (for controlled trials)</b>			
Allocation:			

Sequence generation	16a	Method of generating the allocation sequence (e.g., computer-generated random numbers), and list of any factors for stratification. To reduce predictability of a random sequence, details of any planned restriction (e.g., blocking) should be provided in a separate document that is unavailable to those who enroll participants or assign interventions	Methods and analyses - Randomization and blinding, page 6
Allocation concealment mechanism	16b	Mechanism of implementing the allocation sequence (e.g., central telephone; sequentially numbered, opaque, sealed envelopes), describing any steps to conceal the sequence until interventions are assigned	Methods and analyses - Randomization and blinding, page 6
Implementation	16c	Who will generate the allocation sequence, who will enroll participants, and who will assign participants to interventions	Methods and analyses - Participants, page 5; Randomization and blinding, page 6
Blinding (masking)	17a	Who will be blinded after assignment to interventions (e.g., trial participants, care providers, outcome assessors, data analysts), and how	Methods and analyses - Intervention, page 6; Randomization and blinding, page 6
	17b	If blinded, circumstances under which unblinding is permissible, and procedure for revealing a participant's allocated intervention during the trial	Methods and analyses - Unblinding procedures, page 10
<b>Methods: Data collection, management, and analysis</b>			
Data collection methods	18a	Plans for assessment and collection of outcome, baseline, and other trial data, including any related processes to promote data quality (e.g., duplicate measurements, training of assessors) and a description of study instruments (e.g., questionnaires, laboratory tests) along with their reliability and validity, if known. Reference to where data collection forms can be found, if not in the protocol	Methods and analyses - Outcomes and assessments, page 7; Data management and analyses, page 8; Minimizing bias and contamination, page 9; Table 2, page 19
	18b	Plans to promote participant retention and complete follow-up, including list of any outcome data to be collected for participants who discontinue or deviate from intervention protocols	Methods and analyses - Intervention, page 6; Analyses of primary and secondary outcomes, page 8
Data management	19	Plans for data entry, coding, security, and storage, including any related processes to promote data quality (e.g., double data entry; range checks for data values). Reference to where details of data management procedures can be found, if not in the protocol	Methods and analyses - Data management, page 8
Statistical methods	20a	Statistical methods for analyzing primary and secondary outcomes. Reference to where other details of the statistical analysis plan can be found, if not in the protocol	Methods and analyses - Analyses of primary and secondary outcomes, page 8
	20b	Methods for any additional analyses (e.g., subgroup and adjusted analyses)	Methods and analyses - Analyses of primary and secondary outcomes, page 8
	20c	Definition of analysis population relating to protocol non-adherence (e.g., as randomized analysis), and any statistical methods to handle missing data (e.g., multiple imputation)	Methods and analyses - Analyses of primary and secondary outcomes, page 8; Handling of missing data and dropouts, page 9
<b>Methods: Monitoring</b>			

Data monitoring	21a	Composition of data monitoring committee (DMC); summary of its role and reporting structure; statement of whether it is independent from the sponsor and competing interests; and reference to where further details about its charter can be found, if not in the protocol. Alternatively, an explanation of why a DMC is not needed	There is a monitoring committee responsible for general trial conduct as well as data concerns. Methods and analyses - Potential risks, page 9
	21b	Description of any interim analyses and stopping guidelines, including who will have access to these interim results and make the final decision to terminate the trial	Methods and analyses - Analyses of primary and secondary outcomes, page 8; Unblinding procedures, page 10
Harms	22	Plans for collecting, assessing, reporting, and managing solicited and spontaneously reported adverse events and other unintended effects of trial interventions or trial conduct	Methods and analyses - Outcomes and assessments, page 7; Minimizing bias and contamination; page 9, Potential risks, page 9
Auditing	23	Frequency and procedures for auditing trial conduct, if any, and whether the process will be independent from investigators and the sponsor	Methods and analyses - Potential risks, page 9
<b>Ethics and dissemination</b>			
Research ethics approval	24	Plans for seeking research ethics committee/institutional review board (REC/IRB) approval	Abstract - Trial registration, page 2; Ethics and dissemination - Ethics approval, page 10
Protocol amendments	25	Plans for communicating important protocol modifications (e.g., changes to eligibility criteria, outcomes, analyses) to relevant parties (e.g., investigators, REC/IRBs, trial participants, trial registries, journals, regulators)	Ethics and dissemination - Ethics approval, page 10. Study participants will receive a letter with updates.
Consent or assent	26a	Who will obtain informed consent or assent from potential trial participants or authorized surrogates, and how (see Item 32)	Methods and analyses - Participants, page 5
	26b	Additional consent provisions for collection and use of participant data and biological specimens in ancillary studies, if applicable	Not applicable
Confidentiality	27	How personal information about potential and enrolled participants will be collected, shared, and maintained in order to protect confidentiality before, during, and after the trial	Methods and analyses - Data management, page 8; Ethics and dissemination - Dissemination policy, page 11
Declaration of interests	28	Financial and other competing interests for principal investigators for the overall trial and each study site	Disclosure statement, page 12
Access to data	29	Statement of who will have access to the final trial dataset, and disclosure of contractual agreements that limit such access for investigators	Ethics and dissemination - Dissemination policy, page 11; Funding statement, page 12
Ancillary and post-trial care	30	Provisions, if any, for ancillary and post-trial care, and for compensation to those who suffer harm from trial participation	Due to the low-risks, the need to compensate for suffered harm is not foreseen (Methods and analyses - Potential risks, page 9). Though study insurance is in place in case any care needs to be covered.

Dissemination policy	31a	Plans for investigators and sponsor to communicate trial results to participants, healthcare professionals, the public, and other relevant groups (e.g., via publication, reporting in results databases, or other data sharing arrangements), including any publication restrictions	Ethics and dissemination - Dissemination policy, page 11
	31b	Authorship eligibility guidelines and any intended use of professional writers	Ethics and dissemination - Dissemination policy, page 11
	31c	Plans, if any, for granting public access to the full protocol, participant-level dataset, and statistical code	Ethics and dissemination - Dissemination policy, page 11
<b>Appendices</b>			
Informed consent materials	32	Model consent form and other related documentation given to participants and authorized surrogates	Supplement 3
Biological specimens	33	Plans for collection, laboratory evaluation, and storage of biological specimens for genetic or molecular analysis in the current trial and for future use in ancillary studies, if applicable	Methods and analyses - Outcomes and assessments, page 7; Table 2, page 19

\*It is strongly recommended that this checklist be read in conjunction with the SPIRIT 2013 Explanation & Elaboration for important clarification on the items. Amendments to the protocol should be tracked and dated. The SPIRIT checklist is copyrighted by the SPIRIT Group under the Creative Commons "Attribution-NonCommercial-NoDerivs 3.0 Unported" license.