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## **BMJ Open**

# Health conditions of migrants, refugees and asylum seekers on search and rescue vessels on the central Mediterranean Sea, 2016-2019.

Journal:	BMJ Open
Manuscript ID	bmjopen-2021-053661
Article Type:	Original research
Date Submitted by the Author:	20-May-2021
Complete List of Authors:	van Boetzelaer, Elburg; Medecins Sans Frontieres Fotso, Adolphe; Medecins Sans Frontieres Angelova, Ilina; Medecins Sans Frontieres Huisman, Geke; Medecins Sans Frontieres Thorson, Trygve; Medecins Sans Frontieres Hadj-Sahraoui, Hassiba; Medecins Sans Frontieres Kremer, Ronald; Medecins Sans Frontieres Kuehne, Anna; Medecins Sans Frontieres; Medecins Sans Frontieres
Keywords:	Public health < INFECTIOUS DISEASES, EPIDEMIOLOGY, PUBLIC HEALTH

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- Health conditions of migrants, refugees and asylum seekers on
- 2 search and rescue vessels on the central Mediterranean Sea,
- 3 2016-2019.
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- 15 Key words: Refugees, Morbidity, Mediterranean Sea, Reproductive Health, Gender-Based Violence
- 17 Word count: 3,413
- 19 Abstract
- **Objectives**: This study will contribute to the systematic epidemiological description of morbidities
- among migrants, refugees and asylum seekers when crossing the Mediterranean Sea.
- 22 Setting: Since 2015, Médecins sans Frontières (MSF) has conducted search and rescue activities on
- the Mediterranean Sea to save lives, provide medical services, to witness, and to speak out.

Participants: Between November 2016 and December 2019, MSF rescued 22,966 migrants, refugees
 and asylum seekers.

Primary and secondary outcome measures: We conducted retrospective data analysis of data collected between January 2016 and December 2019 as part of routine monitoring of the MSF's health care services for migrants, refugees and asylum seekers on two search and rescue vessels.

Results: MSF conducted 12,438 outpatient consultations and 853 sexual and reproductive health

consultations (24.9% of female population, 853/3,420) and documented 287 consultations for Sexual and Gender Based Violence (SGBV). The most frequently diagnosed health conditions among children aged five years or older and adults were skin conditions (30.6%, 5,475/17,869), motion sickness (28.6%, 5,116/17,869), headache (15.4%, 2,748/17,869) and acute injuries (5.7%, 1,013/17,869). Of acute injuries, 44.7% were non-violence related injuries (453/1,013), 30.1% were fuel burns

(297/1,013) and 25.4% were violence-related injuries (257/1,013).

Conclusion: The limited testing and diagnostics capacity of the outpatient department, space limitations, stigma and the generally short length of stay of migrants, refugees and asylum seekers on the ships, has likely led to an underestimation of morbidities including mental health conditions and SGBV. The main diagnoses on board were directly related to journey on land and sea and stay in Libya. We conclude that this population may be relatively young and healthy but displays significant journey-related illnesses and includes migrants, refugees and asylum seekers who have suffered significant violence during their transit and need urgent access to essential services and protection in a place of safety on land.

## Strengths and limitations of this study

• Limited quantitative data is available on the health of migrants, refugees and asylum seekers while they are on search and rescue vessels. Unlike previous studies, we will present data from onboard outpatient consultations (n=12,438) that were systematically offered to all

rescued people on one of the largest and longest running rescue vessels on the Mediterranean Sea.

- This study will contribute to the systematic epidemiological description of morbidities among migrants, refugees and asylum seekers when crossing the Mediterranean Sea.
- Due to the limited testing and diagnoses capacity of the outpatient department, space
  limitations and the generally short length of stay of migrants, refugees and asylum seekers
  on the ship, it was not feasible to provide in-depth medical and psychological treatment and
  support, which has likely led to an underestimation of actual morbidities including mental
  health conditions and sexual and gender based violence.
- All data presented was collected as routine MSF program data, that needed to be recorded
  quickly so as not to create further delays for migrants awaiting medical care. Therefore,
  some of the data was incomplete and could only be partly used for this analysis.

## Background

Since 2014, a large number of migrants, refugees and asylum has attempted to cross the Mediterranean Sea to reach Europe. Between 2014 and 2019, 1,995,651 migrants, refugees and asylum seekers arrived in Italy, Spain, Malta, Greece and Cyprus by boat (1). The total number of deaths and missing people on the central Mediterranean Sea route is unknown. UNHCR has reported 15,946 deaths and missing people between 2014 and 2020, which is likely an underestimation (2). The underestimation is due to the occurrence of invisible migrant shipwrecks that remain unreported and the number of victims unknown (3). The most frequently recorded countries of origin varied over time as well as by destination (4)(5)(6), and include Eritrea, Ethiopia, Guinea, Chad, Gambia, Ivory Coast, Libya, Mali, Nigeria, Senegal, Sudan and South Sudan (6). Many migrants, refugees and asylum seekers are fleeing protracted humanitarian emergencies in their countries of origin, embarking on long inter-regional travel prior to arriving in North Africa (5). Some migrants, refugees and asylum seekers set out to reach Europe, while others initially plan to find employment and a place to live in Libya and later might decide to travel onwards to Europe. The central Mediterranean Sea route, often via Libya to Italy, has been consistently used (1). In addition to Libya's strategic location, conflicts and instability in the country have hindered border control and created an environment where smuggling networks can flourish (5). Prior to attempting the crossing of the central Mediterranean Sea, migrants, refugees and asylum seekers often spend long periods in unofficial and official places of captivity in Libya (5). Several reports have documented unhygienic and extremely unhealthy conditions in these detention centers, characterized by overcrowding, lack of ventilation, insufficient quantities and quality of food and lacking water and sanitation facilities (7)(8). Recently, MSF published data on health conditions of migrants, refugees and asylum seekers detained in eight official detention centers where MSF has provided medical services. This report documented the dire living circumstances and adverse health effects of arbitrary detention on migrants, refugees and asylum seekers at official detention centers in Libya (9). Even prior to arriving

in Libya, many migrants, refugees and asylum seekers have experienced violence including extortion, ill-treatment, trafficking, forced labor and sexual exploitation in their country of origin, or along the way (5). Since 2015, Médecins sans Frontières (MSF) has conducted search and rescue activities on the central Mediterranean Sea to save lives, to provide medical services, to witness, and to speak out. Between 2015 and 2018, MSF has operated the ship "Aquarius" in partnership with nongovernmental organization SOS Mediterranee. Between December 2018 and July 2019, MSF had to halt their search and rescue activities on the ship "Aquarius". In July 2019, search and rescue operations were resumed with SOS Mediterranee on the ship "Ocean Viking" (10). On these vessels, MSF has been providing outpatient medical consultations, screening and triage, referrals, sexual and reproductive health services including support for survivors of sexual and gender-based violence. MSF does not provide systematic mental health screening for migrants, refugees and asylum seekers, but psychological first aid. Treatment and diagnoses were performed by physicians based on clinical assessment and routine tests (body temperature, blood pressure, blood sugar, urine dipstick, malaria rapid test, pregnancy test). As on other search and rescue vessels, the MSF medical teams are working under constant pressure of the urgent assessment and treatment and support of hundreds of rescued persons in distress when a rescue is completed, complex logistical arrangements, and depending on the season, harsh meteorological circumstances (11)(12)(13).There have been publications on the health conditions of migrants, refugees and asylum seekers in migrant reception centers in Italy, Spain and Greece (14)(15)(16)(17). These studies show that the majority of the diagnoses at migration reception centers were dermatological, such as scabies, skins infections and dermatitis of various origins. Respiratory infections and varicella were the most frequent infectious diseases, commonly related to the conditions experienced during the journey.

Limited quantitative data is available on the health of migrants, refugees and asylum seekers while they are on search and rescue vessels (11)(13). Unlike previous studies, we will present data from onboard consultations that were systematically offered to all rescued people on one of the largest and longest running rescue vessels on the Mediterranean Sea. This study will contribute to the systematic epidemiological description of morbidities among migrants, refugees and asylum seekers when crossing the Mediterranean Sea.

## Methods

We conducted retrospective data analysis of data collected between January 2016 and December 2019 as part of the routine monitoring of the MSF's outpatient health care services for migrants, refugees and asylum seekers on two search and rescue vessels on the central Mediterranean Sea. We analyzed data that was collected on the "Aquarius" between January 2016 and December 2018 and on the "Ocean Viking" between January and December 2019.

## Study population

The study population consists of all migrants, refugees and asylum seekers who were rescued by MSF search and rescue vessels ("Aquarius" and "Ocean Viking") on the central Mediterranean Sea between January 2016 and December 2019.

#### Data sources and data collection

Routine program data: The total number of migrants, refugees and asylum seekers is established and recorded by the medical team at the start of each rescue in a register. Some basic demographic information is also captured, including sex, numbers of children under five years old, unaccompanied minors and pregnant women, and the country of origin of the migrants, refugees and asylum seekers.

Routine medical data: Clinical data collection took place as a routine medical activity. The datasets contain data from all migrants, refugees and asylum seekers who presented at the MSF outpatient department (OPD) on the search and rescue vessels with a medical complaint. The medical data collection includes the number of new and follow-up OPD consultations and sexual and reproductive health consultations, including consultations for Sexual and Gender Based Violence (SGBV). Medical evacuation and ambulatory referrals upon disembarkation were made based on case severity as assessed by the medical team and were captured in the routine medical data. The medical data bases also contain data on the diagnoses of patients seen at the OPD, aggregated per week.

## Data analysis

Following data cleaning and transfer to STATA version 16 (Stata corporation, Texas, USA), we conducted descriptive analysis of the available program and medical data. Indicators were calculated as proportions (e.g. morbidities).

## Ethical considerations

This is a retrospective analysis of routinely collected data. Therefore, it has been exempted from full ethical review by MSF Holland's research committee. The data in the utilized datasets did not contain individual identifiers. The data sets were password protected and only accessible by the first and last author.

### Patient and Public Involvement

For this study, we retrospectively analyzed aggregated routine data from the outpatient department on two search and rescue vessels. Patients were not involved in the study design or implementation. Due to the short length of stay of patients on the search and rescue vessels, we are unable to disseminate the study findings to the patients.

## Results

## Demographic characteristics

Over the course of three years (November 2016 - December 2019), 22,966 migrants, refugees and asylum seekers were rescued by MSF's search and rescue vessels on the central Mediterranean Sea.

UNHCR reported that during this same period 176,278 crossed the central Mediterranean Sea to Italy (18). Among rescued migrants, refugees and asylum seekers were 3,420 women (14.9%, 3,420/22,966). A total of 12,438 medical consultations were conducted between January 2016 and December 2019. Due to the number of rescued people and the characteristics of the intervention, the number of outpatient consultations fluctuated per month (Figure 1).

Figure 1. Number of migrants, refugees and asylum seekers rescued by MSF's search and rescue vessels on the Mediterranean Sea and number of consultations at MSF's Outpatient Department by month

Note: No rescues took place in February and July 2018 and between October 2019 and July 2019. Data on number of outpatient department consultations missing for June, 2017.

Between November 2017 and December 2019, 4,261 unaccompanied minors were rescued (18.6%, 4,261/22,966). Of the total number of rescued people, 328 were children under five (1.4%, 328/22,966). Of the female population, 2,205 women were travelling alone (59.2%, 2,205/3,420) and 346 of the rescued women were pregnant (10.1%, 346/3,420). The countries of origin of migrants, refugees and asylum seekers were Nigeria (18.0%, 4,140/22,966), followed by Eritrea (10.4%,

177 Bangladesh (6.2%, 1,432/22,966) (Table 1).

Table 1. Demographic characteristics and country of origin of migrants, refugees and asylum seekers rescue by MSF's search and rescue vessels on the Mediterranean Sea, November 2016- December 2019

181 2019

2,395/22,966), Guinea Conakry (8.3%, 1,916/22,966), Ivory Coast (7.2%, 1,656/22,966) and

Number of rescued people	22,966	
Male	19,546	85.1
Female	3,420	14.9
Women traveling alone	2,025	59.2 <sup>2</sup>
Pregnant women	346	10.1 <sup>2</sup>
Unaccompanied minors	4,261	18.6
Children < 5 yo	328	1.4
Country of origin		
Sub-Saharan Africa		
Nigeria	4,140	18.0
Eritrea	2,395	10.4
Guinea Conakry	1,916	8.3
Ivory Coast	1,656	7.2
Sudan	1,195	5.2
Senegal	1,166	5.1
Gambia	1,128	4.9
Ghana	857	3.7
Cameroon	593	2.6
Somalia	436	1.9
Sierra Leone	351	1.5
Ethiopia	167	0.7
Guinea Bissau	155	0.7
Mali	129	0.6
Burkina Faso	118	0.5
Togo	102	0.4
Niger	99	0.4
South Sudan	59	0.3
Chad	49	0.2
Benin	31	0.1
Democratic Republic of Congo	9	0.0
Uganda	9	0.0
Central African Republic	4	0.0
Liberia	2	0.0
Asia		0.0
Bangladesh	1,432	6.2
Syria	334	1.5
Pakistan	273	1.2
Palestina	41	0.2
Yemen	22	0.1
Iraq	5	0.0
Afghanistan	3	0.0
North Africa	<u> </u>	0.0
Egypt	199	0.9
	126	0.5
Tunesia	57	0.2
Morocco	21	0.2
Libya	18	0.1
Other / Unknown	10	U.1
Other	96	0.4
Unknown	3573	15.6
UIIKIIUWII	33/3	13.0

Note:

<sup>&</sup>lt;sup>1</sup>Pertentage of total number of rescued people

<sup>&</sup>lt;sup>2</sup>Percentage of total number of rescued women

### Health conditions

Between January 2016 and December 2019, MSF conducted 12,438 outpatient consultations, of which 9,811 were new consultations (78.9%, 9,811/12,438). Additionally, MSF performed 143 antenatal care consultations (41.3% of self-reported female pregnant population, 143/346) and conducted 853 sexual and reproductive health consultations (24.9% of female population, 853/3,420).

In addition, MSF documented 287 consultations for SGBV, of which the vast majority (99.7%, 286/287) took place 72 hours or more after the incident occurred. Five women were recorded who were pregnant after a rape. There were eight women recorded who requested termination of pregnancy (TOP), of which six were referred upon disembarkation in Europe.

MSF organized 23 urgent medical referrals which required immediate transport to referral health facilities by fast boat or by helicopter. An additional 1,552 non-urgent medical referrals were organized who were referred to non-MSF clinics upon arrival on the mainland (Table 2).

Table 2. MSF consultations and referrals of migrants, refugees and asylum seekers on MSF's search and rescue vessels on the Mediterranean Sea, 2016-2019

	N	%
All consultations	12,438	
Number of new consultations	9,811	78.88
Number of dressings New	772	6.21
Number of dressings Follow-up	334	2.69
Number of injections	1,310	10.53
Other follow-up	211	1.70
SRH consultations <sup>1</sup>	853	6.86
ANC consultations <sup>2</sup>	143	25.04
SGBV consultations <sup>1</sup>	287	2.31
SGBV consultations <72hrs³	1	0.35
SGBV consultations >72 hours <sup>3</sup>	286	99.65
Pregnant due to rape⁴	5	6.58
TOP requests <sup>2</sup>	8	1.40
TOP referrals²	6	1.05
Referrals	1,575	12.66
Urgent - Medevac (fast boat/helicopter)	23	1.46
Not urgent (upon arrival)	1,552	98.54

Note:

<sup>1</sup>Number of SRH and SGBV consultations recorded between May 2016 and December 2019. Percentages calculated over the total number of consultations in the same period

<sup>2</sup>Number of ANC consultations, TOP requests and TOP referrals recorded between September 2017 and December 2019.

Percentage calculated over the total number of SRH consultations in the same period

<sup>3</sup>Number of SGBV consultations that took place within and after 72 hours recorded between December 2016 and December 2019. Percentages calculated over the total number of SGBV consultations in the same period

<sup>4</sup>Number of women pregnant due to rape recorded between January 2018 and December 2019. Percentage calculated over total number of pregnant women during the same period

Among all diagnoses for children under five, 46.8% (51/109) were related to skin conditions. The most frequently diagnosed health conditions among children aged five years or older and adults were skin conditions (30.6%, 5,475/17,869), motion sickness (28.6%, 5,116/17,869), headache (15.4%, 2,748/17,869) and acute injuries (5.7%, 1,013/17,869). Of acute injuries, 44.7% were non-violence related injuries (453/1,013), 30.1% were fuel burns (297/1,013) and 25.4% were violence-related injuries (257/1,013) (Table 3).

Table 3. Health conditions of migrants, refugees and asylum seekers on MSF's search and rescue vessels on the Mediterranean Sea, 2016-2019: MSF outpatient department consultations

Diagnosis	<5 '	years	≥5 y	ears	Total	Proportional
	Male	Female	Male	Female		morbidity (%)
Acute injuries	4	0	834	179	1,017	5.60
Fuel burn	0	0	212	85	297	1.6
Non-violence related injury	3	0	399	54	456	2.5
Resuscitation	1	0	3	3	7	0.0
Violence-related injury	0	0	220	37	257	1.4
Chronic diseases	0	0	58	13	71	0.3
Dehydration	2	1	503	35	541	3.0
Hypothermia	0	2	153	22	177	0.9
Infectious diseases	8	8	740	101	857	4.7
Acute bloody diarrhea	0	0	30	6	36	0.2
Acute flaccid paralysis	0	0	0	0	0	0.0
Acute lower respiratory tract infection	1	1	58	10	70	0.3
Acute upper respiratory tract infection	6	6	373	41	426	2.3
Acute watery diarrhea	1	1	194	26	222	1.2
Malaria (confirmed)	0	0	2	1	3	0.0
Measles (suspected)	0	0	0	0	0	0.0
Meningitis (suspected)	0	0	0	0	0	0.0
Sexually transmitted infection	0	0	51	13	64	0.3
Tuberculosis (suspected)	0	0	32	4	36	0.2
Typhoid fever	0	0	0	0	0	0.0

Gynecological conditions	0	0	0	575	575	3.20
Gynecological disease	0	0	0	93	93	0.52
Pregnancy related	0	0	0	482	482	2.68
Skin conditions	24	27	4,839	636	5,526	30.74
Scabies	7	9	1,401	210	1,627	9.05
Skin disease	14	18	3,259	421	3,712	20.65
Skin infection	3	0	179	5	187	1.04
Mental health	0	0	14	12	26	0.14
Common Psychiatric Disorders	0	0	9	11	20	0.11
Severe Psychiatric Disorders	0	0	5	1	6	0.03
Motion sickness	2	3	4,344	772	5,121	28.48
Other conditions	15	13	2,987	561	3,576	19.89
Anaemia	0	0	8	3	11	0.06
Fever without identified cause	4	3	80	19	106	0.59
Headache	0	0	2,363	385	2,748	15.29
Urinary tract infection	0	0	28	21	49	0.27
Eye infection	1	1	73	15	90	0.50
Other	10	9	435	118	572	3.18
Severe acute malnutrition	0	0	7	2	9	0.05
Sexual violence	0	0	30	452	482	2.68
Total	55	54	14,509	3,360	17,978	100

Note:

<sup>1</sup>Number of times disease or condition was diagnosed at the outpatient department between January 2016 and December 2019. One patient could have multiple diagnoses during a consultation, therefore the total number of diagnoses exceeds the total number of consultations

### Sexual and Gender Based Violence

MSF documented a total of 482 consultations for Sexual and Gender Based Violence (SGBV), of which 30 were for male and 452 were for female survivors (Table 3). Of the 482 consultations for SGBV, 95 were first consultations for rape specifically in 2018 (78) and 2019 (17). Of these first consultations, 99% (94/95) took place more than 72 hours after the incident. The majority of survivors were female (91.6%, 87/95) and 15 years or older (99%, 94/95). Most survivors of rape came from Nigeria (36.8%, 35/95), followed by Cameroon (21.1%, 20/95) and Ivory Coast (19%, 18/95) (Table 4).

Table 4. Consultations for rape of migrants, refugees and asylum seekers on MSF's search and rescue vessels on the Mediterranean Sea, 2018-2019

	2018		18 2019 Tota		018 2019 Total		al
	N	%	n	%	n	%	
Number of first consultations for rape	78		17		95		

Time since incident						
<72 hours	1	1.28	0	0	1	1.05
>72 hours	77	98.72	17	1.00	94	98.95
Age						
<5 yo	0	0	0	0	0	0
5-14 yo	1	1.28	0	0	1	1.05
≥15	77	98.72	17	1.00	94	98.95
Gender						
Female	71	91.03	16	0.94	87	91.58
Male	7	8.97	1	0.06	8	8.42
Country of origin						
Cameroon	15	19.23	5	29.41	20	21.05
Eritrea	2	2.56	0	0	2	2.11
Ghana	1	1.28	0	0	1	1.05
Guinea Conakry	1	1.28	0	0	1	1.05
Ivory Coast	13	16.67	5	29.41	18	18.95
Liberia	1	1.28	0	0	1	1.05
Mali	1	1.28	0	0	1	1.05
Morocco	3	3.85	0	0	3	3.16
Nigeria	31	39.74	4	23.53	35	36.84
Senegal	1	1.28	0	0	1	1.05
Sierra Leone	5	6.41	1	5.88	6	6.32
Somalia	3	3.85	2	11.76	5	5.26
Sudan	1	1.28	0	0	1	1.05

Mortality on board

Between January 2016 and December 2019 five deaths occurred on MSF's search and rescue vessels. Probable causes of death included compressive asphyxiation due to human crushes and stampedes on the wooden boats or dinghies or while getting on the boat, and severe hypothermia. In addition to these five deaths, the search and rescue vessels frequently onboarded people who had already died on their journey prior to reaching the MSF vessels.

## Discussion

We were able to present data from onboard consultations that were systematically offered to all 22,966 rescued people on one of the largest and longest running rescue vessels on the Mediterranean Sea. Over the course of three years (November 2016 - December 2019). The number of rescues varied per month due to the constantly changing 'search and rescue landscape', including restrictions on search and rescue activities of NGOs and the increased involvement of the Libyan Coast Guard (LCG) in rescues, returning large numbers of migrants, refugees and asylum seekers to Libya (19)(20). Additionally, the number of migrants, refugees and asylum seekers attempting to make the crossing also fluctuated per month depending on weather conditions (20). Between January 2016 and December 2019, MSF conducted 12,438 outpatient consultations. MSF situational reports showed that the length of stay of migrants, refugees and asylum seekers on the search and rescue vessels varied, with increasingly long standoffs on sea in 2019. At times, the ship needed to stay off-coast for weeks with rescued people onboard whilst waiting to be assigned a place of safety for disembarkation. This had a direct impact on the volume of OPD consultations and medical and psychological complaints, as crowded living conditions and confined spaces onboard were causing discomfort and rescued people needed multiple consultations while awaiting nonurgent referrals. Women represented 14.9% of the rescued migrants, refugees and asylum seekers. While this percentage is lower than the percentage of women seeking asylum in the European Union, the demographic breakdown was similar on other search and rescue vessels on the central Mediterranean route (13)(21). The percentage of children under five and unaccompanied minors was also lower than expected compared to the percentages seeking asylum in the European Union. The

central Mediterranean route is considered relatively difficult and might be less often attempted by

women and children. Moreover, in critical rescues, which occur frequently on this part of the sea, there is oftentimes much loss of life which impacts women and children disproportionately (2). The high proportional morbidity of skin conditions has been noted on other search and rescue vessels as well, frequently with superinfection (13)(14). Scabies is typically associated with long permanence in conditions of poor hygiene, crowd, poverty and detentions (22)(23)(24). Therefore, the high burden of skin conditions among migrants, refugees and asylum seekers included in this study, like scabies, could be linked to the living conditions on the migrants' journey and while they are in Libya (9). Almost 6% of the diagnoses on board (n=1,017) were fuel burn wounds, violent and non-violent trauma. Similar chemical burns due to benzene were found on other search and rescue vessels, due to the mixture of salt water with fuel that is often spilled inside the boats and stays attached to the clothing and body, causing deep burns due to prolonged skin contact (13)(25). Women appear to be disproportionately affected by fuel burn wounds. An explanation could be that women often sit in the middle of the boat to be protected from the waves as they often cannot swim. If there is any fuel leakage, this often accumulates in the middle of the boat where the women sit. Some non-violent injuries may have been sustained on the dinghies or during the rescue operations. The long journey to Libya and often prolonged stay in Libya, during which people on the move often face and exploitation, contributed to the violence-related injuries that were diagnosed. Non-communicable diseases (NCD) only made up for 0.4% of all diagnoses. Similarly, complications from NCDs were identified in 0.7% of migrants, refugees and asylum seekers on the search and rescue vessel of NGO Open Arms on the Mediterranean Sea (n=4,516)(13). The lack of testing equipment, the short length of stay and the prioritization of urgent medical care on the rescue vessels could lead to an underestimation of NCDs in rescued people. The young age and initially

relatively good health of migrants that take the central Mediterranean route could also play a role.

Time and space constraints on board make it not feasible or desirable to conduct systematic mental health screening on board. Only self-reported mental health complaints were recorded at the outpatient clinic. Migrant reception centers and health facilities in Europe that are implementing mental health services have found a high burden of mental health conditions (26)(15)(27). Similar mental health conditions following trauma have been seen along other migratory routes, such as the western Balkan corridor to Northern Europe. A study showed that nearly one-in-three migrants seen at MSF mental health clinics experienced physical or psychological trauma along their journey, many of which reporting anxiety and mental trauma (28). Considering the treacherous journey that the migrants, refugees and asylum seekers will have had to endure, including the attempt to cross on oftentimes overcrowded dinghies or wooden boats with lacking hygiene conditions and food and water availability, and in combination with underlying trauma, the psychological first aid offered by MSF is essential. Especially with the increasingly longer stand offs on sea, keeping migrants, refugees and asylum seekers on board of the search and rescue vessels for weeks. However, the limitations of space, capacity and lack of interpreters, as also noted on search and rescue vessels in Greece, will continue hinder the medical team's ability to provide more in-depth mental health support on the ships (25)(29).

Out of the 482 SGBV consultations, there were 95 first consultations specifically for rape. The MSF medical team attempted to have systematic consultations with all rescued women and carefully ask about SGBV and any support they may need. However, this was difficult to implement due to space and time constraints and the hesitance of SGBV survivors to speak out due to fear of stigmatization. Only 30 consultations were conducted for male survivors of SGBV in general, of which seven consultations were conducted for male survivors of rape specifically, which is a likely underestimation of the true number of male survivors. Additional male survivors of SGBV have been identified by non-medical staff on board, and is confirmed by testimonies given by rescued people, but they refused medical consultation and were therefore not included in the analysis.

## Limitations

The need for services was high and onboard staff were often overwhelmed with sudden influxes of rescued people. This impacted the ability of the medical team to collect accurate data and properly document diagnoses and demographic characteristics. Therefore, we do not have reliable population counts, which could be used as denominators for the calculation of disease incidence or assess whether the length of stay had an effect on the number of OPD consultations or diagnosed morbidities.

Due to the limited testing and diagnoses capacity of the outpatient department, space limitations and the generally short length of stay of migrants, refugees and asylum seekers on the ship, it was not feasible to provide in-depth medical and psychological treatment and support, which has likely led to an underestimation of actual morbidities including mental health conditions and SGBV.

All data presented was collected as routine MSF program data, that needed to be recorded quickly so as not to create further delays for migrants awaiting medical care. Therefore, some of the data was incomplete and could only be partly used for this analysis. While case definitions stayed the same throughout the observation period, staff turnover lead to variation in procedures, documentation and measurements. For example, for some months the deck management of motion sickness, headache and deck inspection of scabies were included in the OPD consultations, while other months they were excluded from the total OPD consultation counts. The recording of skin diseases, skin infections and scabies also varied over time, which resulted in three diagnosis categories that are difficult to disentangle retrospectively.

Conclusion

MSF's access to the rescue areas in the central Mediterranean Sea has varied over the past three years and has been unpredictable. In line with findings from other studies of morbidities on search and rescue vessels, the main diagnoses on board where MSF teams have operated were non-severe

and directly related to the migration journey on the boat and previously on the way to and in Libya such as overcrowding, lack of drinking and washing water, extreme sun exposure, heat or cold. Approximately 1/3 of total diagnosis were scabies, 1/3 motion sickness and 1/6 headache. However, of the diseases on board, we also identified potentially severe conditions related to the journey in about 10% of the population, namely dehydration, hypothermia and acute injuries. Additionally, we identified survivors of sexual and gender-based violence and violence-related injuries, which most likely are only the top of the iceberg. The number of diagnoses of infectious diseases was very low compared to other diagnoses (13)(14)(15). We conclude that this population may be relatively young and healthy but displays significant journey-related illnesses and includes migrants, refugees and asylum seekers who have suffered significant violence during their transit and need urgent and direct access to essential services and protection in a place of safety on land.

## Contributorship statement

EVB and AK conceptualized the study and drafted the manuscript. EVD was responsible for the data analysis. All co-authors reviewed and contributed to the final version of the manuscript.

## Competing interests

There are no competing interests to declare

## Funding

There is no funding to report for this submission.

## Data sharing agreement

358 Data are available upon reasonable request

## Ethics statement

- 360 This research fulfilled the exemption criteria set by the Médecins Sans Frontières Ethics Review
- 361 Board for a posteriori analyses of routinely collected clinical data and thus did not require MSF ERB
- 362 review. It was conducted with permission from Melissa McRae, Medical Director, Operational Centre
- 363 Amsterdam, Médecins Sans Frontières.

## Acknowledgements

- Our deepest gratitude and respect goes to the teams that provide support to migrants, refugees and
- asylum seekers on search and rescue vessels and beyond every day.

## 367 Figure legends

- 368 Figure 1. Number of migrants, refugees and asylum seekers rescued by MSF's search and rescue
- 369 vessels on the Mediterranean Sea and number of consultations at MSF's Outpatient Department by
- 370 month
- 371 Blue: number of rescued males
- 372 Grey: number of rescued females
- 373 Red: number of outpatient department consultations

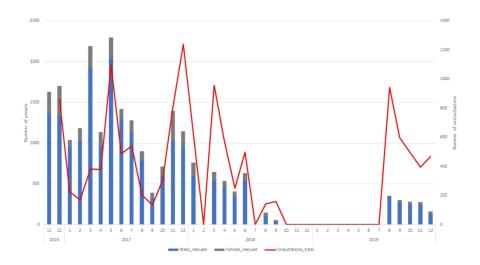
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338x190mm (96 x 96 DPI)

## **BMJ Open**

## Health conditions of migrants, refugees and asylum seekers on search and rescue vessels on the central Mediterranean Sea, 2016-2019: a retrospective analysis.

Journal:	BMJ Open
Manuscript ID	bmjopen-2021-053661.R1
Article Type:	Original research
Date Submitted by the Author:	18-Nov-2021
Complete List of Authors:	van Boetzelaer, Elburg; Medecins Sans Frontieres Fotso, Adolphe; Medecins Sans Frontieres Angelova, Ilina; Medecins Sans Frontieres Huisman, Geke; Medecins Sans Frontieres Thorson, Trygve; Medecins Sans Frontieres Hadj-Sahraoui, Hassiba; Medecins Sans Frontieres Kremer, Ronald; Medecins Sans Frontieres Kuehne, Anna; Medecins Sans Frontieres; Medecins Sans Frontieres
<b>Primary Subject Heading</b> :	Epidemiology
Secondary Subject Heading:	Global health, Infectious diseases, Public health
Keywords:	Public health < INFECTIOUS DISEASES, EPIDEMIOLOGY, PUBLIC HEALTH

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- 1 Health conditions of migrants, refugees and asylum seekers on
- 2 search and rescue vessels on the central Mediterranean Sea,
- 3 2016-2019: a retrospective analysis.
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- 15 Key words: Refugees, Morbidity, Mediterranean Sea, Reproductive Health, Gender-Based Violence
- 17 Word count: 3,413
- 19 Abstract
- **Objectives**: This study will contribute to the systematic epidemiological description of morbidities
- among migrants, refugees and asylum seekers when crossing the Mediterranean Sea.
- 22 Setting: Since 2015, Médecins sans Frontières (MSF) has conducted search and rescue activities on
- the Mediterranean Sea to save lives, provide medical services, to witness, and to speak out.

Participants: Between November 2016 and December 2019, MSF rescued 22,966 migrants, refugees
 and asylum seekers.

Primary and secondary outcome measures: We conducted retrospective data analysis of data collected between January 2016 and December 2019 as part of routine monitoring of the MSF's health care services for migrants, refugees and asylum seekers on two search and rescue vessels.

Results: MSF conducted 12,438 outpatient consultations and 853 sexual and reproductive health consultations (24.9% of female population, 853/3,420) and documented 287 consultations for Sexual and Gender Based Violence (SGBV). The most frequently diagnosed health conditions among children aged five years or older and adults were skin conditions (30.6%, 5,475/17,869), motion sickness (28.6%, 5,116/17,869), headache (15.4%, 2,748/17,869) and acute injuries (5.7%, 1,013/17,869). Of acute injuries, 44.7% were non-violence related injuries (453/1,013), 30.1% were fuel burns (297/1,013) and 25.4% were violence-related injuries (257/1,013).

Conclusion: The limited testing and diagnostics capacity of the outpatient department, space limitations, stigma and the generally short length of stay of migrants, refugees and asylum seekers on the ships, has likely led to an underestimation of morbidities including mental health conditions and SGBV. The main diagnoses on board were directly related to journey on land and sea and stay in Libya. We conclude that this population may be relatively young and healthy but displays significant journey-related illnesses and includes migrants, refugees and asylum seekers who have suffered significant violence during their transit and need urgent access to essential services and protection in a place of safety on land.

## Strengths and limitations of this study

• Unlike previous studies, we will present data from onboard outpatient consultations

(n=12,438) that were systematically offered to all rescued people on one of the largest and longest running rescue vessels on the Mediterranean Sea.

- This study will contribute to the systematic epidemiological description of morbidities among migrants, refugees and asylum seekers when crossing the Mediterranean Sea.
- Due to the limited testing and diagnoses capacity of the outpatient department, space
  limitations and the generally short length of stay of migrants, refugees and asylum seekers
  on the ship, it was not feasible to provide in-depth medical and psychological treatment and
  support, which has likely led to an underestimation of actual morbidities including mental
  health conditions and sexual and gender based violence.
- All data presented was collected as routine MSF program data, that needed to be recorded
  quickly so as not to create further delays for migrants awaiting medical care, therefore, some
  of the data was incomplete and could only be partly used for this analysis.

## Background

Since 2014, a large number of migrants, refugees and asylum has attempted to cross the Mediterranean Sea to reach Europe. Between 2014 and 2019, 1,995,651 migrants, refugees and asylum seekers arrived in Italy, Spain, Malta, Greece and Cyprus by boat (1). The total number of deaths and missing people on the central Mediterranean Sea route is unknown. UNHCR has reported 15,946 deaths and missing people between 2014 and 2020, which is likely an underestimation (2). The underestimation is due to the occurrence of invisible migrant shipwrecks that remain unreported and the number of victims unknown (3). The most frequently recorded countries of origin varied over time as well as by destination (4)(5)(6), and include Eritrea, Ethiopia, Guinea, Chad, Gambia, Ivory Coast, Libya, Mali, Nigeria, Senegal, Sudan and South Sudan (6). Many migrants, refugees and asylum seekers are fleeing protracted humanitarian emergencies in their countries of origin, embarking on long inter-regional travel prior to arriving in North Africa (5). Some migrants, refugees and asylum seekers set out to reach Europe, while others initially plan to find employment and a place to live in Libya and later might decide to travel onwards to Europe. The central Mediterranean Sea route, often via Libya to Italy, has been consistently used (1). In addition to Libya's strategic location, conflicts and instability in the country have hindered border control and created an environment where smuggling networks can flourish (5). Prior to attempting the crossing of the central Mediterranean Sea, migrants, refugees and asylum seekers often spend long periods in unofficial and official places of captivity in Libya (5). Several reports have documented unhygienic and extremely unhealthy conditions in these detention centers, characterized by overcrowding, lack of ventilation, insufficient quantities and quality of food and lacking water and sanitation facilities (7)(8). Recently, MSF published data on health conditions of migrants, refugees and asylum seekers detained in eight official detention centers where MSF has provided medical services. This report documented the dire living circumstances and adverse health effects of arbitrary detention on migrants, refugees and asylum seekers at official detention centers in Libya (9). Even prior to arriving

in Libya, many migrants, refugees and asylum seekers have experienced violence including extortion,

ill-treatment, trafficking, forced labor and sexual exploitation in their country of origin, or along the way (5). Since 2015, Médecins sans Frontières (MSF) has conducted search and rescue activities on the central Mediterranean Sea to save lives, to provide medical services, to witness, and to speak out. Between 2015 and 2018, MSF has operated the ship "Aquarius" in partnership with nongovernmental organization SOS Mediterranee. Between December 2018 and July 2019, MSF had to halt their search and rescue activities on the ship "Aquarius". In July 2019, search and rescue operations were resumed with SOS Mediterranee on the ship "Ocean Viking" (10). On these vessels, MSF has been providing outpatient medical consultations, screening and triage, referrals, sexual and reproductive health services including support for survivors of sexual and gender-based violence. MSF does not provide systematic mental health screening for migrants, refugees and asylum seekers, but psychological first aid. Treatment and diagnoses were performed by physicians and nurses based on clinical assessment and routine tests (body temperature, blood pressure, pulse oximetric, hemoglobin test, blood sugar, urine dipstick, malaria rapid test, pregnancy test). Treatment options were limited to basic wound care, oxygen and a limited number of pharmaceuticals. Any patient requiring more complex treatment needed medical evacuation. As on other search and rescue vessels, the MSF medical teams are working under constant pressure of the urgent assessment and treatment and support of hundreds of rescued persons in distress when a rescue is completed, complex logistical arrangements, and depending on the season, harsh meteorological circumstances (11)(12)(13). There have been publications on the health conditions of migrants, refugees and asylum seekers in migrant reception centers in Italy, Spain and Greece (14)(15)(16)(17). These studies show that the majority of the diagnoses at migration reception centers were dermatological, such as scabies, skins

infections and dermatitis of various origins. Respiratory infections and varicella were the most frequent infectious diseases, commonly related to the conditions experienced during the journey. Limited quantitative data is available on the health of migrants, refugees and asylum seekers while they are on search and rescue vessels (11)(13). Unlike previous studies, we will present data from onboard consultations that were systematically offered to all rescued people on one of the largest and longest running rescue vessels on the Mediterranean Sea. This study will contribute to the systematic epidemiological description of morbidities among migrants, refugees and asylum seekers when crossing the Mediterranean Sea.

## Methods

We conducted retrospective data analysis of data collected between January 2016 and December 2019 as part of the routine monitoring of the MSF's outpatient health care services for migrants, refugees and asylum seekers on two search and rescue vessels on the central Mediterranean Sea. We analyzed data that was collected on the "Aquarius" between January 2016 and December 2018 and on the "Ocean Viking" between January and December 2019.

## Study population

The study population consists of all migrants, refugees and asylum seekers who were rescued by MSF search and rescue vessels ("Aquarius" and "Ocean Viking") on the central Mediterranean Sea between January 2016 and December 2019.

## Data sources and data collection

Routine program data: The total number of migrants, refugees and asylum seekers is established and recorded by the medical team at the start of each rescue in a register. Some basic demographic information is also captured, including sex, numbers of children under five years old, unaccompanied

minors and pregnant women, and the country of origin of the migrants, refugees and asylum seekers.

Routine medical data: Clinical data collection took place as a routine medical activity. The datasets contain data from all migrants, refugees and asylum seekers who presented at the MSF outpatient department (OPD) on the search and rescue vessels with a medical complaint. The medical data collection includes the number of new and follow-up OPD consultations and sexual and reproductive health consultations, including consultations for Sexual and Gender Based Violence (SGBV). Medical evacuation and ambulatory referrals upon disembarkation were made based on case severity as assessed by the medical team and were captured in the routine medical data. The medical data bases also contain data on the diagnoses of patients seen at the OPD, aggregated per week.

## Data analysis

Following data cleaning and transfer to STATA version 16 (Stata corporation, Texas, USA), we conducted descriptive analysis of the available program and medical data. Indicators were calculated as proportions (e.g. morbidities).

## Ethical considerations

This is a retrospective analysis of routinely collected data. Therefore, it has been exempted from full ethical review by MSF Holland's research committee. The data in the utilized datasets did not contain individual identifiers. The data sets were password protected and only accessible by the first and last author.

### Patient and Public Involvement

For this study, we retrospectively analyzed aggregated routine data from the outpatient department on two search and rescue vessels. Patients were not involved in the study design or implementation.

Due to the short length of stay of patients on the search and rescue vessels, we are unable to disseminate the study findings to the patients.

### Results

## Demographic characteristics

Over the course of three years (November 2016 - December 2019), 22,966 migrants, refugees and asylum seekers were rescued by MSF's search and rescue vessels on the central Mediterranean Sea. UNHCR reported that during this same period 176,278 crossed the central Mediterranean Sea to Italy (18). Among rescued migrants, refugees and asylum seekers were 3,420 women (14.9%, 3,420/22,966). A total of 12,438 medical consultations were conducted between January 2016 and December 2019. Due to the number of rescued people and the characteristics of the intervention, the number of outpatient consultations fluctuated per month (Figure 1).

Figure 1. Number of migrants, refugees and asylum seekers rescued by MSF's search and rescue vessels on the Mediterranean Sea and number of consultations at MSF's Outpatient Department by month

Note: No rescues took place in February and July 2018 and between October 2019 and July 2019. Data on number of outpatient department consultations missing for June, 2017.

Between November 2017 and December 2019, 4,261 unaccompanied minors were rescued (18.6%, 4,261/22,966). Of the total number of rescued people, 328 were children under five (1.4%, 328/22,966). Of the female population, 2,205 women were travelling alone (59.2%, 2,205/3,420) and 346 of the rescued women were pregnant (10.1%, 346/3,420). The countries of origin of migrants, refugees and asylum seekers were Nigeria (18.0%, 4,140/22,966), followed by Eritrea (10.4%, 2,395/22,966), Guinea Conakry (8.3%, 1,916/22,966), Ivory Coast (7.2%, 1,656/22,966) and Bangladesh (6.2%, 1,432/22,966) (Table 1).

Table 1. Demographic characteristics and country of origin of migrants, refugees and asylum seekers rescue by MSF's search and rescue vessels on the Mediterranean Sea, November 2016- December 2019

	n	<b>%</b> 1
Number of rescued people	22,966	
Male	19,546	85.1
Female	3,420	14.9
Women traveling alone	2,025	59.2 <sup>2</sup>
Pregnant women	346	10.1 <sup>2</sup>
Unaccompanied minors	4,261	18.6
Children < 5 yo	328	1.4
Country of origin		
Sub-Saharan Africa		
Nigeria	4,140	18.0
Eritrea	2,395	10.4
Guinea Conakry	1,916	8.3
Ivory Coast	1,656	7.2
Sudan	1,195	5.2
Senegal	1,166	5.1
Gambia		4.9
	1,128	
Ghana	857	3.7
Cameroon	593	2.6
Somalia	436	1.9
Sierra Leone	351	1.5
Ethiopia	167	0.7
Guinea Bissau	155	0.7
Mali	129	0.6
Burkina Faso	118	0.5
Togo	102	0.4
Niger	99	0.4
South Sudan	59	0.3
Chad	49	0.2
Benin	31	0.1
Democratic Republic of Congo	9	0.0
Uganda	9	0.0
Central African Republic	4	0.0
Liberia	2	0.0
Asia		
Bangladesh	1,432	6.2
Syria	334	1.5
Pakistan	273	1.2
Palestina	41	0.2
	22	0.2
Yemen		
Iraq	5	0.0
<u>Afghanistan</u>	3	0.0
North Africa		
Egypt	199	0.9
Algeria	126	0.5
Tunesia	57	0.2
Morocco	21	0.1
Libya	18	0.1
Other / Unknown		
Other	96	0.4
Unknown	3573	15.6
oto:		

182 No

<sup>&</sup>lt;sup>1</sup>Pertentage of total number of rescued people

<sup>&</sup>lt;sup>2</sup>Percentage of total number of rescued women

Health conditions

Between January 2016 and December 2019, MSF conducted 12,438 outpatient consultations, of which 9,811 were new consultations (78.9%, 9,811/12,438). Additionally, MSF performed 143 antenatal care consultations (41.3% of self-reported female pregnant population, 143/346) and conducted 853 sexual and reproductive health consultations (24.9% of female population, 853/3,420).

In addition, MSF documented 287 consultations for SGBV, of which the vast majority (99.7%, 286/287) took place 72 hours or more after the incident occurred. Five women were recorded who were pregnant after a rape. There were eight women recorded who requested termination of pregnancy (TOP), of which six were referred upon disembarkation in Europe.

MSF organized 23 urgent medical referrals which required immediate transport to referral health facilities by fast boat or by helicopter. An additional 1,552 non-urgent medical referrals were organized who were referred to non-MSF clinics upon arrival on the mainland (Table 2).

Table 2. MSF consultations and referrals of migrants, refugees and asylum seekers on MSF's search and rescue vessels on the Mediterranean Sea, 2016-2019

N	%
12,438	<b>(</b>
9,811	78.88
211	1.70
772	6.21
334	2.69
1,310	10.53
853	6.86
143	25.04
287	2.31
1	0.35
286	99.65
5	6.58
8	1.40
6	1.05
	12,438  9,811  211  772  334  1,310  853  143  287  1  286  5

Referrals	1,575	12.66	
Urgent - Medevac (fast boat/helicopter)	23	1.46	
Not urgent (upon arrival)	1,552	98.54	

Note:

<sup>1</sup>Number of SRH and SGBV consultations recorded between May 2016 and December 2019. Percentages calculated over the total number of consultations in the same period

<sup>2</sup>Number of ANC consultations, TOP requests and TOP referrals recorded between September 2017 and December 2019.

Percentage calculated over the total number of SRH consultations in the same period

<sup>3</sup>Number of SGBV consultations that took place within and after 72 hours recorded between December 2016 and December 2019. Percentages calculated over the total number of SGBV consultations in the same period

<sup>4</sup>Number of women pregnant due to rape recorded between January 2018 and December 2019. Percentage calculated over total number of pregnant women during the same period

Among all diagnoses for children under five, 46.8% (51/109) were related to skin conditions. The most frequently diagnosed health conditions among children aged five years or older and adults were skin conditions (30.6%, 5,475/17,869), motion sickness (28.6%, 5,116/17,869), headache (15.4%, 2,748/17,869) and acute injuries (5.7%, 1,013/17,869). Of acute injuries, 44.7% were non-violence related injuries (i.e. injuries that were not caused by violence) (453/1,013), 30.1% were fuel burns (297/1,013) and 25.4% were violence-related injuries (257/1,013) (Table 3).

Table 3. Health conditions of migrants, refugees and asylum seekers on MSF's search and rescue vessels on the Mediterranean Sea, 2016-2019: MSF outpatient department consultations

Diagnosis	<5	years	≥5 y	ears	Total	Proportional	
	Male Female		Male Female			morbidity (%)	
Acute injuries	4	0	834	179	1,017	5.66	
Fuel burn	0	0	212	85	297	1.65	
Non-violence related injury	3	0	399	54	456	2.54	
Resuscitation	1	0	3	3	7	0.04	
Violence-related injury	0	0	220	37	257	1.43	
Chronic diseases	0	0	58	13	71	0.39	
Dehydration	2	1	503	35	541	3.01	
Hypothermia	0	2	153	22	177	0.98	
Infectious diseases	8	8	740	101	857	4.77	
Acute bloody diarrhea	0	0	30	6	36	0.20	
Acute flaccid paralysis	0	0	0	0	0	0.00	
Acute lower respiratory tract infection	1	1	58	10	70	0.39	
Acute upper respiratory tract infection	6	6	373	41	426	2.37	
Acute watery diarrhea	1	1	194	26	222	1.23	
Malaria (confirmed)	0	0	2	1	3	0.02	
Measles (suspected)	0	0	0	0	0	0.00	
Meningitis (suspected)	0	0	0	0	0	0.00	

Total	55	54	14,509	3,360	17,978	100
Sexual violence	0	0	30	452	482	2.68
Severe acute malnutrition	0	0	7	2	9	0.05
Other	10	9	435	118	572	3.18
Eye infection	1	1	73	15	90	0.50
Urinary tract infection	0	0	28	21	49	0.27
Headache	0	0	2,363	385	2,748	15.29
Fever without identified cause	4	3	80	19	106	0.59
Anaemia	0	0	8	3	11	0.06
Other conditions	15	13	2,987	561	3,576	19.89
Motion sickness	2	3	4,344	772	5,121	28.48
Severe Psychiatric Disorders	0	0	5	1	6	0.03
Common Psychiatric Disorders	0	0	9	11	20	0.11
Mental health	0	0	14	12	26	0.14
Skin infection	3	0	179	5	187	1.04
Skin disease	14	18	3,259	421	3,712	20.65
Scabies	7	9	1,401	210	1,627	9.05
Skin conditions	24	27	4,839	636	5,526	30.74
Pregnancy related	0	0	0	482	482	2.68
Gynecological disease	0	0	0	93	93	0.52
Gynecological conditions	0	0	0	575	575	3.20
Typhoid fever	0	0	0	0	0	0.00
Tuberculosis (suspected)	0	0	32	4	36	0.20
Sexually transmitted infection	0	0	51	13	64	0.36

Note:

<sup>1</sup>Number of times disease or condition was diagnosed at the outpatient department between January 2016 and December 2019. The total number of diagnoses exceeds the total number of consultations due to staff turnover that lead to variation in procedures, documentation and measurements. For example, for some months the deck management of motion sickness, headache and deck inspection of scabies were included in the OPD consultations, while other months they were excluded from the total OPD consultation counts.

#### Sexual and Gender Based Violence

MSF documented a total of 482 consultations for Sexual and Gender Based Violence (SGBV), of which 30 were for male and 452 were for female survivors (Table 3). Of the 482 consultations for SGBV, 95 were first consultations for rape specifically in 2018 (78) and 2019 (17). Of these first consultations, 99% (94/95) took place more than 72 hours after the incident. The majority of survivors were female (91.6%, 87/95) and 15 years or older (99%, 94/95). Most survivors of rape came from Nigeria (36.8%, 35/95), followed by Cameroon (21.1%, 20/95) and Ivory Coast (19%, 18/95) (Table 4).

Table 4. Consultations for rape of migrants, refugees and asylum seekers on MSF's search and rescue vessels on the Mediterranean Sea, 2018-2019

	2018		2	2019	Total		
	N	%	n	%	n	%	
Number of first	78		17		95		
consultations for rape							
Time since incident							
<72 hours	1	1.28	0	0	1	1.05	
>72 hours	77	98.72	17	1.00	94	98.9	
Age							
<5 yo	0	0	0	0	0	(	
5-14 yo	1	1.28	0	0	1	1.05	
≥15	77	98.72	17	1.00	94	98.95	
Gender							
Female	71	91.03	16	0.94	87	91.58	
Male	7	8.97	1	0.06	8	8.42	
Country of origin							
Cameroon	15	19.23	5	29.41	20	21.05	
Eritrea	2	2.56	0	0	2	2.1.	
Ghana	1	1.28	0	0	1	1.0	
Guinea Conakry	1	1.28	0	0	1	1.05	
Ivory Coast	13	16.67	5	29.41	18	18.9	
Liberia	1	1.28	0	0	1	1.0	
Mali	1	1.28	0	0	1	1.0	
Morocco	3	3.85	0	0	3	3.10	
Nigeria	31	39.74	4	23.53	35	36.8	
Senegal	1	1.28	0	0	1	1.0	
Sierra Leone	5	6.41	1	5.88	6	6.32	
Somalia	3	3.85	2	11.76	5	5.2	
Sudan	1	1.28	0	0	1	1.0	

#### Mortality on board

Between January 2016 and December 2019 five deaths occurred on MSF's search and rescue vessels. Probable causes of death included compressive asphyxiation due to human crushes and stampedes on the wooden boats or dinghies or while getting on the boat, and severe hypothermia. In addition to these five deaths, the search and rescue vessels frequently onboarded people who had already died on their journey prior to reaching the MSF vessels.

### Discussion

We were able to present data from onboard consultations that were systematically offered to all 22,966 rescued people on one of the largest and longest running rescue vessels on the Mediterranean Sea. Over the course of three years (November 2016 - December 2019). The number of rescues varied per month due to the constantly changing 'search and rescue landscape', including restrictions on search and rescue activities of NGOs and the increased involvement of the Libyan Coast Guard (LCG) in rescues, returning large numbers of migrants, refugees and asylum seekers to Libya (19)(20). Additionally, the number of migrants, refugees and asylum seekers attempting to make the crossing also fluctuated per month depending on weather conditions (20). Between January 2016 and December 2019, MSF conducted 12,438 outpatient consultations. MSF situational reports showed that the length of stay of migrants, refugees and asylum seekers on the search and rescue vessels varied, with increasingly long standoffs on sea in 2019. At times, the ship needed to stay off-coast for weeks with rescued people onboard whilst waiting to be assigned a place of safety for disembarkation. This had a direct impact on the volume of OPD consultations and medical and psychological complaints, as crowded living conditions and confined spaces onboard were causing discomfort and rescued people needed multiple consultations while awaiting nonurgent referrals. Women represented 14.9% of the rescued migrants, refugees and asylum seekers. While this percentage is lower than the percentage of women seeking asylum in the European Union, the demographic breakdown was similar on other search and rescue vessels on the central Mediterranean route (13)(21). The percentage of children under five and unaccompanied minors was also lower than expected compared to the percentages seeking asylum in the European Union. The

central Mediterranean route is considered relatively difficult and might be less often attempted by

women and children. Moreover, in critical rescues, which occur frequently on this part of the sea, there is oftentimes much loss of life which impacts women and children disproportionately (2). The high proportional morbidity of skin conditions has been noted on other search and rescue vessels as well, frequently with superinfection (13)(14). Scabies is typically associated with long permanence in conditions of poor hygiene, crowd, poverty and detentions (22)(23)(24). Therefore, the high burden of skin conditions among migrants, refugees and asylum seekers included in this study, like scabies, could be linked to the living conditions on the migrants' journey and while they are in Libya (9). Almost 6% of the diagnoses on board (n=1,017) were fuel burn wounds, violent and non-violent trauma. Similar chemical burns due to benzene were found on other search and rescue vessels, due to the mixture of salt water with fuel that is often spilled inside the boats and stays attached to the clothing and body, causing deep burns due to prolonged skin contact (13)(25). Women appear to be disproportionately affected by fuel burn wounds. An explanation could be that women often sit in the middle of the boat to be protected from the waves as they often cannot swim. If there is any fuel leakage, this often accumulates in the middle of the boat where the women sit. Some non-violent injuries may have been sustained on the dinghies or during the rescue operations. The long journey to Libya and often prolonged stay in Libya, during which people on the move often face and exploitation, contributed to the violence-related injuries that were diagnosed. Non-communicable diseases (NCD) only made up for 0.4% of all diagnoses. Similarly, complications from NCDs were identified in 0.7% of migrants, refugees and asylum seekers on the search and rescue vessel of NGO Open Arms on the Mediterranean Sea (n=4,516)(13). The lack of testing equipment, the short length of stay and the prioritization of urgent medical care on the rescue

vessels could lead to an underestimation of NCDs in rescued people. The young age and initially

relatively good health of migrants that take the central Mediterranean route could also play a role.

Time and space constraints on board make it not feasible or desirable to conduct systematic mental health screening on board. Only self-reported mental health complaints were recorded at the outpatient clinic. Migrant reception centers and health facilities in Europe that are implementing mental health services have found a high burden of mental health conditions (26)(15)(27). Similar mental health conditions following trauma have been seen along other migratory routes, such as the western Balkan corridor to Northern Europe. A study showed that nearly one-in-three migrants seen at MSF mental health clinics experienced physical or psychological trauma along their journey, many of which reporting anxiety and mental trauma (28). Considering the treacherous journey that the migrants, refugees and asylum seekers will have had to endure, including the attempt to cross on oftentimes overcrowded dinghies or wooden boats with lacking hygiene conditions and food and water availability, and in combination with underlying trauma, the psychological first aid offered by MSF is essential. Especially with the increasingly longer stand offs on sea, keeping migrants, refugees and asylum seekers on board of the search and rescue vessels for weeks. However, the limitations of space, capacity and lack of interpreters, as also noted on search and rescue vessels in Greece, will continue hinder the medical team's ability to provide more in-depth mental health support on the ships (25)(29).

Out of the 482 SGBV consultations, there were 95 first consultations specifically for rape. The MSF medical team attempted to have systematic consultations with all rescued women and carefully ask about SGBV and any support they may need. However, this was difficult to implement due to space and time constraints and the hesitance of SGBV survivors to speak out due to fear of stigmatization. Only 30 consultations were conducted for male survivors of SGBV in general, of which seven consultations were conducted for male survivors of rape specifically, which is a likely underestimation of the true number of male survivors. Additional male survivors of SGBV have been identified by non-medical staff on board, and is confirmed by testimonies given by rescued people, but they refused medical consultation and were therefore not included in the analysis.

#### Limitations

The need for services was high and onboard staff were often overwhelmed with sudden influxes of rescued people. This impacted the ability of the medical team to collect accurate data and properly document diagnoses and demographic characteristics. Therefore, we do not have reliable population counts, which could be used as denominators for the calculation of disease incidence or assess whether the length of stay had an effect on the number of OPD consultations or diagnosed morbidities.

Due to the limited testing and diagnoses capacity of the outpatient department, space limitations and the generally short length of stay of migrants, refugees and asylum seekers on the ship, it was not feasible to provide in-depth medical and psychological treatment and support, which has likely led to an underestimation of actual morbidities including mental health conditions and SGBV.

All data presented was collected as routine MSF program data, that needed to be recorded quickly so as not to create further delays for migrants awaiting medical care. Therefore, some of the data was incomplete and could only be partly used for this analysis. While case definitions stayed the same throughout the observation period, staff turnover lead to variation in procedures, documentation and measurements. For example, for some months the deck management of motion sickness, headache and deck inspection of scabies were included in the OPD consultations, while other months they were excluded from the total OPD consultation counts. The recording of skin diseases, skin infections and scabies also varied over time, which resulted in three diagnosis categories that are difficult to disentangle retrospectively.

# 336 Conclusion

MSF's access to the rescue areas in the central Mediterranean Sea has varied over the past three years and has been unpredictable. In line with findings from other studies of morbidities on search and rescue vessels, the main diagnoses on board where MSF teams have operated were non-severe

and directly related to the migration journey on the boat and previously on the way to and in Libya such as overcrowding, lack of drinking and washing water, extreme sun exposure, heat or cold.

Approximately 1/3 of total diagnosis were scabies, 1/3 motion sickness and 1/6 headache. However, of the diseases on board, we also identified potentially severe conditions related to the journey in about 10% of the population, namely dehydration, hypothermia and acute injuries. Additionally, we identified survivors of sexual and gender-based violence and violence-related injuries, which most likely are only the top of the iceberg. The number of diagnoses of infectious diseases was very low compared to other diagnoses (13)(14)(15). We conclude that this population may be relatively young and healthy but displays significant journey-related illnesses and includes migrants, refugees and asylum seekers who have suffered significant violence during their transit and need urgent and direct access to essential services and protection in a place of safety on land.

## Contributorship statement

AF, GH and RK were responsible for data acquisition. EVB and AK conceptualized the study. EVB was responsible for the data analysis. EVB and AK drafted the first version of the manuscript. EVB, AK, AF, GH, RK, IA, TT and HH were responsible for data interpretation. EVB, AK, AF, GH, RK, IA, TT and HH reviewed and contributed to the final version of the manuscript.

## Competing interests

There are no competing interests to declare

### 359 Funding

There is no funding to report for this submission.

### Data sharing agreement

Data are available upon reasonable request

### Ethics statement

- 364 This research fulfilled the exemption criteria set by the Médecins Sans Frontières Ethics Review
- 365 Board for a posteriori analyses of routinely collected clinical data and thus did not require MSF ERB
- 366 review. It was conducted with permission from Melissa McRae, Medical Director, Operational Centre
- 367 Amsterdam, Médecins Sans Frontières.

## Acknowledgements

- Our deepest gratitude and respect goes to the teams that provide support to migrants, refugees and
- asylum seekers on search and rescue vessels and beyond every day.

## 371 Figure legends

- 372 Figure 1. Number of migrants, refugees and asylum seekers rescued by MSF's search and rescue
- vessels on the Mediterranean Sea and number of consultations at MSF's Outpatient Department by
- 374 month

- 375 Blue: number of rescued males
- 376 Grey: number of rescued females
- 377 Red: number of outpatient department consultations

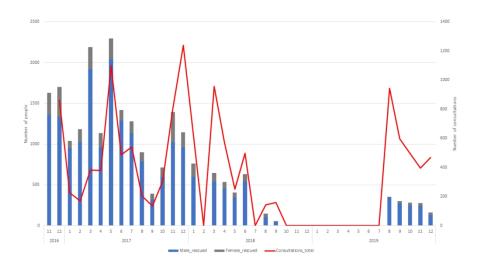
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338x190mm (96 x 96 DPI)

# STROBE Statement—checklist of items that should be included in reports of observational studies

	Item No	Recommendation
Title and abstract	1	(a) Indicate the study's design with a commonly used term in the title or the abstract
		Line 1-3
		(b) Provide in the abstract an informative and balanced summary of what was done and
		what was found Line 20-44
Introduction		
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported  Line 107-117
Objectives	3	State specific objectives, including any prespecified hypotheses Line 112-117
Methods		
Study design	4	Present key elements of study design early in the paper Line 119-123
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment,
S		exposure, follow-up, and data collection Line 124-141
Participants	6	(a) Cohort study—Give the eligibility criteria, and the sources and methods of selection
•		of participants. Describe methods of follow-up
		Case-control study—Give the eligibility criteria, and the sources and methods of case
		ascertainment and control selection. Give the rationale for the choice of cases and
		controls
		Cross-sectional study—Give the eligibility criteria, and the sources and methods of
		selection of participants
		Line 124-127
		(b) Cohort study—For matched studies, give matching criteria and number of exposed
		and unexposed
		Case-control study—For matched studies, give matching criteria and the number of
		controls per case
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect
		modifiers. Give diagnostic criteria, if applicable
		Line 128-141
Data sources/	8*	For each variable of interest, give sources of data and details of methods of assessment
measurement		(measurement). Describe comparability of assessment methods if there is more than
		one group
		Line 128-141
Bias	9	Describe any efforts to address potential sources of bias
		We discussed this in the limitations session and identified that there were potentially
		different documentation styles of MSF staff, and that it is possible that certain
		conditions were less likely to be recorded.
Study size	10	Explain how the study size was arrived at
		N/A – retrospective analysis of routine medical program data
Quantitative	11	Explain how quantitative variables were handled in the analyses. If applicable, describe
variables		which groupings were chosen and why
		We calculated proportions of all variables and did not group any variables.
Statistical methods	12	(a) Describe all
		statistical methods, including those used to control for confounding
		N/A

(b) Describe any methods used to examine subgroups and interactions

Only descriptive epidemiological methods were used.

(c) Explain how

missing data were addressed

(d) Cohort study—If applicable, explain how loss to follow-up was addressed

Case-control study—If applicable, explain how matching of cases and controls was addressed

Cross-sectional study—If applicable, describe analytical methods taking account of sampling strategy

NA

(e) Describe any sensitivity analyses

Line 142-145

See footnotes to Tables

Continued on next page

Results		
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed
		Line 158-165
		(b) Give reasons for non-participation at each stage
		(c) Consider use of a flow diagram
Descriptive	14*	(a) Give characteristics of
data		study participants (eg demographic, clinical, social) and information on exposures and potential confounders
		Line 158-165
		(b) Indicate number of
		participants with missing data for each variable of interest
		N/A  (a) Cohort study. Summarise fellow up time (or, everege and total amount)
Outcome data	15*	(c) Cohort study—Summarise follow-up time (eg, average and total amount)
Outcome data	13.	Cohort study—Report numbers of outcome events or summary measures over time  Case-control study—Report numbers in each exposure category, or summary measures of
		exposure  Cross-sectional study—Report numbers of outcome events or summary measures
		Line 187-242
Main results	16	(a) Give unadjusted estimates
iviam results	10	and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they
		were included
		N/A
		(b) Report category boundarie
		when continuous variables were categorized
		N/A
		(c) If relevant, consider
		translating estimates of relative risk into absolute risk for a meaningful time period N/A
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity
Other analyses	1 /	analyses
		N/A
Discussion		
Key results	18	Summarise key results with reference to study objectives
,		Line 243-315
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision.
		Discuss both direction and magnitude of any potential bias
		Line 316-335
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity
-		of analyses, results from similar studies, and other relevant evidence
		Line 243-315
Generalisability	21	Discuss the generalisability (external validity) of the study results
5		

#### Other information

Funding

22 Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based
Line 358

\*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

**Note:** An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at www.strobe-statement.org.