Supplementary information file

Improving smoking cessation after myocardial infarction by systematically implementing evidence-based treatment methods

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	CR nurses	Patients are	Varenicline is	Varenicline is	Smoking patients are	We strive for continuity
	counsel	offered NRT	initiated before	prescribed during	contacted by	in patient-nurse contact
	patients during	during	discharge	follow-up	telephone during 1st	throughout follow-up
	admission	admission			week post discharge	
Malmö						
Örebro						
Trelleborg						
Jönköping						
Värnamo						
Eksjö						

CR, cardiac rehabilitation; NRT, nicotine replacement therapy. Orange = New routine; yellow = partly new routine; green = already implemented.

Supplementary Table S2. Inclusion time frames and number of patients for the reference vs implementation periods at each participating hospital.

		Reference period				Implementation period			
Hospital	Start date	Stop date	Total number	n (%)	Start date	Stop date	Total number	n (%)	
			of MI patients	current smokers			of MI patients	current smokers	
Malmö	22-07-17	22-09-18	311	105 (34)	22-10-18	22-12-19	327	128 (39)	
Örebro	07-12-17	07-12-18	152	44 (29)	07-01-19	07-01-20	145	41 (28)	
Trelleborg	01-06-18	01-03-19	46	17 (37)	01-04-19	01-01-20	63	16 (25)	
Jönköping	23-08-18	23-12-18	46	10 (22)	23-08-19	23-12-19	53	2 (4)	
Värnamo	01-09-18	31-12-18	23	2 (9)	01-09-19	31-12-19	26	5 (19)	
Eksjö	01-09-18	31-12-18	23	10 (43)	01-09-19	31-12-19	18	3 (17)	
All			601	188 (31)			632	195 (31)	

MI, myocardial infarction.

Supplementary Table S3. Odds ratios for smoking abstinence at 2-months post-MI for patients exposed to each routine, with patients from both periods (reference and implementation) included.

		Crude		Adjusted*	
Routine	n=338 (yes/no/missing)	OR [95% CI]	p	OR (95% CI)	p
Counselling during hospital admission	98/237/3	2.49 [1.48-4.19]	0.001	2.53 [1.39-4.63]	0.003
Contact during the 1st week post-discharge	36/296/6	3.71 [1.50-9.17]	0.005	3.60 [1.41-9.19]	0.007
Prescription of varenicline at discharge or during follow-up	54/280/2	0.62 [0.34-1.11]	0.108	0.59 [0.32-1.10]	0.098
Prescription of NRT at discharge or during follow-up	69/265/2	0.58 [0.34-0.99]	0.045	0.49 [0.28-0.87]	0.014
Continuity in nurse-patient care**	212/126/0	1.59 [1.02-2.49]	0.04	1.63 [1.02-2.61]	0.043

Crude and adjusted odds ratios are shown. Patients exposed are compared to those not exposed. OR, odds ratio; CI, confidence interval; NRT, nicotine replacement therapy. *Adjusted for age (year), gender (male/female), size of hospital (small, medium, large), length of hospital stay (days), whether the patient was discharged during the weekend or during holidays (yes/no), and period of study (reference/implementation. **At least two-thirds of nurse-patient contacts (physical visits/telephone) with same nurse.