

No. of studies	Risk of bias in individual studies	Inconsistency	Indirectness	Imprecision	Publication bias	Housing effect result summary	Quality
mortality data (25)	serious risk of bias	no serious inconsistency	no serious indirectness	no serious imprecision	undetected	hazard ratio = 1.48 95% CI = 1.25-1.74 p < 0.0001	High
disease data (157)	serious risk of bias	no serious inconsistency	no serious indirectness	no serious imprecision	detected	SMD = 0.73 95% CI = 0.63-0.84 p < 0.0001	High