

<b>cancer</b>	SMD = 0.79, 95%CI = 0.62-0.97, z = 8.87, p < 0.0001
<b>cardiovascular disease</b>	SMD = 0.91, 95%CI = 0.56-1.27, z = 5.04, p < 0.0001
<b>stroke</b>	SMD = 0.92, 95%CI = 0.64-1.20, z = 6.39, p < 0.0001
<b>anxiety</b>	SMD = 1.06, 95%CI = 0.71-1.42, z = 5.89, p < 0.0001
<b>depression</b>	SMD = 1.67, 95%CI = 1.36-1.98, z = 10.70, p < 0.0001
<b>hazard ratios</b>	hazard ratio = 1.61, 95%CI = 1.31-1.97, z = 4.59, p < 0.0001
<b>median survival</b>	ROM = 0.92, 95%CI = 0.89-0.96, z = -4.36, p < 0.0001