

Supp.2 Changes in work style and changes in HbA1c

			HbA1c							Tukey-Kramer test (about delta)						
	Before the declaration	After the declaration	n	before		after		delta		p (A vs B)	p (A vs C)	p (A vs D)	p (B vs C)	p (B vs D)	p (C vs D)	
				mean	sd	mean	sd	mean	sd							
Telecommuting (working from home)	A	Applicable	Applicable	123	7.23	0.96	7.02	0.85	-0.21	0.60	0.989	0.994	0.934	0.995	0.958	0.651
	B	Applicable	Not applicable	9	7.29	0.90	7.16	0.75	-0.13	0.28						
	C	Not applicable	Applicable	310	7.24	0.98	7.05	0.93	-0.19	0.64						
	D	Not applicable	Not applicable	360	7.35	1.00	7.10	0.86	-0.25	0.75						
Commuting (working outside the home)	A	Applicable	Applicable	595	7.31	1.03	7.09	0.92	-0.22	0.73	0.991	0.862	0.960	0.914	0.997	0.948
	B	Applicable	Not applicable	116	7.20	0.87	7.00	0.82	-0.20	0.55						
	C	Not applicable	Applicable	12	7.09	0.84	7.03	0.94	-0.07	0.48						
	D	Not applicable	Not applicable	79	7.21	0.81	7.03	0.69	-0.18	0.56						