

The Bidirectional Link Between Sleep Disturbances and Traumatic Brain Injury Symptoms: A Role for Glymphatic Dysfunction?

Supplemental Information

Supplementary Table S1. Classification of TBI severity.*

Criteria	Mild	Moderate	Severe
Structural Imaging	Normal	Normal or abnormal	
Loss of Consciousness	0-30 min	>30 min and < 24 hours	>24 hours
Alteration of consciousness/mental state	Up to 24 hours	>24 hours; severity based on other criteria	
Posttraumatic amnesia	0-1 day	>1 and <7 days	>7 days
Glasgow Coma Scale (GCS) (best available score in first 24 hours)	13-15	9-12	<9

* Adapted from the VA/DoD Clinical Practice guideline for the Management of Concussion-mild Traumatic Brain Injury (1).

1. (2009): VA/DoD Clinical Practice Guideline for Management of Concussion/Mild Traumatic Brain Injury. *Journal of rehabilitation research and development*. 46:Cp1-68.