1 Supplementary figure legends

Supplementary Figure 1. Stress-related response distributions. (a-d, e-h, i-l) Distributions of responses to emotional distress questions among all respondents. Red circles represent response means.

 $4 \qquad (m, n, o) \ Zoomed-in \ view \ of the \ response \ means \ shown \ in \ panels \ a-d \ (m), \ e-h \ (n), \ i-l \ (o).$

5 Supplementary Figure 2. Categorizing stress-related questions using factor analysis. (a) Factor 6 loadings of individual participants' first stress-related responses onto the three main factors inferred 7 using factor analysis. (b) Correlation matrix showing the correlation between each pair of questions. 8 The block diagonal structure demonstrates the division into question subsets. To visualize the 9 correlation more clearly, the ordering of the responses of two questions (marked with an asterisk in the 10 figure) was reversed (i.e., 'Not at all' = '5' and 'Very largely' = 1) during this analysis, to match the 11 "valence" of the other questions: "To what extent did you feel confident in dealing with your personal 12 problems" and "To what extent did you feel things are under your control".

Supplementary Figure 3. Association between gender and stress-related symptoms and coping strategies. Left: Table includes the number of positive and negative answers for women and men, as well as the p-values for the association between gender and each stress-related symptom and coping strategy. Right: Odds Ratio and 95% confidence intervals for female *vs.* male responses on each

17 variable.

Supplementary Figure 4. Association between age and stress-related symptoms and coping strategies. Left: Table includes the number of positive and negative answers, as well as the p-values for the association between age and each stress-related symptom and coping strategy. Right: Mann-Whitney U and 95% confidence intervals for each variable.

Supplementary Figure 5. Association between city socioeconomic status and stress-related symptoms and coping strategies. Left: Table includes the number of positive and negative answers, as well as the p-values for the association between socioeconomic status and each stress-related symptom and coping strategy. Right: Mann-Whitney U statistic and 95% confidence intervals for each variable.

Supplementary Figure 6. Response distributions for each employment status subgroup. (a-e) Left:
response distributions and means for each of the four work-status subgroups. Right: Zoomed-in views
of the four mean responses are shown for clearer comparison.

30

Supp. Figure 1



Frequency of response

a.



b. I felt irritated		0.4953	0.6852	0.5115	0.3812	0.4293	0.3525	0.3522	0.3856	0.1744	0.2772	0.3259	0.2666	0.1553	0.24	0.07515	0.0723		
I felt hopeless	0.4953		0.5483		0.4884	0.4514	0.4817	0.3945	0.4479	0.2342	0.3507	0.3958	0.3094	0.1249	0.1893	0.1503	0.135		
I felt tired and restless	0.6852	0.5483			0.4134	0.4941	0.4127	0.3991	0.4224	0.1986	0.3125	0.3586	0.291	0.154	0.2415	0.08103	0.09311	10	.6
I felt scared or anxious			0.5588		0.4233	0.4181	0.3766	0.3487	0.3497	0.1931	0.2784	0.3585	0.2829	0.2948	0.307	0.07024	0.1156		
I felt so depressed that nothing could cheer me up	0.3812	0.4884	0.4134	0.4233		0.4551	0.4513	0.4191	0.3279	0.1775	0.2594	0.4415	0.2308	0.09162	0.1352	0.0685	0.07	0).5
I felt that every task takes so much energy	0.4293	0.4514	0.4941	0.4181	0.4551		0.4953	0.4069	0.4006	0.2019	0.2947	0.4078	0.2809	0.1205	0.1725	0.08098	0.09185		
I felt worthless	0.3525	0.4817	0.4127	0.3766	0.4513	0.4953		0.4721	0.396	0.207	0.3016	0.3781	0.2519	0.06541	0.1254	0.07649	0.07	- 0	1.4 2
I felt lonely	0.3522	0.3945	0.3991	0.3487	0.4191	0.4069	0.4721		0.3529	0.1841	0.2924	0.3233	0.2226	0.1082	0.155	0.06848	0.07054		SR
To what extent did you feel unable to deal with important things in your life?	0.3856	0.4479	0.4224	0.3497	0.3279	0.4006	0.396	0.3529		0.1659	0.3517	0.4202	0.2661	0.1249	0.1971	0.1424	0.1074	0	an ²
To what extent did you feel confident in dealing with your personal problems?*	0.1744	0.2342	0.1986	0.1931	0.1775	0.2019	0.207	0.1841	0.1659		0.5146	0.151	0.1426	0.004119	0.02454	-0.01893	0.006118		arm
To what extent did you feel things are under your control?*	0.2772	0.3507	0.3125	0.2784	0.2594	0.2947	0.3016	0.2924	0.3517	0.5146		0.2496	0.2136	0.04847	0.1023	0.03884	0.03606		be
o what extent did you feel that you couldn't cope with the challenges facing you?	0.3259	0.3958	0.3586	0.3585	0.4415	0.4078	0.3781	0.3233	0.4202	0.151	0.2496		0.2724	0.06873	0.1444	0.09056	0.1028		1.2 0
I am worried about my financial situation	0.2666	0.3094	0.291	0.2829	0.2308	0.2809	0.2519	0.2226	0.2661	0.1426	0.2136	0.2724		0.1558	0.2348	0.1516	0.1643		
I am worried about contracting the coronavirus	0.1553	0.1249	0.154	0.2948	0.09162	0.1205	0.06541	0.1082	0.1249	0.004119	0.04847	0.06873	0.1558		0.6104	0.07795	0.1555	- 0	J.1
I am worried about people close to me contracting the coronavirus	0.24	0.1893	0.2415	0.307	0.1352	0.1725	0.1254	0.155	0.1971	0.02454	0.1023	0.1444	0.2348	0.6104		0.1425	0.1971		
I am worried about the situation in Israel	0.07515	0.1503	0.08103	0.07024	0.0685	0.08098	0.07649	0.06848	0.1424	-0.01893	0.03884	0.09056	0.1516	0.07795	0.1425		0.5459	-0	1
I am worried about the situation around the world	0.0723	0.135	0.09311	0.1156	0.07	0.09185	0.07	0.07054	0.1074	0.006118	0.03606	0.1028	0.1643	0.1555	0.1971	0.5459			VaN
, fett ^{uri} , te	tated I feit hop I feit the t so depre	eless red and re (felts) ssed that f	stless area or a othing col that even that even at a color and a	you feel with the top of top of the top of	able to de able to de to feel con	eneres 1 fett wort a with inn hdent in d hdent in d o what ext	iness felt portant th ealing with ealing with ealing with real that V	nesin your nesin your nesin your person urfeel thing our couldn't	to the second problem of the second problem	erns?* ervour con the challe worried at an worrie ried about	rroi?* nessiacin pour nv iv d about cr people cir	e vou? ancial situ ntractine fan fan tan	ation the corona ontractine worried at	bout the st	aurus Juston in L Ituation ar	srael ound they	orid		

Did no	t D	id		
report	rep	ort		1
F N	1 F	М	P-val	
1776 17:	11 749	501	7.26e-07	Trouble sleeping
2279 206	59 246	143	0.00063	Increased appetite
2376 213	33 149	79	0.00263	Increased heartrate
2410 213	31 115	81	0.86604	Loss of appetite
2434 215	55 91	57	0.49598	Difficulty breathing
2455 217	74 70	38	0.24794	Increased sweating
907 81	1 1618	1401	0.99999	I tried to accept the situation and learn to live with it
1252 119	93 1273	1019	0.04344	l exercised, did yoga or meditated
1472 134	46 1053	866	0.69043	I searched for information regarding the situation
2079 205	54 446	158	< 1e-10	I contacted a family member or friend for support
2150 200	375	204	4.48e-08	I drew strength from my pets
2275 200	05 250	207	0.99999	I drew strength from belief in God
2367 209	94 158	118	0.95894	I used alcohol or cigarettes in order to relax
2391 212	21 134	91	0.57504	l used a prescription drug to relax
2443 217	72 82	40	0.02569	I contacted a professional for support

Did not report	Did report	P-val		Effect size & 95% CI
3479	1249	5.71e-08	Trouble sleeping	
4338	390	2.52e-06	Increased appetite	
4500	228	1.10e-06	Increased heartrate	
4532	196	< 1e-10	Loss of appetite	
4580	148	0.08536	Difficulty breathing	
4620	108	2.68e-05	Increased sweating	
1718	3010	0.50062	I tried to accept the situation and learn to live with it	
2442	2286	< 1e-10	l exercised, did yoga or meditated	
2812	1916	0.13584	I searched for information regarding the situation	
4125	603	< 1e-10	I contacted a family member or friend for support	
4152	576	5.64e-08	I drew strength from my pets	
4272	456	< 1e-10	I drew strength from belief in God	
4452	276	< 1e-10	I used alcohol or cigarettes in order to relax	
4503	225	> 1-1e-10	l used a prescription drug to relax	
4606	122	< 1e-10	I contacted a professional for support	
				0.2 0.3 0.4 0.5 0.6

Mann-Whitney U

Did not	Did	P-val		Effect size & 95% Cl
2982	1106	0.92715	Trouble sleeping	
3756	332	> 1-1e-10	Increased appetite	
3880	208	0.99995	Increased heartrate	
3901	187	0.19977	Loss of appetite	
3954	134	0.037233	Difficulty breathing	
3990	98	> 1-1e-10	Increased sweating	
1450	2638	0.9998	I tried to accept the situation and learn to live with it	
2130	1958	0.00125	I exercised, did yoga or meditated	
2406	1682	0.99992	I searched for information regarding the situation	
3553	535	0.00509	I contacted a family member or friend for support	
3600	488	0.06136	I drew strength from my pets	
3686	402	< 1e-10	l drew strength from belief in God	
3830	258	0.97593	I used alcohol or cigarettes in order to relax	
3885	203	0.38714	l used a prescription drug to relax	
3977	111	> 1-1e-10	l contacted a professional for support	
			0	I I

Supp. Figure 6

a.

FA 1: Emotional distress



Frequency of response