

Supplemental Table. Results of tipping point analysis.

Time 2 Results		CBTi (n=56; n missing = 20)					Control (n=54; n missing = 7)								
offset	M	M*	- 95%	CI -	SD	M	M*	- 95%	CI -	SD	t	df	p	ES	
CAPS															
0	57.23	53.15	49.39	56.91	20.23	59.03	63.26	59.58	66.95	18.95	-3.61	1	0.0003	-0.507	
2.0	57.95	53.86	50.09	57.63	20.28	59.03	63.27	59.57	66.96	18.95	-3.35	1	0.0008	-0.471	
4.0	58.66	54.57	50.79	58.35	20.37	59.03	63.27	59.56	66.98	18.95	-3.08	1	0.0020	-0.435	
6.0	59.37	55.29	51.48	59.09	20.50	59.03	63.27	59.54	67.00	18.95	-2.81	1	0.0049	-0.398	
8.0	60.09	56.00	52.16	59.83	20.68	59.03	63.27	59.51	67.04	18.95	-2.54	1	0.0110	-0.361	
10.0	60.80	56.71	52.84	60.58	20.90	59.03	63.28	59.47	67.08	18.95	-2.27	1	0.0232	-0.323	
12.0	61.52	57.42	53.50	61.34	21.17	59.03	63.28	59.42	67.14	18.95	-2.00	1	0.0455	-0.286	
12.2	61.59	57.49	53.57	61.42	21.20	59.03	63.28	59.41	67.14	18.95	-1.97	1	0.0485	-0.283	
12.4	61.66	57.57	53.63	61.50	21.23	59.03	63.28	59.41	67.15	18.95	-1.95	1	0.0516	-0.279	
13.0	61.87	57.78	53.83	61.73	21.32	59.03	63.28	59.39	67.16	18.95	-1.87	1	0.0621	-0.268	
14.0	62.23	58.14	54.16	62.11	21.47	59.03	63.28	59.36	67.20	18.95	-1.73	1	0.0832	-0.250	
14.6	62.45	58.35	54.35	62.34	21.57	59.03	63.28	59.35	67.22	18.95	-1.65	1	0.0983	-0.239	
14.8	62.52	58.42	54.42	62.42	21.61	59.03	63.28	59.34	67.22	18.95	-1.63	1	0.1038	-0.235	
15.0	62.59	58.49	54.48	62.50	21.64	59.03	63.28	59.33	67.23	18.95	-1.60	1	0.1095	-0.231	
CAPS (without sleep items)															
0	51.10	47.12	43.51	49.59	19.32	52.25	56.38	52.83	59.93	18.56	-3.43	1	0.0006	-0.481	
2.0	51.82	47.83	44.22	51.44	19.35	52.25	56.39	52.83	59.94	18.56	-3.16	1	0.0016	-0.444	
4.0	52.53	48.54	44.92	52.17	19.44	52.25	56.39	52.82	59.95	18.56	-2.89	1	0.0038	-0.406	
6.0	53.25	49.25	45.61	52.90	19.57	52.25	56.39	52.80	59.98	18.56	-2.62	1	0.0089	-0.368	
8.0	53.96	49.96	46.29	53.64	19.75	52.25	56.39	52.77	60.01	18.56	-2.34	1	0.0195	-0.330	
10.0	54.68	50.68	46.96	54.39	19.97	52.25	56.40	52.73	60.06	18.56	-2.06	1	0.0398	-0.292	
10.6	54.89	50.89	47.16	54.62	20.05	52.25	56.40	52.72	60.07	18.56	-1.97	1	0.0486	-0.280	
10.8	54.96	50.96	47.23	54.69	20.08	52.25	56.40	52.72	60.08	18.56	-1.94	1	0.0519	-0.276	
11.0	55.03	51.03	47.29	54.77	20.10	52.25	56.40	52.71	60.08	18.56	-1.92	1	0.0553	-0.273	

12.0	55.39	51.39	47.63	55.15	20.24	52.25	56.40	52.69	60.11	18.56	-1.78	1	0.0754	-0.254
12.8	55.68	51.67	47.89	55.46	20.36	51.93	56.40	52.67	60.13	18.56	-1.67	1	0.0954	-0.238
13.0	55.75	51.74	47.96	55.53	20.39	51.93	56.40	52.66	60.14	18.56	-1.64	1	0.1010	-0.235
14.0	56.10	52.10	48.28	55.92	20.55	52.25	56.40	52.63	60.17	18.56	-1.50	1	0.1327	-0.216
ISI														
0	12.44	12.04	10.69	13.38	6.09	17.99	18.41	17.17	19.65	5.34	-6.56	1	< .0001	-1.093
2.0	13.16	12.76	11.41	14.11	6.15	17.99	18.40	17.16	19.64	5.34	-5.79	1	< .0001	-0.963
4.0	13.87	13.48	12.11	14.86	6.36	17.99	18.39	17.12	19.66	5.34	-4.93	1	< .0001	-0.822
6.0	14.59	14.21	12.78	15.63	6.70	17.99	18.39	17.06	19.71	5.34	-4.04	1	< .0001	-0.678
8.0	15.30	14.93	13.43	16.43	7.15	17.99	18.38	16.97	19.78	5.34	-3.16	1	0.0016	-0.536
10.0	16.02	15.65	14.07	17.24	7.70	17.99	18.37	16.87	19.87	5.34	-2.34	1	0.0192	-0.402
11.0	16.37	16.01	14.38	17.65	8.01	17.99	18.36	16.81	19.92	5.34	-1.96	1	0.0499	-0.339
11.2	16.44	16.08	14.44	17.73	8.07	17.99	18.36	16.79	19.93	5.34	-1.89	1	0.0592	-0.327
11.8	16.66	16.30	14.62	17.98	8.27	17.99	18.36	16.76	19.97	5.34	-1.67	1	0.0948	-0.290
12.0	16.73	16.37	14.68	18.06	8.33	17.99	18.36	16.74	19.98	5.34	-1.60	1	0.1095	-0.278
HAM-D														
0	16.32	15.11	13.80	16.42	6.44	19.92	21.17	19.90	22.44	5.95	-6.27	1	< .0001	-0.961
2.0	17.03	15.82	14.51	17.14	6.57	19.92	21.17	19.90	22.45	5.95	-5.50	1	< .0001	-0.840
4.0	17.75	16.53	15.19	17.88	6.83	19.92	21.18	19.86	22.49	5.95	-4.64	1	< .0001	-0.712
6.0	18.46	17.25	15.84	18.65	7.21	19.92	21.18	19.80	22.55	5.95	-3.77	1	0.0002	-0.584
8.0	19.18	17.96	16.48	19.44	7.69	19.92	21.18	19.73	22.64	5.95	-2.92	1	0.0034	-0.460
10.0	19.89	18.67	17.09	20.25	8.26	19.92	21.18	19.63	22.74	5.95	-2.14	1	0.0320	-0.342
10.4	20.03	18.81	17.22	20.41	8.38	19.92	21.18	19.61	22.76	5.95	-1.99	1	0.0462	-0.320
10.6	20.11	18.88	17.28	20.49	8.45	19.92	21.18	19.60	22.77	5.95	-1.92	1	0.0547	-0.309
10.8	20.18	18.95	17.34	20.57	8.51	19.92	21.18	19.59	22.78	5.95	-1.85	1	0.0644	-0.298
11.0	20.25	19.03	17.40	20.65	8.57	19.92	21.18	19.57	22.79	5.95	-1.78	1	0.0754	-0.287
11.2	20.32	19.10	17.46	20.74	8.64	19.92	21.18	19.56	22.81	5.95	-1.71	1	0.0876	-0.276
11.4	20.32	19.17	17.52	20.82	8.70	19.92	21.18	19.55	22.82	5.95	-1.64	1	0.1013	-0.265
11.6	20.46	19.24	17.58	20.90	8.77	19.92	21.19	19.54	22.83	5.95	-1.57	1	0.1164	-0.255
11.8	20.53	19.31	17.64	20.98	8.83	19.92	21.19	19.53	22.84	5.95	-1.50	1	0.1330	-0.244

12.0	20.61	19.38	17.70	21.07	8.90	19.92	21.19	19.52	22.85	5.95	-1.44	1	0.1511	-0.234
HAM-D (without sleep items)														
0	13.00	11.93	10.76	13.10	5.29	15.18	16.30	15.15	17.45	5.56	-5.02	1	< .0001	-0.792
2.0	13.72	12.64	11.46	13.83	5.44	15.18	16.30	15.14	17.46	5.56	-4.17	1	< .0001	-0.655
4.0	14.43	13.35	12.13	14.57	5.74	15.18	16.30	15.10	17.51	5.56	-3.26	1	0.0011	-0.514
6.0	15.15	14.07	12.78	15.35	6.18	15.18	16.31	15.04	17.57	5.56	-2.35	1	0.0188	-0.375
6.8	15.43	14.35	13.04	15.66	6.39	15.18	16.31	15.01	17.61	5.56	-2.00	1	0.0452	-0.321
7.0	15.50	14.42	13.10	15.74	6.44	15.18	16.31	15.00	17.62	5.56	-1.92	1	0.0551	-0.308
7.6	15.72	14.63	13.29	15.98	6.61	15.18	16.31	14.97	17.64	5.56	-1.67	1	0.0954	-0.269
7.8	15.79	14.71	13.35	16.06	6.67	15.18	16.31	14.96	17.65	5.56	-1.59	1	0.1127	-0.256
8.0	15.86	14.78	13.41	16.14	6.73	15.18	16.31	14.95	17.66	5.56	-1.51	1	0.1322	-0.244
Time 2 Results CBTi+CPT (n=56; n missing = 31) Control +CPT (n=54; n missing = 18)														
	M	M*	- 95%	CI -	SD	M	M*	- 95%	CI -	SD	F	df	p	ES
CAPS														
0	39.03	36.82	31.40	42.23	21.07	45.11	47.41	42.35	52.47	21.64	-2.67	1	0.0077	-0.488
2.0	40.14	37.93	32.53	43.33	20.81	45.11	47.41	42.36	52.45	21.64	-2.39	1	0.0169	-0.439
4.0	41.25	39.04	33.65	44.44	20.59	45.11	47.40	42.36	52.44	21.64	-2.11	1	0.0349	-0.389
5.0	41.80	39.60	34.20	45.00	20.50	45.11	47.39	42.36	52.43	21.64	-1.97	1	0.0490	-0.364
5.2	41.91	39.71	34.31	45.11	20.48	45.11	47.39	42.35	52.43	21.64	-1.94	1	0.0524	-0.359
6.0	42.36	40.16	34.76	45.56	20.42	45.11	47.39	42.35	52.43	21.64	-1.83	1	0.0678	-0.338
7.0	42.91	40.71	35.31	46.11	20.36	45.11	47.39	42.34	52.43	21.64	-1.68	1	0.0922	-0.313
7.2	43.02	40.83	35.42	46.23	20.34	45.11	47.39	42.34	52.43	21.64	-1.66	1	0.0978	-0.308
7.4	43.13	40.94	35.54	46.34	20.33	45.11	47.39	42.34	52.43	21.64	-1.63	1	0.1037	-0.302
8.0	43.46	41.27	35.87	46.68	20.30	45.11	47.38	42.34	52.43	21.64	-1.54	1	0.1232	-0.287
CAPS (without sleep items)														
0	34.27	31.99	27.04	36.95	19.88	39.14	41.50	36.62	46.38	20.51	-2.57	1	0.0103	-0.463
2.0	35.38	33.11	28.16	38.05	19.62	39.14	41.49	36.63	46.36	20.51	-2.27	1	0.0233	-0.411
4.0	36.49	34.22	29.28	39.16	19.41	39.14	41.49	36.63	46.35	20.51	-1.97	1	0.0492	-0.358

	4.2	36.60	34.33	29.40	39.27	19.39	39.14	41.49	36.63	46.35	20.51	-1.94	1	0.0527	-0.353
	4.4	36.71	34.44	29.51	39.38	19.37	39.14	41.49	36.63	46.35	20.51	-1.91	1	0.0566	-0.348
	4.6	36.82	34.55	29.62	39.49	19.36	39.14	41.49	36.63	46.35	20.51	-1.88	1	0.0606	-0.342
	4.8	36.93	34.67	29.73	39.60	19.34	39.14	41.49	36.63	46.34	20.51	-1.85	1	0.0649	-0.337
	5.0	37.04	34.78	29.84	39.71	19.32	39.14	41.48	36.62	46.34	20.51	-1.82	1	0.0694	-0.331
	6.0	37.59	35.33	30.40	40.27	19.25	39.14	41.48	36.62	46.34	20.51	-1.66	1	0.0962	-0.304
	6.2	37.71	35.45	30.51	40.38	19.24	39.14	41.48	36.62	46.34	20.51	-1.63	1	0.1024	-0.299
	7.0	38.15	35.89	30.95	40.83	19.19	39.14	41.48	36.61	46.34	20.51	-1.51	1	0.1307	-0.277
ISI															
	0	10.22	9.96	8.12	11.80	8.11	14.14	14.41	12.63	16.18	6.66	-3.28	1	0.0010	-0.588
	2.0	11.32	11.09	9.27	12.91	7.96	14.14	14.39	12.63	16.14	6.66	-2.46	1	0.0141	-0.441
	3.0	11.88	11.65	9.83	13.47	7.93	14.14	14.38	12.62	16.13	6.66	-2.03	1	0.0424	-0.366
	3.2	11.99	11.76	9.94	13.58	7.93	14.14	14.37	12.62	16.13	6.66	-1.94	1	0.0519	-0.350
	3.8	12.32	12.10	10.28	13.92	7.93	14.14	14.37	12.61	16.13	6.66	-1.69	1	0.0917	-0.304
	4.0	12.43	12.21	10.39	14.04	7.93	14.14	14.37	12.61	16.12	6.66	-1.60	1	0.1095	-0.289
HAM-D															
	0	9.75	9.25	7.30	11.21	6.70	15.32	15.83	13.93	17.73	7.88	-4.58	1	< .0001	-0.886
	2.0	10.85	10.37	8.43	12.31	6.49	15.32	15.82	13.94	17.70	7.88	-3.84	1	0.0001	-0.745
	4.0	11.96	11.48	9.54	13.42	6.43	15.32	15.81	13.94	17.69	7.88	-3.05	1	0.0023	-0.595
	6.0	13.07	12.59	10.64	14.55	6.52	15.32	15.81	13.91	17.71	7.88	-2.24	1	0.0250	-0.438
	6.6	13.40	12.93	10.96	14.89	6.58	15.32	15.81	13.90	17.71	7.88	-2.00	1	0.0456	-0.391
	6.8	13.51	13.04	11.07	15.00	6.60	15.32	15.81	13.90	17.71	7.88	-1.92	1	0.0551	-0.375
	7.0	13.62	13.15	11.18	15.12	6.63	15.32	15.81	13.89	17.72	7.88	-1.84	1	0.0661	-0.360
	7.4	13.84	13.37	11.40	15.35	6.68	15.32	15.80	13.89	17.72	7.88	-1.68	1	0.0936	-0.328
	7.6	13.95	13.48	11.50	15.46	6.71	15.32	15.80	13.88	17.73	7.88	-1.60	1	0.1104	-0.313
	7.8	14.06	13.59	11.61	15.58	6.74	15.32	15.80	13.88	17.73	7.88	-1.52	1	0.1294	-0.297
	8.0	14.18	13.71	11.72	15.69	6.77	15.32	15.80	13.87	17.73	7.88	1.44	1	0.1509	0.281
HAM-D (without sleep items)															
	0	6.69	6.19	4.50	7.89	5.87	11.46	11.97	10.27	13.68	6.87	-4.47	1	< .0001	-0.891
	4.0	8.91	8.42	6.74	10.10	5.58	11.46	11.96	10.27	13.65	6.87	-2.76	1	0.0058	-0.557

5.0	9.46	8.98	7.29	10.66	5.62	11.46	11.96	10.26	13.66	6.87	-2.31	1	0.0207	-0.468
5.6	9.79	9.31	7.62	11.00	5.67	11.46	11.95	10.25	13.66	6.87	-2.04	1	0.0409	-0.414
5.8	9.90	9.42	7.73	11.12	5.69	11.46	11.95	10.24	13.66	6.87	-1.96	1	0.0506	-0.395
6.0	10.01	9.53	7.84	11.23	5.71	11.46	11.95	10.24	13.67	6.87	-1.87	1	0.0622	-0.377
6.4	10.23	9.76	8.05	11.46	5.75	11.46	11.95	10.23	13.67	6.87	-1.69	1	0.0918	-0.341
6.6	10.35	9.87	8.16	11.58	5.78	11.46	11.95	10.23	13.67	6.87	-1.60	1	0.1103	-0.323
6.8	10.46	9.98	8.27	11.69	5.80	11.46	11.95	10.22	13.68	6.87	-1.51	1	0.1317	-0.305
7.0	10.57	10.09	8.38	11.81	5.83	11.46	11.95	10.22	13.68	6.87	-1.42	1	0.1560	-0.287

Note: M = mean; M* = marginal means; CI = confidence interval; SD = standard deviation; ES = Effect Size based on marginal means; CAPS = Clinician Administered PTSD Scale; HAM-D = Hamilton Depression Rating Scale; ISI = Insomnia Severity Index