Supplementary table. GRADE-CERQUAL confidence rating definitions.

| GRADE-CERQual confidence rating | Definition |
|---------------------------------|---|
| High | Highly likely that the review finding is a reasonable |
| | representation of the phenomenon of interest. |
| Moderate | Likely that the review finding is a reasonable |
| | representation of the phenomenon of interest. |
| Low | Possible that the review finding is a reasonable |
| | representation of the phenomenon of interest. |
| Very low | Unclear whether the review finding is a reasonable |
| | representation of the phenomenon of interest |