Description of Additional Supplementary Files File name: Supplementary Movie 1 Description: Instant switch from soft, transparent state to rigid, opaque state of MALH. File name: Supplementary Movie 2 Description: Shooting experiment of MALH bullets. File name: Supplementary Movie 3 Description: Responsive lubrication behaviour of MASLD tested by artificial arms. File name: Supplementary Movie 4 Description: Controllable movement of a mobile device on MALSD. File name: Supplementary Movie 5 Description: The dynamic moving action of a submarine with MALSD caught by artificial arms.