"Post-GDM support would be really good for mothers": a qualitative interview study exploring how to support a healthy diet and physical activity after gestational diabetes

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Table S2. Thematic framework used to analyse the DAiSIeS interviews.

1. **Diet and exercise**
   a. Diet
      i. General comments
      ii. Prompted suggestion card #6 Advice about how to have a healthy diet
      iii. Unprompted suggestions
   b. Exercise
      i. General comments
      ii. Prompted #5 Help for you to exercise with others
      iii. Prompted #7 Advice about how to exercise with a busy schedule
      iv. Unprompted suggestions
   c. Information and understanding
      i. General comments
      ii. Prompted #1 More information about the impact of healthy diet/exercise on your diabetes risk
      iii. Prompted #2 More information about the impact of healthy diet/exercise on your wider health
      iv. Unprompted suggestions
   d. Family
      i. General comments
      ii. Prompted #3 More information about the impact of healthy diet/exercise on your family
      iii. Prompted #4 Suggested ways for your children and wider family to be healthier
      iv. Unprompted suggestions
   e. Money
      i. General comments
      ii. Prompted #9 Advice about saving money and healthy diet/exercise
      iii. Unprompted suggestions
   f. Sustainability
      i. General comments
      ii. Prompted #8 Advice about how to keep going with healthy changes to your diet/exercise
      iii. Unprompted suggestions
   g. Monitoring
      i. General comments
      ii. Prompted #10 Monitoring your progress
      iii. Unprompted suggestions

2. **Diabetes screening**

   Reported separately

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3. Other

       i. Pregnancy
      ii. Mode of delivery
     iii. Source and who
     iv. When
      v. Suggested content of a postpartum appointment
     vi. Sensitivity and non-judgemental attitude
   vii. General postpartum experience
  viii. Other

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Framework analysis charts were drawn for each second-level item (indicated by letters a–g). #N indicates the number of the suggestion card referred to.