

Appendix 1. MEDLINE search strategy

1. Mental Health/ [MeSH]
 2. exp Mental Disorders/ [MeSH]
 3. exp Behavioral Symptoms/ or exp Bereavement/
 4. (((mental* or psychological*) adj3 (health* or well* or disorder* or ill*)) or anxi* or depress* or neuros* or psychiatric or stress* or distress* or emotion* or aggress* or trauma* or suicid* or bereav* or grief or griev* or mourn* or addict* or alcoholism or ((substance* or drug* or alcohol*) adj3 (us* or misus* or abus* or dependen*))).mp.
 5. or/1-4
 6. exp Videoconferencing/ [MeSH]
 7. exp Telemedicine/ {MeSH}
 8. exp Internet/ {MeSH} or exp Telephone/ [MeSH]
 9. (telehealth or telemedicine or ehealth or video*).mp.
 10. (Skype or Facetime or Zoom or Google+Hangouts).mp.
 11. (internet or web or online or telephon* or phone or phoning or phones or phoned or SMS or text messag* or texting or texted).mp.
 12. (distance or remote).mp.
 13. or/6-12
 14. exp Counseling/ [MeSH] or exp Psychotherapy/ [MeSH] or exp Nursing/ [MeSH] or exp Social Work/ [MeSH] or Yoga/ [MeSH] or Meditation/ [MeSH] or Mindfulness/ [MeSH]
 15. (counsel* or motivational interview* or coach* or psychotherap* or social work* or nurs* or kinesiolog* or yoga or meditat* or mindfulness).mp.
 16. or/14-15
 17. 13 and 16
 18. Distance Counseling/ [MeSH]
 19. (e-therap* or etherap* or e-counsel* or ecounsel* or telepsycholog* or "tele-mental health" or e-coach* or ecoach*).mp.
 20. or/17-19
 21. group*.mp.
 22. exp Adult/ [MeSH]
 23. adult*.mp.
 24. or/22-23
 25. exp Randomized Controlled Trial/ [MeSH]
 26. (randomi* or randomly).mp, pt.
 27. RCT*.mp
 28. or/22-24
 29. 5 and 20 and 21 and 24 and 28
 30. limit 29 to (yr="2005 -Current" and (english or french))
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