The epiCrypt study

Investigating how *Cryptosporidium* infection spreads at home

Questionnaire & Consent Form







Who should complete this document?

It is best that the questionnaire is completed by the FIRST CASE, or their parent/guardian if the first case is under 16 years old.

The FIRST CASE is the person who had Crypto and was contacted by the research team, or their parent/guardian if they were a child.

This may not have been the first person in the home to be ill don't worry. Still answer the questions about the FIRST CASE that was contacted by the research team.

- BEFORE COMPLETING THIS QUESTIONNAIRE PLEASE READ ALL THE INFORMATION IN YOUR STUDY PACK.
- PLEASE INITIAL THE STATEMENTS ON THE CONSENT FORM ON THE FIRST PAGE OF THIS BOOKLET AND SIGN.
- WHEN YOU HAVE COMPLETED THE QUESTIONNAIRE, PLEASE RETURN IT IN THE FREEPOST ENVELOPE PROVIDED.

CONSENT FORM

HOW TO COMPLETE THIS FORM

Each person who wants to take part should read the statements on the following page and initial in the box to show they understand them and agree.

Then add your names AND sign in the table.

Children aged 16 & 17 must consent for themselves.

Children under 16 years old may consent for themselves if a parent or guardian feels it is appropriate, or a parent or guardian may consent on their behalf. Just initial and sign this portion of the form to confirm.

You do not need to detach this form. Just return the whole questionnaire booklet. Returning these documents will be taken as consent to take part.

Each person in the household who wants to take part or is consenting for others must initial a box beside each statement

I have read, and understand, the information pack explaining the study and have been given the contact details of the study team if I have any questions	
I understand that taking part in this study is voluntary and I (or anyone I consent for) can leave at any time	
I understand that any stool sample I provide (or any I consent for) will be tested for Cryptosporidium species and genotypes	
I understand that all sample results are confidential, and my data may be shared securely with Public Health England/Public Health Wales to locate laboratory records relevant to this study	

We agree to take part in this study

NAME	SIGNATURE

IF YOU ARE ALSO CONSENTING FOR ANYONE UNDER 16 YEARS

Please mark with parent/guardian's initial

I am the parent/legal guardian of the child/children in the household and I consent to my child/children taking part	
household and I consent to my child/children taking part	
in this study	

NAME OF PARENT/GUARDIAN	SIGNATURE	NAME OF CHILD

QUESTIONNAIRE

How to complete this questionnaire

Start at Section A on the following page

Write the date in the space at the top of the page

Some questions are about the first case and some are about the household. Follow the instructions to help.

You should:

- use pen to answer
- tick or cross your answers within the box like this:
- follow any 'if YES' or 'if NO' instructions and leave blank any questions you do not need to answer

Don't worry if you don't want to answer anything – you can leave it blank. But it helps our research to get as much of the information as possible.

Some of the questions are about others in the household - these will be clearly worded. You may want to get some information from others in the home or some help answering some of the questions. This is fine.

Try to think about when you/the FIRST CASE had their Crypto illness.

You may have already answered some questions like this on a questionnaire, or for your local environmental health officer, but we need to get these answers separately on this questionnaire.

Just answer as best you can – any information helps.

Remember: The FIRST CASE is the person who had Crypto and was contacted by the research team, or their parent/guardian if they were a child.

This may not have been the first person in the home to be ill don't worry. Still answer the questions about the FIRST CASE that was contacted by the research team.

	DATE FILLED IN//		
SECTION A			
A1. What is the postcode of t	he home?		
A2. How many people live in the household in total (including the first case)?			

Please fill in the table below telling us how many people live in the household in each of the age groups

Aged less than 1 year	Aged 1-3 years	Aged 4-5 years	Aged 6–14 years	•	•	Aged 35–44 years	0	•

A3. How old is the FIRST CASE?	
Date of Birth OR Age	
A4. What symptoms did the FIRST CASE have when they had Crypto?	
(Tick all that apply)	
Diarrhoea (3 or more loose stools/runny poos in a day)	
Feeling sick/nausea Vomiting/being sick	
Stomach pain/Cramps High temperature/feverish Headac	he

A6. Is the FIRST CASE still ill with these symptoms? Yes No
If YES, and they are still unwell, for how many days have they had it now
If NO, and they are better now, for how many days did the symptoms last?
A7. In the TWO WEEKS before symptoms started, did the FIRST CASE have close contact with anyone else who had diarrhoea and/or vomiting? Yes No
If YES, was that someone who lives: In the home? Elsewhere?

A5. When did the FIRST CASE start to feel ill with these

symptoms?

Who's who in the household and who else has been ill?

Please fill in **table A** on the next page, including all members of the household that are taking part in the study. This will be all the people on the consent form on the front of this booklet.

Please tell us whether others in the household have also been ill with diarrhoea or vomiting recently or around the same time as the FIRST CASE.

Try to think roughly about the month before and after the FIRST CASE was ill.

Don't worry if the dates are estimates – as accurate as you can get is fine. If you cannot remember, just let us know if you think it was before or after the first case started to get ill. This is still useful information.

Adding the age and sex helps us to identify the household members and match up their samples.

Look at the example to help:

Age	Sex	Relationship to first case	Been ill with diarrhoea and/or vomiting (Yes/No/ Don't know)	When they became ill (Date if known, otherwise before/ after the first case)	How many days were they ill with these symptoms?	Did they see a doctor about this illness?
39	F	Mother	Yes	18/12/2017	10	No
42	М	Father	Yes	Before	About 3 days	No
6	М	Brother	No	-	-	-
24	F	Lodger/ Housemate	Don't know	-	-	-

TABLE A.

Age	Sex	Relationship to first case	Been ill with diarrhoea and/or vomiting (Yes/No/ Don't know)	When they became ill (Date if known, otherwise before/ after the first case)	How many days were they ill with these symptoms?	Did they see a doctor about this illness?

SECTION B

B1.	Sex of FIRST CASE
	Female
	Male
	Other
	Prefer not to say
B2.	Is the FIRST CASE:
(Tick	all that apply)
	At nursery or pre-school
	In education (school/college/uni etc.)
	Working (paid work, either outside the home or from home)
	A stay at home parent or carer
	Retired
	Other
If OT	THER, please describe
If the	e FIRST CASE is working, what is their main occupation?
or lo	Does the FIRST CASE have any long-term medical problems ong-term illnesses? Yes No S, please describe
11 1 L	e, picase aesonine

Activities of the first case and others in the home in the 2 weeks before illness

Please fill in table B on the next page.

We want to find out if the household has been involved in any activities in the table.

Please fill in the first column in the table with a cross or tick if the FIRST CASE did any of these things in the **TWO WEEKS** before their symptoms started.

Also tick the second column if anyone else who lives in the home was there and did those things at the same time.

Don't worry if you're not too sure – as much as you can remember is fine. This is still useful information.

Look at the short example to help:

ACTIVITY	FIRST CASE	ANYONE ELSE IN THE HOME
Travel outside the UK	~	>
Swimming – outdoors (lake, river, stream etc.)		
Swimming – in a treated swimming pool, either indoors or outdoors (such as	~	

TABLE B.

ACTIVITY	FIRST CASE	ANYONE ELSE IN THE HOME
Travel outside the UK		
Swimming – outdoors (lake, river, stream etc.)		
Swimming – in a treated swimming pool, either indoors or outdoors (such as a pool at a leisure centre or a lido)		
Other water activities/sport (such as surfing, rowing, water-skiing etc.)		
Other outdoor activities (such as camping, climbing, hiking, cycling etc.)		
Gardening (at home or elsewhere, such as an allotment)		
Contact with pets (at home or with pets at another house)		
Visiting or working on a farm or had contact with farm animals		
Visiting or working at a zoo or had contact with zoo or wild animals		

SECTION C

C1. How many bedrooms are there in the house?
Do any adults share a bedroom to sleep in at night? Yes No
Do any children (under 18 years old) share a bedroom to sleep in at night? Yes No
Do any infants (under 1 year) sleep in a bedroom with an adult at night? Yes No
C2. Does the FIRST CASE regularly (more than once a week) share a bed with anyone else in the home? Yes No
C3. How many bathrooms are there?
How many other people use the same bathroom at home as the FIRST CASE?
1 2 3 4 5 6 7 8 9 10

C4. How many toilets/WCs are there in total?				
How many other people use the same toilet at home as the FIRST CASE?				
1 2 3 4 5 6 7 8 9 10				
C5. Does the FIRST CASE regularly (more than once a week) share				
a bath with anyone else in the home?				
Yes				
No				
C6. Is your home on, or part of, a farm or smallholding?				
Yes				
No				
C7. Does your home have any outside space/area?				
Yes				
No				
If YES, what kind? (Tick all that apply)				
Yard (no grass)				
Front garden				
Back garden				
Other				
C8. Is your home supplied by mains water (i.e. a water company				
that you get a bill from)?				
Yes				
No				

C9. Are there any pets in the home?				
Yes				
☐ No				
If YES, what kind? (Tick all that apply)				
Cat(s) Bird(s Reptile(s)				
Dog(s) Horse(s) Sight Other				
C10. Are there any other animals at or around the home - such as				
livestock, chickens, cows, sheep etc.?				
Yes				
☐ No				
If YES, please describe				

SECTION D

D1.	Is the FIRST CASE a child under 5 years old?
	Yes
	No
If YE	S, are they? (Tick all that apply)
	In nappies
	Potty/Toilet training
	Neither
	O, are they an older child (more than 5 years old) or an adult that ds help with any of the following? (Tick all that apply)
	Nappy changing
	Assisting with going to the toilet
	Bathing
	None of the above
a ch	Does the FIRST CASE regularly (more than once a week) help aild (or children) under 5 with any of the following? (this could not work or in the home)
(Tick	all that apply)
	Nappy changing
	Potty training
	Assisting with the toilet
	Bathing
	None of the above/not applicable

at work or in the home) (Tick all that apply) Nappy changing Potty training Assisting with the toilet Bathing None of the above/not applicable D4. Are there ANY children (under 5) living in the household who are in nappies and/or currently toilet training? Yes No If YES, when changing nappies do you/others in the home generally use any of the following: (Tick all that apply) Don't worry if it applies to more than one child – just tick if anyone in the home generally uses these things when changing nappies or helping the children with the toilet Disposable nappies Nappy cream Cloth nappies Hand gel Disposable baby wipes/wet wipes Nappy bags

A nappy bin

A changing mat

D3. Does the FIRST CASE regularly (more than once a week) help a child over 5, or an adult, with any of the following? (this could be

Water and cotton wool

Top/Tail bowl

	Does the FIRST CASE re others in the household?	gularly	/usually	prep	are meals or cook
	Yes				
	No				
If YES, did they still prepare meals or cook for the rest of the household while they were ill with Crypto?					
	Yes				
	No				
	Don't know				
D6.	When hand-washing, do	house	hold mei	mber	s normally use:
(Tick	all that apply)				
	Hot water		Hand wip	oes	
	Soap (bar or hand wash)		Don't kn	OW	
	Antibacterial hand wash		None of	the a	bove/Not applicable
	Alcohol gel				
D7. Generally, do household members wash their hands before and/or after any of the following?					
If you're not sure, just try to think about what most people in the home do					
Goi	ng to the toilet	Helpir	g some	one v	vith the toilet
	Before	(if appl	icable)		Before
	After				After
	Both				Both
	Neither				Neither

Nappy changing (if applicable)	Eating			
Before After Both Neither Preparing food Before	Before After Both Neither Handling dirty/soiled laundry Before			
After Both Neither	After Both Neither			
THANK YOU FOF THE QUESTIONN Please let us know if you would like a have finished our study. Yes No	IAIRE!			
Please let us know if you would be willing to be contacted again if we had any further questions about your illness or your household. Yes No				
If YES to either of the above, please g Email Post Telephone				

Please place in the FREEPOST ENVELOPE PROVIDED and return to the epiCrypt study team. Thank you!