

Supplemental File 3

1. List of semi-structured questions for telephone support interviews once weekly during the intervention period

No	Question
1	<p>Please tell me how often you practice music-supported walking / motor imagery per week.</p> <p>[If not 4x a week:]</p> <p>Who or what keeps you from attending the walking training programme?</p> <p>Who or what supports you in attending the walking training programme?</p>
2	<p>Tell me how long you practice music-supported walking / motor imagery per session?</p> <p>[If not 30 minutes per session:]</p> <p>Who or what keeps you from practicing for 30 minutes per session?</p> <p>Who or what would support you in practising 30 minutes per session?</p>
3	<p>Could you please share your experiences with the music-supported walking / motor imagery?</p> <p>[If the participant reports any problems:]</p> <p>Can you explain this in more detail for me?</p> <p>Can you give me reasons for that?</p> <p>What do you feel as the easiest part about the music-supported walking / motor imagery?</p> <p>What do you feel as the most difficult part about the music-supported walking / motor imagery?</p>
4	<p>Are you using the compliance checklist for documentation (practiced / not practiced)?</p> <p>[If not:] Can you give me reasons for that?</p> <p>Who or what could support you in completing the checklist?</p>

5	<p>Did you experience a fall within the study period?</p> <p>[If so:] How often did you fall?</p> <p>Could you please describe under what circumstances the fall(s) occurred?</p> <p>Are you using the fall protocol?</p> <p>[If not:] Can you give me reasons for that?</p> <p>Who or what could support you in completing the checklist?</p>
Thank you for the interview!	

2. List of semi-structured questions for follow-up telephone interviews at 4-weeks post-intervention

No	Question
1	Could you please describe your health since the end of the music-supported walking / motor imagery practice?
2	Tell me about how your walking has been in the last few weeks compared to before the music-supported walking / motor imagery practice.
3	How did you experience your fatigue / tiredness in the last few weeks compared to before the music-supported walking / motor imagery practice?
4	Please describe your present health as compared to before the music-supported walking / motor imagery practice.
5	How should the homebased music-supported walking / motor imagery programme be for you to recommend it to others?
6	Can you please share your thoughts on how we could improve the music-supported walking / motor imagery programme?
7	What should the homebased music-supported walking / motor imagery programme be like that you would carry it out for a longer period of time?
8	Did you fall in the past 4 weeks?

	<p>[If so:] How often did you fall?</p> <p>Could you please describe under what circumstances the fall(s) occurred?</p> <p>Are you using the fall protocol?</p> <p>[If not:] Can you give me reasons for that?</p> <p>Who or what could support you in completing the checklist?</p>
Thank you for the interview!	