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# **BMJ Open**

# Health system readiness for non-communicable diseases at the primary care level: A systematic review

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25 Abstract

Objective: To synthesise evidence on the primary healthcare system's readiness for preventing and
 managing non-communicable diseases (NCDs).

**Design**: Systematic review.

Data sources: Ovid MEDLINE, EMBASE, CINAHL, PsycINFO and Scopus were searched from 1
January 1984 to 30 July 2021, with hand-searching references and expert advice.

Eligibility criteria: Any English-language health research with evidence of readiness/preparedness of
the health system at the primary healthcare level in the context of four major NCDs: diabetes mellitus,
cancer, chronic respiratory diseases, and cardiovascular diseases.

34 Data extraction and synthesis: Two authors independently extracted data and assessed the bias. The
 35 full-text selected articles were then assessed using the Mixed Methods Appraisal Tool. Health system
 36 readiness was descriptively and thematically synthesized in line with the health system dynamics
 37 framework.

**Results**: Out of 7,843 records, 23 papers were included in this review (15 quantitative, three qualitative and five mixed-method studies). The findings showed that existing literature predominantly examined health system readiness from the supply-side perspective as embedded in the World Health Organization's health system framework. However, at the primary healthcare level, these components are insufficiently prepared for NCDs. Among NCDs, higher levels of readiness were reported for diabetes mellitus and hypertension in comparison to chronic respiratory diseases (asthma, chronic obstructive pulmonary disease), cardiovascular diseases and cancer. There has been a dearth of research on the demand-side perspective, which is an essential component of a health system and must be addressed in future research.

47 Conclusion: The supply-side components at the primary healthcare level are inadequately ready to
48 address the growing NCD burden. Improving supply-side factors, with a particular focus on chronic
49 respiratory diseases, cardiovascular diseases and cancer, and improving understanding of the demand-

3 4	50	side components of the health system's readiness, may help to prevent and manage NCDs at the primary							
5 6 7	51	healthcare level.							
, 8 9	52	Keywords: non-communicable diseases, health system readiness, primary health care, systematic							
10 11 12	53	review							
12 13 14 15	54	Strengths and limitations of this study							
16 17 18	55	• Data synthesis was informed by the health system dynamics framework, which offers a deeper							
19 20	56	and more comprehensive (both supply-side and demand-side factors) understanding of primary							
21 22	57	healthcare system readiness for NCDs.							
23 24 25	58	• We conducted an extensive systematic search of literature with hand-searching references and							
25 26 27	59	expert advice regarding health system readiness for non-communicable diseases at the primary							
28 29	60	care level, which increases the validity and trustworthiness of this review's findings.							
30 31	61	• Meta-analysis was not possible due to heterogeneity of study designs, methods and techniques,							
32 33	62	as well as the studies' focus on a variety of health system components.							
34 35	63	• A few studies that reported health system readiness at combined primary and secondary							
36 37 29	64	healthcare levels were excluded.							
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#### 73 Introduction

Globally, non-communicable diseases (NCDs) are the leading causes of deaths and disabilities, accounting for 41 million deaths (71% of all deaths) annually (1), with 77% occurring in low- and middle-income countries (1, 2). The current increased NCD burden may be due to the rise of the ageing population, rapid and/or unplanned urbanisation and lifestyle-related factors (e.g. physical inactivity, unhealthy diets and consumption of tobacco products and alcohol) (3). If current trends continue, the estimated cumulative deaths from NCDs will reach 52 million by 2030 (3), and NCD-related cost was projected to be US\$ 47 trillion between 2010 and 2030 (4). NCDs' predicted health outcomes and economic burden will have adverse consequences, such as prolonged illness or disability, greater treatment costs, loss of productivity and substantial opportunity cost, which will eventually affect households' economy and well-being (4, 5). The impact of NCDs may result in increased poverty, higher inequality and low quality of life. Considering the immense influence of NCDs, many commitments and control strategies have been made at the global, national and local levels to prevent and manage them (6-8). The Sustainable Development Goals, for example, by 2030, targeted one-third reduction of premature deaths from the four major NCDs of diabetes mellitus (DM), cancer, chronic respiratory diseases (CRDs) and cardiovascular diseases (CVDs) (8, 9) among people aged 30–69. 

Primary healthcare is crucial for promoting essential healthcare services and achieving improved health outcomes, particularly in countries with resource-poor settings (3, 10-12). Growing evidence shows that a well-functioning primary healthcare system has immense potential for improving global health outcomes due to its extensive coverage, cost-effectiveness, well-structured network of healthcare facilities, affordable technologies, socially and culturally acceptable intervention methods and broad community participation (10, 13, 14). NCD prevention and management differ from that of acute conditions, where the primary healthcare approach has a powerful impact. Unlike acute conditions, NCD prevention and management require extended or even life-long healthcare support, early case detection, psychosocial promotion, risk factor identification, self-management, behavioural modifications and regular medical support, such as adherence to medical procedures and treatment (3).

The primary healthcare system is typically the first-line contact for individuals seeking care, making it
 easier for patients to continue follow-up contacts (15). Therefore, it can be viewed as the most effective
 and appropriate mechanism for addressing NCDs.

While the literature emphasises the roles and importance of the primary healthcare system in preventing and managing NCDs following a dozen of global commitments and strategies, little is known about the extent to which it is ready to deliver NCD services (16, 17). The concept of 'health system readiness' is often explained in terms of the health system 'components' or 'framework'. Until recently, health system readiness was mostly defined and presented in the context of the World Health Organization's (WHO) health system framework, proposed in 2008, which described six 'key elements' or 'building blocks':, health service delivery, health workforce, health financing, health information system, leadership and governance, medical products, knowledge and technologies (18). However, the WHO's model is viewed as having limited capacity to comprehensively explain how and whether different health system elements within a broader societal context interact and are influenced, as well as how population/individual behaviour and choices and the process impact this mechanism (19, 20). In order to provide an exhaustive understanding of system interactions, van Olmen et al. proposed the 'health system dynamics framework', which included the WHO's six building blocks and concurrent literature. It is comprised of 10 elements that analyse their interactions and functions under a broader societal context (21). 

Guided by the 'health system dynamics framework', this systematic review aimed to synthesise the current evidences on primary healthcare system readiness and evaluate its response to NCDs on a global scale. The findings of this review will help policymakers, public health planners and researchers focus on the further actions required to establish a well-prepared health system at the primary healthcare level to address the growing NCD burden.

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## Protocol and registration

Methods

This review was conducted following the Preferred Reporting Items for Systematic Reviews and Meta-Analysis (PRISMA) guideline (22) and was registered on the Research Registry (REVIEWREGISTRY1163).

#### **Inclusion criteria**

This review included studies that reported on the readiness/preparedness of various health system components at the primary healthcare level in the context of four major NCDs: DM, cancer, CRDs and CVDs. Where studies reported health system preparedness at the primary and secondary care level combined, only information related to the primary healthcare level was included. However, studies in which the primary and secondary care level data could not be separated were excluded.

#### 138 Exclusion criteria

Studies on other NCDs such as arsenicosis, kidney diseases, mental health disorders, hearing disability,
oral disease, birth defects and road injuries were excluded. Papers that focused on NCD
interventions/programmes beyond the primary healthcare level were likewise excepted. Editorials,
letters, opinion articles, narrative or systematic reviews, study protocols, conference abstracts, posters,
reports, and book chapters were also not considered. Additionally, works that were published in a
language other than English were excluded.

#### <sup>3</sup> 145 **Data sources and search strategy**

The search strategy aimed to find English language studies in five databases (Ovid Medline, Ovid Embase, Ovid PsycInfo, CINAHL and Scopus) published between 1 January 1984 and 30 July 2021
(Figure 1). The WHO's health system model proposed in 1984 was considered appropriate to identify and assess the key components of the primary healthcare system. The studies published in 1984 onward were deemed to be relevant to this review. Therefore, the earliest date of the search was set to ensure

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the optimum number of studies published since 1984. The search strategies used a combination of subject headings and free text terms that aimed to cover the areas of (1) non-communicable diseases (e.g., chronic disease or chronic conditions or chronic disorders), AND (2) primary health system (e.g. primary health service or first-level healthcare facility or local health system or local-level health facility) AND (3) readiness or preparedness or capacity.

Searches were adapted as appropriate to the specifications of each of the 5 databases. The final searches are presented in the (Supplementary Appendix file). Hand-searching and reference checking of citations and reference lists were undertaken, and additional records were identified through personal consultations with experts, including researchers, administrators, policy planners, and public health

160 practitioners.

[FIGURE 1 SHOULD BE INSERTED HERE]

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Figure 1 PRISMA flowchart for study inclusion.

#### **Data extraction**

Three authors were involved in the data extraction process. First, records identified through database and manual searches were imported into the Endnote library (EndNote X9.2, Thomson Reuters 2019). Afterwards, the duplicate records were removed. Next, two authors (AK and NK) independently screened the studies based on their titles and/or abstracts. The full-text selected articles were then assessed using the inclusion and exclusion criteria and the standard quality assessment. When inconsistencies and discrepancies arose, a senior author (BB) was brought in to resolve the disagreements through discussion and consensus. A standardised data extraction sheet was developed and piloted. The extraction sheet contains the following study-specific information: authors, publication year, country, study aims, study design and settings, sample size and participants, data collection method and tool used, NCD/risk factor studied, health system component focus and key findings. 

#### Quality assessment

The Mixed Methods Appraisal Tool (MMAT) was used to assess the methodological quality of the included studies (23). The distribution of MMAT scores varied with the study design and the evaluation of some selected parameters. The score is 25% when quantitative study (QUAN) = 1, qualitative study (OUAL) = 1 or mixed-method study (MM) = 0. It is 50% when OUAN = 2, OUAL = 2 or MM = 1; 75% when QUAN = 3, QUAL = 3 or MM = 2; and it is 100% when QUAN = 4, QUAL = 4 or MM = 3. Thus, each study was given a score ranging from 25% to 100% (Table 1). Two authors (AK and NK) independently assessed the studies' quality, and the senior author (BB) cross-checked them. Discrepancies and disagreements were resolved through discussion. 

	Study design	Number of	MMAT sc	core (%)		
		studies (%)	25	50	75	100
	Quantitative	15 (65)	-	5	7	3
	Qualitative Mixed methods	$\frac{3(13)}{5(22)}$	- 1		2	-
	Note. Entries in the tab	ble show the number	of studies	2	2	
1	Data synthesis					
I	Data analysis was guided b	the health system of	dynamics fran	nework (24)	. The follow	ing themes w
s	ynthesised using this fran	nework: (i) health se	ervice deliver	ry, (ii) healtl	hcare workf	orce, (iii) he
f	inancing, (iv) access to me	edical products and k	nowledge/tecl	hnologies, (v	v) health info	ormation syst
(	vi) leadership and gover	nance and (vii) com	munity persp	pective. Und	ler these the	emes, data fi
C	quantitative studies were	reported descriptively	y using frequ	encies or pe	ercentages, v	while qualita
s	tudies were synthesised	by determining then	nes. In this p	process, a fe	ew steps we	ere followed:
t	tamiliarising, (ii) identifying themes (health system components), (iii) indexing, (iv) charting and (					
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60 223 **Results** 

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#### General characteristics of the study 224

225 Initially, 7,843 studies were retrieved, from which 2,213 duplicates were excluded (Figure 1). Then, 5,630 studies were excluded based on a title and abstract review, with 107 meeting the inclusion criteria 226 227 for a full-text review. Following the full-text review, 23 studies were ultimately included in this study (Table 2): 15 were quantitative (cross-sectional) (25-39), three were qualitative (40-42) and five were 228 229 mixed-method studies (43-47). Most of the research was conducted in resource-poor settings (20 230 studies), mostly in sub-Saharan Africa and South Asian countries. Eighteen studies focused on the 231 health service delivery component at the primary healthcare level, while four studies addressed the leadership and governance (Fig-2a). Eight studies were conducted in the South Asian-East Asia Region 232 233 (SEAR), and only a single study (n=1) was performed in both the Region of the Americas (AMR) and the European Region (EUR). One study involved multiple nations (Benin, Eritrea, Sudan, Syria, 234 235 Bhutan, Sri Lanka, Vietnam and Suriname) (Fig-2b). DM was the most studied NCDs, with 12 studies reported on it, while mental illness (MI) was the least researched, with only two studies (Fig-2c) focused 236 237 on it. Thirteen studies addressed multiple NCDs, six focused on a single NCD and four did not mention any specific NCD (e.g. termed chronic diseases) (Fig-2d). 238

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#### [FIGURE 2 SHOULD BE INSERTED HERE]

243 Figure 2 Number of published studies that investigated the primary healthcare system's readiness between January 1984 and July 2021, broken down by NCD type, NCD focus and WHO region. 244

Note. AFR: African Region, AMR: Region of the Americas, SEAR: South East-Asian Region, EUR: 247 European Region, WPR: Western Pacific Region, CRD: Chronic Respiratory Diseases, CVD: 248 Cardiovascular Diseases, DM: Diabetes Mellitus, HTN: Hypertension, MI: Mental Illness, HSD: Health 249 Service Delivery, HW: Health Workforce, HF: Health Financing, HIS: Health Information System, 250 L&G: Leadership and Governance, MPK&T: Medical Products, Knowledge and Technologies. 251

#### Table 2 Summary - Characteristics of the studies included in this review

<sup>3</sup> 252	Table 2 Sum	mary – Characteristics of the stu	udies included ir	n this review				
5 Author 6 (Year)	Country	Study aims	Study design and settings	Sample size and participants	Data collection method and tool used	NCDs/Risk factors studied	Health system components' focus	Key findings/NCD Readiness
Biswas et al. 8 (2018) (38) 9	Bangladesh	To assess health facilities' readiness to manage CVD and DM	Quantitative; Countrywide	319 healthcare facilities	Survey; Modified WHO SARA questionnaire	CVD, DM	HSD, HW, MPK&T	58% DM, and 24.1% CVD services were available.
10 slam et al. $11^{(2016)(29)}$	Bangladesh	To assess the availability and provision of NCD service delivery	Quantitative; One district	50 health facilities	Survey; Modified WHO SARA questionnaire	CRD, CVD, DM	HSD	52% CRD, 73% CVD and DM 52% services were available.
NIPORT <sup>++</sup> 32020) (39) 14	Bangladesh	To assess health facilities' readiness to manage cancer, CRD, CVD, DM and HTN	Quantitative; Countrywide	1524 healthcare facilities	Survey; Modified DHS questionnaire	Cancer, CRD, CVD, DM, HTN	HSD, HW, MPK&T	Availability of services varied from CCs to UHCs: cervical cancer (0.4%-37.5%), CRD (34.1%-93.9%), CVD (1.4%-69.6%), DM (0.9%-84.5%), and, hypertension (3.5%-91.5%).
Nyame et al. (2019) (34) 17	Ghana	To assess health facilities' capacity to implement the WHO PEN pilot	Quantitative; Three regions	23 health facilities	Survey; Modified WHO PEN questionnaire	NCD focus was not specified	HSD, HW, HF	Health facilities had inadequate capacity to implement WHO-PEN interventions.
1&Elias et al. 192017) (43) 20 21	India	To investigate the local health system's preparedness for DM and HTN	Mixed- methods; One district	1,149 patients, 39 healthcare staff, 30 pharmacists, 14 FGDs±	Survey; Non-validated questionnaire; Interview; IDI and FGD guides	DM, HTN	HSD, MPK&T	Public healthcare facilities had insufficient capacity for HTN and DM service delivery due to inadequate diagnostic capacity and frequent medicine stockouts.
24 <sup>2</sup> 4akhare et al. 23 <sup>2015</sup> ) (35) 24	India	To identify facility-level gaps that affect CVD care and management	Quantitative; 24 districts	85 medical officers	Survey; Modified WHO PEN questionnaire	DM, HTN	HSD, HW, MPK&T	The community health centre had a relatively better CVD management capacity than the primary health centre but lacked sufficient equipment, medicine and human resources.
Panda et al. 26(2018) (42) 27	India	To describe the health system's response and preparedness to NCDs	Qualitative; One district	13 key stakeholders	Interviews; IDI guide	Cancer, CVD, DM and Stroke	HSD, HW, HF, L&G	Health facilities were overburdened and lacked trained staff, and resources to manage NCDs.
28/an Dijk-de 29/ries et al. 30 <sup>(2016)</sup> (46)	Netherlands	To examine patients' readiness to consult psychosocial problems with nurses	Mixed- methods; Primary care setting	217 diabetic patient participants	Survey; Non-validated questionnaire; IDI guide	DM	Patients' readiness	90% of respondents had positive attitudes towards the existing diabetes consultation.
<sup>5</sup> Honey et al. 32(2016) (28) 33	New Zealand	To assess older people's readiness to e-health	Quantitative; Urban settings	263 patients in primary healthcare centres	Survey; Non-validated questionnaire	Cancer, CRD, DM, HTN, Mental Illness	HIS	36% of participants sought health information from an online platform.
34Adinan et al. 35 <sup>(2019)</sup> (25)	Tanzania	To assess health facilities' readiness to manage DM and HTN	Quantitative; Rural and urban districts	<ul><li>43 health facilities,</li><li>62 healthcare workers</li></ul>	Survey; Modified WHO SARA questionnaire	DM, HTN	HSD, HW, HIS, MPK&T	86% DM, and 79% HTN services were available.
<sup>56</sup> Bintabara et 37al. (2018) 3826)	Tanzania	To assess health facilities' readiness to manage HTN	Quantitative; Countrywide	725 healthcare facilities	Survey; Modified WHO SARA questionnaire	HTN	HSD	28% of the health facilities had outpatient HTN services.

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<sup>3</sup> Peck et al. 4 (2014) (36) 5	Tanzania	To assess NCDs burden and investigate facilities' readiness to manage DM and HTN	Quantitative; Urban and rural settings	335 healthcare workers	Modified WHO SARA questionnaire	DM, HTN	HSD, MPK&T	Most first-line healthcare facilities lacked guidelines, diagnostic equipment, trained staff and effective reporting systems.
Aekplakorn et al. (2005) 8 (40) 9	Thailand	To assess primary healthcare providers' readiness to manage CVD along with community members perception and knowledge	Qualitative; Rural district	18 CVD patients,33communitymembers,29healthworkers/professionals	Semi-structured interview; IDI, KII and FGD guides	CVD	HSD, MPK&T	Community members lacked minimal knowledge of the symptoms and signs of heart attack or stroke. Healthcare workers had limited skills to manage heart disease, while emergency care hospitals were insufficiently equipped to treat CVD patients.
Katende et al. (2015) 12(30)	Uganda	To assess the readiness of CD- related services	Quantitative; Urban and rural settings	28 health facilities, 222 health workers	Survey; Modified WHO SARA questionnaire	CRD, CVD, DM, Epilepsy, HTN, HIV	HSD, HW, MPK&T	Most primary care facilities had inadequate capacity to manage CDs
<b>13</b> Musinguzi et 141. (2015) 1432)	Uganda	To assess health facilities' capacity to manage hypertension	Quantitative; Two districts	<ul><li>126 public &amp; private</li><li>health facilities,</li><li>271 healthcare workers</li></ul>	Survey; Non-validated questionnaire	HTN	HSD, MPK&T	Nearly 93% health facilities managed HTN services and all of them lacked trained staff, guideline, supplies, and diagnostic equipment.
Volk et al. (2015) (37) 17	USA	To examine clinicians' readiness to implement lung cancer screening programmes	Quantitative; Medical attendees	350 participants	Survey; Non-validated questionnaire	Cancer	HSD (screening)	50% clinicians planned to refer eligible patients for lung cancer screening.
18Duong et al. 192019) (27) 20	Vietnam	To explore NCD service delivery availability, readiness and utilisation	Quantitative; Rural settings	89 community health centres	Survey; Modified WHO SARA questionnaire	DM, Cancer, CRD, HTN, Mental Illness	HSD, HW	25% of the health facilities had NCD services.
2 Kien et al. 2 (2018) (41) 22	Vietnam	To explore responsiveness of commune health stations in urban settings to NCDs	Qualitative; Two districts	19 healthcare staff	Interviews; IDI guide	NCD focus was not specified	HSD, HW, HIS, MPK&T, HF, L&G	Healthcare professionals had limited knowledge about the national NCD strategy and lacked NCD-specific training and skills.
23Meiqari et al. 242020) (44) 25 26 27	Vietnam	To describe the delivery and organisation of HTN care in primary healthcare settings	Mixed- methods; Rural and urban setting	90 healthcare staff, 29 hypertensive patients	Survey; Modified WHO SARA questionnaire; Semi-structured interview guide	HTN	HW, MPK&T	District-level health facilities had HTN services; however, capacity of facilities across districts to monitor prescription refills and disease for HTN patients varied.
287hi Thuy 29 <sup>N</sup> ga et al. 30 <sup>(2017)</sup> (45)	Vietnam	To describe commune health stations' readiness for NCD prevention and control	Mixed- methods; One district	20 commune health stations	Survey; Modified WHO SARA questionnaire; IDI and FGD guides	Cancer, CRD, DM, HTN	HSD, HW, HIS, MPK&T, HF, L&G	Commune health stations (CHSs) had limited capacity for NCD screening, diagnosis and treatment services.
<sup>3</sup> Van Minh et 321. (2014) 33(47) 84	Vietnam	To describe the primary care system's readiness for NCDs	Mixed- methods; One district	Health facilities and staff±	Survey; Non-validated questionnaire; Interview; IDI guide	NCD focus was not specified	HSD, HW, HIS, MPK&T, HF, L&G	Primary healthcare facilities had limited NCD management capacity and service integration.
Mutale et al. (2018) (33) 36	Zambia	To assess the health system's readiness to address NCDs	Quantitative; Three districts	46 primary healthcare facilities	Survey; Modified WHO PEN questionnaire	NCD focus was not specified	HSD	Only the first-level hospitals had a mean readiness index score (=>70%) for managing NCDs.
3 Mendis et al. 382012) (31) 39	Multi- country	To evaluate primary care facilities' capacity for the major NCDs	Quantitative; Multi-country*	90 primary healthcare facilities	Survey; Modified WHO PEN questionnaire	Cancer, CRD, CVD, DM	HSD, HW, HIS, MPK&T, HF, RS	Primary care facilities had inadequate financing, basic technologies and medicines, medical information systems and health workforce
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2 3 4 5 6 7	254 255 256 257 258	<b>Note</b> . CVDs: Cardiovascular Diseases, DM: Diabetes Mellitus, DHS: Demographic and Health Surveys, FGD: Focus Group Discussion, HTN: Hypertension, IDI: In-depth Interviews, KII: Key Informant Interview, HSD: Health Service Delivery, HW: Health Workforce, HIS: Health Information System, MPK&T: Medical Products, Knowledge and Technologies, HF: Health Financing, CRDs: Chronic Respiratory Diseases, NCD: Non-communicable Disease, WHO: World Health Organization, LMIC: Low- and Middle-Income Countries, L&G: Leadership and Governance, RS: Referral System, WHO SARA: WHO Service Availability and Readiness Assessment, WHO PEN: WHO Package of Essential Non- communicable Disease Interventions
o 9	259	*Multi-country includes Benin, Bhutan, Eritrea, Sri Lanka, Sudan, Suriname, Syria and Vietnam
10	260	<sup>±</sup> The number of participants/sample size was not specified.
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### 262 Health service delivery

Of the 23 studies, 18 addressed issues related to the health service delivery system's readiness in preventing and managing NCDs at the primary healthcare level. Eleven of the 18 studies were quantitative studies, assessing primary healthcare facilities' readiness in implementing the WHO SARA reference manual (25-27, 29, 30, 36, 38, 45) or WHO PEN interventions (33-35). Three papers adopted the qualitative approach (40-42), while another three used the mixed-method approach (43, 45, 47). Four studies focused on a single NCD: DM, CVD (40) or HTN (26, 32). Five papers studied two NCDs (25, 35, 36, 38, 43), while seven investigated multiple NCDs and risk factors (27, 30, 31, 39, 41, 42, 48). However, two articles did not specify the NCDs that were evaluated (34, 47). Most of the studies found that healthcare facilities had insufficient capacity to deliver NCD prevention, care and treatment at the primary level. Among the NCDs, a higher level of readiness at the primary healthcare level was reported for hypertension prevention and management. The availability of hypertension services at healthcare facilities was reported to be 92.9% in Uganda (32) and 86% in Tanzania (25); however, one study found that hypertension preparedness was only 28% in Tanzania's outpatient care (26). A mixed-methods study in Thailand revealed that commune health stations were significantly prepared to manage HTN (44). The services readiness for CVD (47.8%), and DM (50%), were reported at the upazila health complex (UHC) in 2014 in Bangladesh(29, 38). However, the most recent data reported the availability of services largely varied from community clinic (CC) to 'UHC' for cervical cancer (0.4%-37.5%), CRD (34.1%-93.9%), CVD (1.4%-69.6%), DM (0.9%-84.5%), and, hypertension (3.5%-91.5%) (39). In Vietnam, only 25% of commune health centres were equipped to prevent, diagnose and treat major NCDs, with a noticeably lower utilisation rate of services by the users (27). Capacity for managing DM was predominantly low across all studies; however, one study in Tanzania (25) found that care for diabetes mellitus was available in 79% of healthcare facilities. Moreover, a lower level of readiness for managing CVD was reported across countries (31, 40, 42, 45). Qualitative studies conducted in Thailand (40) and India (43) noted facilities' low-level preparedness to manage HTN, DM and CVD, with healthcare facilities/programmes lacking effective community engagements and limited support 

from the national programmes. In Kien et al.'s 2018 study conducted in Vietnam, one of the district-level health staff shared the following:

[In our district] we implemented the hypertension programme for only four communes and
implemented the diabetes programme for four other communes [among 18 communes]. We do
not have any NCD programmes for the rest of the communes (41).

In a cross-sectional study conducted in Madhya Pradesh, India, the preparedness level for DM and HTN was reported to be slightly high (35). However, inadequate capacity was found for managing the common NCDs in a qualitative study in Odisha and Kerala, India (42). Lower levels of readiness for major NCDs have also been commonly reported in Zambia (33) and Ghana (34).

Overall, the delivery of NCD services was affected by multiple factors and revealed to be insufficient at the primary healthcare level. Inadequate and ill-equipped healthcare facilities were the most common issues hampering service delivery (25, 27, 31-35, 43). Moreover, notable key barriers include patients' lack of self-management education and knowledge (25), primary-level healthcare professionals' limited NCD management skills and national NCD strategies (25, 41), insufficient NCD service management and implementation capacity of local-level healthcare organisations (26, 47), a weak referral and follow-up system (30, 31), poor adherence to clinical guidelines (25, 30, 32, 36), inadequate screening opportunity (45), lack of information-education-community material (45) and the healthcare facility's rural location.

#### 308 Healthcare workforce

Twelve of the studies reviewed reported a healthcare workforce issue related to NCD services and care. According to these papers, a common bottleneck for NCD services is insufficient primary-level healthcare professionals. One cross-sectional study in Tanzania reported only 53% and 15% of healthcare facilities had trained health professionals to manage HTN and DM, respectively (25). In Thailand (40) and Vietnam (45, 47), there was an acute lack of trained healthcare staff to manage CVD. Page 17 of 57

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Moreover, a study conducted in Uganda found that only 26% and 16% of primary healthcare staff had an adequate level of knowledge to manage DM and HTN outpatients, respectively (30). This study also revealed that medical doctors had a higher level of knowledge (85% for HTN and 8% for DM) than nurses (8% for HTN and 4% for DM) (30). One study in Vietnam reported that only 9% of primary healthcare facilities in rural and urban locations had five categories of human resources (medical doctor, assistant doctor, nurse, midwife and pharmacist) to deliver HTN services (44). The shortage of trained healthcare staff (at least one staff received in-service training in the last 24 months before the data collection date) was reported at the primary healthcare in Bangladesh (39). The trained staff for cervical cancer (29% trained staff at the UHCs, but no trained staff in CCs and union-level facilities), CRD (4% union-level facilities, 11% CCs, and 29% UHCs), CVD (7% union-level facilities, 15% CCs, and 40%, UHCs), DM (3% union-level facilities, 14% CCs, and 28% UHCs), and hypertension (6% union-level facilities, 10% CCs, and 39% UHCs) were reported (39). According to a multi-country study, physicians at primary healthcare facilities were only available in two of the eight participating nations, while nurses and healthcare assistants were the key professionals for NCD services in the remaining six countries (31). A study in Ghana found that more than half of the healthcare centres lacked at least one medical doctor and nurse trained in NCDs (34). In India, while two medical officers were available on average at community health centres to manage DM, CVD, HTN and cancer, this number was lowest (less than half) in primary healthcare centres (35). In qualitative studies conducted in India (42) and Vietnam (41), insufficient healthcare staff jeopardised NCD services in primary care facilities. An NCD programme officer in Odisha, India and a national-level health worker in Vietnam shared their respective thoughts:

# In a big community health centre like ours, there should be more health workforce, and there should be a special training programme for all the health workers (42).

3337For the health workforce at commune health stations, some facilities lack human resources4338and/or capacity. They must be strengthened in their capacity to provide services for NCD67339prevention, consultation, early detection and management. The reason for this is that we have89340not implemented NCD services systematically at primary healthcare facilities (41).

1 2		
3 4	341	
5 6 7	342	Health financing
8 9	343	Seven studies found that inadequate funding/budget support from the national healthcare programme
10 11 12	344	compromised effective NCD service and care at the primary healthcare level. Furthermore, the absence
12 13 14	345	or limitation of healthcare insurance coverage jeopardised NCD services and care. One study in India
14 15 16	346	reported that less than 3% of households had insurance coverage (43). A study in Ghana revealed that
17 18	347	healthcare financing is organised by the government as the 'National Health Insurance Scheme', and
19 20	348	only those who paid the premium received its benefits (34). Limited public financial/budgetary support
21 22	349	has also been identified as a major barrier to NCD services in primary healthcare in Vietnam (45, 47).
23 24 25	350	A national-level health worker in Vietnam conveyed the following to Kien et al. in 2018:
25 26 27	351	The budget for NCD primary health care services is extremely limited; [funding is] mainly
28 29	352	through national target programmes on NCDs, but the programmes have been reduced. There
30 31	353	are some barriers to health insurance reimbursement for NCDs at the primary health care level
32 33	354	(41).
34 35 36	355	Similarly, in a qualitative study, a medical officer from Odisha, India shared his observation:
37 38	356	Since there is no existing system, funds do not reach the grassroots level. There is no funding
39 40	357	(42).
41 42 43	358	
44 45 46	359	Access to medical products, knowledge and technologies
47 48	360	Across countries and regions, a lack of supply-side factors, such as medical products and knowledge
49 50	361	and technologies to prevent and manage NCDs, has been widely reported. Fifteen studies reported
51 52 53	362	inadequate or interrupted access to supplies and technologies at the primary healthcare level, which are
54 55	363	vital for diagnosing and treating NCDs. In Bangladesh, the availability of medicine widely varied at the
56 57	364	UHCs based on their types for DM (metformin 38.1%, glibenclamide 7.4%), CRD (salbutamol 91.6%,
58 59	365	epinephrine 0.3%), CVD (amiodipine/nifedipine 41.5%, aspirin 2.6%), and HTN

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(amlodipine/nifedipine 44.7%, thiazide 1.4%), but no supply in the CCs were reported (39). In India, the essential drugs for the management of HTN (beta-blockers and calcium channel blockers) were available at most of the primary health centres (PHCs) and community health centres; however, other drugs (except metformin) were largely unavailable across facilities that resulted in 90% of NCD patients in India to rely on private providers/facilities for NCD service and care (35). More than 60% of PHC-level facilities faced a shortage of essential DM medicine, with over 30% of PHCs having a medicine stockout of more than six months. Only 38% of PHCs had functional laboratory facilities (43). According to a study conducted in Tanzania, 50% of health centres, 24% of dispensaries and 80% of hospitals had HTN and DM medicines on hand; however, more than one-third of these locations lacked basic laboratory facilities (25). A qualitative study in Vietnam (41) and a qualitative multi-country investigation (Benin, Bhutan, Eritrea, Sri Lanka, Sudan, Suriname, Syria and Vietnam) (31) likewise reported the shortage of medicine and basic diagnostic facilities at primary healthcare facilities. Moreover, basic amenities and equipment for NCDs were in short supply in Ugandan healthcare facilities (hospitals and healthcare centres), with more than half of them lacking the recommended antihypertensive drug and nearly 30% lacking a blood pressure device (32). Likewise, Tanzanian healthcare facilities reported a shortage of the recommended medicine and supplies required for HTN and DM service and care (36). Similarly, a mixed-method study found a scarcity of medical products and equipment for CRD, DM, cancer and HTN in Vietnam (45). However, basic equipment and diagnostic facilities such as stethoscope (93.2% CCs, 96.9% UHCs), blood pressure apparatus (85.6% CCs, 95.4% UHCs), adult scale (90.9% CCs, 82.9% UHCs), blood glucose testing (22.2% CCs, 48.9% UHCs), urine protein (0% CCs, 36.2 % UHCs), and urine glucose (0% CCs, 30.4 % UHCs) were available in Bangladesh (39).

389 Health information system

Studies that assessed the health information system's readiness were limited. Only five papers addressed
the health information system required for optimising NCD care at the primary healthcare level (25, 31,
41, 45, 47). These studies extensively reported on weak health information systems for detecting,

treating and monitoring NCD patients in primary healthcare settings. Furthermore, only 52.9% of primary healthcare facilities in Tanzania were prepared to collect, analyse and use local-level data for HTN and DM services (25). According to a multi-country survey, 85% of healthcare facilities created paper-based (patient register) individual-level information for patients who attended the facilities, but only half of that information was used at the follow-up visit (31). Weak and ineffective health information system management and inadequate NCD information, such as a lack of population-based NCD-related data on risk factors, mortality, disability and referral systems at the primary healthcare level, have been identified as crucial barriers to managing NCDs in Vietnam (41, 45).

### 402 Leadership and governance

Four studies investigated issues of leadership and stewardship in the management of NCDs in primary healthcare (41, 42, 45, 47). The research reported a lack of coordination among stakeholders and departments in implementing nationally designed NCD programmes/interventions. A qualitative study in India discovered weak inter-departmental coordination between various government departments (e.g. mental health programme and tobacco control programme), which resulted in poor NCD outcomes at the primary care level (42). The primary care-level NCD managers lacked knowledge of Vietnam's national NCD strategy or policies affecting targeted interventions for cancer, CVDs and diabetes (41). Limited knowledge of NCD management strategy and insufficient leadership capacity were highlighted among front-line healthcare staff (41). Furthermore, a lack of interaction between private and public providers and stakeholders was reported for NCD prevention/management activities in Vietnam (45). A mixed-method study found that Vietnam's nationally targeted NCD management and control programme lacked leadership and governance capacity (47).

#### **Community perspective**

417 Only two studies, conducted in the Netherlands and New Zealand, explored community perspectives418 on patients' capacity for using healthcare information, self-management and sharing problems when

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seeking aid to manage NCDs at the primary healthcare level. A mixed-method study in the Netherlands (46) showed that, during a consultation, people with diabetes had a low-level ability to share psychological issues with healthcare providers at the primary healthcare level. In New Zealand, the readiness of patients with NCDs (cancer, chronic pain, diabetes and mental health problems) was low, with only 36% of them seeking health-related information from digitalised sources (28). This demand-side perspective was not addressed in studies from low- and middle-income countries.

#### Quality of included studies / Quality assessment

Nearly three-fifth (61%) of the studies were of good quality (MMAT score of 75) (Table 1): one paper (4%) had an MMAT score of 25 (low quality), eight (35%) scored 50 (medium quality), eleven (48%) received 75 (good quality) and three (13%) reached 100 (high quality). No study had an MMAT score of 0 (poor quality). review.

#### Discussion

This review appraised available evidence on health system readiness for NCDs at the primary healthcare level. The key findings of this study were that health systems at the primary healthcare level were inadequately prepared for NCD prevention and management, and that readiness was poorly understood. Health system readiness was examined from the providers' perspectives, which is specifically focused on the availability of infrastructures and supply of resources (e.g. medicine, basic amenities, medical products and technologies) as devised in the WHO SARA methodology or WHO PEN interventions. This may have narrowed the 'systems thinking' approach, which is a core philosophical basis that incorporates various elements and their interactions and interconnectedness to function as a system (19). Viewing the health system from this constricted sense categorically failed to include people's (service users') dimensions, which is an essential consideration for a well-functioning and inclusive health system. One plausible reason for predominantly analysing the health system from the supply-side

perspective was the widespread acceptance of the WHO health system framework and its broader applications in individual studies. Over the past years, the 'building block' approach appeared as a dominant health system method globally (49), supporting the existing trend of assessing the health system from the supply-side perspective. Thus, the demand-side perspectives of health system readiness for NCDs warrant extensive investigation. Future research may focus on the demand-side aspects of the health system's readiness, such as community characteristics and associated determinants needed to establish an effective and inclusive health system to respond to the NCD epidemic.

This review demonstrated that almost all countries' primary healthcare systems have suffered from inadequate supply-side responses to medicine, technologies, equipment, amenities, trained healthcare professionals, health information and leadership and stewardship. The ill-equipped health system may result from insufficient financing mobilised through international and domestic channels and a lack of policy priority in responding to NCDs (50-52). Among the NCDs addressed by the studies in this review, DM and HTN received the most attention in the current literature. Hence, other major NCDs such as CVD, CRD and cancer, which are prioritised by the WHO, remain largely under-researched. The focus on DM and HTN may be due to multiple factors, including increasing prevalence and associated determinants/risk factors for other NCDs in low- and middle-income countries, a nationwide vertical programme, individual-level professional capacity and greater resource mobilisation (53-55), all of which have facilitated DM and HTN care, management and research. Moreover, the integrated model for DM and HTN care has widely been considered in the low-and middle-income countries that accelerated the provision of effective and equitable health service delivery at the primary healthcare level, which would have helped to address the rising burden of them with accessible, equitable, and cost-effective interventions (56-58). This review revealed that at the primary healthcare level, health system readiness for major NCDs was primarily concentrated on the diagnosis and treatment aspects. However, readiness for health promotion and preventive interventions, provision of palliative care, screening, identification of risk factors, self-management and health education have remained underinvestigated and of less priority (59, 60). As such, primary and secondary prevention of NCDs was 

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emphasised in the WHO's NCD prevention and control strategy in 2011 (61) and has been highlighted in the current literature to reduce NCD-related morbidities and deaths (62-64). Preventive and health promotional activities on key NCD risk factors, (61, 65) such as tobacco consumption, salt intake, physical inactivity, harmful alcohol use and unhealthy diet, stress that these can be addressed at the primary healthcare level to improve NCD outcome. The potential for a well-prepared health system is realised when promotional and preventive services are adequately provided at the primary healthcare level (66, 67). Lack of a comprehensive prevention and management approach led us to hypothesise that the full potential of the health system's response to NCDs may have been hindered at the primary healthcare level. Majority of the studies in this review had good or high quality. However, a large proportion of the study reflected inexplicit evidence due to the methodology, small sample size, bias, and incomplete information. A few quantitative studies lacked sufficient details about the participants' selection criteria, standard criteria for minimizing bias, and use of non-validated questionnaires with a relatively small sample size that might affect the scope of generalizability of the findings (27, 29, 32, 34, 35). One mixed-method study was rated low quality due to the homogeneous sample and insufficient information about the data analysis (47). The rest of the mixed-method studies included in the review had a more representative sample size and methodological rigors. The majority of the included studies used the WHO's health system framework as an analytical basis to identify the health system components. However, some studies lacked a deeper analysis of the interplay and interconnectedness between different health system components. Despite these limitations, this study provides important information regarding current evidence on the readiness of the primary healthcare system for NCDs. Additionally, most of the selected studies in this review were conducted in resource-poor settings, primarily in sub-Saharan African and South East Asian countries. The smaller number of studies in developed countries may be explained by their adoption of a specialised disease management strategy, which lessens the focus on comprehensive management of NCDs at the primary healthcare level (68). An extensive investigation of community characteristics and associated factors may be necessary for establishing a well-functioning and more responsive health system to respond to NCDs (24). 

498 Strengths and limitations

This review's main strength was an inclusive data synthesis informed by the health system dynamics framework, which offers a deeper and more comprehensive (both supply-side and demand-side factors) understanding of primary healthcare system readiness for NCDs. Conducting An extensive systematic search of literature with hand-searching references and expert advice increased the validity and trustworthiness of this review's findings. On the other hand, one of its limitations was that a few studies that reported health system readiness at combined primary and secondary healthcare levels were excluded. Moreover, the selected studies had heterogeneous study designs, methods and techniques, and focused on a variety of health system components, preventing meta-analysis. Another limitation was that studies containing relevant information published in languages other than English have been excepted, which may have influenced the results of this review.

# Conclusion and future direction

This review demonstrated that health systems at the primary healthcare level are insufficiently prepared for NCD prevention and management, especially for CVD, CRD and cancer. The existing health system response was characterised by insufficient 'supply-side' factors (i.e. supply of medicine, equipment and technology), a lack of appropriate NCD management strategies and guidelines, a weak health information system, limited resources, uncoordinated local-level stewardship and leadership and a shortage of human resources. One of the notable findings was that the primary healthcare system's readiness over the years was evaluated from the 'supply-side' perspective; hence, there is a significant knowledge gap in the literature from the 'demand-side' standpoint. This observation may be useful for future research into users' views on NCD management at the primary healthcare level, including NCD management practice, knowledge, attitude, care-seeking behaviour, adherence to treatment, self-management and coping strategies.

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6	526	Author Contributions
/ 8		
9	527	AK, NK and BB created the manuscript. AK and LR led the literature search. AK, NK, RI and BB
10		
11 12	528	screened the literature and completed the mapping. AK led the drafting process, while NK, RI and BB
12	529	provided substantial input. All authors read and approved the final manuscript
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37	538	The authors declare that they have no competing interests.
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12	698	$\log 2008 \cdot 20(4) \cdot 389 - 99$
13	699	61 Mamudu HM Yang IS Novotny TE LIN resolution on the prevention and control of non-
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15	700	62 Ezzati M. Obermeyer 7. Tzoulaki I. Mayosi BM. Elliott P. Leon DA. Contributions of risk
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Figure 1 PRISMA flowchart for study inclusion.



# Supplementary appendix

## Table S1. Literature search strategy

## Database(s): Ovid MEDLINE(R) and Epub Ahead of Print, In-Process, In-Data-Review & Other Non-Indexed Citations, Daily and Versions(R) Search Strategy:1<sup>st</sup> of January 1984 to July 30<sup>th</sup>

#	Searches	
1	chronic disease/ or multiple chronic conditions/ or non communicable disease/	
2	(chronic disease* or chronic disorder* or chronic* sick* or chronic health condition* or chronic medical condition* or chronic* ill* or long term condition* or multimorbidit* or mult imorbidit*).mp.	
3	(non-communicable disease* or non-infectious disease* or noncommunicable disease* or noninfectious disease*).mp.	
4	(cardiovascular disease* or coronary artery disease* or myocardial isch?emia or myocardial infarct* or pulmonary disease* or chronic obstructive pulmonary or chronic obstructive lung or chronic obstructive respiratory or diabetes or coronary heart disease* or neoplasm* or cancer*).mp.	
5	(hypertension or hypertriglycerid?emi* or hyper triglycerid?emi* or high triglyceride* or high cholesterol or hypercholesterol?emi* or hyperlipid?emia* or hyperlipidemi*).mp.	
6	(diastolic pressure or systolic pressure or blood pressure or cardiometabolic syndrome*).mp.	
7	(copd or asthma or renal disease* or kidney disease*).mp.	
8	1 or 2 or 3 or 4 or 5 or 6 or 7	
9	Primary Health Care/	
10	Delivery of Health Care/	
11	(primary health system or primary health service or primary healthcare system or primary health care system or primary healthcare service or primary health care service or primary medical service delivery or primary medical care service or primary care service or primary care system).mp.	
12	(first-level healthcare or first-level health care or first-level health system* or first-level health facilit* or local health system* or local health care or local healthcare or local-level health*).mp.	
13	((primary or first-level or local) adj3 health* adj3 (clinic* or center* or centre* or setting*)).mp.	
14	9 or 10 or 11 or 12	
15	8 and 14	
16	(readiness or preparedness or capacity or quality improvement or quality of Improvement).mp.	
17	15 and 16	
18	((primary care or primary health care or primary healthcare or primary health system* or primary medical service* or primary medical care or (first-level healthcare or first-level health care or first-level health system* or first-level health facilit* or local health system* or local health care or local healthcare or local-level health*)) adj5 (accessibility or availability)).mp.	
19	8 and 18	
20	((primary care or primary health care or primary healthcare or primary health system* or primary medical service* or primary medical care or (first-level healthcare or first-level health care or first-level health system* or first-level health facilit* or local health system* or local health care or local healthcare or local-level health*)) adj (need* or demand*)).mp.	
21	8 and 20	
22	((primary or first-level or local) adj3 health* adj3 (clinic* or center* or centre* or setting*) adj3 (need* or demand*)).mp.	

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12		Database(s): Embase Classic+Embase
13		Search Strategy:
14		
15 16	#	Searches
17		exp antineoplastic agent/ or cancer therapy/ or bone marrow purging/ or bone marrow rescue/ or exp cancer
18		adjuvant therapy/ or exp cancer chemotherapy/ or cancer gene therapy/ or cancer hormone therapy/ or exp cancer
19	1	immunotherapy/ or exp cancer radiotherapy/ or multimodality cancer therapy/ or oncolytic virotherapy/ or target
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21		hematopoietic stem cell transplantation/ or stem cell transplantation/ or cancer patient/ or cancer survivor/
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26	5	antileukemi* or oncotherap* or antimetastatic* or anti-metastatic* or antimetastas#s or anti-metastas#s) mp
27		((cancer* or tumo?r* or neonlas* or carcinoma* or malignan* or adenocarcinoma* or sarcoma* or lymphoma* or
28		leukemi* or blastoma* or carcinostatic or oncolog* or carcinocidal or oncocidal or oncostatic) adi3 (therap* or
29	4	drug* or agent* or chemotherap* or electrochemotherap* or treat* or medication* or compound* or
30		immunotherap* or immunological or immunomodul* or immunomodurat*)).mp.
31 32		((adenoma* or chondrosarcoma* or osteosarcoma* or rhabdomyosarcoma* or astrocytoma* or ependymoma* or
33		glioma* or neuroblastoma* or medulloblastoma* or oligodendroglioma* or pheochromocytoma* or
34	5	retinoblastoma* or cholangiocarcinoma* or melanoma* or mesothelioma* or pheochromocytoma* or
35		paraganglioma* or craniopharyngioma* or esthesioneuroblastoma* or myeloma*) adj (therap* or treatment* or
36		drug* or agent* or medication* or vaccine*)).mp.
3/		((cancer or tumo?r) adj (cure* or healing or remed* or vaccin* or adjuvant therap* or multichemotherap* or
20 20	6	polychemotherap* or gene therap* or hormon* therap* or radiation or irradiation or ablation or immun*
40		therap*)).mp.
41		((cancer or carcinoma or adenocarcinoma or sarcoma or lymphoma or leukemia or blastoma or adenoma or
42		chondrosarcoma or osteosarcoma or rhabdomyosarcoma or astrocytoma or ependymoma or glioma or
43	7	neuroblastoma or medulloblastoma or oligodendroglioma or pheochromocytoma or retinoblastoma or
44		cholangiocarcinoma or melanoma <sup>*</sup> or mesoinenoma or pheochromocytoma or paragangioma or eranionharuncioma or asthesionauroblastoma or musloma or angolog <sup>*</sup> ) adj (nationt <sup>*</sup> or survivor <sup>*</sup> or
45 46		sufferer*)) mp
40 47	8	(alkylating adj (agent* or chemical* or compound* or cytostatic*)) mp
48	0	(((angiogenesis or neovascularisation or tumo?r vascularisation) adi inhibitor*) or ((angiostatic or anti
49	9	angiogenesis or antiangiogenesis or anti-angiogenic or antiangiogenic or antimutagenic) adj (agent* or
50		drug*))).mp.
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	thiotepa or tretamine or tretazicar or triaziquone or uredepa or banoxantrone or bisantrene or bizelesin or brostallicin or carboplatin or carzelesin or chlormethine derivative or acridine mustard or aldophosphamide or alestramustine or ambamustine or amustaline or aniline mustard or bendamustine or benzoquinone mustard or bestrabucil or canfosfamide or chlorambucil or chlormethine or chlornaphazine or cloturin or cortifen or cyclophosphamide or cydrin or dichlorodiethylamine or dopan or estramustine or mafosfamide or galamustine or glufosfamide or gonadorelin or ifosfamide or laromustine or mafosfamide or mafosfamide cyclohexylamine or mafosfamide lysine or mannomustine or melphalan or mepacrine mustard or palifosfamide or peptichemio or
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phosphate dibasic plus cyanocobalamin plus ethinylestradiol plus methylphenidate plus methyltestosterone plus nicotinamide plus pyridoxine plus riboflavin plus thiamine or calusterone or carisoprodol plus prednisolone or chloramphenicol plus prednisolone or chlorbutol plus phenylephrine plus prednisolone acetate or chlorotrianisene or chlorpheniramine gluconate plus prednisolone acetate or chlorzoxazone plus paracetamol plus prednisolone or conjugated estrogen or cyproterone or deslorelin or diethylstilbestrol derivative or dienestrol or diethylstilbestrol or fosfestrol or hexestrol or methestrol or dimethylstilbestrol or droloxifene or drostanolone or ectylurea plus ethoxzolamide plus medroxyprogesterone acetate or endoxifen or enzalutamide or ephedrine plus phenobarbital 0 plus prednisone plus theophylline or estradiol undecylate or ethinylestradiol or fluoxymesterone or flutamide or 1 fulvestrant or galeterone or gentamicin plus prednisolone acetate or gestonorone or goserelin or gramicidin plus 2 neomycin plus phenylephrine plus prednisolone acetate or hydroxyflutamide or hydroxyprogesterone or 3 hydroxytamoxifen or hydroxyzine plus prednisolone or idoxifene or leuprorelin or medroxyprogesterone or 4 megestrol or melengestrol or mephenesin plus methylphenobarbital plus prednisone or mepitiostane).mp. 5 6 (methoxyphenamine plus methylprednisolone or methylprednisolone or methyltestosterone or miproxifene or 7 nafarelin or nandrolone or neomycin plus phenylephrine plus phenylpropanolamine plus prednisolone sodium 8 phosphate or neomycin plus phenylephrine plus prednisolone or neomycin plus phenylephrine plus prednisolone 9 acetate or neomycin plus polymyxin B plus prednisolone acetate or neomycin plus prednisolone or neomycin plus 0 prednisolone acetate or neomycin plus prednisolone sodium phosphate or nilutamide or nortamoxifen or 1 ormeloxifene or orteronel or ospemifene or ozarelix or panomifene or phenylephrine plus prednisolone or 2 pipendoxifene or 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23	(protein tyrosine kinase inhibitor or tyrosine kinase inhibitor or tyrosine protein kinase inhibitor or anaplastic lymphoma kinase inhibitor or bruton tyrosine kinase inhibitor or adaphostin or alofanib or alpha cyanothiocaffeic acid amide or altiratinib or alvespimycin or amivantamab or amuvatinib or alectinib or brigatinib or ceritinib or crizotinib or ensartinib or entrectinib or lorlatinib or repotrectinib or asciminib or avapritinib or axitinib or bafetinib or belizatinib or bemcentinib or bosutinib or brivanib or brivanib alaninate or acalabrutinib or branebrutinib or dasatinib or elsubrutinib or evobrutinib or ibrutinib or orelabrutinib or poseltinib or capmatinib or crizotinib or cediranib or cerdulatinib or cevidoplenib or conteltinib or cabozantinib or capmatinib or catequentinib or defactinib or derazantinib or dovitinib or dubermatinib or edicotinib or elafibranor or emodin or epidermal growth factor receptor kinase inhibitor or erbstatin or focal adhesion kinase inhibitor or Janus kinase inhibitor or baricitinib or itacitinib or izencitinib or abrocitinib or folgotinib or lorpucitinib or uxolitinib or tofacitinib or upadacitinib or lavendustin A or lazertinib or lorpucitinib or momelotinib or fostamatinib or lanraplenib or piceatannol or radicicol or recifercept or ritlecitinib or seralutinib or solcitinib or suppressor of cytokine signaling 1 or telatinib or tolegotinib or typestama or typestama or typestama or suppressor of cytokine signaling 1 or telatinib or typestama or typestin) mp.
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25	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10 or 11 or 12 or 13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24
26	blood vessel parameters/ or arterial stiffness/ or arterial wall thickness/ or artery diameter/ or augmentation index/ or blood vessel diameter/ or carotid-femoral pulse wave velocity/ or endothelial dysfunction/ or artery compliance/ or blood vessel compliance/ or vascular remodeling/ or artery blood flow/ or pulse wave/ or blood vessel function/ or blood vessel reactivity/ or vascular resistance/ or vasoconstriction/ or vasodilatation/ or vascular endothelium/ or artery endothelium/ or artery dilatation/ or blood flow velocity/ or blood vessel capacitance/
27	(tunica intima/ or endothelium, vascular/ or tunica media/ or muscle, smooth, vascular/ or Endothelial Cells/) and (cellular senescence/ or telomere shortening/ or Aging/)
28	arteriosclerosis/ or arteriolosclerosis/ or artery intima proliferation/
29	(endothelial function or endothelial vascular function).mp.
30	((vascular* or vasculature or endotheli* or vessel*) adj4 (ag?ing or aged or stiff* or dysfunction* or impair* or deficit* or defect* or change* or alteration* or remode?ling or dilat* or degenerat* or thick* or elasticit* or elastance or distens*)).mp.
31	((vascular* or vasculature or endotheli* or blood vessel*) adj (inflammation or senescen* or cell senescence or damage or dyshomeostasis or measurement* or compliance or calcification or reactivity)).mp.
	23 23 24 25 25 26 27 28 29 30 31

32	((artery or arteries or arteria* or aorta* or aortic*) adj4 (ag?ing or stiff* or thick* or compliance or distens* or wave reflection or reflection index or elasticit* or elastance or defect* or change* or impair* or diameter* or dilat* or measurement* or dysfunction* or alteration* or remode?ling or calcification)).mp.
33	((Intima* media* or intimamedia* or tunica intima or tunica media) adj3 thick*).mp.
34	(pressure wave transmission or pressure wave reflection or pulse pressure or pulse wave velocity or pulse wave analys#s or pulse wave amplitude or arterial pulsatility or flow mediated dilation or blood flow velocit* or arterial flow velocit*).mp.
35	(aortic blood pressure* or aortic pressure* or aortic pulse pressure* or aortic tension* or central aortic blood pressure* or central aortic pressure*).mp.
36	(central BP or arterial BP or aortic BP or (central SBP or arterial SBP or aortic SBP) or (central PP or arterial F or aortic PP)).mp.
37	(aortic blood pulse wave* or aortic pulse wave* or aortic tension* or arterial blood pulse wave* or arterial pulse wave* or arterial tension* or central aortic blood pulse wave* or central aortic pulse wave* or carotid to femor pulse wave* or pulse wave*).mp.
38	(augmentation adj (index* or indice*)).mp.
39	((augmentation or amplification) adj6 (pressure* or pulse* or wave* or aortic or central)).mp.
40	26 or 27 or 28 or 29 or 30 or 31 or 32 or 33 or 34 or 35 or 36 or 37 or 38 or 39
41	25 and 40
42	clinical trial/ or randomized controlled trial/ or randomization/ or single blind procedure/ or double blind procedure/ or crossover procedure/ or placebo/ or prospective study/
43	(randomi?ed controlled or RCT or randomly allocated or allocated randomly or random allocation or (allocated adj2 random) or (single adj1 blind*) or (double adj1 blind*) or ((treble or triple) adj1 blind*) or placebo*).mp.
44	((cross-sectional or prevalence or disease frequency) adj (analys#s or study or studies or survey)).mp.
45	((cohort or incidence) adj (analys#s or study or studies or survey)).mp.
46	((follow-up or followup or longitudinal or prospective or retrospective) adj (study or studies)).mp.
47	42 or 43 or 44 or 45 or 46
48	41 and 47
49	(exp animal/ or exp invertebrate/ or animal.hw. or nonhuman/) not exp human/
50	48 not 49
51	limit 50 to english language
52	limit 51 to (editorial or letter or note)
53	51 not 52
54	53 not (case report* or news or newspaper*).mp,pt.
55	limit 54 to conference abstract
56	54 not 55
57	limit 56 to conference abstracts
58	56 not 57

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#	Query
S15	S11 OR S13
515	Limiters - Publication Year: 1990-2020: English Language: Exclude MEDLINE records
S14	S11 OR S13
S13	S5 AND S12
S12	( ((primary care or primary health care or primary healthcare or primary health system* or primary medical service* or primary medical care or (first-level healthcare or first-level health care or first-level health facilit* or local health system* or local health care or local healthcare or local healthcare or local healthcare or primary healthcare or primary health ((primary care or primary health care or primary health system* or primary medical care or (first-level health system* or primary healthcare or primary health care or primary health care or primary healthcare or primary health care or first-level health care or first-level health care or (first-level healthcare or primary health care or first-level health care or first-level health system* or first-level health care or (first-level health care or first-level health care or first-level health system* or first-level health facilit* or local health system* or local health care or local health care or local health system* or first-level health care or local health care or local health system* or first-level health facilit* or local health system* or local health care or local healthcare or local-level health)) N0 (need* or demand*)) OR ( ((primary or first-level or local) adj3 health* adj3 (clinic* or center* or centre* or setting*) N2 (need* or demand*)) )
S11	S9 AND S10
S10	(readiness or preparedness or capacity or quality improvement or quality of Improvement)
S9	S5 AND S8
<b>S</b> 8	S6 OR S7
S7	( (primary health system or primary health service or primary healthcare system or primary health care system or primary healthcare service or primary health care service or primary medical service delivery or primary medical care service or primary care service or primary care system) ) OR ( (first-level healthcare or first-level health care or first-level health system* or first-level health facilit* or local health system* or local health care or local healthcare or local-level health*) ) OR ( ((primary or first- level or local) adj3 health* adj3 (clinic* or center* or centre* or setting*)) )
<b>S</b> 6	(MH "Primary Health Care") OR (MH "Health Care Delivery")
S5	S1 OR S2 OR S3 OR S4
S4	( (diastolic pressure or systolic pressure or blood pressure or cardiometabolic syndrome*) ) OR ( (copd or asthma or renal disease* or kidney disease*) )
<b>S</b> 3	( (cardiovascular disease* or coronary artery disease* or myocardial isch?emia or myocardial infarct* or pulmonary disease* or chronic obstructive pulmonary or chronic obstructive lung or chronic obstructive respiratory or diabetes or coronary heart disease* or neoplasm* or cancer*) ) OR ( (hypertension or hypertriglycerid?emi* or hyper triglycerid?emi* or high triglyceride* or high cholesterol or hypercholesterol?emi* or hyperlipid?emia* or hyperlipidemi*) )
\$2	( (chronic disease* or chronic disorder* or chronic* sick* or chronic health condition* or chronic medical condition* or chronic* ill* or long term condition* or multimorbidit* or mult imorbidit*) ) OR ( (non-communicable disease* or non-infectious disease* or noncommunicable disease* or noninfectious disease*) )
<b>S</b> 1	(MH "Chronic Disease") OR (MH "Noncommunicable Diseases") OR (MH "Chronic Pain")

#### **CINAHL Search**

Database(s): APA PsycInfo Search Strategy:

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#	Searches	Results
1	chronic illness/ or chronic fatigue syndrome/ or chronic pain/	27358
2	(chronic disease* or chronic disorder* or chronic* sick* or chronic health condition* or chronic medical condition* or chronic* ill* or long term condition* or multimorbidit* or mult imorbidit*).mp.	48956
3	(non-communicable disease* or non-infectious disease* or noncommunicable disease* or noninfectious disease*).mp.	1052
4	(cardiovascular disease* or coronary artery disease* or myocardial isch?emia or myocardial infarct* or pulmonary disease* or chronic obstructive pulmonary or chronic obstructive lung or chronic obstructive respiratory or diabetes or coronary heart disease* or neoplasm* or cancer*).mp.	121105
5	(hypertension or hypertriglycerid?emi* or hyper triglycerid?emi* or high triglyceride* or high cholesterol or hypercholesterol?emi* or hyperlipid?emia* or hyperlipidemi*).mp.	20201
6	(diastolic pressure or systolic pressure or blood pressure or cardiometabolic syndrome*).mp.	24127
7	(copd or asthma or renal disease* or kidney disease*).mp.	13056
8	1 or 2 or 3 or 4 or 5 or 6 or 7	207978
9	primary health care/	18474
10	health care delivery/	20844
11	(primary health system or primary health service or primary healthcare system or primary health care system or primary healthcare service or primary health care service or primary medical service delivery or primary medical care service or primary care service or primary care system).mp.	511
12	(first-level healthcare or first-level health care or first-level health system* or first- level health facilit* or local health system* or local health care or local healthcare or local-level health*).mp.	338
13	((primary or first-level or local) adj3 health* adj3 (clinic* or center* or centre* or setting*)).mp.	2322
14	9 or 10 or 11 or 12	38723
15	8 and 14	4987
16	(readiness or preparedness or capacity or quality improvement or quality of Improvement).mp.	118317
17	15 and 16	312
18	((primary care or primary health care or primary healthcare or primary health system* or primary medical service* or primary medical care or (first-level healthcare or first- level health care or first-level health system* or first-level health facilit* or local health system* or local health care or local healthcare or local-level health*)) adj5 (accessibility or availability)).mp.	148
19	8 and 18	19
20	((primary care or primary health care or primary healthcare or primary health system* or primary medical service* or primary medical care or (first-level healthcare or first-level health care or first-level health system* or first-level health facilit* or local health system* or local health care or local healthcare or local-level health*)) adj (need* or demand*)).mp.	290
21	8 and 20	55
22	((primary or first-level or local) adj3 health* adj3 (clinic* or center* or centre* or setting*) adj3 (need* or demand*)).mp.	17
23	8 and 22	2
24	17 or 19 or 21 or 23	387

25	limit 24 to english language	380
26	limit 25 to yr="1990 -Current"	380
27	limit 26 to ("column/opinion" or "comment/reply" or dissertation or editorial or letter)	41
28	26 not 27	339

#### Scopus

#### **Search Strategy:**

((((TITLE-ABS-KEY(("chronic disease\*" OR "chronic disorder\*" OR "chronic\* sick\*" OR "chronic health condition\*" OR "chronic medical condition\*" OR "chronic\* ill\*" OR "long term condition\*" OR multimorbidit\* OR "mult imorbidit\*"))) OR (TITLE-ABS-KEY ( ( "non-communicable disease\*" OR "non-infectious disease\*" OR "noncommunicable disease\*" OR "noninfectious disease\*"))) OR (TITLE-ABS-KEY((("cardiovascular disease\*" OR "coronary artery disease\*" OR "myocardial isch?emia" OR "myocardial infarct\*" OR "pulmonary disease\*" OR "chronic obstructive pulmonary" OR "chronic obstructive lung" OR "chronic obstructive respiratory" OR diabetes OR "coronary heart disease\*" OR neoplasm\* OR cancer\*))) OR (TITLE-ABS-KEY ((hypertension OR hypertriglycerid?emi\* OR "hyper triglycerid?emi\*" OR "high triglyceride\*" OR "high cholesterol" OR hypercholesterol?emi\* OR hyperlipid?emia\* OR hyperlipidemi\*))) OR (TIT LE-ABS-KEY ( ( "diastolic pressure" OR "systolic pressure" OR "blood pressure" OR "cardiometabolic syndrome\*"))) OR (TITLE-ABS-KEY ((copd OR asthma OR "renal disease\*" OR "kidney disease\*")))) AND ((TITLE-ABS-KEY (("primary health system" OR "primary health service" OR "primary healthcare system" OR "primary health care system" OR "primary healthcare service" OR "primary health care service" OR "primary medical service delivery" OR "primary medical care service" OR "primary care service" OR "primary care system"))) OR (TITLE-ABS-KEY (("first-level healthcare" OR "first-level health care" OR "first-level health system\*" OR "first-level health facilit\*" OR "local health system\*" OR "local health care" OR "local healthcare" OR "local-level health\*"))) OR (TITLE-ABS-KEY ( ( primary OR "firstlevel" OR local ) W/2 health\* W/2 (clinic\* OR center\* OR centre\* OR setting\*))))) AND (TITLE-ABS-KEY) ((readiness OR preparedness OR capacity OR "quality improvement" OR "quality of Improvement" ) ) ) ) OR (((TITLE-ABS-KEY(("chronic disease\*" OR "chronic disorder\*" OR "chronic\* sick\*" OR "chronic health condition\*" OR "chronic medical condition\*" OR "chronic\* ill\*" OR "long term condition\*" OR multimorbidit\* OR "multimorbidit\*"))) OR (TITLE-ABS-KEY(("noncommunicable disease\*" OR "non-infectious disease\*" OR "noncommunicable disease\*" OR "noninfectious disease\*" ) ) ) OR (TITLE-ABS-KEY (("cardiovascular disease\*" OR "coronary artery disease\*" OR "myocardial isch?emia" OR "myocardial infarct\*" OR "pulmonary disease\*" OR "chronic obstructive pulmonary" OR "chronic obstructive lung" OR "chronic obstructive respiratory" OR diabetes OR "coronary heart disease\*" OR neoplasm\* OR cancer\*))) OR (TITLE-ABS-KEY ( ( hypertension OR hypertriglycerid?emi\* OR "hyper triglycerid?emi\*" OR "high triglyceride\*" OR "high cholesterol" OR hypercholesterol?emi\* OR hyperlipid?emia\* OR hyperlipidemi\*))) OR (TIT LE-ABS-KEY ( ( "diastolic pressure" OR "systolic pressure" OR "blood pressure" OR "cardiometabolic syndrome\*"))) OR (TITLE-ABS-KEY ((copd OR asthma OR "renal disease\*" OR "kidney disease\*")))) AND (TITLE-ABS-KEY ((( "primary care" OR "primary health care" OR "primary healthcare" OR "primary health system\*" OR "primary medical service\*" OR "primary medical care" OR "first-level healthcare" OR "first-level health care" OR "first-level health system\*" OR "first-level health facilit\*" OR "local health system\*" OR "local health care" OR "local healthcare" OR "local-level

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3	health*") W/4 (accessibility OR availability)))) OR (((TITLE-ABS-KEY(("chronic
4	disease*" OR "chronic disorder*" OR "chronic* sick*" OR "chronic health
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8	communicable disease* OK non-infectious disease* OK noncommunicable
9	disease*" OR "noninfectious disease*"))) OR (IIILE-ABS-KEY (("cardiovascular
10	disease*" OR "coronary artery disease*" OR "myocardial isch?emia" OR "myocardial
11	infarct*" OR "pulmonary disease*" OR "chronic obstructive pulmonary" OR "chronic obstructive
12	lung" OR "chronic obstructive respiratory" OR diabetes OR "coronary heart
13	disease*" OR neoplasm* OR cancer*))) OR (TITLE-ABS-
14	KEY ((hypertension OR hypertriglycerid?emi* OR "hyper triglycerid?emi*" OR "high
15	triglyceride*" OR "high
16	cholesterol" OR hypercholesterol?emi* OR hyperlipid?emia* OR hyperlipidemi*))) OR (TIT
17	LE-ABS-KEY ( ( "diastolic pressure" OR "systolic pressure" OR "blood
18	pressure" OR "cardiometabolic syndrome*"))) OR (TITLE-ABS-
19	KEY ((cond OR asthma OR "renal disease*" OR "kidney disease*")))) AND (TITLE-ABS-
20	KEY ((("primary care" OR "primary health care" OR "primary healthcare" OR "primary healthcare" OR
21	system*" OP "primary medical sorvices*" OP "primary medical care" OP "first level
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24	facilit*" OK "local health system*" OK "local health care" OK "local healthcare" OK "local-level
25	health*") W/0 (need* OR demand*))))) OR ((((111LE-ABS-KEY (("chronic
26	disease*" OR "chronic disorder*" OR "chronic* sick*" OR "chronic health
27	condition*" OR "chronic medical condition*" OR "chronic* ill*" OR "long term
28	condition*" OR multimorbidit* OR "mult imorbidit*"))) OR (TITLE-ABS-KEY((("non-
29	communicable disease*" OR "non-infectious disease*" OR "noncommunicable
30	disease*" OR "noninfectious disease*"))) OR (TITLE-ABS-KEY (("cardiovascular
31	disease*" OR "coronary artery disease*" OR "myocardial isch?emia" OR "myocardial
37	infarct*" OR "pulmonary disease*" OR "chronic obstructive pulmonary" OR "chronic obstructive
33	lung" OR "chronic obstructive respiratory" OR diabetes OR "coronary heart
34	disease*" OR neoplasm* OR cancer*))) OR (TITLE-ABS-
35	KEY ( ( hypertension OR hypertriglycerid?emi* OR "hyper triglycerid?emi*" OR "high
36	triglyceride*" OR "high
37	cholesterol" OR hypercholesterol?emi* OR hyperlipid?emia* OR hyperlipidemi*))) OR (TIT
38	LE-ABS-KEV ( ( "diastolic pressure" OR "systolic pressure" OR "blood
39	pressure" OR "cardiometabolic syndrome*"))) OR (TITLE ARS
40	KEV ((acad OB asthma OB "ranal discases*" OB "kidnay discases*")))) AND (TITLE ADS
40	KET ((copu OK asumina OK Tenar uisease. OK Kiuney uisease. )))) AND (TITLE-ADS- KEY (((mimore OD "first
42	<b>NET</b> (((primary OK mist-
43	level OR local) W/2 health* W/2 (clinic* OR center* OR centre* OR setting*) W/2 (need
43	* OR demand*))))) AND (LIMIT-
45	TO (LANGUAGE, "English")) AND (EXCLUDE (DOCTYPE, "ch") OR EXCLUDE (DOC
46	TYPE, "no") OR EXCLUDE (DOCTYPE, "bk") OR EXCLUDE (DOCTYPE, "ed")) AND
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49	EA, "EART") OR EXCLUDE (SUBJAREA, "VETE")) View less
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Table S2. A list of the excluded studies and reasons for their exclusion

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SL	Study	Reason for exclusion
01	Abolhassani N, Santos-Eggimann B, Chiolero A, Santschi V, Henchoz Y. Readiness to accept health information and communication technologies: A population-based survey of community-dwelling older adults. <i>International Journal of Medical</i> <i>Informatics</i> 2010: <b>130</b> : 102050	Not relevant to the theme for review
02	Acton KJ, Shields R, Rith-Najarian S, et al. Applying the diabetes quality improvement project indicators in the Indian Health Service primary care setting. <i>Diabetes Care</i> ; <b>24</b> (1): 22-6.	Inadequate or inappropriate results
03	Ahmed S, Chowdhury MA, Khan MA, Huq NL, Naheed A. Access to primary health care for acute vascular events in rural low income settings: a mixed methods study. <i>BMC Health Services Research</i> ; <b>17</b> (1): 47.	Inadequate or inappropriate results
04	Allenby A, Kinsman L, Tham R, Symons J, Jones M, Campbell S. The quality of cardiovascular disease prevention in rural primary care. <i>Australian Journal of Rural Health</i> ; <b>24</b> (2): 92-8.	Inadequate or inappropriate results
05	Armour CL, Reddel HK, Lemay KS, et al. Feasibility and Effectiveness of an Evidence-Based Asthma Service in Australian Community Pharmacies: A Pragmatic Cluster Randomized Trial. <i>Journal of Asthma</i> 2013; <b>50</b> (3): 302-9.	Not relevant to the theme for review
06	Alzubaidi HT, Chandir S, Hasan S, McNamara K, Cox R, Krass I. Diabetes and cardiovascular disease risk screening model in community pharmacies in a developing primary healthcare system: A feasibility study	Inadequate or inappropriate results
07	Ahmedov M, Green J, Azimov R, Avezova G, Inakov S, Mamatkulov B. Addressing the challenges of improving primary care quality in Uzbekistan: a qualitative study of chronic heart failure management. <i>Health Policy &amp; Planning</i> ; <b>28</b> (5): 458-66.	Inadequate or inappropriate results
08	Aryal BK, Daud M, Thapa A, Mahotra A, Ale Magar S, Malla CK. Assessment of Health Facilities for Implementation of Non- communicable Disease Package. <i>Journal of Nepal Health Research</i> <i>Council</i> : <b>16</b> (2): 149-55.	Combined data on primary and secondary healthcare level
09	Banasiak NC. Implementation of the Asthma Control Test in Primary Care to Improve Patient Outcomes. <i>Journal of Pediatric Healthcare</i> 2018; <b>32</b> (6): 591-9.	Not relevant to the theme for review
10	Barcelos MRB, Nunes BP, Duro SMS, et al. Utilization of Breast Cancer Screening in Brazil: An External Assessment of Primary Health Care Access and Quality Improvement Program.	Not relevant to the theme for review
11	Bello AK, Ronksley PE, Tangri N, et al. Quality of Chronic Kidney Disease Management in Canadian Primary Care. <i>JAMA Network</i> <i>Open</i> ; <b>2</b> (9): e1910704.	Inadequate or inappropriate results
12	Baeza JI, Fitzgerald L, McGivern G. Change capacity: the route to service improvement in primary care. <i>Quality in Primary Care</i> ; <b>16</b> (6): 401-7.	Inadequate or inappropriate results
13	Bawazir AA, Al-Surimi K, Suwaidan SD, AlShehri AM, AlFarhan AI, Aboulfotouh MA. Capacity and readiness of primary health care centers for implementation of the basic strategy for prevention and control of non-communicable diseases in Saudi Arabia. A case study from the Ministry of National Guard-Health Affairs, Riyadh, Saudi Arabia. <i>Saudi Medical Journal</i> ; <b>40</b> (6): 614-8.	Inappropriate study type (n=1)
14	Boehmer KR, Kyriacou M, Behnken E, Branda M, Montori VM. Patient capacity for self-care in the medical record of patients with	Not relevant to the theme for review

	chronic conditions: a mixed-methods retrospective study. BMC	
	<i>family practice</i> 2018; <b>19</b> (1): 164.	
15	Bindman AB, Grumbach K, Osmond D, Vranizan K, Stewart AL.	Inadequate or inappropriate results
	Primary care and receipt of preventive services.	
16	Birabwa C, Bwambale MF, Waiswa P, Mayega RW. Quality and	Combined data on primary and
	barriers of outpatient diabetes care in rural health facilities in Uganda	secondary healthcare level
	- a mixed methods study. BMC Health Services Research; 19(1):	
	706.	
17	Brownson CA, Miller D, Crespo R, et al. A quality improvement tool	Inadequate or inappropriate results
	to assess self-management support in primary care. Joint Commission	
	Journal on Quality & Patient Safety; <b>33</b> (7): 408-16.	
18	Casalino LP, Wu FM, Ryan AM, et al. Independent practice	Inadequate or inappropriate results
	associations and physician-hospital organizations can improve care	
	management for smaller practices. <i>Health Affairs</i> ; <b>32</b> (8): 1376-82.	
19	Chavannes NH. Integrated chronic obstructive pulmonary disease	Inadequate or inappropriate results
	management in primary care. Disease Management & Health	
	<i>Outcomes</i> 2008; <b>16</b> (5): 315-8.	
20	Chen M, Patel T, Chang F. The impact of a primary care, pharmacist-	Not relevant to the theme for review
	driven intervention in patients with chronic non-cancer pain-A pilot	
- 1	study. <i>Pharmacy</i> 2020; <b>8</b> (8): 113.	
21	Chen XRC, Leung SH, Li YC. Chronic Obstructive Pulmonary	Not relevant to the theme for review
	Disease (COPD) management in the community: how could primary	
22	care team contribute? BMC family practice 2020; 21(1): 184.	
22	Collins S. Primary care shortages: Strengthening this sector is	Inadequate or inappropriate results
	Amoriagn Health and Drug Panafita 2012; 5(1): 40.7	
22	American Healin and Drug Benefits 2012, 5(1): 40-7.	Not relevant to the theme for review
23	Workforce capacity for Local Health Departments in Nebraska: a	Not relevant to the theme for review
	perspective from public health programmatic group. <i>Journal of Public</i>	
	Health Management & Practice: 18(6): 595-601	
24	Chen I M Sakshaug IW Miller DC Rosland A-M Hollingsworth I	Inadequate or inappropriate results
<u>-</u>	The association among medical home readiness quality and care of	indeequate of inappropriate results
	vulnerable patients Am J Manag Care 2015: 21(8): e480-e6	
25	Day A. Oldroyd C. Godfrey S. Ouinn T. Availability of cardiac	Inadequate or inappropriate results
-0	equipment in general practice premises in a cardiac network: A	indequate of inappropriate results
	survey. British Journal of Cardiology 2008; <b>15</b> (3): 141-4.	
26	Deckard GJ, Borkowski N, Diaz D, Sanchez C, Boisette SA.	Not relevant to the theme for review
	Improving timeliness and efficiency in the referral process for safety	
	net providers: Application of the lean six sigma methodology.	
	Journal of Ambulatory Care Management 2010; 33(2): 124-30.	
27	Depatie A, Bigbee JL. Rural Older Adult Readiness to Adopt Mobile	Inadequate or inappropriate results
	Health Technology: A Descriptive Study. Online Journal of Rural	
	Nursing & Health Care 2015; 15(1): 150-84.	
28	Due TD, Thorsen T, Waldorff FB, Kousgaard MB. Role enactment	Not relevant to the theme for review
	of facilitation in primary care - a qualitative study. BMC Health	
	Services Research; 17(1): 593.	
29	Fleck S. Unified health services and family focused primary care.	Not relevant to the theme for review
30	Foo KM, Sundram M, Legido-Quigley H. Facilitators and barriers of	Inadequate or inappropriate results
	managing patients with multiple chronic conditions in the	
	community: a qualitative study. <i>BMC public health</i> 2020; <b>20</b> (1): 273.	
31	Fortin M, Chouinard M-C, Diallo BB, Bouhali T. Integration of	Inadequate or inappropriate results
	chronic disease prevention and management services into primary	
	care (PR1MaC): findings from an embedded qualitative study. BMC	
	<i>Family Practice</i> 2019; <b>20</b> (1): 1-8.	

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32	Fox CH, Brooks A, Zayas LE, McClellan W, Murray B. Primary care physicians' knowledge and practice patterns in the treatment of chronic kidney disease: an Upstate New York Practice-based Research Network (UNYNET) study. <i>Journal of the American Board</i>	Not relevant to the theme for review
	of Family Medicine: JABFM; <b>19</b> (1): 54-61.	
33	Fuchs S, Jaffe DM, Christoffel KK. Pediatric emergencies in office practices: prevalence and office preparedness. <i>Pediatrics</i> ; <b>83</b> (6): 931-9.	Not relevant to the theme for review
34	Furno M. The primary role: How the availability of primary care physicians affects diabetes care management.	Inadequate or inappropriate results
35	Galaviz KI, Narayan KMV, Manders OC, et al. The Public Health Leadership and Implementation Academy for Noncommunicable Diseases. <i>Preventing Chronic Disease</i> ; <b>16</b> : E49.	Inadequate or inappropriate results
36	Ghimire U, Shrestha N, Adhikari B, Mehata S, Pokharel Y, Mishra SR. Health system's readiness to provide cardiovascular, diabetes and chronic respiratory disease related services in Nepal: analysis using 2015 health facility survey. <i>BMC Public Health</i> 2020; <b>20</b> (1): 1163.	Combined data on primary and secondary healthcare level
37	Gerbert B, Maurer T, Berger T, et al. Primary care physicians as gatekeepers in managed care. Primary care physicians' and dermatologists' skills at secondary prevention of skin cancer. <i>Archives of Dermatology</i> ; <b>132</b> (9): 1030-8.	Inadequate or inappropriate results
38	Gordon NP, Hornbrook MC. Older adults' readiness to engage with eHealth patient education and self-care resources: a cross-sectional survey. <i>BMC health services research</i> 2018; <b>18</b> (1): 220.	Not relevant to the theme for review
39	Goytia EJ, Rapkin B, Weiss ES, Golub D, Guzman V, O'Connor M. Readiness and capacity of librarians in public libraries to implement a breast cancer outreach and screening campaign in medically underserved communities. <i>Cancer control : journal of the Moffitt</i> <i>Cancer Center</i> 2005: <b>12 Suppl 2</b> : 13-20	Not relevant to the theme for review
40	Gujral UP, Johnson L, Nielsen J, et al. Preparedness cycle to address transitions in diabetes care during the COVID-19 pandemic and future outbreaks. <i>BMJ Open Diabetes Research &amp; Care</i> 2020; <b>8</b> (1): 07.	Not relevant to the theme for review
41	Haileamlak A. Preparedness to Respond to the Ever-increasing Cancer Cases, <i>Ethiopian Journal of Health Sciences</i> ; <b>25</b> (4): 293-4.	Not relevant to the theme for review
42	Hanusaik N, O'Loughlin JL, Kishchuk N, Paradis G, Cameron R. Organizational capacity for chronic disease prevention: a survey of Canadian public health organizations. <i>European Journal of Public</i> <i>Health</i> : <b>20</b> (2): 195-201.	Combined data on primary and secondary healthcare level
43	Henderson KH, DeWalt DA, Halladay J, et al. Organizational Leadership and Adaptive Reserve in Blood Pressure Control: The Heart Health NOW Study. <i>Annals of Family Medicine</i> ; <b>16</b> (Suppl 1): S29-S34.	Inadequate or inappropriate results
44	Heslop L, Power R, Cranwell K. Building workforce capacity for complex care coordination: a function analysis of workflow activity. <i>Human Resources for Health [Electronic Resource]</i> : <b>12</b> : 52	Not relevant to the theme for review
45	Geboers et al	Inadequate or inappropriate results
46	Inrig SJ, Higashi RT, Tiro JA, Argenbright KE, Lee SJ. Assessing local capacity to expand rural breast cancer screening and patient navigation: An iterative mixed-method tool. <i>Evaluation and program</i> <i>planning</i> 2017; <b>61</b> : 113-24.	Inadequate or inappropriate results
47	Jayanna K, Swaroop N, Kar A, et al. Designing a comprehensive Non-Communicable Diseases (NCD) programme for hypertension	Inadequate or inappropriate results

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3 4 5		and diabetes at primary health care level: evidence and experience from urban Karnataka, South India. <i>BMC Public Health</i> 2019; <b>19</b> (1):	
6 7 8	48	Jigjidsuren A, Byambaa T, Altangerel E, et al. Free and universal access to primary healthcare in Mongolia: the service availability and readiness assessment. <i>BMC Health Services Research</i> : <b>19</b> (1): 129.	Inadequate or inappropriate results
9 10 11 12	49	Jin Y, Zhu W, Yuan B, Meng Q. Impact of health workforce availability on health care seeking behavior of patients with diabetes mellitus in China.	Combined data on primary and secondary healthcare level
13 14 15	50	Joffres C, Heath S, Farquharson J, et al. Defining and operationalizing capacity for heart health promotion in Nova Scotia, Canada. <i>Health Promotion International</i> 2004: <b>19</b> (1): 39-49.	Not relevant to the theme for review
16 17	51	Jones D, West R, Lester C. Evaluation of changes in primary health care availability and provision from the patient perspective.	Inadequate or inappropriate results
18 19 20	52	Jones R, Ostrem A. Optimising pharmacological maintenance treatment for COPD in primary care. <i>Primary Care Respiratory</i> <i>Journal</i> 2011: <b>20</b> (1): 33-45.	Inadequate or inappropriate results
21 22 23 24 25 26	53	Kayser L, Rossen S, Karnoe A, et al. Development of the Multidimensional Readiness and Enablement Index for Health Technology (READHY) Tool to Measure Individuals' Health Technology Readiness: Initial Testing in a Cancer Rehabilitation Setting. <i>Journal of medical Internet research</i> 2019; <b>21</b> (2): e10377.	Inadequate or inappropriate results
27 28 29	54	Khunti K, Baker R, Rumsey M, Lakhani M. Approaches to the organization of multi-practice audits in primary health care in the UK. <i>International Journal for Quality in Health Care</i> ; <b>11</b> (3): 221-6.	Inadequate or inappropriate results
30 31 32 33	55	Kaufman ND, Rajataramya B, Tanomsingh S, Ronis DL, Potempa K. Nurse preparedness for the non-communicable disease escalation in Thailand: a cross-sectional survey of nurses. <i>Nursing &amp; Health</i> <i>Sciences</i> 2012: <b>14</b> (1): 32-7.	Inadequate or inappropriate results
34 35 36	56	Laatikainen T, Inglin L, Collins D, et al. Implementing Package of Essential Non-communicable Disease Interventions in the Republic of Moldova-a feasibility study. <i>Eur J Public Health</i> 2020.	Inadequate or inappropriate results
37 38 39	57	Landon BE, Hicks LS, O'Malley AJ, et al. Improving the management of chronic disease at community health centers. <i>New England Journal of Medicine</i> 2007: <b>356</b> (9): 921-34.	Inadequate or inappropriate results
40 41 42 43	58	Langer S, Chew-Graham CA, Drinkwater J, et al. A motivational intervention for patients with COPD in primary care: qualitative evaluation of a new practitioner role. <i>BMC Family Practice</i> ; <b>15</b> : 164.	Inadequate or inappropriate results
44 45 46	59	Liu J, Yin H, Zheng T, et al. Primary health institutions preference by hypertensive patients: Effect of distance, trust and quality of management in the rural Heilongjiang province of China.	Inadequate or inappropriate results
47 48 49 50	60	Maarse JA, Ruwaard D, Spreeuwenberg C. The governance of quality management in dutch health care: new developments and strategic challenges. <i>Quality Management in Health Care</i> ; <b>22</b> (3): 236-47.	Not relevant to the theme for review
51 52 53 54	61	Madueno A, Martin A, Peculo JA, Anton E, Paravisini A, Leon A. Usefulness of inspiratory capacity measurement in COPD patients in the primary care setting. <i>International Journal of General Medicine</i> 2009; <b>2</b> : 219-25.	Combined data on primary and secondary healthcare level
55 56 57	62	Main DS, Cohen SJ, DiClemente CC. Measuring physician readiness to change cancer screening: Preliminary results. <i>American Journal of Preventive Medicine</i> 1995: <b>11</b> (1): 54-8.	Inadequate or inappropriate results
50 59 60	63	Monaghan M, Hilliard M, Sweenie R, Riekert K. Transition readiness in adolescents and emerging adults with diabetes: the role	Inadequate or inappropriate results

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	of patient-provider communication. <i>Current Diabetes Reports</i> ; <b>13</b> (6): 900-8.	
64	Moynihan M, Saewyc E, Whitehouse S, Paone M, McPherson G. Assessing readiness for transition from paediatric to adult health care: Revision and psychometric evaluation of the Am I ON TRAC for Adult Care questionnaire. <i>Journal of Advanced Nursing</i> ; <b>71</b> (6): 1324-35.	Inadequate or inappropriate results
65	Neher M, Landen Ludvigsson M, Enblom A. Preparedness to Implement Physical Activity and Rehabilitation Guidelines in Routine Primary Care Cancer Rehabilitation: Focus Group Interviews Exploring Rehabilitation Professionals' Perceptions. <i>Journal of cancer education : the official journal of the American</i> <i>Association for Cancer Education</i> 2020.	Inadequate or inappropriate results
66	Nilsson GH, Skånér Y, Krakau I, Hassler E, Sundquist K. Primary prevention of first-ever stroke in primary health care: A clinical practice study based on medical register data in sweden.	Inadequate or inappropriate results
67	Nuno-Solinis R. Are Healthcare Organizations Ready for Change? Comment on "Development and Content Validation of a Transcultural Instrument to Assess Organizational Readiness for Knowledge Translation in Healthcare Organizations: The OR4KT". <i>International Journal of Health Policy &amp; Management</i> ; <b>7</b> (12): 1158- 60.	Inadequate or inappropriate results
68	Nyarko KM, Ameme DK, Ocansey D, Commeh E, Markwei MT, Ohene SA. Capacity assessment of selected health care facilities for the pilot implementation of Package for Essential Non- communicable Diseases (PEN) intervention in Ghana. <i>The Pan</i> <i>African medical journal</i> ; <b>25</b> (Suppl 1): 16.	Combined data on primary and secondary healthcare level
69	Ogbimi RI. Leadership in Nigerian health system for cancer prevention and control. <i>African Journal of Medicine &amp; Medical</i> <i>Sciences</i> ; <b>38 Suppl 2</b> : 49-53.	Inadequate or inappropriate results
70	Ostroff JS, Copeland A, Borderud SP, Li Y, Shelley DR, Henschke CI. Readiness of lung cancer screening sites to deliver smoking cessation treatment: Current practices, organizational priority, and perceived barriers. <i>Nicotine &amp; Tobacco Research</i> 2016; <b>18</b> (5): 1067-75.	Not relevant to the theme for review
71	Oyewole EY, Ojewale LY, Abimbola OO. Primary Health Care Nurses' Competencies and Resources Availability for Diabetes Mellitus Care at Local Government Areas of Ibadan. <i>International</i> <i>Journal of Caring Sciences</i> 2020; <b>13</b> (1): 368-80.	Not relevant to the theme for review
72	Parchman ML, Anderson ML, Coleman K, et al. Assessing quality improvement capacity in primary care practices. <i>BMC Family Practice</i> ; <b>20</b> (1): 103.	Not relevant to the theme for review
73	Pilkerton CS, Singh SS, Bias TK, Frisbee SJ. Healthcare resource availability and cardiovascular health in the USA. <i>BMJ Open</i> 2017; <b>7</b> (12): e016758.	Not relevant to the theme for review
74	Radin A, Cote C. Primary care of the patient with chronic obstructive pulmonary disease-part 1: frontline prevention and early diagnosis. <i>American Journal of Medicine</i> ; <b>121</b> (7 Suppl): S3-12.	Inadequate or inappropriate results
75	Rathish D, Premarathna I, Jayathilake T, et al. Availability of essential medicines in selected public, primary and secondary health care institutions of a rural Sri Lankan district: A spot survey.	Combined data on primary and secondary healthcare level
76	Rogers HE, Akiteng AR, Mutungi G, Ettinger AS, Schwartz JI. Capacity of Ugandan public sector health facilities to prevent and	Combined data on primary and secondary healthcare level

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	control non-communicable diseases: an assessment based upon WHO-PEN standards. <i>BMC Health Services Research</i> ; <b>18</b> (1): 606.	
77	Roper KL, Thomas AR, Hieronymus L, Brock A, Keck J. Patient and Clinician Perceptions of Prediabetes: A Mixed-Methods Primary Care Study. <i>Diabetes Educ</i> 2019; <b>45</b> (3): 302-14.	Inadequate or inappropriate results
78	Schwartz R, Smith C, Speers MA, et al. Capacity building and resource needs of state health agencies to implement community-based cardiovascular disease programs. <i>Journal of Public Health Policy</i> 1993; <b>14</b> (4): 480-94.	Inadequate or inappropriate results
79	Shaw RJ, Kaufman MA, Bosworth HB, et al. Organizational factors associated with readiness to implement and translate a primary care based telemedicine behavioral program to improve blood pressure control: the HTN-IMPROVE study. <i>Implementation Science</i> ; <b>8</b> : 106.	Inadequate or inappropriate results
80	Sorensen A, Le LW, Swami N, et al. Readiness for delivering early palliative care: A survey of primary care and specialised physicians. <i>Palliative Medicine</i> 2020; <b>34</b> (1): 114-25.	Combined data on primary and secondary healthcare level
81	Soylu TG, Cuellar AE, Goldberg DG, Kuzel AJ. Readiness and Implementation of Quality Improvement Strategies Among Small- and Medium-Sized Primary Care Practices: an Observational Study. <i>Journal of General Internal Medicine</i> 2020.	Not relevant to the theme for review
82	Tanjasiri SP, Tran JH. Community capacity for cancer control collaboration: weaving an Islander Network for Cancer Awareness, Research and Training for Pacific Islanders in Southern California. <i>Cancer Detection &amp; Prevention</i> ; <b>32 Suppl 1</b> : S37-40.	Inadequate or inappropriate results
83	Tompkins JW, Mequanint S, Barre DE, et al. National Survey of Indigenous primary healthcare capacity and delivery models in Canada: the TransFORmation of IndiGEnous PrimAry HEAlthcare delivery (FORGE AHEAD) community profile survey. <i>BMC Health</i> <i>Services Research</i> ; <b>18</b> (1): 828.	Combined data on primary and secondary healthcare level
84	Weeks DL, Polello JM, Hansen DT, Keeney BJ, Conrad DA. Measuring primary care organizational capacity for diabetes care coordination: the Diabetes Care Coordination Readiness Assessment. <i>Journal of General Internal Medicine</i> ; <b>29</b> (1): 98-103.	Not relevant to the theme for review



### PRISMA 2020 Checklist

3 j				
4	Section and	Item	Checklist item	where item is
5	Горіс	#		reported
0	TITLE			
8	Title	1	Identify the report as a systematic review.	Lines 2-3, Page 1
9	ABSTRACT			
10 11 12	Abstract	2	See the PRISMA 2020 for Abstracts checklist.	Lines 25-48, Page 2
12	INTRODUCTION			
14 15	Rationale	3	Describe the rationale for the review in the context of existing knowledge.	Lines 90-117, Page 4-5
16 17	Objectives	4	Provide an explicit statement of the objective(s) or question(s) the review addresses.	Lines 121-122, Page 45
18	METHODS		· · · · · · · · · · · · · · · · · · ·	
19 20	Eligibility criteria	5	Specify the inclusion and exclusion criteria for the review and how studies were grouped for the syntheses.	Lines 132-137, Page 6
21 22	Information sources	6	Specify all databases, registers, websites, organisations, reference lists and other sources searched or consulted to identify studies. Specify the date when each source was last searched or consulted.	Lines 146-161, Page 7
23 24	Search strategy	7	Present the full search strategies for all databases, registers and websites, including any filters and limits used.	Supplementary materials
25 26	Selection process	8	Specify the methods used to decide whether a study met the inclusion criteria of the review, including how many reviewers screened each record and each report retrieved, whether they worked independently, and if applicable, details of automation tools used in the process.	Lines 192-208, Page 8-9
27 28 29	Data collection process	9	Specify the methods used to collect data from reports, including how many reviewers collected data from each report, whether they worked independently, any processes for obtaining or confirming data from study investigators, and if applicable, details of automation tools used in the process.	Lines 181-190, Page 8
30 31	Data items	10a	List and define all outcomes for which data were sought. Specify whether all results that were compatible with each outcome domain in each study were sought (e.g. for all measures, time points, analyses), and if not, the methods used to decide which results to collect.	Lines 209-218, Page 9
32 33		10b	List and define all other variables for which data were sought (e.g. participant and intervention characteristics, funding sources). Describe any assumptions made about any missing or unclear information.	Lines 209-218, Page 9
34 35 36	Study risk of bias assessment	11	Specify the methods used to assess risk of bias in the included studies, including details of the tool(s) used, how many reviewers assessed each study and whether they worked independently, and if applicable, details of automation tools used in the process.	Lines 192-202, Page 8
<ol> <li>37</li> <li>38</li> <li>39</li> <li>40</li> <li>41</li> <li>42</li> <li>43</li> </ol>	Effect measures	12	Specify for each outcome the effect measure(s) (e.g. risk ratio, mean difference) used in the synthesis or presentation of results.	Result was thematically presented in descriptive manner. Therefore, no effect measure was presented.
44 45	Synthesis methods	13a	Describe the processes used to decide which studies were eligible for each synthesis (e.g. tabulating the study intervention characteristics and comparing against the planned groups for each synthesis (item #5))m/site/about/guidelines.xhtml	Lines 192-202, Page 8

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## PRISMA 2020 Checklist

3		Y		
4 5	Section and Topic	ltem #	Checklist item	Location where item is reported
6 7		13b	Describe any methods required to prepare the data for presentation or synthesis, such as handling of missing summary statistics, or data conversions.	Lines 192-202, Page 8
8 9 10		13c	Describe any methods used to tabulate or visually display results of individual studies and syntheses.	Lines 192-202, Page 8
10 11 12 13		13d	Describe any methods used to synthesize results and provide a rationale for the choice(s). If meta-analysis was performed, describe the model(s), method(s) to identify the presence and extent of statistical heterogeneity, and software package(s) used.	No meta- analysis performed
13 14 15		13e	Describe any methods used to explore possible causes of heterogeneity among study results (e.g. subgroup analysis, meta-regression).	No meta- analysis performed
17		13f	Describe any sensitivity analyses conducted to assess robustness of the synthesized results.	No sensitivity
18 19	Reporting bias assessment	14	Describe any methods used to assess risk of bias due to missing results in a synthesis (arising from reporting biases).	Lines 192-202, Page 8
20 21	Certainty assessment	15	Describe any methods used to assess certainty (or confidence) in the body of evidence for an outcome.	Not applicable in this review
22	RESULTS	•		
23 24 25 26 27 28	Study selection	16a	Describe the results of the search and selection process, from the number of records identified in the search to the number of studies included in the review, ideally using a flow diagram.	Lines 229-246, Page 10
		16b	Cite studies that might appear to meet the inclusion criteria, but which were excluded, and explain why they were excluded.	Supplementary materials
	Study characteristics	17	Cite each included study and present its characteristics.	Lines 229-246, Page 10
29 30	Risk of bias in studies	18	Present assessments of risk of bias for each included study.	Lines 192-202, Page 8
<ul> <li>31</li> <li>32</li> <li>33</li> <li>34</li> <li>35</li> <li>36</li> <li>37</li> <li>38</li> <li>39</li> <li>40</li> <li>41</li> <li>42</li> </ul>	Results of individual studies	19	For all outcomes, present, for each study: (a) summary statistics for each group (where appropriate) and (b) an effect estimate and its precision (e.g. confidence/credible interval), ideally using structured tables or plots.	Result was presented thematically. Therefore, no table/confidence interval was presented.
	Results of syntheses	20a	For each synthesis, briefly summarise the characteristics and risk of bias among contributing studies.	Not exactly relevant in this review as reported was described under themes
43 44 45		20b	Present results of all statistical syntheses conducted. If meta-analysis was done, present for each the summary estimate and its precision (e.g. confidence/credible interval) and measures of statistical heterogeneity if comparing groups describe the direction of the effect.	Not exactly relevant in this review as
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### PRISMA 2020 Checklist

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4	Section and	Item	Chaoklist item	Location
5	Торіс	#		reported
6 7 8				reported was described under themes
9 10		20c	Present results of all investigations of possible causes of heterogeneity among study results.	Lines 473-481, Page 24
11 12 13 14 15 16		20d	Present results of all sensitivity analyses conducted to assess the robustness of the synthesized results.	Not exactly relevant in this review as reported was described under themes
17 18 19 20 21	Reporting biases	21	Present assessments of risk of bias due to missing results (arising from reporting biases) for each synthesis assessed.	Not exactly relevant in this review as reported was described under themes
22 23 24 25 26 27	Certainty of evidence	22	Present assessments of certainty (or confidence) in the body of evidence for each outcome assessed.	Not exactly relevant in this review as reported was described under themes
28	DISCUSSION	ı		
29 30	Discussion	23a	Provide a general interpretation of the results in the context of other evidence.	Lines 420-468, Page 22-24
31 32		23b	Discuss any limitations of the evidence included in the review.	Lines 473-481, Page 24
33 34		23c	Discuss any limitations of the review processes used.	Lines 473-481, Page 24
35 36		23d	Discuss implications of the results for practice, policy, and future research.	Lines 473-481, Page 24
3/ 20	OTHER INFORMA	ΓΙΟΝ		
30 39 40	Registration and protocol	24a	Provide registration information for the review, including register name and registration number, or state that the review was not registered.	Lines 128-130, Page 6
41 42		24b	Indicate where the review protocol can be accessed, or state that a protocol was not prepared.	Protocol was not prepared
43 44		24c	Describe and explain any amendments to information provided at registration or in the protocol.	No amendment done
45	Support	25	Describe sources of finantialization of the second substant for the review, and the review, and the review, and the review.	Lines 511, Page
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3 4 5	Section and Topic	ltem #	Checklist item	Location where item is reported
6				25
/ 8 9	Competing interests	26	Declare any competing interests of review authors.	Lines 505, Page 25
9 10 11 12	Availability of data, code and other materials	27	Report which of the following are publicly available and where they can be found: template data collection forms; data extracted from included studies; data used for all analyses; analytic code; any other materials used in the review.	Lines 507, Page 25
13         14         15         16         17         18         19         20         21         22         23         24         25         26         27         28         29         30         31         32         33         34         35         36         37         38         39         41         42         43	From: Page MJ, McK	enzie JE,	Bossuyt PM, Boutron I, Hoffmann TC, Mulrow CD, et al. The PRISMA 2020 statement: an updated guideline for reporting systematic reviews. BMJ 2021;372:n71 For more information, visit: http://www.prisma-statement.org/	doi: 10.1136/bmj.n71
44 45 46 47			For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml	

29-Nov-2021

Dear Mr. Kabir:

I write you in regards to manuscript # bmjopen-2021-057421.R1 entitled "Health system readiness for non-communicable diseases at the primary care level: A systematic review" which you submitted to BMJ Open.

In view of the criticisms of the re-reviewer(s) found at the bottom of this letter, your manuscript has been declined for publication in BMJ Open.

Thank you for considering BMJ Open for the publication of your research and I am sorry to be sending disappointing news. I hope the outcome of this specific submission will not discourage you from the submission of future manuscripts.

Sincerely,

Neil Bennet Senior Assistant Editor BMJ Open

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Respected Editor,

We want to thank you for considering the revision submission to address the reviewers 'comments and queries. We believe these comments and queries have helped to enhance the quality of our paper significantly.

We have carefully revised our manuscript as per the valuable comments provided by all the reviewers. Hoping that the paper now holds up to the requirements of the journal.

Please let us know if it needs any further changes.

Thank you again. Kind regards, Ashraful Kabir On behalf of the authors

Reviewer: 3 Dr. David Hailey, University of Wollongong Comments to the Author:

A number of corrections have been made to the manuscript and some additional detail provided. However, further checking for errors and omissions is recommended.

**Response**: Thank you for your recommendation. We have rechecked the manuscript and errors and omissions were thoroughly addressed.

Responses regarding Table 2 were noted. Grouping the studies by country rather than by the names of first authors might be considered.

**Response**: The comment has been addressed. We have added a column as country in the revised manuscript: **Table 2, Page: 12-15** 

The manuscript still states that most of the studies were of acceptable quality (p20, line 409), though 'most' was only 57%. This is followed, in the Discussion, by "Most of the studies included in this

review had a reasonably acceptable quality" (p22, line 458). The details that follow are helpful but a more considered summary statement is required.

**Response**: The first comment above has been addressed as follows (please see lines: 432-435, page: 22) in the revised manuscript:

Nearly three-fifth (61%) of the studies were of good or high quality (MMAT score of 75) (Table 1): one paper (4%) had an MMAT score of 25 (low quality), eight (35%) scored 50 (medium quality), eleven (48%) received 75 (good quality) and three (13%) reached 100 (high quality). No study had an MMAT score of 0 (poor quality).

The second comment above has been addressed as follows (lines: 485-493, Page: 24) in the revised manuscript):

The sentence 'Most of the studies included in this review had a reasonably acceptable quality" has been replaced with (**please see line: 485-486, page: 24**) 'Majority of the studies in this review had good or high quality'.

Furthermore, the following texts have been added (please see lines: 488-493, page: 24)

'A few quantitative studies lacked sufficient details about the participants' selection criteria, standard criteria for minimizing bias, and use of non-validated questionnaires with a relatively small sample size that might affect the scope of generalizability of the findings (27, 29, 32, 34, 35). One mixed-method study was rated low quality due to the homogeneous sample and insufficient information about the data analysis (47). The rest of the mixed-method studies included in the review had a more representative sample size and methodological rigors.'

The information regarding increasing prevalence of DM and HTN is worthwhile but does not address the point made which referred to "The focus on DM and HTN may be due to multiple factors, including increasing prevalence and associated determinants/risk factors for other NCDs....." (lines 441-443 in R1)

**Response**: We have provided additional text to explain the possible reason for higher level readiness/availability of services for DM and HTN compare to the other NCDs (cancer, CRD, CVD) in the discussion section: **Lines: 468-477, Page: 23** 

'Moreover, the integrated model for DM and HTN care has widely been considered in the low-and middle-income countries that accelerated the provision of effective and equitable health service delivery at the primary healthcare level, which would have helped to address the rising burden of them with accessible, equitable, and cost-effective interventions (56-58)'

#### Reviewer: 4

Dr. Rajat Das Gupta, BRAC University James P Grant School of Public Health Comments to the Author:

Thank you for addressing the comments. I have few comments:

1. I am not convinced about the logic of restricting the earliest date of search to January 1990. The authors wrote: ". The studies published in 1985 onward were deemed to be relevant to this review. Therefore, the earliest date of the search was set to ensure the optimum number of studies published since 1990." Then the authors should set the search date starting from January 1985. That would ensure them that they are not missing any studies.

**Response**: Thank you for raising this concern regarding the starting date of search. The search has been updated from January 1984 to December 1990, which resulted in 17 additional studies and of

them no study satisfied the inclusion criteria. The revised manuscript has been updated with this search results.

2. Also excluding SPA reports is a big fallacy of this manuscript. If this is a systematic review aiming to synthesise the current evidences on primary healthcare system readiness and evaluate its response to NCDs on a global scale, even by amending the study protocol. Without this the systematic review will be incomplete and the evidence will not be robust. DHS does these surveys to generate evidence and these surveys follow rigorous methods. The authors should again consider this.

**Response**: We acknowledge that SPA report presents important information regarding the preparedness of the primary healthcare system regarding the NCDs. We have considered this report as relevant. However, we understand that SPA reports health system preparedness at the primary as well as secondary healthcare levels on the various health system components. Thus, it was not always possible to retrieve solely the primary healthcare-specific data from these reports. The following texts were included in the revised manuscript.

#### Lines: 324-330

'The shortage of trained healthcare staff (at least one staff received in-service training in the last 24 months before the data collection date) was reported at the primary healthcare in Bangladesh (39). The trained staff for cervical cancer (29% trained staff at the UHCs, but no trained staff in CCs and union-level facilities), CRD (4% union-level facilities, 11% CCs, and 29% UHCs), CVD (7% union-level facilities, 15% CCs, and 40%, UHCs), DM (3% union-level facilities, 14% CCs, and 28% UHCs), and hypertension (6% union-level facilities, 10% CCs, and 39% UHCs) were reported (39).'

#### Lines: 368-371, Pages: 18-19

'In Bangladesh, the availability of medicine widely varied at the UHCs based on their types for DM (metformin 38.1%, glibenclamide 7.4%), CRD (salbutamol 91.6%, epinephrine 0.3%), CVD (amiodipine/nifedipine 41.5%, aspirin 2.6%), and HTN (amlodipine/nifedipine 44.7%, thiazide 1.4%), but no supply in the CCs were reported (39).

#### Lines: 388-392, Page: 20

'However, basic equipment and diagnostic facilities such as stethoscope (93.2% CCs, 96.9% UHCs), blood pressure apparatus (85.6% CCs, 95.4% UHC ), adult scale (90.9% CC, 82.9% UHCs), blood glucose testing (22.2% CCs, 48.9% UHCs), urine protein (0% CCs, 36.2 % UHCs), and urine glucose (0% CCs, 30.4 % UHCs) were available in Bangladesh (39).

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COI statements:

Reviewer: 3 Competing interests of Reviewer: None to declare

Reviewer: 4 Competing interests of Reviewer: None declared \*\* \*\*

BMJ Open

# **BMJ Open**

# Health system readiness for non-communicable diseases at the primary care level: a systematic review

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<b>Primary Subject Heading</b> :	Public health
Secondary Subject Heading:	Health services research
Keywords:	PRIMARY CARE, PUBLIC HEALTH, SOCIAL MEDICINE





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25	12	Ashraful Kabir <sup>1*</sup> , Md Nazmul Karim <sup>1</sup> , Rakibul Islam <sup>1</sup> , Lorena Romero <sup>2</sup> , Baki Billah <sup>1</sup>
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#### 24 Abstract

Objective: To synthesise evidence on the primary healthcare system's readiness for preventing and
 managing non-communicable diseases (NCDs).

**Design**: Systematic review.

Data sources: Ovid MEDLINE, EMBASE, CINAHL, PsycINFO and Scopus were searched from 1
January 1984 to 30 July 2021, with hand-searching references and expert advice.

30 Eligibility criteria: Any English-language health research with evidence of readiness/preparedness of
 31 the health system at the primary healthcare level in the context of four major NCDs: diabetes mellitus,
 32 cancer, chronic respiratory diseases, and cardiovascular diseases.

Data extraction and synthesis: Two authors independently extracted data and assessed the bias. The
 full-text selected articles were then assessed using the Mixed Methods Appraisal Tool. Health system
 readiness was descriptively and thematically synthesized in line with the health system dynamics
 framework.

**Results**: Out of 7,843 records, 23 papers were included in this review (15 quantitative, three qualitative and five mixed-method studies). The findings showed that existing literature predominantly examined health system readiness from the supply-side perspective as embedded in the World Health Organization's health system framework. However, at the primary healthcare level, these components are insufficiently prepared for NCDs. Among NCDs, higher levels of readiness were reported for diabetes mellitus and hypertension in comparison to chronic respiratory diseases (asthma, chronic obstructive pulmonary disease), cardiovascular diseases and cancer. There has been a dearth of research on the demand-side perspective, which is an essential component of a health system and must be addressed in future research.

46 Conclusion: The supply-side components at the primary healthcare level are inadequately ready to
47 address the growing NCD burden. Improving supply-side factors, with a particular focus on chronic
48 respiratory diseases, cardiovascular diseases and cancer, and improving understanding of the demand-

3 4	49	side components of the health system's readiness, may help to prevent and manage NCDs at the primary				
5 6 7	50	healthcare level.				
7 8 9	51	Keywords: non-communicable diseases, health system readiness, primary health care, systematic				
10 11 12	52	review				
13 14 15	53	Strengths and limitations of this study				
16 17 18	54	• Data synthesis was informed by the health system dynamics framework, which offers a deeper				
19 20	55	and more comprehensive (both supply-side and demand-side factors) understanding of primary				
21 22	56	healthcare system readiness for NCDs.				
23 24 25	57	• We conducted an extensive systematic search of literature with hand-searching references and				
26 27	58	expert advice regarding health system readiness for non-communicable diseases at the primary				
28 29	59	care level, which increases the validity and trustworthiness of this review's findings.				
30 31	60	• Meta-analysis was not possible due to heterogeneity of study designs, methods and techniques,				
32 33	61	as well as the studies' focus on a variety of health system components.				
34 35	62	• A few studies that reported health system readiness at combined primary and secondary				
36 37 38	63	healthcare levels were excluded.				
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#### 72 Introduction

Globally, non-communicable diseases (NCDs) are the leading causes of deaths and disabilities, accounting for 41 million deaths (71% of all deaths) annually (1), with 77% occurring in low- and middle-income countries (1, 2). The current increased NCD burden may be due to the rise of the ageing population, rapid and/or unplanned urbanisation and lifestyle-related factors (e.g. physical inactivity, unhealthy diets and consumption of tobacco products and alcohol) (3). If current trends continue, the estimated cumulative deaths from NCDs will reach 52 million by 2030 (3), and NCD-related cost was projected to be US\$ 47 trillion between 2010 and 2030 (4). NCDs' predicted health outcomes and economic burden will have adverse consequences, such as prolonged illness or disability, greater treatment costs, loss of productivity and substantial opportunity cost, which will eventually affect households' economy and well-being (4, 5). The impact of NCDs may result in increased poverty, higher inequality and low quality of life. Considering the immense influence of NCDs, many commitments and control strategies have been made at the global, national and local levels to prevent and manage them (6-8). The Sustainable Development Goals, for example, by 2030, targeted one-third reduction of premature deaths from the four major NCDs of diabetes mellitus (DM), cancer, chronic respiratory diseases (CRDs) and cardiovascular diseases (CVDs) (8, 9) among people aged 30–69. 

Primary healthcare is crucial for promoting essential healthcare services and achieving improved health outcomes, particularly in countries with resource-poor settings (3, 10-12). Growing evidence shows that a well-functioning primary healthcare system has immense potential for improving global health outcomes due to its extensive coverage, cost-effectiveness, well-structured network of healthcare facilities, affordable technologies, socially and culturally acceptable intervention methods and broad community participation (10, 13, 14). NCD prevention and management differ from that of acute conditions, where the primary healthcare approach has a powerful impact. Unlike acute conditions, NCD prevention and management require extended or even life-long healthcare support, early case detection, psychosocial promotion, risk factor identification, self-management, behavioural modifications and regular medical support, such as adherence to medical procedures and treatment (3).

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The primary healthcare system is typically the first-line contact for individuals seeking care, making it easier for patients to continue follow-up contacts (15). Therefore, it can be viewed as the most effective and appropriate mechanism for addressing NCDs.

While the literature emphasises the roles and importance of the primary healthcare system in preventing and managing NCDs following a dozen of global commitments and strategies, little is known about the extent to which it is ready to deliver NCD services (16, 17). The concept of 'health system readiness' is often explained in terms of the health system 'components' or 'framework'. Until recently, health system readiness was mostly defined and presented in the context of the World Health Organization's (WHO) health system framework, proposed in 2008, which described six 'key elements' or 'building blocks':, health service delivery, health workforce, health financing, health information system, leadership and governance, medical products, knowledge and technologies (18). However, the WHO's model is viewed as having limited capacity to comprehensively explain how and whether different health system elements within a broader societal context interact and are influenced, as well as how population/individual behaviour and choices and the process impact this mechanism (19, 20). In order to provide an exhaustive understanding of system interactions, van Olmen et al. proposed the 'health system dynamics framework', which included the WHO's six building blocks and concurrent literature. It is comprised of 10 elements that analyse their interactions and functions under a broader societal context (21). 

Guided by the 'health system dynamics framework', this systematic review aimed to synthesise the current evidences on primary healthcare system readiness and evaluate its response to NCDs on a global scale. The findings of this review will help policymakers, public health planners and researchers focus on the further actions required to establish a well-prepared health system at the primary healthcare level to address the growing NCD burden. 

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#### Protocol and registration

This review was conducted following the Preferred Reporting Items for Systematic Reviews and Meta-Analysis (PRISMA) guideline (22) and was registered on the Research Registry (REVIEWREGISTRY1163).

#### 131 **Inclusion criteria**

Methods

This review included studies that reported on the readiness/preparedness of various health system components at the primary healthcare level in the context of four major NCDs: DM, cancer, CRDs and CVDs. Where studies reported health system preparedness at the primary and secondary care level combined, only information related to the primary healthcare level was included. However, studies in which the primary and secondary care level data could not be separated were excluded.

#### 137 Exclusion criteria

Studies on other NCDs such as arsenicosis, kidney diseases, mental health disorders, hearing disability,
oral disease, birth defects and road injuries were excluded. Papers that focused on NCD
interventions/programmes beyond the primary healthcare level were likewise excepted. Editorials,
letters, opinion articles, narrative or systematic reviews, study protocols, conference abstracts, posters,
reports, and book chapters were also not considered. Additionally, works that were published in a
language other than English were excluded.

#### <sup>3</sup> 144 Data sources and search strategy

The search strategy aimed to find English language studies in five databases (Ovid Medline, Ovid Embase, Ovid PsycInfo, CINAHL and Scopus) published between 1 January 1984 and 30 July 2021
(Figure 1). The WHO's health system model proposed in 1984 was considered appropriate to identify and assess the key components of the primary healthcare system. The studies published in 1984 onward were deemed to be relevant to this review. Therefore, the earliest date of the search was set to ensure

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the optimum number of studies published since 1984. The search strategies used a combination of subject headings and free text terms that aimed to cover the areas of (1) non-communicable diseases (e.g., chronic disease or chronic conditions or chronic disorders), AND (2) primary health system (e.g. primary health service or first-level healthcare facility or local health system or local-level health facility) AND (3) readiness or preparedness or capacity.

Searches were adapted as appropriate to the specifications of each of the 5 databases. The final searches are presented in the (Supplementary Appendix file). Hand-searching and reference checking of citations and reference lists were undertaken, and additional records were identified through personal consultations with experts, including researchers, administrators, policy planners, and public health

159 practitioners.

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[FIGURE 1 SHOULD BE INSERTED HERE]

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Figure 1 PRISMA flowchart for study inclusion.

#### **Data extraction**

Three authors were involved in the data extraction process. First, records identified through database and manual searches were imported into the Endnote library (EndNote X9.2, Thomson Reuters 2019). Afterwards, the duplicate records were removed. Next, two authors (AK and NK) independently screened the studies based on their titles and/or abstracts. The full-text selected articles were then assessed using the inclusion and exclusion criteria and the standard quality assessment. When inconsistencies and discrepancies arose, a senior author (BB) was brought in to resolve the disagreements through discussion and consensus. A standardised data extraction sheet was developed and piloted. The extraction sheet contains the following study-specific information: authors, publication year, country, study aims, study design and settings, sample size and participants, data collection method and tool used, NCD/risk factor studied, health system component focus and key findings. 

#### **Quality assessment**

The Mixed Methods Appraisal Tool (MMAT) was used to assess the methodological quality of the included studies (23). The distribution of MMAT scores varied with the study design and the evaluation of some selected parameters. The score is 25% when quantitative study (QUAN) = 1, qualitative study (OUAL) = 1 or mixed-method study (MM) = 0. It is 50% when OUAN = 2, OUAL = 2 or MM = 1; 75% when QUAN = 3, QUAL = 3 or MM = 2; and it is 100% when QUAN = 4, QUAL = 4 or MM = 3. Thus, each study was given a score ranging from 25% to 100% (Table 1). Two authors (AK and NK) independently assessed the studies' quality, and the senior author (BB) cross-checked them. Discrepancies and disagreements were resolved through discussion. 

	Study design	Number of	MMAT so	core (%)		
	v B	studies (%)	25	50	75	100
	Quantitative	15 (65)	-	5	7	3
	Qualitative	3 (13)	-	1	2	-
	Mixed-methods	5 (22)	1	2	2	-
2 3	Note. Entries in the tai	ble snow the number of	of studies			
4	Data synthesis					
5	Data analysis was guided	by the health system of	lynamics frar	nework (24)	. The follow	ing themes w
6	synthesised using this fram	mework: (i) health se	ervice deliver	ry, (ii) healt	hcare workf	orce, (iii) hea
7	financing, (iv) access to m	edical products and k	nowledge/tec	hnologies, (v	v) health info	ormation syst
3	(vi) leadership and gover	nance and (vii) com	munity persp	pective. Und	ler these the	emes, data fi
)	quantitative studies were	reported descriptively	y using frequ	iencies or pe	ercentages, v	while qualita
)	studies were synthesised	by determining then	nes. In this p	process, a fe	ew steps we	ere followed:
L	familiarising, (ii) identifyi	ng themes (health sys	stem compone	ents), (iii) in	dexing, (iv)	charting and
2	mapping and interpreting.	Data from mixed-m	ethods studie	es were anal	lysed both d	lescriptively
3	thematically analysed. The	heterogeneous study	design of the	included stu	udies preclud	led a meaning
1	meta-analysis in this review	W.				
5	Ethics statement					
	This review has been done as part of a PhD project. The project has been approved by the Mona					
5		h Ethics Committee (	Project ID. 2	27112) and B	angladesh N	Iedical Resea
5 7	University Human Researce	In Lunes Committee	(110)00012.2			
57	University Human Researce Council (Ref: BMRC/NRE	EC/2019-2022/270).				

220 There was no patient or public involvement.

Results

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#### 223 General characteristics of the study

224 Initially, 7,843 studies were retrieved, from which 2,213 duplicates were excluded (Figure 1). Then, 5,630 studies were excluded based on a title and abstract review, with 107 meeting the inclusion criteria 225 226 for a full-text review. Following the full-text review, 23 studies were ultimately included in this study (Table 2): 15 were quantitative (cross-sectional) (25-39), three were qualitative (40-42) and five were 227 228 mixed-method studies (43-47). Most of the research was conducted in resource-poor settings (20 229 studies), mostly in sub-Saharan Africa and South Asian countries. Eighteen studies focused on the 230 health service delivery component at the primary healthcare level, while four studies addressed the leadership and governance (Fig-2a). Eight studies were conducted in the South Asian-East Asia Region 231 232 (SEAR), and only a single study (n=1) was performed in both the Region of the Americas (AMR) and the European Region (EUR). One study involved multiple nations (Benin, Eritrea, Sudan, Syria, 233 234 Bhutan, Sri Lanka, Vietnam and Suriname) (Fig-2b). DM was the most studied NCDs, with 12 studies reported on it, while mental illness (MI) was the least researched, with only two studies (Fig-2c) focused 235 236 on it. Thirteen studies addressed multiple NCDs, six focused on a single NCD and four did not mention any specific NCD (e.g. termed chronic diseases) (Fig-2d). 237 238

#### [FIGURE 2 SHOULD BE INSERTED HERE]

Figure 2 Number of published studies that investigated the primary healthcare system's readiness between January 1984 and July 2021, broken down by NCD type, NCD focus and WHO region.

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246 Note. AFR: African Region, AMR: Region of the Americas, SEAR: South East-Asian Region, EUR:
247 European Region, WPR: Western Pacific Region, CRD: Chronic Respiratory Diseases, CVD:
248 Cardiovascular Diseases, DM: Diabetes Mellitus, HTN: Hypertension, MI: Mental Illness, HSD: Health
249 Service Delivery, HW: Health Workforce, HF: Health Financing, HIS: Health Information System,
250 L&G: Leadership and Governance, MPK&T: Medical Products, Knowledge and Technologies.
#### Table 2 Summary - Characteristics of the studies included in this review

<sup>3</sup> 251	Table 2 Sum	mary – Characteristics of the stu	udies included in	n this review				
5 Author 6 (Year)	Country	Study aims	Study design and settings	Sample size and participants	Data collection method and tool used	NCDs/Risk factors studied	Health system components' focus	Key findings/NCD Readiness
Biswas et al. 8 (2018) (38) 9	Bangladesh	To assess health facilities' readiness to manage CVD and DM	Quantitative; Countrywide	319 healthcare facilities	Survey; Modified WHO SARA questionnaire	CVD, DM	HSD, HW, MPK&T	58% DM, and 24.1% CVD services were available.
10 slam et al. $11^{2016}(29)$	Bangladesh	To assess the availability and provision of NCD service delivery	Quantitative; One district	50 health facilities	Survey; Modified WHO SARA questionnaire	CRD, CVD, DM	HSD	52% CRD, 73% CVD and DM 52% services were available.
NIPORT <sup>++</sup> 13(2020) (39) 14	Bangladesh	To assess health facilities' readiness to manage cancer, CRD, CVD, DM and HTN	Quantitative; Countrywide	1524 healthcare facilities	Survey; Modified DHS questionnaire	Cancer, CRD, CVD, DM, HTN	HSD, HW, MPK&T	Availability of services varied from CCs to UHCs: cervical cancer (0.4%-37.5%), CRD (34.1%-93.9%), CVD (1.4%-69.6%), DM (0.9%-84.5%), and, hypertension (3.5%-91.5%).
16 Nyame et al. (2019) (34) 17	Ghana	To assess health facilities' capacity to implement the WHO PEN pilot	Quantitative; Three regions	23 health facilities	Survey; Modified WHO PEN questionnaire	NCD focus was not specified	HSD, HW, HF	Health facilities had inadequate capacity to implement WHO-PEN interventions.
1&Elias et al. 192017) (43) 20 21	India	To investigate the local health system's preparedness for DM and HTN	Mixed- methods; One district	1,149 patients, 39 healthcare staff, 30 pharmacists, 14 FGDs±	Survey; Non-validated questionnaire; Interview; IDI and FGD guides	DM, HTN	HSD, MPK&T	Public healthcare facilities had insufficient capacity for HTN and DM service delivery due to inadequate diagnostic capacity and frequent medicine stockouts.
24 232015) (35) 24	India	To identify facility-level gaps that affect CVD care and management	Quantitative; 24 districts	85 medical officers	Survey; Modified WHO PEN questionnaire	DM, HTN	HSD, HW, MPK&T	The community health centre had a relatively better CVD management capacity than the primary health centre but lacked sufficient equipment, medicine and human resources.
26 Panda et al. 26 (2018) (42) 27	India	To describe the health system's response and preparedness to NCDs	Qualitative; One district	13 key stakeholders	Interviews; IDI guide	Cancer, CVD, DM and Stroke	HSD, HW, HF, L&G	Health facilities were overburdened and lacked trained staff, and resources to manage NCDs.
28/an Dijk-de 29/ries et al. 30 <sup>(2016)</sup> (46)	Netherlands	To examine patients' readiness to consult psychosocial problems with nurses	Mixed- methods; Primary care setting	217 diabetic patient participants	Survey; Non-validated questionnaire; IDI guide	DM	Patients' readiness	90% of respondents had positive attitudes towards the existing diabetes consultation.
<sup>3</sup> Honey et al. 3 <b>2</b> (2016) (28) 33	New Zealand	To assess older people's readiness to e-health	Quantitative; Urban settings	263 patients in primary healthcare centres	Survey; Non-validated questionnaire	Cancer, CRD, DM, HTN, Mental Illness	HIS	36% of participants sought health information from an online platform.
34Adinan et al. 35 <sup>(2019)</sup> (25)	Tanzania	To assess health facilities' readiness to manage DM and HTN	Quantitative; Rural and urban districts	<ul><li>43 health facilities,</li><li>62 healthcare workers</li></ul>	Survey; Modified WHO SARA questionnaire	DM, HTN	HSD, HW, HIS, MPK&T	86% DM, and 79% HTN services were available.
<b><sup>36</sup>Bintabara et</b> <b>37</b> al. (2018) <b>38</b> 26)	Tanzania	To assess health facilities' readiness to manage HTN	Quantitative; Countrywide	725 healthcare facilities	Survey; Modified WHO SARA questionnaire	HTN	HSD	28% of the health facilities had outpatient HTN services.

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1 2								
<sup>3</sup> Peck et al. 4 (2014) (36) 5	Tanzania	To assess NCDs burden and investigate facilities' readiness to manage DM and HTN	Quantitative; Urban and rural settings	335 healthcare workers	Modified WHO SARA questionnaire	DM, HTN	HSD, MPK&T	Most first-line healthcare facilities lacked guidelines, diagnostic equipment, trained staff and effective reporting systems.
6 Aekplakorn 7 et al. (2005) 8 (40) 9	Thailand	To assess primary healthcare providers' readiness to manage CVD along with community members perception and knowledge	Qualitative; Rural district	18 CVD patients, 33 community members, 29 health workers/professionals	Semi-structured interview; IDI, KII and FGD guides	CVD	HSD, MPK&T	Community members lacked minimal knowledge of the symptoms and signs of heart attack or stroke. Healthcare workers had limited skills to manage heart disease, while emergency care hospitals were insufficiently equipped to treat CVD patients.
Katende et al. (2015) (230)	Uganda	To assess the readiness of CD- related services	Quantitative; Urban and rural settings	28 health facilities, 222 health workers	Survey; Modified WHO SARA questionnaire	CRD, CVD, DM, Epilepsy, HTN, HIV	HSD, HW, MPK&T	Most primary care facilities had inadequate capacity to manage CDs
<b>3</b> Musinguzi et <b>14</b> 1. (2015) <b>14</b> 32)	Uganda	To assess health facilities' capacity to manage hypertension	Quantitative; Two districts	126 public & private health facilities, 271 healthcare workers	Survey; Non-validated questionnaire	HTN	HSD, MPK&T	Nearly 93% health facilities managed HTN services and all of them lacked trained staff, guideline, supplies, and diagnostic equipment.
Volk et al. (2015) (37) 7	USA	To examine clinicians' readiness to implement lung cancer screening programmes	Quantitative; Medical attendees	350 participants	Survey; Non-validated questionnaire	Cancer	HSD (screening)	50% clinicians planned to refer eligible patients for lung cancer screening.
<b>8</b> Duong et al. <b>9</b> 2019) (27)	Vietnam	To explore NCD service delivery availability, readiness and utilisation	Quantitative; Rural settings	89 community health centres	Survey; Modified WHO SARA questionnaire	DM, Cancer, CRD, HTN, Mental Illness	HSD, HW	25% of the health facilities had NCD services.
Kien et al. 2 (2018) (41) 22	Vietnam	To explore responsiveness of commune health stations in urban settings to NCDs	Qualitative; Two districts	19 healthcare staff	Interviews; IDI guide	NCD focus was not specified	HSD, HW, HIS, MPK&T, HF, L&G	Healthcare professionals had limited knowledge about the national NCD strategy and lacked NCD-specific training and skills.
2 <b>3</b> Meiqari et al. 2 <b>4</b> 2020) (44) 25 26 27	Vietnam	To describe the delivery and organisation of HTN care in primary healthcare settings	Mixed- methods; Rural and urban setting	90 healthcare staff, 29 hypertensive patients	Survey; Modified WHO SARA questionnaire; Semi-structured interview guide	HTN	HW, MPK&T	District-level health facilities had HTN services; however, capacity of facilities across districts to monitor prescription refills and disease for HTN patients varied.
28 <sup>Thi</sup> Thuy 29 <sup>N</sup> ga et al. 30 <sup>(2017)</sup> (45)	Vietnam	To describe commune health stations' readiness for NCD prevention and control	Mixed- methods; One district	20 commune health stations	Survey; Modified WHO SARA questionnaire; IDI and FGD guides	Cancer, CRD, DM, HTN	HSD, HW, HIS, MPK&T, HF, L&G	Commune health stations (CHSs) had limited capacity for NCD screening, diagnosis and treatment services.
3 Van Minh et 321. (2014) 33(47)	Vietnam	To describe the primary care system's readiness for NCDs	Mixed- methods; One district	Health facilities and staff±	Survey; Non-validated questionnaire; Interview; IDI guide	NCD focus was not specified	HSD, HW, HIS, MPK&T, HF, L&G	Primary healthcare facilities had limited NCD management capacity and service integration.
Mutale et al. (2018) (33) 36	Zambia	To assess the health system's readiness to address NCDs	Quantitative; Three districts	46 primary healthcare facilities	Survey; Modified WHO PEN questionnaire	NCD focus was not specified	HSD	Only the first-level hospitals had a mean readiness index score (=>70%) for managing NCDs.
3 Mendis et al. 382012) (31) 39	Multi- country	To evaluate primary care facilities' capacity for the major NCDs	Quantitative; Multi-country*	90 primary healthcare facilities	Survey; Modified WHO PEN questionnaire	Cancer, CRD, CVD, DM	HSD, HW, HIS, MPK&T, HF, RS	Primary care facilities had inadequate financing, basic technologies and medicines, medical information systems and health workforce
40 252								

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1 2		
3 4 5 6	253 254 255 256	<b>Note</b> . CVDs: Cardiovascular Diseases, DM: Diabetes Mellitus, DHS: Demographic and Health Surveys, FGD: Focus Group Discussion, HTN: Hypertension, IDI: In-depth Interviews, KII: Key Informant Interview, HSD: Health Service Delivery, HW: Health Workforce, HIS: Health Information System, MPK&T: Medical Products, Knowledge and Technologies, HF: Health Financing, CRDs: Chronic Respiratory Diseases, NCD: Non-communicable Disease, WHO: World Health Organization, LMIC: Low- and Middle-Income Countries, L&G: Leadership and Governance, RS: Referral System, WHO SARA: WHO Service Availability and Readiness Assessment, WHO PEN: WHO Package of Essential Non-
7 8	257	communicable Disease Interventions
9	258	*Multi-country includes Benin, Bhutan, Eritrea, Sri Lanka, Sudan, Suriname, Syria and Vietnam
10 11	259	<sup>±</sup> The number of participants/sample size was not specified.
12 13 14 15 16 17 18 19 20 21 22	260	++National Institute of Population Research and Training
<ol> <li>23</li> <li>24</li> <li>25</li> <li>26</li> <li>27</li> <li>28</li> <li>29</li> <li>30</li> <li>31</li> <li>32</li> <li>33</li> <li>34</li> <li>35</li> <li>36</li> <li>37</li> <li>38</li> <li>20</li> </ol>		
<ol> <li>39</li> <li>40</li> <li>41</li> <li>42</li> <li>43</li> <li>44</li> <li>45</li> </ol>		13 For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml
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261 Heal	th service	delivery
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Of the 23 studies, 18 addressed issues related to the health service delivery system's readiness in preventing and managing NCDs at the primary healthcare level. Eleven of the 18 studies were quantitative studies, assessing primary healthcare facilities' readiness in implementing the WHO SARA reference manual (25-27, 29, 30, 36, 38, 45) or WHO PEN interventions (33-35). Three papers adopted the qualitative approach (40-42), while another three used the mixed-method approach (43, 45, 47). Four studies focused on a single NCD: DM, CVD (40) or HTN (26, 32). Five papers studied two NCDs (25, 35, 36, 38, 43), while seven investigated multiple NCDs and risk factors (27, 30, 31, 39, 41, 42, 48). However, two articles did not specify the NCDs that were evaluated (34, 47). Most of the studies found that healthcare facilities had insufficient capacity to deliver NCD prevention, care and treatment at the primary level. Among the NCDs, a higher level of readiness at the primary healthcare level was reported for hypertension prevention and management. The availability of hypertension services at healthcare facilities was reported to be 92.9% in Uganda (32) and 86% in Tanzania (25); however, one study found that hypertension preparedness was only 28% in Tanzania's outpatient care (26). A mixed-methods study in Thailand revealed that commune health stations were significantly prepared to manage HTN (44). The services readiness for CVD (47.8%), and DM (50%), were reported at the upazila health complex (UHC) in 2014 in Bangladesh(29, 38). However, the most recent data reported the availability of services largely varied from community clinic (CC) to 'UHC' for cervical cancer (0.4%-37.5%), CRD (34.1%-93.9%), CVD (1.4%-69.6%), DM (0.9%-84.5%), and, hypertension (3.5%-91.5%) (39). In Vietnam, only 25% of commune health centres were equipped to prevent, diagnose and treat major NCDs, with a noticeably lower utilisation rate of services by the users (27). Capacity for managing DM was predominantly low across all studies; however, one study in Tanzania (25) found that care for diabetes mellitus was available in 79% of healthcare facilities. Moreover, a lower level of readiness for managing CVD was reported across countries (31, 40, 42, 45). Qualitative studies conducted in Thailand (40) and India (43) noted facilities' low-level preparedness to manage HTN, DM and CVD, with healthcare facilities/programmes lacking effective community engagements and limited support 

from the national programmes. In Kien et al.'s 2018 study conducted in Vietnam, one of the district-level health staff shared the following:

[In our district] we implemented the hypertension programme for only four communes and
implemented the diabetes programme for four other communes [among 18 communes]. We do
not have any NCD programmes for the rest of the communes (41).

In a cross-sectional study conducted in Madhya Pradesh, India, the preparedness level for DM and HTN
was reported to be slightly high (35). However, inadequate capacity was found for managing the
common NCDs in a qualitative study in Odisha and Kerala, India (42). Lower levels of readiness for
major NCDs have also been commonly reported in Zambia (33) and Ghana (34).

Overall, the delivery of NCD services was affected by multiple factors and revealed to be insufficient at the primary healthcare level. Inadequate and ill-equipped healthcare facilities were the most common issues hampering service delivery (25, 27, 31-35, 43). Moreover, notable key barriers include patients' lack of self-management education and knowledge (25), primary-level healthcare professionals' limited NCD management skills and national NCD strategies (25, 41), insufficient NCD service management and implementation capacity of local-level healthcare organisations (26, 47), a weak referral and follow-up system (30, 31), poor adherence to clinical guidelines (25, 30, 32, 36), inadequate screening opportunity (45), lack of information-education-community material (45) and the healthcare facility's rural location.

### 307 Healthcare workforce

Twelve of the studies reviewed reported a healthcare workforce issue related to NCD services and care.
According to these papers, a common bottleneck for NCD services is insufficient primary-level
healthcare professionals. One cross-sectional study in Tanzania reported only 53% and 15% of
healthcare facilities had trained health professionals to manage HTN and DM, respectively (25). In
Thailand (40) and Vietnam (45, 47), there was an acute lack of trained healthcare staff to manage CVD.

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Moreover, a study conducted in Uganda found that only 26% and 16% of primary healthcare staff had an adequate level of knowledge to manage DM and HTN outpatients, respectively (30). This study also revealed that medical doctors had a higher level of knowledge (85% for HTN and 8% for DM) than nurses (8% for HTN and 4% for DM) (30). One study in Vietnam reported that only 9% of primary healthcare facilities in rural and urban locations had five categories of human resources (medical doctor, assistant doctor, nurse, midwife and pharmacist) to deliver HTN services (44). The shortage of trained healthcare staff (at least one staff received in-service training in the last 24 months before the data collection date) was reported at the primary healthcare in Bangladesh (39). The trained staff for cervical cancer (29% trained staff at the UHCs, but no trained staff in CCs and union-level facilities), CRD (4% union-level facilities, 11% CCs, and 29% UHCs), CVD (7% union-level facilities, 15% CCs, and 40%, UHCs), DM (3% union-level facilities, 14% CCs, and 28% UHCs), and hypertension (6% union-level facilities, 10% CCs, and 39% UHCs) were reported (39). According to a multi-country study, physicians at primary healthcare facilities were only available in two of the eight participating nations, while nurses and healthcare assistants were the key professionals for NCD services in the remaining six countries (31). A study in Ghana found that more than half of the healthcare centres lacked at least one medical doctor and nurse trained in NCDs (34). In India, while two medical officers were available on average at community health centres to manage DM, CVD, HTN and cancer, this number was lowest (less than half) in primary healthcare centres (35). In qualitative studies conducted in India (42) and Vietnam (41), insufficient healthcare staff jeopardised NCD services in primary care facilities. An NCD programme officer in Odisha, India and a national-level health worker in Vietnam shared their respective thoughts:

# In a big community health centre like ours, there should be more health workforce, and there should be a special training programme for all the health workers (42).

53336For the health workforce at commune health stations, some facilities lack human resources54337and/or capacity. They must be strengthened in their capacity to provide services for NCD5657338prevention, consultation, early detection and management. The reason for this is that we have58339not implemented NCD services systematically at primary healthcare facilities (41).

1 2		
2 3 4	340	
5 6 7	341	Health financing
8 9	342	Seven studies found that inadequate funding/budget support from the national healthcare programme
10 11 12	343	compromised effective NCD service and care at the primary healthcare level. Furthermore, the absence
12 13 14	344	or limitation of healthcare insurance coverage jeopardised NCD services and care. One study in India
15 16	345	reported that less than 3% of households had insurance coverage (43). A study in Ghana revealed that
17 18	346	healthcare financing is organised by the government as the 'National Health Insurance Scheme', and
19 20	347	only those who paid the premium received its benefits (34). Limited public financial/budgetary support
21 22	348	has also been identified as a major barrier to NCD services in primary healthcare in Vietnam (45, 47).
23 24 25	349	A national-level health worker in Vietnam conveyed the following to Kien et al. in 2018:
25 26 27	350	The budget for NCD primary health care services is extremely limited; [funding is] mainly
28 29	351	through national target programmes on NCDs, but the programmes have been reduced. There
30 31	352	are some barriers to health insurance reimbursement for NCDs at the primary health care level
32 33	353	(41).
34 35 36	354	Similarly, in a qualitative study, a medical officer from Odisha, India shared his observation:
37 38	355	Since there is no existing system, funds do not reach the grassroots level. There is no funding
39 40	356	(42).
41 42 43	357	
44 45 46	358	Access to medical products, knowledge and technologies
47 48 40	359	Across countries and regions, a lack of supply-side factors, such as medical products and knowledge
49 50 51	360	and technologies to prevent and manage NCDs, has been widely reported. Fifteen studies reported
52 53	361	inadequate or interrupted access to supplies and technologies at the primary healthcare level, which are
54 55	362	vital for diagnosing and treating NCDs. In Bangladesh, the availability of medicine widely varied at the
56 57	363	UHCs based on their types for DM (metformin 38.1%, glibenclamide 7.4%), CRD (salbutamol 91.6%,
58 59	364	epinephrine 0.3%), CVD (amiodipine/nifedipine 41.5%, aspirin 2.6%), and HTN

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(amlodipine/nifedipine 44.7%, thiazide 1.4%), but no supply in the CCs were reported (39). In India, the essential drugs for the management of HTN (beta-blockers and calcium channel blockers) were available at most of the primary health centres (PHCs) and community health centres; however, other drugs (except metformin) were largely unavailable across facilities that resulted in 90% of NCD patients in India to rely on private providers/facilities for NCD service and care (35). More than 60% of PHC-level facilities faced a shortage of essential DM medicine, with over 30% of PHCs having a medicine stockout of more than six months. Only 38% of PHCs had functional laboratory facilities (43). According to a study conducted in Tanzania, 50% of health centres, 24% of dispensaries and 80% of hospitals had HTN and DM medicines on hand; however, more than one-third of these locations lacked basic laboratory facilities (25). A qualitative study in Vietnam (41) and a qualitative multi-country investigation (Benin, Bhutan, Eritrea, Sri Lanka, Sudan, Suriname, Syria and Vietnam) (31) likewise reported the shortage of medicine and basic diagnostic facilities at primary healthcare facilities. Moreover, basic amenities and equipment for NCDs were in short supply in Ugandan healthcare facilities (hospitals and healthcare centres), with more than half of them lacking the recommended antihypertensive drug and nearly 30% lacking a blood pressure device (32). Likewise, Tanzanian healthcare facilities reported a shortage of the recommended medicine and supplies required for HTN and DM service and care (36). Similarly, a mixed-method study found a scarcity of medical products and equipment for CRD, DM, cancer and HTN in Vietnam (45). However, basic equipment and diagnostic facilities such as stethoscope (93.2% CCs, 96.9% UHCs), blood pressure apparatus (85.6% CCs, 95.4% UHCs), adult scale (90.9% CCs, 82.9% UHCs), blood glucose testing (22.2% CCs, 48.9% UHCs), urine protein (0% CCs, 36.2 % UHCs), and urine glucose (0% CCs, 30.4 % UHCs) were available in Bangladesh (39).

#### 388 Health information system

389 Studies that assessed the health information system's readiness were limited. Only five papers addressed
390 the health information system required for optimising NCD care at the primary healthcare level (25, 31,
391 41, 45, 47). These studies extensively reported on weak health information systems for detecting,

treating and monitoring NCD patients in primary healthcare settings. Furthermore, only 52.9% of primary healthcare facilities in Tanzania were prepared to collect, analyse and use local-level data for HTN and DM services (25). According to a multi-country survey, 85% of healthcare facilities created paper-based (patient register) individual-level information for patients who attended the facilities, but only half of that information was used at the follow-up visit (31). Weak and ineffective health information system management and inadequate NCD information, such as a lack of population-based NCD-related data on risk factors, mortality, disability and referral systems at the primary healthcare level, have been identified as crucial barriers to managing NCDs in Vietnam (41, 45).

## 401 Leadership and governance

Four studies investigated issues of leadership and stewardship in the management of NCDs in primary healthcare (41, 42, 45, 47). The research reported a lack of coordination among stakeholders and departments in implementing nationally designed NCD programmes/interventions. A qualitative study in India discovered weak inter-departmental coordination between various government departments (e.g. mental health programme and tobacco control programme), which resulted in poor NCD outcomes at the primary care level (42). The primary care-level NCD managers lacked knowledge of Vietnam's national NCD strategy or policies affecting targeted interventions for cancer, CVDs and diabetes (41). Limited knowledge of NCD management strategy and insufficient leadership capacity were highlighted among front-line healthcare staff (41). Furthermore, a lack of interaction between private and public providers and stakeholders was reported for NCD prevention/management activities in Vietnam (45). A mixed-method study found that Vietnam's nationally targeted NCD management and control programme lacked leadership and governance capacity (47). 

## **Community perspective**

416 Only two studies, conducted in the Netherlands and New Zealand, explored community perspectives417 on patients' capacity for using healthcare information, self-management and sharing problems when

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seeking aid to manage NCDs at the primary healthcare level. A mixed-method study in the Netherlands (46) showed that, during a consultation, people with diabetes had a low-level ability to share psychological issues with healthcare providers at the primary healthcare level. In New Zealand, the readiness of patients with NCDs (cancer, chronic pain, diabetes and mental health problems) was low, with only 36% of them seeking health-related information from digitalised sources (28). This demand-side perspective was not addressed in studies from low- and middle-income countries.

#### **Quality of included studies / Quality assessment**

Nearly three-fifth (61%) of the studies were of good quality (MMAT score of 75) (Table 1): one paper (4%) had an MMAT score of 25 (low quality), eight (35%) scored 50 (medium quality), eleven (48%) received 75 (good quality) and three (13%) reached 100 (high quality). No study had an MMAT score of 0 (poor quality). review

#### Discussion

This review appraised available evidence on health system readiness for NCDs at the primary healthcare level. The key findings of this study were that health systems at the primary healthcare level were inadequately prepared for NCD prevention and management, and that readiness was poorly understood. Health system readiness was examined from the providers' perspectives, which is specifically focused on the availability of infrastructures and supply of resources (e.g. medicine, basic amenities, medical products and technologies) as devised in the WHO SARA methodology or WHO PEN interventions. This may have narrowed the 'systems thinking' approach, which is a core philosophical basis that incorporates various elements and their interactions and interconnectedness to function as a system (19). Viewing the health system from this constricted sense categorically failed to include people's (service users') dimensions, which is an essential consideration for a well-functioning and inclusive health system. One plausible reason for predominantly analysing the health system from the supply-side

444 perspective was the widespread acceptance of the WHO health system framework and its broader 445 applications in individual studies. Over the past years, the 'building block' approach appeared as a 446 dominant health system method globally (49), supporting the existing trend of assessing the health 447 system from the supply-side perspective. Thus, the demand-side perspectives of health system readiness 448 for NCDs warrant extensive investigation. Future research may focus on the demand-side aspects of the 449 health system's readiness, such as community characteristics and associated determinants needed to 450 establish an effective and inclusive health system to respond to the NCD epidemic.

This review demonstrated that almost all countries' primary healthcare systems have suffered from inadequate supply-side responses to medicine, technologies, equipment, amenities, trained healthcare professionals, health information and leadership and stewardship. The ill-equipped health system may result from insufficient financing mobilised through international and domestic channels and a lack of policy priority in responding to NCDs (50-52). Among the NCDs addressed by the studies in this review, DM and HTN received the most attention in the current literature. Hence, other major NCDs such as CVD, CRD and cancer, which are prioritised by the WHO, remain largely under-researched. The focus on DM and HTN may be due to multiple factors, including increasing prevalence and associated determinants/risk factors for other NCDs in low- and middle-income countries, a nationwide vertical programme, individual-level professional capacity and greater resource mobilisation (53-55), all of which have facilitated DM and HTN care, management and research. Moreover, the integrated model for DM and HTN care has widely been considered in the low-and middle-income countries that accelerated the provision of effective and equitable health service delivery at the primary healthcare level, which would have helped to address the rising burden of them with accessible, equitable, and cost-effective interventions (56-58). This review revealed that at the primary healthcare level, health system readiness for major NCDs was primarily concentrated on the diagnosis and treatment aspects. However, readiness for health promotion and preventive interventions, provision of palliative care, screening, identification of risk factors, self-management and health education have remained under-investigated and of less priority (59, 60). As such, primary and secondary prevention of NCDs was

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emphasised in the WHO's NCD prevention and control strategy in 2011 (61) and has been highlighted in the current literature to reduce NCD-related morbidities and deaths (62-64). Preventive and health promotional activities on key NCD risk factors, (61, 65) such as tobacco consumption, salt intake, physical inactivity, harmful alcohol use and unhealthy diet, stress that these can be addressed at the primary healthcare level to improve NCD outcome. The potential for a well-prepared health system is realised when promotional and preventive services are adequately provided at the primary healthcare level (66, 67). Lack of a comprehensive prevention and management approach led us to hypothesise that the full potential of the health system's response to NCDs may have been hindered at the primary healthcare level. Majority of the studies in this review had good or high quality. However, a large proportion of the study reflected inexplicit evidence due to the methodology, small sample size, bias, and incomplete information. A few quantitative studies lacked sufficient details about the participants' selection criteria, standard criteria for minimizing bias, and use of non-validated questionnaires with a relatively small sample size that might affect the scope of generalizability of the findings (27, 29, 32, 34, 35). One mixed-method study was rated low quality due to the homogeneous sample and insufficient information about the data analysis (47). The rest of the mixed-method studies included in the review had a more representative sample size and methodological rigors. The majority of the included studies used the WHO's health system framework as an analytical basis to identify the health system components. However, some studies lacked a deeper analysis of the interplay and interconnectedness between different health system components. Despite these limitations, this study provides important information regarding current evidence on the readiness of the primary healthcare system for NCDs. Additionally, most of the selected studies in this review were conducted in resource-poor settings, primarily in sub-Saharan African and South East Asian countries. The smaller number of studies in developed countries may be explained by their adoption of a specialised disease management strategy, which lessens the focus on comprehensive management of NCDs at the primary healthcare level (68). An extensive investigation of community characteristics and associated factors may be necessary for establishing a well-functioning and more responsive health system to respond to NCDs (24). 

497 Strengths and limitations

This review's main strength was an inclusive data synthesis informed by the health system dynamics framework, which offers a deeper and more comprehensive (both supply-side and demand-side factors) understanding of primary healthcare system readiness for NCDs. Conducting An extensive systematic search of literature with hand-searching references and expert advice increased the validity and trustworthiness of this review's findings. On the other hand, one of its limitations was that a few studies that reported health system readiness at combined primary and secondary healthcare levels were excluded. Moreover, the selected studies had heterogeneous study designs, methods and techniques, and focused on a variety of health system components, preventing meta-analysis. Another limitation was that studies containing relevant information published in languages other than English have been excepted, which may have influenced the results of this review.

# Conclusion and future direction

This review demonstrated that health systems at the primary healthcare level are insufficiently prepared for NCD prevention and management, especially for CVD, CRD and cancer. The existing health system response was characterised by insufficient 'supply-side' factors (i.e. supply of medicine, equipment and technology), a lack of appropriate NCD management strategies and guidelines, a weak health information system, limited resources, uncoordinated local-level stewardship and leadership and a shortage of human resources. One of the notable findings was that the primary healthcare system's readiness over the years was evaluated from the 'supply-side' perspective; hence, there is a significant knowledge gap in the literature from the 'demand-side' standpoint. This observation may be useful for future research into users' views on NCD management at the primary healthcare level, including NCD management practice, knowledge, attitude, care-seeking behaviour, adherence to treatment, self-management and coping strategies.

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2 3	524	
4	524	
5 6 7	525	Author Contributions
8 9 10	526	AK, NK and BB created the manuscript. AK and LR led the literature search. AK, NK, RI and BB
10 11 12	527	screened the literature and completed the mapping. AK led the drafting process, while NK, RI and BB
13 14	528	provided substantial input. All authors read and approved the final manuscript.
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23 24	532	
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28 29	534	No additional data are available.
30 31 32	535	
33 34 35	536	Competing interest
36 37 38	537	The authors declare that they have no competing interests.
39 40	538	
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# Supplementary appendix

# Table S1. Literature search strategy

## Database(s): Ovid MEDLINE(R) and Epub Ahead of Print, In-Process, In-Data-Review & Other Non-Indexed Citations, Daily and Versions(R) Search Strategy:1<sup>st</sup> of January 1984 to July 30<sup>th</sup>

#	Searches
1	chronic disease/ or multiple chronic conditions/ or non communicable disease/
2	(chronic disease* or chronic disorder* or chronic* sick* or chronic health condition* or chronic medical condition* or chronic* ill* or long term condition* or multimorbidit* or mult imorbidit*).mp.
3	(non-communicable disease* or non-infectious disease* or noncommunicable disease* or noninfectious disease*).mp.
4	(cardiovascular disease* or coronary artery disease* or myocardial isch?emia or myocardial infarct* or pulmonary disease* or chronic obstructive pulmonary or chronic obstructive lung or chronic obstructive respiratory or diabetes or coronary heart disease* or neoplasm* or cancer*).mp.
5	(hypertension or hypertriglycerid?emi* or hyper triglycerid?emi* or high triglyceride* or high cholesterol or hypercholesterol?emi* or hyperlipid?emia* or hyperlipidemi*).mp.
6	(diastolic pressure or systolic pressure or blood pressure or cardiometabolic syndrome*).mp.
7	(copd or asthma or renal disease* or kidney disease*).mp.
8	1 or 2 or 3 or 4 or 5 or 6 or 7
9	Primary Health Care/
10	Delivery of Health Care/
11	(primary health system or primary health service or primary healthcare system or primary health care system or primary healthcare service or primary health care service or primary medical service delivery or primary medical care service or primary care service or primary care system).mp.
12	(first-level healthcare or first-level health care or first-level health system* or first-level health facilit* or local health system* or local health care or local healthcare or local-level health*).mp.
13	((primary or first-level or local) adj3 health* adj3 (clinic* or center* or centre* or setting*)).mp.
14	9 or 10 or 11 or 12
15	8 and 14
16	(readiness or preparedness or capacity or quality improvement or quality of Improvement).mp.
17	15 and 16
18	((primary care or primary health care or primary healthcare or primary health system* or primary medical service* or primary medical care or (first-level healthcare or first-level health care or first-level health system* or first-level health facilit* or local health system* or local health care or local healthcare or local-level health*)) adj5 (accessibility or availability)).mp.
19	8 and 18
20	((primary care or primary health care or primary healthcare or primary health system* or primary medical service* or primary medical care or (first-level healthcare or first-level health care or first-level health system* or first-level health facilit* or local health system* or local health care or local healthcare or local-level health*)) adj (need* or demand*)).mp.
21	8 and 20
22	((primary or first-level or local) adj3 health* adj3 (clinic* or center* or centre* or setting*) adj3 (need* or demand*)).mp.

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2 3		22 8 and 22
4		25 6 and 22 24 17 or 19 or 21 or 23
5		25 limit 24 to english language
7		26 limit 25 to (case reports or comment or editorial or letter or news)
8		27 25 not 26
9		
10		
12		Database(s): Embase Classic+Embase
13		Search Strategy:
14 15	#	Searches
16		exp antineoplastic agent/ or cancer therapy/ or bone marrow purging/ or bone marrow rescue/ or exp cancer
17 18 19 20 21	1	adjuvant therapy/ or exp cancer chemotherapy/ or cancer gene therapy/ or cancer hormone therapy/ or exp cancer immunotherapy/ or exp cancer radiotherapy/ or multimodality cancer therapy/ or oncolytic virotherapy/ or target cell destruction/ or immunotherapy/ or adoptive immunotherapy/ or exp chimeric antigen receptor immunotherapy/ or radioimmunotherapy/ or exp radiotherapy/ or exp bone marrow transplantation/ or exp hematopojetic stem cell transplantation/ or stem cell transplantation/ or cancer survivor/
22 23	2	exp neoplasm/dt, rt [Drug Therapy, Radiotherapy]
24 25 26	3	(anti-cancer* or anti-neoplas* or anticancer* or antineoplas* or anticancerogen* or anticarcinogen* or anti- carcinogen* or anti-tumo?r* or antitumor?r* or cancer inhibitor* or tumo?r inhibitor* or anti-leukemi* or antileukemi* or oncotherap* or antimetastatic* or anti-metastatic* or antimetastas#s or anti-metastas#s).mp.
27 28 29 30 31 32 33 34 35 36	4	((cancer* or tumo?r* or neoplas* or carcinoma* or malignan* or adenocarcinoma* or sarcoma* or lymphoma* or leukemi* or blastoma* or carcinostatic or oncolog* or carcinocidal or oncocidal or oncostatic) adj3 (therap* or drug* or agent* or chemotherap* or electrochemotherap* or treat* or medication* or compound* or immunotherap* or immunological or immunomodul* or immunomodurat*)).mp.
	5	((adenoma* or chondrosarcoma* or osteosarcoma* or rhabdomyosarcoma* or astrocytoma* or ependymoma* or glioma* or neuroblastoma* or medulloblastoma* or oligodendroglioma* or pheochromocytoma* or retinoblastoma* or cholangiocarcinoma* or melanoma* or mesothelioma* or pheochromocytoma* or paraganglioma* or craniopharyngioma* or esthesioneuroblastoma* or myeloma*) adj (therap* or treatment* or drug* or agent* or medication* or vaccine*)).mp.
37 38 39	6	((cancer or tumo?r) adj (cure* or healing or remed* or vaccin* or adjuvant therap* or multichemotherap* or polychemotherap* or gene therap* or hormon* therap* or radiation or irradiation or ablation or immun* therap*)).mp.
40 41 42 43 44 45 46	7	((cancer or carcinoma or adenocarcinoma or sarcoma or lymphoma or leukemia or blastoma or adenoma or chondrosarcoma or osteosarcoma or rhabdomyosarcoma or astrocytoma or ependymoma or glioma or neuroblastoma or medulloblastoma or oligodendroglioma or pheochromocytoma or retinoblastoma or cholangiocarcinoma or melanoma* or mesothelioma or pheochromocytoma or paraganglioma or craniopharyngioma or esthesioneuroblastoma or myeloma or oncolog*) adj (patient* or survivor* or sufferer*)).mp.
47	8	(alkylating adj (agent* or chemical* or compound* or cytostatic*)).mp.
48 49 50 51	9	(((angiogenesis or neovascularisation or tumo?r vascularisation) adj inhibitor*) or ((angiostatic or anti- angiogenesis or antiangiogenesis or anti-angiogenic or antiangiogenic or antimutagenic) adj (agent* or drug*))).mp.
52 53 54 55 56 57	10	(abecomotide or abemaciclib or abexinostat or abieslactone or abivertinib or abrotanone or aburatubolactam A or aburatubolactam C or abyssinone V or acalabrutinib or acalisib or aceglatone or acodazole or adaphostin or adarotene or adavosertib or aderbasib or afamitresgene autoleucel or afatinib or afuresertib or Agaricus blazei extract or agatolimod or agerafenib or aglatimagene or besadenovec or albicanyl acetate or aldesleukin or alectinib or alicdamotide or alisertib or adozelesin or alkanesulfonic acid or amsacrine or amsacrine derivative or asulacrine isethionate or busulfan or dimethylbusulfan or mesylic acid or mesylic acid derivative or mesylic acid ethyl extra an mesylic acid methyl extra en usual acetate or allocative or mesylic acid
58 59 60		ethyl ester or mesylic acid methyl ester or mesylmesylic acid 2 chloroethyl ester or methylene dimesylate or treosulfan or ametantrone or anaxirone or aziridine derivative or apaziquone or azimexon or aziridine or aziridinylbenzoquinone or azirine derivative or carboquone or ciamexon or diaziquone or dipin or pumitepa or

3 thiotepa or tretamine or tretazicar or triaziquone or uredepa or banoxantrone or bisantrene or bizelesin or 4 brostallicin or carboplatin or carzelesin or chlormethine derivative or acridine mustard or aldophosphamide or 5 alestramustine or ambamustine or anustaline or aniline mustard or bendamustine or benzoquinone mustard or 6 bestrabucil or canfosfamide or chlorambucil or chlormethine or chlornaphazine or cloturin or cortifen or 7 cyclophosphamide or cydrin or dichlorodiethylamine or dopan or estramustine or evofosfamide or galamustine or 8 glufosfamide or gonadorelin or ifosfamide or laromustine or mafosfamide or mafosfamide cyclohexylamine or 9 mafosfamide lysine or mannomustine or melphalan or mepacrine mustard or palifosfamide or peptichemio or 10 perfosfamide or phenesterin or phosphoramide mustard or sarcolysin or sufosfamide or tallimustine or 11 tinostamustine or trofosfamide or uramustine or xylamine or cisplatin or cyclodisone or dacarbazine or 12 dianhydrogalactitol or 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or anginex or angiostatic protein or angiostatin or 23 angiozyme or atiprimod or avadomide or axitinib or beloranib or bermekimab or bevasiranib or brivanib or 24 cabozantinib or canstatin or caplostatin or carlumab or carotuximab or cediranib or cenupatide or cetuximab or 25 cilengitide or combretastatin A1 phosphate or conbercept or conendostatin or crenolanib or crizotinib or 26 dalantercept or depudecin or dovitinib or endostatin or endothelial monocyte activating polypeptide II or 27 fexapotide or foretinib or foslinanib or fruquintinib or fumagillol chloroacetylcarbamate or glesatinib or 28 infigratinib or lapatinib plus pazopanib or lenalidomide or lenvatinib or linifanib or lucitanib or maspin or 29 monoclonal antibody DC101 or monoclonal antibody imc 1c11 or motesanib or muparfostat or dicarboxamide or 30 navicixizumab ornintedanib or ofranergene obadenovec or oglufanide or orantinib or paclitaxel or pazopanib or 31 32 pegaptanib or pegdinetanib or pegpleranib or pixatimod or 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vinleucinol or 52 vinleurosine or vinorelbine tartrate or vintafolide or vintriptol or vinzolidine or withanolide or carcinostatic 53 antibiotic or 21 aminoepothilone B or 3 deazaaristeromycin or actinobolin or 7 aminodactinomycin or 12 54 actinomycin derivative or adozelesin or alanosine or alvespimycin or ankinomycin or anthracycline antibiotic 55 agent\* or 11 deoxydaunorubicin or 2 fluoroidarubicin or 2 pyrrolinodoxorubicin or 4 demethoxy 11 56 deoxydaunomycinone or 4 demethoxydaunomycinone or 4 demethoxydoxorubicin or 4 iodoesorubicin or 5 57 iminodaunorubicin or 9 deacetyl 9 methylidarubicin or 9 deoxydoxorubicin or aclacinomycin B 58 or aclarubicin or adriamycinone or aklavinone or aldoxorubicin or amrubicin or annamycin or anthracycline or 59 anthracyclinone derivative or barminomycin I or berubicin or camsirubicin or carubicin or cinerubin A or 60

cinerubin B or daunomycinone or daunorubicin or monoclonal antibody conjugate or daunorubicinol or 4 decilorubicin or detorubicin or ditrisarubicin B or doxorubicin or doxorubicinol or epirubicin or epirubicinol or epsilon rhodomycinone or esorubicin or galarubicin or gancotamab or idarubicin or idarubicinol or ladirubicin or leurubicin or n benzyldoxorubicin 14 valerate or n trifluoroacetyldoxorubicin or n trifluoroacetyldoxorubicin 14 hydrogen adipate or nemorubicin or obelmycin or oxaunomycin or pirarubicin or pyrromycinone or rhodomycin 8 A or rodorubicin or ruboxyl or sabarubicin or valrubicin or viriplanin A or zoptarelin doxorubicin or zorubicin or 9 anthramycin or arasangivamycin or asperlin or auromomycin or azaserine or bactobolin or bizelesin or blasticidin 10 S or bleomycin or bleomycinic acid or liblomycin or pepleomycin or cactinomycin or cadeguomycin or 11 calicheamicin or gemtuzumab or inotuzumab ozogamicin or calphostin or caplostatin or carzelesin or chartreusin 12 or 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plus ascorbic acid plus prednisone plus salicylamide or aluminum hydroxide plus calcium 52 ascorbate plus calcium carbonate plus pantothenate calcium plus potassium salicylate plus prednisone or 53 14 aluminum hydroxide plus magnesium trisilicate plus pantothenate calcium plus prednisolone or aluminum 54 hydroxide plus magnesium trisilicate plus prednisone or amcenestrant or angiopeptin or apalutamide or aromatase 55 inhibitor or estrogen synthetase inhibitor or oestrogen synthetase inhibitor or steroid aromatase inhibitor or 56 abyssinone II or aminoglutethimide or anastrozole or atamestane or exemestane or fadrozole or finrozole or 57 formestane or leflutrozole or litrozole or minamestane or plomestane or pyridoglutethimide or 58 testolactone or vorozole or arzoxifene or ascorbic acid plus chlorpheniramine maleate plus prednisone or ascorbic 59 acid plus chlorpheniramine plus prednisone or avorelin or bestrabucil or bicalutamide or buserelin or calcium 60

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47 48 49 50 51 52 53 54 55 56 57	16	or calaspargase pegol or camellin B or camidanlumab).mp. (adagloxad simolenin or adegramotide or algenpantucel L or autogene cevumeran or axalimogene filolisbac or baloramotide or baltaleucel T or belagenpumatucel L or biropepimut S or bizalimogene ralaplasmid or cadalimogene ixalentivec or dasiprotimut T or dorgenmeltucel L or eltrapuldencel T or falimarev or galinpepimut S or imm 101 or inalimarev or lapuleucel T or lovaxin b or maveropepimut S or mavilimogene ralaplasmid or mesmulogene ancovacivec or mitumprotimut T or modified vaccinia virus Ankara 5T4 vaccine or nelatimotide or nelipepimut S or olvimulogene nanivacirepvec or ombipepimut S or onamelatucel L or opolimogene capmilisbac or pemlimogene merolisbac or ranagengliotucel T or rasdegafusp alfa or rindopepimut or rocapuldencel T or rovaleucel or ruxotemitide or seviprotimut L or sipuleucel T or tecemotide or tergenpumatucel L or tertomotide or theratope or tipapkinogene sovacivec or tisagenlecleucel T or vadacabtagene leraleucel or vesigenurtucel L or
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4		zenocutuzumab or zerumbone or zibotentan or zilascorb or zoledronic acid or zoligratinib or zorifertinib or zosuquidar or zotatifin or zotiraciclib).mp.
5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21	23	(protein tyrosine kinase inhibitor or tyrosine kinase inhibitor or tyrosine protein kinase inhibitor or anaplastic lymphoma kinase inhibitor or bruton tyrosine kinase inhibitor or adaphostin or alofanib or alpha cyanothiocaffeic acid amide or altiratinib or alvespimycin or amivantamab or amuvatinib or alectinib or brigatinib or ceritinib or crizotinib or ensartinib or entrectinib or lorlatinib or repotrectinib or asciminib or avapritinib or axitinib or bafetinib or belizatinib or bemcentinib or bosutinib or brivanib or brivanib alaninate or acalabrutinib or branebrutinib or dasatinib or tolebrutinib or vecabrutinib or zanubrutinib or cabozantinib or capmatinib or crizotinib or cediranib or cerdulatinib or cevidoplenib or conteltinib or cenolanib or damnacanthal or decernotinib or defactinib or derazantinib or dovitinib or dubermatinib or fosifidancitinib or gusacitinib or ifidancitinib or ilginatinib or izacitinib or izencitinib or fosifidancitinib or gusacitinib or ifidancitinib or ilginatinib or izencitinib or abrocitinib or filgotinib or lorecivivint or mitogen activated protein kinase kinase inhibitor or peficitinib or posteninib or lorecivivint or mitogen activated protein kinase kinase inhibitor or peficitinib or posteninib or lorecivivint or mitogen solutinib or langlenib or piceatannol or radicicol or recifercept or ritlecitinib or seralutinib or solcitinib or suppressor of cytokine signaling 1 or telatinib or tilvestamab or tyrphostin).mp.
22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 37 38 39 40 41	24	(abscopal effect or bone marrow purging or bone marrow rescue or chemoradiotherap* or chemoradiation or antibody directed enzyme prodrug therap* or chemoembolization or graft versus tumo?r effect or graft versus leuk?emia effect or graft versus lymphoma effect or oncolytic viral therap* or oncolytic virus therap* or target cell destruction or biologic* response modifier therap* or BRM therap* or chimeric antigen receptor immunotherap* or chimeric antigen receptor natural killer cell immunotherap* or chimeric antigen receptor T- cell immunotherap* or CAR immontherap* or CAR T cell therap* or CAR T cell inmunotherap* or CAR T therap* or CAR NK cell immunotherap* or CAR NK cell therap* or chimeric antigen receptor T cells or immune checkpoint inhibitor* or immune checkpoint blockade* or radioimmunotherap* or irradiation treatment* or radiotherap* or radiation treatment* or radio therap* or radiotreatment or beam therap* or blood radiation or brachytherap* or interstitial radiation or radiosotope therap* or radiour therap* or poton beam therap* or gamma irradiation or gamma knife radiosurgery or body radiation or photon beam therap* or poton beam therap* or HSC transplant* or stem cell transplant* or stem cell based therap* or stem cell therap* or allogeneic stem cell* or autologous stem cell* or peripheral blood stem cell* or allogen?ic HSCTs or auto-HSCT or autologous HSCT or autologous HSCTs or tumo?r killing activit* or tumo?r killing effect* or tumo?r killing action* or log cell kill or metastatic* inhibit* or metastas* inhibit*).mp.
41 42 43	25	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10 or 11 or 12 or 13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24
44 45 46 47 48 49	26	blood vessel parameters/ or arterial stiffness/ or arterial wall thickness/ or artery diameter/ or augmentation index/ or blood vessel diameter/ or carotid-femoral pulse wave velocity/ or endothelial dysfunction/ or artery compliance/ or blood vessel compliance/ or vascular remodeling/ or artery blood flow/ or pulse wave/ or blood vessel function/ or blood vessel reactivity/ or vascular resistance/ or vasoconstriction/ or vasodilatation/ or vascular endothelium/ or artery endothelium/ or artery dilatation/ or blood flow velocity/ or blood vessel capacitance/
50 51 52	27	(tunica intima/ or endothelium, vascular/ or tunica media/ or muscle, smooth, vascular/ or Endothelial Cells/) and (cellular senescence/ or telomere shortening/ or Aging/)
53	28	arteriosclerosis/ or arteriolosclerosis/ or artery intima proliferation/
54	29	(endothelial function or endothelial vascular function).mp.
55 56 57 58	30	((vascular* or vasculature or endotheli* or vessel*) adj4 (ag?ing or aged or stiff* or dysfunction* or impair* or deficit* or defect* or change* or alteration* or remode?ling or dilat* or degenerat* or thick* or elasticit* or elastance or distens*)).mp.
59 60	31	((vascular* or vasculature or endotheli* or blood vessel*) adj (inflammation or senescen* or cell senescence or damage or dyshomeostasis or measurement* or compliance or calcification or reactivity)).mp.

32	((artery or arteries or arteria* or aorta* or aortic*) adj4 (ag?ing or stiff* or thick* or compliance or distens* or wave reflection or reflection index or elasticit* or elastance or defect* or change* or impair* or diameter* or dilat* or measurement* or dysfunction* or alteration* or remode?ling or calcification)) mp
33	((Intima* media* or intimamedia* or tunica intima or tunica media) adj3 thick*).mp.
34	(pressure wave transmission or pressure wave reflection or pulse pressure or pulse wave velocity or pulse wave analys#s or pulse wave amplitude or arterial pulsatility or flow mediated dilation or blood flow velocit* or arterial flow velocit*).mp.
35	(aortic blood pressure* or aortic pressure* or aortic pulse pressure* or aortic tension* or central aortic blood pressure* or central aortic pressure*).mp.
36	(central BP or arterial BP or aortic BP or (central SBP or arterial SBP or aortic SBP) or (central PP or arterial I or aortic PP)).mp.
37	(aortic blood pulse wave* or aortic pulse wave* or aortic tension* or arterial blood pulse wave* or arterial pulse wave* or arterial tension* or central aortic blood pulse wave* or central aortic pulse wave* or carotid to femor pulse wave* or pulse wave*).mp.
38	(augmentation adj (index* or indice*)).mp.
39	((augmentation or amplification) adj6 (pressure* or pulse* or wave* or aortic or central)).mp.
40	26 or 27 or 28 or 29 or 30 or 31 or 32 or 33 or 34 or 35 or 36 or 37 or 38 or 39
41	25 and 40
42	clinical trial/ or randomized controlled trial/ or randomization/ or single blind procedure/ or double blind procedure/ or crossover procedure/ or placebo/ or prospective study/
43	(randomi?ed controlled or RCT or randomly allocated or allocated randomly or random allocation or (allocated adj2 random) or (single adj1 blind*) or (double adj1 blind*) or ((treble or triple) adj1 blind*) or placebo*).mp.
44	((cross-sectional or prevalence or disease frequency) adj (analys#s or study or studies or survey)).mp.
45	((cohort or incidence) adj (analys#s or study or studies or survey)).mp.
46	((follow-up or followup or longitudinal or prospective or retrospective) adj (study or studies)).mp.
47	42 or 43 or 44 or 45 or 46
48	41 and 47
49	(exp animal/ or exp invertebrate/ or animal.hw. or nonhuman/) not exp human/
50	48 not 49
51	limit 50 to english language
52	limit 51 to (editorial or letter or note)
53	51 not 52
54	53 not (case report* or news or newspaper*).mp,pt.
55	limit 54 to conference abstract
56	54 not 55
57	limit 56 to conference abstracts
58	56 not 57

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#	Query
S15	S11 OR S13
	Limiters - Publication Year: 1990-2020; English Language; Exclude MEDLINE records
S14	S11 OR S13
S13	S5 AND S12
S12	( ((primary care or primary health care or primary healthcare or primary health system* or primary medical service* or primary medical care or (first-level healthcare or first-level health care or first-level health system* or local health care or local healthcare or local healthcare or local-level health*)) N4 (accessibility or availability)) ) OR ( ((primary care or primary health care or primary health system* or primary medical care or (first-level health system* or primary medical care or (first-level health care or primary health care or primary health care or primary medical service* or primary medical care or (first-level health care or first-level health system* or first-level health facilit* or local health care or local health system* or local health care or local health system* or site or local health system* or local health care or local health system* or centre* or demand*)) ) OR ( ((primary or first-level or local) adj3 health* adj3 (clinic* or center* or centre* or setting*) N2 (need* or demand*)) )
S11	S9 AND S10
S10	(readiness or preparedness or capacity or quality improvement or quality of Improvement)
S9	S5 AND S8
<b>S</b> 8	S6 OR S7
57	( (primary health system or primary health service or primary healthcare system or primary health care system or primary healthcare service or primary health care service or primary medical service delivery or primary medical care service or primary care service or primary care system) ) OR ( (first-level healthcare or first-level health care or first-level health system* or first-level health facilit* or local health system* or local health care or local healthcare or local-level health*) ) OR ( ((primary or first- level or local) adj3 health* adj3 (clinic* or center* or centre* or setting*)) )
<b>S</b> 6	(MH "Primary Health Care") OR (MH "Health Care Delivery")
S5	S1 OR S2 OR S3 OR S4
S4	( (diastolic pressure or systolic pressure or blood pressure or cardiometabolic syndrome*) ) OR ( (copd or asthma or renal disease* or kidney disease*) )
S3	( (cardiovascular disease* or coronary artery disease* or myocardial isch?emia or myocardial infarct* or pulmonary disease* or chronic obstructive pulmonary or chronic obstructive lung or chronic obstructive respiratory or diabetes or coronary heart disease* or neoplasm* or cancer*) ) OR ( (hypertension or hypertriglycerid?emi* or hyper triglycerid?emi* or high triglyceride* or high cholesterol or hypercholesterol?emi* or hyperlipid?emia* or hyperlipidemi*) )
S2	( (chronic disease* or chronic disorder* or chronic* sick* or chronic health condition* or chronic medical condition* or chronic* ill* or long term condition* or multimorbidit* or mult imorbidit*) ) OR ( (non-communicable disease* or non-infectious disease* or noncommunicable disease* or noninfectious disease*) )
<b>S</b> 1	(MH "Chronic Disease") OR (MH "Noncommunicable Diseases") OR (MH "Chronic Pain")

# **CINAHL Search**

Database(s): APA PsycInfo Search Strategy:

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#	Searches	Results
1	chronic illness/ or chronic fatigue syndrome/ or chronic pain/	27358
2	(chronic disease* or chronic disorder* or chronic* sick* or chronic health condition* or chronic medical condition* or chronic* ill* or long term condition* or multimorbidit* or mult imorbidit*).mp.	48956
3	(non-communicable disease* or non-infectious disease* or noncommunicable disease* or noninfectious disease*).mp.	1052
4	(cardiovascular disease* or coronary artery disease* or myocardial isch?emia or myocardial infarct* or pulmonary disease* or chronic obstructive pulmonary or chronic obstructive lung or chronic obstructive respiratory or diabetes or coronary heart disease* or neoplasm* or cancer*).mp.	121105
5	(hypertension or hypertriglycerid?emi* or hyper triglycerid?emi* or high triglyceride* or high cholesterol or hypercholesterol?emi* or hyperlipid?emia* or hyperlipidemi*).mp.	20201
6	(diastolic pressure or systolic pressure or blood pressure or cardiometabolic syndrome*).mp.	24127
7	(copd or asthma or renal disease* or kidney disease*).mp.	13056
8	1 or 2 or 3 or 4 or 5 or 6 or 7	207978
9	primary health care/	18474
10	health care delivery/	20844
11	(primary health system or primary health service or primary healthcare system or primary health care system or primary healthcare service or primary health care service or primary medical service delivery or primary medical care service or primary care service or primary care system).mp.	511
12	(first-level healthcare or first-level health care or first-level health system* or first-level health facilit* or local health system* or local health care or local healthcare or local-level health*).mp.	338
13	((primary or first-level or local) adj3 health* adj3 (clinic* or center* or centre* or setting*)).mp.	2322
14	9 or 10 or 11 or 12	38723
15	8 and 14	4987
16	(readiness or preparedness or capacity or quality improvement or quality of Improvement).mp.	118317
17	15 and 16	312
18	((primary care or primary health care or primary healthcare or primary health system* or primary medical service* or primary medical care or (first-level healthcare or first- level health care or first-level health system* or first-level health facilit* or local health system* or local health care or local healthcare or local-level health*)) adj5 (accessibility or availability)).mp.	148
19	8 and 18	19
20	((primary care or primary health care or primary healthcare or primary health system* or primary medical service* or primary medical care or (first-level healthcare or first-level health care or first-level health system* or first-level health facilit* or local health system* or local health care or local healthcare or local-level health*)) adj (need* or demand*)).mp.	290
21	8 and 20	55
22	((primary or first-level or local) adj3 health* adj3 (clinic* or center* or centre* or setting*) adj3 (need* or demand*)).mp.	17
23	8 and 22	2
24	17 or 19 or 21 or 23	387

25	limit 24 to english language	380
26	limit 25 to yr="1990 -Current"	380
27	limit 26 to ("column/opinion" or "comment/reply" or dissertation or editorial or letter)	41
28	26 not 27	339

#### Scopus

#### **Search Strategy:**

((((TITLE-ABS-KEY(("chronic disease\*" OR "chronic disorder\*" OR "chronic\* sick\*" OR "chronic health condition\*" OR "chronic medical condition\*" OR "chronic\* ill\*" OR "long term condition\*" OR multimorbidit\* OR "mult imorbidit\*"))) OR (TITLE-ABS-KEY ( ( "non-communicable disease\*" OR "non-infectious disease\*" OR "noncommunicable disease\*" OR "noninfectious disease\*" ) ) ) OR (TITLE-ABS-KEY (( "cardiovascular disease\*" OR "coronary artery disease\*" OR "myocardial isch?emia" OR "myocardial infarct\*" OR "pulmonary disease\*" OR "chronic obstructive pulmonary" OR "chronic obstructive lung" OR "chronic obstructive respiratory" OR diabetes OR "coronary heart disease\*" OR neoplasm\* OR cancer\*))) OR (TITLE-ABS-KEY ( ( hypertension OR hypertriglycerid?emi\* OR "hyper triglycerid?emi\*" OR "high triglyceride\*" OR "high cholesterol" OR hypercholesterol?emi\* OR hyperlipid?emia\* OR hyperlipidemi\*))) OR (TIT LE-ABS-KEY ( ( "diastolic pressure" OR "systolic pressure" OR "blood pressure" OR "cardiometabolic syndrome\*"))) OR (TITLE-ABS-KEY ((copd OR asthma OR "renal disease\*" OR "kidney disease\*")))) AND ((TITLE-ABS-KEY (("primary health system" OR "primary health service" OR "primary healthcare system" OR "primary health care system" OR "primary healthcare service" OR "primary health care service" OR "primary medical service delivery" OR "primary medical care service" OR "primary care service" OR "primary care system"))) OR (TITLE-ABS-KEY (("first-level healthcare" OR "first-level health care" OR "first-level health system\*" OR "first-level health facilit\*" OR "local health system\*" OR "local health care" OR "local healthcare" OR "local-level health\*"))) OR (TITLE-ABS-KEY ( ( primary OR "firstlevel" OR local ) W/2 health\* W/2 (clinic\* OR center\* OR centre\* OR setting\*))))) AND (TITLE-ABS-KEY) ((readiness OR preparedness OR capacity OR "quality improvement" OR "quality of Improvement" ) ) ) ) OR (((TITLE-ABS-KEY(("chronic disease\*" OR "chronic disorder\*" OR "chronic\* sick\*" OR "chronic health condition\*" OR "chronic medical condition\*" OR "chronic\* ill\*" OR "long term condition\*" OR multimorbidit\* OR "multimorbidit\*"))) OR (TITLE-ABS-KEY(("noncommunicable disease\*" OR "non-infectious disease\*" OR "noncommunicable disease\*" OR "noninfectious disease\*" ) ) ) OR (TITLE-ABS-KEY (("cardiovascular disease\*" OR "coronary artery disease\*" OR "myocardial isch?emia" OR "myocardial infarct\*" OR "pulmonary disease\*" OR "chronic obstructive pulmonary" OR "chronic obstructive lung" OR "chronic obstructive respiratory" OR diabetes OR "coronary heart disease\*" OR neoplasm\* OR cancer\*))) OR (TITLE-ABS-KEY ( ( hypertension OR hypertriglycerid?emi\* OR "hyper triglycerid?emi\*" OR "high triglyceride\*" OR "high cholesterol" OR hypercholesterol?emi\* OR hyperlipid?emia\* OR hyperlipidemi\*))) OR (TIT LE-ABS-KEY ( ( "diastolic pressure" OR "systolic pressure" OR "blood pressure" OR "cardiometabolic syndrome\*"))) OR (TITLE-ABS-KEY ((copd OR asthma OR "renal disease\*" OR "kidney disease\*")))) AND (TITLE-ABS-KEY ((( "primary care" OR "primary health care" OR "primary healthcare" OR "primary health system\*" OR "primary medical service\*" OR "primary medical care" OR "first-level healthcare" OR "first-level health care" OR "first-level health system\*" OR "first-level health facilit\*" OR "local health system\*" OR "local health care" OR "local healthcare" OR "local-level

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3	health*") W/4 (accessibility OR availability)))) OR (((TITLE-ABS-KEY(("chronic
4	disease*" OR "chronic disorder*" OR "chronic* sick*" OR "chronic health
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б	condition*" OR multimorbidit* OR "multimorbidit*" ))) OR (TITLE-ABS-KEV (("non-
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11	infarct*" OR "pulmonary disease*" OR "chronic obstructive pulmonary" OR "chronic obstructive
12	lung" OR "chronic obstructive respiratory" OR diabetes OR "coronary heart
13	disease*" OR neoplasm* OR cancer*))) OR (TITLE-ABS-
14	KEY ( ( hypertension OR hypertriglycerid?emi* OR "hyper triglycerid?emi*" OR "high
15	triglyceride*" OR "high
16	cholesterol" OR hypercholesterol?emi* OR hyperlipid?emia* OR hyperlipidemi*))) OR (TIT
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18	pressure" OR "cardiometabolic syndrome*"))) OR (TITLE-ABS-
19	KEY ((copd OR asthma OR "renal disease*" OR "kidney disease*")))) AND (TITLE-ABS-
20	KEY ((("primary care" OR "primary health care" OR "primary healthcare" OR "primary health
21	system*" OR "primary medical service*" OR "primary medical care" OR "first-level
22	healthcare" OR "first-level health care" OR "first-level health system*" OR "first-level health
23	facilit*" OR "local health system*" OR "local health care" OR "local healthcare" OR "local healthcare" OR
24	health*") $W/0$ (need* OR demand*))))) OR (((TITLE_ABS_KEV(("chronic
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31	disease*" OR "coronary artery disease*" OR "myocardial isch?emia" OR "myocardial
32	infarct*" OR "pulmonary disease*" OR "chronic obstructive pulmonary" OR "chronic obstructive
33	lung" OR "chronic obstructive respiratory" OR diabetes OR "coronary heart
34	disease*" OR neoplasm* OR cancer*))) OR (TITLE-ABS-
35	KEY ( ( hypertension OR hypertriglycerid?emi* OR "hyper triglycerid?emi*" OR "high
36	triglyceride*" OR "high
37	cholesterol" OR hypercholesterol?emi* OR hyperlipid?emia* OR hyperlipidemi*))) OR (TIT
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39	pressure" OR "cardiometabolic syndrome*"))) OR (TITLE-ABS-
40	KEY ((copd OR asthma OR "renal disease*" OR "kidney disease*")))) AND (TITLE-ABS-
41	KEY (((primary OR "first-
42	level" OR local ) $W/2$ health* $W/2$ (clinic* OR center* OR centre* OR setting* ) $W/2$ (need
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Table S2. A list of the excluded studies and reasons for their exclusion

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SL	Study	Reason for exclusion
01	Abolhassani N, Santos-Eggimann B, Chiolero A, Santschi V, Henchoz Y. Readiness to accept health information and communication technologies: A population-based survey of community-dwelling older adults. <i>International Journal of Medical</i> <i>Informatics</i> 2019; <b>130</b> : 103950.	Not relevant to the theme for review
02	Acton KJ, Shields R, Rith-Najarian S, et al. Applying the diabetes quality improvement project indicators in the Indian Health Service primary care setting. <i>Diabetes Care</i> ; <b>24</b> (1): 22-6.	Inadequate or inappropriate results
03	Ahmed S, Chowdhury MA, Khan MA, Huq NL, Naheed A. Access to primary health care for acute vascular events in rural low income settings: a mixed methods study. <i>BMC Health Services Research</i> ; <b>17</b> (1): 47.	Inadequate or inappropriate results
04	Allenby A, Kinsman L, Tham R, Symons J, Jones M, Campbell S. The quality of cardiovascular disease prevention in rural primary care. <i>Australian Journal of Rural Health</i> ; <b>24</b> (2): 92-8.	Inadequate or inappropriate results
05	Armour CL, Reddel HK, Lemay KS, et al. Feasibility and Effectiveness of an Evidence-Based Asthma Service in Australian Community Pharmacies: A Pragmatic Cluster Randomized Trial. <i>Journal of Asthma</i> 2013; <b>50</b> (3): 302-9.	Not relevant to the theme for review
06	Alzubaidi HT, Chandir S, Hasan S, McNamara K, Cox R, Krass I. Diabetes and cardiovascular disease risk screening model in community pharmacies in a developing primary healthcare system: A feasibility study.	Inadequate or inappropriate results
07	Ahmedov M, Green J, Azimov R, Avezova G, Inakov S, Mamatkulov B. Addressing the challenges of improving primary care quality in Uzbekistan: a qualitative study of chronic heart failure management. <i>Health Policy &amp; Planning</i> ; <b>28</b> (5): 458-66.	Inadequate or inappropriate results
08	Aryal BK, Daud M, Thapa A, Mahotra A, Ale Magar S, Malla CK. Assessment of Health Facilities for Implementation of Non- communicable Disease Package. <i>Journal of Nepal Health Research</i> <i>Council</i> ; <b>16</b> (2): 149-55.	Combined data on primary and secondary healthcare level
09	Banasiak NC. Implementation of the Asthma Control Test in Primary Care to Improve Patient Outcomes. <i>Journal of Pediatric Healthcare</i> 2018; <b>32</b> (6): 591-9.	Not relevant to the theme for review
10	Barcelos MRB, Nunes BP, Duro SMS, et al. Utilization of Breast Cancer Screening in Brazil: An External Assessment of Primary Health Care Access and Quality Improvement Program.	Not relevant to the theme for review
11	Bello AK, Ronksley PE, Tangri N, et al. Quality of Chronic Kidney Disease Management in Canadian Primary Care. <i>JAMA Network</i> <i>Open</i> ; <b>2</b> (9): e1910704.	Inadequate or inappropriate results
12	Baeza JI, Fitzgerald L, McGivern G. Change capacity: the route to service improvement in primary care. <i>Quality in Primary Care</i> ; <b>16</b> (6): 401-7.	Inadequate or inappropriate results
13	Bawazir AA, Al-Surimi K, Suwaidan SD, AlShehri AM, AlFarhan AI, Aboulfotouh MA. Capacity and readiness of primary health care centers for implementation of the basic strategy for prevention and control of non-communicable diseases in Saudi Arabia. A case study from the Ministry of National Guard-Health Affairs, Riyadh, Saudi Arabia. <i>Saudi Medical Journal</i> ; <b>40</b> (6): 614-8.	Inappropriate study type (n=1)
14	Boehmer KR, Kyriacou M, Behnken E, Branda M, Montori VM. Patient capacity for self-care in the medical record of patients with	Not relevant to the theme for review

		chronic conditions: a mixed-methods retrospective study. <i>BMC</i> family practice 2018: <b>19</b> (1): 164	
-	15	Bindman AB. Grumbach K. Osmond D. Vranizan K. Stewart AL.	Inadequate or inappropriate results
	10	Primary care and receipt of preventive services.	mane dance of mapping from the same
-	16	Birabwa C, Bwambale MF, Waiswa P, Mayega RW, Ouality and	Combined data on primary and
	10	barriers of outpatient diabetes care in rural health facilities in Uganda	secondary healthcare level
		- a mixed methods study. BMC Health Services Research: 19(1):	
		706.	
F	17	Brownson CA, Miller D, Crespo R, et al. A quality improvement tool	Inadequate or inappropriate results
		to assess self-management support in primary care. <i>Joint Commission</i>	
		Journal on Quality & Patient Safety; 33(7): 408-16.	
	18	Casalino LP, Wu FM, Ryan AM, et al. Independent practice	Inadequate or inappropriate results
		associations and physician-hospital organizations can improve care	
		management for smaller practices. <i>Health Affairs</i> ; <b>32</b> (8): 1376-82.	
	19	Chavannes NH. Integrated chronic obstructive pulmonary disease	Inadequate or inappropriate results
		management in primary care. Disease Management & Health	
		Outcomes 2008; 16(5): 315-8.	
	20	Chen M, Patel T, Chang F. The impact of a primary care, pharmacist-	Not relevant to the theme for review
		driven intervention in patients with chronic non-cancer pain-A pilot	
		study. Pharmacy 2020; 8(8): 113.	
	21	Chen XRC, Leung SH, Li YC. Chronic Obstructive Pulmonary	Not relevant to the theme for review
		Disease (COPD) management in the community: how could primary	
		care team contribute? <i>BMC family practice</i> 2020; <b>21</b> (1): 184.	
	22	Collins S. Primary care shortages: Strengthening this sector is	Inadequate or inappropriate results
		urgently needed, now and in preparation for healthcare reform.	· · · ·
		American Health and Drug Benefits 2012; 5(1): 40-7.	
	23	Chen LW, Nguyen AT, Jacobson J, Palm D. Assessment of	Not relevant to the theme for review
		workforce capacity for Local Health Departments in Nebraska: a	
		perspective from public health programmatic areas. Journal of Public	
		Health Management & Practice; 18(6): 595-601.	
	24	Chen LM, Sakshaug JW, Miller DC, Rosland A-M, Hollingsworth J.	Inadequate or inappropriate results
		The association among medical home readiness, quality, and care of	
		vulnerable patients. Am J Manag Care 2015; 21(8): e480-e6.	
	25	Day A, Oldroyd C, Godfrey S, Quinn T. Availability of cardiac	Inadequate or inappropriate results
		equipment in general practice premises in a cardiac network: A	
		survey. British Journal of Cardiology 2008; <b>15</b> (3): 141-4.	<u> </u>
	26	Deckard GJ, Borkowski N, Diaz D, Sanchez C, Boisette SA.	Not relevant to the theme for review
		Improving timeliness and efficiency in the referral process for safety	
		net providers: Application of the lean six sigma methodology.	
		<i>Journal of Ambulatory Care Management</i> 2010; <b>33</b> (2): 124-30.	
	27	Depatie A, Bigbee JL. Rural Older Adult Readiness to Adopt Mobile	Inadequate or inappropriate results
		Health Technology: A Descriptive Study. Online Journal of Rural	
		Nursing & Health Care 2015; <b>15</b> (1): 150-84.	
	28	Due TD, Thorsen T, Waldorff FB, Kousgaard MB. Role enactment	Not relevant to the theme for review
		of facilitation in primary care - a qualitative study. <i>BMC Health</i>	
╞	20	Services Research; 17(1): 593.	
	29	Fleck S. Unified health services and family focused primary care.	Not relevant to the theme for review
	30	FOO KM, Sundram M, Legido-Quigley H. Facilitators and barriers of	Inadequate or inappropriate results
		managing patients with multiple chronic conditions in the	
		community: a qualitative study. <i>BMC public health</i> 2020; <b>20</b> (1): 273.	
	31	Fortin M, Chouinard M-C, Diallo BB, Bouhali T. Integration of	Inadequate or inappropriate results
		chronic disease prevention and management services into primary	
		care (PRIMaC): findings from an embedded qualitative study. $BMC$	
L		<i>Family Practice</i> 2019; <b>20</b> (1): 1-8.	
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32	Fox CH, Brooks A, Zayas LE, McClellan W, Murray B. Primary care physicians' knowledge and practice patterns in the treatment of chronic kidney disease: an Unstate New York Practice based	Not relevant to the theme for review
	Chronic Kinney disease, an Opsiate New Tork Fractice-based	
	of Equily Modicines, IAPEM: 10(1): 54,61	
22	<i>b)</i> Fumily Medicine. JADFM, <b>19</b> (1). 34-01.	Not relevant to the theme for review
33	Fuchs S, Jaile DM, Christofiel KK. Pediatric emergencies in office prostional providence and office propagadage. <i>Padiatniag</i> <b>92</b> (6): 021	Not relevant to the theme for review
	practices: prevalence and office preparedness. <i>Pediatrics</i> ; <b>83</b> (6): 951-	
24	7. Example M. The primery role, Herry the excellebility of primery core	In de quete en inennenniete negulte
54	Purio M. The primary role. How the availability of primary care	madequate or mappropriate results
25	Colouiz KL Norovon KMV. Mondors OC, et al. The Public Health	Inedequete or inenpropriete regults
55	Leadership and Implementation Academy for Noncommunicable	madequate of mappropriate results
	Discosson Proventing Chronic Discass: 16: E40	
26	Chimira II Shrastha N. Adhikari P. Mahata S. Dakharal V. Miahra	Combined data on primary and
30	SP. Health system's readings to provide cordiovescular disbetes	combined data on primary and
	sk. Health system s readiness to provide cardiovascular, diabetes	secondary nearnicare level
	using 2015 health facility survey. <i>BMC Public Health</i> 2020; <b>20</b> (1):	
	using 2015 health facility survey. <i>Bive 1 ubite freditit</i> 2020, <b>20</b> (1).	
37	Gerbert B. Maurer T. Berger T. et al. Primary care physicians as	Inadaquata or inappropriate results
57	gatekeepers in managed care. Primary care physicians' and	madequate of mappropriate results
	dermatologists' skills at secondary prevention of skin cancer	
	Archives of Dermatology: 132(9): 1030-8	
38	Gordon NP Hornbrook MC Older adults' readiness to engage with	Not relevant to the theme for review
50	eHealth patient education and self-care resources: a cross-sectional	The relevant to the meme for review
	survey <i>BMC</i> health services research 2018: <b>18</b> (1): 220	
39	Govtia EL Rankin B. Weiss ES. Golub D. Guzman V. O'Connor M	Not relevant to the theme for review
57	Readiness and canacity of librarians in public libraries to implement	The relevant to the meme for review
	a breast cancer outreach and screening campaign in medically	
	underserved communities. <i>Cancer control</i> : <i>journal of the Moffitt</i>	
	Cancer Center 2005: <b>12 Suppl 2</b> : 13-20.	
40	Gujral UP, Johnson L, Nielsen J, et al. Preparedness cycle to address	Not relevant to the theme for review
	transitions in diabetes care during the COVID-19 pandemic and	
	future outbreaks. BMJ Open Diabetes Research & Care 2020; 8(1):	
	07.	
41	Haileamlak A. Preparedness to Respond to the Ever-increasing	Not relevant to the theme for review
	Cancer Cases. Ethiopian Journal of Health Sciences; 25(4): 293-4.	
42	Hanusaik N, O'Loughlin JL, Kishchuk N, Paradis G, Cameron R.	Combined data on primary and
	Organizational capacity for chronic disease prevention: a survey of	secondary healthcare level
	Canadian public health organizations. European Journal of Public	
	<i>Health</i> ; <b>20</b> (2): 195-201.	
43	Henderson KH, DeWalt DA, Halladay J, et al. Organizational	Inadequate or inappropriate results
	Leadership and Adaptive Reserve in Blood Pressure Control: The	
	Heart Health NOW Study. Annals of Family Medicine; 16(Suppl 1):	
	S29-S34.	
44	Heslop L, Power R, Cranwell K. Building workforce capacity for	Not relevant to the theme for review
	complex care coordination: a function analysis of workflow activity.	
	Human Resources for Health [Electronic Resource]; 12: 52.	
45	Geboers et al.	Inadequate or inappropriate results
46	Inrig SJ, Higashi RT, Tiro JA, Argenbright KE, Lee SJ. Assessing	Inadequate or inappropriate results
	local capacity to expand rural breast cancer screening and patient	
	navigation: An iterative mixed-method tool. Evaluation and program	
	<i>planning</i> 2017; <b>61</b> : 113-24.	
47	Jayanna K, Swaroop N, Kar A, et al. Designing a comprehensive	Inadequate or inappropriate results
	Non-Communicable Diseases (NCD) programme for hypertension	

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	and diabetes at primary health care level: evidence and experience	
	from urban Karnataka, South India. <i>BMC Public Health</i> 2019; <b>19</b> (1):	
	409.	
48	ligiidsuren A Byambaa T Altangerel F et al Free and universal	Inadequate or inappropriate results
40	access to primary healthcare in Mongolia: the service availability and	madequate of mappropriate results
	access to primary nearlineare in Mongolia. the service availability and $\frac{1}{2}$	
10	readiness assessment. BMC Health Services Research, 19(1): 129.	
49	Jin Y, Zhu W, Yuan B, Meng Q. Impact of health workforce	Combined data on primary and
	availability on health care seeking behavior of patients with diabetes	secondary healthcare level
	mellitus in China.	
50	Joffres C, Heath S, Farguharson J, et al. Defining and	Not relevant to the theme for review
	operationalizing capacity for heart health promotion in Nova Scotia.	
	Canada Health Promotion International 2004: <b>19</b> (1): 39-49	
51	Jonas D. Wost B. Loster C. Evaluation of changes in primary health	Inadaquata or inappropriata regulta
51	Jones D, west K, Lester C. Evaluation of changes in primary health	madequate of mappropriate results
	care availability and provision from the patient perspective.	
52	Jones R, Ostrem A. Optimising pharmacological maintenance	Inadequate or inappropriate results
	treatment for COPD in primary care. Primary Care Respiratory	
	Journal 2011; <b>20</b> (1): 33-45.	
53	Kayser L, Rossen S, Karnoe A, et al. Development of the	Inadequate or inappropriate results
-	Multidimensional Readiness and Enablement Index for Health	
	Technology (READHY) Tool to Measure Individuals' Health	
	Technology Decidences Initial Testing in a Concer Debabilitation	
	Setting Learning to the line line line in a Cancer Kenabilitation	
	Setting. Journal of medical Internet research 2019; 21(2): e10377.	· · · · · ·
54	Khunti K, Baker R, Rumsey M, Lakhani M. Approaches to the	Inadequate or inappropriate results
	organization of multi-practice audits in primary health care in the	
	UK. International Journal for Quality in Health Care; <b>11</b> (3): 221-6.	
55	Kaufman ND, Rajataramya B, Tanomsingh S, Ronis DL, Potempa K.	Inadequate or inappropriate results
	Nurse preparedness for the non-communicable disease escalation in	
	Thailand: a cross-sectional survey of nurses Nursing & Health	
	Sciences 2012: 14(1): 32-7	
6	Laatikainen T. Inglin L. Collins D. et al. Implementing Package of	Inadequate or inappropriate results
0	Essential Non communicable Disease Interventions in the Popublic	madequate of mappropriate results
	Essential Non-communicative Disease interventions in the Republic	
	of Moldova-a feasibility study. Eur J Public Health 2020.	
57	Landon BE, Hicks LS, O'Malley AJ, et al. Improving the	Inadequate or inappropriate results
	management of chronic disease at community health centers. <i>New</i>	
	<i>England Journal of Medicine</i> 2007; <b>356</b> (9): 921-34.	
58	Langer S, Chew-Graham CA, Drinkwater J, et al. A motivational	Inadequate or inappropriate results
	intervention for patients with COPD in primary care: qualitative	
	evaluation of a new practitioner role. <i>BMC Family Practice</i> : 15: 164.	
59	Liu I Vin H Zheng T et al Primary health institutions preference	Inadequate or inappropriate results
57	by hypertensive netionts: Effect of distance trust and quality of	madequate of mappropriate results
	by hypertensive patients. Effect of distance, thus and quanty of	
	management in the rural Helionghang province of China.	
60	Maarse JA, Ruwaard D, Spreeuwenberg C. The governance of	Not relevant to the theme for review
	quality management in dutch health care: new developments and	
	strategic challenges. <i>Quality Management in Health Care</i> ; <b>22</b> (3):	
	236-47.	
51	Madueno A, Martin A, Peculo JA, Anton E. Paravisini A. Leon A.	Combined data on primary and
	Usefulness of inspiratory capacity measurement in COPD patients in	secondary healthcare level
	the primary care setting International Journal of Conoral Modicine	
	$2000 \cdot 2 \cdot 210.25$	
<u> </u>	2007, 2: 219-23.	<b>Y</b> 1 <i>J</i> <b>Y</b> 1
52	Main DS, Cohen SJ, DiClemente CC. Measuring physician readiness	Inadequate or inappropriate results
	to change cancer screening: Preliminary results. American Journal of	
	<i>Preventive Medicine</i> 1995; <b>11</b> (1): 54-8.	
63	Monaghan M, Hilliard M, Sweenie R, Riekert K. Transition	Inadequate or inappropriate results
	readiness in adolescents and emerging adults with diabetes: the role	
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	of patient-provider communication. <i>Current Diabetes Reports</i> ; <b>13</b> (6): 900-8.	
64	Moynihan M, Saewyc E, Whitehouse S, Paone M, McPherson G. Assessing readiness for transition from paediatric to adult health care: Revision and psychometric evaluation of the Am I ON TRAC for Adult Care questionnaire. <i>Journal of Advanced Nursing</i> ; <b>71</b> (6): 1324-35.	Inadequate or inappropriate results
65	Neher M, Landen Ludvigsson M, Enblom A. Preparedness to Implement Physical Activity and Rehabilitation Guidelines in Routine Primary Care Cancer Rehabilitation: Focus Group Interviews Exploring Rehabilitation Professionals' Perceptions. <i>Journal of cancer education : the official journal of the American</i> <i>Association for Cancer Education</i> 2020.	Inadequate or inappropriate results
66	Nilsson GH, Skånér Y, Krakau I, Hassler E, Sundquist K. Primary prevention of first-ever stroke in primary health care: A clinical practice study based on medical register data in sweden.	Inadequate or inappropriate results
67	Nuno-Solinis R. Are Healthcare Organizations Ready for Change? Comment on "Development and Content Validation of a Transcultural Instrument to Assess Organizational Readiness for Knowledge Translation in Healthcare Organizations: The OR4KT". <i>International Journal of Health Policy &amp; Management</i> ; <b>7</b> (12): 1158- 60.	Inadequate or inappropriate results
68	Nyarko KM, Ameme DK, Ocansey D, Commeh E, Markwei MT, Ohene SA. Capacity assessment of selected health care facilities for the pilot implementation of Package for Essential Non- communicable Diseases (PEN) intervention in Ghana. <i>The Pan</i> <i>African medical journal</i> ; <b>25</b> (Suppl 1): 16.	Combined data on primary and secondary healthcare level
69	Ogbimi RI. Leadership in Nigerian health system for cancer prevention and control. <i>African Journal of Medicine &amp; Medical</i> <i>Sciences</i> ; <b>38 Suppl 2</b> : 49-53.	Inadequate or inappropriate results
70	Ostroff JS, Copeland A, Borderud SP, Li Y, Shelley DR, Henschke CI. Readiness of lung cancer screening sites to deliver smoking cessation treatment: Current practices, organizational priority, and perceived barriers. <i>Nicotine &amp; Tobacco Research</i> 2016; <b>18</b> (5): 1067-75.	Not relevant to the theme for review
71	Oyewole EY, Ojewale LY, Abimbola OO. Primary Health Care Nurses' Competencies and Resources Availability for Diabetes Mellitus Care at Local Government Areas of Ibadan. <i>International</i> <i>Journal of Caring Sciences</i> 2020; <b>13</b> (1): 368-80.	Not relevant to the theme for review
72	Parchman ML, Anderson ML, Coleman K, et al. Assessing quality improvement capacity in primary care practices. <i>BMC Family Practice</i> ; <b>20</b> (1): 103.	Not relevant to the theme for review
73	Pilkerton CS, Singh SS, Bias TK, Frisbee SJ. Healthcare resource availability and cardiovascular health in the USA. <i>BMJ Open</i> 2017; <b>7</b> (12): e016758.	Not relevant to the theme for review
74	Radin A, Cote C. Primary care of the patient with chronic obstructive pulmonary disease-part 1: frontline prevention and early diagnosis. <i>American Journal of Medicine</i> ; <b>121</b> (7 Suppl): S3-12.	Inadequate or inappropriate results
75	Rathish D, Premarathna I, Jayathilake T, et al. Availability of essential medicines in selected public, primary and secondary health care institutions of a rural Sri Lankan district: A spot survey.	Combined data on primary and secondary healthcare level
76	Rogers HE, Akiteng AR, Mutungi G, Ettinger AS, Schwartz JI. Capacity of Ugandan public sector health facilities to prevent and	Combined data on primary and secondary healthcare level

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	control non-communicable diseases: an assessment based upon WHO-PEN standards. <i>BMC Health Services Research</i> ; <b>18</b> (1): 606.	
77	Roper KL, Thomas AR, Hieronymus L, Brock A, Keck J. Patient and Clinician Perceptions of Prediabetes: A Mixed-Methods Primary Care Study. <i>Diabetes Educ</i> 2019; <b>45</b> (3): 302-14.	Inadequate or inappropriate results
78	Schwartz R, Smith C, Speers MA, et al. Capacity building and resource needs of state health agencies to implement community-based cardiovascular disease programs. <i>Journal of Public Health Policy</i> 1993; <b>14</b> (4): 480-94.	Inadequate or inappropriate results
79	Shaw RJ, Kaufman MA, Bosworth HB, et al. Organizational factors associated with readiness to implement and translate a primary care based telemedicine behavioral program to improve blood pressure control: the HTN-IMPROVE study. <i>Implementation Science</i> ; <b>8</b> : 106.	Inadequate or inappropriate results
80	Sorensen A, Le LW, Swami N, et al. Readiness for delivering early palliative care: A survey of primary care and specialised physicians. <i>Palliative Medicine</i> 2020; <b>34</b> (1): 114-25.	Combined data on primary and secondary healthcare level
81	Soylu TG, Cuellar AE, Goldberg DG, Kuzel AJ. Readiness and Implementation of Quality Improvement Strategies Among Small- and Medium-Sized Primary Care Practices: an Observational Study. <i>Journal of General Internal Medicine</i> 2020.	Not relevant to the theme for review
82	Tanjasiri SP, Tran JH. Community capacity for cancer control collaboration: weaving an Islander Network for Cancer Awareness, Research and Training for Pacific Islanders in Southern California. <i>Cancer Detection &amp; Prevention</i> ; <b>32 Suppl 1</b> : S37-40.	Inadequate or inappropriate results
83	Tompkins JW, Mequanint S, Barre DE, et al. National Survey of Indigenous primary healthcare capacity and delivery models in Canada: the TransFORmation of IndiGEnous PrimAry HEAlthcare delivery (FORGE AHEAD) community profile survey. <i>BMC Health</i> <i>Services Research</i> ; <b>18</b> (1): 828.	Combined data on primary and secondary healthcare level
84	Weeks DL, Polello JM, Hansen DT, Keeney BJ, Conrad DA. Measuring primary care organizational capacity for diabetes care coordination: the Diabetes Care Coordination Readiness Assessment.	Not relevant to the theme for review





# PRISMA 2020 Checklist

3 4	Section and	Item	Checklist item	Location where item is
5		"		reported
6				
7 8	l itle	1	Identity the report as a systematic review.	Lines 2-3, Page 1
9	ABSTRACT			
10 11	Abstract	2	See the PRISMA 2020 for Abstracts checklist.	Lines 25-48, Page 2
12	INTRODUCTION			
13 14	Rationale	3	Describe the rationale for the review in the context of existing knowledge.	Lines 90-117, Page 4-5
15 16	Objectives	4	Provide an explicit statement of the objective(s) or question(s) the review addresses.	Lines 121-122, Page 45
17	METHODS	-		
18 19	Eligibility criteria	5	Specify the inclusion and exclusion criteria for the review and how studies were grouped for the syntheses.	Lines 132-137, Page 6
20 21	Information sources	6	Specify all databases, registers, websites, organisations, reference lists and other sources searched or consulted to identify studies. Specify the date when each source was last searched or consulted.	Lines 146-161, Page 7
22 23 24	Search strategy	7	Present the full search strategies for all databases, registers and websites, including any filters and limits used.	Supplementary materials
24 25 26	Selection process	8	Specify the methods used to decide whether a study met the inclusion criteria of the review, including how many reviewers screened each record and each report retrieved, whether they worked independently, and if applicable, details of automation tools used in the process.	Lines 192-208, Page 8-9
27 28 29	Data collection process	9	Specify the methods used to collect data from reports, including how many reviewers collected data from each report, whether they worked independently, any processes for obtaining or confirming data from study investigators, and if applicable, details of automation tools used in the process.	Lines 181-190, Page 8
30 31	Data items	10a	List and define all outcomes for which data were sought. Specify whether all results that were compatible with each outcome domain in each study were sought (e.g. for all measures, time points, analyses), and if not, the methods used to decide which results to collect.	Lines 209-218, Page 9
32 33		10b	List and define all other variables for which data were sought (e.g. participant and intervention characteristics, funding sources). Describe any assumptions made about any missing or unclear information.	Lines 209-218, Page 9
34 35	Study risk of bias assessment	11	Specify the methods used to assess risk of bias in the included studies, including details of the tool(s) used, how many reviewers assessed each study and whether they worked independently, and if applicable, details of automation tools used in the process.	Lines 192-202, Page 8
36 37 38 39 40 41 42	Effect measures	12	Specify for each outcome the effect measure(s) (e.g. risk ratio, mean difference) used in the synthesis or presentation of results.	Result was thematically presented in descriptive manner. Therefore, no effect measure was presented.
43 44 45	Synthesis methods	13a	Describe the processes used to decide which studies were eligible for each synthesis (e.g. tabulating the study intervention characteristics and comparing against the planned groups for each synthesis (item #5)).	Lines 192-202, Page 8
45 46 47				

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# PRISMA 2020 Checklist

3 4 5	Section and Topic	ltem #	Checklist item	Location where item is reported
6 7		13b	Describe any methods required to prepare the data for presentation or synthesis, such as handling of missing summary statistics, or data conversions.	Lines 192-202, Page 8
8 9		13c	Describe any methods used to tabulate or visually display results of individual studies and syntheses.	Lines 192-202, Page 8
10 11 12 13 14 15		13d	Describe any methods used to synthesize results and provide a rationale for the choice(s). If meta-analysis was performed, describe the model(s), method(s) to identify the presence and extent of statistical heterogeneity, and software package(s) used.	No meta- analysis performed
		13e	Describe any methods used to explore possible causes of heterogeneity among study results (e.g. subgroup analysis, meta-regression).	No meta- analysis performed
16		13f	Describe any sensitivity analyses conducted to assess robustness of the synthesized results.	No sensitivity
17 18	Reporting bias assessment	14	Describe any methods used to assess risk of bias due to missing results in a synthesis (arising from reporting biases).	Lines 192-202, Page 8
19 20	Certainty assessment	15	Describe any methods used to assess certainty (or confidence) in the body of evidence for an outcome.	Not applicable in this review
21	RESULTS			
22 23	Study selection	16a	Describe the results of the search and selection process, from the number of records identified in the search to the number of studies included in the review, ideally using a flow diagram.	Lines 229-246, Page 10
24 25 26		16b	Cite studies that might appear to meet the inclusion criteria, but which were excluded, and explain why they were excluded.	Supplementary materials
26 27 28 29 30 31 32 33 34 35 36	Study characteristics	17	Cite each included study and present its characteristics.	Lines 229-246, Page 10
	Risk of bias in studies	18	Present assessments of risk of bias for each included study.	Lines 192-202, Page 8
	Results of individual studies	19	For all outcomes, present, for each study: (a) summary statistics for each group (where appropriate) and (b) an effect estimate and its precision (e.g. confidence/credible interval), ideally using structured tables or plots.	Result was presented thematically. Therefore, no table/confidence interval was presented.
37 38 39 40 41 42	Results of syntheses	20a	For each synthesis, briefly summarise the characteristics and risk of bias among contributing studies.	Not exactly relevant in this review as reported was described under themes
43 44 45		20b	Present results of all statistical syntheses conducted. If meta-analysis was done, present for each the summary estimate and its precision (e.g. confidence/credible interval) and measures of statistical heterogeneity. If comparing groups, describe the direction of the effect. For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml	Not exactly relevant in this review as
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# PRISMA 2020 Checklist

3 4	Section and Topic	ltem #	Checklist item	Location where item is
5 6 7				reported was described under themes
o 9 10		20c	Present results of all investigations of possible causes of heterogeneity among study results.	Lines 473-481, Page 24
11 12 13 14 15		20d	Present results of all sensitivity analyses conducted to assess the robustness of the synthesized results.	Not exactly relevant in this review as reported was described under themes
16 17 18 19 20 21	Reporting biases	21	Present assessments of risk of bias due to missing results (arising from reporting biases) for each synthesis assessed.	Not exactly relevant in this review as reported was described under themes
22 23 24 25 26	Certainty of evidence	22	Present assessments of certainty (or confidence) in the body of evidence for each outcome assessed.	Not exactly relevant in this review as reported was described under themes
27	DISCUSSION			
28 29	Discussion	23a	Provide a general interpretation of the results in the context of other evidence.	Lines 420-468, Page 22-24
30 31		23b	Discuss any limitations of the evidence included in the review.	Lines 473-481, Page 24
33 34		23c	Discuss any limitations of the review processes used.	Lines 473-481, Page 24
35 36		23d	Discuss implications of the results for practice, policy, and future research.	Lines 473-481, Page 24
37	OTHER INFORMA	TION		
38 39	Registration and protocol	24a	Provide registration information for the review, including register name and registration number, or state that the review was not registered.	Lines 128-130, Page 6
40 41		24b	Indicate where the review protocol can be accessed, or state that a protocol was not prepared.	Protocol was not prepared
42 43		24c	Describe and explain any amendments to information provided at registration or in the protocol.	No amendment done
44 45	Support	25	Describe sources of financial or non-financial support for the review, and the role of the funders or sponsors in the review. For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml	Lines 511, Page 25
46 47				

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#### **PRISMA 2020 Checklist**

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3 4 5	Section and Topic	ltem #	Checklist item	Location where item is reported
6 7	Competing interests	26	Declare any competing interests of review authors.	Lines 505, Page 25
8 9 10	Availability of data, code and other materials	27	Report which of the following are publicly available and where they can be found: template data collection forms; data extracted from included studies; data used for all analyses; analytic code; any other materials used in the review.	Lines 507, Page 25

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12 From: Page MJ, McKenzie JE, Bossuyt PM, Boutron I, Hoffmann TC, Mulrow CD, et al. The PRISMA 2020 statement: an updated guideline for reporting systematic reviews. BMJ 2021;372:n71. doi: 10.1136/bmj.n71 For more information, visit: http://www.prisma-statement.org/ 

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