

Supplementary Digital Content 3. Newcastle-Ottawa Scale for Risk of Bias Assessment of Studies

Study	Selection				Comparability	Outcome			Total	AHRQ standard
	1	2	3	4	5	6	7	8		
Lee et al., 2015 ³⁷	*	*	*	*	**	*			7/9	Poor
Gustafsson et al., 2009 ²⁷	*	*	*	*	**	*	*	*	9/9	Good
Goh et al., 2017 ³⁵	*	*	*	*	**	*	*	*	9/9	Good
Goodenough et al. 2015 ²⁴	*	*	*		**	*	*		7/9	Good
Kamarajah et al., 2018 ²⁶	*	*	*		**	*	*		7/9	Good
Huang et al., 2017 ³⁴	*	*	*		**	*	*		7/9	Good
Jones et al., 2017 ²⁵	*	*	*	*	**	*	*	*	9/9	Good
Villamiel et al., 2019 ²⁹	*	*	*	*	**	*	*	*	9/9	Good
Okamura et al., 2017 ³⁸	*	*	*	*	**	*	*	*	9/9	Good
Oh et al., 2018 ²⁸	*	*	*	*	**	*	*	*	9/9	Good
Chen et al., 2018 ³³	*	*	*		**	*		*	7/9	Good
Zhou et al., 2019 ³²	*	*	*	*	**	*	*	*	9/9	Good
Dai et al., 2017 ³¹	*	*	*		**	*	*	*	8/9	Good
Zhang et al., 2008 ³⁶	*	*	*		**	*	*	*	8/9	Good
Wang et al., 2010 ³⁰	*	*	*		**	*	*	*	8/9	Good

ITEMS

1. Representativeness of the exposed cohort
2. Selection of the non-exposed cohort
3. Ascertainment of exposure
4. Demonstration that outcome of interest was not present at start of study
5. Comparability of cohorts on the basis of the design or analysis
6. Assessment of outcome
7. Was follow-up long enough for outcomes to occur
8. Adequacy of follow up of cohorts