

Supplemental Digital Content 3.

**About you**

The first set of questions will provide us with some basic information about you.

1. What was your age at your last birthday?

Please enter only whole numbers.

2. What was your sex at birth?

Female

Male

3. Which country do you usually live in?

Afghanistan

Albania

Algeria

Andorra

Angola

Antigua and Barbuda

Argentina

Armenia

Australia

Austria

Azerbaijan

Bahamas

Bahrain

Bangladesh

Barbados

Belarus

Belgium

Belize

Benin





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| Bhutan | <input type="checkbox"/> |
| Bolivia | <input type="checkbox"/> |
| Bosnia and Herzegovina | <input type="checkbox"/> |
| Botswana | <input type="checkbox"/> |
| Brazil | <input type="checkbox"/> |
| Brunei | <input type="checkbox"/> |
| Bulgaria | <input type="checkbox"/> |
| Burkina Faso | <input type="checkbox"/> |
| Burundi | <input type="checkbox"/> |
| Côte d'Ivoire | <input type="checkbox"/> |
| Cabo Verde | <input type="checkbox"/> |
| Cambodia | <input type="checkbox"/> |
| Cameroon | <input type="checkbox"/> |
| Canada | <input type="checkbox"/> |
| Central African Republic | <input type="checkbox"/> |
| Chad | <input type="checkbox"/> |
| Chile | <input type="checkbox"/> |
| China | <input type="checkbox"/> |
| Colombia | <input type="checkbox"/> |
| Comoros | <input type="checkbox"/> |
| Congo (Congo-Brazzaville) | <input type="checkbox"/> |
| Costa Rica | <input type="checkbox"/> |
| Croatia | <input type="checkbox"/> |
| Cuba | <input type="checkbox"/> |
| Cyprus | <input type="checkbox"/> |
| Czechia (Czech Republic) | <input type="checkbox"/> |
| Democratic Republic of the Congo | <input type="checkbox"/> |
| Denmark | <input type="checkbox"/> |
| Djibouti | <input type="checkbox"/> |





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| Dominica | <input type="checkbox"/> |
| Dominican Republic | <input type="checkbox"/> |
| Ecuador | <input type="checkbox"/> |
| Egypt | <input type="checkbox"/> |
| El Salvador | <input type="checkbox"/> |
| Equatorial Guinea | <input type="checkbox"/> |
| Eritrea | <input type="checkbox"/> |
| Estonia | <input type="checkbox"/> |
| Eswatini (fmr. "Swaziland") | <input type="checkbox"/> |
| Ethiopia | <input type="checkbox"/> |
| Fiji | <input type="checkbox"/> |
| Finland | <input type="checkbox"/> |
| France | <input type="checkbox"/> |
| Gabon | <input type="checkbox"/> |
| Gambia | <input type="checkbox"/> |
| Georgia | <input type="checkbox"/> |
| Germany | <input type="checkbox"/> |
| Ghana | <input type="checkbox"/> |
| Greece | <input type="checkbox"/> |
| Grenada | <input type="checkbox"/> |
| Guatemala | <input type="checkbox"/> |
| Guinea | <input type="checkbox"/> |
| Guinea-Bissau | <input type="checkbox"/> |
| Guyana | <input type="checkbox"/> |
| Haiti | <input type="checkbox"/> |
| Holy See | <input type="checkbox"/> |
| Honduras | <input type="checkbox"/> |
| Hungary | <input type="checkbox"/> |
| Iceland | <input type="checkbox"/> |





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| | India | <input type="checkbox"/> |
| | Indonesia | <input type="checkbox"/> |
| | Iran | <input type="checkbox"/> |
| | Iraq | <input type="checkbox"/> |
| | Ireland | <input type="checkbox"/> |
| | Israel | <input type="checkbox"/> |
| | Italy | <input type="checkbox"/> |
| | Jamaica | <input type="checkbox"/> |
| | Japan | <input type="checkbox"/> |
| | Jordan | <input type="checkbox"/> |
| | Kazakhstan | <input type="checkbox"/> |
| | Kenya | <input type="checkbox"/> |
| | Kiribati | <input type="checkbox"/> |
| | Kuwait | <input type="checkbox"/> |
| | Kyrgyzstan | <input type="checkbox"/> |
| | Laos | <input type="checkbox"/> |
| | Latvia | <input type="checkbox"/> |
| | Lebanon | <input type="checkbox"/> |
| | Lesotho | <input type="checkbox"/> |
| | Liberia | <input type="checkbox"/> |
| | Libya | <input type="checkbox"/> |
| | Liechtenstein | <input type="checkbox"/> |
| | Lithuania | <input type="checkbox"/> |
| | Luxembourg | <input type="checkbox"/> |
| | Madagascar | <input type="checkbox"/> |
| | Malawi | <input type="checkbox"/> |
| | Malaysia | <input type="checkbox"/> |
| | Maldives | <input type="checkbox"/> |
| | Mali | <input type="checkbox"/> |

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| Malta | <input type="checkbox"/> |
| Marshall Islands | <input type="checkbox"/> |
| Mauritania | <input type="checkbox"/> |
| Mauritius | <input type="checkbox"/> |
| Mexico | <input type="checkbox"/> |
| Micronesia | <input type="checkbox"/> |
| Moldova | <input type="checkbox"/> |
| Monaco | <input type="checkbox"/> |
| Mongolia | <input type="checkbox"/> |
| Montenegro | <input type="checkbox"/> |
| Morocco | <input type="checkbox"/> |
| Mozambique | <input type="checkbox"/> |
| Myanmar (formerly Burma) | <input type="checkbox"/> |
| Namibia | <input type="checkbox"/> |
| Nauru | <input type="checkbox"/> |
| Nepal | <input type="checkbox"/> |
| Netherlands | <input type="checkbox"/> |
| New Zealand | <input type="checkbox"/> |
| Nicaragua | <input type="checkbox"/> |
| Niger | <input type="checkbox"/> |
| Nigeria | <input type="checkbox"/> |
| North Korea | <input type="checkbox"/> |
| North Macedonia | <input type="checkbox"/> |
| Norway | <input type="checkbox"/> |
| Oman | <input type="checkbox"/> |
| Pakistan | <input type="checkbox"/> |
| Palau | <input type="checkbox"/> |
| Palestine State | <input type="checkbox"/> |
| Panama | <input type="checkbox"/> |





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| Papua New Guinea | <input type="checkbox"/> |
| Paraguay | <input type="checkbox"/> |
| Peru | <input type="checkbox"/> |
| Philippines | <input type="checkbox"/> |
| Poland | <input type="checkbox"/> |
| Portugal | <input type="checkbox"/> |
| Qatar | <input type="checkbox"/> |
| Romania | <input type="checkbox"/> |
| Russia | <input type="checkbox"/> |
| Rwanda | <input type="checkbox"/> |
| Saint Kitts and Nevis | <input type="checkbox"/> |
| Saint Lucia | <input type="checkbox"/> |
| Saint Vincent and the Grenadines | <input type="checkbox"/> |
| Samoa | <input type="checkbox"/> |
| San Marino | <input type="checkbox"/> |
| Sao Tome and Principe | <input type="checkbox"/> |
| Saudi Arabia | <input type="checkbox"/> |
| Senegal | <input type="checkbox"/> |
| Serbia | <input type="checkbox"/> |
| Seychelles | <input type="checkbox"/> |
| Sierra Leone | <input type="checkbox"/> |
| Singapore | <input type="checkbox"/> |
| Slovakia | <input type="checkbox"/> |
| Slovenia | <input type="checkbox"/> |
| Solomon Islands | <input type="checkbox"/> |
| Somalia | <input type="checkbox"/> |
| South Africa | <input type="checkbox"/> |
| South Korea | <input type="checkbox"/> |
| South Sudan | <input type="checkbox"/> |

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| | Spain | <input type="checkbox"/> |
| | Sri Lanka | <input type="checkbox"/> |
| | Sudan | <input type="checkbox"/> |
| | Suriname | <input type="checkbox"/> |
| | Sweden | <input type="checkbox"/> |
| | Switzerland | <input type="checkbox"/> |
| | Syria | <input type="checkbox"/> |
| | Tajikistan | <input type="checkbox"/> |
| | Tanzania | <input type="checkbox"/> |
| | Thailand | <input type="checkbox"/> |
| | Timor-Leste | <input type="checkbox"/> |
| | Togo | <input type="checkbox"/> |
| | Tonga | <input type="checkbox"/> |
| | Trinidad and Tobago | <input type="checkbox"/> |
| | Tunisia | <input type="checkbox"/> |
| | Turkey | <input type="checkbox"/> |
| | Turkmenistan | <input type="checkbox"/> |
| | Tuvalu | <input type="checkbox"/> |
| | Uganda | <input type="checkbox"/> |
| | Ukraine | <input type="checkbox"/> |
| | United Arab Emirates | <input type="checkbox"/> |
| | United Kingdom | <input type="checkbox"/> |
| | United States of America | <input type="checkbox"/> |
| | Uruguay | <input type="checkbox"/> |
| | Uzbekistan | <input type="checkbox"/> |
| | Vanuatu | <input type="checkbox"/> |
| | Venezuela | <input type="checkbox"/> |
| | Vietnam | <input type="checkbox"/> |
| | Yemen | <input type="checkbox"/> |

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Zambia

Zimbabwe

4. What best describes the region you live in?

Urban - capital cities or metropolitan centres with a population of >100,000

Regional - large rural centres with a population between 5,000-99,000

Remote - remote centres with a population of <5,000

5. Which of the following descriptions best applies to your usual 'work' situation?

Going to school or university full-time

In paid employment or self-employed

Doing unpaid work for a business that you own, or that a relative owns

Permanently unable to work because of long-term sickness or disability

Retired from paid work

Looking after home or family

Other

Other

6. What is your highest level of education completed?

Never attended school

Primary school

Some high school

Year 12 or equivalent

Technical or trade school certificate/apprenticeship

University or tertiary qualification (Undergraduate)

University or tertiary qualification (Postgraduate/Masters/Doctorate)

Other

Other

**7. What is your marital status?**

- Married
- Defacto
- Separated / Divorced
- Widowed
- Never married

The next questions are about your own health behaviours.

In this section, we ask questions about your health and health behaviours to get an idea of your health and lifestyle.

8. About how tall are you, without shoes, in centimetres (cm) or feet (ft) and inches (in)?

in centimetres (cm)

Comment

in feet (ft) and inches (in)

Comment

9. About how much do you weigh, without shoes and heavy clothes, in kilograms (kg) or pounds (lb) and ounces (oz)?

in kilograms (kg)

Comment

in pounds (lb) and ounces (oz)

Comment

10. How would you rate your general health?

- Excellent
- Very good
- Good
- Fair
- Poor