

Additional File 1: Appendix registration form 2015

Item	Selected option
1. Personal characteristics of the client	
Postal Code	4 digits of Dutch postal code Name of country, if abroad Unknown
Gender	Male Female Unknown
Year of birth	4 digits Unknown
2. Overview of the situation of the client prior to start of counselling	
Current disease(s), diagnosis or situation	Open-ended questions. More than one answer possible. Several examples preselected: Physical: E.g. cancer, problems of old age, dementia, heart problems. Psychiatric: E.g. depression, personality disorders, fear disorder. Psychological: E.g. existential suffering, loneliness, youth trauma. No current suffering: E.g. wanting autonomy, completed life. Unknown
Main motivation to request counselling	Physical suffering Psychiatric suffering Psychological suffering No suffering at present Unknown
Severity of disease	Terminal disease Severe disease No severe disease No disease/not applicable Unknown
Presence and urgency of death wish at start of counselling	No death wish present Death wish present, wants to end life within three months Death wish present, wants to end life between 3 to 12 months Death wish present, wants to end life more than one year away Unknown
Request for assistance in dying to a physician	No request for PAD Request for PAD denied Request for PAD pending Request for PAD granted Unknown
Situation of request for assistance in dying to a physician:	Not applicable Request for PAD for current situation Request for PAD for future situation Unknown
Moment of request for assistance in dying to a physician	Not applicable Request for PAD before start counselling Request for PAD before and during counselling Request for PAD during counselling Unknown
Explication on request	Open-ended question. More than one answer possible. Several examples preselected: No request: E.g. staying autonomous, not wanting to burden the physician. Request denied: E.g. not meeting legal criteria of due care. Request pending: E.g. physician has to think about it Request granted: E.g. granted for near future, granted for in due time. Unknown

	Not applicable
Prior suicide attempt	Yes No Unknown
Prior sought help at other organisation or caregivers related to current request for help	No Yes, at physician Yes, at psychiatrist Yes, at Right to Die Netherlands / SVL Yes, at End-of-Life Clinic Yes, at other ... Unknown
3a. Characteristics of the counselling process (number of contacts)	
Number of face-to-face contacts in 2012	Any number Unknown
Number of other contacts in 2012	Any number Unknown
Total number of contacts in 2012	Calculated automatically from two prior columns
Month of first contact	Jan – Dec Unknown
Year of first contact	1995 – 2015 Unknown
Number of face-to-face contacts since start of counselling	Any number Unknown
Number of other contacts since start of counselling	Any number Unknown
Total number of contacts since start of counselling	Calculated automatically from two prior columns
3b. Characteristics of the counselling process (content)	
Content: Moral support	Yes No
Content: General information	Yes No
Content: Mental preparation / decision making	Yes No
Content: PAD	Yes No
Content: Practical preparation information methods	Yes No
Content: Practical preparation performance methods	Yes No
Content: Close ones	Yes No
Content: Juridical information	Yes No
Status of counselling	Counselling on-going Counselling (ready) on hold Referral to ... Passed away through..

3c. Characteristics of the counselling process (counselee system)	
Involvement of others during counselling	Yes No
Reason for no others involved	Open-ended question. Several examples preselected: No social network/Alone Fear of reactions Regarded as a private matter Unknown Not applicable
Relationship of others involved	Open-ended question. More than one answer possible. Several examples preselected: E.g. partner, (grand)child(ren), parents, siblings, friends. Not applicable
Number of others involved	Any number Not applicable
Attitude of involved others	Positive/Supportive Negative/Critical Mixed/Ambiguous Unknown Not applicable
Openness about counselling towards others	Yes No Unknown
Reason for no openness towards others	Open-ended question. Several examples preselected: No social network/Alone Fear of reactions Regarded as a private matter Unknown Not applicable
Relationship of other towards whom clients is open	Open-ended question. More than one answer possible. Several examples preselected: E.g. partner, (grand)child(ren), parents, siblings, friends. Not applicable
Number of other towards whom client is open	Any number Unknown Not applicable
Attitude of others towards whom client is open	Positive/Supportive Negative/Critical Mixed/Ambiguous Unknown Not applicable
4. Outcome of the counselling process	
See also status of counselling at 3b.	See also character of counselling at 3.
Manner of death, if client deceased.	Not deceased Unknown if deceased Natural death Physician-assisted dying Lethal medication Voluntary refusing food and fluid Helium Dignitas Hanging/Choking Jumping train

	Jumping height Drowning Unknown manner of death
When deceased: month	Jan – Dec Unknown Not applicable
When deceased: year	2011 - 2016 Not applicable
Follow up counselling with bereaved ones	Yes No
Other information on follow up counselling	Open- ended question.
5. Other	
Additional remarks about whatever deemed relevant	Open-ended question