Table S3. Correlations between IPAQ-SF and the Smart band at the 3-month visit in the IG

IPAQ-SF	Smart band					
	Total		Men		Women	
	Steps/day	Min/day	Steps/day	Min/day	Steps/day	Min/day
METS/min/week	0.372[b]	0.322[b]	0.337[b]	0.302[b]	0.399[b]	0.337[b]
Min/week/sedentary	-0.266[b]	-0.299[b]	-0.255[a]	-0.278[a]	-0.359[b]	-0.407[b]
Min/week/MVPA	0.154[a]	0.145[a]	0.169	0.181	0.115	0.086
Min/week/Total activity	0.390[b]	0.337[b]	0.375[b]	0.331[b]	0.413[b]	0.355[b]

Abbreviations: Min: Minutes; MVPA: Moderate-vigorous physical activity
[a]Correlation is significant at the $P = .01$ level (2-tailed).
[b]Correlation is significant at the $P = .05$ level (2-tailed).