## **Narrative Review Checklist**

| Section/Topic        | Item<br>No | Item   | Reported on Page<br>Number/Line<br>Number | Reported on Section/Paragraph |
|----------------------|------------|--|---|-------------------------------|
| TITLE                |            |  |   |                               |
| Title                | 1          | Identify the report as a Narrative Review or Literature Review.  | Page1/Line1-2                             | Title/Paragraph1-2            |
| ABSTRACT             |            |  |   |                               |
| Structured summary   | 2          | Provide a structured summary with the subsections as: objective, background, methods, conclusion (1).  | Page2/Line20-37                           | Abstract/Paragraph1-4         |
| INTRODUCTION         |            |  |   |                               |
| Rationale/background | 3          | Describe the rationale for the review in the context of what is already known.   | Page3/Line41-56                           | Introduction/Paragraph1-2     |
| Objectives           | 4          | Specify the key question(s) identified for the review topic.   | Page3/Line57-63                           | Introduction/Paragraph3       |
| METHODS              |            |  |   |                               |
| Research selection   | 5          | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage).   | Page6/Line130-132                         | Methods/Paragraph2            |
| DISCUSSION/SUMMARY   |            |  |   |                               |
| Narrative            | 6          | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research.  | Page12-13/Line284-292                     | Discussion/Paragraph3         |
| Summary              | 7          | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | Page13/Line295-299                        | Summary/Paragraph2            |

## Reference

1. Green BN, Johnson CD, Adams A. Writing narrative literature reviews for peer-reviewed journals: secrets of the trade. J Sports Chiropr Rehabil 2001;15:5–19.

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\*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.