Supplemental Table 2. Longitudinal studies of symptom clusters in samples of patients who received chemotherapy

| Author, year, purpose and design | Sample size, patient characteristics, time of symptom assessment | Symptom assessment instrument(s), number of symptoms on instrument; statistical analysis method, symptom dimension(s) used to create symptom clusters; analysis of secondary outcomes | Number of symptom clusters, specific symptoms within each cluster, change in symptom clusters over time Evaluation of additional outcomes | Strengths and Limitations |
|--|---|---|--|--|
| Albusoul et al., 2017 | n = 219 | Instrument(s): HADS – 14 items | 2 symptom clusters identified at each | Strengths: |
| Purpose(s): | Mean age: 52.2 (±10.0) years | SES – 24 items | timepoint: | Evaluated for symptom |
| | | Medical Outcomes Study | timepoint. | |
| Identify symptom clusters and their change | Range: 29-83 years | Short-Form Survey v2 – 36 | T1 | clusters across multiple timepoints |
| over time from baseline | Female: 100.0% | items | Treatment-related | umepoints |
| to after completion of | 1 emale. 100.070 | literiis | symptom cluster: | Utilized valid and reliable |
| adjuvant breast cancer | Ethnicity: | Criteria used to exclude | sleep disturbance, | symptom measures |
| CTX | Hispanic 3.7% | symptoms: Yes | concentration, anxiety, | dymptom modernos |
| 31X | Non-Hispanic 96.3% | <u>symptomo</u> . 100 | appearance | Limitations: |
| Design: longitudinal | Tron Theparine 55.575 | Analysis: EFA | appearance | <u>=::::::::::::::::::::::::::::::::::::</u> |
| <u>====g</u> g | Race: | | GI symptom cluster: | Evaluated for symptom |
| Location: United States | White 95.4% | Dimension(s): severity | nausea, appetite, bowel | clusters with only 10 |
| | Non-White 4.6% | | pattern, pain, fatigue | symptoms |
| | | Symptoms allowed to load | | |
| | Employment status: | on more than one factor: NR | T2 | Used a single dimension to |
| | Employed 75.3% | | Treatment-related | evaluate for symptom |
| | Non-employed 24.7% | Minimum factor loadings | symptom cluster: | clusters |
| | | required to include symptom | sleep disturbance, pain, | |
| | Inpatients: NR | within cluster: 0.30 | fatigue, bowel pattern, | Removed symptom |
| | Outpatients: NR | | concentration, | clusters that were not |
| | | Method of evaluating for | appearance, anxiety, | reliable |
| | Diagnosis: | stability of symptoms across | depression | |
| | Breast cancer 100.0% | symptom dimensions and/or | | Primarily a non-Hispanic, |
| | | timepoints: Investigator | GI symptom cluster: | Caucasian sample |
| | Treatment: | appraisal | nausea, appetite | |
| | Adjuvant CTX 100.0% | Analysis of accordany | т2 | |
| | Time of symptom assessments | Analysis of secondary | T3 | |
| | Time of symptom assessment: | outcomes: None | Treatment-related | |
| | T1: 2 days prior to first CTX (baseline) T2: first 7 days after cycle 3 CTX | | symptom cluster: fatigue, appetite, | |
| | T3: first 7 days after cycle 3 CTX | | concentration, | |
| | T4: 30 days after the last CTX | | Concentration, | |
| | 14. JU days after the last CTA | | <u> </u> | |

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| Strengths: |
| Evaluated for symptom |
| clusters across multiple |
| timepoints |
| |
| Utilized valid and reliable |
| symptom measures |
| <u>Limitations</u> : |
| - |

CTX from baseline over Analysis: EFA GI symptom cluster: 1 year Race: fatigue, pain, bowel Evaluated for symptom White 95.4% Dimension(s): severity pattern, nausea clusters with only 10 Design: longitudinal Non-White 4.6% symptoms T2 Symptoms allowed to load on more than one factor: Treatment-related Used a single dimension to Location: United States Employment status: Employed 75.3% symptom cluster: evaluate for symptom Yes Non-employed 24.7% fatigue, sleep disturbance, clusters Minimum factor loadings pain, concentration required to include symptom Did not relate changes in Inpatients: NR Outpatients: NR within cluster: 0.30 GI symptom cluster: QOL to the dynamic nature of symptom clusters concentration, Diagnosis: Method of evaluating for appearance, anxiety Breast Cancer 100.0% stability of symptoms across Primarily a non-Hispanic, symptom dimensions and/or Caucasian sample Treatment: timepoints: Investigator Treatment-related Adjuvant CTX 100.0% appraisal symptom cluster: fatigue, sleep disturbance, Time of symptom assessment: Analysis of secondary pain, concentration, T1: 2 days prior to first CTX (baseline) outcomes: QOL anxiety T2: 6 months after baseline (1 month after last CTX) GI symptom cluster: T3: 1 year after baseline (~6 months after pain, bowel pattern last CTX) Changes in symptom clusters over time: Treatment-related symptom cluster was identified across all timepoints with a basis of two core symptom. However, the number of symptoms increased across timepoints Additional outcomes: At all timepoints, physical component scores were the lowest and were lower than the population norms (≤50)

| | | | QOL scores significantly | |
|------------------------------|--|-------------------------------|------------------------------|-------------------------------|
| | | | improved over time | |
| Browall et al., 2017 | n = 124 | Instrument(s): MSAS: 32 | 3 symptom clusters | Strengths: |
| | | symptoms | identified across all | _ |
| Purpose(s): | Mean age: 59 years | | timepoints: | Evaluated for symptom |
| Describe symptom | Range: 34-79 years | Criteria used to exclude | | clusters across multiple |
| clusters at four points in | | symptoms: Yes | T1 | timepoints |
| time during CTX | Female: 100.0% | | Emotional cluster: | |
| treatment in patients with | | Analysis: PCA | worrying, difficulty | Symptom clusters were |
| stage I to IIIa breast | Ethnicity: NR | | concentrating, feeling sad | created using multiple |
| cancer | | <u>Dimension(s)</u> : symptom | Jennesmannig, reeming ear | dimensions of the symptom |
| | Race: NR | burden summary score | Gastro cluster: taste | experience |
| <u>Design</u> : longitudinal | 1.435.7.1.1 | (calculated as the average | change, constipation, | |
| <u> </u> | Employment status: NR | of the frequency, severity, | diarrhea | Utilized a valid and reliable |
| Location: Sweden | Employment status. 1414 | and distress scores for each | didiffica | symptom assessment |
| Eccation. Gweden | Inpatients: NR | symptom) | Physical cluster: | inventory |
| | Outpatients: NR | 3ymptom) | breathlessness, dizziness, | Inventory |
| | Outpatients. NIX | Symptoms allowed to load | dry mouth, nausea | <u>Limitations</u> : |
| | Diagnosis: | on more than one factor: NR | dry modifi, nadsea | <u>Limitations</u> . |
| | Breast cancer 100.0% | Of more than one factor. NIX | Т2 | Relatively small sample |
| | Dieast Caricer 100.076 | Minimum factor loadings | Emotional cluster: feeling | size |
| | Treatment: | required to include symptom | sad, worrying, difficulty | SIZE |
| | Adjuvant CTX 100% | within cluster: NR | concentrating | Did not use a method to |
| | Aujuvani CTX 100% | Willin Cluster. NR | concentrating | |
| | Timenaints of aumntam acceptaments | Mathad of avaluating for | Coatra aluatari laak of | assess for stability of |
| | Timepoints of symptom assessment: | Method of evaluating for | Gastro cluster: lack of | symptoms across |
| | T1: Enrollment (baseline) | stability of symptoms across | appetite, taste change, | timepoints |
| | T2: Day 12 post cycle 1 FEC | symptom dimensions and/or | constipation, diarrhea | Did t d-fi tim f |
| | T3: Day 12 post cycle 3 FEC | timepoints: NR | Dhysical slysten bainless | Did not define time of |
| | T4: Day 12 post final cycle of docetaxel | Analysis of a secondary | Physical cluster: hair loss, | enrollment in relationship to |
| | | Analysis of secondary | breathlessness, dizziness, | the administration of CTX |
| | | outcomes: N/A | dry mouth, nausea | |
| | | | | |
| | | | T3 | |
| | | | Physical cluster: lack of | |
| | | | appetite, breathlessness, | |
| | | | feeling nervous, lack of | |
| | | | energy, feeling irritable, | |
| | | | dizziness, nausea | |
| | | | | |
| | | | Emotional cluster: | |
| | | | worrying, feeling sad, | |
| | | | difficulty concentrating | |
| | | | | |
| | | | Gastro cluster: mouth | |
| | | | sores, dry mouth, lack of | |

| | | | appetite, taste change, | |
|---------------------------|------------------------------|--------------------------|-------------------------------|--------------------------|
| | | | constipation, diarrhea | |
| | | | | |
| | | | T4 | |
| | | | Emotional cluster: feeling | |
| | | | nervous, worrying, feeling | |
| | | | sad, difficulty | |
| | | | concentrating | |
| | | | | |
| | | | Gastro cluster: lack of | |
| | | | appetite, taste change, | |
| | | | constipation, diarrhea | |
| | | | Physical cluster: sexual | |
| | | | relations, sweats, difficulty | |
| | | | sleeping, lack of appetite, | |
| | | | breathlessness, feeling | |
| | | | nervous, lack of energy, | |
| | | | feeling irritable, dizziness, | |
| | | | nausea | |
| | | | Hadoca | |
| | | | Changes in symptom | |
| | | | clusters over time: | |
| | | | | |
| | | | Symptom clusters at the | |
| | | | first treatment cycle were | |
| | | | quite stable and similar to | |
| | | | baseline | |
| | | | Order of cumptoms | |
| | | | Order of symptoms | |
| | | | changed at cycle 3 | |
| | | | Symptom clusters | |
| | | | remained relatively stable | |
| | | | across time with a basis of | |
| | | | core symptoms | |
| | | | ,,, | |
| | | | Additional outcomes: N/A | |
| Han et al., 2019 | n = 399 | Instrument(s): MSAS | 4 symptom clusters | Strengths: |
| | | (modified): 38 symptoms | identified across the | |
| Purpose(s): | Mean age: 57.9 (±11.8) years | | symptom dimensions and | Evaluated for symptom |
| Evaluated the | Range: NR | Criteria used to exclude | timepoints: | clusters across multiple |
| occurrence, severity, and | | symptoms: Yes | | timepoints |
| distress of 38 symptoms | Female: 45.1% | | Occurrence symptom | |
| prior to patients' second | | Analysis: EFA | clusters | |

or third cycle of CTX (time 1), approximately one week after CTX (time 2), and approximately two weeks after CTX (time 3)

Evaluated for differences in the number and types of symptom clusters at each of these assessments using ratings of occurrence, severity, and distress

Evaluated for changes in the symptom clusters over time

Design: longitudinal

Location: United States

Ethnicity and Race:

White 68.7% Black 9.0%

Asian or Pacific Islander 11.5% Hispanic, Mixed, or Other 10.8%

Employment status: Working 33.3% Not working 66.7%

Inpatients: n = 0Outpatients: n = 399

Diagnosis:
Colon 46.4%
Rectal 20.1%
Pancreatic 18.5%
Esophageal 5.3%
Gastric 4.8%
Gallbladder/bile duct 2.5%
Liver 1.5%
Small intestine 1.5%
Anal 1.3%

Treatment: CTX 100.0%

Other 6.3%

Timepoints of symptom assessment:
T1: prior to second or third cycle of CTX
T2: approximately 1 week after CTX
T3: approximately 2 weeks after CTX

<u>Dimension(s)</u>: occurrence, severity, distress

Symptoms allowed to load on more than one factor: Yes

Minimum factor loadings required to include symptom within cluster: 0.40

Method of evaluating for stability of symptoms across symptom dimensions and/or timepoints: Kirkova and Walsh, 2007

Analysis of secondary outcomes: N/A

T1

<u>Psychological cluster</u>: lack of energy, difficulty concentrating, feeling nervous, feeling drowsy, feeling sad, worrying, feeling irritable, changes in skin

CTX-related cluster: dry mouth, nausea, itching, lack of appetite, weight loss, change in the way food tastes, changes in skin, dizziness

GI cluster: feeling bloated, abdominal cramps, constipation

Weight change cluster: increased appetite, weight gain

T2

<u>Psychological cluster</u>: lack of energy, difficulty concentrating, feeling nervous, feeling sad, worrying, feeling irritable, problems with sexual interest or activity, "I don't look like myself"

CTX-related cluster: dry mouth, nausea, lack of appetite, weight loss, change in the way food tastes, cough, lack of energy, abdominal cramps, feeling bloated, diarrhea, feeling drowsy, numbness/tingling in hands/feet

Symptom clusters were created using multiple dimensions of the symptom experience

Evaluated symptom clusters in patients with gastrointestinal cancers

Utilized a valid and reliable symptom inventory

Limitations:

Heterogeneity in types of GI cancers

Weight change cluster: increased appetite, weight gain, lack of appetite Epithelial cluster: hair loss, change in the way food tastes, changes in skin **T3** Psychological cluster: lack of energy, difficulty concentrating, feeling nervous, feeling sad, worrying, feeling irritable, problems with sexual interest or activity, difficulty sleeping CTX-related cluster: dry mouth, nausea, lack of appetite, weight loss, change in the way food tastes, cough, lack of energy, abdominal cramps, diarrhea, feeling drowsy Weight change cluster: increased appetite, weight gain, lack of appetite, weight loss <u>Epithelial cluster</u>: changes in skin, itching, "I don't look like myself" Severity symptom clusters Psychological cluster: lack of energy, difficulty concentrating, feeling nervous, feeling drowsy, feeling sad, worrying, feeling irritable, problems

with sexual interest or activity CTX-related cluster: itching, lack of appetite, weight loss, change in the way food tastes, changes in skin, dizziness, hair loss, "I don't look like myself" GI cluster: feeling bloated, abdominal cramps, nausea, diarrhea Weight change cluster: increased appetite, weight gain T2 Psychological cluster: lack of energy, difficulty concentrating, feeling nervous, feeling sad, worrying, feeling irritable, problems with sexual interest or activity CTX-related cluster: dry mouth, nausea, lack of appetite, weight loss, change in the way food tastes, cough, lack of energy, abdominal cramps, feeling bloated, diarrhea, feeling drowsy, numbness/tingling in hands/feet, sweats Weight change cluster: increased appetite, weight gain, lack of appetite, weight loss

Epithelial cluster: hair loss, changes in skin, itching, "I don't look like myself" **T3** Psychological cluster: lack of energy, difficulty concentrating, feeling nervous, feeling sad, worrying, feeling irritable, constipation CTX-related cluster: dry mouth, nausea, lack of appetite, weight loss, change in the way food tastes, dizziness, cough, lack of energy, abdominal cramps, diarrhea, feeling drowsy, numbness/tingling in hands/feet Weight change cluster: increased appetite, weight gain, lack of appetite, weight loss Epithelial cluster: changes in skin, itching, "I don't look like myself" Distress symptom clusters Psychological cluster: lack of energy, difficulty concentrating, feeling nervous, feeling drowsy, feeling sad, worrying, feeling irritable, difficulty sleeping, pain, sweats CTX-related cluster: itching, lack of appetite, weight loss, change in the

way food tastes, changes in skin, dizziness, hair loss, "I don't look like myself" Weight change cluster: increased appetite, weight gain GI cluster: abdominal cramps, diarrhea T2 Psychological cluster: lack of energy, difficulty concentrating, feeling nervous, feeling sad, worrying, feeling irritable, problems with sexual interest or activity, difficulty sleeping CTX-related cluster: dry mouth, nausea, lack of appetite, weight loss, change in the way food tastes, cough, abdominal cramps, diarrhea, feeling drowsy, sweats Weight change cluster: increased appetite, weight gain Epithelial cluster: hair loss, changes in skin, itching, "I don't look like myself" Psychological cluster: lack of energy, difficulty concentrating, feeling nervous, feeling sad, worrying, feeling irritable,

changes in skin, problems with sexual interest or activity, constipation CTX-related cluster: dry mouth, nausea, lack of appetite, weight loss, change in the way food tastes, cough, abdominal cramps, diarrhea, feeling drowsy Weight change cluster: increased appetite, weight gain, lack of appetite, weight loss Epithelial cluster: changes in skin, itching, "I don't look like myself" Changes in symptom clusters over time: Three symptom clusters (i.e., psychological, CTXrelated, weight change) were identified across all three symptom dimensions and timepoints For the psychological symptom cluster, six symptoms of 14 remained stable across all three symptom dimensions and timepoints For the CTX-related symptom cluster, five of 18 symptoms remained stable across all symptom dimensions and timepoints. The symptoms

| | | | measured at T1 were | |
|--|--|--------------------------------|---|---|
| | | | relatively consistent | |
| | | | across all three | |
| | | | dimensions. At T2, the | |
| | | | symptoms changed and | |
| | | | remained relatively stable | |
| | | | across each symptom dimension and through T3 | |
| | | | differsion and through 15 | |
| | | | GI symptom cluster was | |
| | | | identified across all three | |
| | | | dimensions at T1 only. | |
| | | | The symptoms within this cluster varied across each | |
| | | | dimension | |
| | | | dimension | |
| | | | Weight change cluster | |
| | | | was present at each | |
| | | | timepoint with two core symptoms present | |
| | | | throughout | |
| | | | | |
| | | | Epithelial symptom cluster | |
| | | | was identified across all | |
| | | | three dimensions and the symptoms within this | |
| | | | cluster remained relatively | |
| | | | stable across each | |
| | | | symptom dimension. | |
| | | | However, this cluster was | |
| | | | present at T2 and T3 only | |
| | | | Additional outcomes: N/A | |
| Kim, S., 2018 | n = 51 | Instrument(s): MSAS: 32 | 2 symptom clusters | Strengths: |
| Durnaga(a) | Maan aga; 52.1 (10.0) ::==== | symptoms | identified at each | Fueluated for summittees |
| Purpose(s): Identify the changes and | Mean age: 53.1 (±9.6) years Range: NR | Analysis: EFA | timepoint: | Evaluated for symptom clusters in patients with a |
| relationship between | Tango. Wit | Allalysis. LI A | T1 | type of brain cancer |
| symptom clusters and | Female: 41.7% | <u>Dimension(s)</u> : severity | Negative emotion cluster: | 71 |
| the level of lipid | | | feeling sad, worrying, lack | Evaluated for symptom |
| peroxidation in patients | Ethnicity: NR | Symptoms allowed to load | of energy | clusters across multiple |
| with primary malignant brain cancer during | Race: NR | on more than one factor: No | Nouroognitive eluctory | timepoints |
| concurrent | Nace. NK | | Neurocognitive cluster: dizziness, difficulty in | |
| chemoradiotherapy | Employment status: NR | | dizziness, unitouity in | |
| | 1 7 | 1 | 1 | I |

sleeping, difficulty in Utilized a valid and reliable Minimum factor loadings Design: longitudinal Inpatients: NR required to include symptom concentrating symptom assessment Outpatients: NR within cluster: NR instrument **T2** Location: South Korea Diagnosis: Method of evaluating for Negative emotion and Evaluated for a secondary decreased vitality cluster: Anaplastic astrocytoma 37.5% stability of symptoms across outcome associated with Glioblastoma multiforme 62.5% symptom dimensions and/or feeling sad, worrying, lack symptom clusters timepoints: Investigator of energy, feeling irritable, difficulty in concentrating Treatment: appraisal Limitations: Chemoradiotherapy 100% Analysis of secondary GI cluster: dry mouth, Recruited patients from a outcomes: serum lipid profile change in the way food Timepoints of symptom assessment: single hospital T1: prior to initiation of chemoradiotherapy ratios tastes, difficulty in T2: 2 to 3 weeks after initiation of swallowing, weight loss, Very small sample size chemoradiotherapy nausea T3: 4 to 6 weeks after initiation of Used a single dimension to chemoradiotherapy **T3** evaluate for symptom Body image and clusters decreased vitality cluster: lack of energy, difficulty in Not clear how the concentrating, "I don't look relationships between like myself", problems with symptom clusters and sexual interest or activity, serum lipid profile ratios hair loss were evaluated Decreased sensory cluster: feeling irritable, swelling of arms or legs, problems with urination, numbness/tingling in the hands/feet Changes in symptom clusters over time: The negative emotion symptom clusters were relatively stable from T1 to T2 with a basis of three core symptoms A GI symptom cluster emerged at T2 following the initiation of

| | | | T | |
|------------------------------|--------------------------------------|--------------------------------|-------------------------------|-----------------------------|
| | | | chemoradiation therapy | |
| | | | and disappeared at T3 | |
| | | | | |
| | | | A decreased sensory | |
| | | | cluster emerged at T3 | |
| | | | side teles ellistige de la re | |
| | | | Additional outcomes: | |
| | | | Three lipid profile ratios | |
| | | | | |
| | | | (i.e., TC/HDL-c, LDL- | |
| | | | cHDL-c, TG/HDL-c) were | |
| | | | positively associated with | |
| | | | the two symptom clusters | |
| | | | at T2 | |
| Li et al., 2020 | n = 354 | Instrument(s): Breast | 8 symptom clusters | Strengths: |
| | | Cancer Prevention Trial | identified across the | |
| Purpose(s): | Mean age: 61.2 (±6.2) years | Symptom Checklist: 42 | timepoints: | Evaluated for symptom |
| Identify symptom | Range: NR | symptoms | | clusters across multiple |
| clusters experienced by | | Profile of Mood States: 2 | Т0 | timepoints |
| women with breast | Female: 100.0% | symptoms (i.e., fatigue, | Psychological cluster: | |
| cancer treated with Al | I diffale. 100.070 | anxiety) | depression, anxiety, | Utilized valid and reliable |
| therapy from pre- | Ethnicity: NR | Beck Depression Inventory | changes in sleep patterns, | symptom assessment |
| adjuvant therapy up to | Lumbity. 1417 | II: 2 symptoms (i.e., | avoid of social affairs, | instruments |
| 18 months of adjuvant | Race: | depression, changes in | fatigue | liistiuliients |
| | White 96.3% | | laugue | Limitations |
| therapy | | sleep pattern) | NIiti | <u>Limitations</u> : |
| | African American 3.7% | Patient's Assessment of | Neurocognitive cluster: | |
| <u>Design</u> : longitudinal | | Own Functioning: 1 | difficulty concentrating, | Primarily a Caucasian |
| | Employment status: | symptom (i.e., perceived | easily distracted, | sample |
| Location: United States | Working 70.7% | cognitive ability) | forgetfulness, perceived | |
| | Not working 29.3% | | cognitive disturbance | Used a single dimension to |
| | | Criteria used to exclude | | evaluate for symptom |
| | Inpatients: NR | symptoms: Yes | Musculoskeletal cluster: | clusters |
| | Outpatients: NR | | joint pain, general aches | |
| | | Analysis: EFA | and pain, muscle stiffness | |
| | Diagnosis: | | | |
| | Breast cancer 100.0% | <u>Dimension(s)</u> : severity | Vasomotor cluster: night | |
| | | | sweats, hot flashes | |
| | Treatment: | Symptoms allowed to load | , | |
| | Adjuvant CTX with AI 35.9% | on more than one factor: No | Urinary cluster: difficulty | |
| | Al only 64.1% | | with bladder control when | |
| | , | Minimum factor loadings | laughing or crying, | |
| | Timepoints of symptom assessment: | required to include symptom | difficulty with bladder | |
| | T0: pre-adjuvant therapy (baseline) | within cluster: 0.40 | control at other times | |
| | T1: six months into adjuvant therapy | within cluster. 0.40 | Control at other tilles | |
| | | Mothed of eyelization for | | |
| | T2: 12 months into adjuvant therapy | Method of evaluating for | | |
| | T3: 18 months into adjuvant therapy | stability of symptoms across | | |

| symptom dimensions and/or timepoints: Kirkova and Walsh, 2007 | Sexual cluster: vaginal dryness, pain with intercourse | |
|---|--|--|
| Analysis of secondary outcomes: N/A | Weight cluster: decreased appetite, weight loss | |
| | Psychological cluster: anxiety, depression, fatigue, avoid of social affairs | |
| | Neurocognitive cluster: difficulty concentrating, forgetfulness, easily distracted, perceived cognitive disturbance, dry mouth | |
| | Musculoskeletal cluster: general aches and pain, joint pain, muscle stiffness | |
| | Vasomotor cluster: night sweats, hot flashes | |
| | <u>Urinary cluster</u> : difficulty with bladder control at other times, difficulty with bladder control when laughing or crying | |
| | Sexual cluster: vaginal dryness, pain with intercourse | |
| | Weight cluster: unhappy with the appearance of my body, weight gain | |
| | Gl cluster: diarrhea, nausea | |
| | T2 | |

Psychological cluster: fatigue, depression, changes in sleep patterns Neurocognitive cluster: easily distracted, difficulty concentrating, perceived cognitive disturbance, forgetfulness, excitability, tendency toward accidents, short temper, anxiety Musculoskeletal cluster: joint pain, general aches and pain, muscle stiffness Vasomotor cluster: night sweats, hot flashes <u>Urinary cluster</u>: difficulty with bladder control at other times, difficulty with bladder control when laughing or crying Sexual cluster: vaginal dryness, pain with intercourse Weight cluster: weight gain, unhappy with the appearance of my body **T3** <u>Psychoneurocognitive</u> cluster: perceived cognitive disturbance, excitability, forgetfulness, anxiety, difficulty concentrating, easily distracted, depression, fatigue

Musculoskeletal cluster: joint pain, muscle stiffness, general aches and pain Vasomotor cluster: night sweats, hot flashes Urinary cluster: difficulty with bladder control when laughing or crying, difficulty with bladder control at other times Sexual cluster: vaginal dryness, pain with intercourse Weight cluster: weight gain, unhappy with the appearance of my body Changes in symptom clusters over time: The psychological and neurocognitive symptom clusters were present at T0, T1, and T2, and the symptoms within the clusters remained relatively stable across timepoints. However, these clusters merged at T3 Weight symptom cluster was present at all four timepoints. However, the symptoms within the cluster changed from T0 to T1. Symptoms from T1-T3 were stable

| | | | T3 | |
|---|---|--|---|---|
| | CTX T3: 1 to 7 days after induction CTX | Analysis of secondary outcomes: N/A | vomiting Psychological cluster: feeling nervous, difficulty sleeping, shortness of breath, feeling sad T3 | cluster (e.g., neuropathy cluster) Relatively small sample size |
| | T1: within the six days prior to induction CTX T2: 1 to 7 days during induction | timepoints: Kirkova and Walsh, 2007 | T2 Gl cluster: difficulty concentrating, nausea, | Names of symptom clusters are not consistent with symptoms within the |
| | Timepoints of symptom assessment: | stability of symptoms across symptom dimensions and/or | feeling drowsy | single hospital |
| Design: longitudinal Location: China | Treatment: Induction CTX 100.0% | within cluster: 0.40 Method of evaluating for | Neuropathy cluster: difficulty concentrating, | Limitations: Recruited patients from a |
| dimensions over time | Diagnosis: AML 100.0% | Minimum factor loadings required to include symptom | feeling sad, dizziness, changes in skin | symptom inventory |
| each symptom cluster identified by multiple | Outpatients: $n = 0$ | Yes | difficulty sleeping, shortness of breath, | Utilized a valid and reliable |
| among the numbers and types of symptoms in | Inpatients: n = 126 | Symptoms allowed to load on more than one factor: | Sickness behavior cluster: | clusters in patients with AML |
| Evaluated for consensus | Employment status: NR | severity, distress | appetite, change in the way food tastes | Evaluated symptom |
| AML at three stages of their induction therapy | Race: NR | <u>Dimension(s)</u> : occurrence, | Nutritional cluster: cough, dry mouth, sweats, lack of | dimensions of the symptom experience |
| and distress in newly diagnosed patients with | Ethnicity: NR | Analysis: EFA | clusters | Symptom clusters were created using multiple |
| clusters using the ratings of occurrence, severity, | Female: 56.3% | Criteria used to exclude symptoms: Yes | Occurrence symptom | timepoints |
| Purpose(s): Identify symptom | Mean age: 35.4 (±11.6) years Range: NR | symptoms | symptom dimensions and timepoints: | Evaluated for symptom clusters across multiple |
| Lin et al., 2019 | n = 126 | Instrument(s): MSAS- Chinese version: 32 | Additional outcomes: N/A 6 symptom clusters identified across the | Strengths: |
| | | | symptoms | |
| | | | remained stable across time with a basis of core | |
| | | | vasomotor, urinary, and sexual symptom clusters | |
| | | | The musculoskeletal. | |
| | | | GI symptom cluster was only present at T1 | |

Nutritional cluster: dry mouth, mouth sores, constipation GI cluster: difficulty concentrating, nausea, vomiting, feeling drowsy, "I don't like myself" Psychological cluster: feeling nervous, feeling sad Body image cluster: itching, changes in skin Severity symptom clusters Nutritional cluster: cough, dry mouth, sweats Sickness behavior cluster: difficulty sleeping, shortness of breath, feeling sad Neuropathy cluster: difficulty concentrating, feeling drowsy Body image cluster: itching, mouth sores T2 Sickness behavior cluster: difficulty concentrating, change in the way food tastes, "I don't look myself" GI cluster: difficulty concentrating, nausea, vomiting, change in the way food tastes

| Psychological cluster: |
|--|
| feeling nervous, difficulty |
| sleeping, feeling sad |
| |
| T3 |
| Nutritional cluster: dry |
| mouth, change in the way |
| food tastes, mouth sores, |
| weight loss, constipation, |
| "I don't like myself" |
| Claboratory difficulty |
| GI cluster: difficulty |
| concentrating, nausea, |
| vomiting, feeling drowsy |
| Psychological cluster: |
| feeling nervous, difficulty |
| sleeping, feeling sad, |
| feeling irritable |
| |
| Body image cluster: |
| itching, changes in skin |
| |
| Distress symptom clusters |
| T1 |
| Nutritional cluster: cough, |
| dry mouth, sweats |
| Cialmana habadian abadam |
| <u>Sickness behavior cluster</u> : shortness of breath, |
| feeling sad, changes in |
| skin |
| SKIII |
| Neuropathy cluster: |
| difficulty concentrating, |
| feeling drowsy, feeling |
| irritable |
| |
| Body image cluster: |
| itching, mouth sores |
| |
| T2 |
| Sickness behavior cluster: |
| difficulty concentrating, change in the way food |
| |

| tastes, "I don't look |
|------------------------------|
| myself" |
| mysen |
| Cl alughar difficulty |
| GI cluster: difficulty |
| concentrating, nausea, |
| vomiting, change in the |
| way food tastes |
| |
| Psychological cluster: |
| feeling nervous, feeling |
| sad |
| Sau |
| Т3 |
| |
| Nutritional cluster: dry |
| mouth, change in the way |
| food tastes, difficulty |
| concentrating, |
| constipation, "I don't like |
| myself |
| Пуэсп |
| Clabora difficulty |
| GI cluster: difficulty |
| concentrating, nausea, |
| vomiting, sweats |
| |
| Psychological cluster: |
| feeling nervous, feeling |
| sad |
| Sau |
| Pody image cluster |
| Body image cluster: |
| itching, changes in skin |
| |
| Changes in symptom |
| clusters over time: |
| |
| The number and |
| agreement of symptoms |
| within each symptom |
| cluster varied across |
| |
| dimensions and over time |
| |
| GI symptom cluster |
| emerged at T2 and |
| remained present at T3. |
| Three core symptoms |
| were present across each |
| i were present across each i |

| mptom multiple |
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| Timepoints of symptom assessment: | constipation, nausea, |
|---|-----------------------------------|
| T1: prior to second or third cycle of CTX | sweats, lack of appetite, |
| T2: approximately 1 week after CTX | weight loss, changes in |
| T3: approximately 2 weeks after CTX | skin, I don't look like |
| | myself, change in the way |
| | food tastes |
| | |
| | Nutritional cluster: |
| | increased appetite, lack of |
| | appetite, weight gain |
| | |
| | T2 |
| | Sickness behavior cluster: |
| | abdominal cramps, |
| | constipation, difficulty |
| | concentrating, feeling |
| | drowsy, lack of energy, |
| | nausea, sweats, vomiting |
| | |
| | <u>Lung cancer-specific</u> |
| | <u>cluster</u> : chest tightness, |
| | cough, difficulty breathing, |
| | shortness of breath |
| | |
| | Psychological cluster: |
| | difficulty concentrating, |
| | feeling bloated, feeling |
| | irritable, feeling nervous, |
| | feeling sad, problems with |
| | sexual interest or activity, |
| | worrying |
| | |
| | <u>Nutritional cluster</u> : |
| | increased appetite, lack of |
| | appetite, weight gain, |
| | weight loss |
| | |
| | Epithelial cluster: changes |
| | in skin, hair loss, "I do not |
| | look like myself", mouth |
| | sores |
| | |
| | T3 |
| | Sickness behavior cluster: |
| | difficulty concentrating, |

feeling drowsy, lack of energy, cough Lung cancer-specific cluster: chest tightness, cough, difficulty breathing, shortness of breath, weight loss, dizziness, pain Epithelial/GI cluster: abdominal cramps, feeling drowsy, sweats, feeling bloated, problems with sexual interest or activity, lack of appetite, weight gain, changes in skin, hair loss, "I do not look like myself", mouth sores, dizziness, change in the way food tastes Psychological cluster: nausea, vomiting, feeling irritable, feeling nervous, feeling sad, worrying Nutritional cluster: increased appetite, lack of appetite, weight gain Severity symptom clusters T1 Lung cancer-specific cluster: feeling drowsy, lack of energy, chest tightness, cough, difficulty breathing, shortness of breath, dizziness, pain Epithelial/GI cluster: constipation, nausea, sweats, lack of appetite, weight loss, changes in skin, "I do not look like

myself", change in the way food tastes Psychological cluster: feeling bloated, feeling irritable, feeling nervous, feeling sad, worrying, weight loss, difficulty sleeping Nutritional cluster: sweats, increased appetite, lack of appetite, weight gain **T2** Sickness behavior cluster: abdominal cramps, constipation, difficulty concentrating, feeling drowsy, lack of energy, nausea, sweats, vomiting, feeling bloated, feeling nervous, feeling sad, problems with sexual interest or activity, worrying, dizziness, dry mouth, pain, swelling of arms or legs Lung cancer-specific <u>cluster</u>: chest tightness, cough, difficulty breathing, dry mouth, shortness of breath Nutritional cluster: increased appetite, lack of appetite, weight gain, weight loss Psychological cluster: feeling irritable, feeling nervous, feeling sad, worrying

Epithelial cluster: changes in skin, "I do not look like myself", mouth sores, swelling of arms or legs Sickness behavior cluster: difficulty concentrating, chest tightness, feeling irritable, feeling nervous, dizziness Lung cancer-specific cluster: difficulty concentrating, feeling drowsy, lack of energy, chest tightness, cough, difficulty breathing, shortness of breath, dry mouth, pain Epithelial/GI cluster: abdominal cramps, constipation, sweats, feeling bloated, problems with sexual interest or activity, lack of appetite, weight loss, changes in skin, hair loss, "I do not look like myself", mouth sores, dizziness, change in the way food tastes Psychological cluster: nausea, vomiting, feeling nervous, feeling sad, worrying Nutritional cluster: increased appetite, weight gain, weight loss Changes in symptom clusters over time:

| | Breast cancer 100.0% | symptom dimensions and/or | | |
|---|---------------------------------|------------------------------|---|--|
| | Diagnosis: | stability of symptoms across | myself" | |
| <u> </u> | Caspationio. II O 10 | Method of evaluating for | irritable, "I don't look like | |
| Location: United States | Outpatients: $n = 540$ | | sad, worrying, feeling | |
| <u>= = = = = = = = = = = = = = = = = = = </u> | Inpatients: <i>n</i> = 0 | within cluster: 0.40 | feeling nervous, feeling | <u></u> |
| Design: longitudinal | | required to include symptom | difficulty concentrating, | Limitations: |
| | Not working 59.0% | Minimum factor loadings | Psychological cluster: | - July and an artist of |
| symptom clusters | Working 41.0% | | | symptom inventory |
| over time in these | Employment status: | Yes | appetite, dizziness | Utilized a valid and reliable |
| Evaluate for changes | | on more than one factor: | and/or feet, lack of | |
| c. cymptom diadto.o | Hispanic, Mixed, or Other 11.4% | Symptoms allowed to load | and/or tingling in hands | experience |
| of symptom clusters | Asian or Pacific Islander 14.9% | Coverity | feeling drowsy, numbness | dimensions of the symptom |
| in the number and types | Black 6.7% | severity | pain, dry mouth, nausea, | created using multiple |
| Evaluate for differences | White 67.0% | Dimension(s): occurrence, | Sickness behavior cluster: | Symptom clusters were |
| common symptoms | Ethnicity and Race: | Allalysis. EPA | T1 | umehomis |
| severity ratings for 38 common symptoms | Female: 99.1% | Analysis: EFA | Occurrence symptom clusters | timepoints |
| occurrence rates and | Famala: 00 19/ | symptoms: Yes | Occurrence symptom | Evaluated for symptom clusters across multiple |
| Determine the | Range: NR | Criteria used to exclude | timepoints: | Freshort different |
| Purpose(s): | Mean age: 53.3 (±11.6) years | | symptom dimensions and | Large sample size |
| 1 | | (modified): 38 symptoms | identified across the | |
| Sullivan et al., 2018 | n = 540 | Instrument(s): MSAS | 8 symptom clusters | Strengths: |
| | | | Additional outcomes: N/A | |
| | | | | |
| | | | severity dimension | |
| | | | present at T1 in the | |
| | | | T2 and T3, but was not | |
| | | | present across both symptom dimensions at | |
| | | | symptom cluster was | |
| | | | Sickness behavior | |
| | | | | |
| | | | dimension | |
| | | | but not symptom | |
| | | | (i.e., epithelial/GI, epithelial) varied by time | |
| | | | Two symptom clusters | |
| | | | · | |
| 1 | | | six timepoints | |
| | | | dimensions and across all | |
| | | | across both symptom | |
| | | | were relatively stable | |
| | | | | |
| | | | | |
| | | | Three symptom clusters (i.e., lung-cancer specific, psychological, nutritional) | |

timepoints: Kirkova and Hormonal cluster: hot Treatment: Walsh, 2007 flashes, sweats Adjuvant CTX 74.0% Neoadjuvant CTX 26.0% Analysis of secondary GI cluster: difficulty sleeping, abdominal outcomes: N/A Timepoints of symptom assessment: cramps, shortness of T1: prior to second or third cycle of CTX breath, weight loss T2: approximately 1 week after CTX T3: approximately 2 weeks after CTX Weight change cluster: weight gain, weight loss Epithelial cluster: weight gain, mouth sores, hair loss, change in the way food tastes, changes in skin T2 Psychological cluster: feeling nervous, feeling sad, worrying, feeling irritable, "I don't look like myself" Hormonal cluster: hot flashes, difficulty sleeping, sweats, problems with sexual interest or activity Nutritional cluster: dry mouth, nausea, lack of appetite, change in the way food tastes, weight loss, abdominal cramps, diarrhea GI cluster: weight loss, feeling bloated, weight gain Epithelial cluster: "I do not look like myself", change in the way food tastes, hair loss, mouth sores

| T2 |
|-------------------------------|
| T3 |
| Hormonal cluster: hot |
| flashes, sweats |
| |
| Psychological cluster: |
| worrying, feeling irritable, |
| difficulty concentrating, |
| feeling nervous, feeling |
| drowsy, feeling sad |
| ,, , |
| GI cluster: abdominal |
| cramps, difficulty sleeping, |
| feeling bloated, weight |
| gain, nausea |
| yaiii, iiausea |
| Nutritional cluster: weight |
| gain, nausea, lack of |
| appetite, weight loss, |
| |
| change in the way food |
| tastes |
| Enithalial about on the con- |
| Epithelial cluster: change |
| in the way food tastes, |
| changes in skin, mouth |
| sores, "I do not look like |
| myself", itching |
| |
| Severity symptom clusters |
| T1 |
| Psychological cluster: |
| difficulty concentrating, |
| feeling nervous, feeling |
| sad, worrying, feeling |
| irritable, "I don't look like |
| myself" |
| ' |
| Sickness behavior cluster: |
| pain, dry mouth, nausea, |
| feeling drowsy, dizziness |
| , |
| Hormonal cluster: sweats, |
| hot flashes |
| The hadride |
| |

| GI cluster: feeling bloated, |
|---|
| diarrhea, abdominal |
| cramps |
| Weight change cluster: lack of appetite, weight |
| gain, weight loss |
| Epithelial cluster: "I do not look like myself", weight |
| gain, change in the way |
| food tastes, changes in skin, hair loss |
| T2 |
| Hormonal cluster: hot flashes, sweats |
| Psychological cluster: feeling sad, feeling |
| nervous, worrying, feeling |
| irritable |
| CTX-neuropathy cluster: feeling drowsy, numbness |
| in hands and/or feet, pain |
| GI cluster: feeling bloated, abdominal cramps, weight |
| gain |
| Nutritional cluster: weight |
| gain, weight loss, nausea, lack of appetite |
| Epithelial cluster: hair |
| loss, change in the way food tastes, "I do not look |
| like myself", changes in skin, mouth sores |
| Т3 |
| Hormonal cluster: hot |
| flashes, sweats |

| | | | Psychological cluster: | |
|---------------------------|------------------------------|--------------------------|------------------------------|--------------------------|
| | | | difficulty concentrating, | |
| | | | feeling nervous, feeling | |
| | | | sad, feeling drowsy, | |
| | | | | |
| | | | worrying, feeling irritable | |
| | | | | |
| | | | GI cluster: feeling bloated, | |
| | | | abdominal cramps, weight | |
| | | | gain | |
| | | | | |
| | | | Nutritional cluster: weight | |
| | | | gain, nausea, lack of | |
| | | | appetite, weight loss, | |
| | | | | |
| | | | change in the way food | |
| | | | tastes | |
| | | | | |
| | | | Epithelial cluster: change | |
| | | | in the way food tastes, | |
| | | | mouth sores, hair loss, "I | |
| | | | don't look like myself", | |
| | | | changes in skin | |
| | | | onangee in ekin | |
| | | | Changes in symptom | |
| | | | clusters over time: | |
| | | | ciusters over time. | |
| | | | | |
| | | | Five symptom clusters | |
| | | | (i.e., psychological, | |
| | | | hormonal, nutritional, GI, | |
| | | | epithelial) were relatively | |
| | | | stable across both | |
| | | | symptom dimensions and | |
| | | | across all six timepoints | |
| | | | aoross air six timepoints | |
| | | | Two exempters elucters | |
| | | | Two symptom clusters | |
| | | | (i.e., sickness behavior, | |
| | | | weight change) varied by | |
| | | | time but not symptom | |
| | | | dimension | |
| | | | | |
| | | | Additional outcomes: N/A | |
| Wiggenraad et al., 2020 | n = 60 (total sample n=206) | Instrument(s): MSAS: 32 | 3 symptom clusters | Strengths: |
|] | | symptoms | identified across each | |
| Purpose(s): | Mean age: 53.3 (±10.0) years | - Jp. 101110 | timepoint for the control | Evaluated for symptom |
| Evaluate for longitudinal | Range: NR | Criteria used to exclude | | clusters across multiple |
| | Nange. NN | | group: | |
| changes in symptom | <u> </u> | symptoms: Yes | <u> </u> | timepoints |

| clusters and core | Female: 100.0% | | T1 | |
|------------------------------|---|--|---|---------------------------|
| burdensome symptoms | | Analysis: PCA | Emotional cluster: feeling | Symptom clusters were |
| in breast cancer patients | Ethnicity: NR | | nervous, lack of appetite, | created using symptom |
| | | Dimension(s): symptom | feeling sad, feeling | burden |
| <u>Design</u> : longitudinal | Race: NR | burden (calculated as the | irritable, pain, difficulty | |
| | | average of the frequency, | sleeping, shortness of | Used a valid and reliable |
| Location: Sweden | Employment status: | severity, and distress scores | breath, "I don't look like | symptom measure |
| | Employed 80.3% | of each symptom) | myself" | 1 |
| | Not employed 19.7% | Symptoms allowed to load | Trootmont related toyicity | <u>Limitations</u> : |
| | Inpatients: NR | Symptoms allowed to load on more than one factor: No | Treatment-related toxicity cluster: lack of energy, | Patients were recruited |
| | Outpatients: NR | on more than one factor. No | difficulty concentrating, | from a single hospital |
| | Outpatients, NK | Minimum factor loadings | feeling bloated, diarrhea, | ITOTTI a Sirigle Hospital |
| | Diagnosis: | required to include symptom | worrying, feeling drowsy, | Small sample size |
| | Breast cancer 100.0% | within cluster: 0.50 | nausea | Ciriali campie dize |
| | | | | Did not use a method to |
| | Treatment: | Method of evaluating for | Physical cluster: hair loss, | assess for stability of |
| | Adjuvant CTX 100.0% | stability of symptoms across | changes in the way food | symptoms across |
| | | symptom dimensions and/or | tastes, sweats | timepoints |
| | Timepoints of symptom assessment: | timepoints: NR | | |
| | T1: 1 week prior to 2 nd CTX treatment | | T2 | |
| | (baseline) | Analysis of secondary | Emotional cluster: feeling | |
| | T2: 16 weeks post-T1 | outcomes: N/A | irritable, swelling of arms | |
| | T3: 12-months post-T1 | | or legs, problems with | |
| | | | sexual interest or activity, sweats, feeling bloated, | |
| | | | feeling sad, worrying, | |
| | | | numbness | |
| | | | Humbriess | |
| | | | Treatment-related toxicity | |
| | | | cluster: lack of appetite, | |
| | | | dry mouth, changes in the | |
| | | | way food tastes, changes | |
| | | | in skin | |
| | | | | |
| | | | Physical cluster: difficulty | |
| | | | sleeping, feeling drowsy, | |
| | | | "I don't look like myself", | |
| | | | difficulty concentrating, | |
| | | | lack of energy | |
| | | | Т3 | |
| | | | Emotional cluster: lack of | |
| | | | energy, feeling nervous, | |
| | | | feeling sad, difficulty | |

| | concentrating, feeling |
|---|--|
| | irritable, pain |
| | masio, pain |
| | |
| | Treatment-related toxicity |
| | <u>cluster</u> : numbness, sweats |
| | <u></u> |
| | |
| | Physical cluster: dry |
| | mouth, difficulty sleeping |
| | , , , , , |
| | Oh an mara im a summata ma |
| | <u>Changes in symptom</u> |
| | clusters over time: |
| | |
| | Three symptom clusters |
| | Three symptom clusters |
| | were discovered at each |
| | timepoint |
| | |
| | |
| | However, the symptoms |
| | within two of the symptom |
| | clusters (i.e., treatment- |
| | |
| | related, physical) were not |
| | stable |
| | |
| | Symptoms within only one |
| | Symptoms within only one |
| | cluster (i.e., emotional) |
| | remained relatively stable |
| | across timepoints |
| | across unepoints |
| | |
| | Additional outcomes: N/A |
| Abbreviations: ALL = acute lymphoblastic leukemia: AML = acute myeloid le | eukemia; ASA = American Society of Anesthesiologists; CTX = chemotherapy; CIPN = |

Abbreviations: ALL = acute lymphoblastic leukemia; AML = acute myeloid leukemia; ASA = American Society of Anesthesiologists; CTX = chemotherapy; CIPN = chemotherapy-induced peripheral neuropathy; EFA = exploratory factor analysis; FACIT-F = Functional assessment of Chronic Illness Therapy-Fatigue; FACT = Functional Assessment of Cancer Therapy; FEC = 5-fluorouracil, epirubicin, and cyclophosphamide; FSIS = Female Sexual Function Index; GI = gastrointestinal; HADS = Hospital Anxiety and Depression Scale; MDASI = M.D. Anderson Symptom Instrument; MSAS = Memorial Symptom Assessment Scale; NR = not reported; NRS = Numeric Rating Scale; PCA = principle component analysis; PSQI = Pittsburgh Sleep Quality Index; QOL = quality of life; SES = Symptom Experience Scale; TSO = Treatment-Specific Optimism