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Diagnostic features, management, and prognosis of Type 2 myocardial infarction: A systematic review and meta-analysis.

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Title Page

Manuscript Title

Diagnostic features, management, and prognosis of Type 2 myocardial infarction: A systematic review and meta-analysis.

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Abstract

Importance

Distinguishing type 2 (T2MI) from type 1 myocardial infarction (T1MI) in clinical practice can be difficult, and the management and prognosis for T2MI remain uncertain.

Objective

To compare precipitating factors, risk factors, investigations, management, and outcomes for T2MI and T1MI.

Data Sources

MEDLINE and EMBASE databases as well as reference list of recent articles were searched January 2009 to December 2020 for term “type 2 myocardial infarction”.

Study Selection

Studies were included if they analysed if universal definition of MI was used and reported quantitative data on at least one variable of interest.

Data Extraction and Synthesis

Data was pooled using random-effect meta-analysis. Risk of bias was assessed using Newcastle-Ottawa Quality Assessment Form. Preferred Reporting Items for Systematic Reviews and Meta-analyses (PRISMA) guidelines were followed. All review stages were conducted by two reviewers.

Main Outcomes and Measures

Risk factors, presenting symptoms, cardiac investigations such as troponin and angiogram, management, and outcomes such as mortality.

Results

41 cohort studies comprising 116,565 T1MI and 15,258 T2MI patients were included. Compared to T1MI, T2MI patients were: more likely to have pre-existing chronic kidney disease (OR 1.89; 95%CI 1.59-2.25) and chronic heart failure (OR 2.34; 95%CI 1.87-2.93), less likely to present with typical cardiac symptoms of chest pain (OR 0.19; 95%CI 0.15-0.26) and more likely to present with dyspnoea (OR 2.83; 95%CI 1.96-4.08); more likely to demonstrate non-specific ST-T wave changes on electrocardiography (OR 2.62; 95%CI 1.81-3.79) and less likely to show ST elevation (OR 0.22; 95%CI 0.18-0.28); less likely to undergo coronary angiography (OR 0.09; 95%CI 0.06-0.12) and percutaneous coronary intervention (OR 0.06; 95%CI 0.04-0.10) or receive cardioprotective medications, such as statins (OR 0.25; 95%CI 0.17-0.36) and beta-blockers (OR 0.46; 95%CI 0.34-0.62). T2MI had more risk of all cause one-year mortality (OR 2.94; 95%CI 2.07-4.17), with no differences in cardiovascular deaths (OR 1.17; 95%CI 0.70-1.97).

Conclusion and Relevance

This review has identified clinical, management and survival differences between T2MI and T1MI with greater precision and scope than previously reported. Differential use of coronary

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3 revascularisation and cardioprotective medications highlight ongoing uncertainty of their utility in
4 T2MI compared to T1MI.
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13 Strength and Limitations

- 14 • Inclusion of all contemporary cohort studies in the troponin era
 - 15 • Large patient population of T2MI and T1MI patients analysed allowing high level of precision
 - 16 • Wide array of clinically significant variables assessed providing a comprehensive analysis
 - 17 • Analysis of crude mortality due to individual patient data not available
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Introduction

The clinical definition of myocardial infarction has evolved over time (Table S1). The 2007 Universal Definition of Myocardial Infarction included a subset of MI that was secondary to aetiologies unrelated to underlying occlusive coronary artery disease (1). In 2012, the Third Universal Definition of Myocardial Infarction Consensus Document (2) gave rise to the aetiological distinction between T1MI, defined as MI due to plaque erosion and/or rupture, and T2MI, defined as MI caused by increased oxygen demand or decreased blood supply, in the absence of acute plaque rupture or coronary thrombosis. More recently, in 2018, the Fourth Universal definition of MI updated concepts of T2MI regarding specific situations associated with oxygen demand and supply imbalance and the relevance of the presence or absence of underlying coronary artery disease to therapy and prognosis (3).

In clinical practice, distinguishing T2MI from T1MI based on clinical presentation, electrocardiograph (ECG) features and cardiac troponin (cTn) values can be difficult. In the absence of randomised controlled trials that have evaluated different investigational and therapeutic interventions in patients with T2MI, there is uncertainty around the appropriate management of such patients, particularly those with known or suspected coronary artery disease. Past reviews have assessed one or more attributes of T2MI in comparison to T1MI (4-8) but, to our knowledge, none have undertaken a comprehensive analysis of symptoms, physical signs, investigation results, management regimens and clinical outcomes of T2MI versus T1MI.

We undertook a systematic review of observational studies with the aims of identifying diagnostic and investigational findings which can assist clinicians to better distinguish T2MI from T1MI, different management strategies in T2MI compared to T1MI and differences in clinical outcomes between T2MI and T1MI.

Methods

Study design

The review was undertaken in accordance with recommendations of the Cochrane Collaboration and Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) statement (9). Our review was registered on PROSPERO prior to commencement (Registration number: CRD42021237746). MEDLINE and EMBASE databases were searched for all studies published between January 1st, 2009, and December 31st, 2020, using search terms to identify all studies related to T2MI (Tables S2, S3). Reference lists of all relevant articles were also assessed to identify additional relevant studies. The study PRISMA flowchart is shown in Figure 1.

Studies were selected if they compared patient populations with T2MI and T1MI, used a universal definition of MI and included at least one variable of interest. Studies were excluded if no full text was available or less than 200 participants. Initial screening of titles and abstracts for eligible studies was performed independently by two authors (MK, KW), as was full text review for inclusion, with any differences in review settled by consensus agreement.

Data collection and synthesis

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3 Data pertaining to all variables of interest were collected from all included studies using a
4 standardised proforma by one author (MK) and independently reviewed by the second author (KW).
5 These variables comprised: study dates, design, sample size, definition used to define T2MI and
6 T1MI, patient demographics, pre-existing medical conditions, precipitating factors, clinical
7 symptoms, ECG findings, laboratory values, echocardiographic results, any clinical interventions or
8 medical treatments administered, and clinical outcomes observed.
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11 Data on variables reported as, or able to be converted to, raw numbers, were pooled from all studies
12 and subject to comparative meta-analysis using Review Manager (RevMan, Computer program.
13 Version 5.3. Copenhagen: The Nordic Cochrane Centre, The Cochrane Collaboration, 2014). For each
14 variable, the weighted odds ratio (OR) comparing T2MI to T1MI, and its 95% confidence interval (CI),
15 was calculated using the random effects method in anticipation of study heterogeneity of at least
16 moderate degree (I^2 statistic of heterogeneity >50%) (10). In addition to the weighted OR, we also
17 report the crude, unweighted total event rates for each variable subject to meta-analysis in order to
18 provide a more clinically meaningful estimate of the prevalence of these events in each patient
19 group in view of the large sample sizes. Studies reporting mean or median values only are also
20 reproduced as reported in the original study.
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25 Risk of bias within each study was assessed using the Newcastle-Ottawa quality assessment tool for
26 cohort studies (11, 12), with scores 7-8 denoting good quality studies, 4-6 fair quality, and 0-3 poor
27 quality.
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30 Patient and Public Involvement

31 No patient involved.
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34 Results

35 A total of 41 studies were included for analysis (13-53) and their characteristics are summarised in
36 the online supplement, Table S4. They comprised a total of 131,823 participants of whom 116,565
37 participants (88%) were identified as T1MI and 15,258 (12%) as T2MI.
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40 The 2007 definition (1) was used in 8 (19%) studies (15-17, 28, 30, 44, 45, 52), the 2012 definition
41 (2) was used in 25 (61%) studies (13, 18, 20-22, 24-27, 31-36, 38, 40, 41, 43, 46-49, 51, 53), and the
42 2018 definition (3) was used 8 (19%) studies (14, 19, 23, 29, 37, 39, 42, 50). Of the 41 studies, 18
43 (44%) were prospective (15-17, 19, 20, 23, 30, 34, 35, 37, 38, 44, 45, 47-49, 51, 52) and 23 (56%)
44 were retrospective (13, 14, 18, 21, 22, 24-29, 31-33, 36, 39-43, 47, 50, 53).
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49 Risk of bias assessment

50 Of the 41 studies, 32 (78%) were assessed as good quality (13, 15-20, 23, 24, 28-36, 38-47, 49, 53), 6
51 (15%) as fair quality (14, 25-27, 50), and 3 (7%) as poor quality (21, 37, 48), as summarised in online
52 supplement, Table S5. Selection bias resulting in unrepresentative cohorts such as admission criteria
53 to coronary care units or entry criteria into MI registries favouring T1MI (14, 21, 25-27, 37, 48, 50),
54 absence of independent adjudication of MI type as T1MI or T2MI (37, 39, 48), non-comparability of
55 T1MI and T2MI cohorts (21, 25, 26, 48), poorly specified outcome measures (37, 39, 48) and short
56 follow-up period resulting in few events (14, 21, 25, 37) comprised most forms of bias.
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Participant characteristics

Patients with T1MI had a median age range of 60-82 years in the included studies that did not select a specific age population, compared to a median age range of 62-79 years in patients with T2MI. The sex distribution was also similar, with 59.8% and 54% of patients with T1MI and T2MI being male respectively.

Regarding pre-existing medical conditions (Table 1), T2MI patients compared to T1MI patients were more likely to have chronic kidney disease (26.9% vs 19.3%; OR 1.89; 95%CI 1.59-2.25), chronic heart failure (19% vs 8.1%; OR 2.34; 95%CI 1.87-2.93), atrial fibrillation (22.9% vs 6.1%; OR 3.02; 95%CI 2.29-3.99), and hypertension (66.8% vs 61.3%; OR 1.22; 95%CI 1.05-1.43). Patients with T2MI were less likely to have dyslipidaemia (43.4% vs 45.9%; OR 0.74; 95%CI 0.58-0.94) and smoking history (37.2% vs 53.9%; OR 0.61; 95%CI 0.50-0.74). There was no difference in the prevalence of type 2 diabetes mellitus or ischaemic heart disease between the two groups.

Precipitating factors

Less than half of the studies (n=18; 44%) included data on precipitating factors associated with T2MI (13, 15, 16, 18, 20, 22-25, 28, 32, 33, 36, 41, 45, 46, 51, 52). Data on each precipitating factor was not constantly available across the studies, for example only 18 studies representing 45% of T2MI patients assessed for presence of arrhythmia

The most common precipitant was sepsis (35.9%), followed by arrhythmia (29.8%), and heart failure 28.6% (Table S6), with non-cardiac surgery being deemed a cause in 12.2% of cases where data for this variable were collected.

Presenting clinical features

As summarised in Table S7, compared to T1MI patients, T2MI patients were less likely to present with typical cardiac symptoms of chest pain (59.2% vs 87.7%; OR 0.19; 95%CI 0.15-0.26) or discomfort in the arm or shoulder (8.5% vs 35%; OR 0.18; 95%CI 0.11-0.3). In contrast, T2MI patients were more likely to present with dyspnoea (27.6% vs 9.9%; OR 2.83; 95%CI 1.96-4.08).

Investigations

With regards to ECG findings on presentation (Table S8), ST elevation (13.4% vs 42.1%; OR 0.22; 95%CI 0.18-0.28) and pathological Q waves (6.7% vs 20.8%; OR 0.38; 95%CI 0.20-0.71) were less likely to be observed in T2MI than in T1MI. In contrast, non-specific ST-T wave changes (24.7% vs 10.8%; OR 2.62; 95%CI 1.81-3.79), and atrial arrhythmias (27% vs 10.2%; OR 3.70; 95%CI 2.87-4.77) were more common among T2MI than T1MI patients. No differences between groups were seen in the frequency of ST depression or T wave inversion.

Cardiac troponin results were reported in 27 studies (Table S8), with 19 reporting cTnI (13, 18-20, 26, 28, 30, 33, 35, 36, 38-40, 44-47, 49, 51), 6 reporting cTnT (15, 16, 31, 32, 42, 43), one reporting both (21) and one not specifying the assay used (24). Only two of the 27 studies reporting troponin failed to state the upper limit of normal (ULN) of the assay used (24, 32). The troponin assays, and therefore units and reference ranges, varied between the studies, preventing direct comparison of troponin values. As a result, troponin values were converted to a multiple of the upper limit of normal for each assay to allow direct comparison. For peak troponin, patients with T1MI had a

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3 higher and wider range of 5-1702 times the ULN compared to patients with T2MI with a range of
4 2.8-447 times the ULN. Studies yielded mixed results as to whether the magnitude of change (or
5 delta) in serial cardiac troponin assays was more predictive of T2MI or T1MI compared to absolute
6 values of peak levels (34). Lowering the diagnostic threshold for troponin with the advent of more
7 sensitive troponin assays preferentially increased the numbers of patients identified with T2MI by up
8 to 50% (37), with more recent studies showing the incidence of T2MI equalling or exceeding that of
9 T1MI (16, 34, 37).
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13 Echocardiography was less frequently performed among T2MI than T1MI patients (47.9% vs 55.5%;
14 OR 0.44; 95%CI 0.20-0.96) and when reported (Table S8), there was no difference in the prevalence
15 of regional wall motion abnormalities or the level of left ventricular (LV) function, with median LV
16 ejection fraction being 42.3%-55% in T1MI patients and 40%-56% in T2MI patients.
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19 Coronary angiography was also less frequently performed among T2MI than in T1MI patients (34.4%
20 vs 83.4%; OR 0.09; 95%CI 0.06-0.12, Table S8). When performed, T2MI patients were less likely to
21 demonstrate obstructive coronary artery disease (34% vs 44.9%; OR 0.16; 95%CI 0.05-0.54), with
22 obstruction variously defined as 50%-70% occlusion of one or more vessels.
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25 Management

26 T2MI patients, compared to T1MI patients, were significantly less likely to receive conventional
27 cardioprotective medications (Table 2), comprising beta blockers (61.6% vs 78.2%; OR 0.46; 95%CI
28 0.34-0.62), anti-platelet agents (57.4% vs 87.3%; OR 0.24; 95%CI 0.17-0.36) and statins (55.3% vs
29 87.2%; OR 0.25; 95%CI 0.17-0.36). Of note, T2MI patients were more likely to receive diuretics
30 (46.5% vs 18.8%; OR 1.99; 95%CI 1.56-2.53) or anti-coagulants (26.1% vs 21.3%; OR 1.90; 95%CI
31 1.17-3.10).
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34 Percutaneous coronary intervention (PCI) (20% vs 75.1%; OR 0.06; 95%CI 0.04-0.10) and coronary
35 artery bypass surgery (2.4% vs 6.1%; OR 0.23; 95%CI 0.12-0.42) were also significantly less likely to
36 be performed in T2MI patients than T1MI patients.
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40 Prognosis

41 T2MI patients had significantly increased risk of all-cause death compared to patients with T1MI in
42 both short- and long-term follow-up (Table 3). Specifically, compared to T1MI patients, T2MI
43 demonstrated increased all-cause mortality in-hospital (12.5% vs 5.8%; OR 1.94; 95%CI 1.35-2.79,
44 Figure S44), at one-year (20.6% vs 8.8%; OR 2.94; 95%CI 2.07-4.17, Figure 1) and at 5 to 10 years,
45 (53.7% vs 28.5%, OR 3.24; 95%CI 2.73-3.84, Figure 2). In contrast, there were no differences
46 between T2MI and T1MI patients in the risk of cardiovascular related in-hospital mortality (6% vs
47 3.8%; OR 1.17; 95%CI 0.70-1.97) or short-term mortality at 120-180 days (23.0% vs 12.5%; OR 1.34;
48 95%CI 0.63-2.85).
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54 Discussion

55 Up to three quarters of all myocardial infarctions in routine care can be T2MI (34, 35), the
56 management of which is different to that for T1MI. Distinguishing T2MI from T1MI on clinical criteria
57 is often challenging, the management strategies used by clinicians in real-world practice for T2MI
58 often vary, and the clinical outcomes of T2MI compared to T1MI, particularly over the long term,
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3 have been uncertain. This comprehensive review of contemporary studies provides information that
4 helps characterise these two groups of patients according to multiple variables and may assist in
5 clinical decision-making and prognostication.
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8 In this review, T2MI patients were older with more medical comorbidities than T1MI patients, as
9 noted in a recent meta-analysis (6). Our review highlighted the much higher incidence of pre-existing
10 generalised vascular disease, atrial fibrillation, renal impairment, and heart failure among T2MI
11 patients.
12

13 Sepsis (10, 17, 28) and anaemia (52) ranked highly as triggers, together with other acute cardiac
14 events such as valve dysfunction or arrhythmias. In one study, a more favourable prognosis in T2MI
15 was seen when the principal trigger was arrhythmia, in comparison with non-cardiac surgery,
16 hypotension, anaemia or hypoxia (30). In another study, only shock syndromes were triggers
17 portending a worse prognosis compared to all other triggers (33). In our analysis, non-cardiac
18 surgery as a trigger of T2MI was less frequent than reported by other investigators (27) whereby
19 peri-operative stressors including blood loss, anaesthesia induced hypotension and wound infections
20 cause imbalance in myocardial contractility, oxygen demand and blood flow (54).
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24 Analysis of cTn levels showed uniformly higher values in T1MI than T2MI which accord with one
25 review (5) reporting cTn values 30% to 94% higher in patients with T1MI, and which other
26 investigators regard as being highly specific diagnostic markers for T1MI (54).
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30 Coronary angiography and revascularisation were both performed much less frequently in T2MI than
31 in T1MI patients. Treating physicians may perceive invasive strategies as being contraindicated or
32 potentially harmful in the presence of various co-morbidities more commonly seen in T2MI and
33 which are associated with competing mortality risk. In our pooled data, only 1 in 3 T2MI patients
34 who underwent angiography demonstrated obstructive coronary artery disease, although this figure
35 may be an underestimate due to selection bias whereby younger, less multi-morbid patients
36 preferentially underwent angiography. In contrast, in the CASABLANCA cohort study where all
37 consecutive patients with incident T2MI underwent angiography, 47.7% demonstrated $\geq 70\%$
38 stenosis in at least 2 major coronary arteries (55). These conflicting findings question whether
39 patients presenting with T2MI would benefit from routine use of invasive strategies that define
40 coronary anatomy and, if plaque rupture or critical stenoses are seen, prompt revascularisation, with
41 resultant improvement in patient outcomes. In one study (19), angiography unmasked acute plaque
42 rupture in 29% of patients classified as T2MI. In another study, among 11.4% of 236 patients with
43 T2MI who underwent revascularisation, the odds of all-cause death were reduced by 67% compared
44 to the remaining 88.6% who were not revascularized (24). In contrast, in a third more rigorous study
45 comparing T2MI versus T1MI patients following PCI within 24 hours of symptom onset, and adjusting
46 results using multivariate logistic regression analysis and inverted probability weighting, (15) in-
47 hospital mortality was lower in patients with T1MI and receiving PCI (OR 0.47; 95% CI 0.40–0.55; $p <$
48 0.001), but not in those with T2MI receiving PCI (OR 1.09; 95% CI 0.62–1.94; $p = 0.763$). However, all
49 these studies are observational, so completion of randomised trials, such as the Appropriateness of
50 Coronary investigation in myocardial injury and Type 2 myocardial infarction (ACT-2) trial which is
51 currently in recruitment (54), will hopefully provide a more definitive answer.
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3 The lower use of cardioprotective agents in T2MI patients remains unexplained, reflecting either
4 uncertainty around their cardioprotective utility in T2MI, or concerns about the potential for adverse
5 interactions with other drugs or diseases commonly seen in multi-morbid T2MI patients. The higher
6 use of diuretics in the T2MI population likely reflects the higher prevalence of heart failure and
7 hypertension.
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10 An important finding is the much higher all-cause in-hospital and one-year mortality in T2MI
11 compared to T1MI patients, which is similar to the two-fold greater mortality rate in T2MI noted in a
12 recent systematic review of 9 studies (8). In our review, this excess mortality was not driven by an
13 excess of cardiovascular deaths, and likely reflects the competing risks of older age and multiple co-
14 morbidities, rather than underlying multi-vessel obstructive coronary artery disease which was seen
15 in 30-50% of T2MI patients (27, 32). Studies yielded mixed results as to whether coronary artery
16 disease is an independent predictor of T2MI (21, 43), while others question the angiographic
17 distinction between T2MI and T1MI. For example, in a study of 450 consecutive patients with MI
18 who all underwent coronary angiography within 24 hours of symptom onset, 145 (32.2%) patients
19 had 'true' T1MI (acute atherothrombosis and no systemic triggers), 114 (25.3%) had 'true' T2MI (no
20 atherothrombosis and systemic triggers), 61 (13.6%) patients had neither, and 130 (28.9%) patients
21 had both, suggesting a discordance of angiographic and clinical definitions of MI type in 42.5% of
22 patients (41).
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28 Our review has several limitations. First, in the absence of individual patient data from all included
29 studies, we were unable to perform multivariate regression analysis in identifying weighted
30 predictors of diagnosis, management, or prognosis of T2MI. Second, we did not perform separate
31 analyses of cohort studies that used different versions of the Universal Definition of MI or used
32 different troponin thresholds to define MI, which may impact management and prognosis. The only
33 study which compared T2MI cohorts as defined by the 2007 and the 2012 versions revealed a lower
34 frequency of co-morbidities and less use of cardioprotective medications in the 2012 cohort, likely
35 due to less severe MIs as a result of using more sensitive troponin assays (23). Third, we did not
36 collect haemodynamic variables in analysing clinical presentations as these were very inconsistently
37 reported. Fourth, our mortality meta-analyses relied on crude mortality rates reported in each study,
38 with 56% of studies (15-20, 23-29, 31, 32, 35, 36, 38, 41-43, 46, 47) also undertaking multivariate
39 regression and/or competing risk analyses and reporting adjusted mortality rates which, for the
40 T2MI cohorts in general, tended to be lower, and the differences in rates compared to those of T1MI
41 were of smaller magnitude. Fifth, we did not analyse 30-day readmission rates as these were
42 reported in only three studies (13, 14, 24). Sixth, we did not perform sensitivity analyses comparing
43 results of prospective versus retrospective studies, as neither group demonstrated less or more risk
44 of bias than the other, or compare results of good quality studies against fair/poor quality studies as
45 the latter comprised only 16.7% (22,001/131,823) of all patients. Finally, we did not attempt sub-
46 analyses based on risk stratification using validated risk scores or seek to identify predictive models
47 for mortality, as such analyses were reported in only two studies (27, 41).
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55 The strengths of this review are the inclusion of all contemporary cohort studies in the troponin era,
56 analysis of a broader range of variables than those of previous studies, and the more precise
57 discernment of clinically meaningful differences between the two MI populations in patient
58 characteristics, patterns of care and outcomes.
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Our findings help to inform clinical diagnosis and management, hospital coding and epidemiological trending, quality of care indicators and inter-hospital benchmarking of performance relating to the care of patients with a diagnosis of T2MI.

Conclusion

This review has identified differences between T2MI and T1MI patients in presenting clinical features, investigation and management profiles, and clinical outcomes with greater scope and precision than previously reported. These findings may assist clinicians to better recognise T2MI and advise patients about its sequelae. The review has also helped define persisting gaps in our understanding of the utility and prognostic effects of invasive investigations, revascularization strategies and cardioprotective medications in T2MI patients that can only be remedied by conducting more randomised trials that enrol such patients.

Tables

Table 1. Pre-existing medical conditions in patients with T2MI versus T1MI.

Pre-existing medical condition	T2MI			T1MI			Odds ratio* (95% CI)
	Number of patients with the specified condition	Total number of patients	%	Number of patients with the specified condition	Total number of patients	%	
CAD	3915	11706	33.4%	27538	110213	25.0%	1.13 [0.96, 1.32]
Type 2 DM	3420	13560	25.2%	27169	110833	24.5%	0.98 [0.86, 1.10]
HTN	8296	12424	66.8%	64648	105505	61.3%	1.22 [1.05, 1.43]
Dyslipidaemia	4626	10652	43.4%	40099	87366	45.9%	0.74 [0.58, 0.94]
Smoker	4213	11332	37.2%	49796	92377	53.9%	0.61 [0.50, 0.74]
Obesity	1225	3672	33.4%	30963	56970	54.3%	0.63 [0.46, 0.87]
Renal failure	2002	7443	26.9%	15969	82882	19.3%	1.89 [1.59, 2.25]
Heart failure	1949	10276	19.0%	7471	91700	8.1%	2.34 [1.87, 2.93]
PVD	584	5856	10.0%	2066	41280	5.0%	1.33 [1.05, 1.69]
CVD	1164	9941	11.7%	7669	105310	7.3%	1.48 [1.30, 1.69]
Atrial fibrillation	836	3645	22.9%	1220	19843	6.1%	3.02 [2.29, 3.99]
COPD	800	5018	15.9%	823	48375	1.7%	1.94 [1.22, 3.08]
Illicit drug Use	46	204	22.5%	8	220	3.6%	8.15 [1.03, 64.46]

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3 *Comparing T2MI with T1MI patients, with odds ratio adjusted according to study weighting using random
4 effects meta-analysis
5 Abbreviations: CAD- coronary heart disease, DM- diabetes mellitus, HTN- hypertension, BMI- body mass
6 index, PVD- peripheral vascular disease, CVD- cerebrovascular disease, COPD- chronic obstructive
7 pulmonary disease
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Table 2. Medical management and invasive interventions in patients with T2MI versus T1MI.

Intervention	T2MI			T1MI			Odds ratio* (95% CI)
	No. patients receiving intervention	Total number of patients	%	No. patients receiving intervention	Total number of patients	%	
Medication							
Beta blockers	6113	9926	61.6%	78733	100645	78.2%	0.46 [0.34, 0.62]
ACEI / ARB	4692	9245	50.8%	69684	99281	70.2%	0.52 [0.41, 0.66]
Anti-platelets	5742	10002	57.4%	88612	101492	87.3%	0.24 [0.17, 0.36]
Anti-coagulants	1738	6658	26.1%	17048	79903	21.3%	1.90 [1.17, 3.10]
Anti-anginal agents	2322	3594	64.6%	55149	60256	91.5%	0.51 [0.26, 1.00]
Diuretics	2042	4388	46.5%	11877	63267	18.8%	1.99 [1.56, 2.53]
Statins	4344	7858	55.3%	71915	82430	87.2%	0.25 [0.17, 0.36]
Invasive							
PCI	2267	11339	20.0%	78009	103913	75.1%	0.06 [0.04, 0.10]
CABG	117	4854	2.4%	4010	66219	6.1%	0.23 [0.12, 0.42]

*Comparing T2MI with T1MI patients, with odds ratio adjusted according to study weighting using random effects meta-analysis
 Abbreviations: ACEI- Angiotensin converting enzyme inhibitors, ARB- Angiotensin receptor blockers; CI=confidence interval; T2MI=type 2 myocardial infarction; T1MI=type 1 myocardial infarction; PCI=percutaneous coronary intervention; CABG=coronary artery bypass graft

Table 3. Outcomes in patients with T2MI versus T1MI.

Outcomes	T2MI			T1MI			Odds ratio* (95% CI)
	No. patients with outcome	Total number of patients	%	No. patients with outcome	Total number of patients	%	
CV in-hospital mortality	212	3512	6.0%	891	23736	3.8%	1.17 [0.70, 1.97]
All-cause in-hospital mortality	667	5321	12.5%	1508	25997	5.8%	1.94 [1.35, 2.79]
Short-term all-cause mortality	204	887	23.0%	250	1998	12.5%	1.34 [0.63, 2.85]
1-year all-cause mortality	979	4743	20.6%	3660	41691	8.8%	2.94 [2.07, 4.17]
2-year all-cause mortality	246	926	26.6%	428	2587	16.5%	1.63 [1.11, 2.41]
3-year all-cause mortality	193	525	36.8%	710	4305	16.5%	2.00 [1.07, 3.76]
Long-term all-cause mortality	1453	2708	53.7%	1320	4633	28.5%	3.24 [2.73, 3.84]

*Comparing T1MI with T2MI patients, with odds ratio adjusted according to study weighting using random effects meta-analysis
Abbreviations: CV- Cardiovascular, MACE- Major adverse cardiovascular events; T2MI=type 2 myocardial infarction; T1MI=type 1 myocardial infarction; CI=confidence interval

Contribution Statement

All authors contribute equally to the research proposal, data acquisition and analysis, as well as, the manuscript preparation.

Competing Interests

The authors declare there are no conflict of interest with respect the article.

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Data Sharing Statement

All data relevant to the study are included in the article or uploaded as supplementary information.

Ethic Approval Statement

No ethics approval was sought for this research project as no patient data was used.

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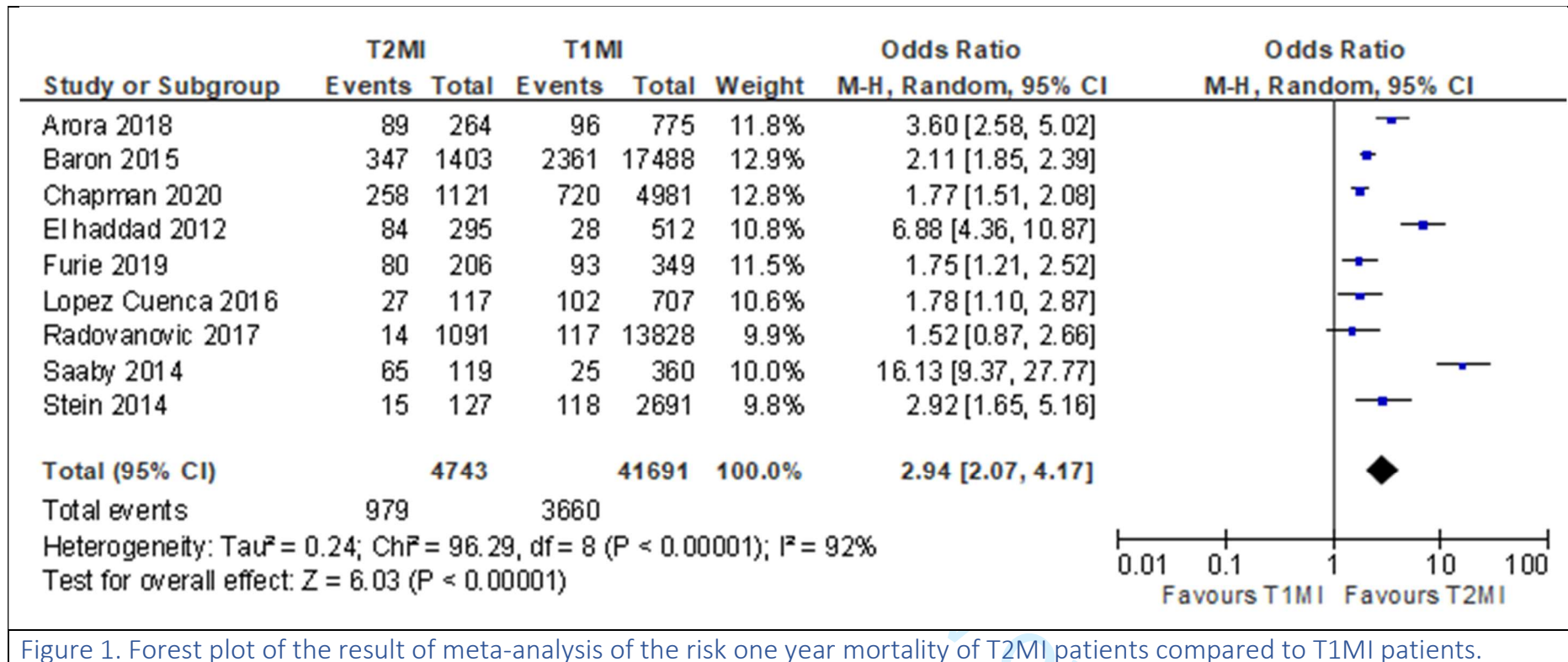


Figure 1. Forest plot of the result of meta-analysis of the risk one year mortality of T2MI patients compared to T1MI patients.

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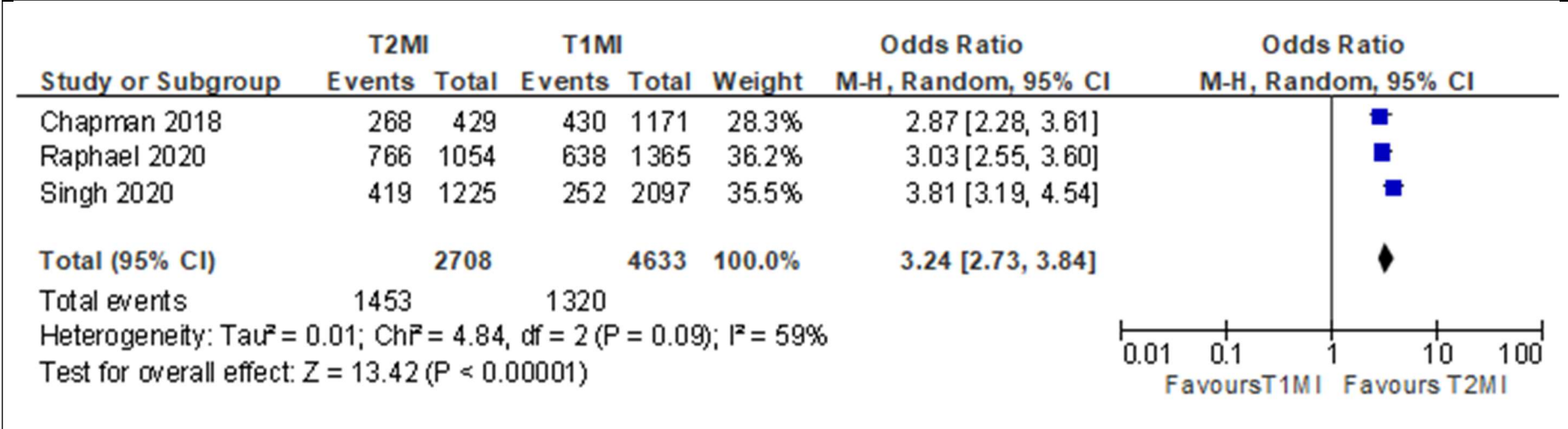


Figure 2. Forest plot of the result of meta-analysis of the risk long-term mortality of T2MI patients compared to T1MI patients.

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Table S1. Evolving definitions of Type 2 Myocardial Infarction.

Year	Universal Definition of Type 2 Myocardial Infarction
2007	Myocardial infarction secondary to ischaemia due to either increased oxygen demand or decreased supply, e.g. coronary artery spasm, coronary embolism, anaemia, arrhythmias, hypotension or hypertension
2012	Instances of myocardial injury with necrosis where a condition other than coronary artery disease contributes to an imbalance between myocardial oxygen supply and/or demand e.g. coronary artery spasm, coronary embolism, anaemia, arrhythmias, hypotension or hypertension
2018	<p>Detection of a rise and/or fall of cTn values with at least one value above the 99th percentile URL, and evidence of an imbalance between myocardial oxygen supply and demand unrelated to coronary thrombosis, requiring at least one of the following:</p> <ul style="list-style-type: none"> - Symptoms of acute myocardial ischaemia - New ischaemic ECG changes - Development of pathological Q waves - Imaging evidence of new loss of viable myocardium or new regional wall motion abnormality in a pattern consistent with an ischaemic aetiology

Table S1. MEDLINE search strategy.

(type 2 adj3 myocard*) OR (type-2 adj3 myocard*) OR (type II adj3 myocard*) OR (type-II adj3 myocard*) OR (type 2 adj3 MI) OR (type-2 adj3 MI) OR T2MI OR (supply demand adj3 myocard*)

Table S2. EMBASE search strategy.

('type 2' NEXT/3 myocard*) OR ('type-2' NEXT/3 myocard*) OR ('type ii' NEXT/3 myocard*) OR ('type-ii' NEXT/3 myocard*) OR ('type 2' NEXT/3 mi) OR ('type-2' NEXT/3 mi) OR ('t2mi') OR ('supply demand' NEXT/3 myocard*)

Table S4. Study characteristics.

Author, Year	Patients		Design	Definition of MI	Variables					
	T1MI	T2MI			Pre-existing conditions	Symptoms	Investigatio ns	Troponin Values	Managemen t	Prognosis
Arora, 2018 (1)	775	264	Retrospective	2012	X		X	X	X	X
Balanescu, 2020 (2)	152	49	Retrospective	2018		X	X		X	
Baron, 2015 (3)	17488	1403	Prospective	2007	X	X	X	X	X	X
Baron, 2016 (4)	40501	1313	Prospective	2007	X	X	X	X	X	
Bonaca, 2012 (5)	359	42	Prospective	2007						
Cediel, 2017 (6)	376	194	Retrospective	2012	X	X	X	X		X
Chapman, 2018 (7)	1171	429	Prospective	2012	X		X	X	X	X
Chapman, 2020 (8)	4981	1121	Prospective	2018	X	X	X	X		X
Consuegra- Sanchaz, 2018 (9)	125	75	Retrospective	2012	X	X	X	X		
El-Haddad, 2012 (10)	512	295	Retrospective	2012						X
Etaher, 2020 (11)	97	121	Prospective	2018	X		X		X	
Furie, 2019 (12)	349	206	Retrospective	2012	X	X	X	X	X	X
Guimaraes, 2018 (13)	847	76	Retrospective	2012	X		X		X	X

Hawatmeh, 2020 (14)	664	281	Retrospective	2012	X		X	X	X	
Higuchi, 2019 (15)	12023	491	Retrospective	2012	X		X		X	X
Javed, 2009 (16)	143	64	Retrospective	2007	X		X	X		X
Kadesjo, 2019 (17)	1111	251	Retrospective	2018	X				X	X
Lambrecht, 2018 (18)	360	119	Prospective	2007	X		X	X		X
Landes, 2016 (19)	107	107	Retrospective	2012	X	X	X	X		
Lopez-Cuenca, 2016 (20)	707	117	Retrospective	2012	X	X	X	X	X	X
Meigher, 2016 (21)	340	452	Retrospective	2012	X	X	X	X		X
Nestelberger, 2017 (22)	684	128	Prospective	2012	X		X		X	X
Neumann, 2017 (23)	188	99	Prospective	2012	X		X	X		X
Paiva, 2015 (24)	764	236	Retrospective	2012	X		X	X		X
Pandey, 2020 (25)	97	103	Prospective	2018	X					
Putot, 2018 (26)	2036	847	Prospective	2012	X		X	X		X
Putot, 2019 (27)	365	254	Retrospective	2018	X		X	X		X
Putot, 2020 (28)	3710	862	Retrospective	2012	X		X	X		X
Radovanovic, 2017 (29)	13828	1091	Retrospective	2012	X		X		X	X

Raphael, 2020 (30)	1365	1054	Retrospective	2018	X		X	X	X	X
Reed, 2017 (31)	88	162	Retrospective	2012			X	X	X	
Saaby 2013 (32)	397	144	Prospective	2007	X		X	X		
Saaby, 2014 (33)	360	119	Prospective	2007	X		X	X	X	X
Sandoval, 2014 (34)	66	190	Retrospective	2012	X	X	X	X		X
Sandoval, 2017 (35)	77	140	Prospective	2012	X	X	X	X	X	X
Sato, 2020 (36)	2834	155	Prospective	2012	X		X	X	X	X
Shah, 2015 (37)	1171	429	Prospective	2012	X	X	X	X	X	X
Singh, 2020 (38)	2097	1225	Retrospective	2018	X		X	X	X	X
Smilowitz, 2018 (39)	137	146	Prospective	2012	X	X	X	X	X	X
Stein, 2014 (40)	2691	127	Prospective	2007	X	X	X		X	X
Truong, 2020 (41)	275	175	Retrospective	2012	X	X	X		X	X

Table S5. Risk of bias assessment

Author, Year	Selection				Comparability	Outcome			Summary
	Representative of Exposed Cohort	Selection of Non-exposed	Ascertainment of Exposure	Outcome was not present at start	Comparability of Cohorts	Assessment	Follow-up Length	Adequacy of Follow-Up	
Arora, 2018 (1)	x	x	x	x	x	x	x	x	8 (good quality)
Balanescu, 2020 (2)	0	x	x	x	x	x	0	x	6 (fair quality)
Baron, 2015 (3)	x	x	x	x	x	x	x	x	8 (good quality)
Baron, 2016 (4)	x	x	x	x	x	x	x	x	8 (good quality)
Bonaca, 2012 (5)	x	x	x	x	x	x	x	x	8 (good quality)
Cediel, 2017 (6)	x	x	x	x	x	x	x	x	8 (good quality)
Chapman, 2018 (7)	x	x	x	x	x	x	x	x	8 (good quality)
Chapman, 2020 (8)	x	x	x	x	x	x	x	x	8 (good quality)
Consuegra-Sanchaz, 2018 (9)	0	0	x	x	0	x	0	0	3 (poor quality)
El-Haddad, 2012 (10)	x	x	x	x	x	0	0	0	5 (fair quality)
Etaher, 2020 (11)	x	x	x	x	x	x	x	x	8 (good quality)
Furie, 2019 (12)	x	x	x	x	x	x	x	x	8 (good quality)
Guimaraes, 2018 (13)	0	0	x	x	0	x	0	x	4 (fair quality)

Hawatmeh, 2020 (14)	0	0	x	x	0	x	x	0	4 (fair quality)
Higuchi, 2019 (15)	0	0	x	x	x	x	x	x	5 (fair quality)
Javed, 2009 (16)	x	x	x	x	x	x	x	x	8 (good quality)
Kadesjo, 2019 (17)	x	x	x	x	x	x	x	x	8 (good quality)
Lambrecht, 2018 (18)	x	x	x	x	x	x	x	x	8 (good quality)
Landes, 2016 (19)	x	x	x	x	x	x	x	x	8 (good quality)
Lopez-Cuenca, 2016 (20)	x	x	x	x	x	x	x	x	8 (good quality)
Meigher, 2016 (21)	x	x	x	x	x	x	x	x	8 (good quality)
Nestelberger, 2017 (22)	x	x	x	x	x	x	x	x	8 (good quality)
Neumann, 2017 (23)	x	x	x	x	x	x	x	x	8 (good quality)
Paiva, 2015 (24)	x	x	x	x	x	x	x	x	8 (good quality)
Pandey, 2020 (25)	0	0	x	0	x	0	0	0	2 (poor quality)
Putot, 2018 (26)	x	x	x	x	x	x	x	x	8 (good quality)
Putot, 2019 (27)	x	x	x	x	x	0	x	x	7 (good quality)
Putot, 2020 (28)	x	x	x	x	x	x	x	x	8 (good quality)
Radovanovic, 2017 (29)	x	x	x	x	x	x	x	x	8 (good quality)

Raphael, 2020 (30)	x	x	x	x	x	x	x	x	8 (good quality)
Reed, 2017 (31)	x	x	x	x	x	x	x	x	8 (good quality)
Saaby 2013 (32)	x	x	x	x	x	x	x	x	8 (good quality)
Saaby, 2014 (33)	x	x	x	x	x	x	x	x	8 (good quality)
Sandoval, 2014 (34)	x	x	x	x	x	x	x	x	8 (good quality)
Sandoval, 2017 (35)	x	x	x	x	x	x	x	x	8 (good quality)
Sato, 2020 (36)	0	0	0	x	0	0	x	x	2 (poor quality)
Shah, 2015 (37)	x	x	x	x	x	x	x	x	8 (good quality)
Singh, 2020 (38)	0	0	x	x	x	x	x	x	6 (fair quality)
Smilowitz, 2018 (39)	x	x	0	x	x	x	x	x	7 (good quality)
Stein, 2014 (40)	x	x	0	x	x	x	x	x	7 (good quality)
Truong, 2020 (41)	x	x	x	x	x	x	x	x	8 (good quality)

Table S6. Precipitating conditions for T2MI.

Precipitating Factor	Events	Patients	%
Sepsis	1116	3110	35.9%
Arrhythmia	2047	6868	29.8%
Heart failure	958	3346	28.6%
Valvular abnormality	351	1301	27.0%
Anaemia	1692	6281	26.9%
Respiratory failure	762	4424	17.2%
Non-cardiac surgery	103	841	12.2%
Infection	361	3412	10.6%
Shock/hypotension	291	3006	9.7%
Hypertension	321	3620	8.9%
Pulmonary oedema	33	380	8.7%
Chronic obstructive pulmonary disease	137	1661	8.2%
Bradycardia	35	484	7.2%
Renal failure	133	1956	6.8%
Stroke	68	1731	3.9%
Coronary spasm	36	1048	3.4%
Bleeding	53	1834	2.9%
Coronary endothelial dysfunction	1	592	0.2%

Table S7. Clinical features on presentation in patients with T2MI versus T1MI patients.

Presenting Symptom	T2MI			T1MI			Odds ratio * [95% CI]
	No. patients with presenting symptom	Total number of patients	%	No. patients with presenting symptom	Total number of patients	%	
Chest pain	4344	7335	59.2%	73103	83371	87.7%	0.19 [0.15, 0.26]
Dyspnoea	1681	6080	27.6%	8154	82617	9.9%	2.83 [1.96, 4.08]
Arm or shoulder discomfort	28	330	8.5%	50	143	35.0%	0.18 [0.11, 0.30]
Jaw or neck discomfort	6	140	4.3%	12	77	15.6%	0.24 [0.09, 0.68]
Epigastric discomfort	8	140	5.7%	8	77	10.4%	0.52 [0.19, 1.45]
Nausea or vomiting	46	330	13.9%	39	143	27.3%	0.46 [0.28, 0.74]
Fatigue	5	140	3.6%	5	77	6.5%	0.53 [0.15, 1.90]
Diaphoresis	16	140	11.4%	16	77	20.8%	0.49 [0.23, 1.05]
Other nonspecific symptoms	1252	2932	42.7%	4096	58884	7.0%	4.19 [0.72, 24.39]
Collapse / syncope	99	2125	4.7%	157	7152	2.2%	2.10 [1.05, 4.18]

*Comparing T2MI with T1MI patients, with odds ratio adjusted according to study weighting using random effects meta-analysis

Abbreviations: URL- upper reference limit; STEMI- ST elevation myocardial infarction; NSTEMI- Non- ST elevation myocardial infarction; MI- Myocardial infarction; cTn- cardiac troponin; T1MI- Type 1 myocardial infarction; T2MI- Type 2 myocardial infarction; ECG- electrocardiogram; CAD- coronary artery disease; PCI- percutaneous coronary intervention; CABG- coronary artery bypass graft; IHD- ischaemic heart disease; MACE- Major adverse cardiovascular events; CI- confidence interval

Table S8. Cardiac investigations in patients with T2 MI versus T1MI.

Variable	T2MI			T1MI			Odds ratio* (95% CI)
	No. patients with nominated diagnostic findings	Total no. patients	%	No. patients with nominated diagnostic findings	Total no of patients	%	
ECG							
ST elevation	1265	9417	13.4%	42726	101584	42.1%	0.22 [0.18, 0.28]
ST depression or T wave Inversion	2174	6314	34.4%	14938	68530	21.8%	1.38 [0.94, 2.02]
Pathological Q Waves	30	447	6.7%	177	850	20.8%	0.38 [0.20, 0.71]
Non-specific ST-T wave changes	146	592	24.7%	45	417	10.8%	2.62 [1.81, 3.79]
Left bundle branch block	338	3330	10.2%	3045	60031	5.1%	1.72 [1.40, 2.12]
Atrial fibrillation/flutter	448	1660	27.0%	1871	18272	10.2%	3.70 [2.87, 4.77]
Echocardiograph							
Echocardiogram performed	648	1353	47.9%	1571	2830	55.5%	0.44 [0.20, 0.96]
Presence of RWMA	97	286	33.9%	101	214	47.2%	0.48 [0.06, 3.78]
Angiogram							
Angiogram performed	3686	10721	34.4%	56242	67432	83.4%	0.09 [0.06, 0.12]
Obstructive coronary artery disease present	1246	3663	34.0%	19923	44404	44.9%	0.16 [0.05, 0.54]
Multivessel disease present	593	2147	27.6%	11839	41715	28.4%	0.40 [0.19, 0.82]
*Comparing T2MI with T1MI patients, with odds ratio adjusted according to study weighting using random effects meta-analysis RWMA=regional wall motion abnormalities; CI=confidence interval; T2MI=type 2 myocardial infarction; T1MI=type 1 myocardial infarction							

Table S9. Troponin measurements.

Troponin Measurement	Number of Studies	T1MI (min-max)	T2MI (min-max)
Baseline cTn (xULN)	12	0.14-190	0.1-8.2
6h cTn (xULN)	4	13.2-142	4.25-11
Peak cTn (xULN)	21	5.1-1703	2.8-447

Abbreviations: xULN= times upper limit normal

Figure S1. PRISMA flow diagram.

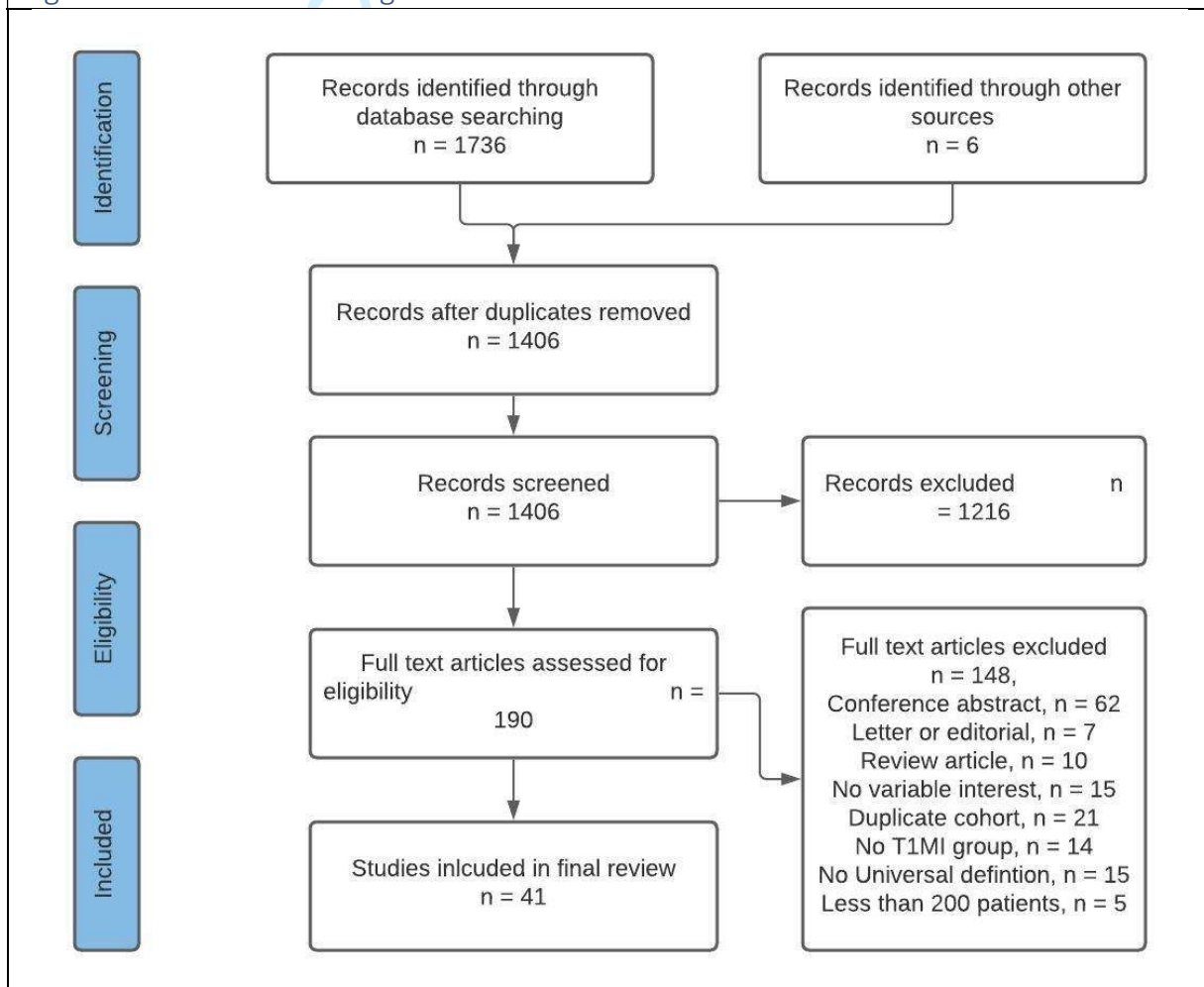


Figure S2. Forest Plot. Ischaemic Heart Disease.

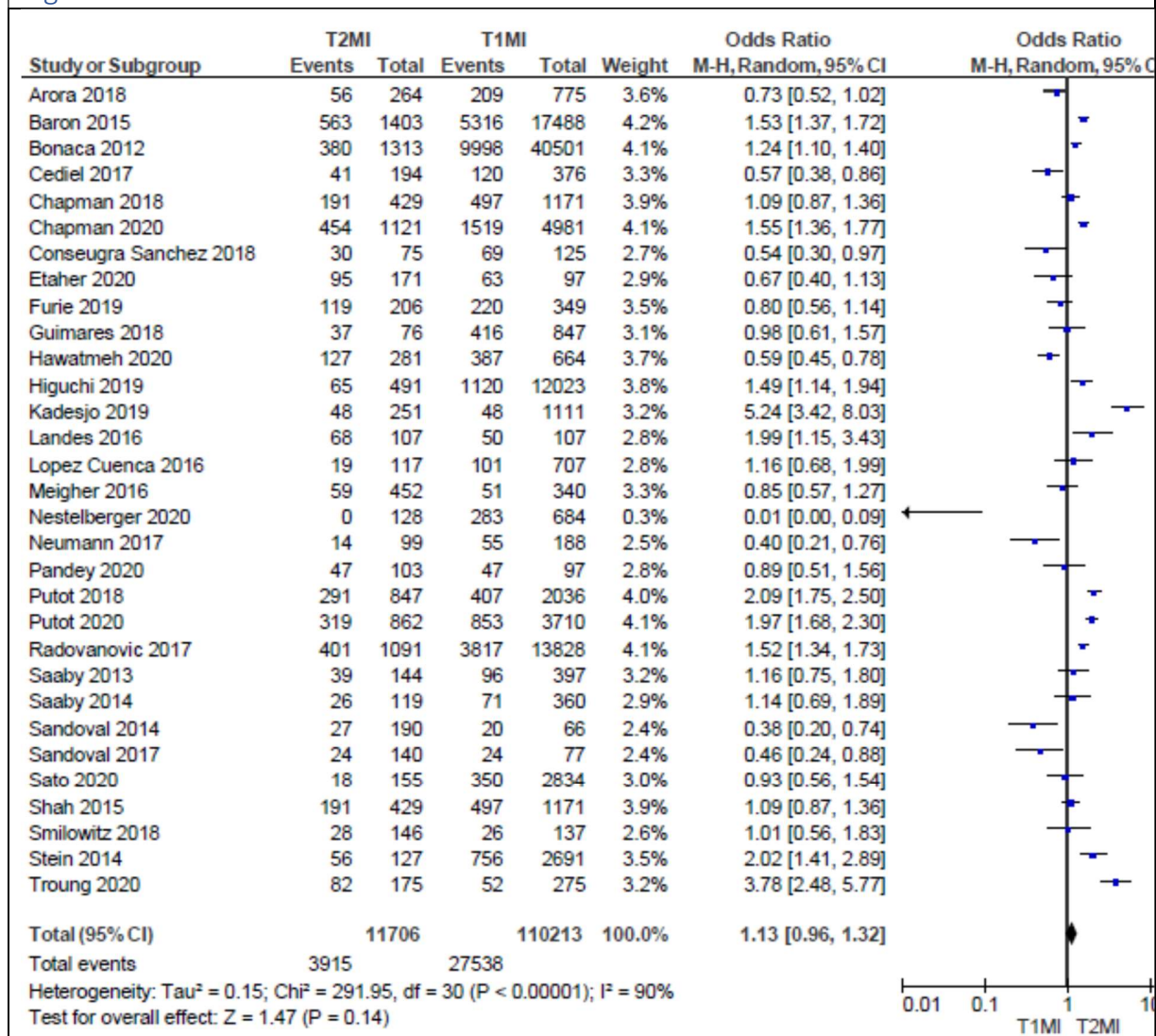


Figure S3. Forest Plot. Type 2 Diabetes Mellitus.

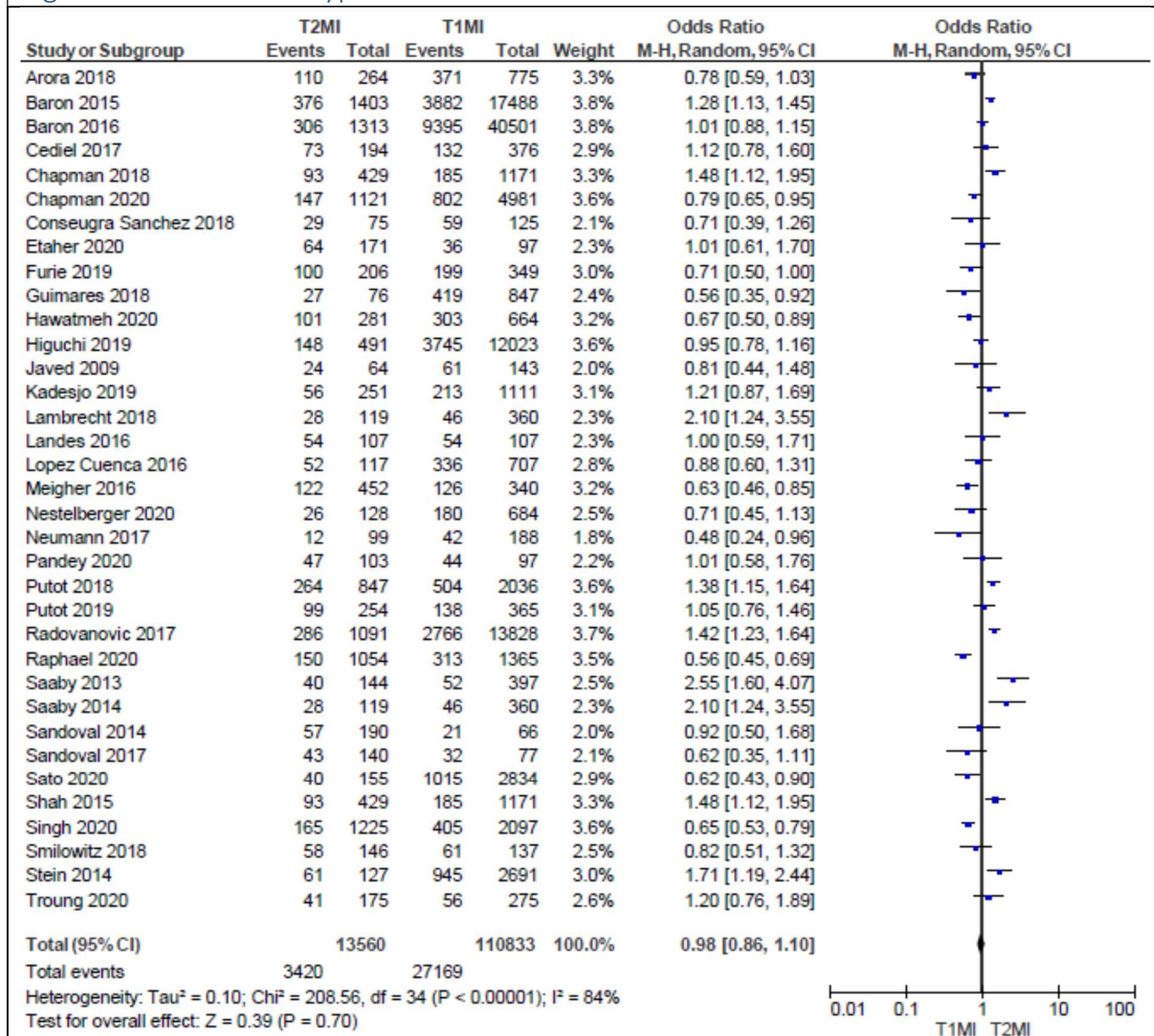


Figure S4. Forest Plot. Hypertension.

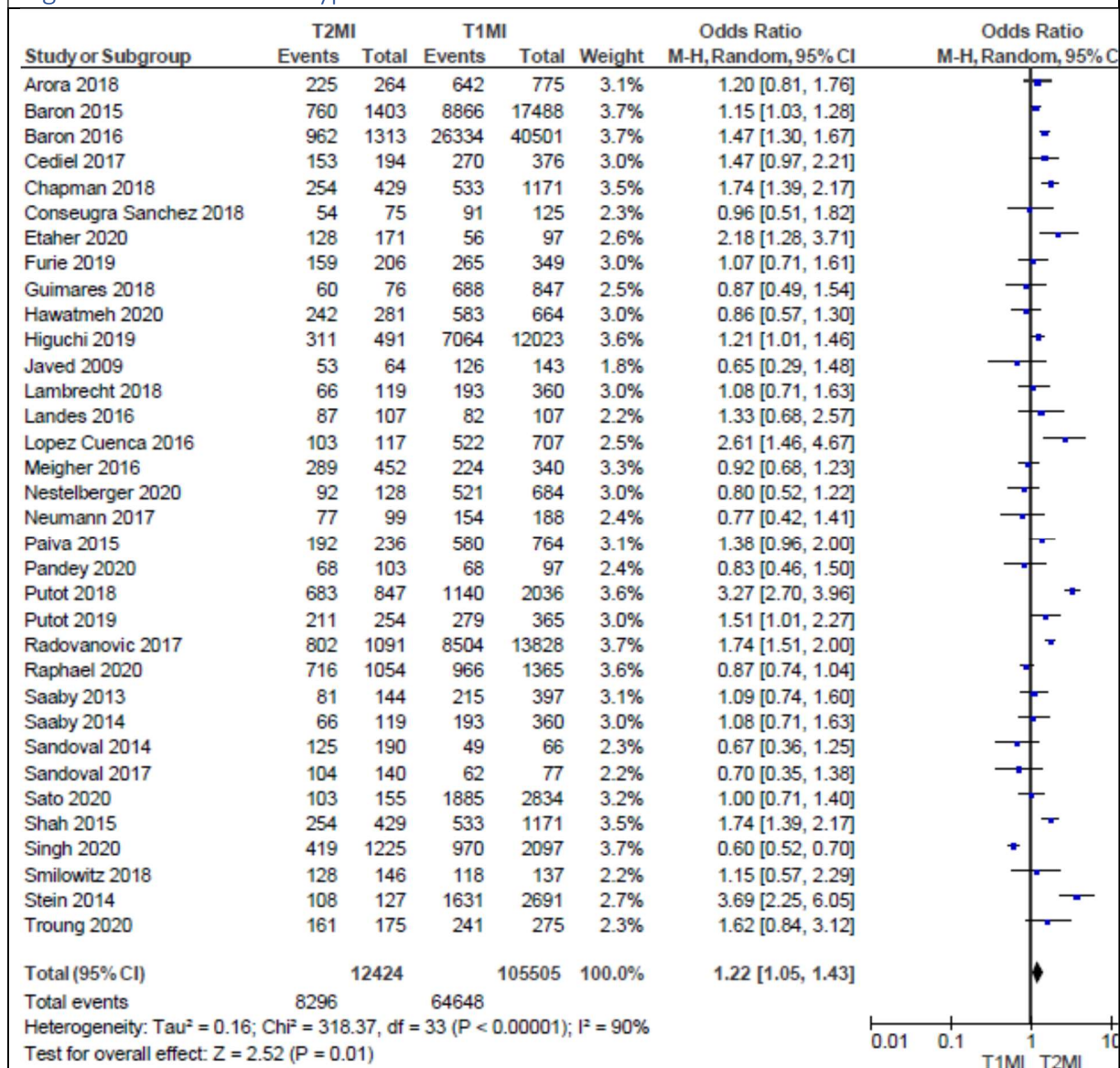


Figure S5. Forest Plot. Dyslipidaemia.

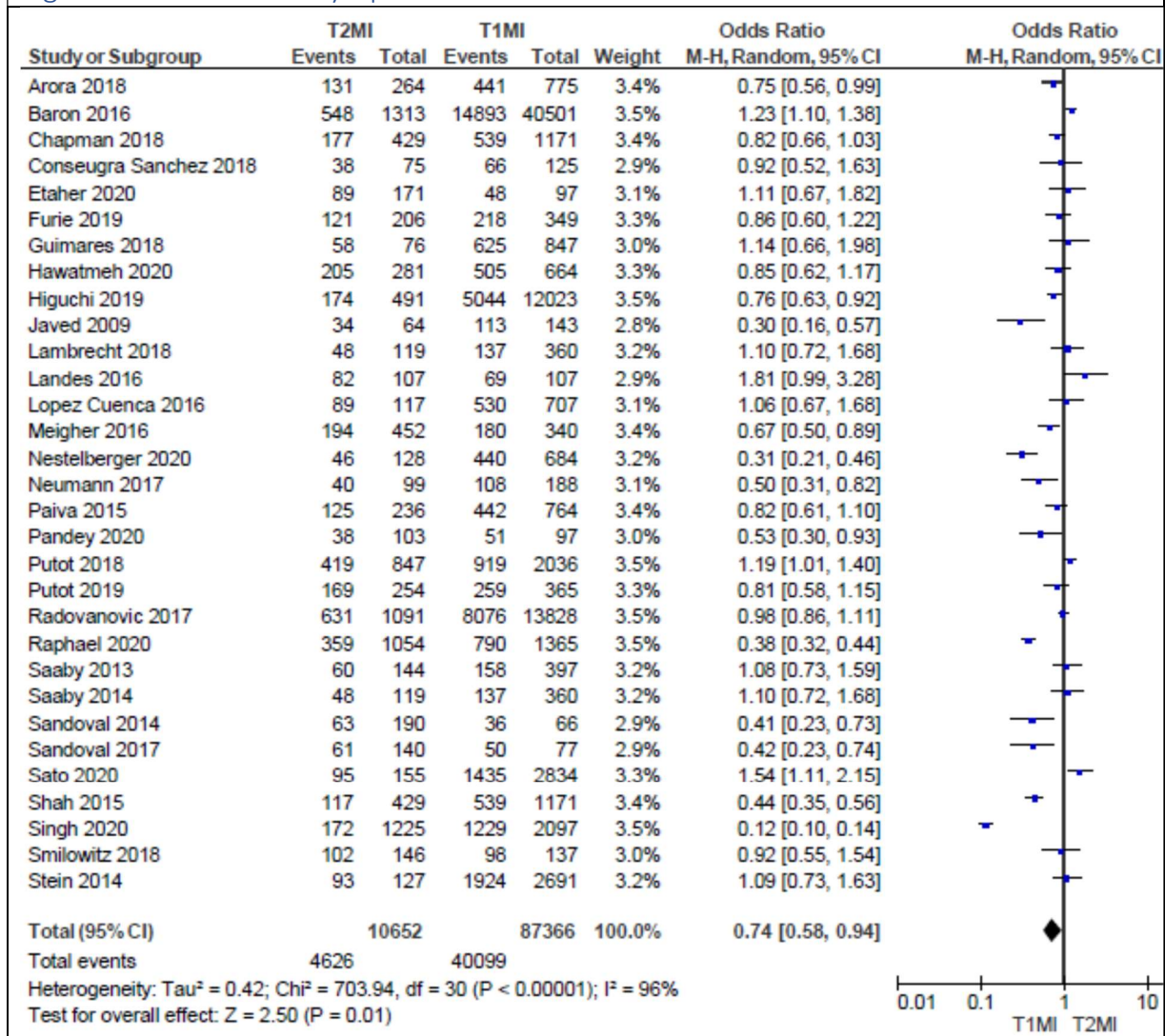


Figure S6. Forest Plot. Smoking.

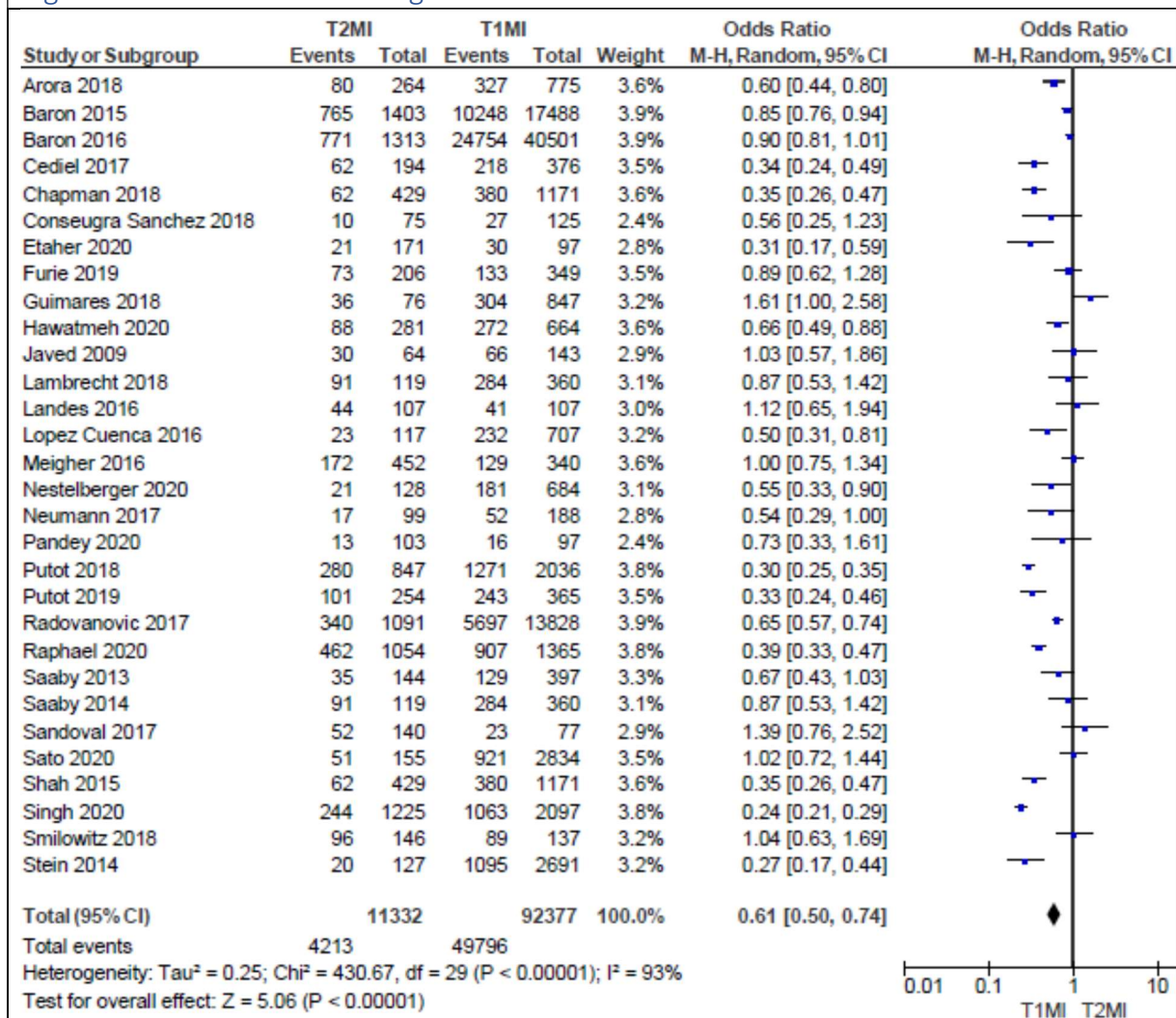


Figure S7. Forest Plot. Obesity.

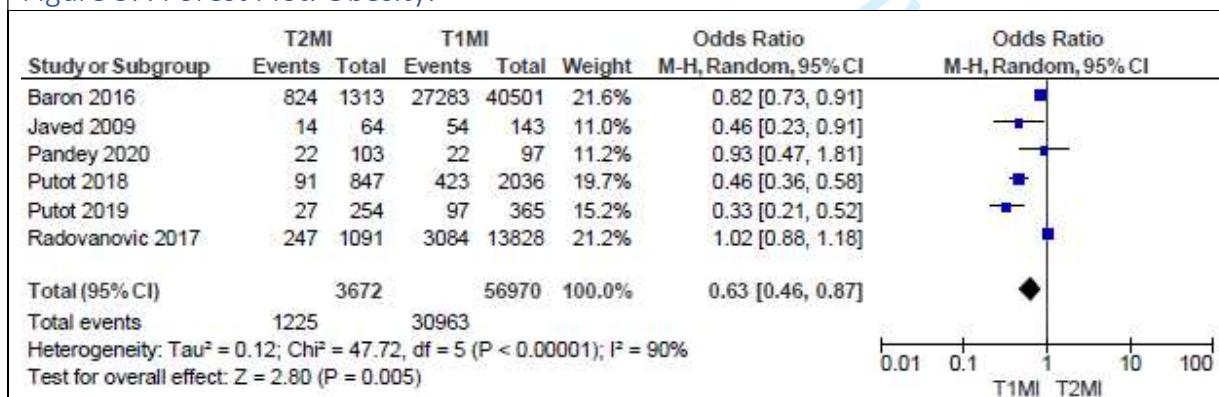


Figure S8. Forest Plot. Chronic Kidney Disease.

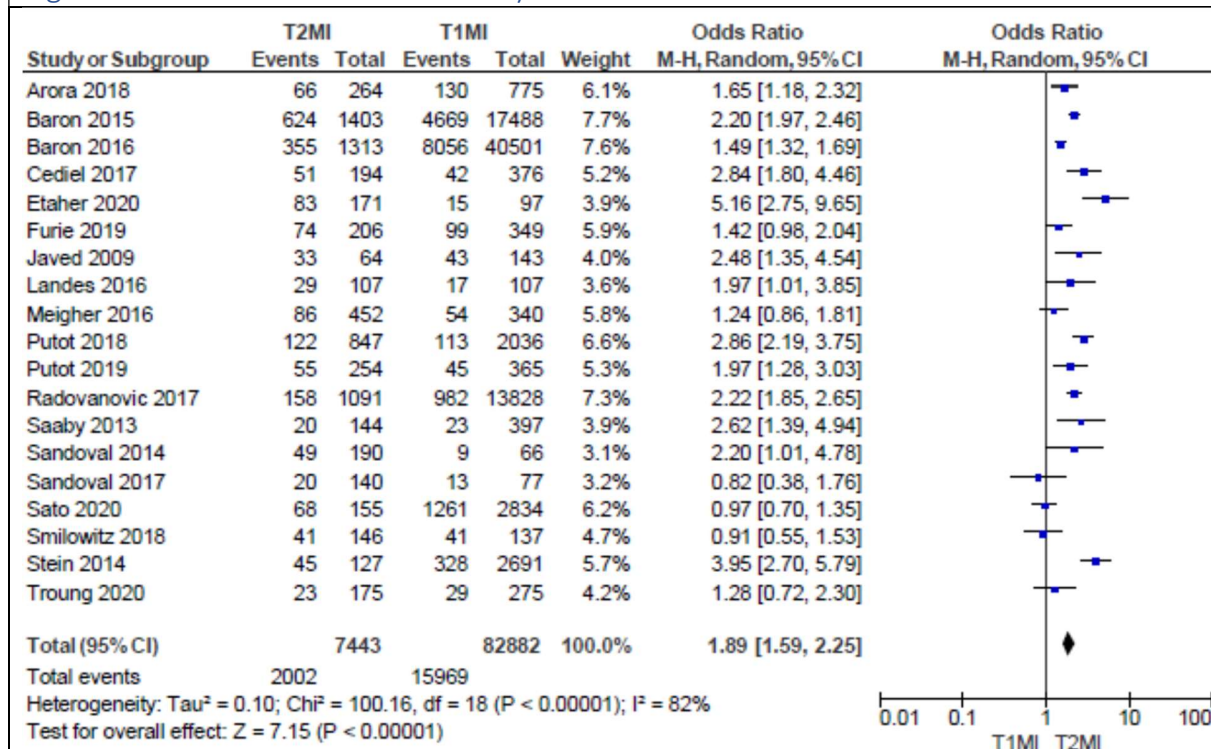


Figure S9. Forest Plot. Heart Failure.

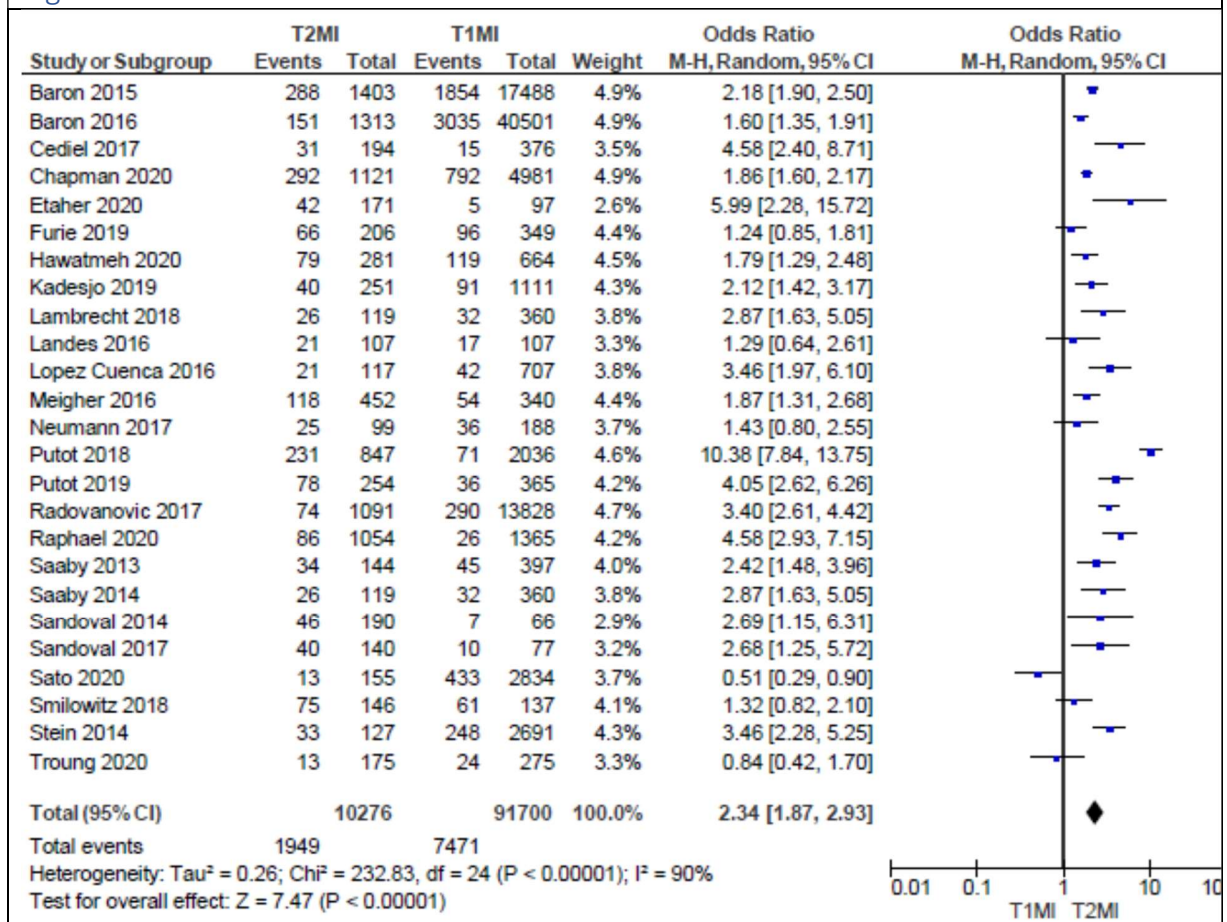


Figure S10. Forest Plot. Peripheral Vascular Disease.

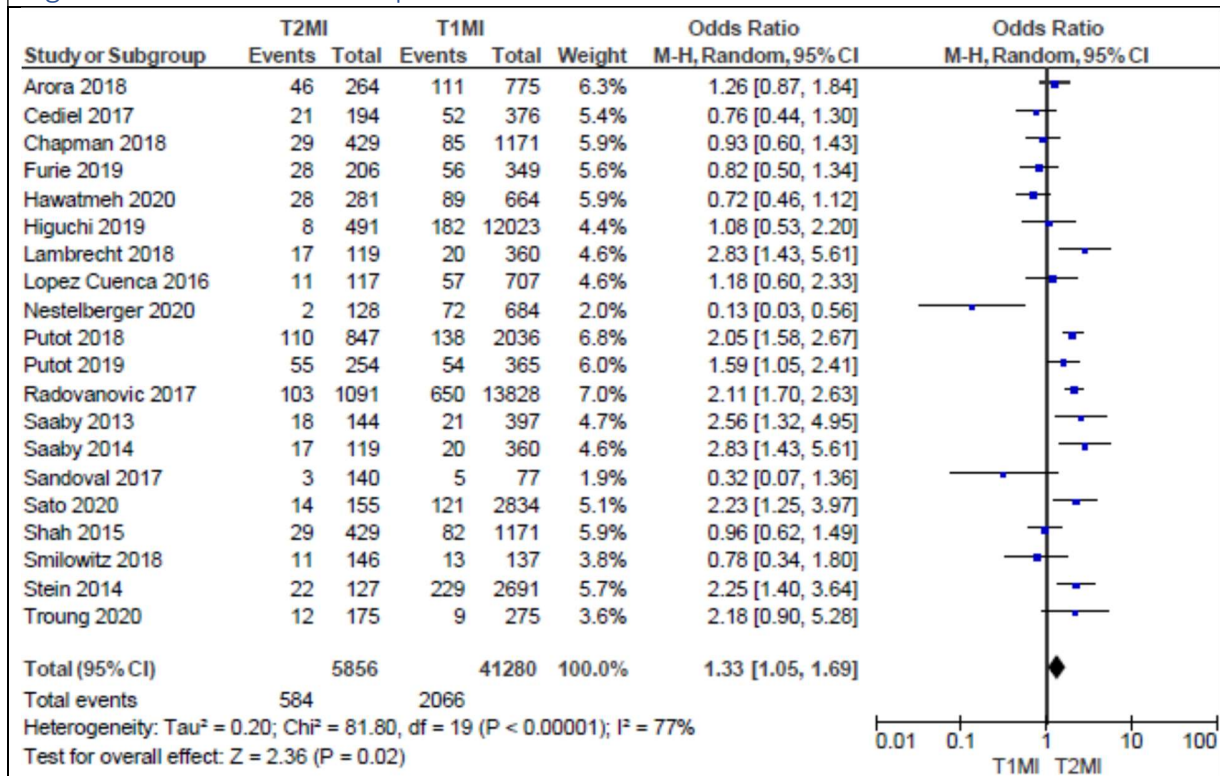


Figure S11. Forest Plot. Cerebrovascular Disease.

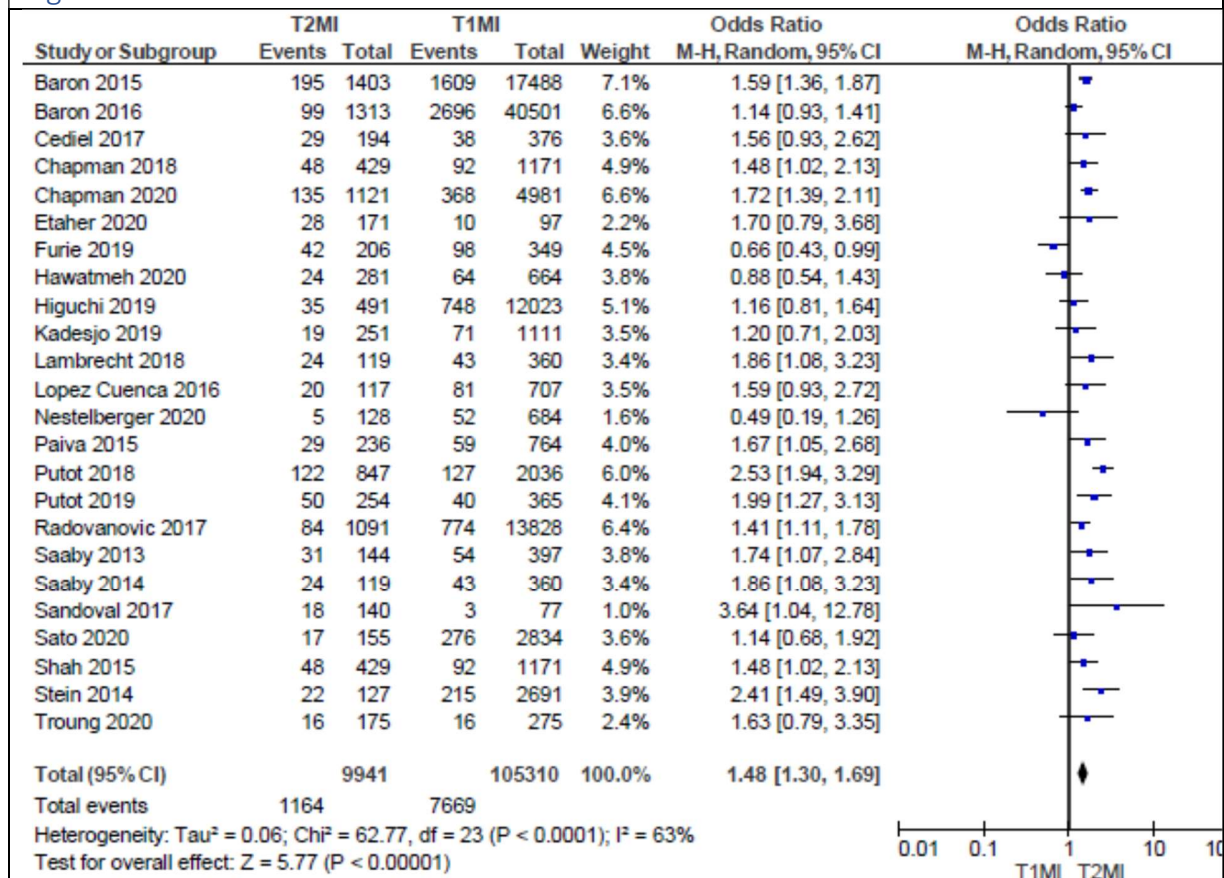


Figure S12. Forest Plot. Illicit Drug Use.

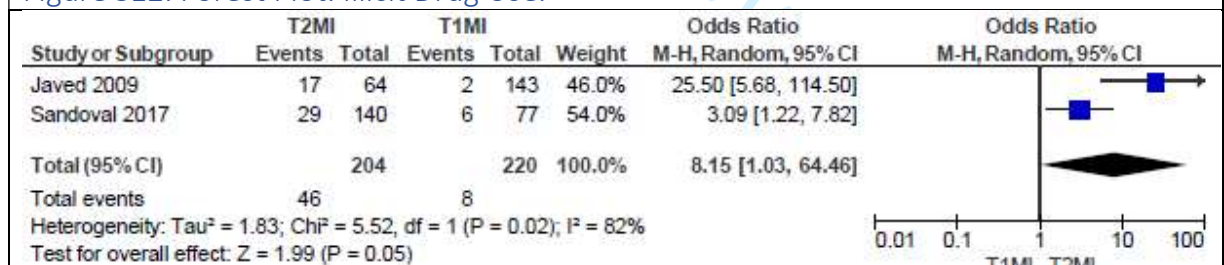


Figure S13. Forest Plot. Atrial Fibrillation.

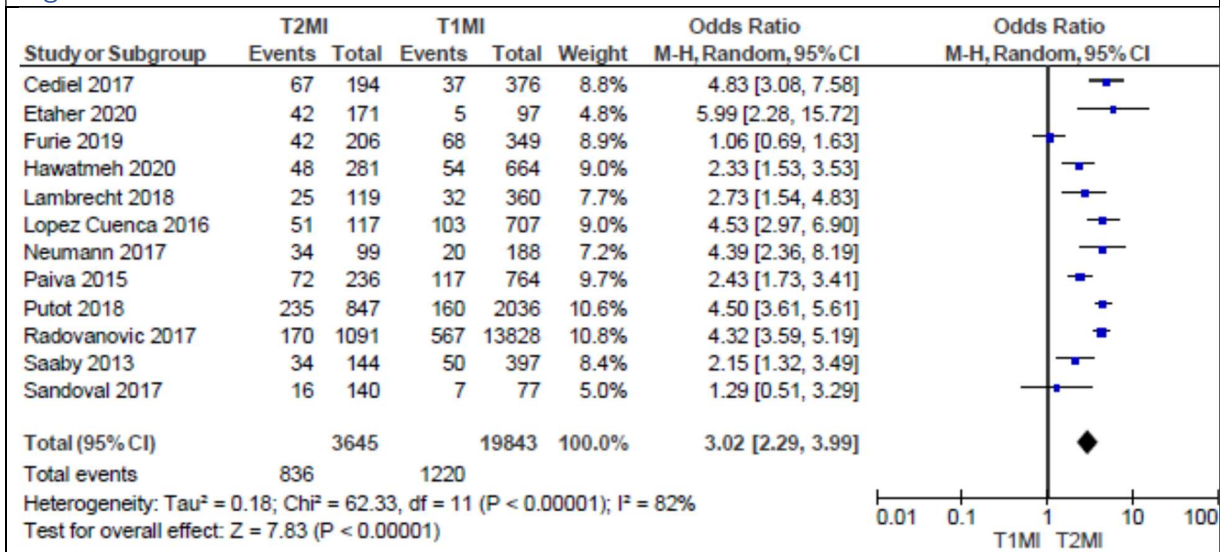


Figure S14. Forest Plot. Chest Pain.

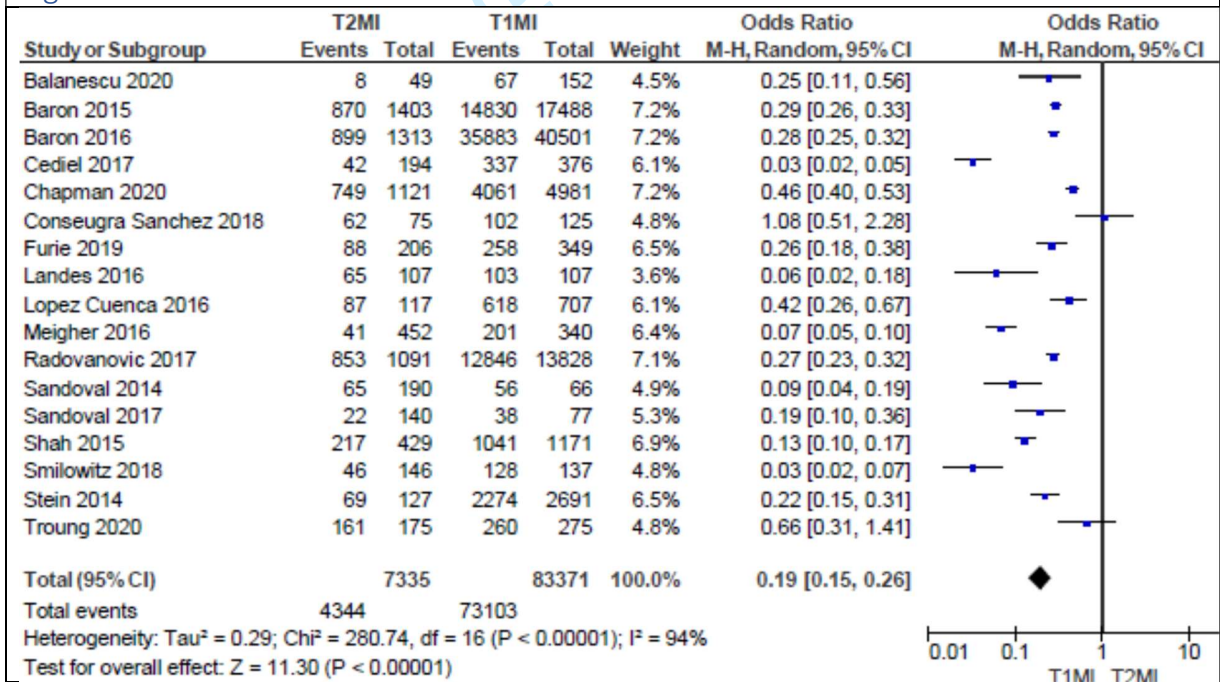


Figure S15. Forest Plot. Dyspnoea.

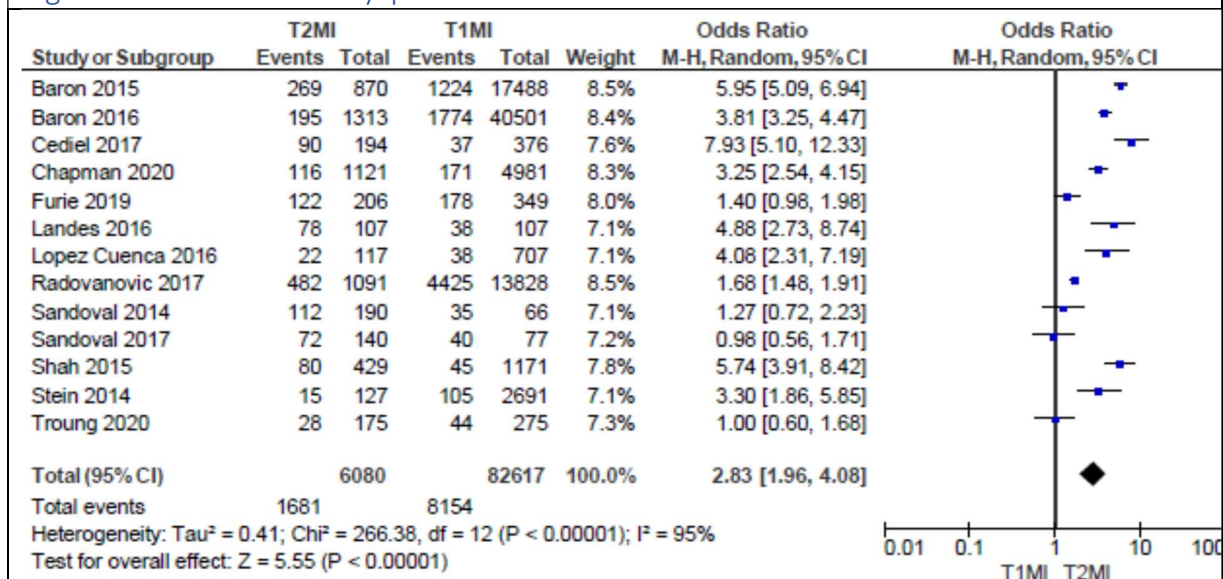


Figure S16. Forest Plot. Arm / Shoulder Discomfort.

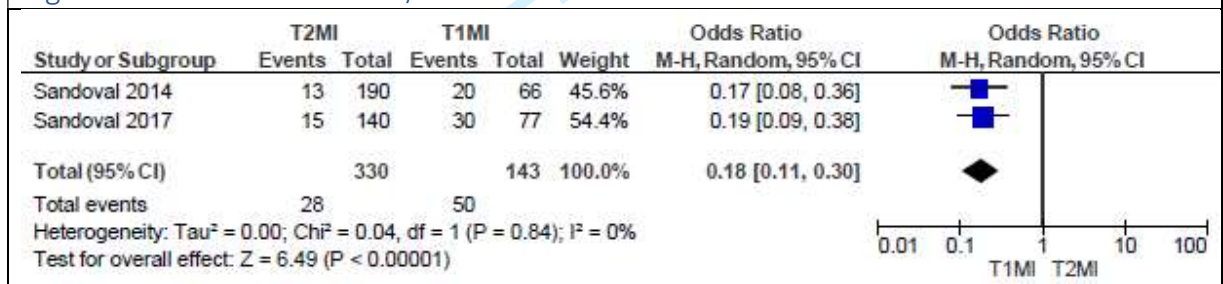


Figure S17. Forest Plot. Jaw / Neck Discomfort.



Figure S18. Forest Plot. Epigastric Discomfort.

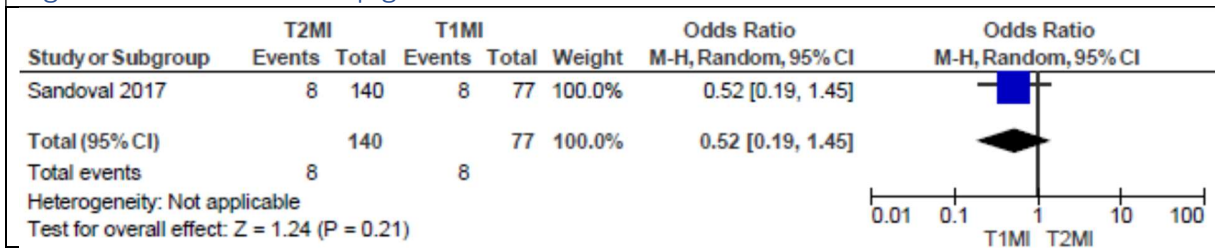


Figure S19. Forest Plot. Nausea / Vomiting.

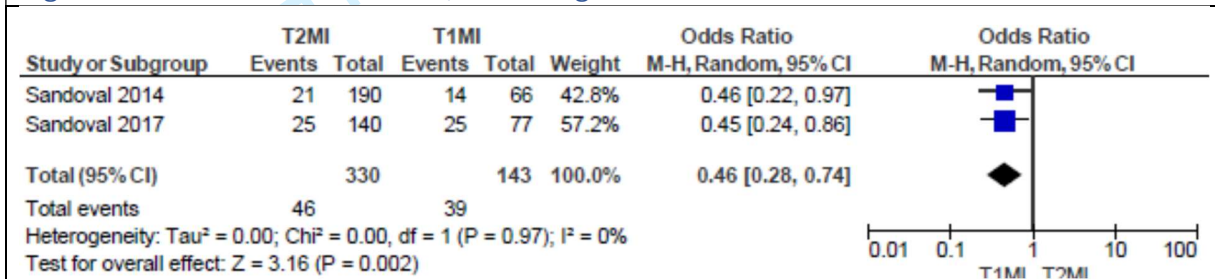


Figure S20. Forest Plot. Fatigue.



Figure S21. Forest Plot. Diaphoresis.

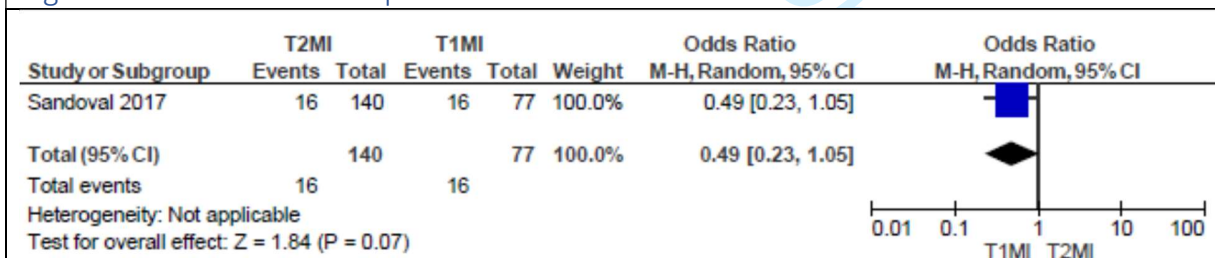


Figure S22. Forest Plot. Non-specific Symptoms.

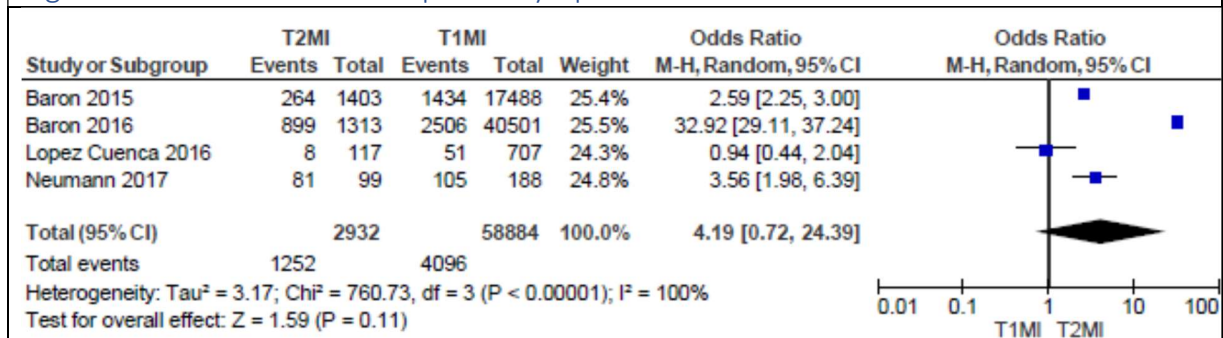


Figure S23. Forest Plot. Collapse / Syncope.

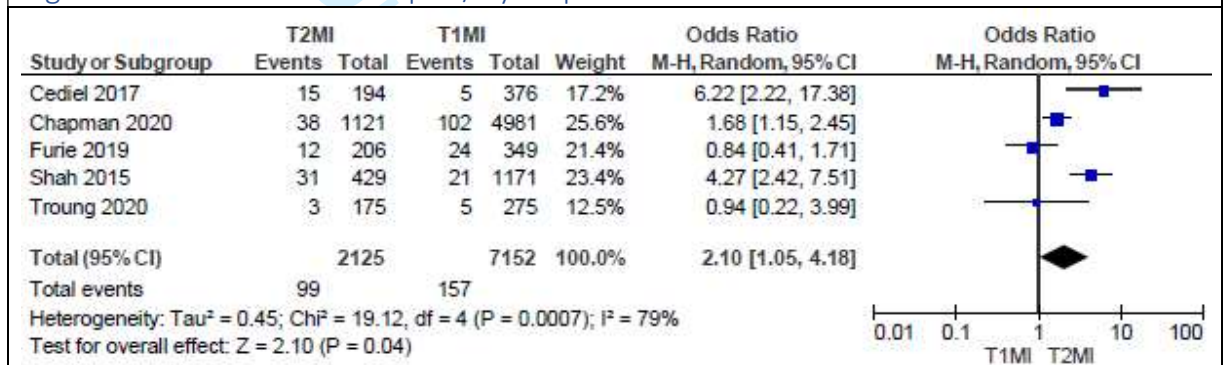


Figure S24. Forest Plot. ST Elevation.

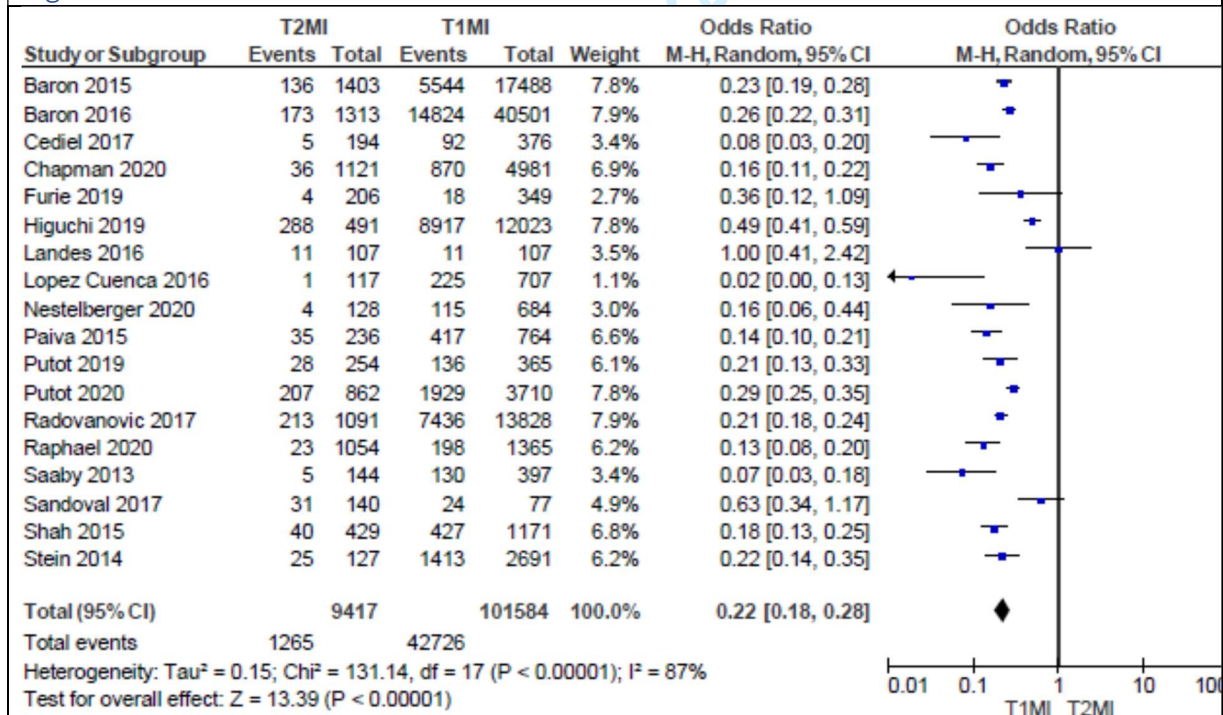


Figure S25. Forest Plot. ST Depression or T Wave Inversion.

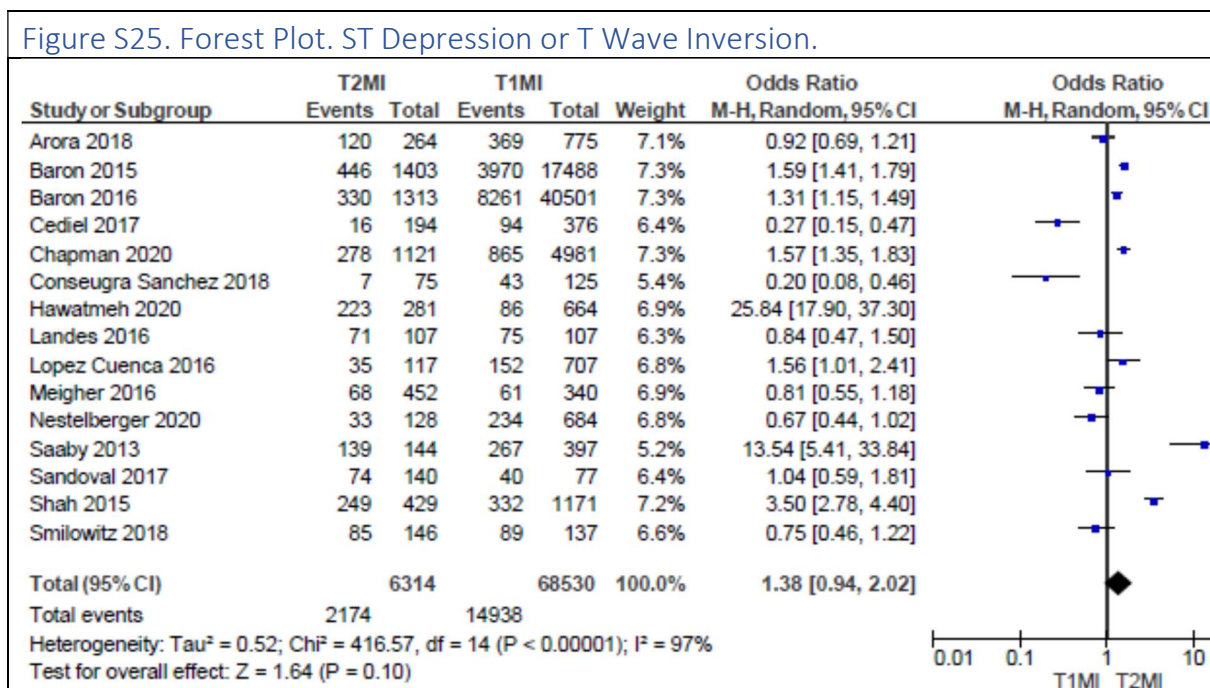


Figure S26. Forest Plot. Q Waves.

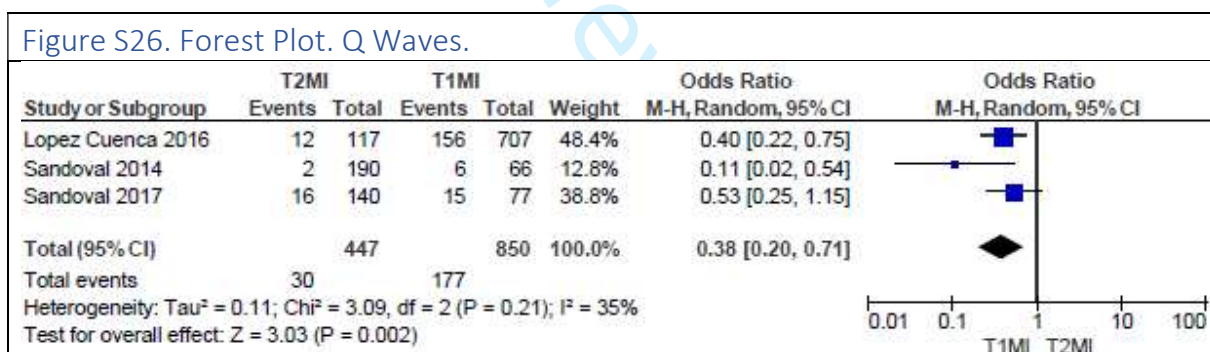


Figure S27. Forest Plot. Non-specific ST Changes.

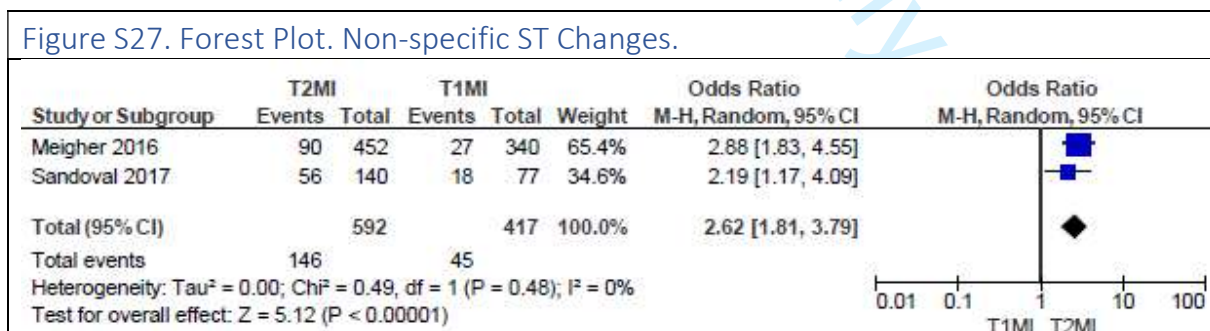


Figure S28. Forest Plot. Left Bundle Branch Block.

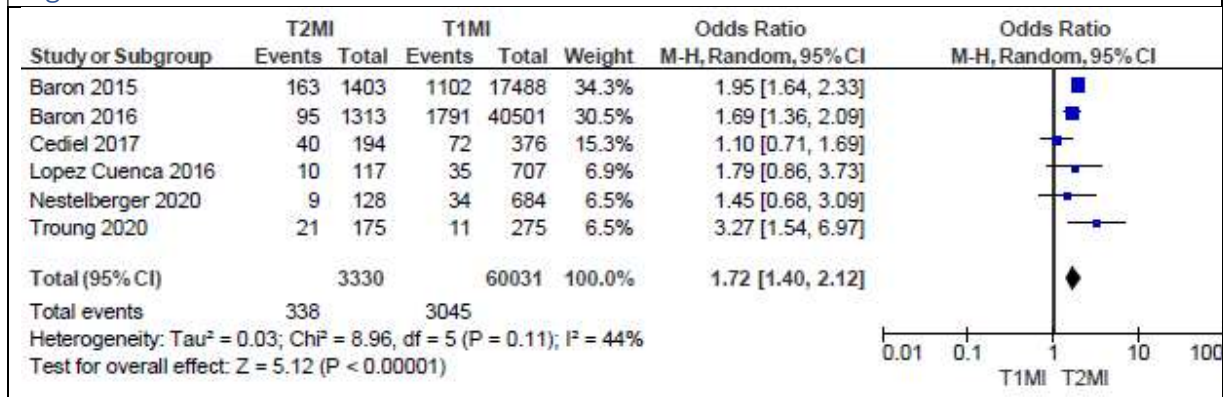


Figure S29. Forest Plot. Atrial Fibrillation.

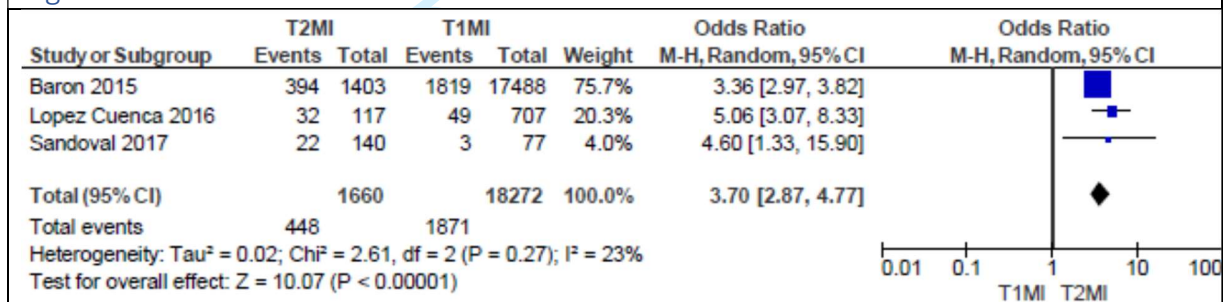


Figure S30. Forest Plot. Angiogram Performed.

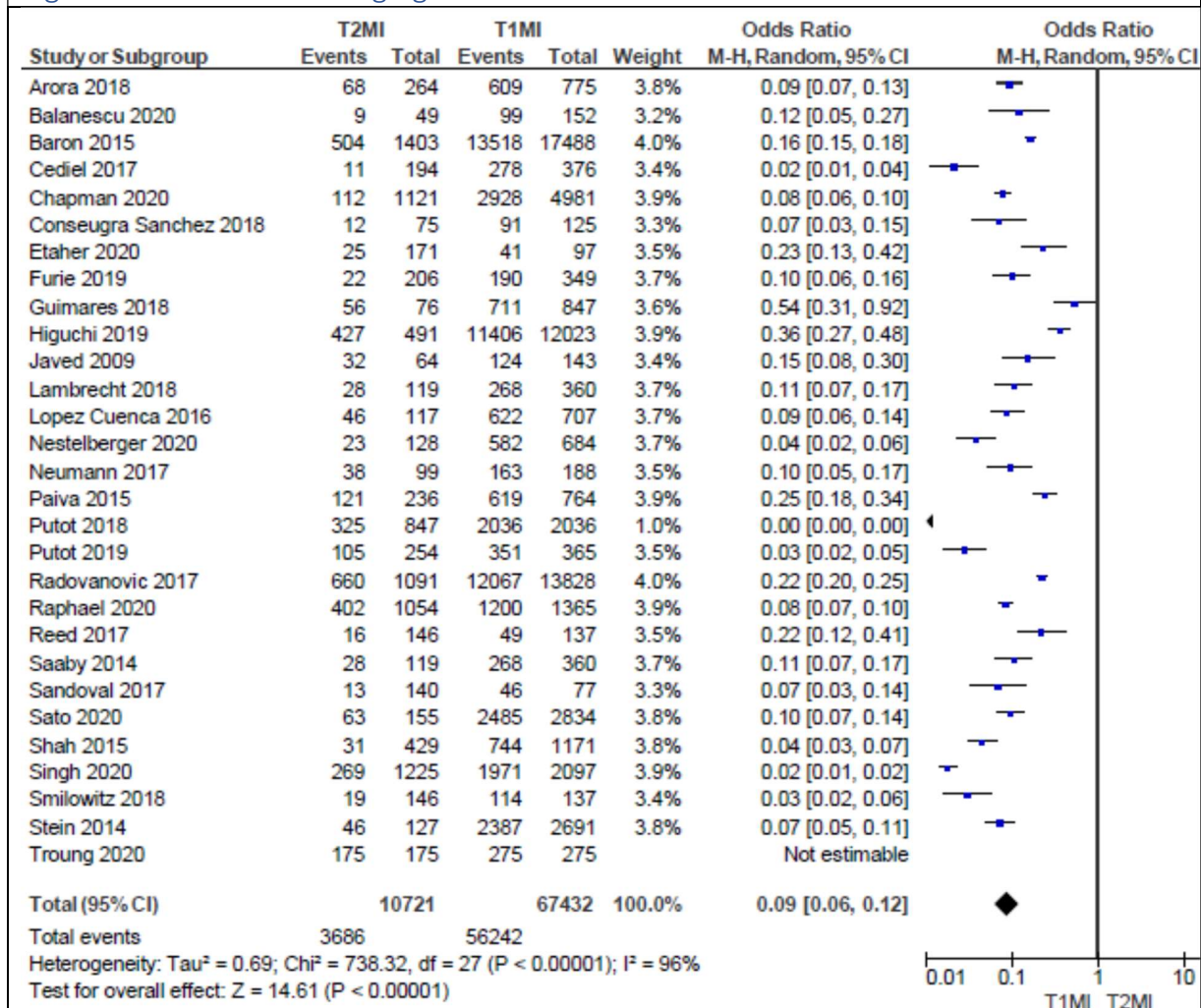


Figure S31. Forest Plot. Obstructive Coronary Artery Disease.

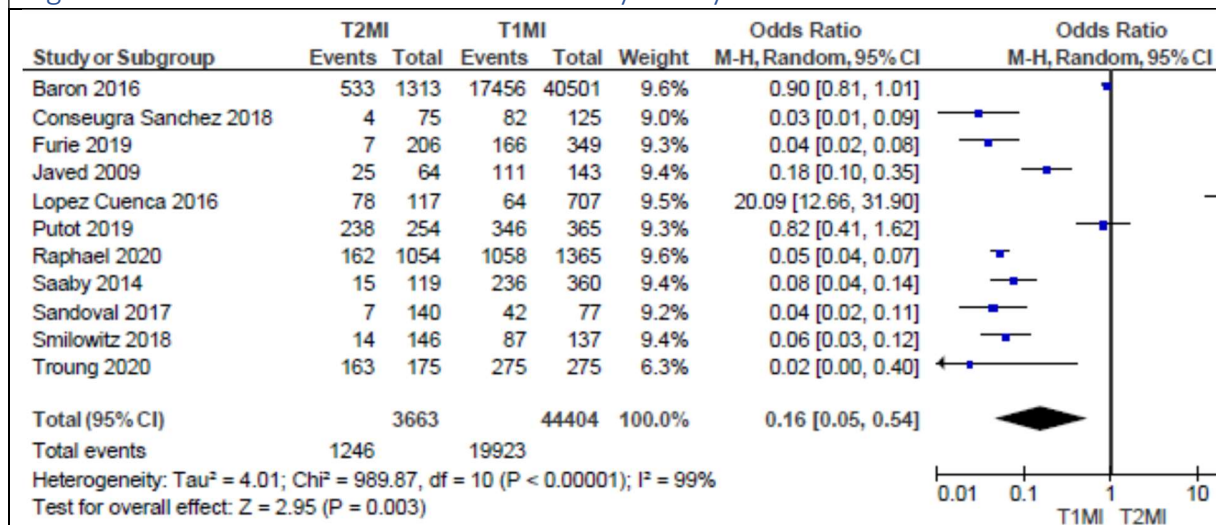


Figure S32. Forest Plot. Multivessel Disease.

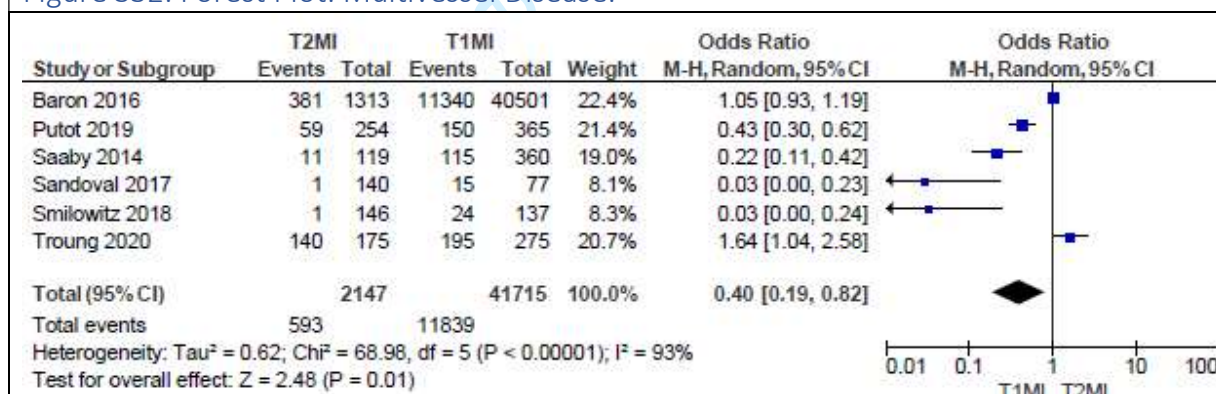


Figure S33. Forest Plot. Echocardiogram Performed.

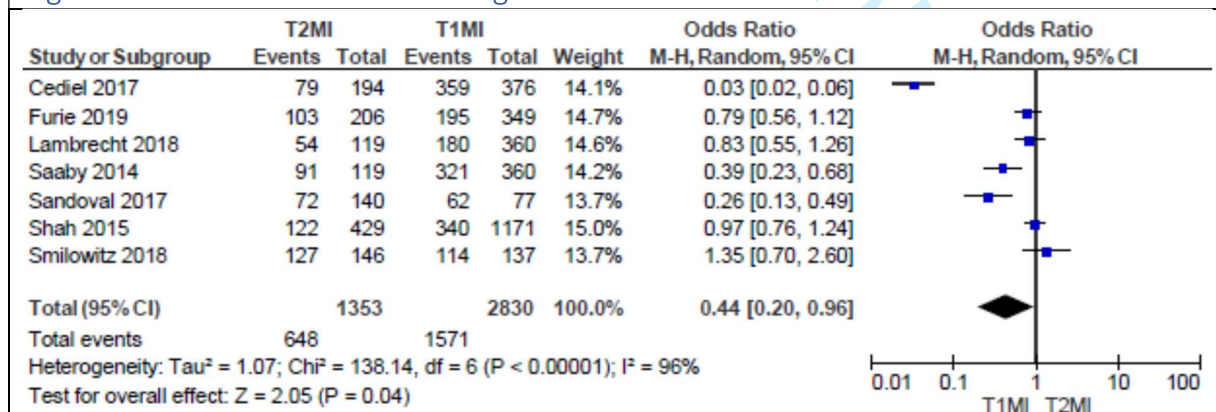


Figure S34. Forest Plot. Regional Wall Motion Abnormalities.

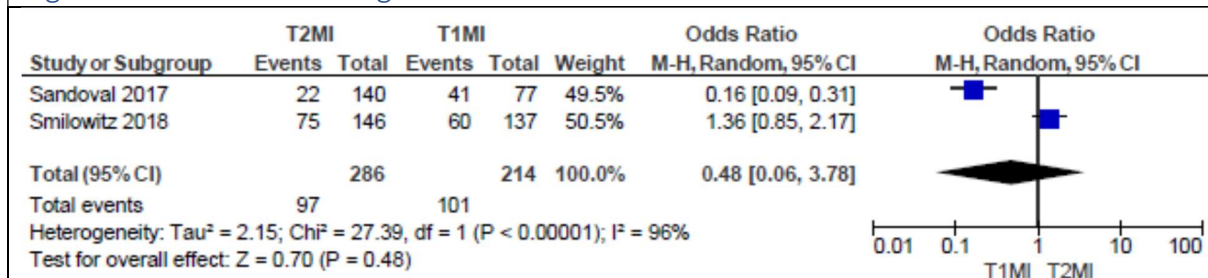


Figure S35. Forest Plot. Beta-Blockers.

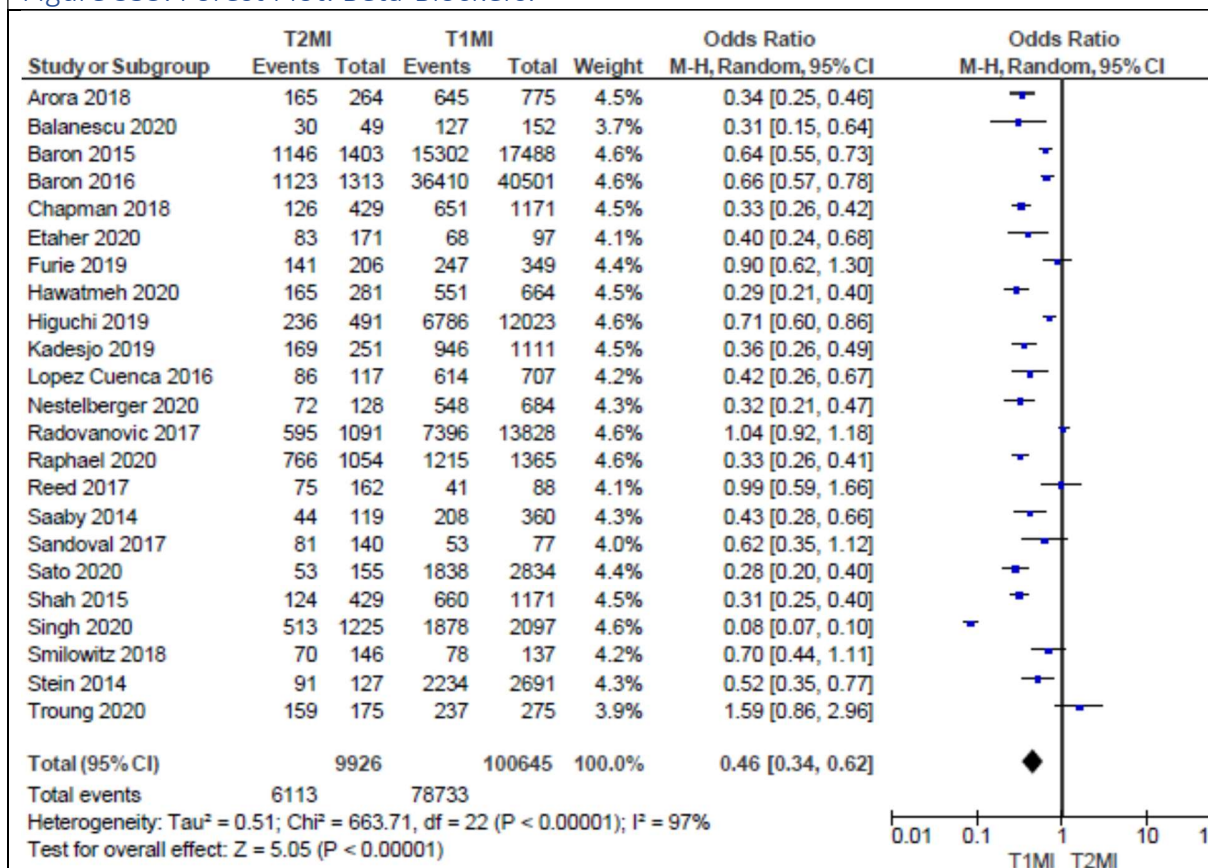
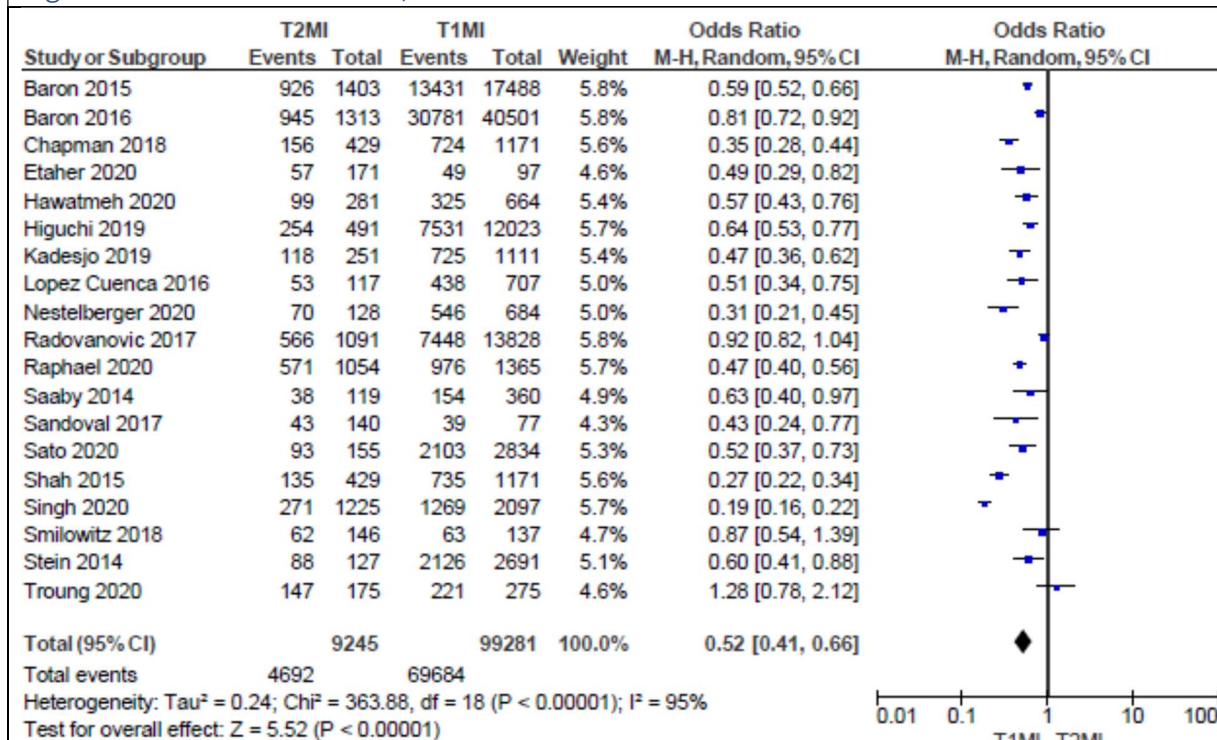


Figure S36. Forest Plot. ACEi/ARB.



Review only

Figure S37. Forest Plot. Antiplatelets.

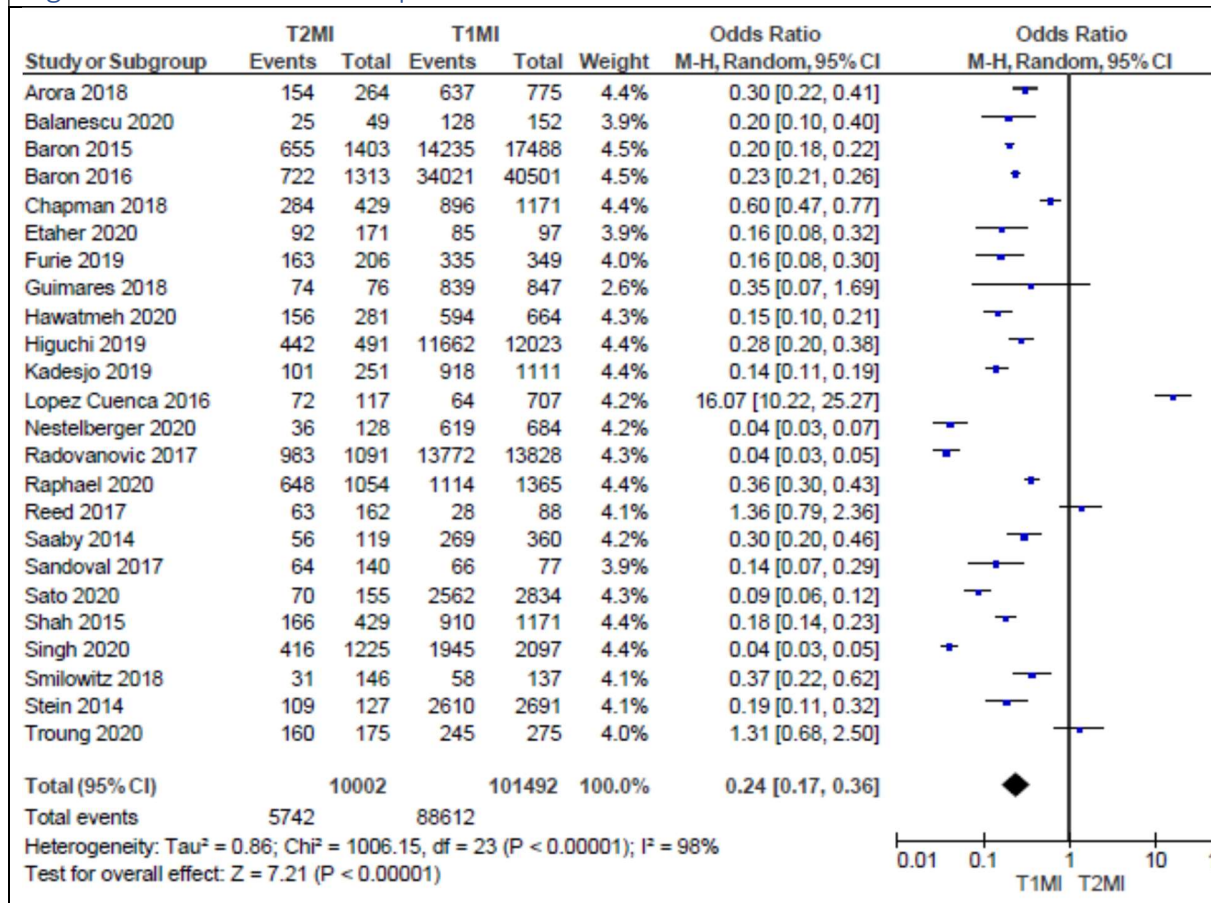


Figure S38. Forest Plot. Anticoagulants.

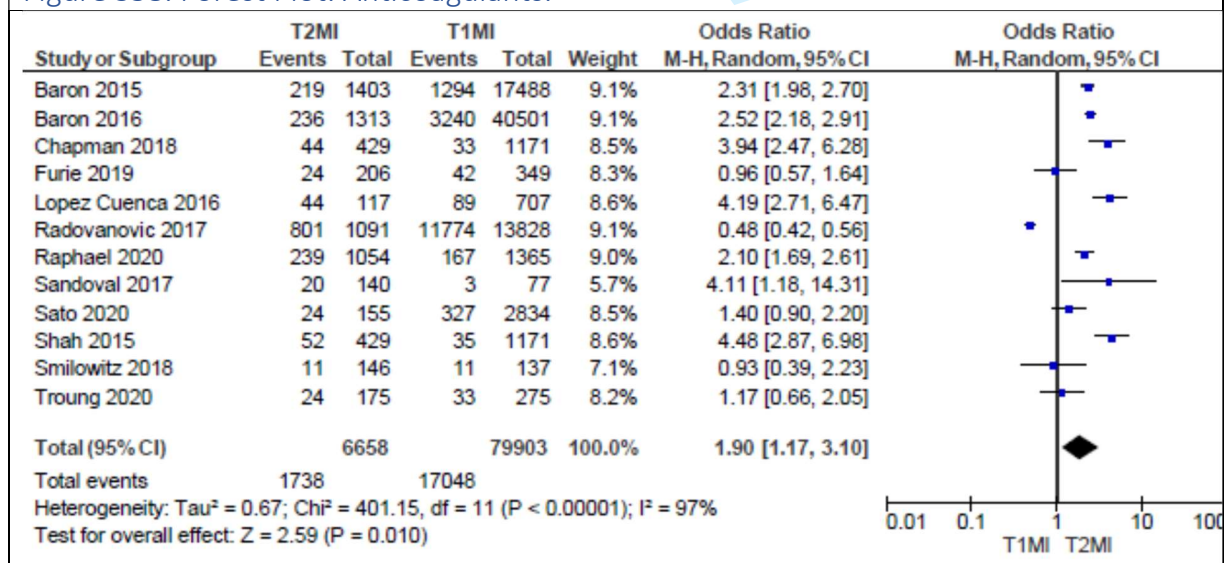


Figure S39. Forest Plot. Antianginals.

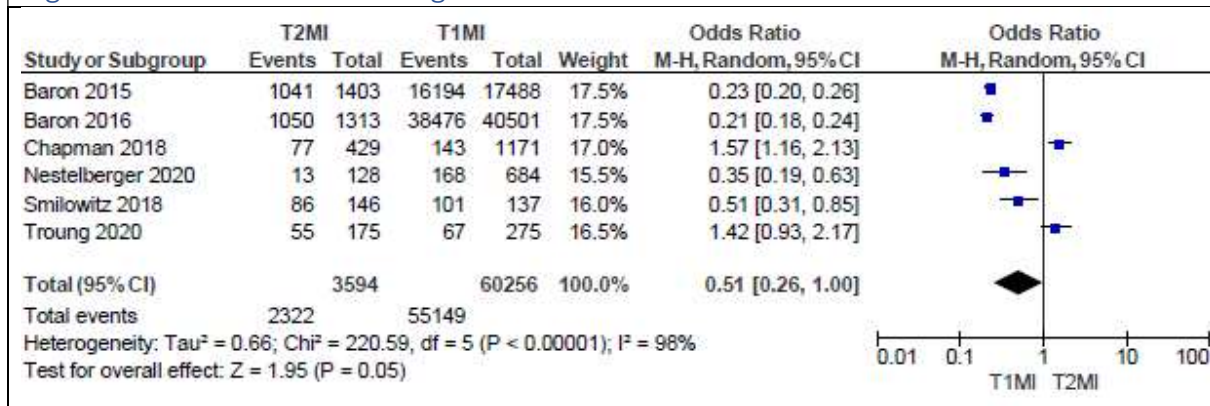


Figure S40. Forest Plot. Diuretics.

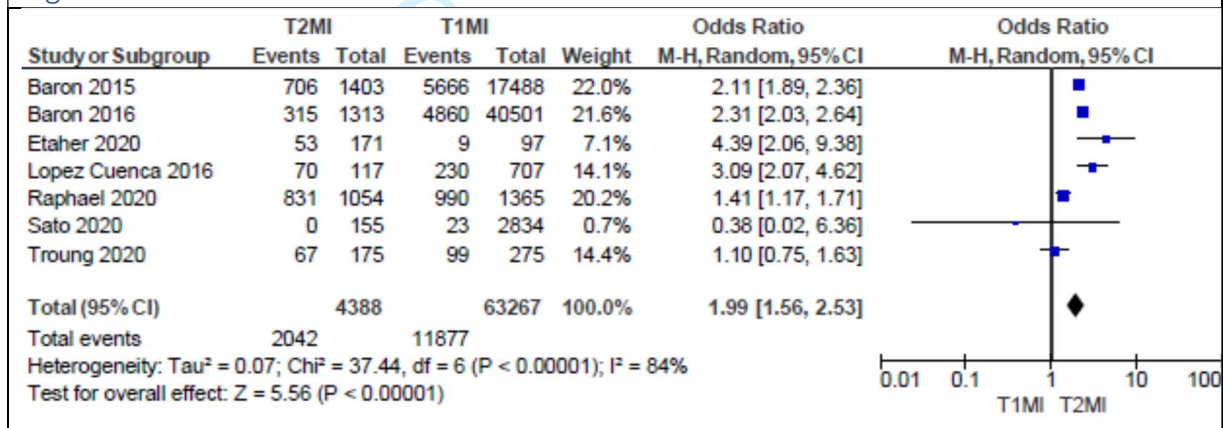
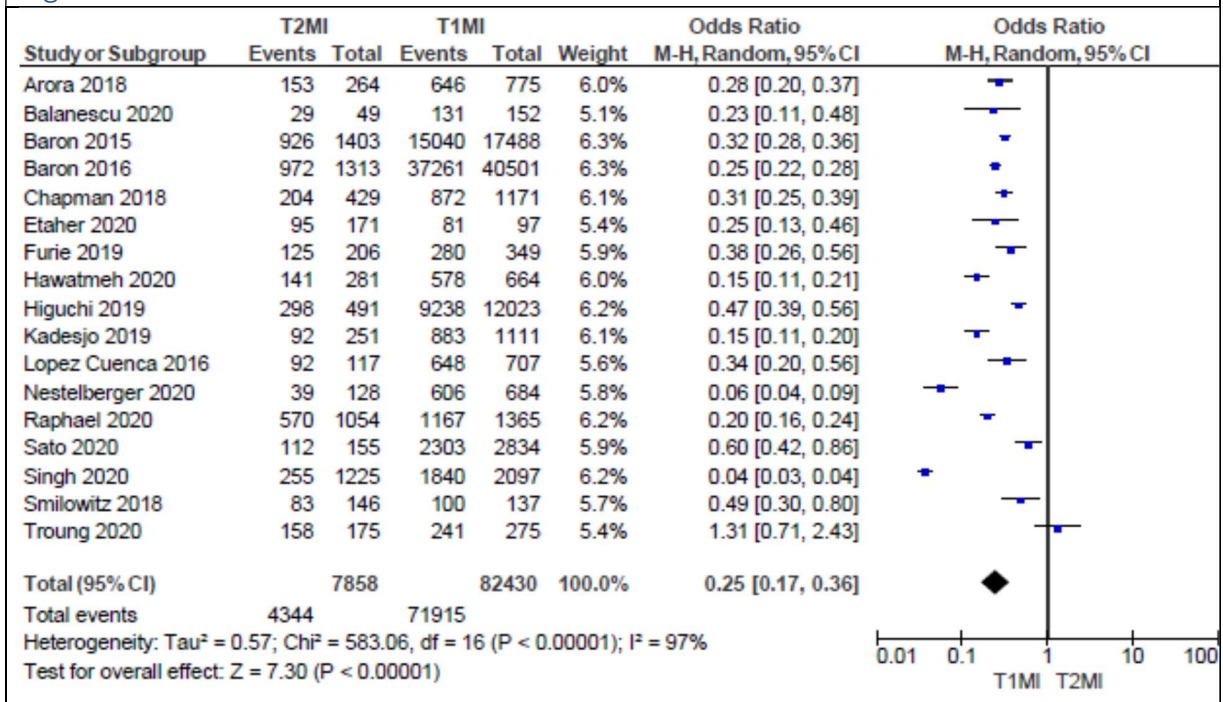


Figure S41. Forest Plot. Statins.



review only

Figure S42. Forest Plot. Percutaneous Coronary Intervention.

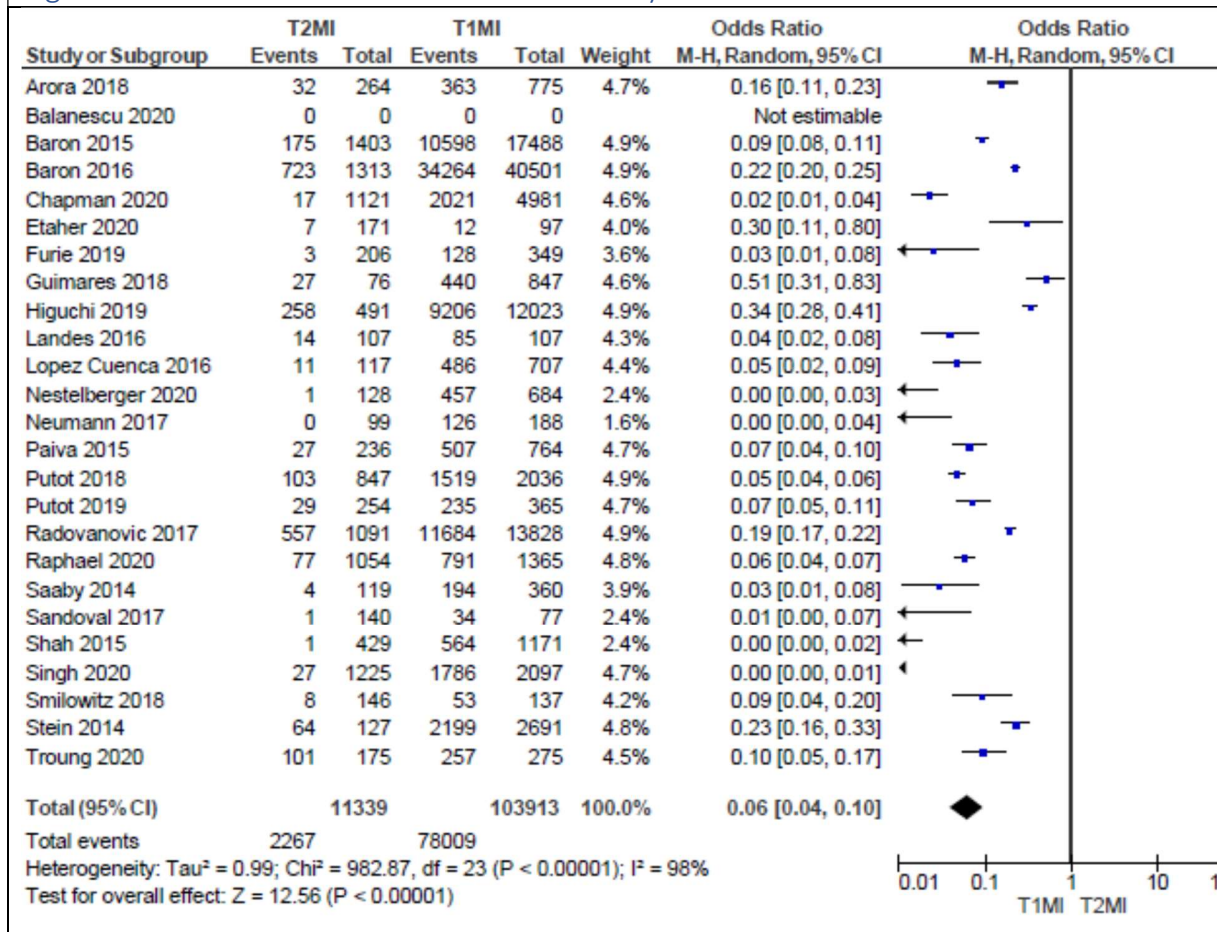


Figure S43. Forest Plot. Coronary Artery Bypass Graft.

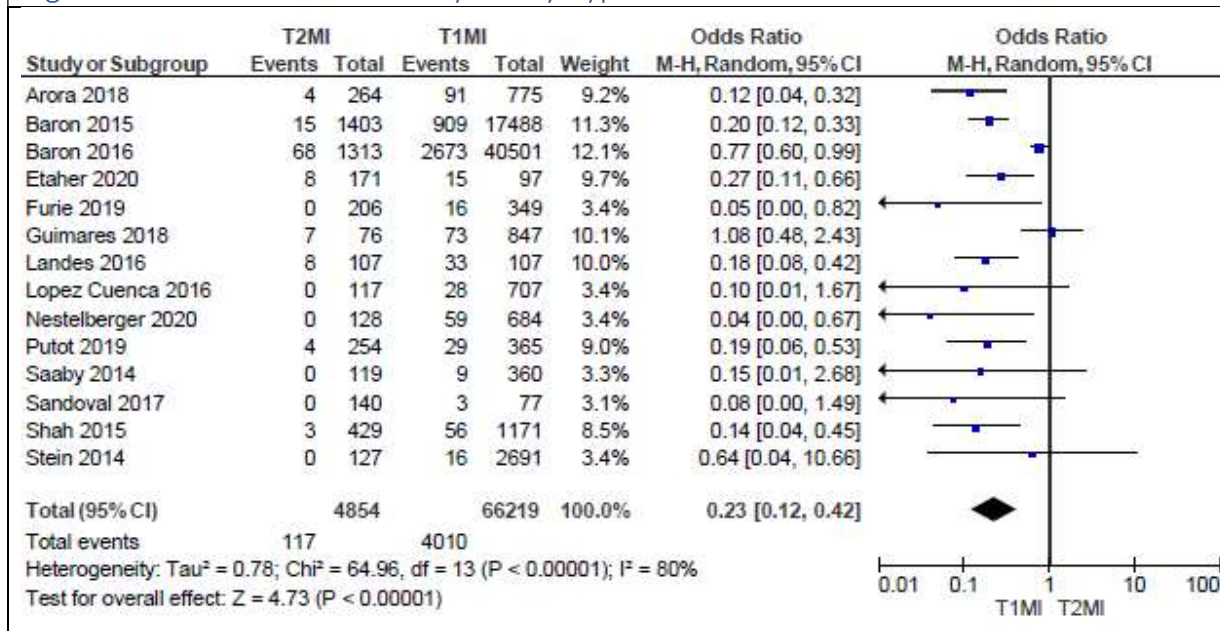


Figure S44. All cause In-hospital mortality. T2MI compared to T1MI.

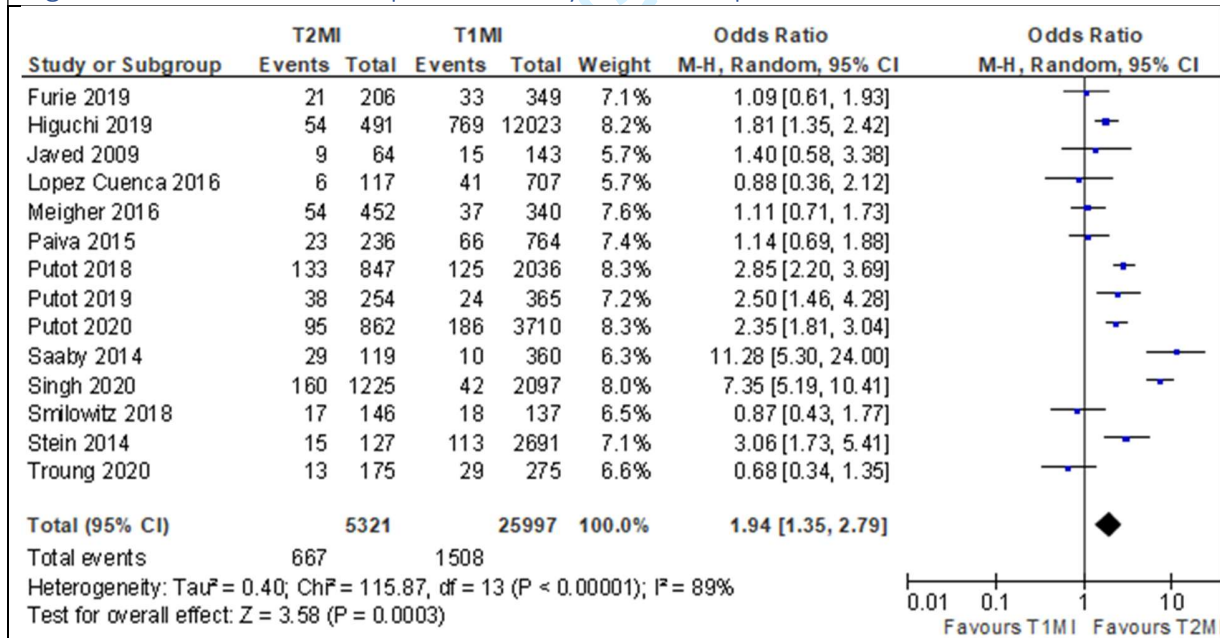


Figure S45. Short-term all-cause mortality. T2MI compared to T1MI.

Study or Subgroup	T2MI		T1MI		Weight	Odds Ratio M-H, Random, 95% CI	M-H, R
	Events	Total	Events	Total			
Nestelberger 2020	1	128	42	684	10.4%	0.12 [0.02, 0.88]	
Sandoval 2014	51	190	15	66	29.6%	1.25 [0.65, 2.41]	
Sandoval 2017	18	140	6	77	23.4%	1.75 [0.66, 4.60]	
Shah 2015	134	429	187	1171	36.7%	2.39 [1.85, 3.09]	
Total (95% CI)		887		1998	100.0%	1.34 [0.63, 2.85]	
Total events	204		250				
Heterogeneity: $\text{Tau}^2 = 0.38$; $\text{Chi}^2 = 12.11$, $\text{df} = 3$ ($P = 0.007$); $I^2 = 75\%$							0.01 0.1 Favours T
Test for overall effect: $Z = 0.77$ ($P = 0.44$)							

Figure S47. Two-year all-cause mortality. T2MI compared to T1MI.

Study or Subgroup	T2MI		T1MI		Weight	Odds Ratio M-H, Random, 95% CI	M-H, R
	Events	Total	Events	Total			
Cediel 2017	77	194	74	376	19.0%	2.69 [1.83, 3.94]	
Guimares 2018	19	76	156	847	15.9%	1.48 [0.85, 2.55]	
Neumann 2017	14	99	18	188	12.5%	1.56 [0.74, 3.28]	
Paiva 2015	62	236	92	764	19.3%	2.60 [1.81, 3.74]	
Srnilowitz 2018	45	146	41	137	16.6%	1.04 [0.63, 1.73]	
Truong 2020	29	175	47	275	16.6%	0.96 [0.58, 1.60]	
Total (95% CI)		926		2587	100.0%	1.63 [1.11, 2.41]	
Total events	246		428				
Heterogeneity: $\text{Tau}^2 = 0.17$; $\text{Chi}^2 = 19.10$, $\text{df} = 5$ ($P = 0.002$); $I^2 = 74\%$							0.01 0.1 Favours T
Test for overall effect: $Z = 2.48$ ($P = 0.01$)							

Figure S48. Three-year all-cause mortality. T2MI compared to T1MI.

Study or Subgroup	T2MI		T1MI		Weight	Odds Ratio M-H, Random, 95% CI	M-H, R
	Events	Total	Events	Total			
Kadesjo 2019	101	251	259	1111	36.0%	2.21 [1.66, 2.95]	
Lambrecht 2018	74	119	114	360	32.9%	3.55 [2.30, 5.47]	
Sato 2020	18	155	337	2834	31.1%	0.97 [0.59, 1.61]	
Total (95% CI)		525		4305	100.0%	2.00 [1.07, 3.76]	
Total events	193		710				
Heterogeneity: $\text{Tau}^2 = 0.27$; $\text{Chi}^2 = 14.69$, $\text{df} = 2$ ($P = 0.0006$); $I^2 = 86\%$							0.01 0.1 Favours T
Test for overall effect: $Z = 2.16$ ($P = 0.03$)							

References

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PRISMA 2020 Checklist

Section and Topic	Item #	Checklist item	Location where item is reported
TITLE			
Title	1	Identify the report as a systematic review.	1
ABSTRACT			
Abstract	2	See the PRISMA 2020 for Abstracts checklist.	3
INTRODUCTION			
Rationale	3	Describe the rationale for the review in the context of existing knowledge.	4
Objectives	4	Provide an explicit statement of the objective(s) or question(s) the review addresses.	4
METHODS			
Eligibility criteria	5	Specify the inclusion and exclusion criteria for the review and how studies were grouped for the syntheses.	4
Information sources	6	Specify all databases, registers, websites, organisations, reference lists and other sources searched or consulted to identify studies. Specify the date when each source was last searched or consulted.	4
Search strategy	7	Present the full search strategies for all databases, registers and websites, including any filters and limits used.	Supp
Selection process	8	Specify the methods used to decide whether a study met the inclusion criteria of the review, including how many reviewers screened each record and each report retrieved, whether they worked independently, and if applicable, details of automation tools used in the process.	4
Data collection process	9	Specify the methods used to collect data from reports, including how many reviewers collected data from each report, whether they worked independently, any processes for obtaining or confirming data from study investigators, and if applicable, details of automation tools used in the process.	4
Data items	10a	List and define all outcomes for which data were sought. Specify whether all results that were compatible with each outcome domain in each study were sought (e.g. for all measures, time points, analyses), and if not, the methods used to decide which results to collect.	4
	10b	List and define all other variables for which data were sought (e.g. participant and intervention characteristics, funding sources). Describe any assumptions made about any missing or unclear information.	4
Study risk of bias assessment	11	Specify the methods used to assess risk of bias in the included studies, including details of the tool(s) used, how many reviewers assessed each study and whether they worked independently, and if applicable, details of automation tools used in the process.	5
Effect measures	12	Specify for each outcome the effect measure(s) (e.g. risk ratio, mean difference) used in the synthesis or presentation of results.	5
Synthesis methods	13a	Describe the processes used to decide which studies were eligible for each synthesis (e.g. tabulating the study intervention characteristics and comparing against the planned groups for each synthesis (item #5)).	5
	13b	Describe any methods required to prepare the data for presentation or synthesis, such as handling of missing summary statistics, or data conversions.	5
	13c	Describe any methods used to tabulate or visually display results of individual studies and syntheses.	5
	13d	Describe any methods used to synthesize results and provide a rationale for the choice(s). If meta-analysis was performed, describe the model(s), method(s) to identify the presence and extent of statistical heterogeneity, and software package(s) used.	5
	13e	Describe any methods used to explore possible causes of heterogeneity among study results (e.g. subgroup analysis, meta-regression).	5
	13f	Describe any sensitivity analyses conducted to assess robustness of the synthesized results.	N/A
Reporting bias assessment	14	Describe any methods used to assess risk of bias due to missing results in a synthesis (arising from reporting biases).	5
Certainty	15	Describe any methods used to assess certainty (or confidence) in the body of evidence for an outcome.	N/A



PRISMA 2020 Checklist

Section and Topic	Item #	Checklist item	Location where item is reported
assessment			
RESULTS			
Study selection	16a	Describe the results of the search and selection process, from the number of records identified in the search to the number of studies included in the review, ideally using a flow diagram.	5
	16b	Cite studies that might appear to meet the inclusion criteria, but which were excluded, and explain why they were excluded.	5
Study characteristics	17	Cite each included study and present its characteristics.	Supp
Risk of bias in studies	18	Present assessments of risk of bias for each included study.	Supp
Results of individual studies	19	For all outcomes, present, for each study: (a) summary statistics for each group (where appropriate) and (b) an effect estimate and its precision (e.g. confidence/credible interval), ideally using structured tables or plots.	Supp
Results of syntheses	20a	For each synthesis, briefly summarise the characteristics and risk of bias among contributing studies.	Supp
	20b	Present results of all statistical syntheses conducted. If meta-analysis was done, present for each the summary estimate and its precision (e.g. confidence/credible interval) and measures of statistical heterogeneity. If comparing groups, describe the direction of the effect.	Supp
	20c	Present results of all investigations of possible causes of heterogeneity among study results.	Supp
	20d	Present results of all sensitivity analyses conducted to assess the robustness of the synthesized results.	N/A
Reporting biases	21	Present assessments of risk of bias due to missing results (arising from reporting biases) for each synthesis assessed.	N/A
Certainty of evidence	22	Present assessments of certainty (or confidence) in the body of evidence for each outcome assessed.	N/A
DISCUSSION			
Discussion	23a	Provide a general interpretation of the results in the context of other evidence.	7
	23b	Discuss any limitations of the evidence included in the review.	9
	23c	Discuss any limitations of the review processes used.	9
	23d	Discuss implications of the results for practice, policy, and future research.	9
OTHER INFORMATION			
Registration and protocol	24a	Provide registration information for the review, including register name and registration number, or state that the review was not registered.	4
	24b	Indicate where the review protocol can be accessed, or state that a protocol was not prepared.	4
	24c	Describe and explain any amendments to information provided at registration or in the protocol.	N/A
Support	25	Describe sources of financial or non-financial support for the review, and the role of the funders or sponsors in the review.	N/A
Competing interests	26	Declare any competing interests of review authors.	N/A
Availability of data, code and other materials	27	Report which of the following are publicly available and where they can be found: template data collection forms; data extracted from included studies; data used for all analyses; analytic code; any other materials used in the review.	N/A



PRISMA 2020 Checklist

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Title Page

Manuscript Title

Diagnostic features, management, and prognosis of Type 2 myocardial infarction compared to Type 1 myocardial infarction: A systematic review and meta-analysis.

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Abstract

Importance

Distinguishing type 2 (T2MI) from type 1 myocardial infarction (T1MI) in clinical practice can be difficult, and the management and prognosis for T2MI remain uncertain.

Objective

To compare precipitating factors, risk factors, investigations, management, and outcomes for T2MI and T1MI.

Data Sources

MEDLINE and EMBASE databases as well as reference list of recent articles were searched January 2009 to December 2020 for term “type 2 myocardial infarction”.

Study Selection

Studies were included if they analysed if universal definition of MI was used and reported quantitative data on at least one variable of interest.

Data Extraction and Synthesis

Data was pooled using random-effect meta-analysis. Risk of bias was assessed using Newcastle-Ottawa Quality Assessment Form. Preferred Reporting Items for Systematic Reviews and Meta-analyses (PRISMA) guidelines were followed. All review stages were conducted by two reviewers.

Main Outcomes and Measures

Risk factors, presenting symptoms, cardiac investigations such as troponin and angiogram, management, and outcomes such as mortality.

Results

41 cohort studies comprising 116,565 T1MI and 15,258 T2MI patients were included. Compared to T1MI, T2MI patients were: more likely to have pre-existing chronic kidney disease (OR 1.89; 95%CI 1.59-2.25) and chronic heart failure (OR 2.34; 95%CI 1.87-2.93), less likely to present with typical cardiac symptoms of chest pain (OR 0.19; 95%CI 0.15-0.26) and more likely to present with dyspnoea (OR 2.83; 95%CI 1.96-4.08); more likely to demonstrate non-specific ST-T wave changes on electrocardiography (OR 2.62; 95%CI 1.81-3.79) and less likely to show ST elevation (OR 0.22; 95%CI 0.18-0.28); less likely to undergo coronary angiography (OR 0.09; 95%CI 0.06-0.12) and percutaneous coronary intervention (OR 0.06; 95%CI 0.04-0.10) or receive cardioprotective medications, such as statins (OR 0.25; 95%CI 0.17-0.36) and beta-blockers (OR 0.46; 95%CI 0.34-0.62). T2MI had more risk of all cause one-year mortality (OR 2.94; 95%CI 2.07-4.17), with no differences in cardiovascular deaths (OR 1.17; 95%CI 0.70-1.97).

Conclusion and Relevance

This review has identified clinical, management and survival differences between T2MI and T1MI with greater precision and scope than previously reported. Differential use of coronary

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3 revascularisation and cardioprotective medications highlight ongoing uncertainty of their utility in
4 T2MI compared to T1MI.
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12 Strength and Limitations

- 13 • Inclusion of all contemporary cohort studies in the troponin era
 - 14 • Large patient population of T2MI and T1MI patients analysed allowing high level of precision
 - 15 • Wide array of clinically significant variables assessed providing a comprehensive analysis
 - 16 • Analysis of crude mortality only was possible due to lack of individual patient data
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Introduction

The clinical definition of myocardial infarction has evolved over time. The 2007 Universal Definition of Myocardial Infarction included a subset of MI that was secondary to aetiologies unrelated to underlying occlusive coronary artery disease (1). In 2012, the Third Universal Definition of Myocardial Infarction Consensus Document (2) gave rise to the aetiological distinction between T1MI, defined as MI due to plaque erosion and/or rupture, and T2MI, defined as MI caused by increased oxygen demand or decreased blood supply, in the absence of acute plaque rupture or coronary thrombosis. More recently, in 2018, the Fourth Universal definition of MI updated concepts of T2MI regarding specific situations associated with oxygen demand and supply imbalance and the relevance of the presence or absence of underlying coronary artery disease to therapy and prognosis (3). (see on-line supplement Table S1 for more detail)

In clinical practice, distinguishing T2MI from T1MI based on clinical presentation, electrocardiograph (ECG) features and cardiac troponin (cTn) values can be difficult. In the absence of randomised controlled trials that have evaluated different investigational and therapeutic interventions in patients with T2MI, uncertainty remains around the appropriate management of such patients, particularly those with known or suspected coronary artery disease. Past reviews have assessed one or more attributes of T2MI in comparison to T1MI (4-8) but, to our knowledge, none have undertaken a comprehensive analysis of symptoms, physical signs, investigation results, management regimens and clinical outcomes, both short and long term, of T2MI versus T1MI.

We undertook a systematic review of observational studies with the aims of identifying diagnostic and investigational findings which can assist clinicians to better distinguish T2MI from T1MI, and compare T2MI with T1MI in defining differences in management strategies and clinical outcomes.

Methods

Study design

The review was undertaken in accordance with recommendations of the Cochrane Collaboration and Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) statement (9). Our review was registered on PROSPERO prior to commencement (Registration number: CRD42021237746). MEDLINE and EMBASE databases were searched for all studies published between January 1st, 2009, and December 31st, 2020, using search terms to identify all studies related to T2MI (see Table S2). Reference lists of all relevant articles were also assessed to identify additional relevant studies. The study PRISMA flowchart is shown in Figure S1.

Studies were included if they: 1) compared patient populations with T2MI and T1MI, 2) used a universal definition of MI, 3) included at least one variable of interest, 4) were available as full text in English and 5) were either a randomised control trial or comparative observational study. Studies were excluded if: 1) no full text was available, 2) duplicate data was utilised or 3) less than 200 participants in total were included. Initial screening of titles and abstracts for eligible studies was performed independently by two authors (MK, KW), as was full text review for inclusion, with any differences in review settled by consensus agreement.

Data collection and synthesis

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3 Data pertaining to all variables of interest were collected from all included studies using a
4 standardised proforma by one author (MK) and independently reviewed by the second author (KW).
5 These variables comprised: study dates, design, sample size, definition used to define T2MI and
6 T1MI, patient demographics, pre-existing medical conditions, precipitating factors, clinical
7 symptoms, ECG findings, laboratory values, echocardiographic results, any clinical interventions or
8 medical treatments administered, and clinical outcomes observed.
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11 Data on variables reported as, or able to be converted to, raw numbers, were pooled from all studies
12 and subject to comparative meta-analysis using Review Manager (RevMan, Computer program.
13 Version 5.3. Copenhagen: The Nordic Cochrane Centre, The Cochrane Collaboration, 2014). For each
14 variable, the weighted odds ratio (OR) comparing T2MI to T1MI, and its 95% confidence interval (CI),
15 was calculated using the random effects method. As specified in the registered study protocol, the
16 random effects method was used in anticipation of study heterogeneity of at least moderate degree
17 (I^2 statistic of heterogeneity >50%) (10). In addition to the weighted OR, we also report the crude,
18 unweighted total event rates for each variable subject to meta-analysis in order to provide a more
19 clinically meaningful estimate of the prevalence of these events in each patient group in view of the
20 large sample sizes. Studies reporting mean or median values only were reproduced as reported in
21 the original study.
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26 Risk of bias within each study was assessed using the Newcastle-Ottawa quality assessment tool for
27 cohort studies (11, 12), with scores 7-8 denoting good quality studies, 4-6 fair quality, and 0-3 poor
28 quality.
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31 Patient and Public Involvement

32 We did not seek patient or public comment in designing the study.
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36 Results

37 A total of 41 studies were included for analysis (13-53) and their characteristics are summarised in
38 Table S3. They comprised a total of 131,823 participants of whom 116,565 participants (88%) were
39 classified as T1MI and 15,258 (12%) as T2MI. In the following text, we report key findings; more
40 information and forest plots for each analysis involving more than one study and more than 100
41 total cases can be found in the on-line supplement, Figures S2-S43.
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45 The 2007 definition (1) was used in 8 (19%) studies (15-17, 28, 30, 44, 45, 52), the 2012 definition (2)
46 in 25 (61%) studies (13, 18, 20-22, 24-27, 31-36, 38, 40, 41, 43, 46-49, 51, 53), and the 2018
47 definition (3) in 8 (19%) studies (14, 19, 23, 29, 37, 39, 42, 50). Of the 41 studies, 18 (44%) were
48 prospective (15-17, 19, 20, 23, 30, 34, 35, 37, 38, 44, 45, 47-49, 51, 52) and 23 (56%) were
49 retrospective (13, 14, 18, 21, 22, 24-29, 31-33, 36, 39-43, 47, 50, 53).
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53 Risk of bias assessment

54 Of the 41 studies, 32 (78%) were assessed as good quality (13, 15-20, 23, 24, 28-36, 38-47, 49, 53), 6
55 (15%) as fair quality (14, 25-27, 50), and 3 (7%) as poor quality (21, 37, 48), as summarised in Table
56 S4. Selection bias resulting in unrepresentative cohorts such as admission criteria to coronary care
57 units or entry criteria into MI registries favouring T1MI (14, 21, 25-27, 37, 48, 50), absence of
58 independent adjudication of MI type as T1MI or T2MI (37, 39, 48), non-comparability of T1MI and
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3 T2MI cohorts (21, 25, 26, 48), poorly specified outcome measures (37, 39, 48) and short follow-up
4 period resulting in few events (14, 21, 25, 37) comprised most forms of bias.
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7 Participant characteristics

8 Patients with T1MI had a median age range of 60-82 years in the included studies that did not select
9 a specific age population, compared to a median age range of 62-79 years in patients with T2MI. The
10 sex distribution was also similar, with 59.8% and 54% of patients with T1MI and T2MI being male
11 respectively.
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14 Regarding pre-existing medical conditions (Table 1), T2MI patients compared to T1MI patients were
15 more likely to have chronic kidney disease (26.9% vs 19.3%; OR 1.89; 95%CI 1.59-2.25), chronic heart
16 failure (19% vs 8.1%; OR 2.34; 95%CI 1.87-2.93), atrial fibrillation (22.9% vs 6.1%; OR 3.02; 95%CI
17 2.29-3.99), and hypertension (66.8% vs 61.3%; OR 1.22; 95%CI 1.05-1.43). Patients with T2MI were
18 less likely to have dyslipidaemia (43.4% vs 45.9%; OR 0.74; 95%CI 0.58-0.94) and smoking history
19 (37.2% vs 53.9%; OR 0.61; 95%CI 0.50-0.74). There was no difference in the prevalence of type 2
20 diabetes mellitus or ischaemic heart disease between the two groups.
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24 Precipitating factors

25 Less than half of the studies (n=18; 44%) included data on precipitating factors associated with T2MI
26 (13, 15, 16, 18, 20, 22-25, 28, 32, 33, 36, 41, 45, 46, 51, 52). Data on each precipitating factor was
27 not consistently available across the studies, for example only 18 studies representing 45% of T2MI
28 patients assessed presence of arrhythmia
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32 The most common precipitant was sepsis (35.9%), followed by arrhythmia (29.8%), and heart failure
33 28.6% (Table S5), with non-cardiac surgery being deemed a cause in 12.2% of cases where data for
34 this variable were collected.
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37 Presenting clinical features

38 As summarised in Table S6, compared to T1MI patients, T2MI patients were less likely to present
39 with typical cardiac symptoms of chest pain (59.2% vs 87.7%; OR 0.19; 95%CI 0.15-0.26) or
40 discomfort in the arm or shoulder (8.5% vs 35%; OR 0.18; 95%CI 0.11-0.3), but more likely to
41 present with dyspnoea (27.6% vs 9.9%; OR 2.83; 95%CI 1.96-4.08).
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45 Investigations

46 ECG findings on presentation (Table S7) such as ST elevation (13.4% vs 42.1%; OR 0.22; 95%CI 0.18-
47 0.28) and pathological Q waves (6.7% vs 20.8%; OR 0.38; 95%CI 0.20-0.71) were less evident in T2MI
48 than in T1MI. In contrast, non-specific ST-T wave changes (24.7% vs 10.8%; OR 2.62; 95%CI 1.81-
49 3.79), and atrial arrhythmias (27% vs 10.2%; OR 3.70; 95%CI 2.87-4.77) were more common among
50 T2MI. No differences between groups were seen in the frequency of ST depression or T wave
51 inversion.
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55 Among the 41 studies, five studies (12%) reported the use of high-sensitivity cardiac troponin (cTn)
56 assays, 22 (54%) reported sensitive assays, and 14 (34%) did not specify what generation assay was
57 used (Table S3b). The results of troponin assays were reported in 27 (66%) studies, specific to cTnI
58 assays in 19 studies, cTnT in 6, both assays in one, while another did not specify the assay used. Only
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two of these studies reporting troponin failed to state the upper limit of normal (ULN) of the assay used (24, 32). The troponin assays, and therefore units and reference ranges, varied between the studies, preventing direct comparison of troponin values. As a result, we converted troponin values to a multiple of the upper limit of normal for each assay to allow direct comparison (Table S8). For peak troponin, patients with T1MI had a higher and wider range of between 5 and 1702 times the ULN compared to patients with T2MI with a range of 2.8-447 times the ULN. Studies yielded mixed results as to whether the magnitude of change (or delta) in serial cardiac troponin assays was more predictive of T2MI or T1MI compared to absolute values of peak levels (34). Lowering the diagnostic threshold for troponin with the advent of more sensitive assays has increased the numbers of patients identified with T2MI by up to 50% (37), with more recent studies showing the incidence of T2MI equalling or exceeding that of T1MI (16, 34, 37).

Echocardiography was less frequently performed among T2MI than T1MI patients (47.9% vs 55.5%; OR 0.44; 95%CI 0.20-0.96) and when reported (Table S7), there was no difference in the prevalence of regional wall motion abnormalities or the level of left ventricular (LV) function, with reported median LV ejection fraction being 42.3%-55% in T1MI patients and 40%-56% in T2MI patients.

Coronary angiography was also less frequently performed among T2MI than in T1MI patients (34.4% vs 83.4%; OR 0.09; 95%CI 0.06-0.12, Table S7). When performed, T2MI patients were less likely to demonstrate obstructive coronary artery disease (34% vs 44.9%; OR 0.16; 95%CI 0.05-0.54), with obstruction variously defined as 50%-70% occlusion of one or more vessels.

Management

T2MI patients, compared to T1MI patients, were significantly less likely to receive conventional cardioprotective medications (Table 2), comprising beta-blockers (61.6% vs 78.2%; OR 0.46; 95%CI 0.34-0.62), anti-platelet agents (57.4% vs 87.3%; OR 0.24; 95%CI 0.17-0.36) and statins (55.3% vs 87.2%; OR 0.25; 95%CI 0.17-0.36). Of note, T2MI patients were more likely to receive diuretics (46.5% vs 18.8%; OR 1.99; 95%CI 1.56-2.53) or anti-coagulants (26.1% vs 21.3%; OR 1.90; 95%CI 1.17-3.10).

Percutaneous coronary intervention (PCI) (20% vs 75.1%; OR 0.06; 95%CI 0.04-0.10) and coronary artery bypass surgery (2.4% vs 6.1%; OR 0.23; 95%CI 0.12-0.42) were also significantly less likely to be performed in T2MI patients than T1MI patients.

Prognosis

T2MI patients had significantly increased risk of all-cause death compared to patients with T1MI in both short- and long-term follow-up (Table 3). Specifically, compared to T1MI patients, T2MI demonstrated increased all-cause mortality in-hospital (12.5% vs 5.8%; OR 1.94; 95%CI 1.35-2.79, Figure S44), at one-year (20.6% vs 8.8%; OR 2.94; 95%CI 2.07-4.17, Figure 1) and at 5 to 10 years, (53.7% vs 28.5%, OR 3.24; 95%CI 2.73-3.84, Figure 2). In contrast, there were no differences between T2MI and T1MI patients in the risk of cardiovascular related in-hospital mortality (6% vs 3.8%; OR 1.17; 95%CI 0.70-1.97) or short-term mortality at 120-180 days (23.0% vs 12.5%; OR 1.34; 95%CI 0.63-2.85).

Discussion

To our knowledge, this is the most comprehensive systematic review and meta-analysis of contemporary studies comparing T2MI with T1MI in the troponin era, comprising 131,000 patients from 41 cohort studies across 14 countries, and which used formal definitions of T2MI and T1MI. Up to three quarters of all myocardial infarctions in routine care can be T2MI (34, 35), and distinguishing T2MI from T1MI on clinical criteria is often challenging. The management strategies used by clinicians in real-world practice for T2MI often vary, and the clinical outcomes of T2MI compared to T1MI, particularly over the long term, have been uncertain. This review provides information that helps characterise these two groups of patients according to multiple variables and which may assist in clinical decision-making and prognostication.

In this review, T2MI patients demonstrated more medical comorbidities than T1MI patients, as noted in a recent meta-analysis (6). Our review highlighted the much higher incidence of pre-existing generalised vascular disease, atrial fibrillation, renal impairment, and heart failure among T2MI patients.

Sepsis (10, 17, 28) and anaemia (52) ranked highly as triggers, together with other acute cardiac events such as valve dysfunction or arrhythmias. In one study, a more favourable prognosis in T2MI was seen when the principal trigger was arrhythmia compared to non-cardiac surgery, hypotension, anaemia or hypoxia (30). In another study, shock syndromes were triggers portending a worse prognosis compared to all other triggers (33). In our analysis, non-cardiac surgery as a trigger was less frequent than reported by other investigators (27) whereby peri-operative stressors including blood loss, anaesthesia induced hypotension and wound infections cause imbalance in myocardial contractility, oxygen demand and blood flow (54).

Analysis of cTn levels showed uniformly higher values in T1MI than T2MI which accord with one review (5) reporting cTn values 30% to 94% higher in patients with T1MI, and which other investigators regard as being highly specific diagnostic markers for T1MI (54).

Coronary angiography and revascularisation were both performed much less frequently in T2MI than in T1MI patients. Treating physicians may perceive invasive strategies as being contraindicated or potentially harmful in the presence of various co-morbidities more commonly seen in T2MI and associated with competing mortality risk. In our pooled data, only one in three T2MI patients who underwent angiography demonstrated obstructive coronary artery disease, although this figure may be an underestimate due to selection bias whereby younger, less multi-morbid patients preferentially underwent angiography. In the CASABLANCA cohort study, which enrolled patients with high likelihood of coronary or peripheral artery disease and subjected them to peripheral or coronary angiography, of all those who subsequently suffered incident T2MI, almost half (47.7%) demonstrated $\geq 70\%$ stenosis in at least 2 major coronary arteries (55). These conflicting findings question whether patients presenting with T2MI would benefit from routine use of invasive strategies that define coronary anatomy and, if plaque rupture or critical stenoses are seen, prompt revascularisation, with resultant improvement in patient outcomes. In one study (19), angiography unmasked acute plaque rupture in 29% of patients classified as T2MI. In another study, among 27 of 236 patients with T2MI who underwent revascularisation, the odds of all-cause death were reduced by 67% compared to the remaining 209 non-revascularised patients (24). In contrast, in a third more

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3 rigorous study comparing T2MI versus T1MI patients who received or did not receive PCI within 24
4 hours of symptom onset, after adjusting results using multivariate logistic regression analysis and
5 inverted probability weighting,(15) in-hospital mortality was lower in those with T1MI receiving PCI
6 (OR 0.47; 95% CI 0.40–0.55; $p < 0.001$), but not in those with T2MI receiving PCI (OR 1.09; 95% CI
7 0.62–1.94; $p = 0.763$). However, all these studies are observational, so completion of randomised
8 trials, such as the Appropriateness of Coronary investigation in myocardial injury and Type 2
9 myocardial infarction (ACT-2) trial, which is currently in recruitment (54), will hopefully provide a
10 more definitive answer.
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15 Given that a third of T2MI patients had pre-existing coronary artery disease and most of the
16 remainder had one or more cardiovascular risk factors, the relative underuse of cardioprotective
17 medications is perplexing. It may reflect either clinician uncertainty around their cardioprotective
18 utility in T2MI, or concerns about the potential for adverse interactions with other drugs or diseases
19 commonly seen in multi-morbid T2MI patients. The higher use of diuretics in the T2MI population
20 likely reflects the higher prevalence of heart failure and hypertension. Recognizing the
21 heterogeneous mechanisms or conditions leading to T2MI, a phenotype specific-approach to the
22 design of future trials will be useful in identifying effective therapies.
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26 An important finding is the much higher all-cause in-hospital and one-year mortality in T2MI
27 compared to T1MI patients, similar to the two-fold greater mortality rate in T2MI noted in a recent
28 systematic review of 9 studies (8). In our review, this excess mortality was not driven by an excess of
29 cardiovascular deaths, and likely reflects the competing risks of multiple co-morbidities, rather than
30 underlying obstructive coronary artery disease which was seen in 30-50% of T2MI patients (27, 32).
31 Studies yielded mixed results as to whether coronary artery disease is an independent predictor of
32 T2MI (21, 43), while others question the angiographic distinction between T2MI and T1MI. For
33 example, in a study of 450 consecutive patients with MI who all underwent coronary angiography
34 within 24 hours of symptom onset, 145 (32.2%) patients had 'true' T1MI (acute atherothrombosis
35 and no systemic triggers), 114 (25.3%) had 'true' T2MI (no atherothrombosis and systemic triggers),
36 61 (13.6%) patients had neither, and 130 (28.9%) patients had both (41). This yields a discordance of
37 angiographic and clinical definitions of MI type in 42.5% of patients.
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43 Our review has several limitations. First, in the absence of individual patient data from all included
44 studies, we could not perform multivariate regression analysis in identifying weighted predictors of
45 diagnosis, management, or prognosis of T2MI. Second, we did not perform separate analyses of
46 studies according to each version of the Universal Definition of MI or to different troponin
47 thresholds to define MI, which may impact management and prognosis. However, potential
48 misclassification bias was addressed in a recent study which showed little change in MI classification
49 as type 1 or 2 in the same cohort of emergency admissions to whom the 3rd and 4th universal
50 definitions were applied.(56) In another study which compared separate T2MI cohorts, as defined by
51 the 2007 and the 2012 definitions, co-morbidities and use of cardioprotective medications were less
52 frequent in the 2012 cohort, likely due to less severe MIs being included as a result of using more
53 sensitive troponin assays (23). Third, we did not collect haemodynamic variables or other
54 physiological measures such as haemoglobin levels and glomerular filtration rate in analysing clinical
55 presentations as these were very inconsistently reported. Fourth, our mortality meta-analyses relied
56 on crude mortality rates reported in each study, with 56% of studies (15-20, 23-29, 31, 32, 35, 36,
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3 38, 41-43, 46, 47) also undertaking multivariate regression and/or competing risk analyses and
4 reporting adjusted mortality rates. For the T2MI cohorts in general, these rates tended to be lower
5 and the differences in rates compared to those of T1MI were of smaller magnitude. Fifth, we did not
6 analyse 30-day readmission rates as these were reported in only three studies (13, 14, 24). Sixth, we
7 did not perform sensitivity analyses comparing results of prospective versus retrospective studies, as
8 neither group demonstrated less or more risk of bias than the other, or compare results of good
9 quality studies against fair/poor quality studies as the latter comprised only 16.7% (22,001/131,823)
10 of all patients. Finally, we did not attempt sub-analyses based on risk stratification using validated
11 risk scores or seek to identify predictive models for mortality, as such analyses were reported in only
12 two studies (27, 41).
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17 The strengths of this review are the inclusion of all contemporary cohort studies in the troponin era
18 that employed formal definitions of T2MI, analysis of a broader range of variables than those of
19 previous studies, and the more precise discernment of clinically meaningful differences between the
20 two MI populations in patient characteristics, clinical presentation, patterns of care and outcomes.
21 We are aware of a large US cohort study published since completion of our review (57) which
22 compared T1MI with T2MI patients, but was limited by misclassification bias (relying on
23 administrative hospital discharge data containing an International Classification of Diseases-10th
24 Revision code specific for type 2 MI, rather than a registry or chart diagnosis based on a formal MI
25 definition), short study period of 3 months in late 2017, and inability to analyse clinical features,
26 investigation results, medication use, coronary anatomy, and post-discharge mortality due to their
27 omission in the datasets.
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33 Conclusion

34 This review has identified differences between T2MI and T1MI patients in presenting clinical
35 features, investigation and management profiles, and clinical outcomes. These findings may assist
36 clinicians to better recognise T2MI and advise patients about its sequelae, and inform hospital
37 coding and epidemiological trending, quality of care indicators and inter-hospital benchmarking of
38 performance relating to the care of patients with T2MI.
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42 The review has also defined persisting gaps in our understanding of the utility and prognostic effects
43 of invasive investigations, revascularization strategies and cardioprotective medications in T2MI
44 patients that warrant more randomised trials that enrol such patients.
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Tables

Table 1. Pre-existing medical conditions in patients with T2MI versus T1MI.

Pre-existing medical condition	T2MI			T1MI			Odds ratio* (95% CI)
	Number of patients with the specified condition	Total number of patients	%	Number of patients with the specified condition	Total number of patients	%	
CAD	3915	11706	33.4%	27538	110213	25.0%	1.13 [0.96, 1.32]
Type 2 DM	3420	13560	25.2%	27169	110833	24.5%	0.98 [0.86, 1.10]
HTN	8296	12424	66.8%	64648	105505	61.3%	1.22 [1.05, 1.43]
Dyslipidaemia	4626	10652	43.4%	40099	87366	45.9%	0.74 [0.58, 0.94]
Smoker	4213	11332	37.2%	49796	92377	53.9%	0.61 [0.50, 0.74]
Obesity	1225	3672	33.4%	30963	56970	54.3%	0.63 [0.46, 0.87]
Renal failure	2002	7443	26.9%	15969	82882	19.3%	1.89 [1.59, 2.25]
Heart failure	1949	10276	19.0%	7471	91700	8.1%	2.34 [1.87, 2.93]
PVD	584	5856	10.0%	2066	41280	5.0%	1.33 [1.05, 1.69]
CVD	1164	9941	11.7%	7669	105310	7.3%	1.48 [1.30, 1.69]
Atrial fibrillation	836	3645	22.9%	1220	19843	6.1%	3.02 [2.29, 3.99]
COPD	800	5018	15.9%	823	48375	1.7%	1.94 [1.22, 3.08]
Illicit drug Use	46	204	22.5%	8	220	3.6%	8.15 [1.03, 64.46]

*Comparing T2MI with T1MI patients, with odds ratio adjusted according to study weighting using random effects meta-analysis
Abbreviations: CAD= coronary heart disease, DM= diabetes mellitus, HTN= hypertension, BMI= body mass index, PVD= peripheral vascular disease, CVD= cerebrovascular disease, COPD= chronic obstructive pulmonary disease

Table 2. Pharmacological management and invasive interventions in patients with T2MI versus T1MI.

Intervention	T2MI			T1MI			Odds ratio* (95% CI)
	No. patients receiving intervention	Total number of patients	%	No. patients receiving intervention	Total number of patients	%	
Medication							
Beta blockers	6113	9926	61.6%	78733	100645	78.2%	0.46 [0.34, 0.62]
ACEI / ARB	4692	9245	50.8%	69684	99281	70.2%	0.52 [0.41, 0.66]
Anti-platelets	5742	10002	57.4%	88612	101492	87.3%	0.24 [0.17, 0.36]
Anti-coagulants	1738	6658	26.1%	17048	79903	21.3%	1.90 [1.17, 3.10]
Anti-anginal agents	2322	3594	64.6%	55149	60256	91.5%	0.51 [0.26, 1.00]
Diuretics	2042	4388	46.5%	11877	63267	18.8%	1.99 [1.56, 2.53]
Statins	4344	7858	55.3%	71915	82430	87.2%	0.25 [0.17, 0.36]
Invasive							
PCI	2267	11339	20.0%	78009	103913	75.1%	0.06 [0.04, 0.10]
CABG	117	4854	2.4%	4010	66219	6.1%	0.23 [0.12, 0.42]
*Comparing T2MI with T1MI patients, with odds ratio adjusted according to study weighting using random effects meta-analysis							
Abbreviations: ACEI= Angiotensin converting enzyme inhibitors, ARB= Angiotensin receptor blockers; CI=confidence interval; T2MI=type 2 myocardial infarction; T1MI=type 1 myocardial infarction; PCI=percutaneous coronary intervention; CABG=coronary artery bypass graft							

Table 3. Outcomes in patients with T2MI versus T1MI.

Outcomes	T2MI			T1MI			Odds ratio* (95% CI)
	No. patients with outcome	Total number of patients	%	No. patients with outcome	Total number of patients	%	
CV in-hospital mortality	212	3512	6.0%	891	23736	3.8%	1.17 [0.70, 1.97]
All-cause in-hospital mortality	667	5321	12.5%	1508	25997	5.8%	1.94 [1.35, 2.79]
Short-term all-cause mortality	204	887	23.0%	250	1998	12.5%	1.34 [0.63, 2.85]
1-year all-cause mortality	979	4743	20.6%	3660	41691	8.8%	2.94 [2.07, 4.17]
2-year all-cause mortality	246	926	26.6%	428	2587	16.5%	1.63 [1.11, 2.41]
3-year all-cause mortality	193	525	36.8%	710	4305	16.5%	2.00 [1.07, 3.76]
Long-term all-cause mortality	1453	2708	53.7%	1320	4633	28.5%	3.24 [2.73, 3.84]

*Comparing T1MI with T2MI patients, with odds ratio adjusted according to study weighting using random effects meta-analysis
Abbreviations: CV= Cardiovascular, MACE= Major adverse cardiovascular events; T2MI=type 2 myocardial infarction; T1MI=type 1 myocardial infarction; CI=confidence interval

Figures

Figure 1. Forest plot of one-year all-cause mortality of T2MI patients compared to T1MI patients.

Figure 2. Forest plot of long-term all-cause mortality of T2MI patients compared to T1MI patients.

Figure S1. PRISMA flow diagram.

Figure S2. Forest Plot. Presence of Ischaemic Heart Disease.

Figure S3. Forest Plot. Presence of Type 2 Diabetes Mellitus.

Figure S4. Forest Plot. Presence of Hypertension.

Figure S5. Forest Plot. Presence of Dyslipidaemia.

Figure S6. Forest Plot. Smoking Status.

Figure S7. Forest Plot. Obesity Status.

Figure S8. Forest Plot. Presence of Chronic Kidney Disease.

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5 Figure S10. Forest Plot. Presence of Peripheral Vascular Disease.
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7 Figure S11. Forest Plot. Presence of Cerebrovascular Disease.
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9 Figure S12. Forest Plot. Presence of Illicit Drug Use.
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11 Figure S13. Forest Plot. Presence of Atrial Fibrillation.
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13 Figure S14. Forest Plot. Chest Pain as Presenting Feature.
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15 Figure S15. Forest Plot. Dyspnoea as Presenting Feature.
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17 Figure S16. Forest Plot. Arm / Shoulder Discomfort as Presenting Feature.
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19 Figure S17. Forest Plot. Nausea / Vomiting as Presenting Feature.
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21 Figure S18. Forest Plot. Non-specific Symptoms as Presenting Features.
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23 Figure S19. Forest Plot. Collapse / Syncope as Presenting Features.
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25 Figure S20. Forest Plot. ST Elevation on ECG.
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27 Figure S21. Forest Plot. ST Depression or T Wave Inversion on ECG.
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29 Figure S22. Forest Plot. Q Waves on ECG.
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31 Figure S23. Forest Plot. Non-specific ST Changes on ECG.
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33 Figure S24. Forest Plot. Left Bundle Branch Block on ECG.
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35 Figure S25. Forest Plot. Atrial Fibrillation on ECG.
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37 Figure S26. Forest Plot. Coronary Angiogram Performed.
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39 Figure S27. Forest Plot. Obstructive Coronary Artery Disease on Coronary Angiogram.
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41 Figure S28. Forest Plot. Multivessel Disease on Coronary Angiogram.
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43 Figure S29. Forest Plot. Echocardiogram Performed.
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45 Figure S30. Forest Plot. Regional Wall Motion Abnormalities on Echocardiogram.
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47 Figure S31. Forest Plot. Beta-Blockers Prescribed.
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49 Figure S32. Forest Plot. ACEi/ARB Prescribed.
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61 Figure S37. Forest Plot. Statins Prescribed.

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3 Figure S38. Forest Plot. Percutaneous Coronary Intervention Performed.
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5 Contribution Statement

6
7 All authors (KW, MK, IS) contributed to the conception of the work. MK and KW performed the
8 acquisition and analysis of the data. KW and IS were responsible for the interpretation of data. All
9 authors (MK, KW, IS) were responsible for drafting manuscript and final approval of the version to be
10 published. All authors (KW, MK, IS) agree to be accountable for all aspects of the work in ensuring
11 that questions related to the accuracy or integrity of any part of the work are appropriately
12 investigated and resolved.
13

14 Competing Interests

15
16 The authors declare there are no conflict of interest with respect the article.
17

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22

23 Data Sharing Statement

24
25 All data relevant to the study are included in the article or uploaded as supplementary information.
26

27 Ethic Approval Statement

28
29 No ethics approval was sought for this research project as no patient data was used.
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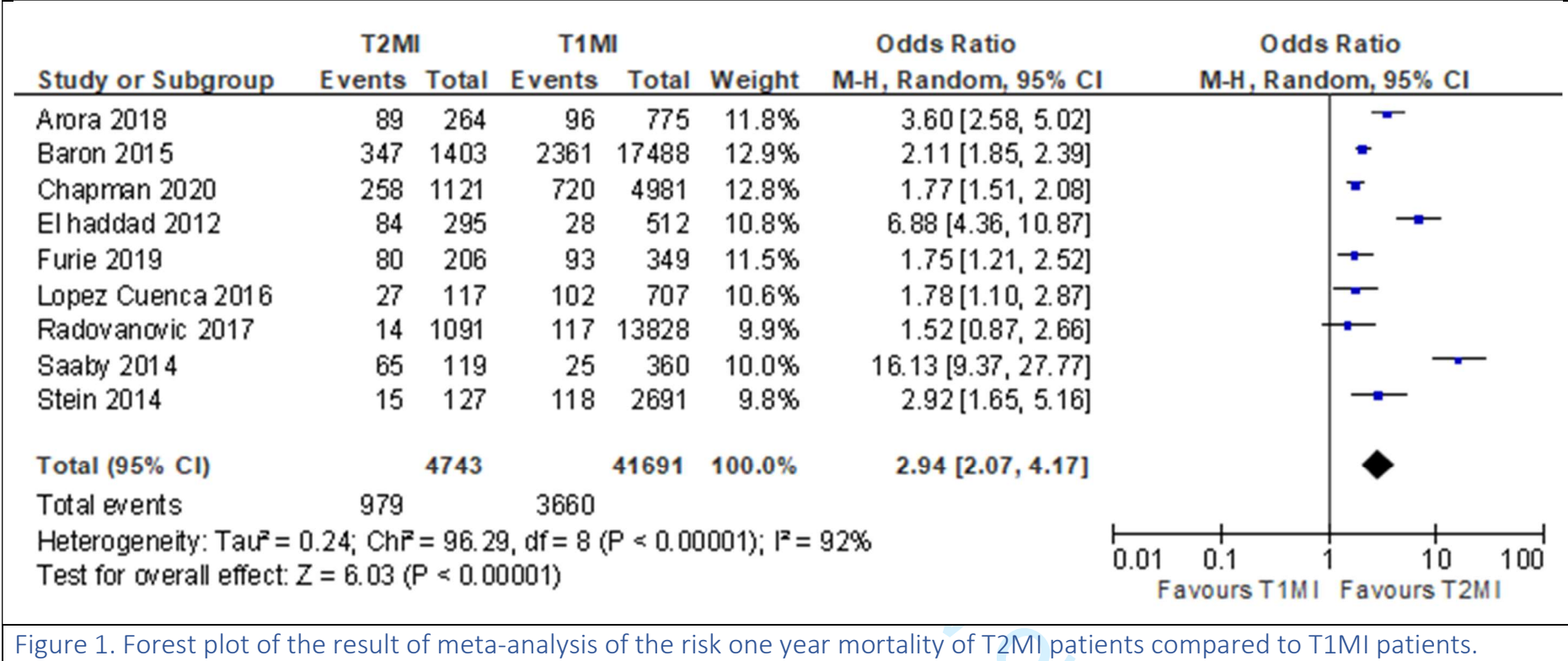


Figure 1. Forest plot of the result of meta-analysis of the risk one year mortality of T2MI patients compared to T1MI patients.

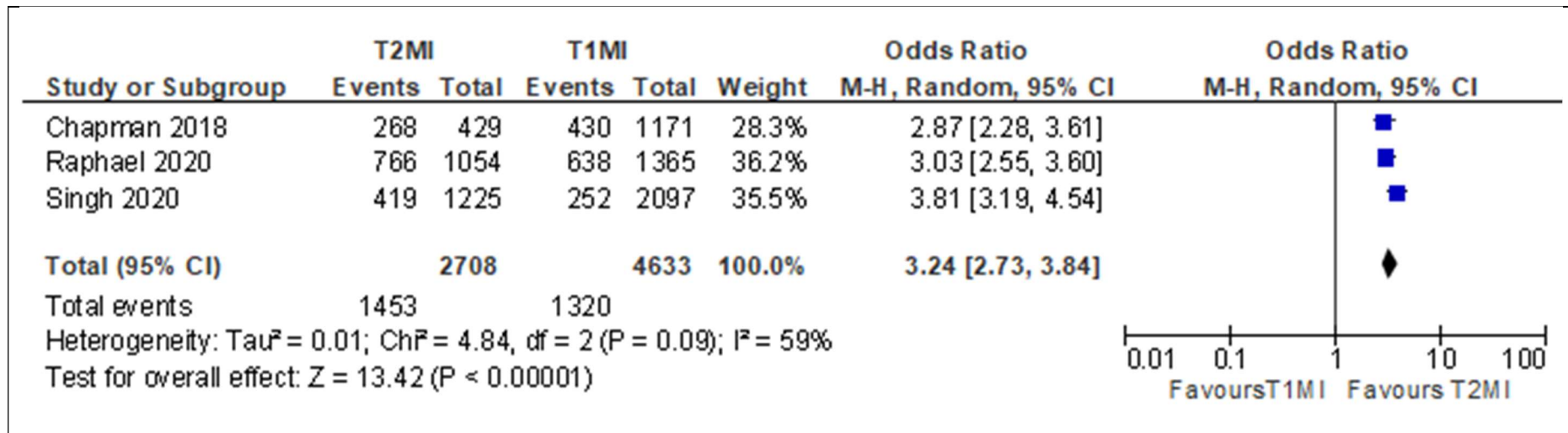


Figure 2. Forest plot of the result of meta-analysis of the risk long-term mortality of T2MI patients compared to T1MI patients.

Review only

Table S1. Evolving definitions of Type 2 Myocardial Infarction.

Year	Universal Definition of Type 2 Myocardial Infarction
2007	Myocardial infarction secondary to ischaemia due to either increased oxygen demand or decreased supply, e.g. coronary artery spasm, coronary embolism, anaemia, arrhythmias, hypotension or hypertension
2012	Instances of myocardial injury with necrosis where a condition other than coronary artery disease contributes to an imbalance between myocardial oxygen supply and/or demand e.g. coronary artery spasm, coronary embolism, anaemia, arrhythmias, hypotension or hypertension
2018	Detection of a rise and/or fall of cTn values with at least one value above the 99th percentile URL, and evidence of an imbalance between myocardial oxygen supply and demand unrelated to coronary thrombosis, requiring at least one of the following: <ul style="list-style-type: none"> - Symptoms of acute myocardial ischaemia - New ischaemic ECG changes - Development of pathological Q waves - Imaging evidence of new loss of viable myocardium or new regional wall motion abnormality in a pattern consistent with an ischaemic aetiology

Table S2. Search strategy.

MEDLINE: (type 2 adj3 myocard*) OR (type-2 adj3 myocard*) OR (type II adj3 myocard*) OR (type-II adj3 myocard*) OR (type 2 adj3 MI) OR (type-2 adj3 MI) OR T2MI OR (supply demand adj3 myocard*)

EMBASE: ('type 2' NEXT/3 myocard*) OR ('type-2' NEXT/3 myocard*) OR ('type ii' NEXT/3 myocard*) OR ('type-ii' NEXT/3 myocard*) OR ('type 2' NEXT/3 mi) OR ('type-2' NEXT/3 mi) OR ('t2mi') OR ('supply demand' NEXT/3 myocard*)

Table S3a. Study characteristics

Author, Year	Patients		Design	Definition of MI	Geographic location	Screening	Troponin Assay
	T1MI	T2MI					
Arora, 2018 (1)	775	264	Retrospective	2012	USA	NSTEMI patients	cTnI
Balanescu, 2020 (2)	152	49	Retrospective	2018	USA	AMI patients	N/A
Baron, 2015 (3)	17488	1403	Prospective	2007	Sweden	AMI patients	hs-cTnT
Baron, 2016 (4)	40501	1313	Prospective	2007	Sweden	AMI patients	hs-cTnT
Bonaca, 2012 (5)	359	42	Prospective	2007	Multinational	TRITON TIMI 38 trial	N/A
Cediel, 2017 (6)	376	194	Retrospective	2012	Spain	ED patients with at least 1 troponin	cTnI
Chapman, 2018 (7)	1171	429	Prospective	2012	UK	ED with elevated troponin	cTnI
Chapman, 2020 (8)	4981	1121	Prospective	2018	UK	Suspected ACS	cTnI
Consuegra-Sanchaz, 2018 (9)	125	75	Retrospective	2012	Spain	ED patients with at least 1 troponin	cTnI hs-cTnT
El-Haddad, 2012 (10)	512	295	Retrospective	2012	USA	Patients with elevated troponin	N/A
Etaher, 2020 (11)	97	121	Prospective	2018	Australia	Patients with elevated troponin	N/A
Furie, 2019 (12)	349	206	Retrospective	2012	Israel	NSTEMI on general ward	Unknown
Guimaraes, 2018 (13)	847	76	Retrospective	2012	Multinational	ACS during TRACER trial	N/A
Hawatmeh, 2020 (14)	664	281	Retrospective	2012	USA	NSTEMI patients	cTnI
Higuchi, 2019 (15)	12023	491	Retrospective	2012	Tokyo	Admitted to CCU	N/A
Javed, 2009 (16)	143	64	Retrospective	2007	USA	Patients with elevated troponin	cTnI
Kadesjo, 2019 (17)	1111	251	Retrospective	2018	Sweden	MI, Registry	N/A
Lambrecht, 2018 (18)	360	119	Prospective	2007	Denmark	Hospitalised patients with troponin measured	cTnI
Landes, 2016 (19)	107	107	Retrospective	2012	Israel	Diagnosed with T2MI and T1MI	cTnT
Lopez-Cuenca, 2016 (20)	707	117	Retrospective	2012	Spain	Diagnosed with T2MI and T1MI	hs-cTnT
Meigher, 2016 (21)	340	452	Retrospective	2012	Germany	ED patients with elevated troponin	cTnI
Nestelberger, 2017 (22)	684	128	Prospective	2012	Multinational	ED patients with MI	N/A

1	Neumann, 2017 (23)	188	99	Prospective	2012	Germany	ED patients with suspected MI	hs-cTnI
2	Paiva, 2015 (24)	764	236	Retrospective	2012	Portugal	Admitted to CCU with MI	cTnI
3	Pandey, 2020 (25)	97	103	Prospective	2018	USA	MI	N/A
4	Putot, 2018 (26)	2036	847	Prospective	2012	France	ED or cardiology ward with elevated troponin	cTnI
5	Putot, 2019 (27)	365	254	Retrospective	2018	France	Hospitalised patients with CAD	cTnI
6	Putot, 2020 (28)	3710	862	Retrospective	2012	France	Hospitalised patients with MI	cTnI
7	Radovanovic, 2017 (29)	13828	1091	Retrospective	2012	Switzerland	Diagnosed AMI	N/A
8	Raphael, 2020 (30)	1365	1054	Retrospective	2018	USA	Raised troponin	cTnT
9	Reed, 2017 (31)	88	162	Retrospective	2012	USA	Underwent vascular surgery procedure	cTnT
10	Saaby 2013 (32)	397	144	Prospective	2007	Denmark	Troponin measured	cTnI
11	Saaby, 2014 (33)	360	119	Prospective	2007	Denmark	Elevated troponin	cTnI
12	Sandoval, 2014 (34)	66	190	Retrospective	2012	USA	ED patients with troponin measured	cTnI
13	Sandoval, 2017 (35)	77	140	Prospective	2012	USA	ED patients with troponin measured	cTnI
14	Sato, 2020 (36)	2834	155	Prospective	2012	Japan	Hospitalised patient with MI	N/A
15	Shah, 2015 (37)	1171	429	Prospective	2012	UK	Admitted with elevated troponin	cTnI
16	Singh, 2020 (38)	2097	1225	Retrospective	2018	USA	Age <50, MI or raised troponin	N/A
17	Smilowitz, 2018 (39)	137	146	Prospective	2012	USA	Admitted with raised troponin	cTnI
18	Stein, 2014 (40)	2691	127	Prospective	2007	Israel	Admitted to cardiology	N/A
19	Truong, 2020 (41)	275	175	Retrospective	2012	Russia	MI, undergoing angiogram	N/A
20	<i>cTnI = cardiac troponin I; cTnT = cardiac troponin T; hs- = high sensitivity; AMI = acute myocardial infarction; MI = myocardial infarction; ACS = acute coronary syndrome; NSTEMI = non-ST elevation myocardial infarction; CCU = coronary care unit; CAD = coronary artery disease</i>							

Table S3b. Study characteristics

Author, Year	Patients		Variables					
	T1MI	T2MI	Pre-existing conditions	Symptoms	Investigations	Troponin Values	Management	Prognosis
Arora, 2018 (1)	775	264	X		X	X	X	X
Balanescu, 2020 (2)	152	49		X	X		X	
Baron, 2015 (3)	17488	1403	X	X	X	X	X	X
Baron, 2016 (4)	40501	1313	X	X	X	X	X	
Bonaca, 2012 (5)	359	42						
Cediel, 2017 (6)	376	194	X	X	X	X		X
Chapman, 2018 (7)	1171	429	X		X	X	X	X
Chapman, 2020 (8)	4981	1121	X	X	X	X		X
Consuegra-Sanchaz, 2018 (9)	125	75	X	X	X	X		
El-Haddad, 2012 (10)	512	295						X
Etaher, 2020 (11)	97	121	X		X		X	
Furie, 2019 (12)	349	206	X	X	X	X	X	X
Guimaraes, 2018 (13)	847	76	X		X		X	X
Hawatmeh, 2020 (14)	664	281	X		X	X	X	
Higuchi, 2019 (15)	12023	491	X		X		X	X
Javed, 2009 (16)	143	64	X		X	X		X
Kadesjo, 2019 (17)	1111	251	X				X	X
Lambrecht, 2018 (18)	360	119	X		X	X		X
Landes, 2016 (19)	107	107	X	X	X	X		
Lopez-Cuenca, 2016 (20)	707	117	X	X	X	X	X	X
Meigher, 2016 (21)	340	452	X	X	X	X		X
Nestelberger, 2017 (22)	684	128	X		X		X	X
Neumann, 2017 (23)	188	99	X		X	X		X
Paiva, 2015 (24)	764	236	X		X	X		X
Pandey, 2020 (25)	97	103	X					
Putot, 2018 (26)	2036	847	X		X	X		X
Putot, 2019 (27)	365	254	X		X	X		X
Putot, 2020 (28)	3710	862	X		X	X		X
Radovanovic, 2017 (29)	13828	1091	X		X		X	X

Raphael, 2020 (30)	1365	1054	X		X	X	X	X
Reed, 2017 (31)	88	162			X	X	X	
Saaby 2013 (32)	397	144	X		X	X		
Saaby, 2014 (33)	360	119	X		X	X	X	X
Sandoval, 2014 (34)	66	190	X	X	X	X		X
Sandoval, 2017 (35)	77	140	X	X	X	X	X	X
Sato, 2020 (36)	2834	155	X		X		X	X
Shah, 2015 (37)	1171	429	X	X	X	X	X	X
Singh, 2020 (38)	2097	1225	X		X		X	X
Smilowitz, 2018 (39)	137	146	X	X	X	X	X	X
Stein, 2014 (40)	2691	127	X	X	X		X	X
Truong, 2020 (41)	275	175	X	X	X		X	X

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Table S4. Risk of bias assessment

Author, Year	Outcome					Summary
	Representative of Exposed Cohort	Selection of Non-exposed	Assessment	Follow-up Length	Adequacy of Follow-Up	
Arora, 2018 (1)	x	x	x	x	x	8 (good quality)
Balanescu, 2020 (2)	0	x	x	0	x	6 (fair quality)
Baron, 2015 (3)	x	x	x	x	x	8 (good quality)
Baron, 2016 (4)	x	x	x	x	x	8 (good quality)
Bonaca, 2012 (5)	x	x	x	x	x	8 (good quality)
Cediel, 2017 (6)	x	x	x	x	x	8 (good quality)
Chapman, 2018 (7)	x	x	x	x	x	8 (good quality)
Chapman, 2020 (8)	x	x	x	x	x	8 (good quality)
Consuegra-Sanchaz, 2018 (9)	0	0	x	0	0	3 (poor quality)
El-Haddad, 2012 (10)	x	x	0	0	0	5 (fair quality)
Etaher, 2020 (11)	x	x	x	x	x	8 (good quality)
Furie, 2019 (12)	x	x	x	x	x	8 (good quality)
Guimaraes, 2018 (13)	0	0	x	0	x	4 (fair quality)
Hawatmeh, 2020 (14)	0	0	x	x	0	4 (fair quality)
Higuchi, 2019 (15)	0	0	x	x	x	5 (fair quality)
Javed, 2009 (16)	x	x	x	x	x	8 (good quality)
Kadesjo, 2019 (17)	x	x	x	x	x	8 (good quality)
Lambrecht, 2018 (18)	x	x	x	x	x	8 (good quality)
Landes, 2016 (19)	x	x	x	x	x	8 (good quality)
Lopez-Cuenca, 2016 (20)	x	x	x	x	x	8 (good quality)
Meigher, 2016 (21)	x	x	x	x	x	8 (good quality)
Nestelberger, 2017 (22)	x	x	x	x	x	8 (good quality)

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3	Neumann, 2017 (23)	x	x	x	x	8 (good quality)
4	Paiva, 2015 (24)	x	x	x	x	8 (good quality)
5	Pandey, 2020 (25)	0	0	0	0	2 (poor quality)
6	Putot, 2018 (26)	x	x	x	x	8 (good quality)
7	Putot, 2019 (27)	x	x	0	x	7 (good quality)
8	Putot, 2020 (28)	x	x	x	x	8 (good quality)
9						
10	Radovanovic, 2017 (29)	x	x	x	x	8 (good quality)
11						
12	Raphael, 2020 (30)	x	x	x	x	8 (good quality)
13	Reed, 2017 (31)	x	x	x	x	8 (good quality)
14	Saaby, 2013 (32)	x	x	x	x	8 (good quality)
15	Saaby, 2014 (33)	x	x	x	x	8 (good quality)
16	Sandoval, 2014 (34)	x	x	x	x	8 (good quality)
17	Sandoval, 2017 (35)	x	x	x	x	8 (good quality)
18	Sato, 2020 (36)	0	0	0	x	2 (poor quality)
19	Shah, 2015 (37)	x	x	x	x	8 (good quality)
20	Singh, 2020 (38)	0	0	x	x	6 (fair quality)
21	Smilowitz, 2018 (39)	x	x	x	x	7 (good quality)
22	Stein, 2014 (40)	x	x	x	x	7 (good quality)
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24	Truong, 2020 (41)	x	x	x	x	8 (good quality)
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Precipitating Factor	Events	Patients	%
Sepsis	1116	3110	35.9%
Arrhythmia	2047	6868	29.8%
Heart failure	958	3346	28.6%
Valvular abnormality	351	1301	27.0%
Anaemia	1692	6281	26.9%
Respiratory failure	762	4424	17.2%
Non-cardiac surgery	103	841	12.2%
Infection	361	3412	10.6%
Shock/hypotension	291	3006	9.7%
Hypertension	321	3620	8.9%
Pulmonary oedema	33	380	8.7%
Chronic obstructive pulmonary disease	137	1661	8.2%
Bradycardia	35	484	7.2%
Renal failure	133	1956	6.8%
Stroke	68	1731	3.9%
Coronary spasm	36	1048	3.4%
Bleeding	53	1834	2.9%
Coronary endothelial dysfunction	1	592	0.2%

Table S6. Clinical features on presentation in patients with T2MI versus T1MI patients.

Presenting Symptom	T2MI			T1MI			Odds ratio * [95% CI]
	No. patients with presenting symptom	Total number of patients	%	No. patients with presenting symptom	Total number of patients	%	
Chest pain	4344	7335	59.2%	73103	83371	87.7%	0.19 [0.15, 0.26]
Dyspnoea	1681	6080	27.6%	8154	82617	9.9%	2.83 [1.96, 4.08]
Arm or shoulder discomfort	28	330	8.5%	50	143	35.0%	0.18 [0.11, 0.30]
Jaw or neck discomfort	6	140	4.3%	12	77	15.6%	0.24 [0.09, 0.68]
Epigastric discomfort	8	140	5.7%	8	77	10.4%	0.52 [0.19, 1.45]
Nausea or vomiting	46	330	13.9%	39	143	27.3%	0.46 [0.28, 0.74]
Fatigue	5	140	3.6%	5	77	6.5%	0.53 [0.15, 1.90]
Diaphoresis	16	140	11.4%	16	77	20.8%	0.49 [0.23, 1.05]
Other nonspecific symptoms	1252	2932	42.7%	4096	58884	7.0%	4.19 [0.72, 24.39]
Collapse / syncope	99	2125	4.7%	157	7152	2.2%	2.10 [1.05, 4.18]

*Comparing T2MI with T1MI patients, with odds ratio adjusted according to study weighting using random effects meta-analysis

Abbreviations: URL- upper reference limit; STEMI- ST elevation myocardial infarction; NSTEMI- Non- ST elevation myocardial infarction; MI- Myocardial infarction; cTn- cardiac troponin; T1MI- Type 1 myocardial infarction; T2MI- Type 2 myocardial infarction; ECG- electrocardiogram; CAD- coronary artery disease; PCI- percutaneous coronary intervention; CABG- coronary artery bypass graft; IHD- ischaemic heart disease; MACE- Major adverse cardiovascular events; CI- confidence interval

Table S7. Cardiac investigations in patients with T2 MI versus T1MI.

Variable	T2MI			T1MI			Odds ratio* (95% CI)
	No. patients with nominated diagnostic findings	Total no. patients	%	No. patients with nominated diagnostic findings	Total no of patients	%	
ECG							
ST elevation	1265	9417	13.4%	42726	101584	42.1%	0.22 [0.18, 0.28]
ST depression or T wave Inversion	2174	6314	34.4%	14938	68530	21.8%	1.38 [0.94, 2.02]
Pathological Q Waves	30	447	6.7%	177	850	20.8%	0.38 [0.20, 0.71]
Non-specific ST-T wave changes	146	592	24.7%	45	417	10.8%	2.62 [1.81, 3.79]
Left bundle branch block	338	3330	10.2%	3045	60031	5.1%	1.72 [1.40, 2.12]
Atrial fibrillation/flutter	448	1660	27.0%	1871	18272	10.2%	3.70 [2.87, 4.77]
Echocardiograph							
Echocardiogram performed	648	1353	47.9%	1571	2830	55.5%	0.44 [0.20, 0.96]
Presence of RWMA	97	286	33.9%	101	214	47.2%	0.48 [0.06, 3.78]
Angiogram							
Angiogram performed	3686	10721	34.4%	56242	67432	83.4%	0.09 [0.06, 0.12]
Obstructive coronary artery disease present	1246	3663	34.0%	19923	44404	44.9%	0.16 [0.05, 0.54]
Multivessel disease present	593	2147	27.6%	11839	41715	28.4%	0.40 [0.19, 0.82]
*Comparing T2MI with T1MI patients, with odds ratio adjusted according to study weighting using random effects meta-analysis ECG=electrocardiograph; RWMA=regional wall motion abnormalities; CI=confidence interval; T2MI=type 2 myocardial infarction; T1MI=type 1 myocardial infarction							

Table S8. Troponin measurements.

Troponin Measurement	Number of Studies	T1MI (min-max)	T2MI (min-max)
Baseline cTn (xULN)	12	0.14-190	0.1-8.2
6h cTn (xULN)	4	13.2-142	4.25-11
Peak cTn (xULN)	21	5.1-1703	2.8-447

Abbreviations: xULN= times upper limit normal

Figure S1. PRISMA flow diagram.

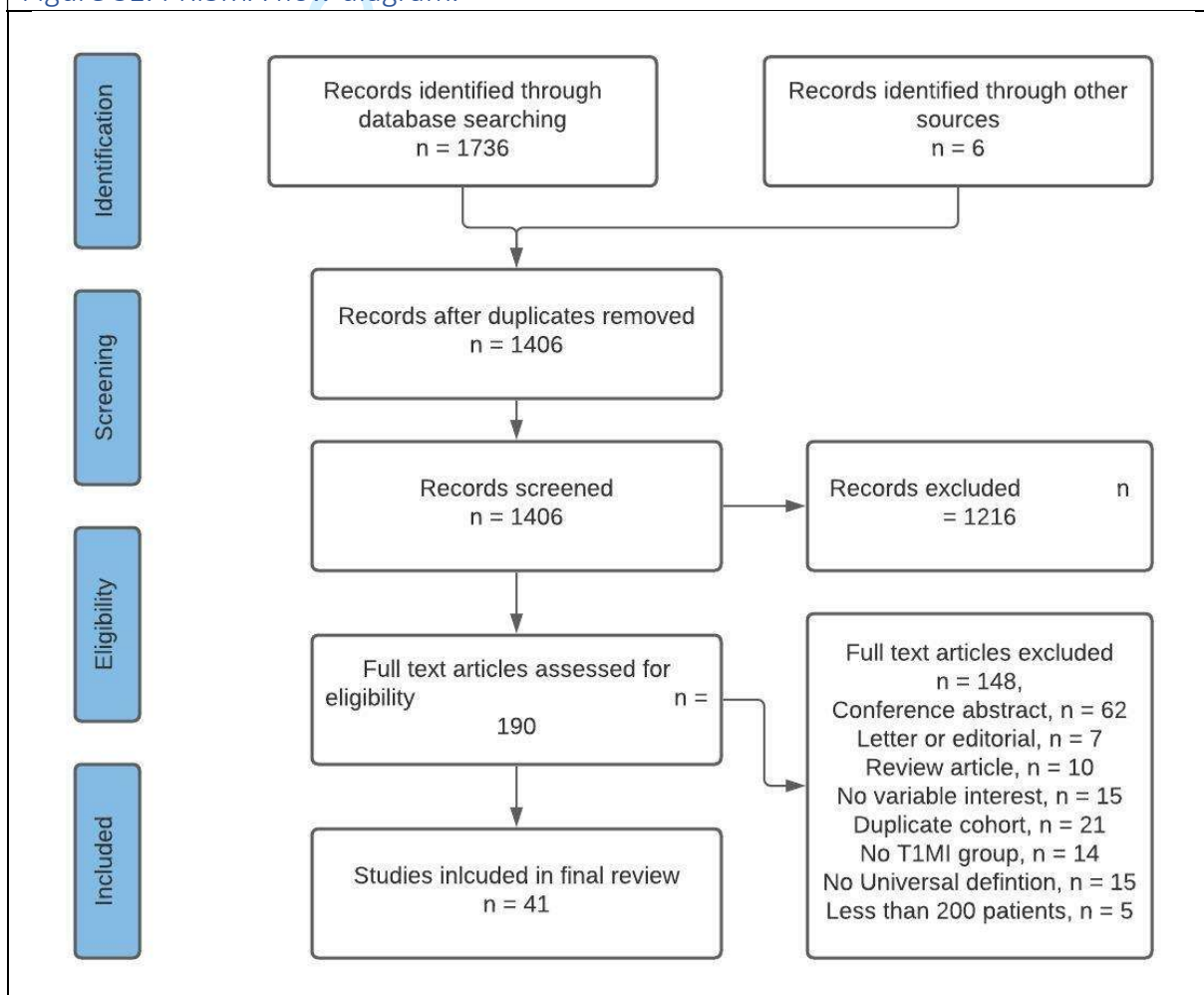


Figure S2. Forest Plot. Presence of Ischaemic Heart Disease.

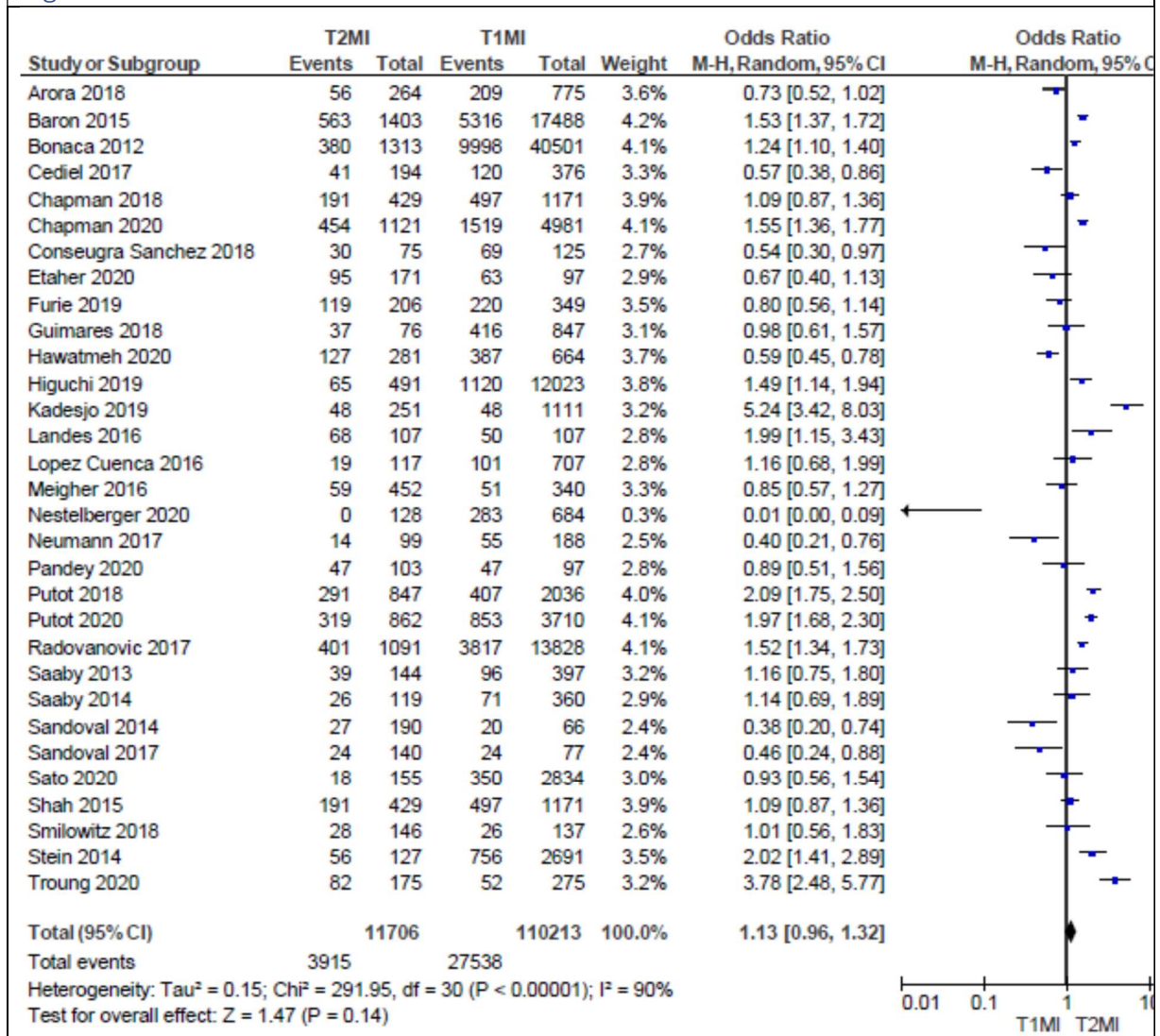


Figure S3. Forest Plot. Presence of Type 2 Diabetes Mellitus.

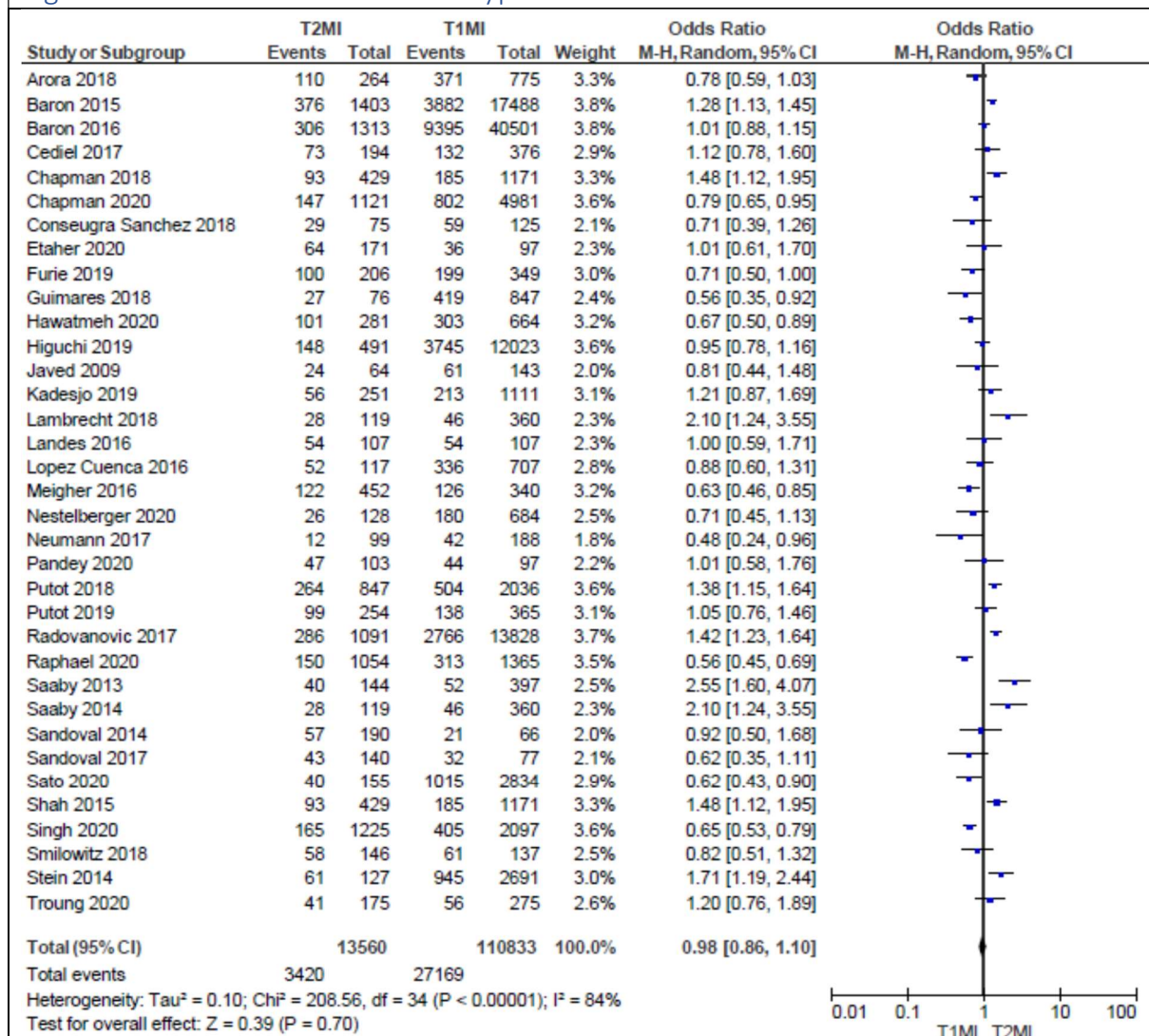


Figure S4. Forest Plot. Presence of Hypertension.

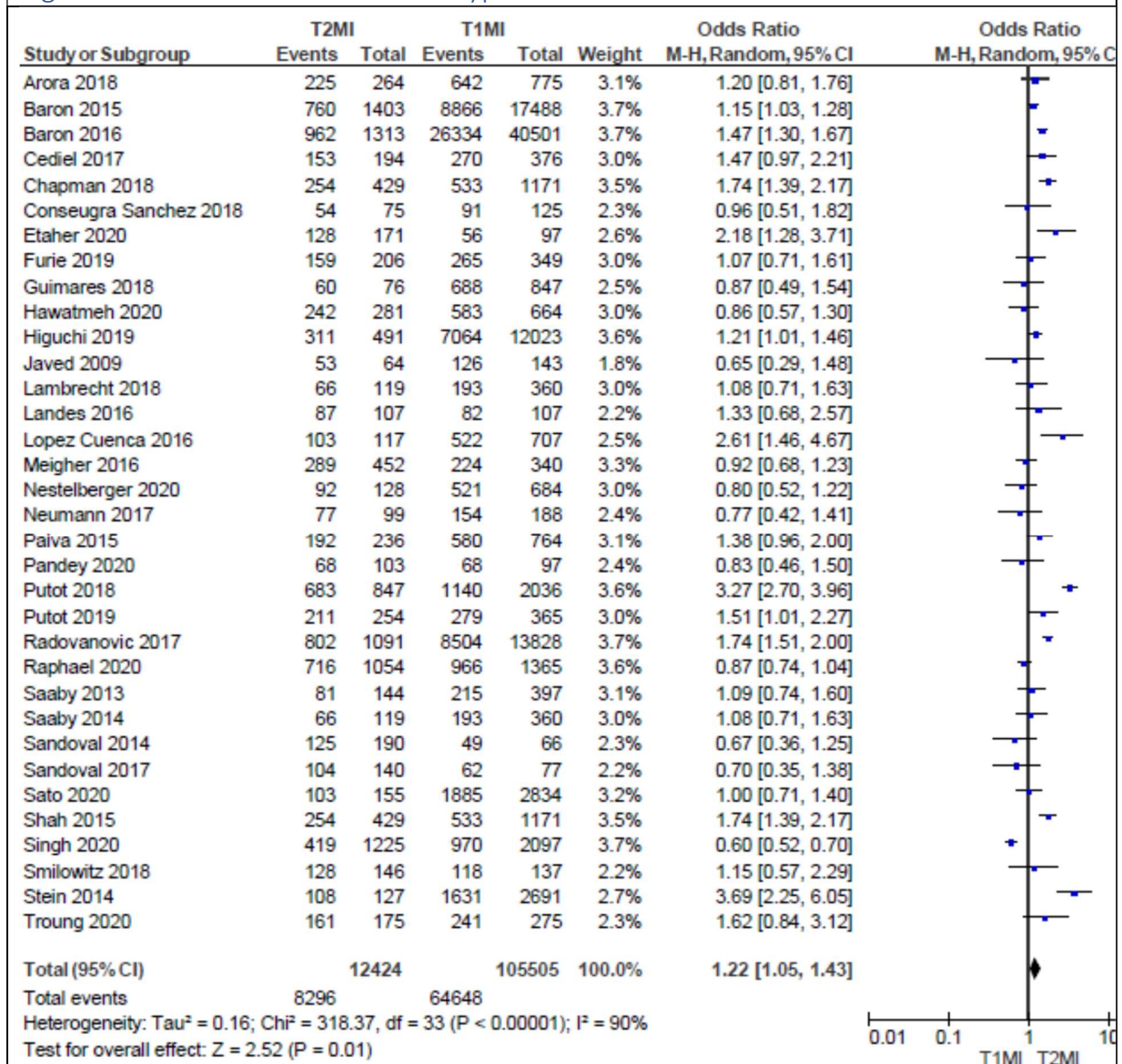


Figure S5. Forest Plot. Presence of Dyslipidaemia.

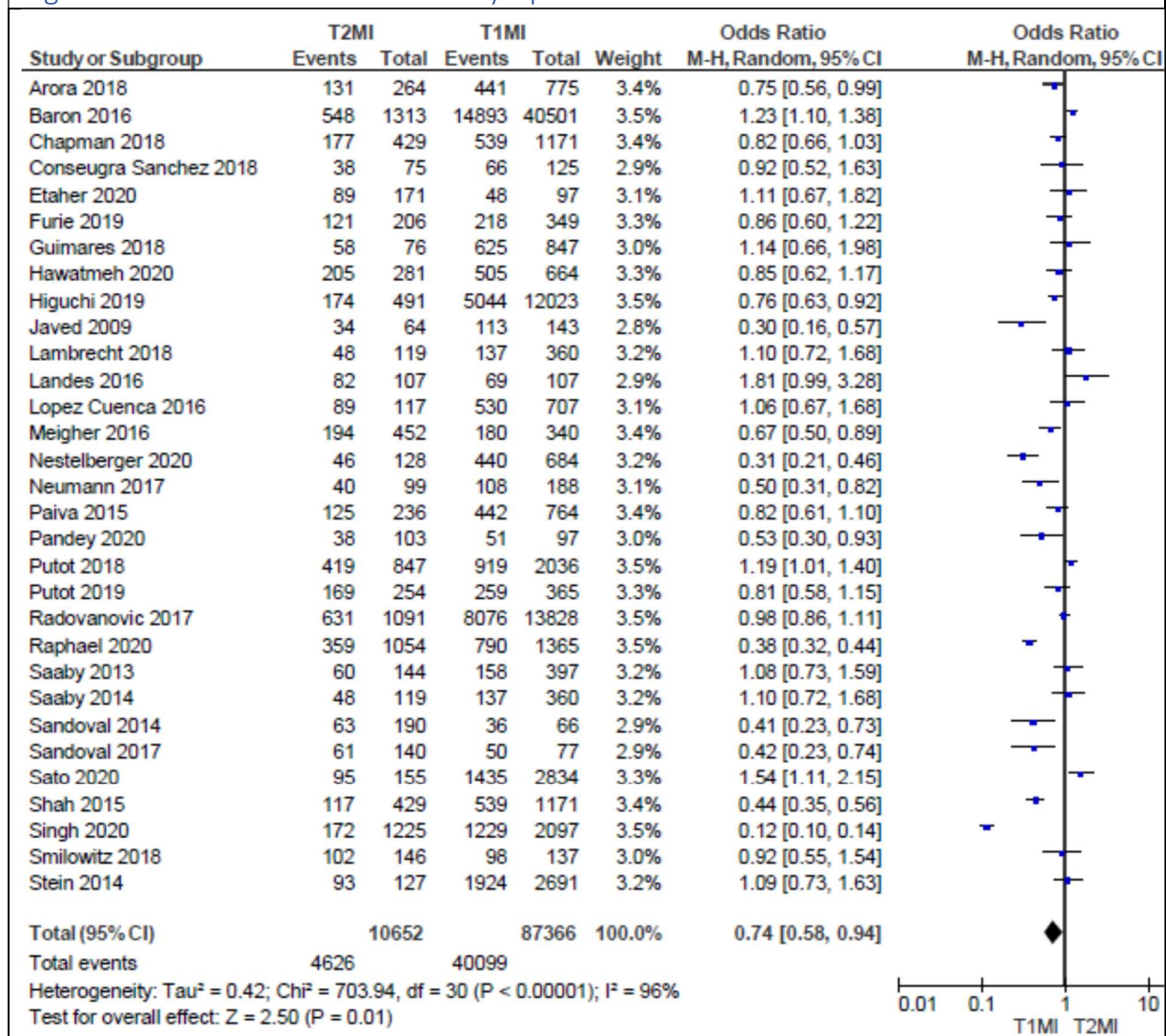


Figure S6. Forest Plot. Smoking Status.

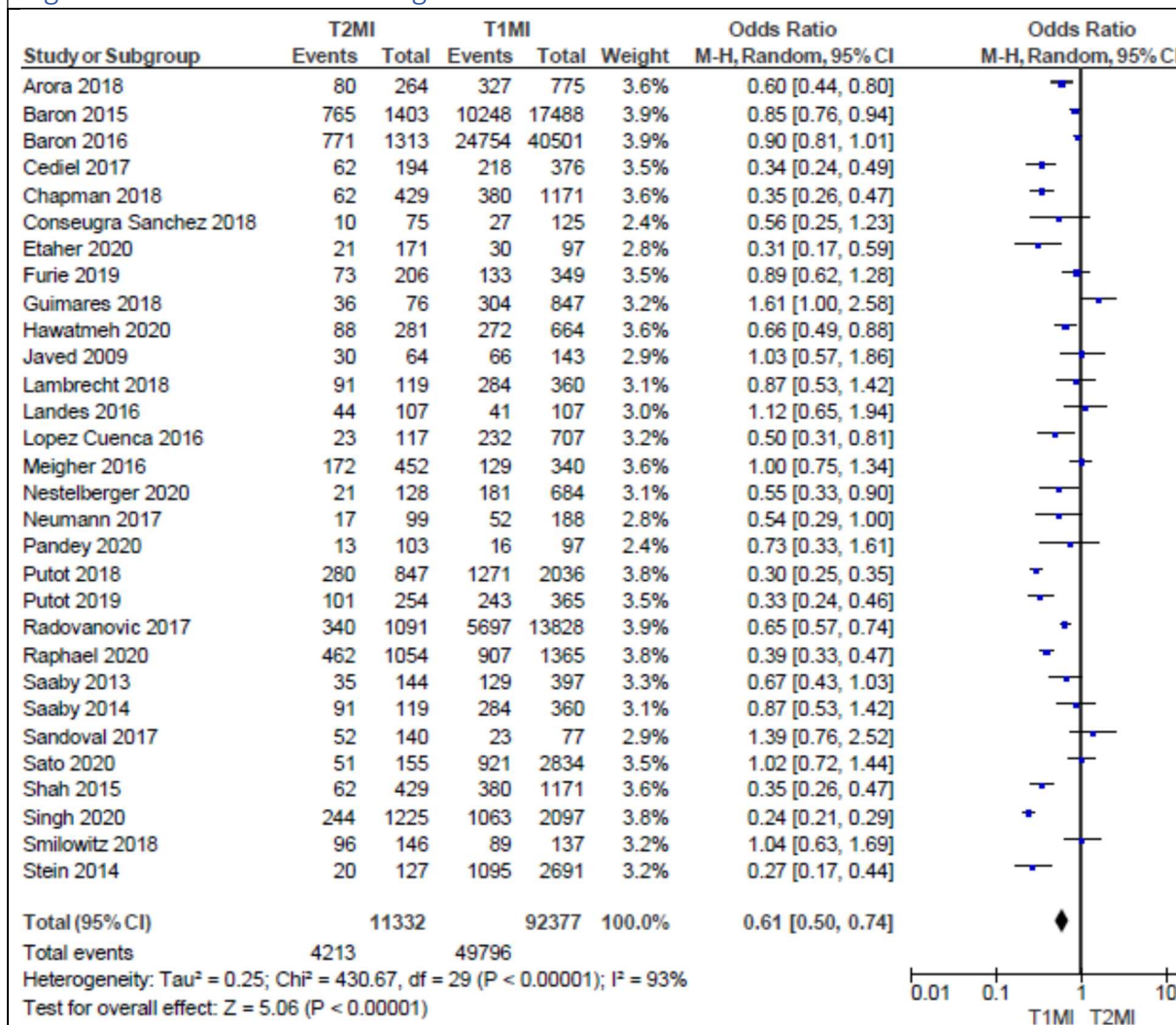


Figure S7. Forest Plot. Obesity Status.

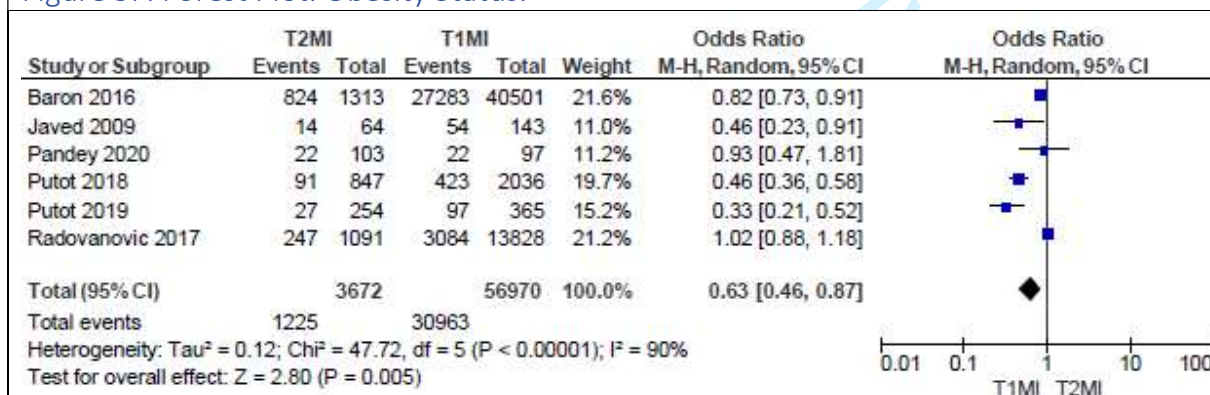
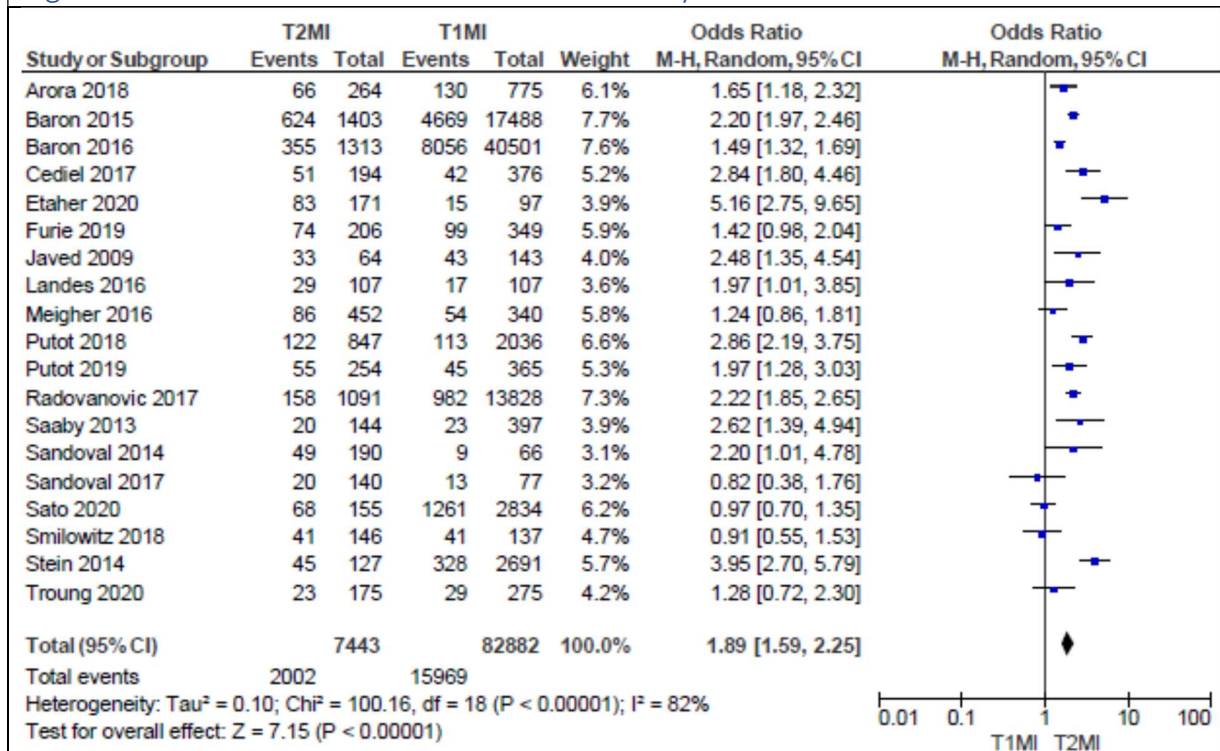


Figure S8. Forest Plot. Presence of Chronic Kidney Disease.



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Figure S9. Forest Plot. Presence of Heart Failure.

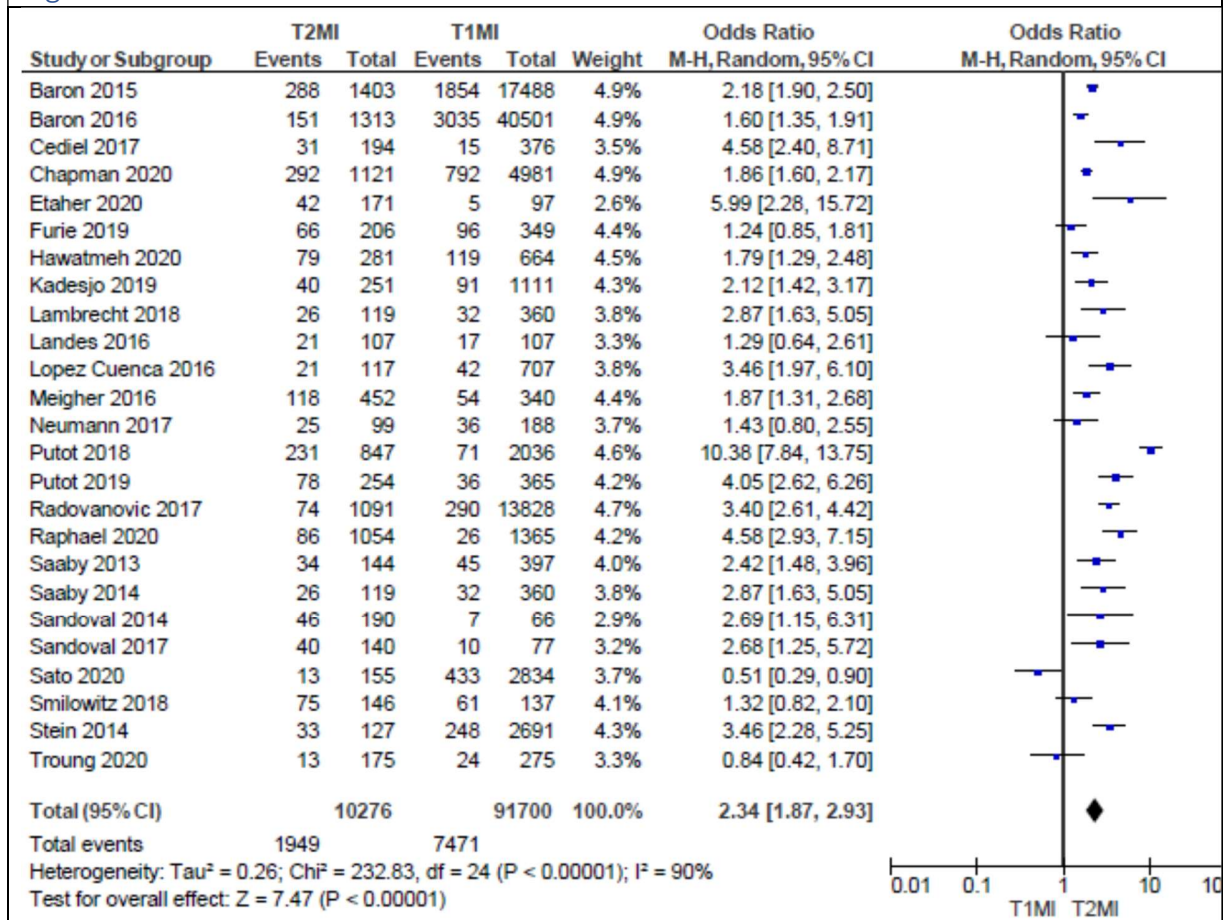


Figure S10. Forest Plot. Presence of Peripheral Vascular Disease.

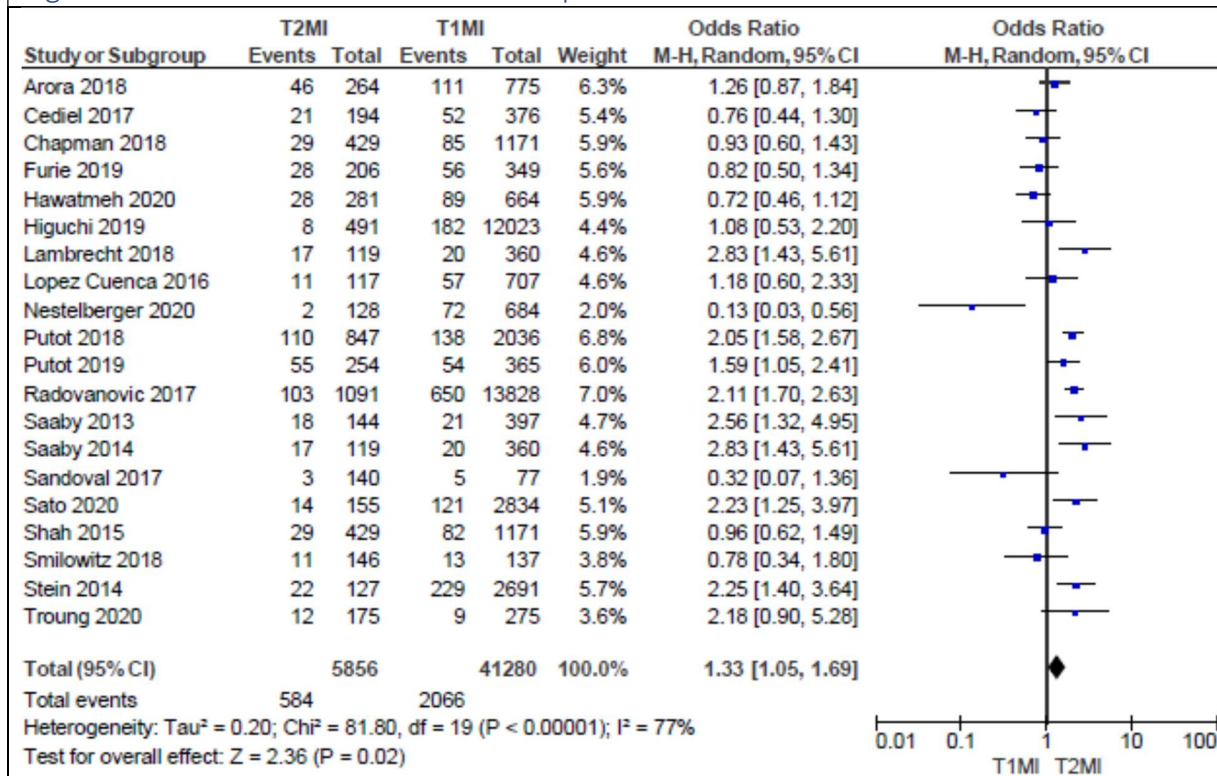


Figure S11. Forest Plot. Presence of Cerebrovascular Disease.

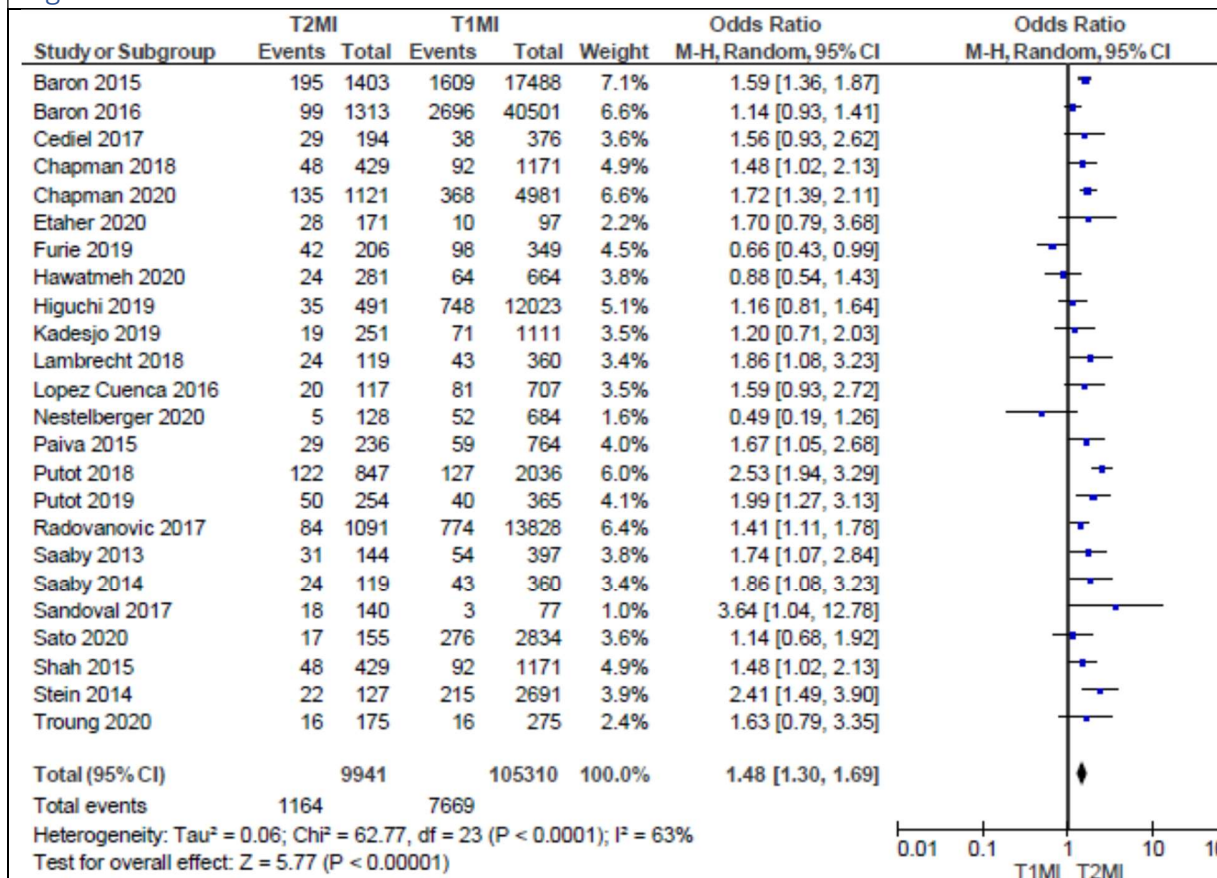


Figure S12. Forest Plot. Presence of Illicit Drug Use.

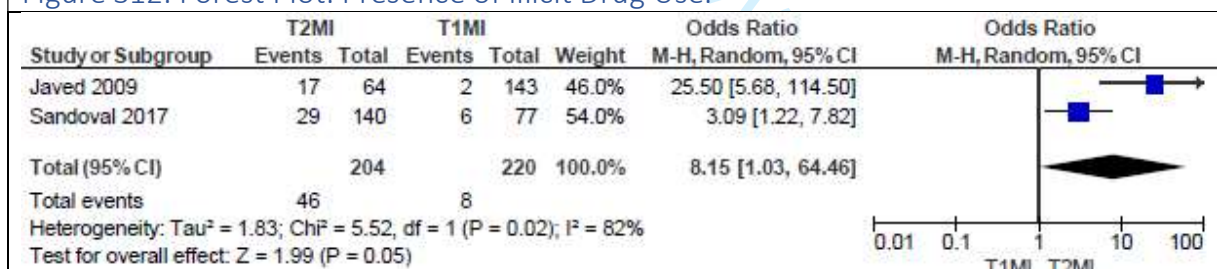


Figure S13. Forest Plot. Presence of Atrial Fibrillation.

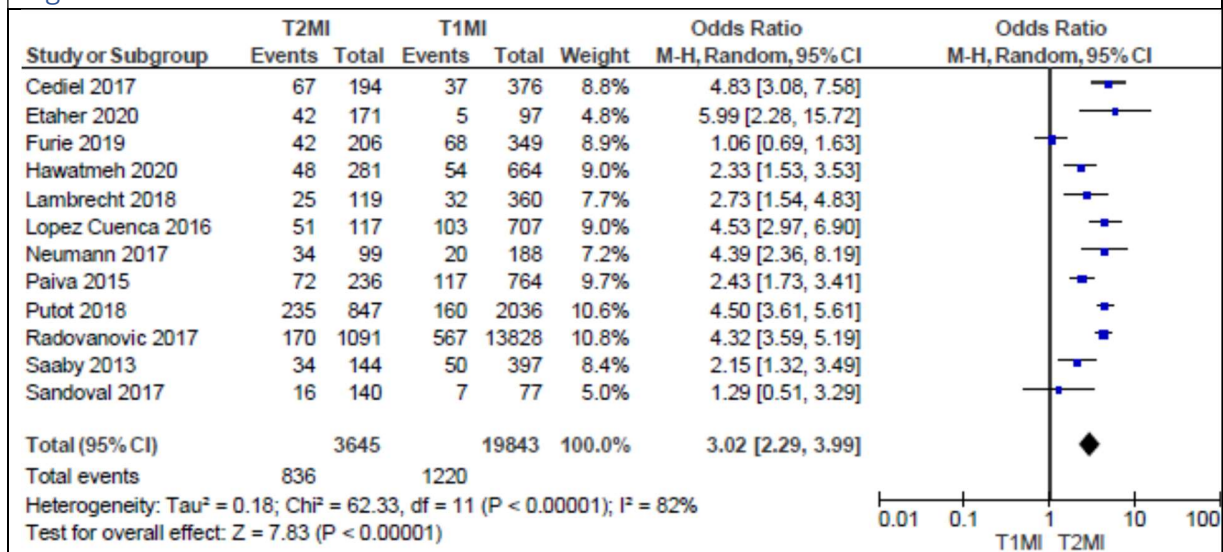


Figure S14. Forest Plot. Chest Pain as Presenting Feature.

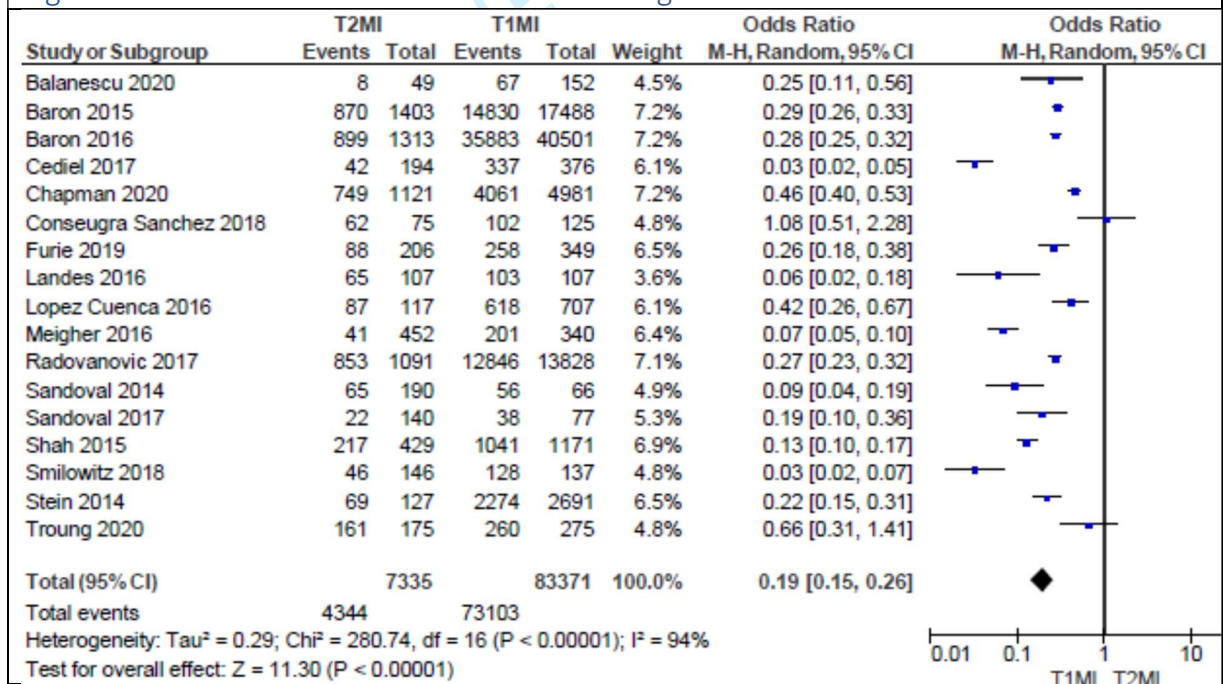


Figure S15. Forest Plot. Dyspnoea as Presenting Feature.

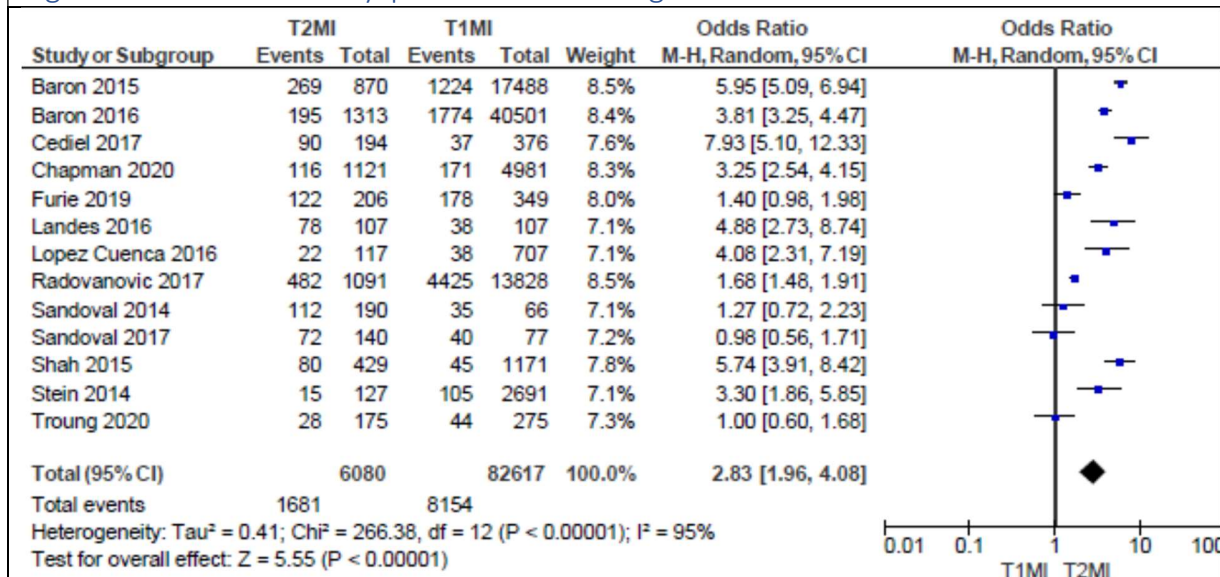


Figure S16. Forest Plot. Arm / Shoulder Discomfort as Presenting Feature.



Figure S17. Forest Plot. Nausea / Vomiting as Presenting Feature.

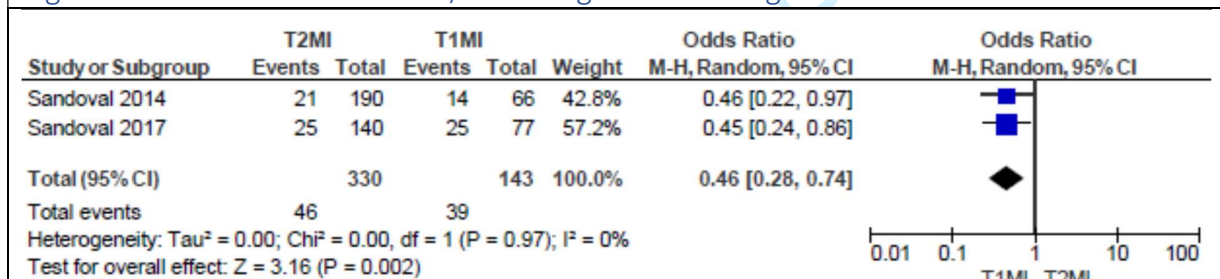


Figure S18. Forest Plot. Non-specific Symptoms as Presenting Features.

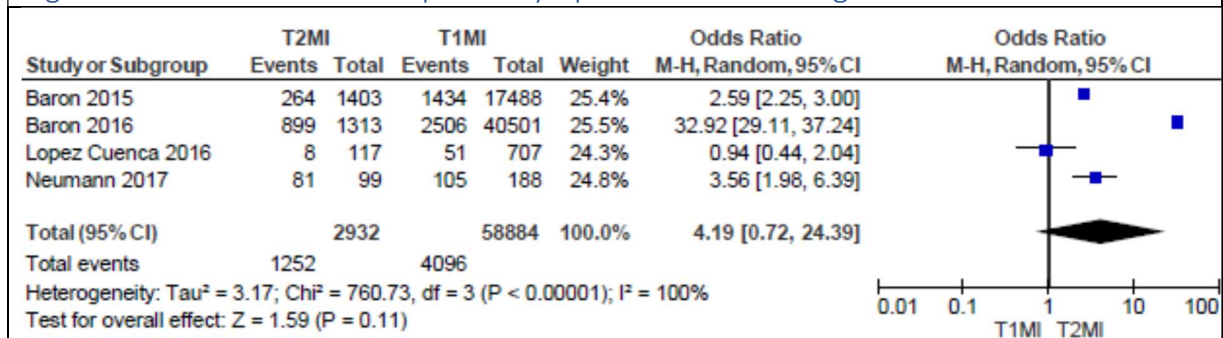


Figure S19. Forest Plot. Collapse / Syncope as Presenting Features.

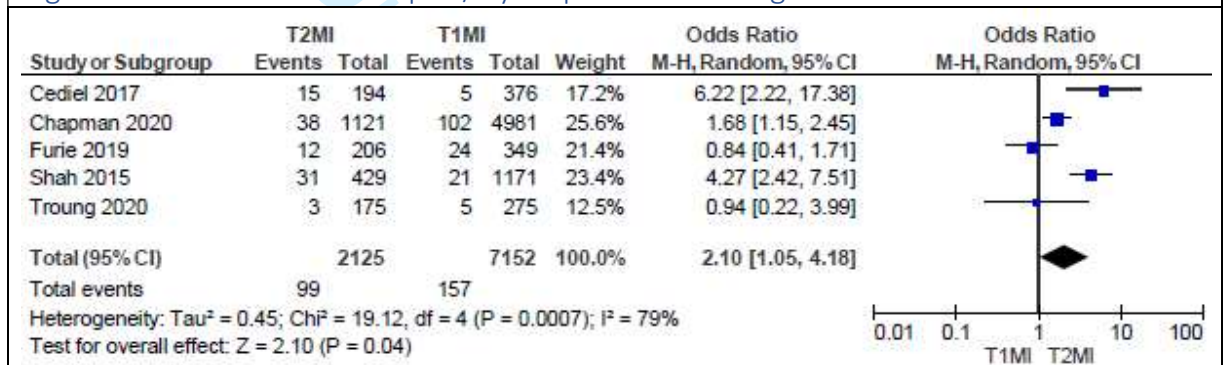


Figure S20. Forest Plot. ST Elevation on ECG.

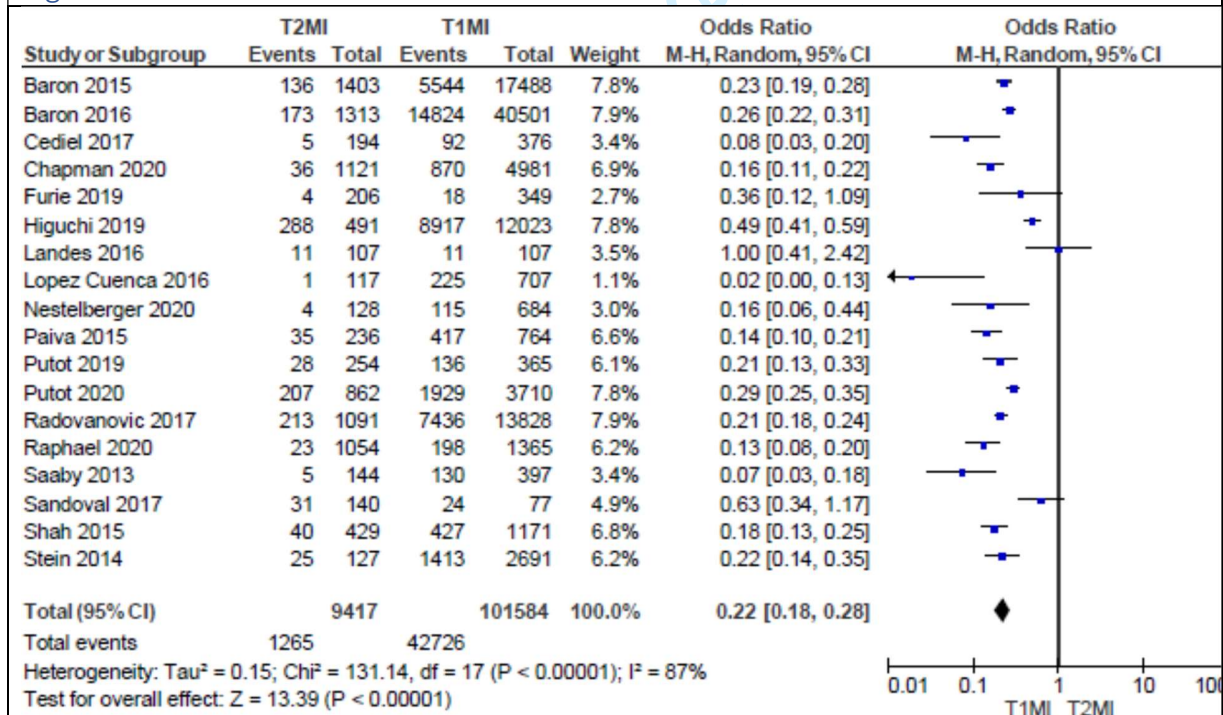


Figure S21. Forest Plot. ST Depression or T Wave Inversion on ECG.

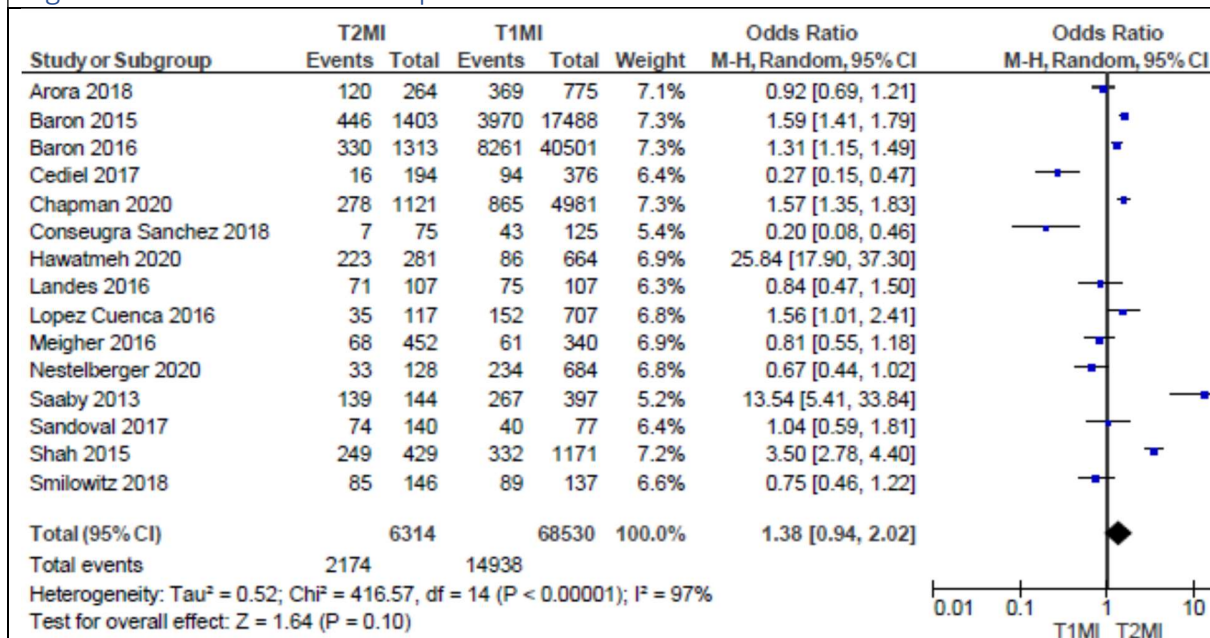


Figure S22. Forest Plot. Q Waves on ECG.

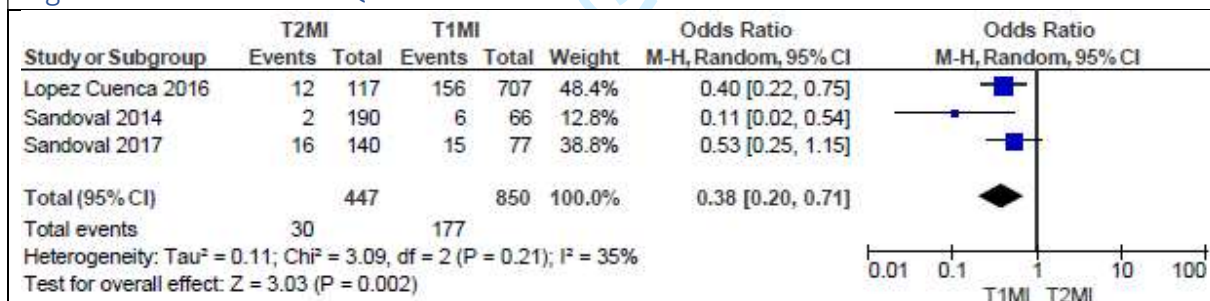


Figure S23. Forest Plot. Non-specific ST Changes on ECG.

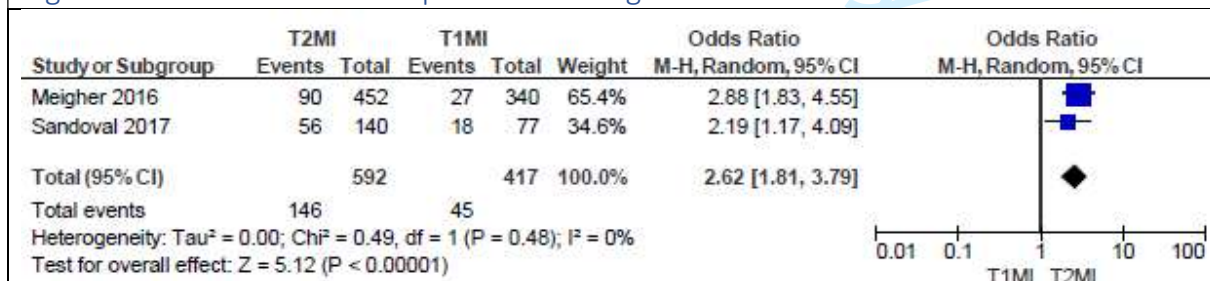


Figure S24. Forest Plot. Left Bundle Branch Block on ECG.

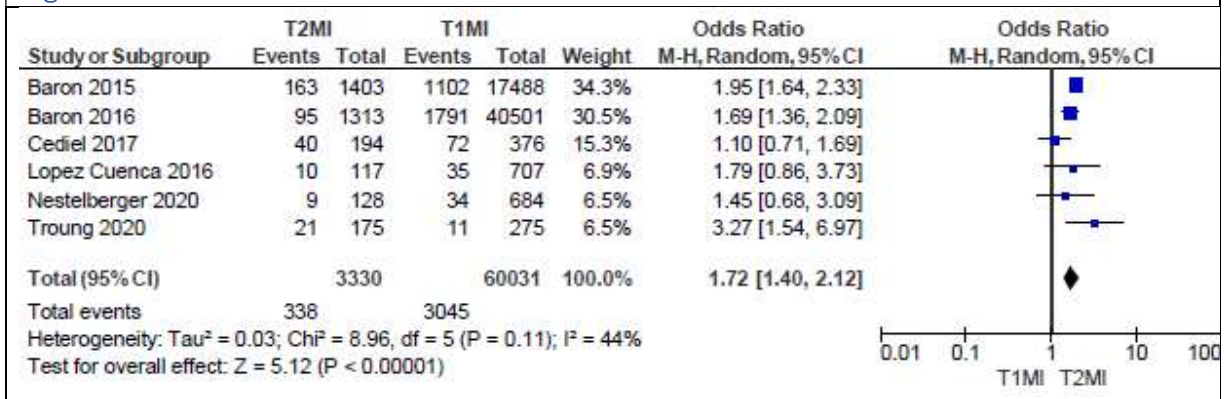


Figure S25. Forest Plot. Atrial Fibrillation on ECG.

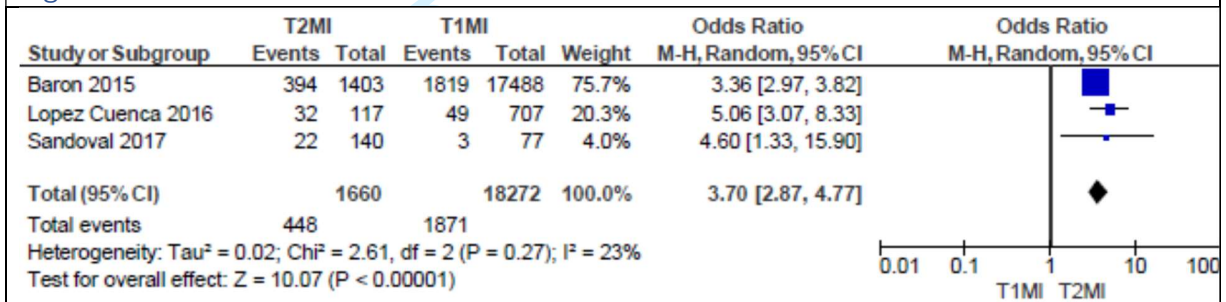


Figure S26. Forest Plot. Coronary Angiogram Performed.

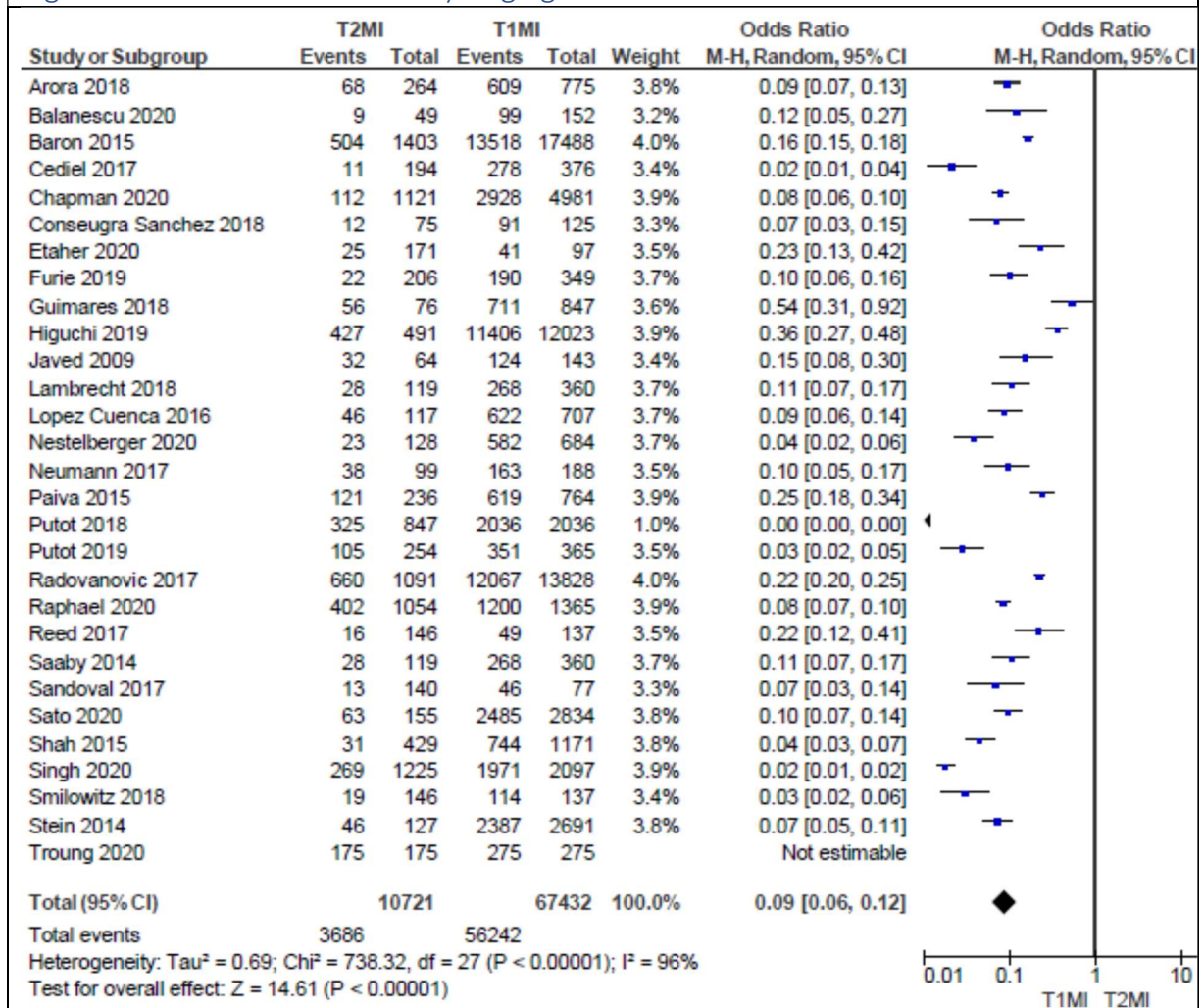


Figure S27. Forest Plot. Obstructive Coronary Artery Disease on Coronary Angiogram.

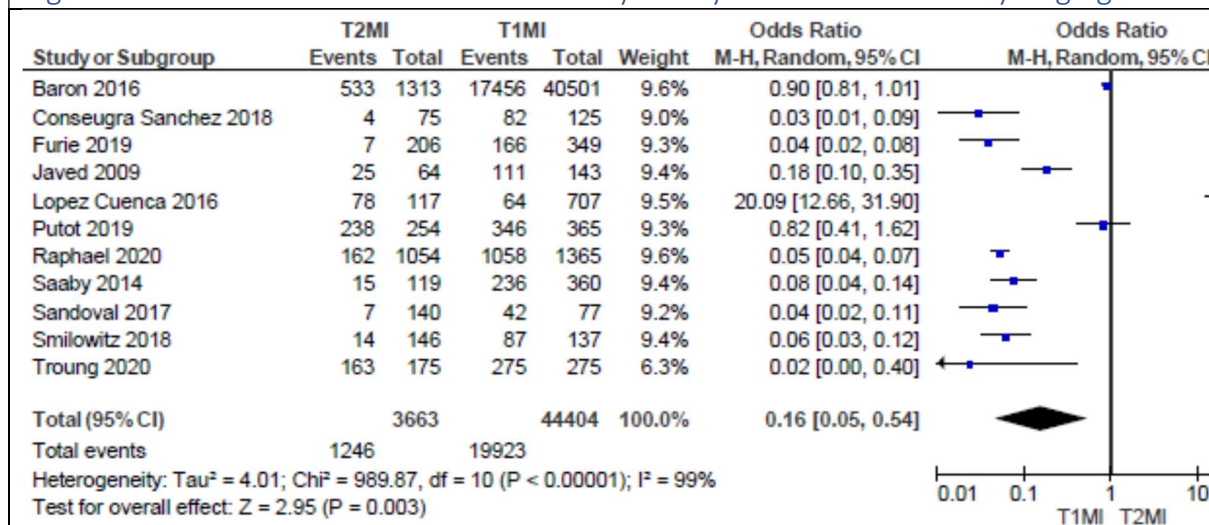


Figure S28. Forest Plot. Multivessel Disease on Coronary Angiogram.

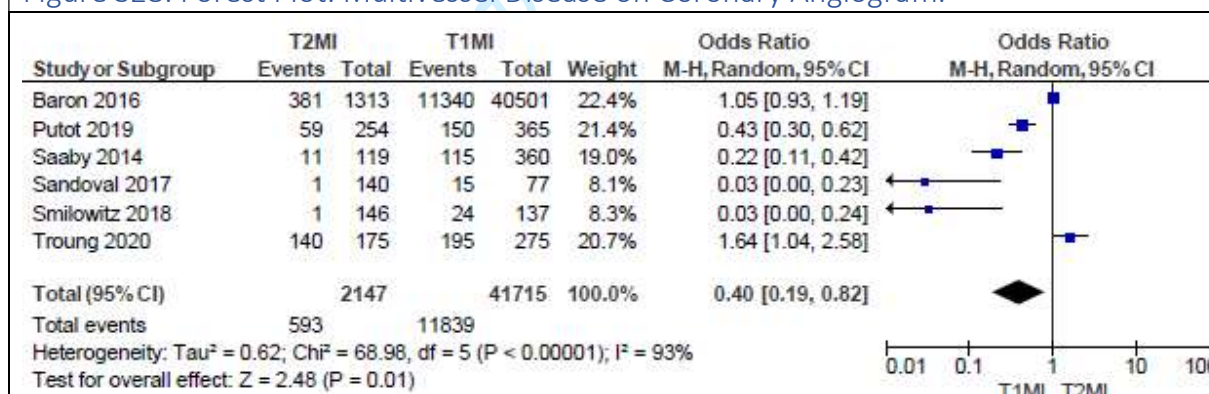


Figure S29. Forest Plot. Echocardiogram Performed.

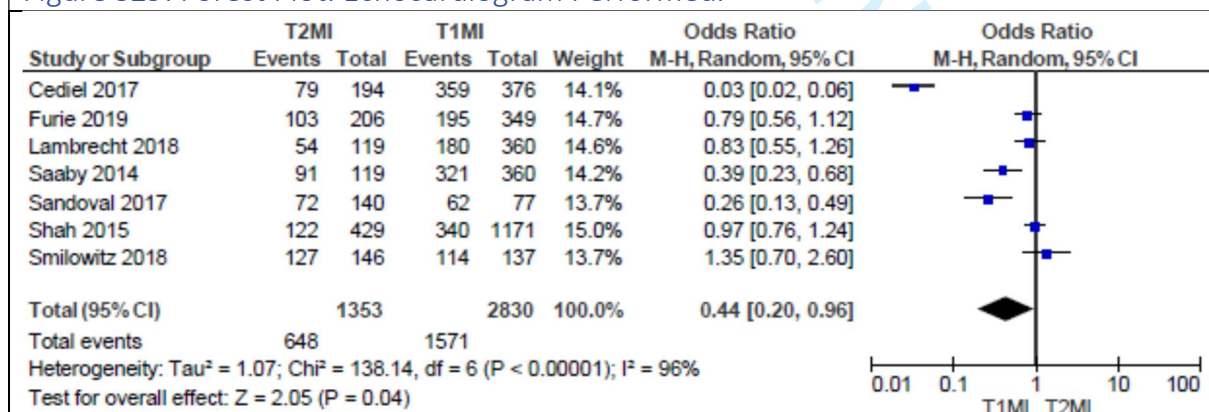


Figure S30. Forest Plot. Regional Wall Motion Abnormalities on Echocardiogram.

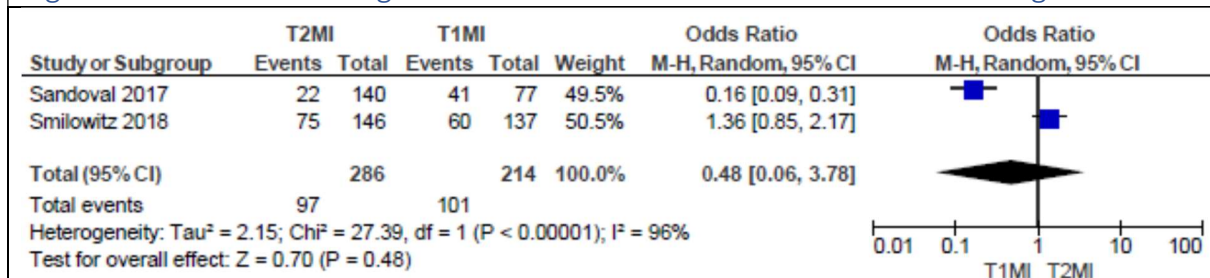


Figure S31. Forest Plot. Beta-Blockers Prescribed.

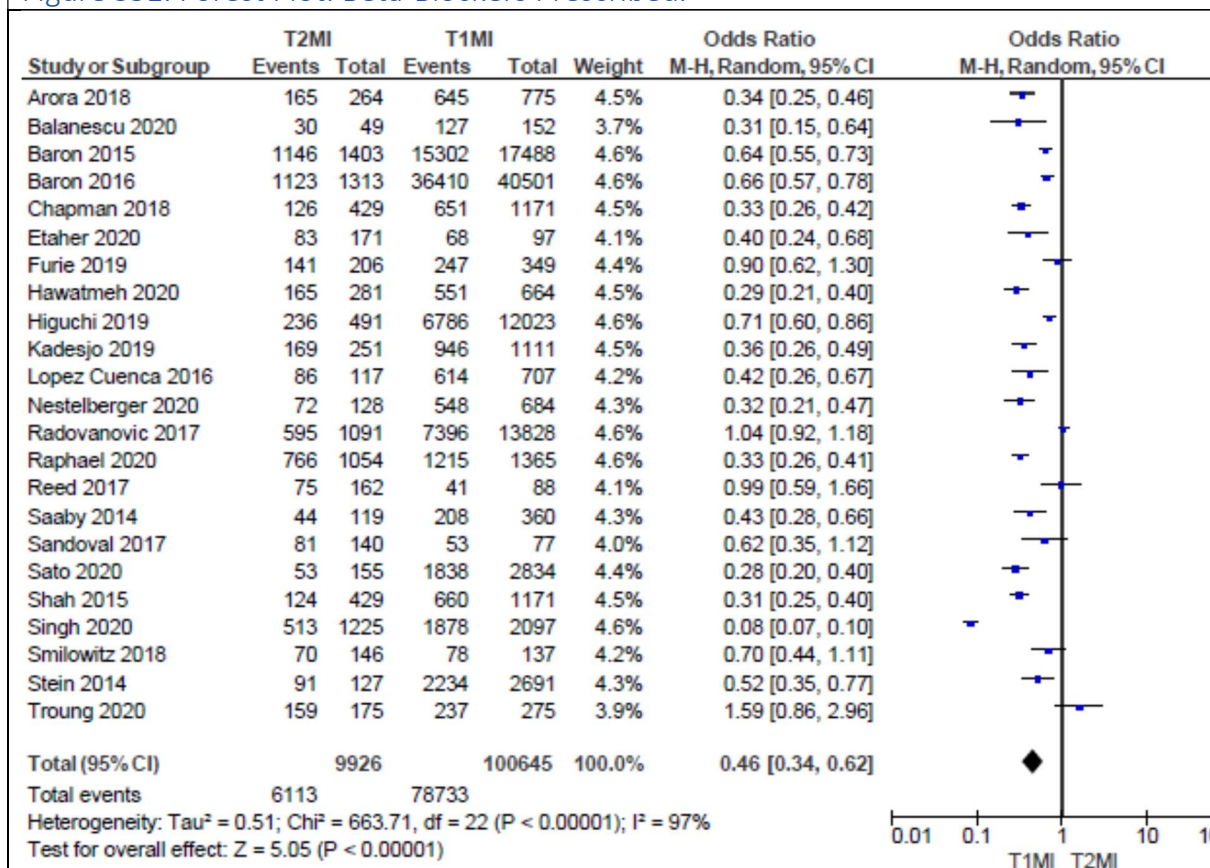


Figure S32. Forest Plot. ACEi/ARB Prescribed.

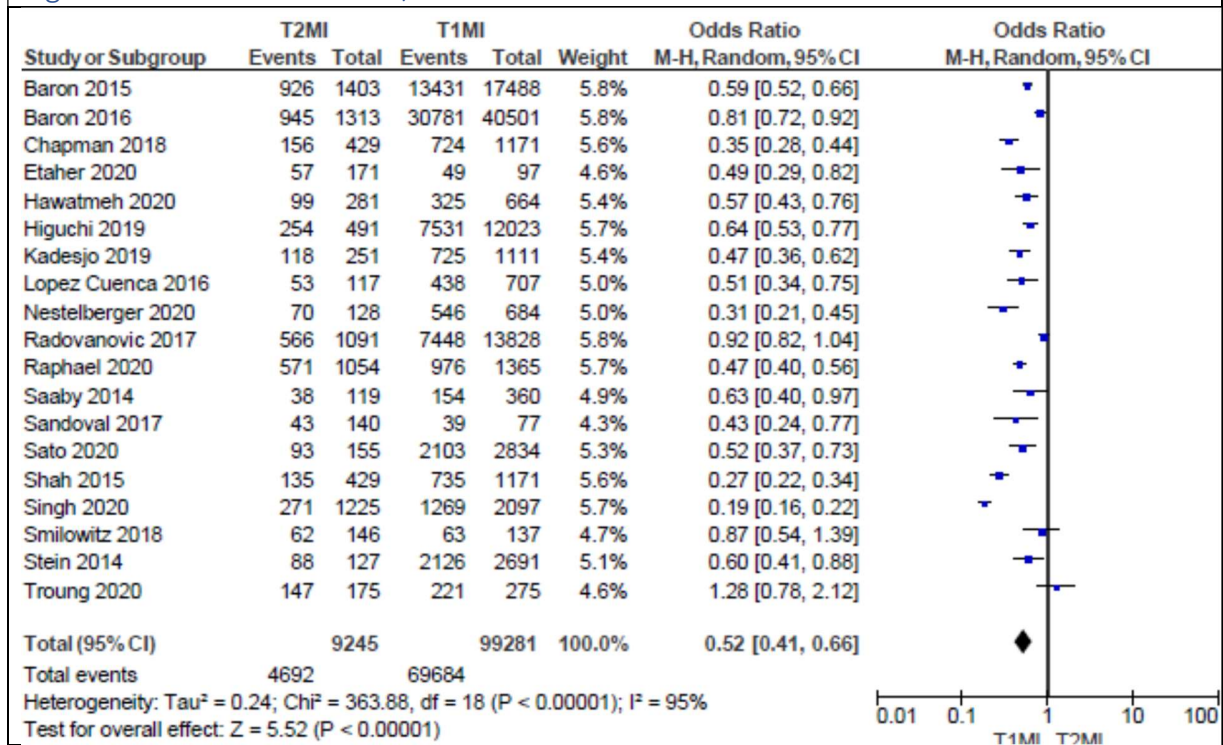


Figure S33. Forest Plot. Antiplatelets Prescribed.

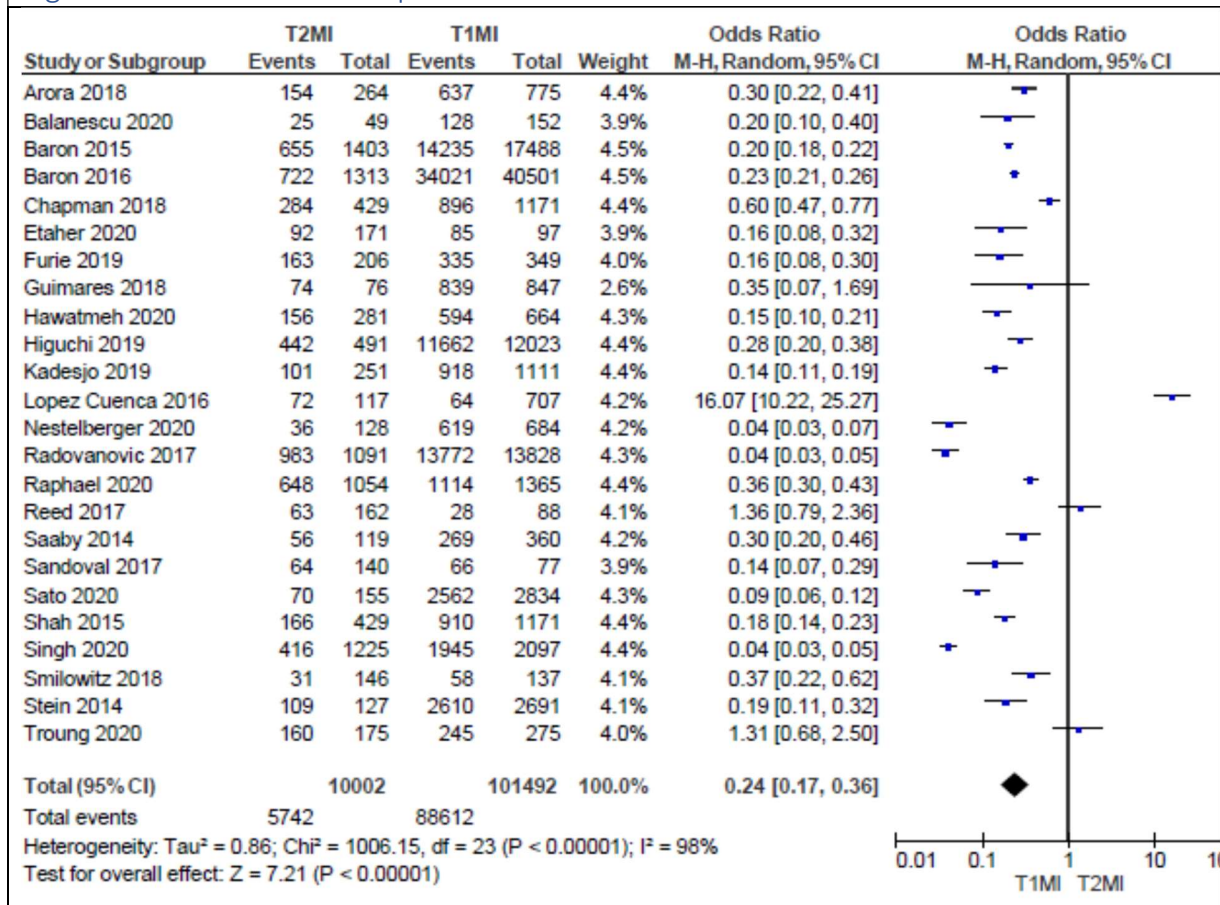


Figure S34. Forest Plot. Anticoagulants Prescribed.

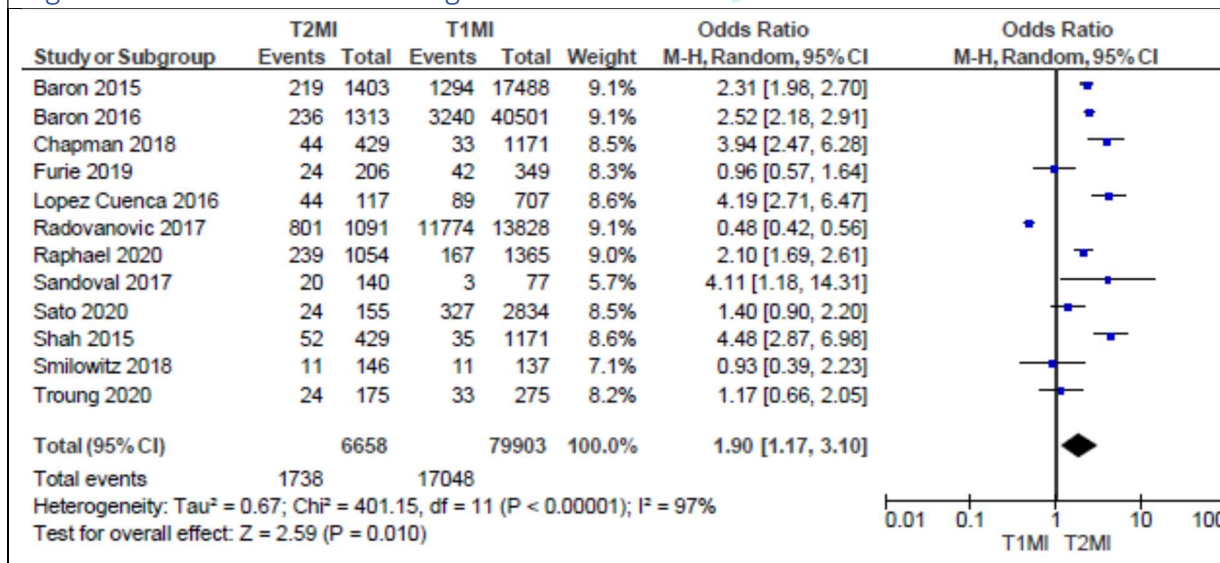


Figure S35. Forest Plot. Antianginal Drugs Prescribed.

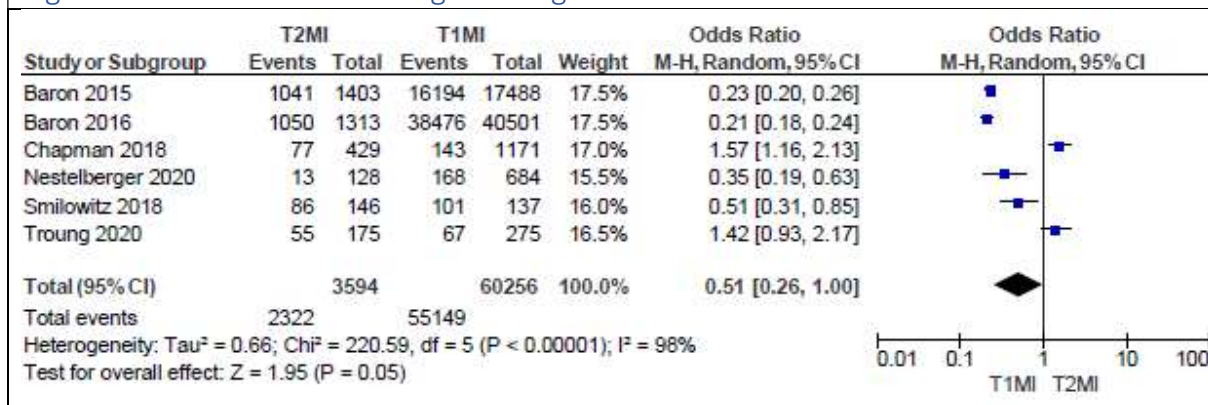


Figure S36. Forest Plot. Diuretics Prescribed.

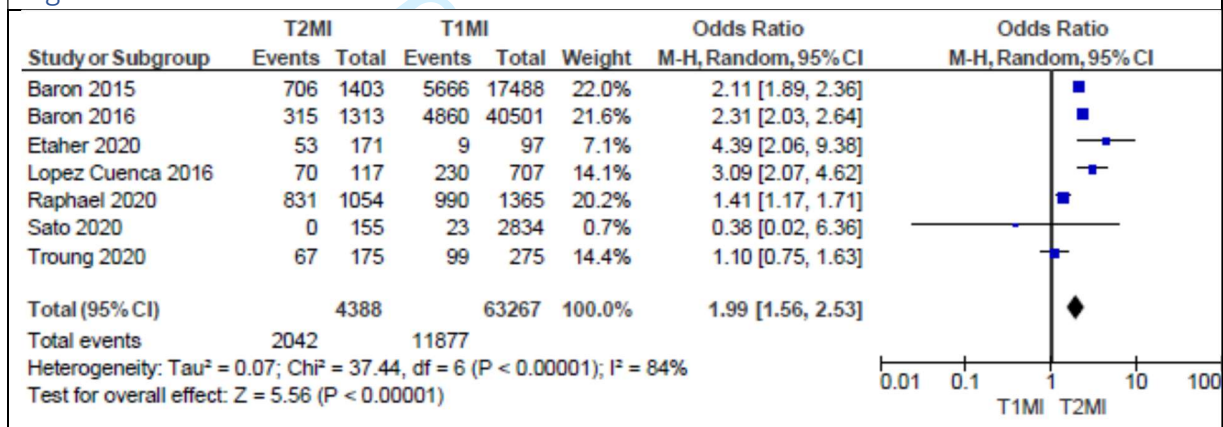
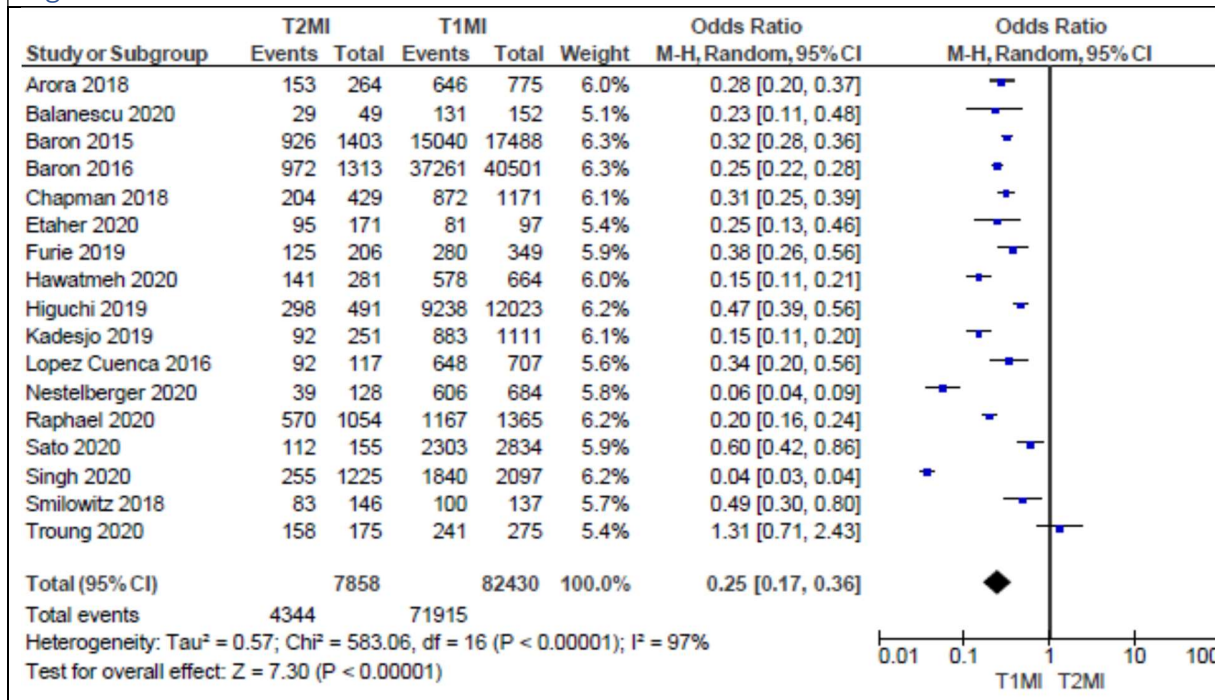


Figure S37. Forest Plot. Statins Prescribed.



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Figure S38. Forest Plot. Percutaneous Coronary Intervention Performed.

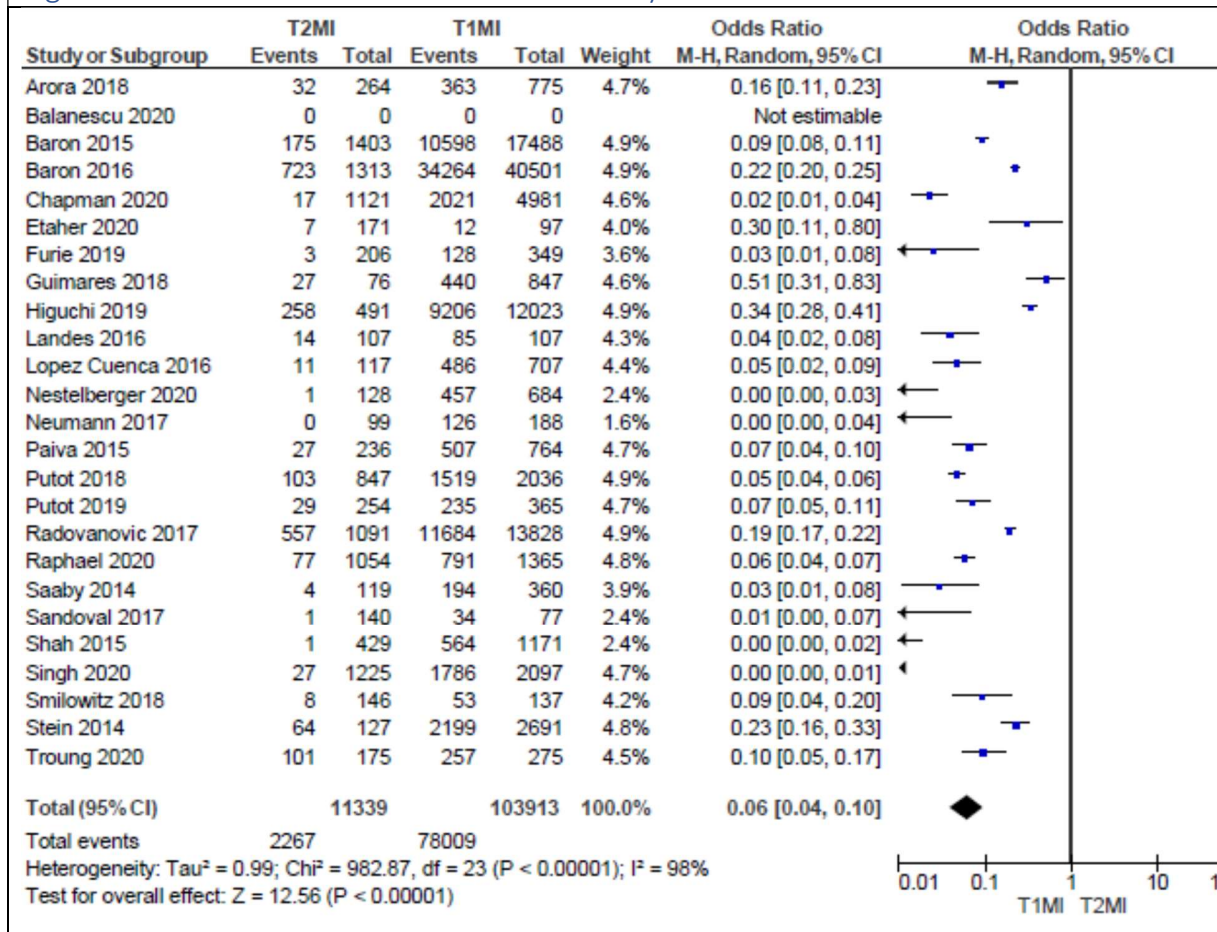


Figure S39. Forest Plot. Coronary Artery Bypass Graft Performed.

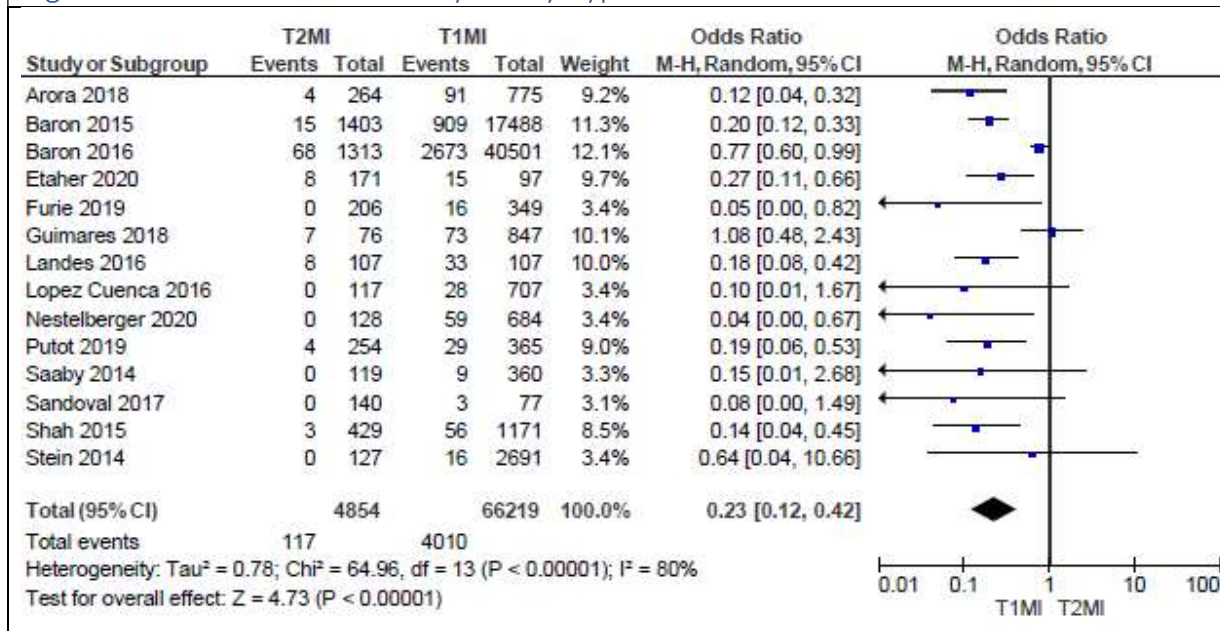


Figure S40. All cause In-hospital mortality. T2MI compared to T1MI.

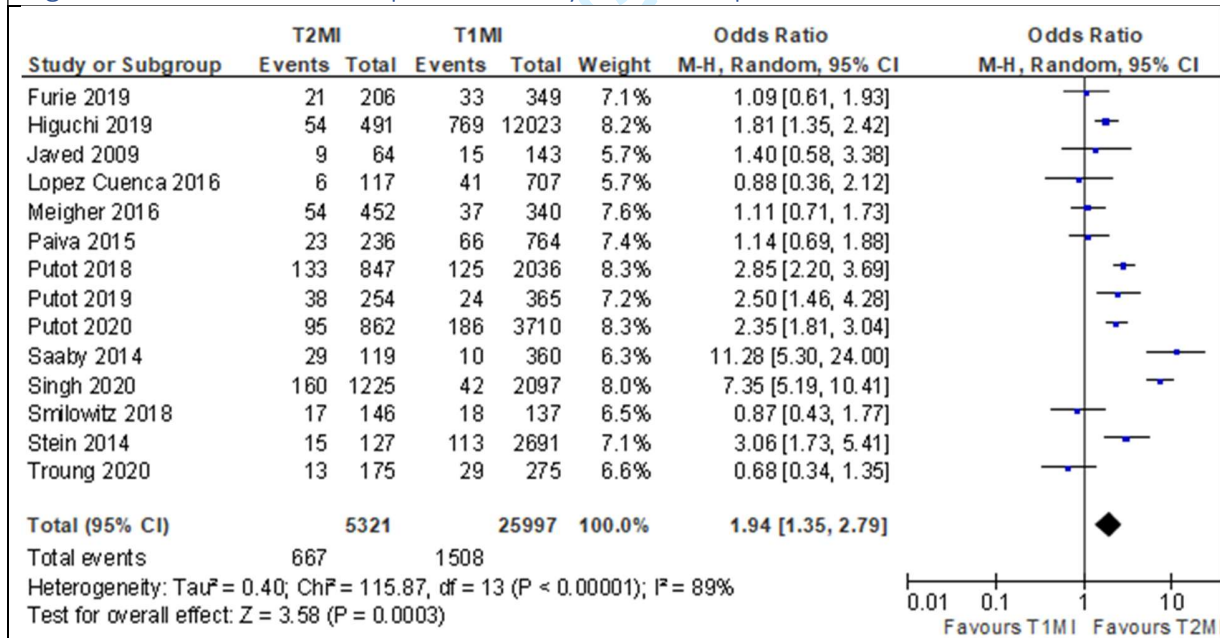


Figure S41. Short-term all-cause mortality. T2MI compared to T1MI.

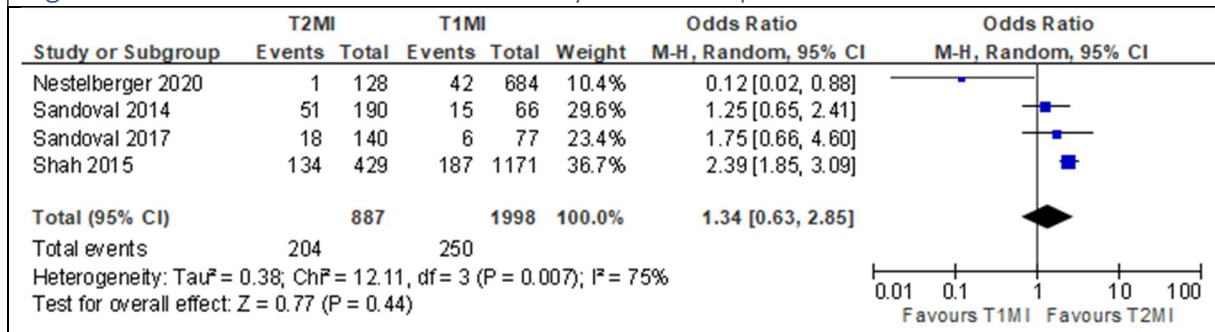


Figure S42. Two-year all-cause mortality. T2MI compared to T1MI.

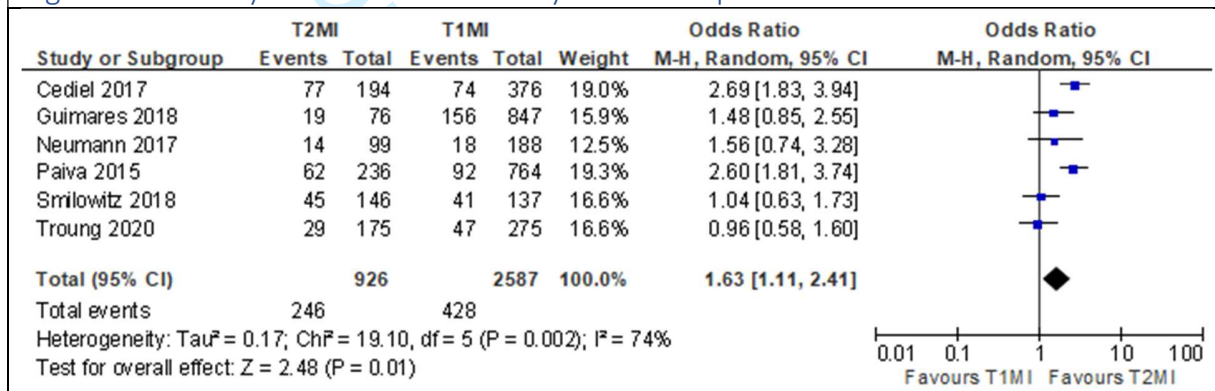
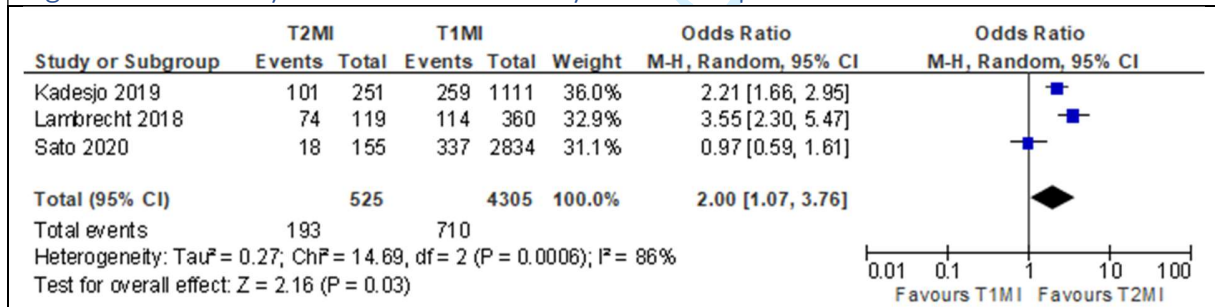


Figure S43. Three-year all-cause mortality. T2MI compared to T1MI.



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PRISMA 2020 Checklist

Section and Topic	Item #	Checklist item	Location where item is reported
TITLE			
Title	1	Identify the report as a systematic review.	1
ABSTRACT			
Abstract	2	See the PRISMA 2020 for Abstracts checklist.	3
INTRODUCTION			
Rationale	3	Describe the rationale for the review in the context of existing knowledge.	4
Objectives	4	Provide an explicit statement of the objective(s) or question(s) the review addresses.	4
METHODS			
Eligibility criteria	5	Specify the inclusion and exclusion criteria for the review and how studies were grouped for the syntheses.	4
Information sources	6	Specify all databases, registers, websites, organisations, reference lists and other sources searched or consulted to identify studies. Specify the date when each source was last searched or consulted.	4
Search strategy	7	Present the full search strategies for all databases, registers and websites, including any filters and limits used.	Supp
Selection process	8	Specify the methods used to decide whether a study met the inclusion criteria of the review, including how many reviewers screened each record and each report retrieved, whether they worked independently, and if applicable, details of automation tools used in the process.	4
Data collection process	9	Specify the methods used to collect data from reports, including how many reviewers collected data from each report, whether they worked independently, any processes for obtaining or confirming data from study investigators, and if applicable, details of automation tools used in the process.	4
Data items	10a	List and define all outcomes for which data were sought. Specify whether all results that were compatible with each outcome domain in each study were sought (e.g. for all measures, time points, analyses), and if not, the methods used to decide which results to collect.	4
	10b	List and define all other variables for which data were sought (e.g. participant and intervention characteristics, funding sources). Describe any assumptions made about any missing or unclear information.	4
Study risk of bias assessment	11	Specify the methods used to assess risk of bias in the included studies, including details of the tool(s) used, how many reviewers assessed each study and whether they worked independently, and if applicable, details of automation tools used in the process.	5
Effect measures	12	Specify for each outcome the effect measure(s) (e.g. risk ratio, mean difference) used in the synthesis or presentation of results.	5
Synthesis methods	13a	Describe the processes used to decide which studies were eligible for each synthesis (e.g. tabulating the study intervention characteristics and comparing against the planned groups for each synthesis (item #5)).	5
	13b	Describe any methods required to prepare the data for presentation or synthesis, such as handling of missing summary statistics, or data conversions.	5
	13c	Describe any methods used to tabulate or visually display results of individual studies and syntheses.	5
	13d	Describe any methods used to synthesize results and provide a rationale for the choice(s). If meta-analysis was performed, describe the model(s), method(s) to identify the presence and extent of statistical heterogeneity, and software package(s) used.	5
	13e	Describe any methods used to explore possible causes of heterogeneity among study results (e.g. subgroup analysis, meta-regression).	5
	13f	Describe any sensitivity analyses conducted to assess robustness of the synthesized results.	N/A
Reporting bias assessment	14	Describe any methods used to assess risk of bias due to missing results in a synthesis (arising from reporting biases).	5
Certainty	15	Describe any methods used to assess certainty (or confidence) in the body of evidence for an outcome.	N/A



PRISMA 2020 Checklist

Section and Topic	Item #	Checklist item	Location where item is reported
assessment			
RESULTS			
Study selection	16a	Describe the results of the search and selection process, from the number of records identified in the search to the number of studies included in the review, ideally using a flow diagram.	5
	16b	Cite studies that might appear to meet the inclusion criteria, but which were excluded, and explain why they were excluded.	5
Study characteristics	17	Cite each included study and present its characteristics.	Supp
Risk of bias in studies	18	Present assessments of risk of bias for each included study.	Supp
Results of individual studies	19	For all outcomes, present, for each study: (a) summary statistics for each group (where appropriate) and (b) an effect estimate and its precision (e.g. confidence/credible interval), ideally using structured tables or plots.	Supp
Results of syntheses	20a	For each synthesis, briefly summarise the characteristics and risk of bias among contributing studies.	Supp
	20b	Present results of all statistical syntheses conducted. If meta-analysis was done, present for each the summary estimate and its precision (e.g. confidence/credible interval) and measures of statistical heterogeneity. If comparing groups, describe the direction of the effect.	Supp
	20c	Present results of all investigations of possible causes of heterogeneity among study results.	Supp
	20d	Present results of all sensitivity analyses conducted to assess the robustness of the synthesized results.	N/A
Reporting biases	21	Present assessments of risk of bias due to missing results (arising from reporting biases) for each synthesis assessed.	N/A
Certainty of evidence	22	Present assessments of certainty (or confidence) in the body of evidence for each outcome assessed.	N/A
DISCUSSION			
Discussion	23a	Provide a general interpretation of the results in the context of other evidence.	7
	23b	Discuss any limitations of the evidence included in the review.	9
	23c	Discuss any limitations of the review processes used.	9
	23d	Discuss implications of the results for practice, policy, and future research.	9
OTHER INFORMATION			
Registration and protocol	24a	Provide registration information for the review, including register name and registration number, or state that the review was not registered.	4
	24b	Indicate where the review protocol can be accessed, or state that a protocol was not prepared.	4
	24c	Describe and explain any amendments to information provided at registration or in the protocol.	N/A
Support	25	Describe sources of financial or non-financial support for the review, and the role of the funders or sponsors in the review.	N/A
Competing interests	26	Declare any competing interests of review authors.	N/A
Availability of data, code and other materials	27	Report which of the following are publicly available and where they can be found: template data collection forms; data extracted from included studies; data used for all analyses; analytic code; any other materials used in the review.	N/A



PRISMA 2020 Checklist

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Keywords:	Coronary heart disease < CARDIOLOGY, Ischaemic heart disease < CARDIOLOGY, Myocardial infarction < CARDIOLOGY

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Title Page

Manuscript Title

Diagnostic features, management, and prognosis of Type 2 myocardial infarction compared to Type 1 myocardial infarction: A systematic review and meta-analysis.

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Abstract

Importance

Distinguishing type 2 (T2MI) from type 1 myocardial infarction (T1MI) in clinical practice can be difficult, and the management and prognosis for T2MI remain uncertain.

Objective

To compare precipitating factors, risk factors, investigations, management, and outcomes for T2MI and T1MI.

Data Sources

MEDLINE and EMBASE databases as well as reference list of recent articles were searched January 2009 to December 2020 for term “type 2 myocardial infarction”.

Study Selection

Studies were included if they analysed if universal definition of MI was used and reported quantitative data on at least one variable of interest.

Data Extraction and Synthesis

Data was pooled using random-effect meta-analysis. Risk of bias was assessed using Newcastle-Ottawa Quality Assessment Form. Preferred Reporting Items for Systematic Reviews and Meta-analyses (PRISMA) guidelines were followed. All review stages were conducted by two reviewers.

Main Outcomes and Measures

Risk factors, presenting symptoms, cardiac investigations such as troponin and angiogram, management, and outcomes such as mortality.

Results

40 cohort studies comprising 98,930 T1MI and 13,803 T2MI patients were included. Compared to T1MI, T2MI patients were: more likely to have pre-existing chronic kidney (OR 1.87; 95%CI 1.53-2.28) and chronic heart failure (OR 2.35; 95%CI 1.82-3.03), less likely to present with typical cardiac symptoms of chest pain (OR 0.19; 95%CI 0.13-0.26) and more likely to present with dyspnoea (OR 2.64; 95%CI 1.86-3.74); more likely to demonstrate non-specific ST-T wave changes on electrocardiography (OR 2.62; 95%CI 1.81-3.79) and less likely to show ST elevation (OR 0.22; 95%CI 0.17-0.28); less likely to undergo coronary angiography (OR 0.09; 95%CI 0.06-0.12) and percutaneous coronary intervention (OR 0.09; 95%CI 0.06-0.12) or receive cardioprotective medications, such as statins (OR 0.25; 95%CI 0.16-0.38) and beta-blockers (OR 0.45; 95%CI 0.33-0.63). T2MI had more risk of all cause one-year mortality (OR 3.11; 95%CI 1.91-5.08), with no differences in short-term mortality (OR 1.34; 95%CI 0.63-2.85).

Conclusion and Relevance

This review has identified clinical, management and survival differences between T2MI and T1MI with greater precision and scope than previously reported. Differential use of coronary

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3 revascularisation and cardioprotective medications highlight ongoing uncertainty of their utility in
4 T2MI compared to T1MI.
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13 Strength and Limitations

- 14 • Inclusion of all contemporary cohort studies in the troponin era
 - 15 • Large patient population of T2MI and T1MI patients analysed allowing high level of precision
 - 16 • Wide array of clinically significant variables assessed providing a comprehensive analysis
 - 17 • Analysis of crude mortality only was possible due to lack of individual patient data
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Introduction

The clinical definition of myocardial infarction has evolved over time. The 2007 Universal Definition of Myocardial Infarction included a subset of MI that was secondary to aetiologies unrelated to underlying occlusive coronary artery disease (1). In 2012, the Third Universal Definition of Myocardial Infarction Consensus Document (2) gave rise to the aetiological distinction between T1MI, defined as MI due to plaque erosion and/or rupture, and T2MI, defined as MI caused by increased oxygen demand or decreased blood supply, in the absence of acute plaque rupture or coronary thrombosis. More recently, in 2018, the Fourth Universal definition of MI updated concepts of T2MI regarding specific situations associated with oxygen demand and supply imbalance and the relevance of the presence or absence of underlying coronary artery disease to therapy and prognosis (3). (see on-line supplement Table S1 for more detail)

In clinical practice, distinguishing T2MI from T1MI based on clinical presentation, electrocardiograph (ECG) features and cardiac troponin (cTn) values can be difficult. In the absence of randomised controlled trials that have evaluated different investigational and therapeutic interventions in patients with T2MI, uncertainty remains around the appropriate management of such patients, particularly those with known or suspected coronary artery disease. Past reviews have assessed one or more attributes of T2MI in comparison to T1MI (4-8) but, to our knowledge, none have undertaken a comprehensive analysis of symptoms, physical signs, investigation results, management regimens and clinical outcomes, both short and long term, of T2MI versus T1MI.

We undertook a systematic review of observational studies with the aims of identifying diagnostic and investigational findings which can assist clinicians to better distinguish T2MI from T1MI, and compare T2MI with T1MI in defining differences in management strategies and clinical outcomes.

Methods

Study design

The review was undertaken in accordance with recommendations of the Cochrane Collaboration and Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) statement (9). Our review was registered on PROSPERO prior to commencement (Registration number: CRD42021237746). MEDLINE and EMBASE databases were searched for all studies published between January 1st, 2009, and December 31st, 2020, using search terms to identify all studies related to T2MI (see Table S2). Reference lists of all relevant articles were also assessed to identify additional relevant studies. The study PRISMA flowchart is shown in Figure S1. January 2009 was chosen as the start date for the literature search in order to restrict our analyses to contemporary studies in the troponin era that employed formal definitions of T2MI which were only devised from 2007 onwards.

Studies were included if they: 1) compared patient populations with T2MI and T1MI, 2) used a universal definition of MI, 3) included at least one variable of interest, 4) were available as full text in English and 5) were either a randomised control trial or comparative observational study. Studies were excluded if: 1) no full text was available, 2) duplicate data was utilised or 3) less than 200 participants in total were included. Initial screening of titles and abstracts for eligible studies was

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3 performed independently by two authors (MK, KW), as was full text review for inclusion, with any
4 differences in review settled by consensus agreement.
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6 7 Data collection and synthesis

8 Data pertaining to all variables of interest were collected from all included studies using a
9 standardised proforma by one author (MK) and independently reviewed by the second author (KW).
10 These variables comprised: study dates, design, sample size, definition used to define T2MI and
11 T1MI, patient demographics, pre-existing medical conditions, precipitating factors, clinical
12 symptoms, ECG findings, laboratory values, echocardiographic results, any clinical interventions or
13 medical treatments administered, and clinical outcomes observed.
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17 Data on variables reported as, or able to be converted to, raw numbers, were pooled from all studies
18 and subject to comparative meta-analysis using Review Manager (RevMan, Computer program.
19 Version 5.3. Copenhagen: The Nordic Cochrane Centre, The Cochrane Collaboration, 2014). For each
20 variable, the odds ratio (OR) comparing T2MI to T1MI, and its 95% confidence interval (CI), was
21 calculated and weighted using the random effects method. As specified in the registered study
22 protocol, the random effects method was used in anticipation of study heterogeneity of at least
23 moderate degree (I^2 statistic of heterogeneity >50%) (10). In addition to the weighted OR, we also
24 report the crude total event rates for each variable subject to meta-analysis in order to provide a
25 more clinically meaningful estimate of the prevalence of these events in each patient group in view
26 of the large sample sizes. Studies reporting mean or median values only were reproduced as
27 reported in the original study.
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31 Risk of bias within each study was assessed using the Newcastle-Ottawa quality assessment tool for
32 cohort studies (11, 12), with scores 7-8 denoting good quality studies, 4-6 fair quality, and 0-3 poor
33 quality.
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36 37 Patient and Public Involvement

38 We did not seek patient or public comment in designing the study.
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41 42 Results

43 A total of 40 studies were included for analysis (13-52) and their characteristics are summarised in
44 Table S3. They comprised a total of 127,620 participants of whom 98,930 participants (77.5%) were
45 classified as T1MI and 13,803 (10.8%) as T2MI. In the following text, we report key findings; more
46 information and forest plots for each analysis involving more than one study and more than 100
47 total cases can be found in the on-line supplement, Figures S2-S44.
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50 The 2007 definition (1) was used in 7 (17.5%) studies (15, 16, 27, 29, 43, 44, 51, 53), the 2012
51 definition (2) in 25 (62.5%) studies (13, 17, 19-21, 23-26, 30-35, 37, 39, 40, 42, 45-48, 50, 52), and
52 the 2018 definition (3) in 8 (20%) studies (14, 18, 22, 28, 36, 38, 41, 49). Of the 40 studies, 17 (42.5%)
53 were prospective (15, 16, 18, 19, 22, 29, 33, 34, 36, 37, 43, 44, 46-48, 50, 51, 53) and 23 (57.5%)
54 were retrospective (13, 14, 17, 20, 21, 23-28, 30-32, 35, 38-42, 46, 49, 52).
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57 58 Risk of bias assessment

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3 Of the 40 studies, 31 (77.5%) were assessed as good quality (13, 15-19, 22, 23, 27-35, 37-46, 48, 52,
4 53), 6 (15%) as fair quality (14, 24-26, 49), and 3 (7.5%) as poor quality (20, 36, 47), as summarised
5 in Table S4. Selection bias resulting in unrepresentative cohorts such as admission criteria to
6 coronary care units or entry criteria into MI registries favouring T1MI (14, 20, 24-26, 36, 47, 49),
7 absence of independent adjudication of MI type as T1MI or T2MI (36, 38, 47), non-comparability of
8 T1MI and T2MI cohorts (20, 24, 25, 47), poorly specified outcome measures (36, 38, 47) and short
9 follow-up period resulting in few events (14, 20, 24, 36) comprised most forms of bias.

13 Participant characteristics

15 Patients with T1MI had a median age range of 60-82 years in the included studies that did not select
16 a specific age population, compared to a median age range of 62-81 years in patients with T2MI. The
17 sex distribution was also similar, with 58.4% and 53% of patients with T1MI and T2MI being male
18 respectively.

21 Regarding pre-existing medical conditions (Table 1), T2MI patients compared to T1MI patients were
22 more likely to have chronic kidney disease (22.8% vs 17.3%; OR 1.87; 95%CI 1.53-2.28), chronic heart
23 failure (13.1% vs 7.6%; OR 2.35; 95%CI 1.82-3.03), atrial fibrillation (22.9% vs 6.1%; OR 3.02; 95%CI
24 2.29-3.99), and hypertension (66.4% vs 63.4%; OR 1.22; 95%CI 1.03-1.45). Patients with T2MI were
25 less likely to have dyslipidaemia (43.4% vs 45.9%; OR 0.74; 95%CI 0.58-0.94) and smoking history
26 (34.7% vs 52.8%; OR 0.6; 95%CI 0.49-0.73). There was no difference in the prevalence of type 2
27 diabetes mellitus or ischaemic heart disease between the two groups.

31 Precipitating factors

33 Less than half of the studies (n=17; 43%) included data on precipitating factors associated with T2MI
34 (13, 15, 17, 19, 21-24, 27, 31, 32, 35, 40, 44, 45, 50, 51, 53). Data on each precipitating factor was
35 not consistently available across the studies, for example only 17 studies representing 45% of T2MI
36 patients assessed presence of arrhythmia

38 The most common precipitants were sepsis (35.9%) and heart failure (35.9%), followed by arrhythmia
39 (29.8%) (Table S5), with non-cardiac surgery being deemed a cause in 12.2% of cases where data for
40 this variable were collected.

43 Presenting clinical features

45 As summarised in Table S6, compared to T1MI patients, T2MI patients were less likely to present
46 with typical cardiac symptoms of chest pain (58.6% vs 88.4%; OR 0.19; 95%CI 0.13-0.26) or
47 discomfort in the arm or shoulder (8.5% vs 35%; OR 0.18; 95%CI 0.11-0.3), but more likely to present
48 with dyspnoea (27.1% vs 10.6%; OR 2.64; 95%CI 1.86-3.74).

51 Investigations

53 ECG findings on presentation (Table S7) such as ST elevation (14.1% vs 44.2%; OR 0.22; 95%CI 0.17-
54 0.28) and pathological Q waves (6.7% vs 20.8%; OR 0.38; 95%CI 0.20-0.71) were less evident in T2MI
55 than in T1MI. In contrast, non-specific ST-T wave changes (24.7% vs 10.8%; OR 2.62; 95%CI 1.81-
56 3.79), and atrial arrhythmias (21% vs 6.6%; OR 4.99; 95%CI 3.14-7.93) were more common among
57 T2MI. No differences between groups were seen in the frequency of ST depression or T wave
58 inversion.
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3 Among the 40 studies, four studies (10%) reported the use of high-sensitivity cardiac troponin (cTn)
4 assays, 21 (53%) reported sensitive assays, and 14 (35%) did not specify what generation assay was
5 used (Table S3b). The results of troponin assays were reported in 26 (65%) studies, specific to cTnI
6 assays in 19 studies, cTnT in 5, both assays in one, while another did not specify the assay used. Only
7 two of these studies reporting troponin failed to state the upper limit of normal (ULN) of the assay
8 used (23, 31). The troponin assays, and therefore units and reference ranges, varied between the
9 studies, preventing direct comparison of troponin values. As a result, we converted troponin values
10 to a multiple of the upper limit of normal for each assay to allow direct comparison (Table S8). For
11 peak troponin, patients with T1MI had a higher and wider range of between 5 and 1702 times the
12 ULN compared to patients with T2MI with a range of 2.8-447 times the ULN. Studies yielded mixed
13 results as to whether the magnitude of change (or delta) in serial cardiac troponin assays was more
14 predictive of T2MI or T1MI compared to absolute values of peak levels (33). Lowering the diagnostic
15 threshold for troponin with the advent of more sensitive assays has increased the numbers of
16 patients identified with T2MI by up to 50% (36), with more recent studies showing the incidence of
17 T2MI equalling or exceeding that of T1MI (15, 33, 36).
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24 Echocardiography was less frequently performed among T2MI than T1MI patients (47.9% vs 55.5%;
25 OR 0.44; 95%CI 0.20-0.96) and when reported (Table S7), there was no difference in the prevalence
26 of regional wall motion abnormalities or the level of left ventricular (LV) function, with reported
27 median LV ejection fraction being 42.3%-55% in T1MI patients and 40%-56% in T2MI patients.
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30 Coronary angiography was also less frequently performed among T2MI than in T1MI patients (34.1%
31 vs 85.5%; OR 0.09; 95%CI 0.06-0.12, Table S7). When performed, T2MI patients were less likely to
32 demonstrate obstructive coronary artery disease (34% vs 44.9%; OR 0.16; 95%CI 0.05-0.54), with
33 obstruction variously defined as 50%-70% occlusion of one or more vessels.
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36 Management

37 T2MI patients, compared to T1MI patients, were significantly less likely to receive conventional
38 cardioprotective medications (Table 2), comprising beta-blockers (58.3% vs 76.3%; OR 0.45; 95%CI
39 0.33-0.63), anti-platelet agents (70.8% vs 88.5%; OR 0.24; 95%CI 0.16-0.38) and statins (52.9% vs
40 87.6%; OR 0.25; 95%CI 0.16-0.38). Of note, T2MI patients were more likely to receive diuretics
41 (44.8% vs 13.6%; OR 1.98; 95%CI 1.37-2.86) or anti-coagulants (28.9% vs 25.2%; OR 1.87; 95%CI
42 1.06-3.30).
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46 Percutaneous coronary intervention (PCI) (21.1% vs 78%; OR 0.06; 95%CI 0.04-0.10) and coronary
47 artery bypass surgery (2.9% vs 6.4%; OR 0.23; 95%CI 0.12-0.45) were also significantly less likely to
48 be performed in T2MI patients than T1MI patients.
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51 Prognosis

52 T2MI patients had significantly increased risk of all-cause death compared to patients with T1MI in
53 both short- and long-term follow-up (Table 3). Specifically, compared to T1MI patients, T2MI
54 demonstrated increased all-cause mortality in-hospital (12.5% vs 5.8%; OR 1.94; 95%CI 1.35-2.79,
55 Figure S40), at one-year (18.9% vs 5.4%; OR 3.11; 95%CI 1.91-5.08, Figure 1) and at 5 to 10 years,
56 (53.7% vs 28.5%, OR 3.24; 95%CI 2.73-3.84, Figure 2). In contrast, there were no differences
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3 between T2MI and T1MI patients in the risk of short-term mortality at 120-180 days (23.0% vs
4 12.5%; OR 1.34; 95%CI 0.63-2.85).
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7 Discussion

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9 To our knowledge, this is the most comprehensive systematic review and meta-analysis of
10 contemporary studies comparing T2MI with T1MI in the troponin era, comprising 127,620 patients
11 from 40 cohort studies across 14 countries, and which used formal definitions of T2MI and T1MI. Up
12 to three quarters of all myocardial infarctions in routine care can be T2MI (33, 34), and distinguishing
13 T2MI from T1MI on clinical criteria is often challenging. The management strategies used by
14 clinicians in real-world practice for T2MI often vary, and the clinical outcomes of T2MI compared to
15 T1MI, particularly over the long term, have been uncertain. This review provides information that
16 helps characterise these two groups of patients according to multiple variables and which may assist
17 in clinical decision-making and prognostication.
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21 In this review, T2MI patients demonstrated more medical comorbidities than T1MI patients, as
22 noted in a recent meta-analysis (6). Our review highlighted the much higher incidence of pre-existing
23 generalised vascular disease, atrial fibrillation, renal impairment, and heart failure among T2MI
24 patients.
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27 Sepsis (10, 16, 27) and anaemia (51) ranked highly as triggers, together with other acute cardiac
28 events such as valve dysfunction or arrhythmias. In one study, a more favourable prognosis in T2MI
29 was seen when the principal trigger was arrhythmia compared to non-cardiac surgery, hypotension,
30 anaemia or hypoxia (29). In another study, shock syndromes were triggers portending a worse
31 prognosis compared to all other triggers (32). In our analysis, non-cardiac surgery as a trigger was
32 less frequent than reported by other investigators (26) whereby peri-operative stressors including
33 blood loss, anaesthesia induced hypotension and wound infections cause imbalance in myocardial
34 contractility, oxygen demand and blood flow (54).
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38 Analysis of cTn levels showed uniformly higher values in T1MI than T2MI which accord with one
39 review (5) reporting cTn values 30% to 94% higher in patients with T1MI, and which other
40 investigators regard as being highly specific diagnostic markers for T1MI (54).
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44 Coronary angiography and revascularisation were both performed much less frequently in T2MI than
45 in T1MI patients. Treating physicians may perceive invasive strategies as being contraindicated or
46 potentially harmful in the presence of various co-morbidities more commonly seen in T2MI and
47 associated with competing mortality risk. In our pooled data, only one in three T2MI patients who
48 underwent angiography demonstrated obstructive coronary artery disease, although this figure may
49 be an underestimate due to selection bias whereby younger, less multi-morbid patients
50 preferentially underwent angiography. In the CASABLANCA cohort study, which enrolled patients
51 with high likelihood of coronary or peripheral artery disease and subjected them to peripheral or
52 coronary angiography, of all those who subsequently suffered incident T2MI, almost half (47.7%)
53 demonstrated $\geq 70\%$ stenosis in at least 2 major coronary arteries (55). These conflicting findings
54 question whether patients presenting with T2MI would benefit from routine use of invasive
55 strategies that define coronary anatomy and, if plaque rupture or critical stenoses are seen, prompt
56 revascularisation, with resultant improvement in patient outcomes. In one study (18), angiography
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3 unmasked acute plaque rupture in 29% of patients classified as T2MI. In another study, among 27 of
4 236 patients with T2MI who underwent revascularisation, the odds of all-cause death were reduced
5 by 67% compared to the remaining 209 non-revascularised patients (23). In contrast, in a third more
6 rigorous study comparing T2MI versus T1MI patients who received or did not receive PCI within 24
7 hours of symptom onset, after adjusting results using multivariate logistic regression analysis and
8 inverted probability weighting,(15) in-hospital mortality was lower in those with T1MI receiving PCI
9 (OR 0.47; 95% CI 0.40–0.55; $p < 0.001$), but not in those with T2MI receiving PCI (OR 1.09; 95% CI
10 0.62–1.94; $p = 0.763$). However, all these studies are observational, so completion of randomised
11 trials, such as the Appropriateness of Coronary investigation in myocardial injury and Type 2
12 myocardial infarction (ACT-2) trial, which is currently in recruitment (54), will hopefully provide a
13 more definitive answer.
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19 Given that a third of T2MI patients had pre-existing coronary artery disease and most of the
20 remainder had one or more cardiovascular risk factors, the relative underuse of cardioprotective
21 medications is perplexing. It may reflect either clinician uncertainty around their cardioprotective
22 utility in T2MI, or concerns about the potential for adverse interactions with other drugs or diseases
23 commonly seen in multi-morbid T2MI patients. The higher use of diuretics in the T2MI population
24 likely reflects the higher prevalence of heart failure and hypertension. Recognizing the
25 heterogeneous mechanisms or conditions leading to T2MI, a phenotype specific-approach to the
26 design of future trials will be useful in identifying effective therapies.
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30 An important finding is the much higher all-cause in-hospital and one-year mortality in T2MI
31 compared to T1MI patients, similar to the two-fold greater mortality rate in T2MI noted in a recent
32 systematic review of 9 studies (8). In our review, this excess mortality was not driven by an excess of
33 cardiovascular deaths, and likely reflects the competing risks of multiple co-morbidities, rather than
34 underlying obstructive coronary artery disease which was seen in 30-50% of T2MI patients (26, 31).
35 Studies yielded mixed results as to whether coronary artery disease is an independent predictor of
36 T2MI (20, 42), while others question the angiographic distinction between T2MI and T1MI. For
37 example, in a study of 450 consecutive patients with MI who all underwent coronary angiography
38 within 24 hours of symptom onset, 145 (32.2%) patients had 'true' T1MI (acute atherothrombosis
39 and no systemic triggers), 114 (25.3%) had 'true' T2MI (no atherothrombosis and systemic triggers),
40 61 (13.6%) patients had neither, and 130 (28.9%) patients had both (41). This yields a discordance of
41 angiographic and clinical definitions of MI type in 42.5% of patients.
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46 Our review has several limitations. First, in the absence of individual patient data from all included
47 studies, we could not perform multivariate regression analysis in identifying independent predictors
48 of diagnosis, management, or prognosis of T2MI. Second, we did not perform separate analyses of
49 studies according to each version of the Universal Definition of MI or to different troponin
50 thresholds to define MI, which may impact management and prognosis. However, potential
51 misclassification bias was addressed in a recent study which showed little change in MI classification
52 as type 1 or 2 in the same cohort of emergency admissions to whom the 3rd and 4th universal
53 definitions were applied(55). In another study which compared separate T2MI cohorts, as defined by
54 the 2007 and the 2012 definitions, co-morbidities and use of cardioprotective medications were less
55 frequent in the 2012 cohort, likely due to less severe MIs being included as a result of using more
56 sensitive troponin assays (22). Third, we did not collect haemodynamic variables or other
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3 physiological measures such as haemoglobin levels and glomerular filtration rate in analysing clinical
4 presentations as these were very inconsistently reported. Fourth, our mortality meta-analyses relied
5 on crude mortality rates reported in each study, with 55% of studies (15-19, 22-28, 30, 31, 34, 35,
6 37, 40-42, 45, 46, 53) also undertaking multivariate regression and/or competing risk analyses and
7 reporting adjusted mortality rates. For the T2MI cohorts in general, these rates tended to be lower
8 and the differences in rates compared to those of T1MI were of smaller magnitude. Fifth, we did not
9 analyse 30-day readmission rates as these were reported in only three studies (13, 14, 23). Sixth, we
10 did not perform sensitivity analyses comparing results of prospective versus retrospective studies, as
11 neither group demonstrated less or more risk of bias than the other, or compare results of good
12 quality studies against fair/poor quality studies as the latter comprised only 16.7% of all patients.
13 Finally, we did not attempt sub-analyses based on risk stratification using validated risk scores or
14 seek to identify predictive models for mortality, as such analyses were reported in only two studies
15 (26, 40).
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21 The strengths of this review are the inclusion of all contemporary cohort studies in the troponin era
22 that employed formal definitions of T2MI, analysis of a broader range of variables than those of
23 previous studies, and the more precise discernment of clinically meaningful differences between the
24 two MI populations in patient characteristics, clinical presentation, patterns of care and outcomes.
25 As studies originated from several different jurisdictions, we believe our findings are generalisable to
26 different healthcare systems, although absolute values for some measures did vary between
27 countries. We are aware of a large US cohort study published since completion of our review (56)
28 which compared T1MI with T2MI patients, but was limited by misclassification bias (relying on
29 administrative hospital discharge data containing an International Classification of Diseases-10th
30 Revision code specific for type 2 MI, rather than a registry or chart diagnosis based on a formal MI
31 definition), short study period of 3 months in late 2017, and inability to analyse clinical features,
32 investigation results, medication use, coronary anatomy, and post-discharge mortality due to their
33 omission in the datasets.
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39 Conclusion

40 This review has identified differences between T2MI and T1MI patients in presenting clinical
41 features, investigation and management profiles, and clinical outcomes. These findings may assist
42 clinicians to better recognise T2MI and advise patients about its sequelae, and inform hospital
43 coding and epidemiological trending, quality of care indicators and inter-hospital benchmarking of
44 performance relating to the care of patients with T2MI.
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48 The review has also defined persisting gaps in our understanding of the utility and prognostic effects
49 of invasive investigations, revascularization strategies and cardioprotective medications in T2MI
50 patients that warrant more randomised trials that enrol such patients.
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Tables

Table 1. Pre-existing medical conditions in patients with T2MI versus T1MI.

Pre-existing medical condition	T2MI			T1MI			Odds ratio* (95% CI)
	Number of patients with the specified condition	Total number of patients	%	Number of patients with the specified condition	Total number of patients	%	
CAD	3352	10303	32.5%	22222	92725	24%	1.1 [0.93, 1.31]
Type 2 DM	3044	12157	25%	23287	93345	24.9%	0.97 [0.85, 1.10]
HTN	7536	11021	66.4%	55782	88017	63.4%	1.22 [1.03, 1.45]
Dyslipidaemia	4626	10652	43.4%	40099	87366	45.9%	0.74 [0.58, 0.94]
Smoker	3448	9929	34.7%	39548	74889	52.8%	0.60 [0.49, 0.73]
Obesity	1225	3672	33.4%	30963	56970	54.3%	0.63 [0.46, 0.87]
Renal failure	1378	6040	22.8%	11300	65394	17.3%	1.87 [1.53, 2.28]
Heart failure	1661	8873	13.1%	5617	74212	7.6%	2.35 [1.82, 3.03]
PVD	584	5856	10.0%	2066	41280	5.0%	1.33 [1.05, 1.69]
CVD	969	8538	11.3%	6060	87822	6.9%	1.47 [1.27, 1.71]
Atrial fibrillation	836	3645	22.9%	1220	19843	6.1%	3.02 [2.29, 3.99]
COPD	800	5018	15.9%	823	48375	1.7%	1.94 [1.22, 3.08]
Illicit drug Use	46	204	22.5%	8	220	3.6%	8.15 [1.03, 64.46]

*Comparing T2MI with T1MI patients, with odds ratio adjusted according to study weighting using random effects meta-analysis
Abbreviations: CAD= coronary heart disease, DM= diabetes mellitus, HTN= hypertension, BMI= body mass index, PVD= peripheral vascular disease, CVD= cerebrovascular disease, COPD= chronic obstructive pulmonary disease

Table 2. Pharmacological management and invasive interventions in patients with T2MI versus T1MI.

Intervention	T2MI			T1MI			Odds ratio* (95% CI)
	No. patients receiving intervention	Total number of patients	%	No. patients receiving intervention	Total number of patients	%	
Medication							
Beta blockers	4967	8523	58.3%	63431	83157	76.3%	0.45 [0.33, 0.63]
ACEI / ARB	3766	7842	48%	56253	81793	68.8%	0.52 [0.40, 0.67]
Anti-platelets	5087	8599	70.8%	74377	84004	88.5%	0.25 [0.16, 0.38]
Anti-coagulants	1519	5255	28.9%	15754	62415	25.2%	1.87 [1.06, 3.30]
Anti-anginal agents	1281	2191	58.5%	38955	42768	91.1%	0.61 [0.21, 1.74]
Diuretics	1336	2985	44.8%	6211	45779	13.6%	1.98 [1.37, 2.86]
Statins	3418	6455	52.9%	56875	64942	87.6%	0.25 [0.16, 0.38]
Invasive							
PCI	2092	9936	21.1%	67411	86425	78%	0.06 [0.04, 0.10]
CABG	102	3451	2.9%	3101	48731	6.4%	0.23 [0.12, 0.45]
*Comparing T2MI with T1MI patients, with odds ratio adjusted according to study weighting using random effects meta-analysis							
Abbreviations: ACEI= Angiotensin converting enzyme inhibitors, ARB= Angiotensin receptor blockers; CI=confidence interval; T2MI=type 2 myocardial infarction; T1MI=type 1 myocardial infarction; PCI=percutaneous coronary intervention; CABG=coronary artery bypass graft							

Table 3. Outcomes in patients with T2MI versus T1MI.

Outcomes	T2MI			T1MI			Odds ratio* (95% CI)
	No. patients with outcome	Total number of patients	%	No. patients with outcome	Total number of patients	%	
CV in-hospital mortality	184	2109	8.7%	331	6248	5.3%	1.61 [1.17, 2.22]
All-cause in-hospital mortality	667	5321	12.5%	1508	25997	5.8%	1.94 [1.35, 2.79]
Short-term all-cause mortality	204	887	23.0%	250	1998	12.5%	1.34 [0.63, 2.85]
1-year all-cause mortality	632	3340	18.9%	1299	24203	5.4%	3.11 [1.91, 5.08]
2-year all-cause mortality	246	926	26.6%	428	2587	16.5%	1.63 [1.11, 2.41]
3-year all-cause mortality	193	525	36.8%	710	4305	16.5%	2.00 [1.07, 3.76]
Long-term all-cause mortality	1453	2708	53.7%	1320	4633	28.5%	3.24 [2.73, 3.84]

*Comparing T1MI with T2MI patients, with odds ratio adjusted according to study weighting using random effects meta-analysis
Abbreviations: CV= Cardiovascular, MACE= Major adverse cardiovascular events; T2MI=type 2 myocardial infarction; T1MI=type 1 myocardial infarction; CI=confidence interval

Figures

Figure 1. Forest plot of one-year all-cause mortality of T2MI patients compared to T1MI patients.

Figure 2. Forest plot of long-term all-cause mortality of T2MI patients compared to T1MI patients.

Figure S1. PRISMA flow diagram.

Figure S2. Forest Plot. Presence of Ischaemic Heart Disease.

Figure S3. Forest Plot. Presence of Type 2 Diabetes Mellitus.

Figure S4. Forest Plot. Presence of Hypertension.

Figure S5. Forest Plot. Presence of Dyslipidaemia.

Figure S6. Forest Plot. Smoking Status.

Figure S7. Forest Plot. Obesity Status.

Figure S8. Forest Plot. Presence of Chronic Kidney Disease.

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5 Figure S10. Forest Plot. Presence of Peripheral Vascular Disease.

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7 Figure S11. Forest Plot. Presence of Cerebrovascular Disease.

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9 Figure S12. Forest Plot. Presence of Illicit Drug Use.

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11 Figure S13. Forest Plot. Presence of Atrial Fibrillation.

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13 Figure S14. Forest Plot. Chest Pain as Presenting Feature.

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15 Figure S15. Forest Plot. Dyspnoea as Presenting Feature.

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17 Figure S16. Forest Plot. Arm / Shoulder Discomfort as Presenting Feature.

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19 Figure S17. Forest Plot. Nausea / Vomiting as Presenting Feature.

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21 Figure S18. Forest Plot. Non-specific Symptoms as Presenting Features.

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23 Figure S19. Forest Plot. Collapse / Syncope as Presenting Features.

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25 Figure S20. Forest Plot. ST Elevation on ECG.

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27 Figure S21. Forest Plot. ST Depression or T Wave Inversion on ECG.

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29 Figure S22. Forest Plot. Q Waves on ECG.

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31 Figure S23. Forest Plot. Non-specific ST Changes on ECG.

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33 Figure S24. Forest Plot. Left Bundle Branch Block on ECG.

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35 Figure S25. Forest Plot. Atrial Fibrillation on ECG.

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37 Figure S26. Forest Plot. Coronary Angiogram Performed.

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39 Figure S27. Forest Plot. Obstructive Coronary Artery Disease on Coronary Angiogram.

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41 Figure S28. Forest Plot. Multivessel Disease on Coronary Angiogram.

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43 Figure S29. Forest Plot. Echocardiogram Performed.

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45 Figure S30. Forest Plot. Regional Wall Motion Abnormalities on Echocardiogram.

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47 Figure S31. Forest Plot. Beta-Blockers Prescribed.

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49 Figure S32. Forest Plot. ACEi/ARB Prescribed.

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51 Figure S33. Forest Plot. Antiplatelets Prescribed.

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61 Figure S38. Forest Plot. Percutaneous Coronary Intervention Performed.

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63 Figure S39. Forest Plot. Coronary Artery Bypass Graft Performed.

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3 Figure S40. Forest Plot. All cause In-hospital mortality. T2MI compared to T1MI.
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5 Figure S41. Forest Plot. Short-term all-cause mortality. T2MI compared to T1MI.
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7 Figure S42. Forest Plot. Two-year all-cause mortality. T2MI compared to T1MI.
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9 Figure S43. Forest Plot. Three-year all-cause mortality. T2MI compared to T1MI.
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11 Figure S44. Forest Plot. CVS In-hospital mortality. T2MI compared to T1MI.
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13 Contribution Statement

14 All authors (KW, MK, IS) contributed to the conception of the work. MK and KW performed the
15 acquisition and analysis of the data. KW and IS were responsible for the interpretation of data. All
16 authors (MK, KW, IS) were responsible for drafting manuscript and final approval of the version to be
17 published. All authors (KW, MK, IS) agree to be accountable for all aspects of the work in ensuring
18 that questions related to the accuracy or integrity of any part of the work are appropriately
19 investigated and resolved.
20
21

22 Competing Interests

23 The authors declare there are no conflict of interest with respect the article.
24
25

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28 for-profit sectors.
29
30

31 Data Sharing Statement

32 All data relevant to the study are included in the article or uploaded as supplementary information.
33
34

35 Ethic Approval Statement

36 No ethics approval was sought for this research project as no patient data was used.
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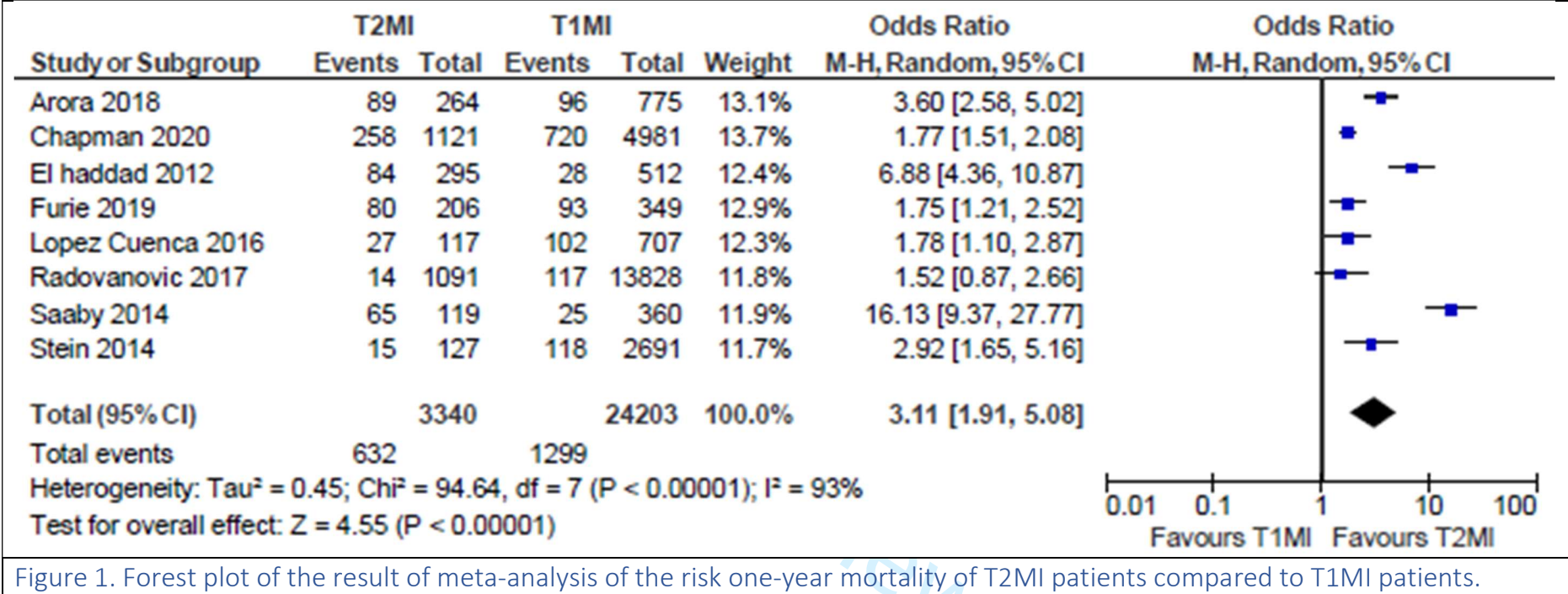


Figure 1. Forest plot of the result of meta-analysis of the risk one-year mortality of T2MI patients compared to T1MI patients.

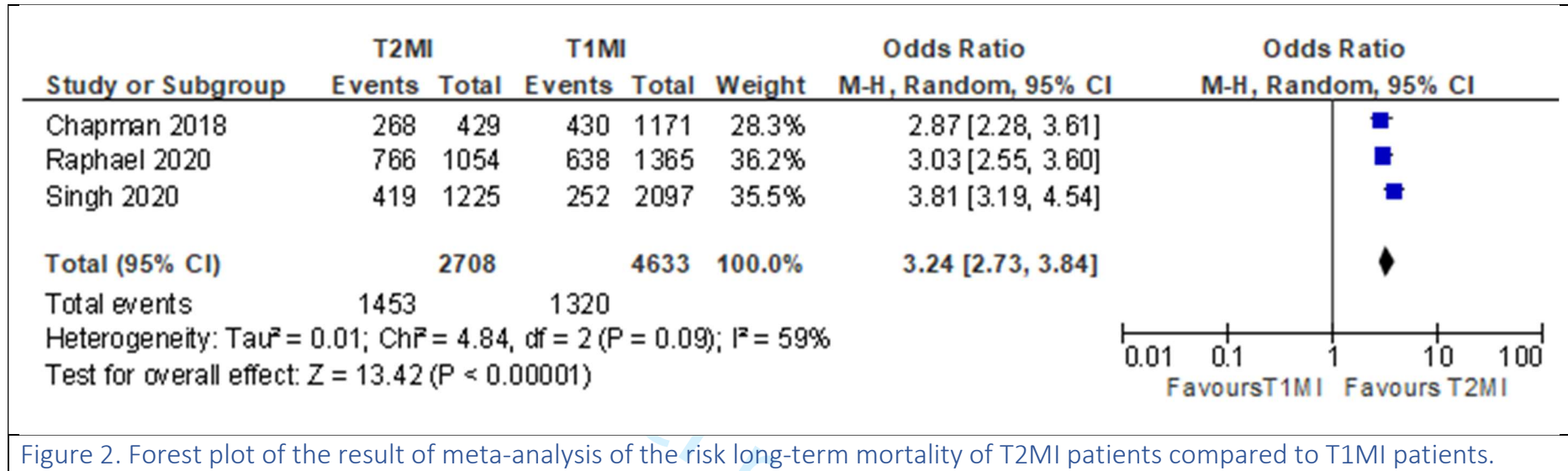


Figure 2. Forest plot of the result of meta-analysis of the risk long-term mortality of T2MI patients compared to T1MI patients.

Review only

Table S1. Evolving definitions of Type 2 Myocardial Infarction.

Year	Universal Definition of Type 2 Myocardial Infarction
2007	Myocardial infarction secondary to ischaemia due to either increased oxygen demand or decreased supply, e.g. coronary artery spasm, coronary embolism, anaemia, arrhythmias, hypotension or hypertension
2012	Instances of myocardial injury with necrosis where a condition other than coronary artery disease contributes to an imbalance between myocardial oxygen supply and/or demand e.g. coronary artery spasm, coronary embolism, anaemia, arrhythmias, hypotension or hypertension
2018	Detection of a rise and/or fall of cTn values with at least one value above the 99th percentile URL, and evidence of an imbalance between myocardial oxygen supply and demand unrelated to coronary thrombosis, requiring at least one of the following: <ul style="list-style-type: none"> - Symptoms of acute myocardial ischaemia - New ischaemic ECG changes - Development of pathological Q waves - Imaging evidence of new loss of viable myocardium or new regional wall motion abnormality in a pattern consistent with an ischaemic aetiology

Table S2. Search strategy.

MEDLINE: (type 2 adj3 myocard*) OR (type-2 adj3 myocard*) OR (type II adj3 myocard*) OR (type-II adj3 myocard*) OR (type 2 adj3 MI) OR (type-2 adj3 MI) OR T2MI OR (supply demand adj3 myocard*)

EMBASE: ('type 2' NEXT/3 myocard*) OR ('type-2' NEXT/3 myocard*) OR ('type ii' NEXT/3 myocard*) OR ('type-ii' NEXT/3 myocard*) OR ('type 2' NEXT/3 mi) OR ('type-2' NEXT/3 mi) OR ('t2mi') OR ('supply demand' NEXT/3 myocard*)

Table S3a. Study characteristics

Author, Year	Patients		Design	Definition of MI	Geographic location	Screening	Troponin Assay
	T1MI	T2MI					
Arora, 2018 (1)	775	264	Retrospective	2012	USA	NSTEMI patients	cTnI
Balanescu, 2020 (2)	152	49	Retrospective	2018	USA	AMI patients	N/A
Baron, 2016 (3)	40501	1313	Prospective	2007	Sweden	AMI patients	hs-cTnT
Bonaca, 2012 (4)	359	42	Prospective	2007	Multinational	TRITON TIMI 38 trial	N/A
Cediel, 2017 (5)	376	194	Retrospective	2012	Spain	ED patients with at least 1 troponin	cTnI
Chapman, 2018 (6)	1171	429	Prospective	2012	UK	ED with elevated troponin	cTnI
Chapman, 2020 (7)	4981	1121	Prospective	2018	UK	Suspected ACS	cTnI
Consuegra-Sanchaz, 2018 (8)	125	75	Retrospective	2012	Spain	ED patients with at least 1 troponin	cTnI hs-cTnT
El-Haddad, 2012 (9)	512	295	Retrospective	2012	USA	Patients with elevated troponin	N/A
Etaher, 2020 (10)	97	121	Prospective	2018	Australia	Patients with elevated troponin	N/A
Furie, 2019 (11)	349	206	Retrospective	2012	Israel	NSTEMI on general ward	Unknown
Guimaraes, 2018 (12)	847	76	Retrospective	2012	Multinational	ACS during TRACER trial	N/A
Hawatmeh, 2020 (13)	664	281	Retrospective	2012	USA	NSTEMI patients	cTnI
Higuchi, 2019 (14)	12023	491	Retrospective	2012	Tokyo	Admitted to CCU	N/A
Javed, 2009 (15)	143	64	Retrospective	2007	USA	Patients with elevated troponin	cTnI
Kadesjo, 2019 (16)	1111	251	Retrospective	2018	Sweden	MI, Registry	N/A
Lambrecht, 2018 (17)	360	119	Prospective	2007	Denmark	Hospitalised patients with troponin measured	cTnI
Landes, 2016 (18)	107	107	Retrospective	2012	Israel	Diagnosed with T2MI and T1MI	cTnT
Lopez-Cuenca, 2016 (19)	707	117	Retrospective	2012	Spain	Diagnosed with T2MI and T1MI	hs-cTnT
Meigher, 2016 (20)	340	452	Retrospective	2012	Germany	ED patients with elevated troponin	cTnI
Nestelberger, 2017 (21)	684	128	Prospective	2012	Multinational	ED patients with MI	N/A
Neumann, 2017 (22)	188	99	Prospective	2012	Germany	ED patients with suspected MI	hs-cTnI

1	Paiva, 2015 (23)	764	236	Retrospective	2012	Portugal	Admitted to CCU with MI	cTnI
2	Pandey, 2020 (24)	97	103	Prospective	2018	USA	MI	N/A
3	Putot, 2018 (25)	2036	847	Prospective	2012	France	ED or cardiology ward with elevated troponin	cTnI
4	Putot, 2019 (26)	365	254	Retrospective	2018	France	Hospitalised patients with CAD	cTnI
5	Putot, 2020 (27)	3710	862	Retrospective	2012	France	Hospitalised patients with MI	cTnI
6	Radovanovic, 2017 (28)	13828	1091	Retrospective	2012	Switzerland	Diagnosed AMI	N/A
7	Raphael, 2020 (29)	1365	1054	Retrospective	2018	USA	Raised troponin	cTnT
8	Reed, 2017 (30)	88	162	Retrospective	2012	USA	Underwent vascular surgery procedure	cTnT
9	Saaby 2013 (31)	397	144	Prospective	2007	Denmark	Troponin measured	cTnI
10	Saaby, 2014 (32)	360	119	Prospective	2007	Denmark	Elevated troponin	cTnI
11	Sandoval, 2014 (33)	66	190	Retrospective	2012	USA	ED patients with troponin measured	cTnI
12	Sandoval, 2017 (34)	77	140	Prospective	2012	USA	ED patients with troponin measured	cTnI
13	Sato, 2020 (35)	2834	155	Prospective	2012	Japan	Hospitalised patient with MI	N/A
14	Shah, 2015 (36)	1171	429	Prospective	2012	UK	Admitted with elevated troponin	cTnI
15	Singh, 2020 (37)	2097	1225	Retrospective	2018	USA	Age <50, MI or raised troponin	N/A
16	Smilowitz, 2018 (38)	137	146	Prospective	2012	USA	Admitted with raised troponin	cTnI
17	Stein, 2014 (39)	2691	127	Prospective	2007	Israel	Admitted to cardiology	N/A
18	Truong, 2020 (40)	275	175	Retrospective	2012	Russia	MI, undergoing angiogram	N/A
19	<i>cTnI = cardiac troponin I; cTnT = cardiac troponin T; hs- = high sensitivity; AMI = acute myocardial infarction; MI = myocardial infarction; ACS = acute coronary syndrome; NSTEMI = non-ST elevation myocardial infarction; CCU = coronary care unit; CAD = coronary artery disease</i>							

Table S3b. Study characteristics

Author, Year	Patients		Variables					
	T1MI	T2MI	Pre-existing conditions	Symptoms	Investigations	Troponin Values	Management	Prognosis
Arora, 2018 (1)	775	264	X		X	X	X	X
Balanescu, 2020 (2)	152	49		X	X		X	
Baron, 2016 (3)	40501	1313	X	X	X	X	X	
Bonaca, 2012 (4)	359	42						
Cediel, 2017 (5)	376	194	X	X	X	X		X
Chapman, 2018 (6)	1171	429	X		X	X	X	X
Chapman, 2020 (7)	4981	1121	X	X	X	X		X
Consuegra-Sanchaz, 2018 (8)	125	75	X	X	X	X		
El-Haddad, 2012 (9)	512	295						X
Etaher, 2020 (10)	97	121	X		X		X	
Furie, 2019 (11)	349	206	X	X	X	X	X	X
Guimaraes, 2018 (12)	847	76	X		X		X	X
Hawatmeh, 2020 (13)	664	281	X		X	X	X	
Higuchi, 2019 (14)	12023	491	X		X		X	X
Javed, 2009 (15)	143	64	X		X	X		X
Kadesjo, 2019 (16)	1111	251	X				X	X
Lambrecht, 2018 (17)	360	119	X		X	X		X
Landes, 2016 (18)	107	107	X	X	X	X		
Lopez-Cuenca, 2016 (19)	707	117	X	X	X	X	X	X
Meigher, 2016 (20)	340	452	X	X	X	X		X
Nestelberger, 2017 (21)	684	128	X		X		X	X
Neumann, 2017 (22)	188	99	X		X	X		X
Paiva, 2015 (23)	764	236	X		X	X		X
Pandey, 2020 (24)	97	103	X					
Putot, 2018 (25)	2036	847	X		X	X		X
Putot, 2019 (26)	365	254	X		X	X		X
Putot, 2020 (27)	3710	862	X		X	X		X
Radovanovic, 2017 (28)	13828	1091	X		X		X	X
Raphael, 2020 (29)	1365	1054	X		X	X	X	X

Reed, 2017 (30)	88	162			X	X	X	
Saaby 2013 (31)	397	144	X		X	X		
Saaby, 2014 (32)	360	119	X		X	X	X	X
Sandoval, 2014 (33)	66	190	X	X	X	X		X
Sandoval, 2017 (34)	77	140	X	X	X	X	X	X
Sato, 2020 (35)	2834	155	X		X		X	X
Shah, 2015 (36)	1171	429	X	X	X	X	X	X
Singh, 2020 (37)	2097	1225	X		X		X	X
Smilowitz, 2018 (38)	137	146	X	X	X	X	X	X
Stein, 2014 (39)	2691	127	X	X	X		X	X
Truong, 2020 (40)	275	175	X	X	X		X	X

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Table S4. Risk of bias assessment

Author, Year	Outcome					Summary
	Representative of Exposed Cohort	Selection of Non-exposed	Assessment	Follow-up Length	Adequacy of Follow-Up	
Arora, 2018 (1)	x	x	x	x	x	8 (good quality)
Balanescu, 2020 (2)	0	x	x	0	x	6 (fair quality)
Baron, 2016 (3)	x	x	x	x	x	8 (good quality)
Bonaca, 2012 (4)	x	x	x	x	x	8 (good quality)
Cediel, 2017 (5)	x	x	x	x	x	8 (good quality)
Chapman, 2018 (6)	x	x	x	x	x	8 (good quality)
Chapman, 2020 (7)	x	x	x	x	x	8 (good quality)
Consuegra-Sanchaz, 2018 (8)	0	0	x	0	0	3 (poor quality)
El-Haddad, 2012 (9)	x	x	0	0	0	5 (fair quality)
Etaher, 2020 (10)	x	x	x	x	x	8 (good quality)
Furie, 2019 (11)	x	x	x	x	x	8 (good quality)
Guimaraes, 2018 (12)	0	0	x	0	x	4 (fair quality)
Hawatmeh, 2020 (13)	0	0	x	x	0	4 (fair quality)
Higuchi, 2019 (14)	0	0	x	x	x	5 (fair quality)
Javed, 2009 (15)	x	x	x	x	x	8 (good quality)
Kadesjo, 2019 (16)	x	x	x	x	x	8 (good quality)
Lambrecht, 2018 (17)	x	x	x	x	x	8 (good quality)
Landes, 2016 (18)	x	x	x	x	x	8 (good quality)
Lopez-Cuenca, 2016 (19)	x	x	x	x	x	8 (good quality)
Meigher, 2016 (20)	x	x	x	x	x	8 (good quality)
Nestelberger, 2017 (21)	x	x	x	x	x	8 (good quality)
Neumann, 2017 (22)	x	x	x	x	x	8 (good quality)

Paiva, 2015 (23)	x	x	x	x	x	8 (good quality)
Pandey, 2020 (24)	0	0	0	0	0	2 (poor quality)
Putot, 2018 (25)	x	x	x	x	x	8 (good quality)
Putot, 2019 (26)	x	x	0	x	x	7 (good quality)
Putot, 2020 (27)	x	x	x	x	x	8 (good quality)
Radovanovic, 2017 (28)	x	x	x	x	x	8 (good quality)
Raphael, 2020 (29)	x	x	x	x	x	8 (good quality)
Reed, 2017 (30)	x	x	x	x	x	8 (good quality)
Saaby 2013 (31)	x	x	x	x	x	8 (good quality)
Saaby, 2014 (32)	x	x	x	x	x	8 (good quality)
Sandoval, 2014 (33)	x	x	x	x	x	8 (good quality)
Sandoval, 2017 (34)	x	x	x	x	x	8 (good quality)
Sato, 2020 (35)	0	0	0	x	x	2 (poor quality)
Shah, 2015 (36)	x	x	x	x	x	8 (good quality)
Singh, 2020 (37)	0	0	x	x	x	6 (fair quality)
Smilowitz, 2018 (38)	x	x	x	x	x	7 (good quality)
Stein, 2014 (39)	x	x	x	x	x	7 (good quality)
Truong, 2020 (40)	x	x	x	x	x	8 (good quality)

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Table S5. Precipitating conditions for T2MI.

Precipitating Factor	Events	Patients	%
Sepsis	1116	3110	35.9%
Heart failure	698	1943	35.9%
Arrhythmia	1716	5465	31.4%
Anaemia	1506	4878	30.9%
Valvular abnormality	351	1301	27.0%
Respiratory failure	743	3021	24.6%
Chronic obstructive pulmonary disease	59	258	22.9%
Stroke	44	328	13.4%
Hypertension	291	2217	13.1%
Non-cardiac surgery	103	841	12.2%
Shock/hypotension	291	3006	9.7%
Renal failure	51	553	9.2%
Pulmonary oedema	33	380	8.7%
Bradycardia	35	484	7.2%
Infection	115	2009	5.7%
Coronary spasm	36	1048	3.4%
Bleeding	53	1834	2.9%
Coronary endothelial dysfunction	1	592	0.2%

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Table S6. Clinical features on presentation in patients with T2MI versus T1MI patients.

Presenting Symptom	T2MI			T1MI			Odds ratio * [95% CI]
	No. patients with presenting symptom	Total number of patients	%	No. patients with presenting symptom	Total number of patients	%	
Chest pain	3474	5932	58.6%	58273	65883	88.4%	0.19 [0.13, 0.26]
Dyspnoea	1412	5210	27.1%	6930	65129	10.6%	2.64 [1.86, 3.74]
Arm or shoulder discomfort	28	330	8.5%	50	143	35.0%	0.18 [0.11, 0.30]
Jaw or neck discomfort	6	140	4.3%	12	77	15.6%	0.24 [0.09, 0.68]
Epigastric discomfort	8	140	5.7%	8	77	10.4%	0.52 [0.19, 1.45]
Nausea or vomiting	46	330	13.9%	39	143	27.3%	0.46 [0.28, 0.74]
Fatigue	5	140	3.6%	5	77	6.5%	0.53 [0.15, 1.90]
Diaphoresis	16	140	11.4%	16	77	20.8%	0.49 [0.23, 1.05]
Other nonspecific symptoms	988	1529	64.6%	2662	41396	6.4%	4.9 [0.48, 50.33]
Collapse / syncope	99	2125	4.7%	157	7152	2.2%	2.10 [1.05, 4.18]

*Comparing T2MI with T1MI patients, with odds ratio adjusted according to study weighting using random effects meta-analysis

Abbreviations: URL- upper reference limit; STEMI- ST elevation myocardial infarction; NSTEMI- Non- ST elevation myocardial infarction; MI- Myocardial infarction; cTn- cardiac troponin; T1MI- Type 1 myocardial infarction; T2MI- Type 2 myocardial infarction; ECG- electrocardiogram; CAD- coronary artery disease; PCI- percutaneous coronary intervention; CABG- coronary artery bypass graft; IHD- ischaemic heart disease; MACE- Major adverse cardiovascular events; CI- confidence interval

Table S7. Cardiac investigations in patients with T2 MI versus T1MI.

Variable	T2MI			T1MI			Odds ratio* (95% CI)
	No. patients with nominated diagnostic findings	Total no. patients	%	No. patients with nominated diagnostic findings	Total no of patients	%	
ECG							
ST elevation	1129	8014	14.1%	37182	84096	44.2%	0.22 [0.17, 0.28]
ST depression or T wave Inversion	1728	4911	35.2%	10968	51042	21.5%	1.36 [0.85, 2.17]
Pathological Q Waves	30	447	6.7%	177	850	20.8%	0.38 [0.20, 0.71]
Non-specific ST-T wave changes	146	592	24.7%	45	417	10.8%	2.62 [1.81, 3.79]
Left bundle branch block	175	1927	9.1%	1943	42543	4.6%	1.62 [1.21, 2.17]
Atrial fibrillation/flutter	54	257	21%	52	784	6.6%	4.99 [3.14, 7.93]
Echocardiograph							
Echocardiogram performed	648	1353	47.9%	1571	2830	55.5%	0.44 [0.20, 0.96]
Presence of RWMA	97	286	33.9%	101	214	47.2%	0.48 [0.06, 3.78]
Angiogram							
Angiogram performed	3182	9318	34.1%	42724	49944	85.5%	0.09 [0.06, 0.12]
Obstructive coronary artery disease present	1246	3663	34.0%	19923	44404	44.9%	0.16 [0.05, 0.54]
Multivessel disease present	593	2147	27.6%	11839	41715	28.4%	0.40 [0.19, 0.82]
*Comparing T2MI with T1MI patients, with odds ratio adjusted according to study weighting using random effects meta-analysis ECG=electrocardiograph; RWMA=regional wall motion abnormalities; CI=confidence interval; T2MI=type 2 myocardial infarction; T1MI=type 1 myocardial infarction							

Table S8. Troponin measurements.

Troponin Measurement	Number of Studies	T1MI (min-max)	T2MI (min-max)
Baseline cTn (xULN)	12	0.14-190	0.1-8.2
6h cTn (xULN)	4	13.2-142	4.25-11
Peak cTn (xULN)	20	5.1-1703	2.8-447

Abbreviations: xULN= times upper limit normal

Figure S1. PRISMA flow diagram.

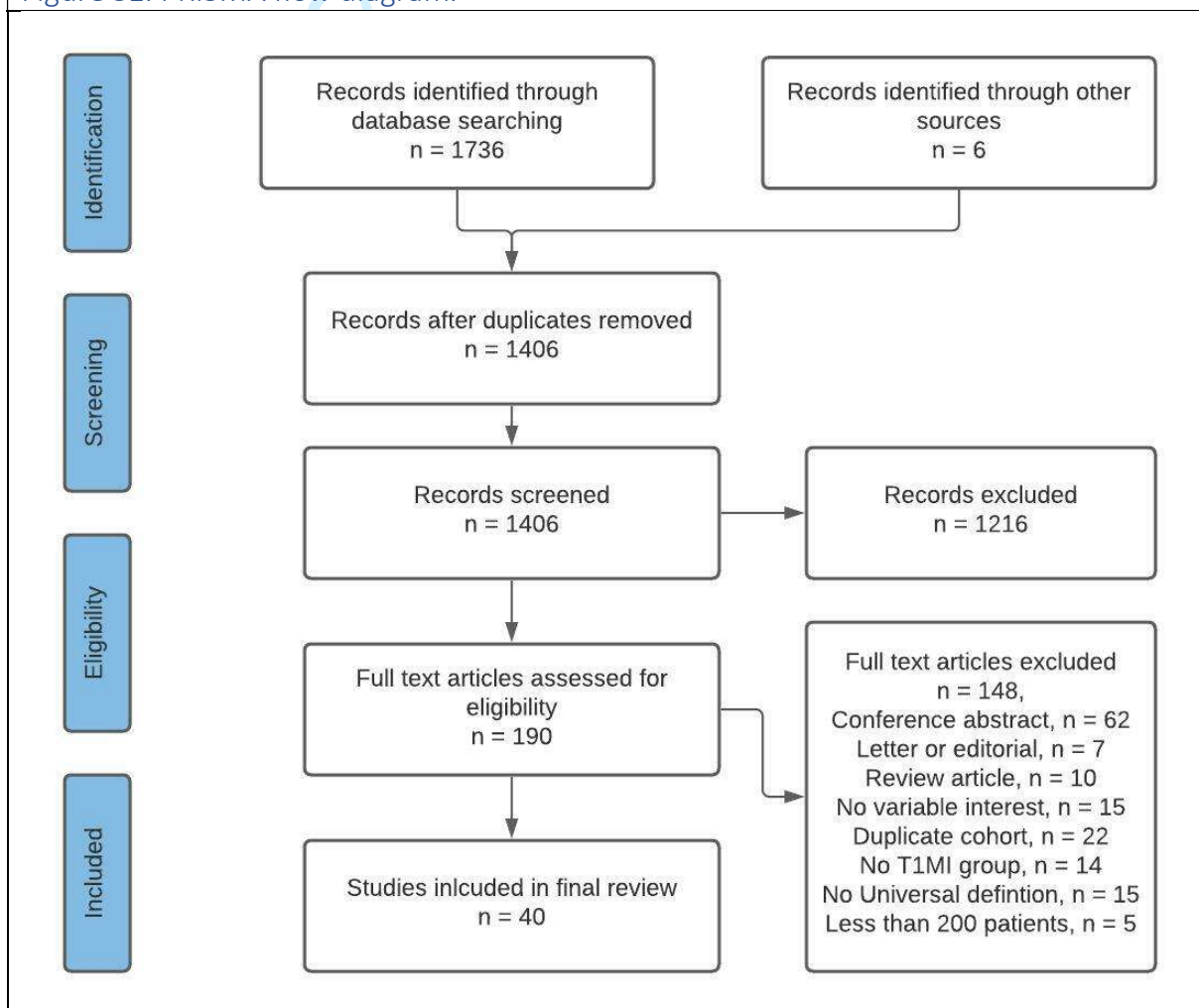


Figure S2. Forest Plot. Presence of Ischaemic Heart Disease.

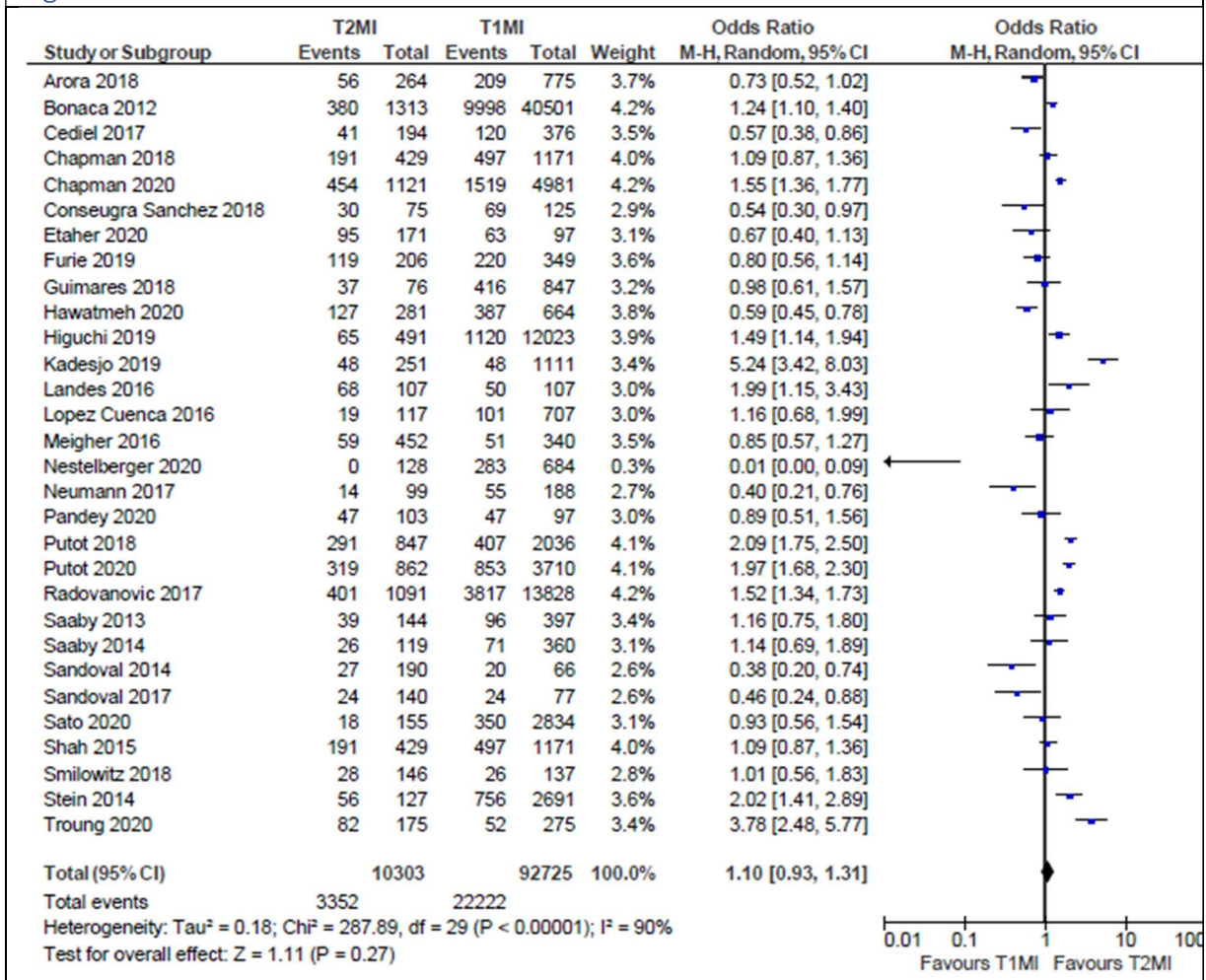


Figure S3. Forest Plot. Presence of Type 2 Diabetes Mellitus.

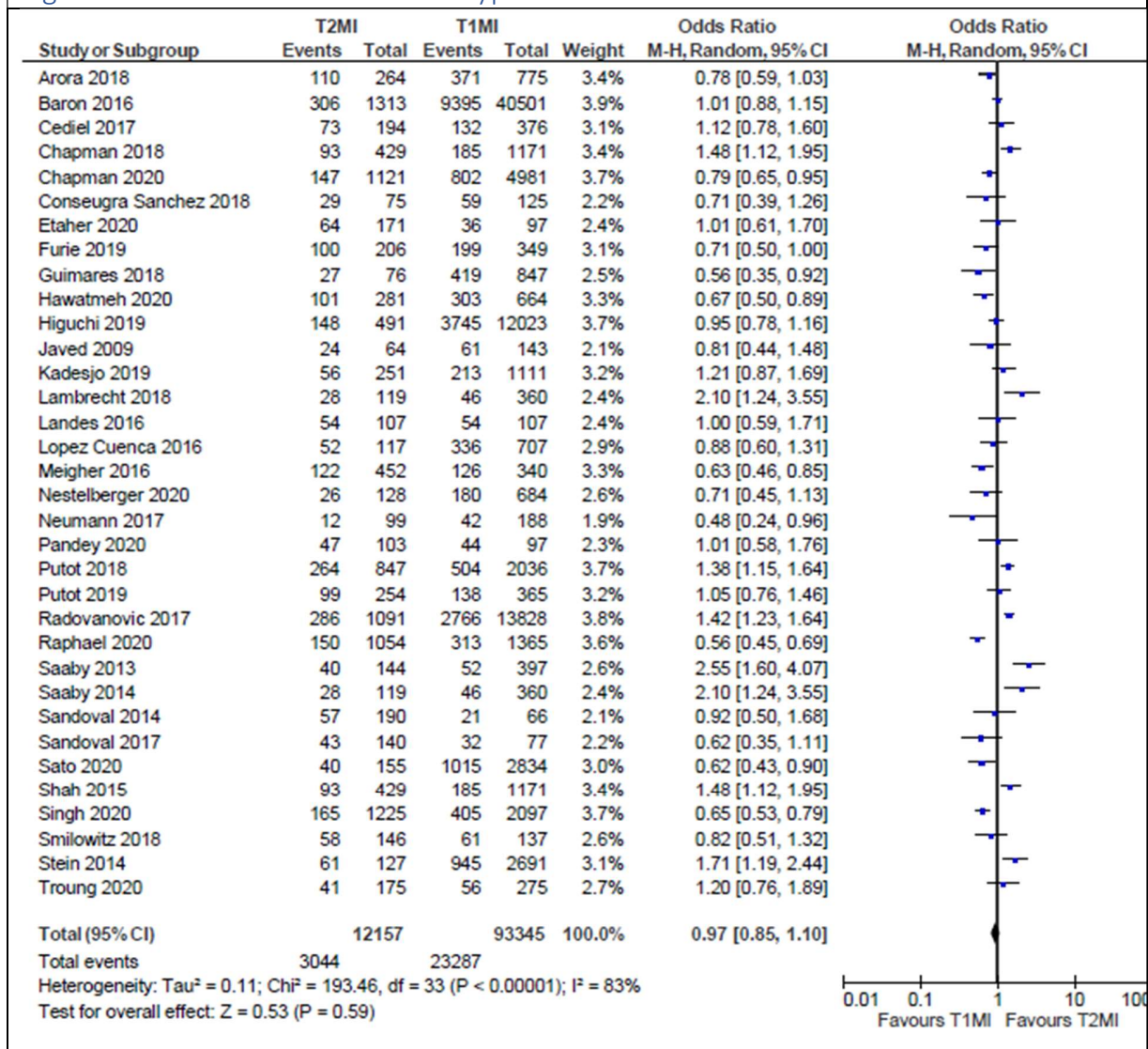


Figure S4. Forest Plot. Presence of Hypertension.

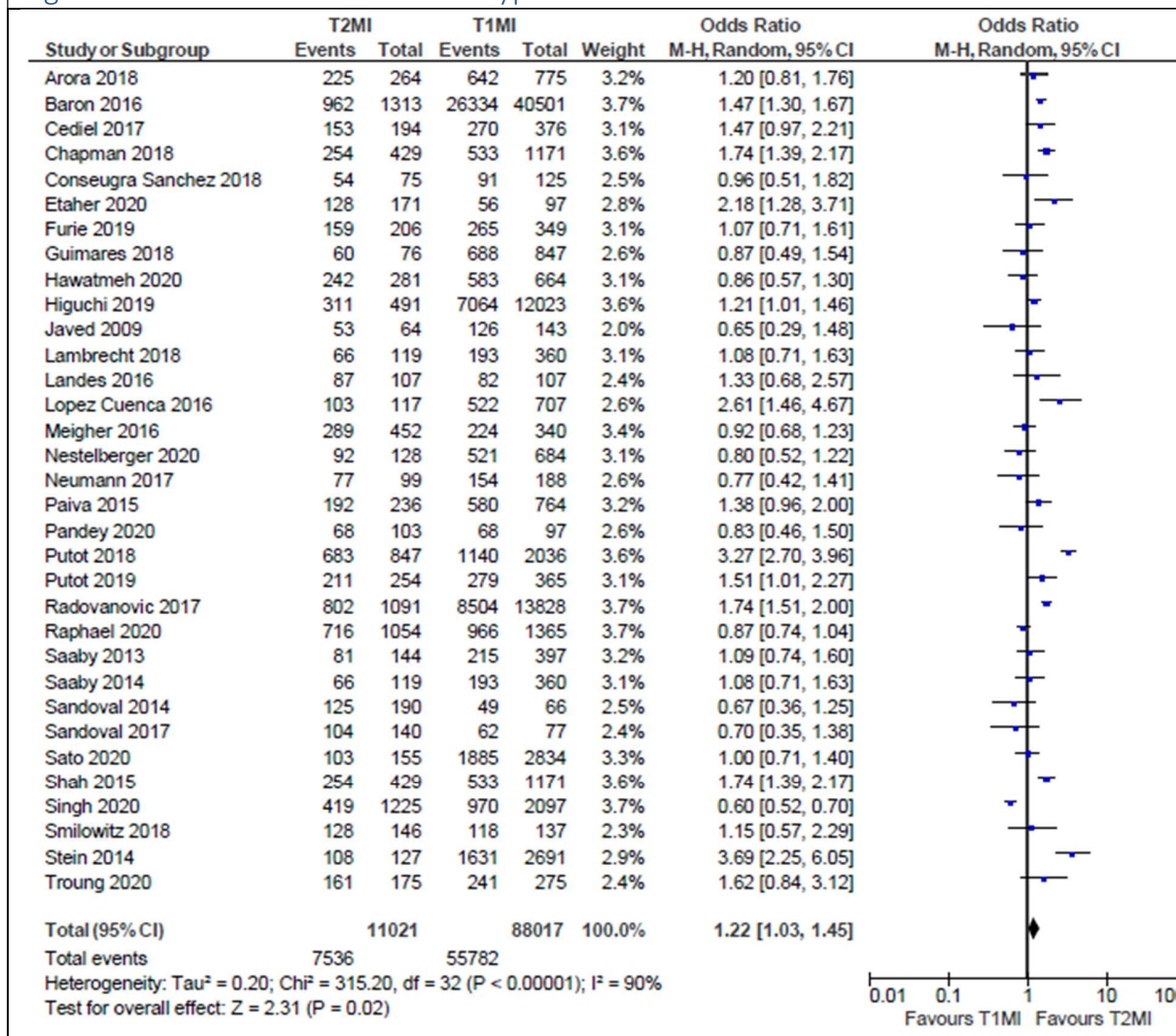


Figure S5. Forest Plot. Presence of Dyslipidaemia.

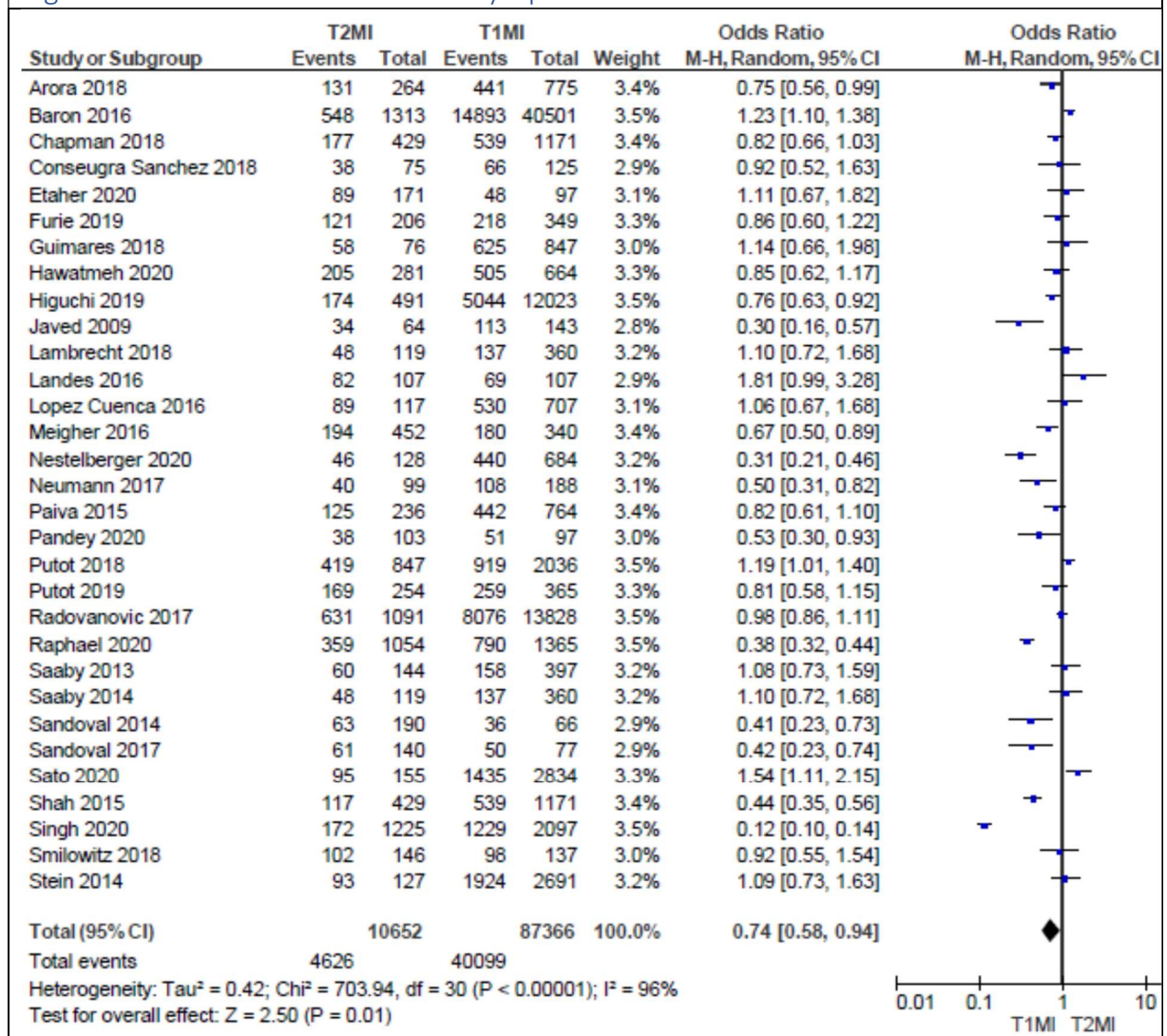


Figure S6. Forest Plot. Smoking Status.

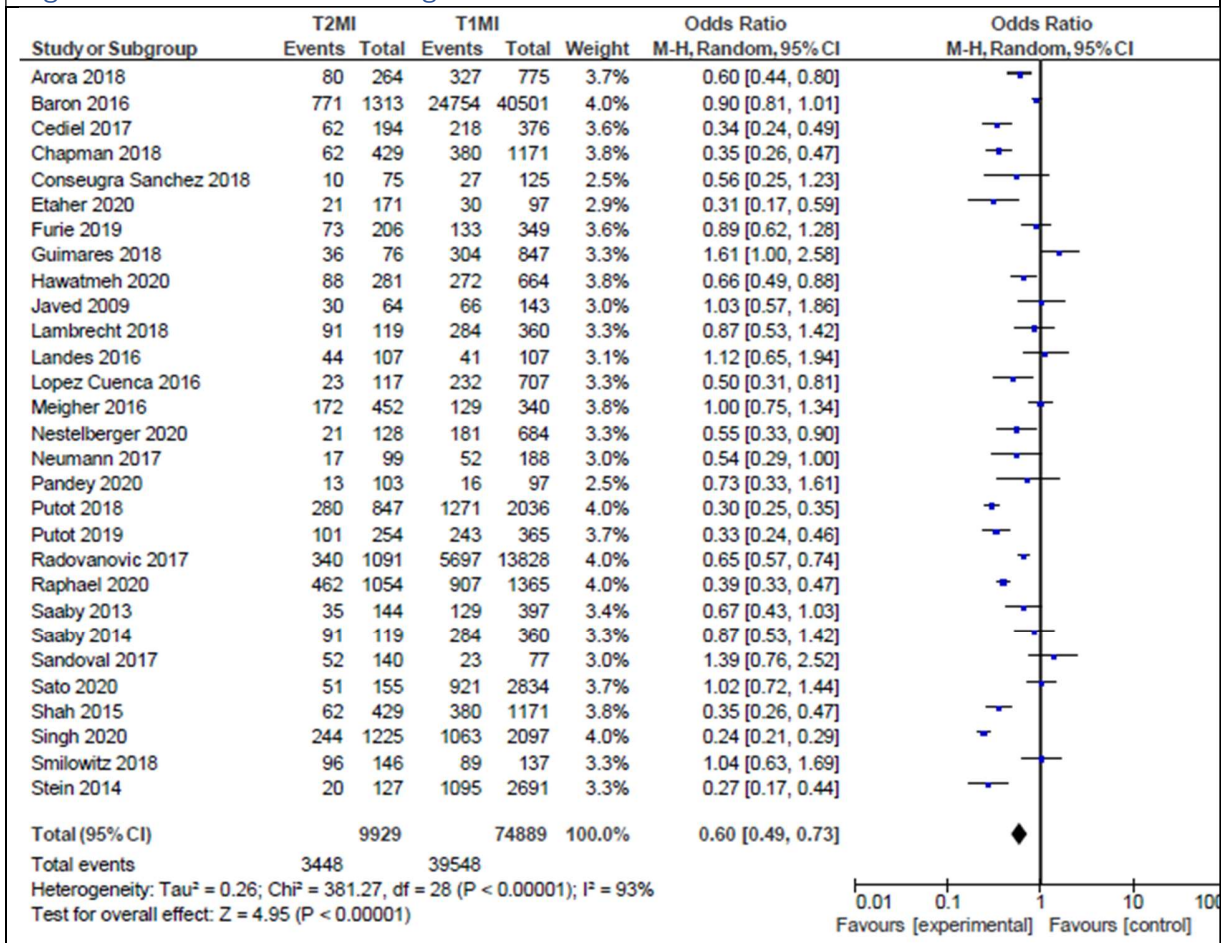


Figure S7. Forest Plot. Obesity Status.

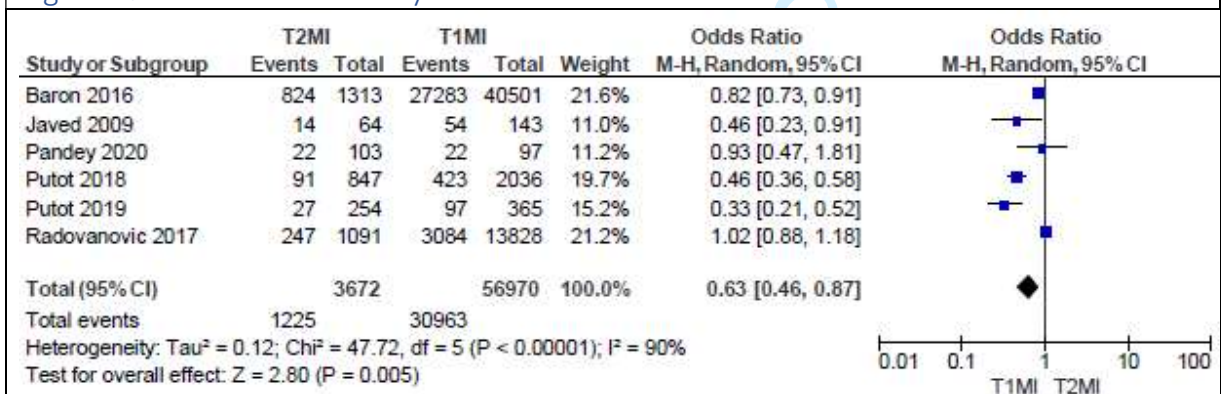


Figure S8. Forest Plot. Presence of Chronic Kidney Disease.

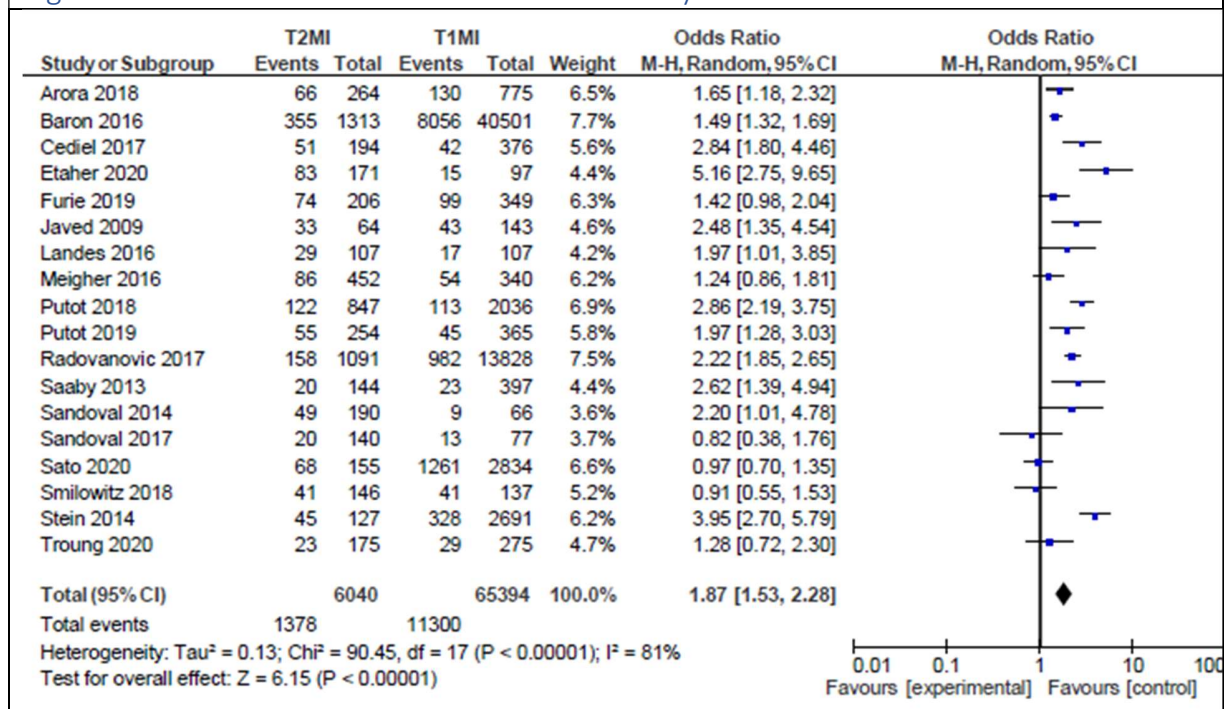


Figure S9. Forest Plot. Presence of Heart Failure.

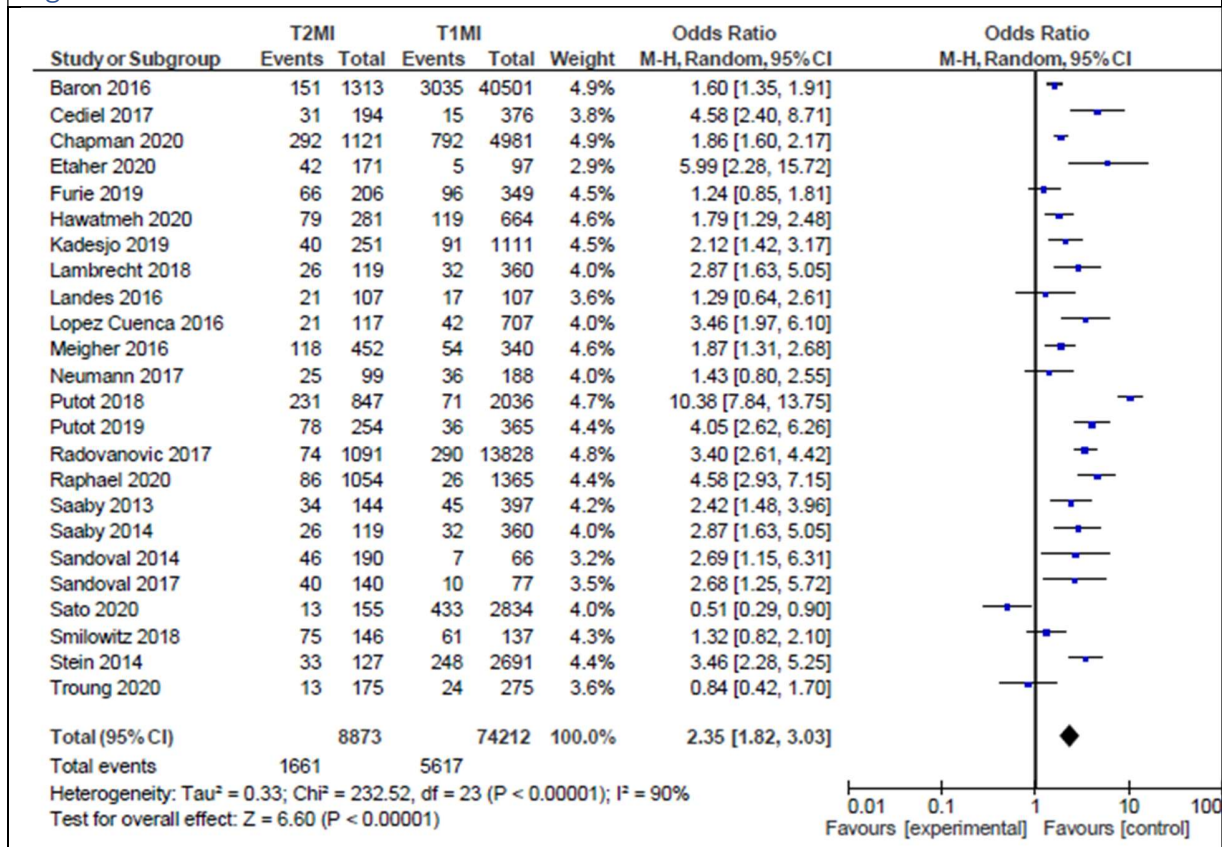


Figure S10. Forest Plot. Presence of Peripheral Vascular Disease.

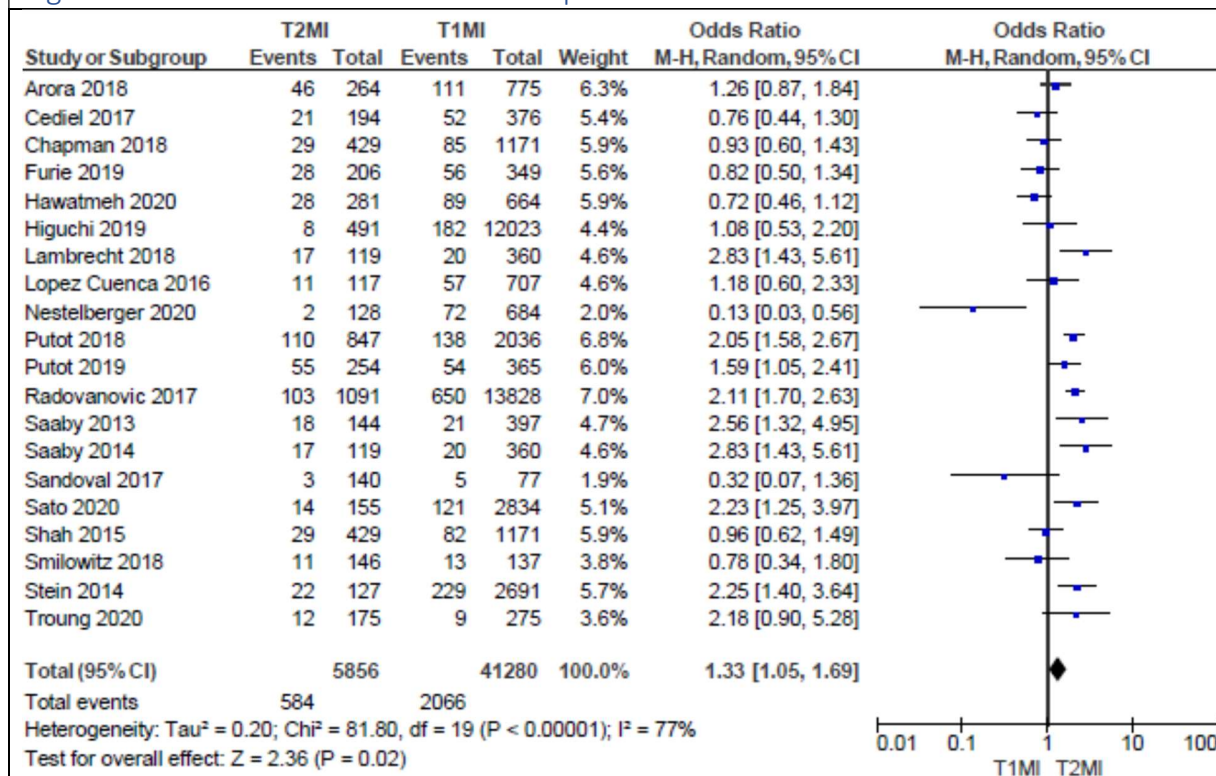


Figure S11. Forest Plot. Presence of Cerebrovascular Disease.

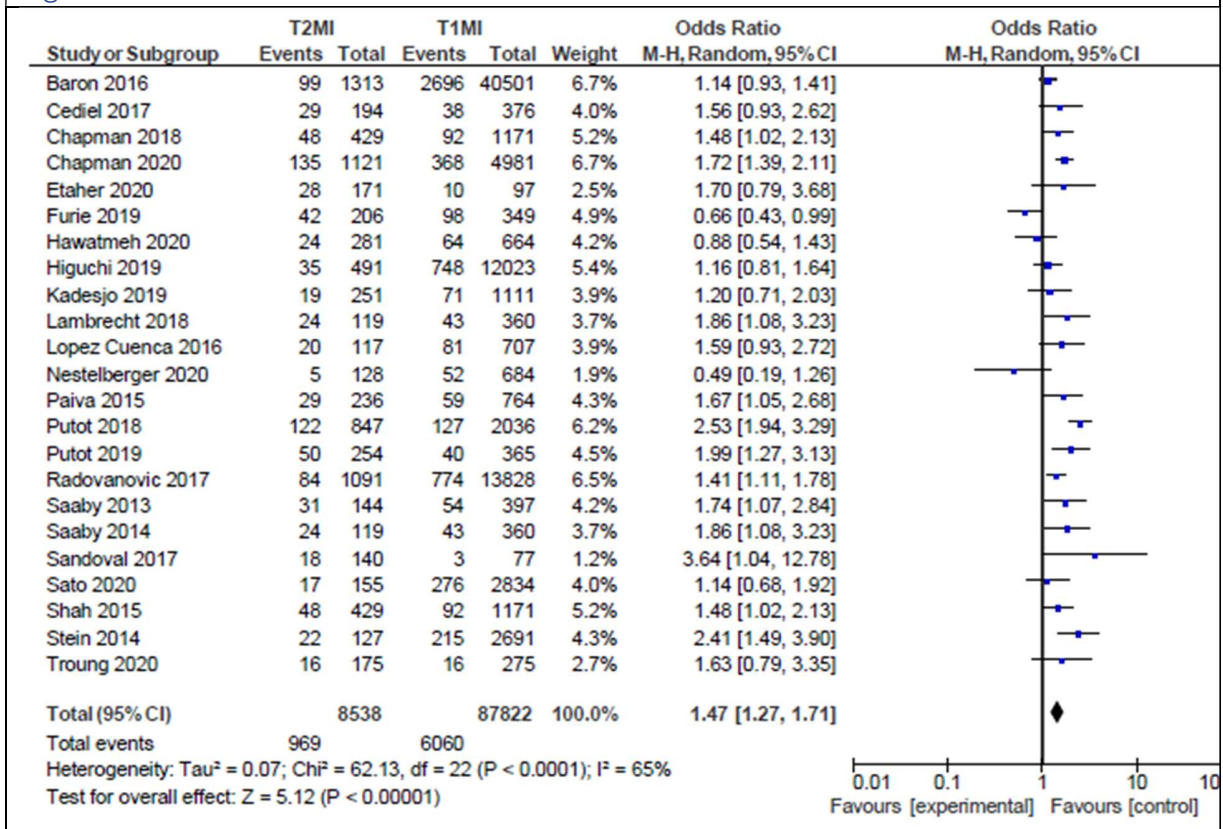


Figure S12. Forest Plot. Presence of Illicit Drug Use.

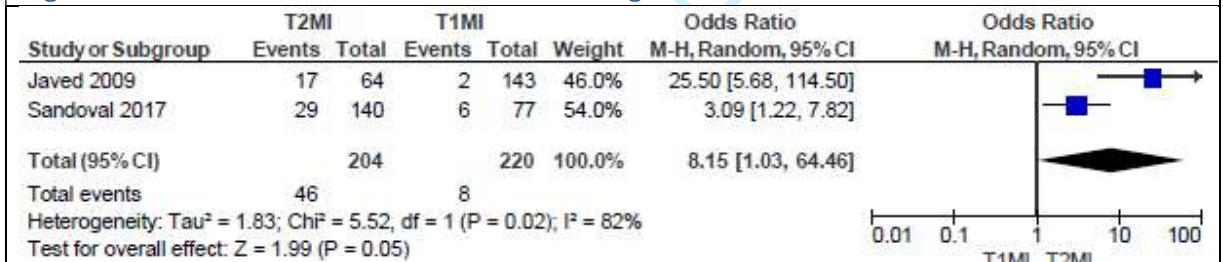


Figure S13. Forest Plot. Presence of Atrial Fibrillation.

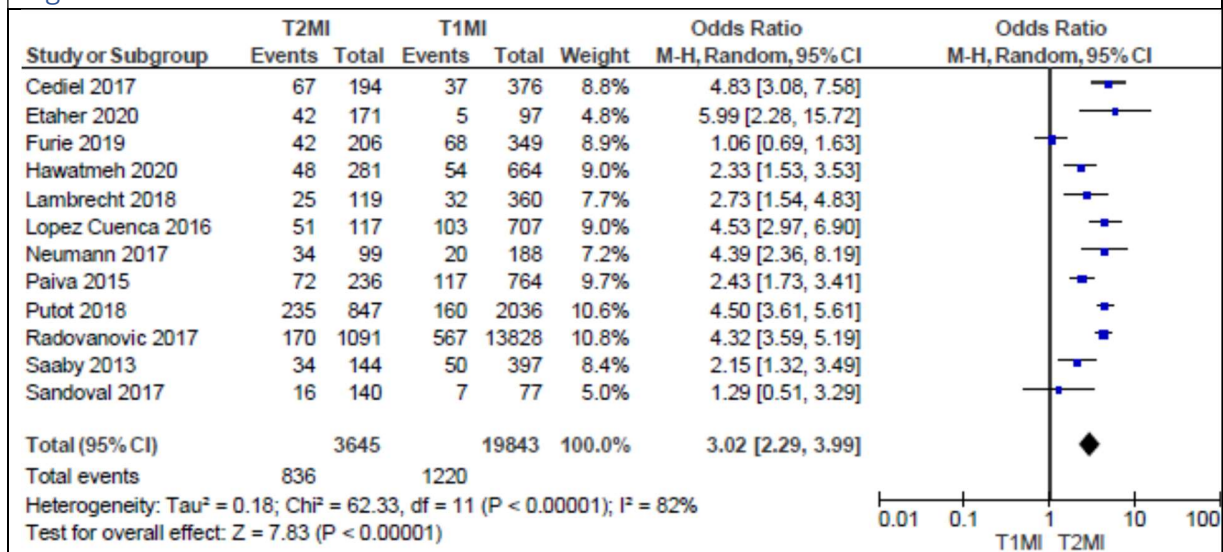


Figure S14. Forest Plot. Chest Pain as Presenting Feature.

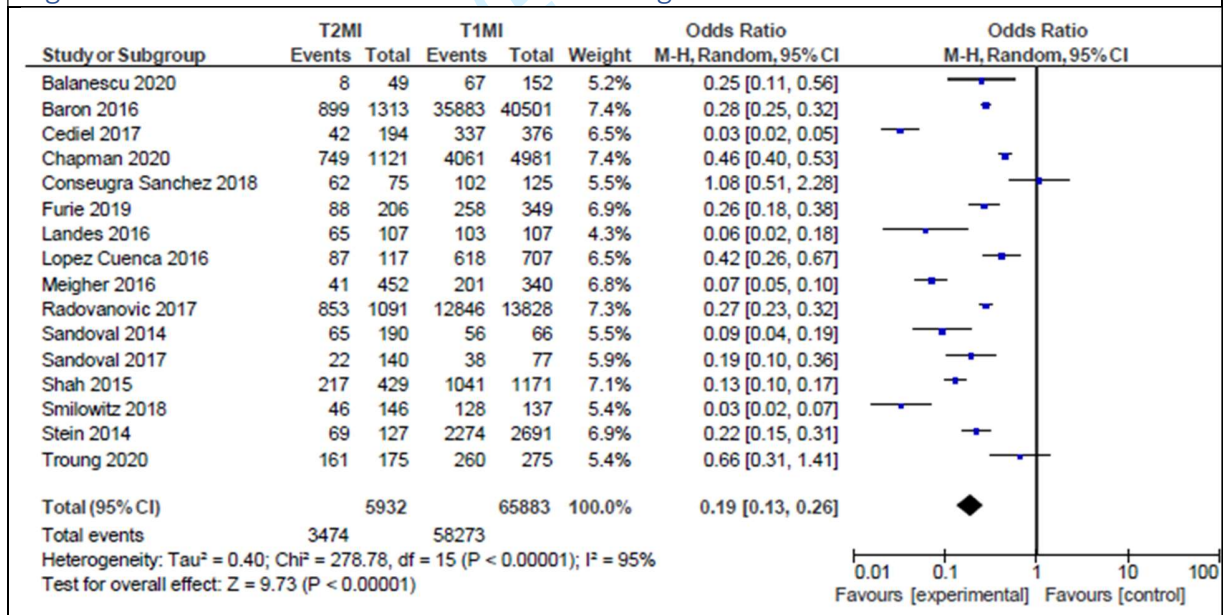


Figure S15. Forest Plot. Dyspnoea as Presenting Feature.

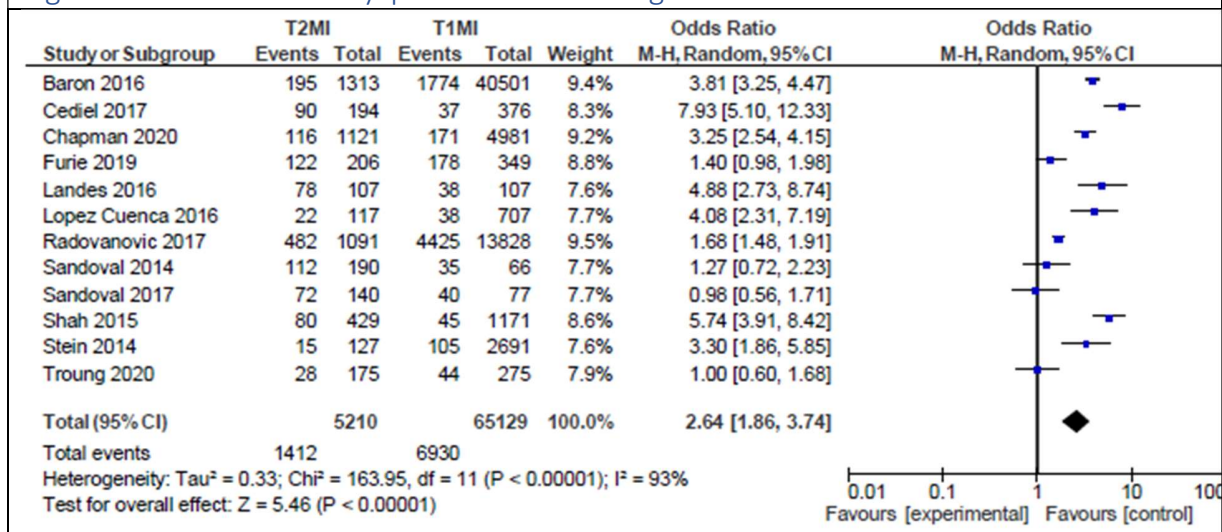


Figure S16. Forest Plot. Arm / Shoulder Discomfort as Presenting Feature.

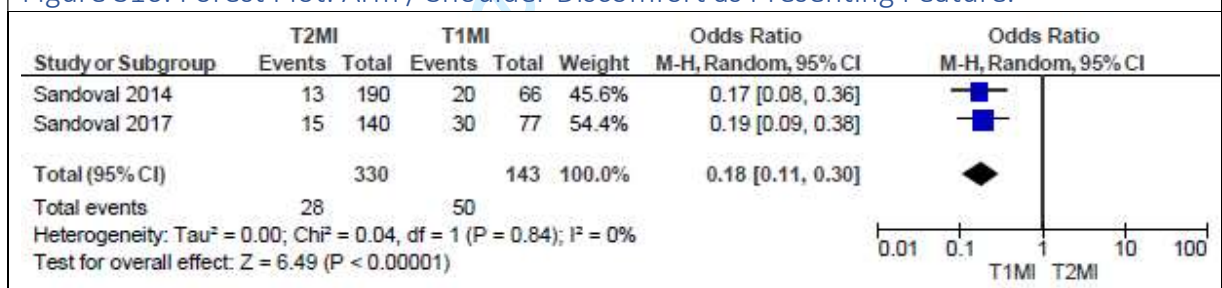


Figure S17. Forest Plot. Nausea / Vomiting as Presenting Feature.

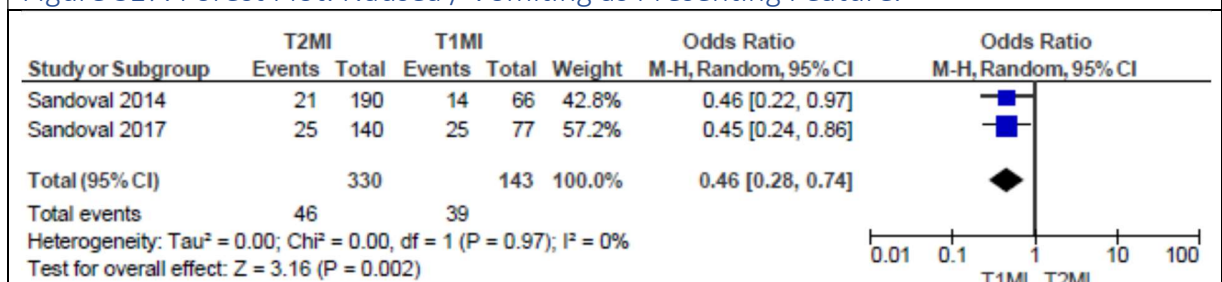


Figure S18. Forest Plot. Non-specific Symptoms as Presenting Features.

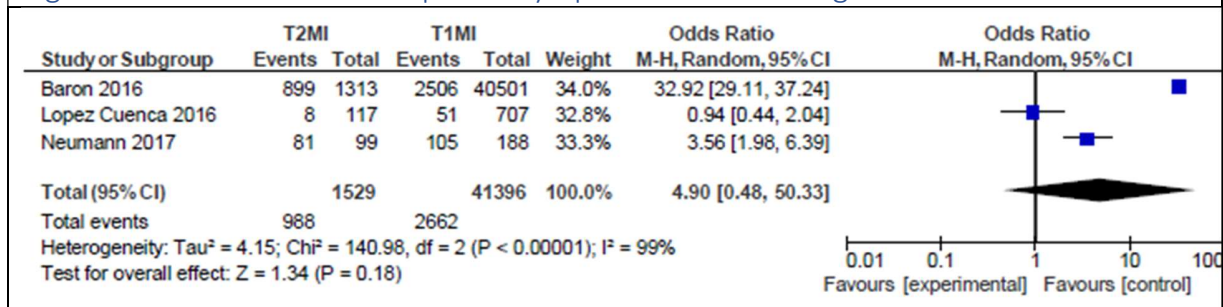


Figure S19. Forest Plot. Collapse / Syncope as Presenting Features.

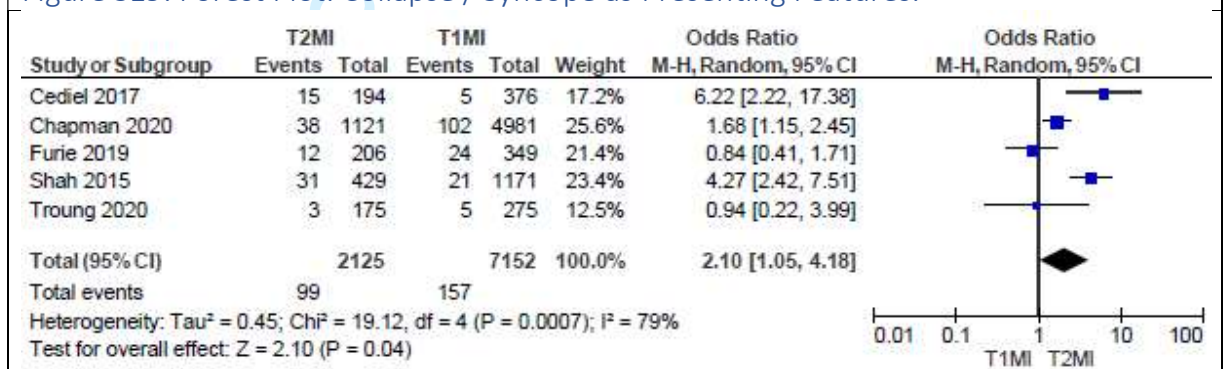


Figure S20. Forest Plot. ST Elevation on ECG.

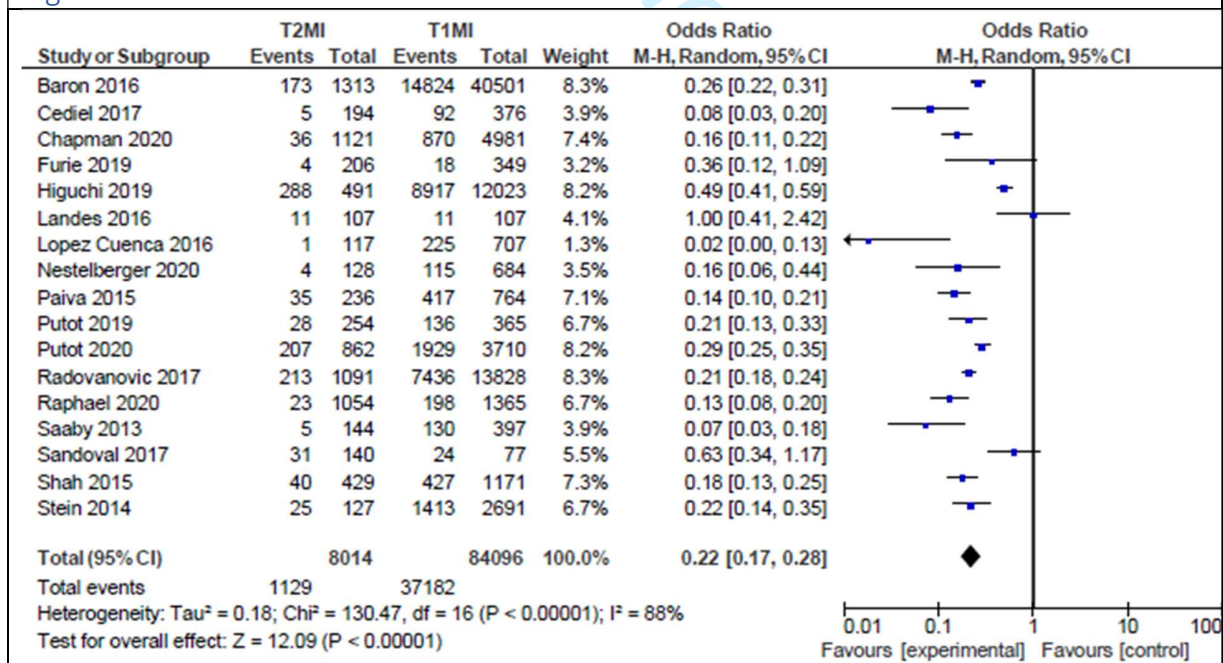


Figure S21. Forest Plot. ST Depression or T Wave Inversion on ECG.

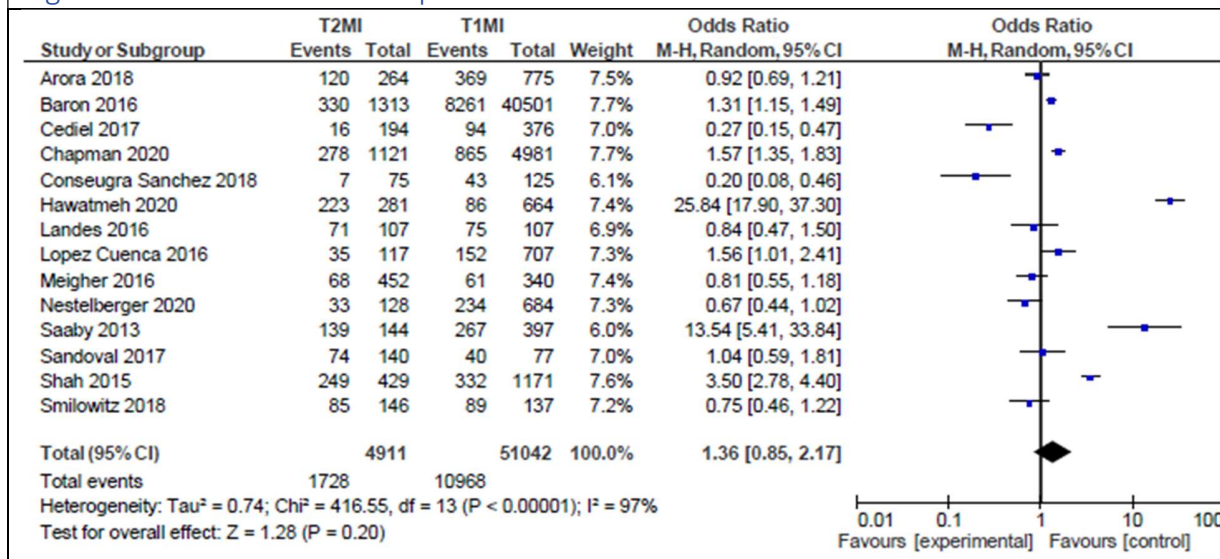


Figure S22. Forest Plot. Q Waves on ECG.

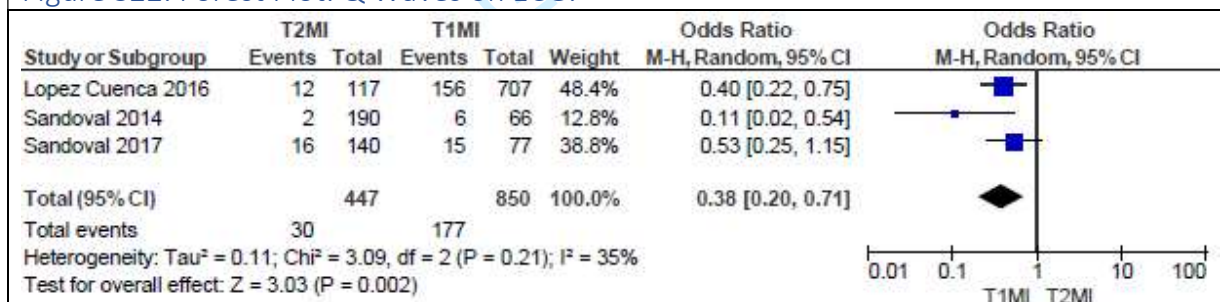


Figure S23. Forest Plot. Non-specific ST Changes on ECG.

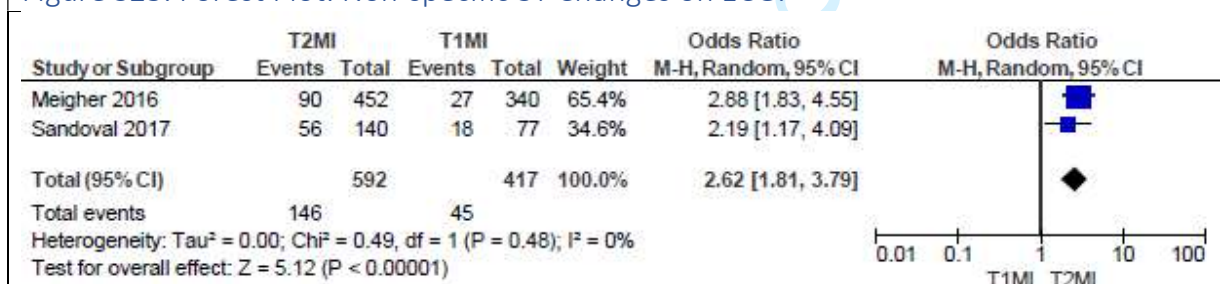


Figure S24. Forest Plot. Left Bundle Branch Block on ECG.

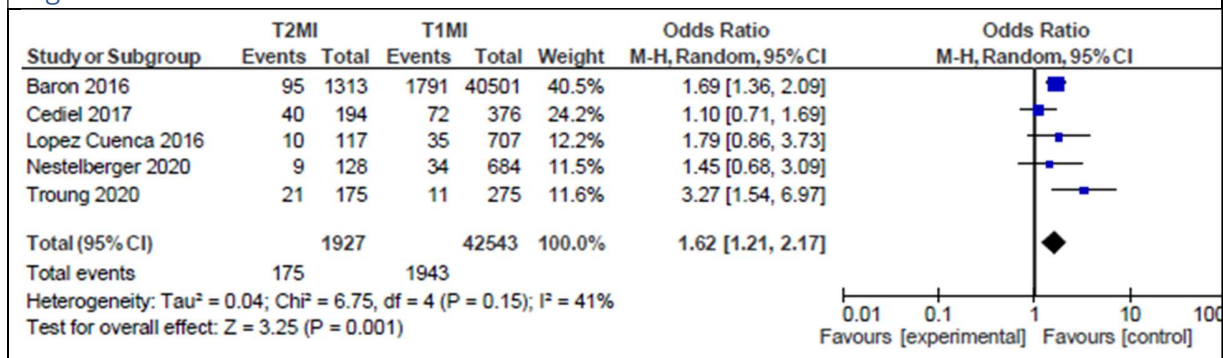


Figure S25. Forest Plot. Atrial Fibrillation on ECG.

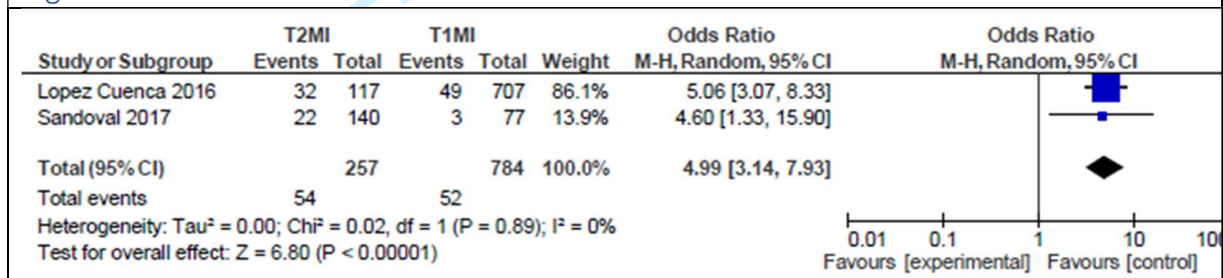


Figure S26. Forest Plot. Coronary Angiogram Performed.

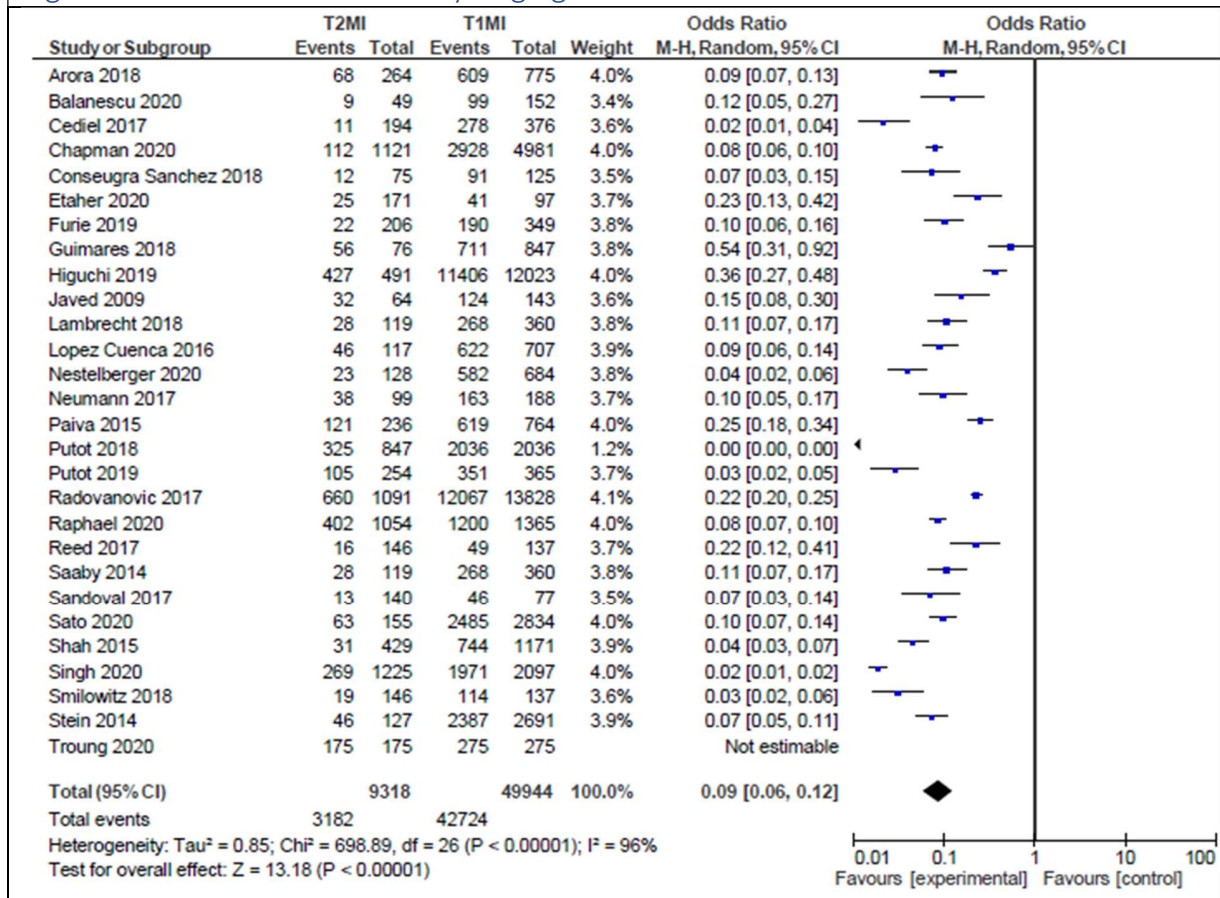


Figure S27. Forest Plot. Obstructive Coronary Artery Disease on Coronary Angiogram.

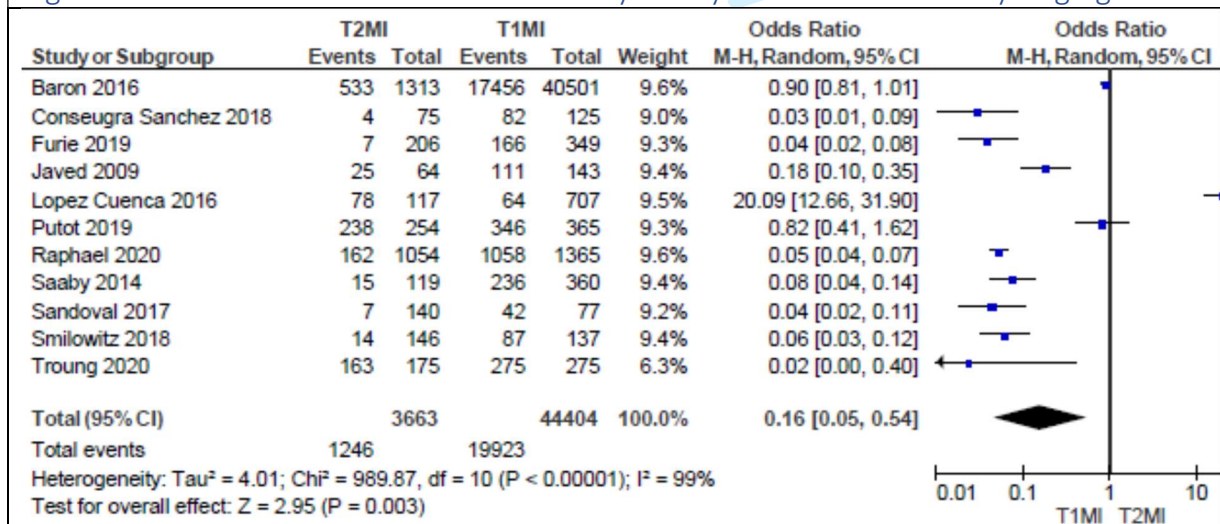


Figure S28. Forest Plot. Multivessel Disease on Coronary Angiogram.

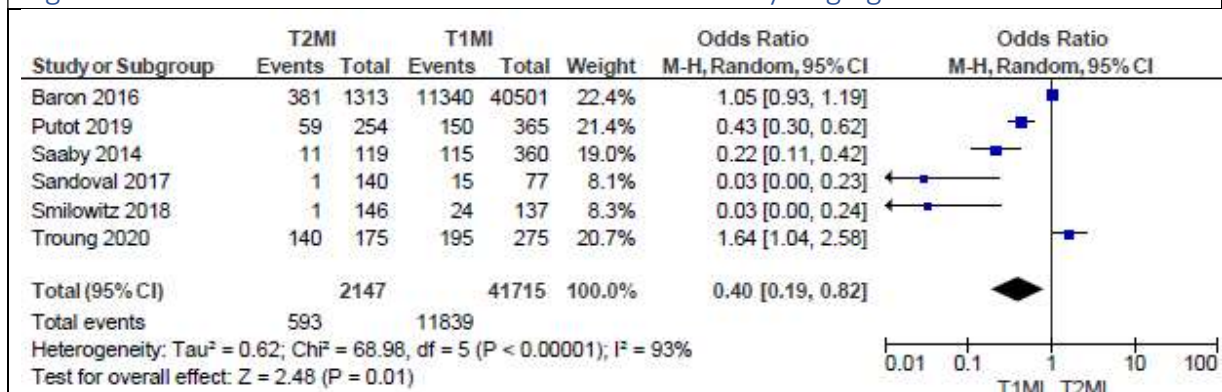


Figure S29. Forest Plot. Echocardiogram Performed.

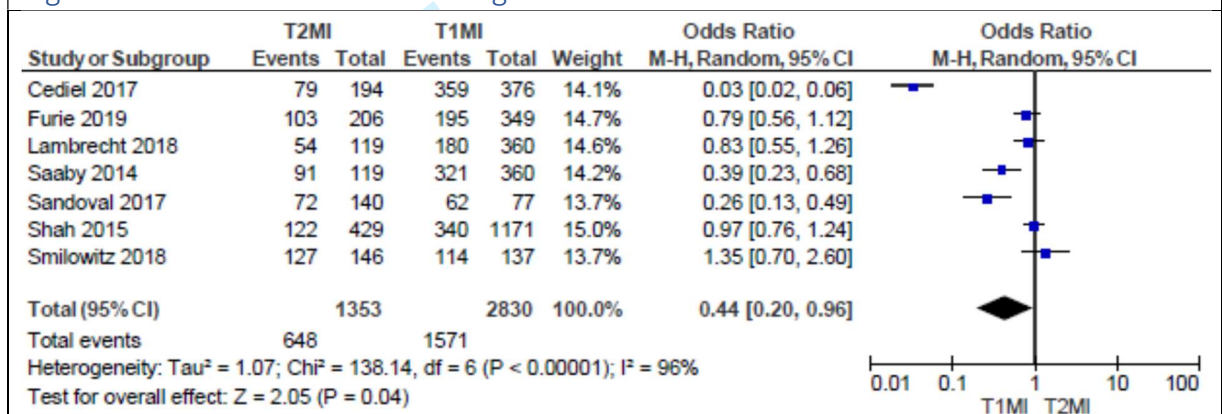


Figure S30. Forest Plot. Regional Wall Motion Abnormalities on Echocardiogram.

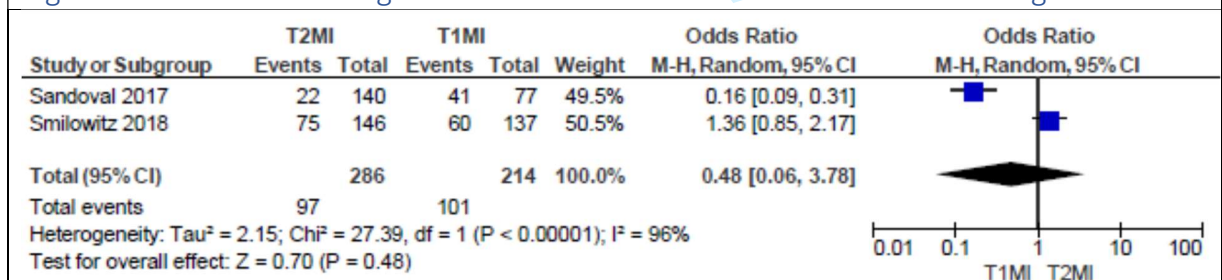


Figure S31. Forest Plot. Beta-Blockers Prescribed.

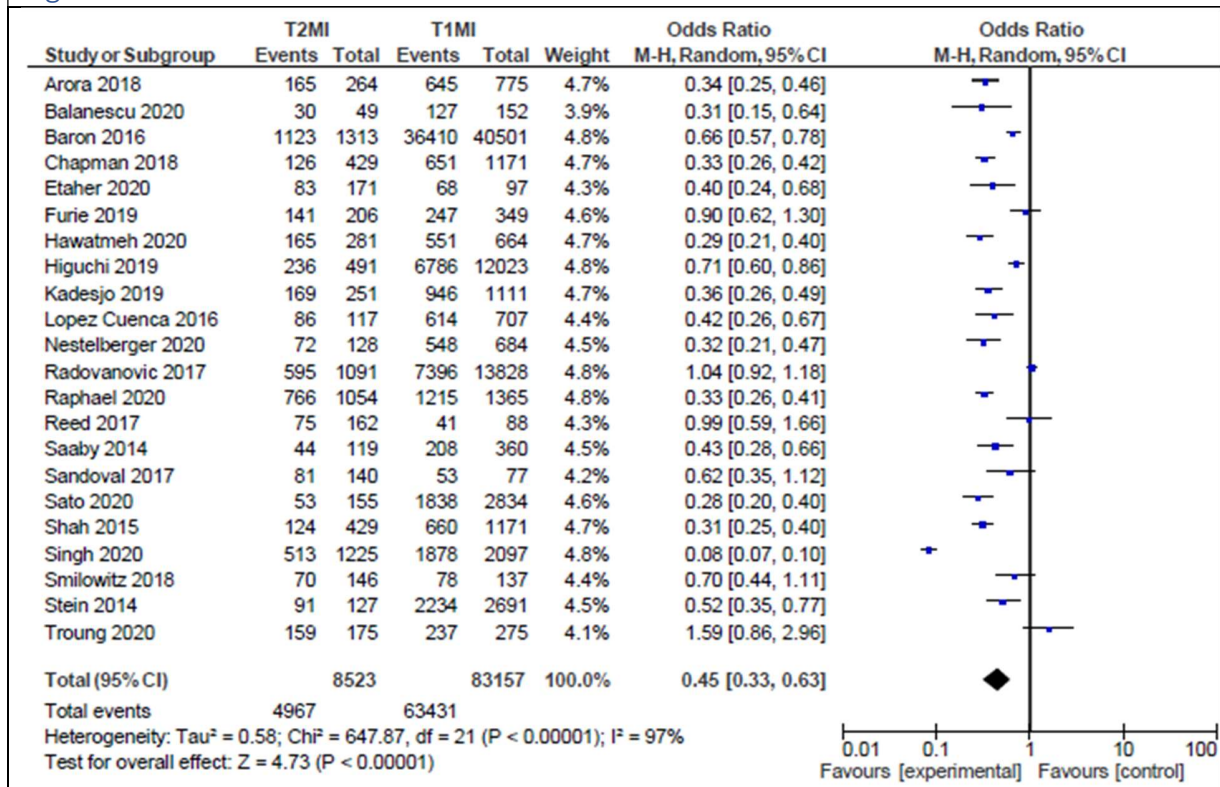


Figure S32. Forest Plot. ACEi/ARB Prescribed.

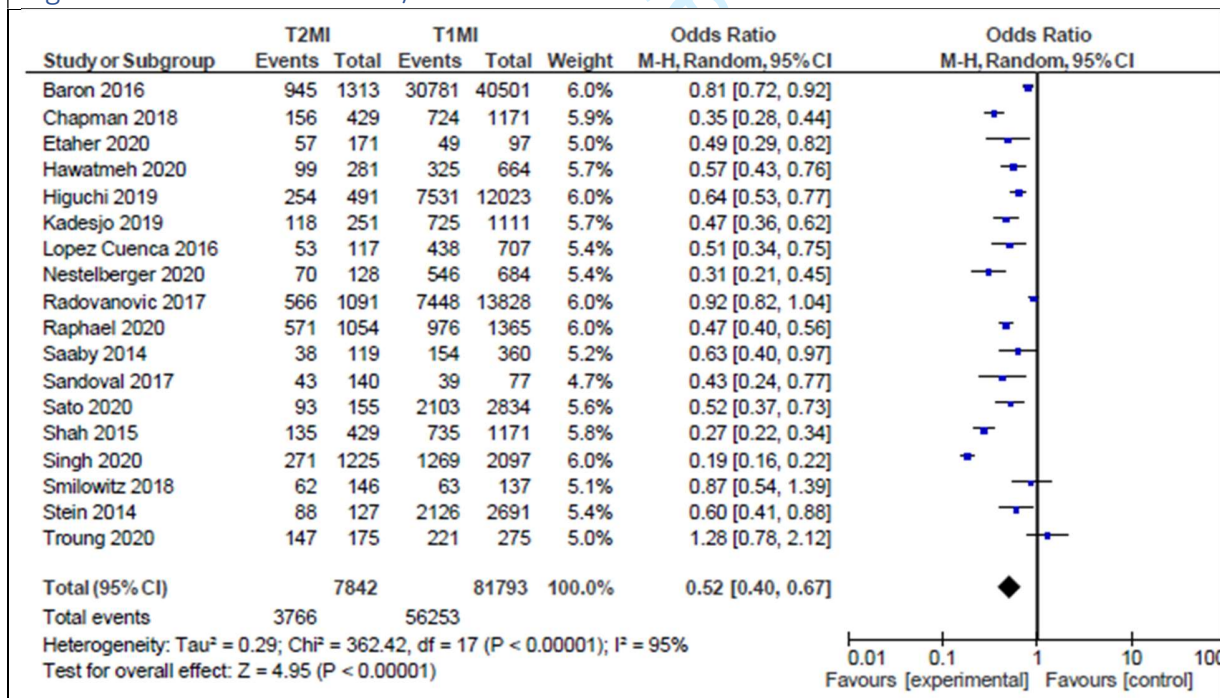


Figure S33. Forest Plot. Antiplatelets Prescribed.

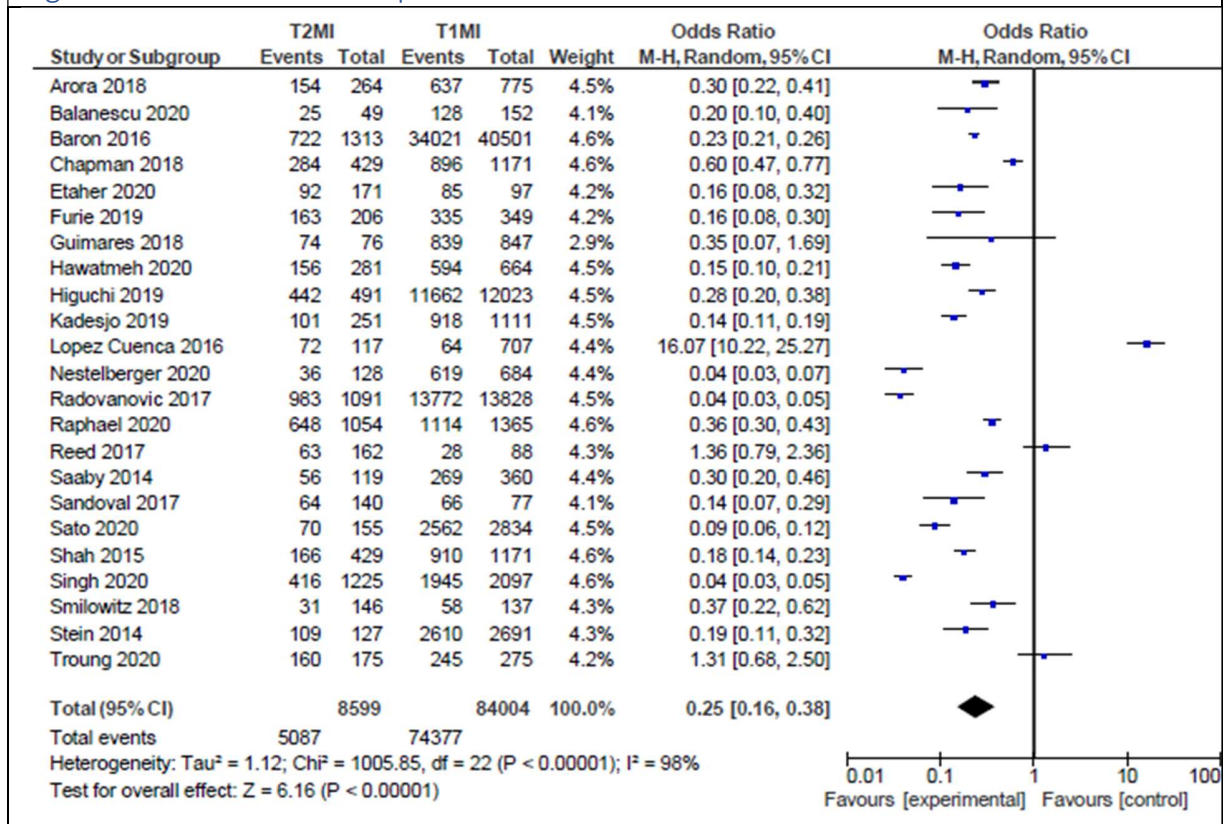


Figure S34. Forest Plot. Anticoagulants Prescribed.

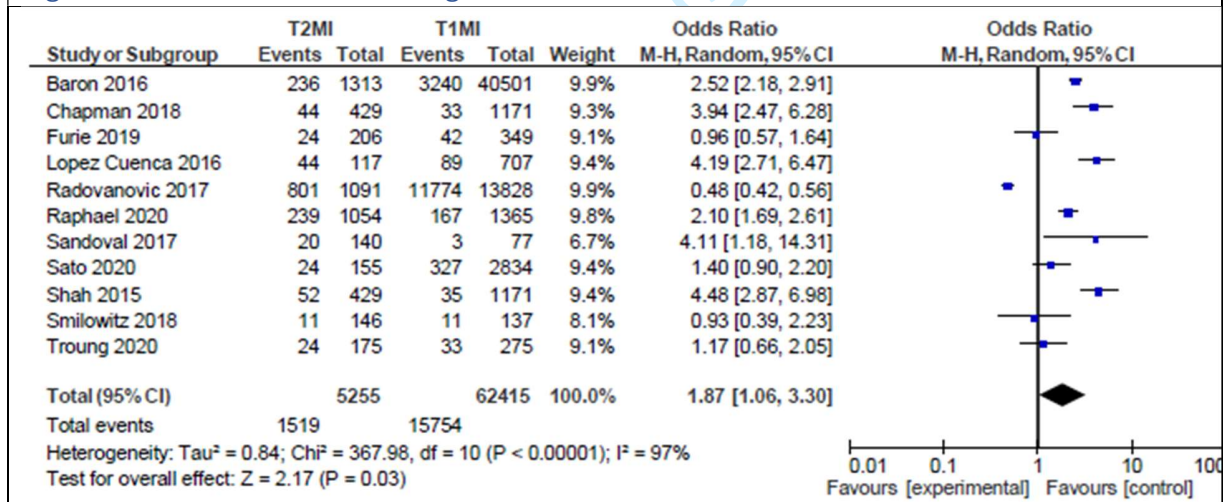


Figure S35. Forest Plot. Antianginal Drugs Prescribed.

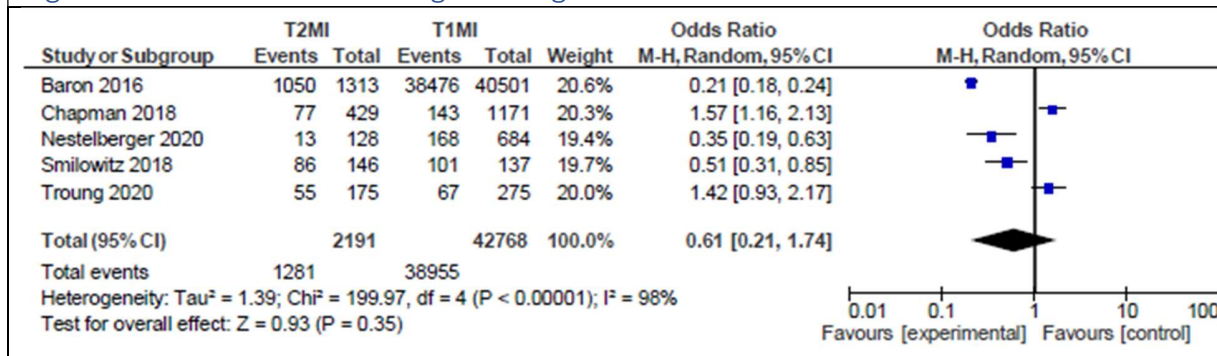


Figure S36. Forest Plot. Diuretics Prescribed.

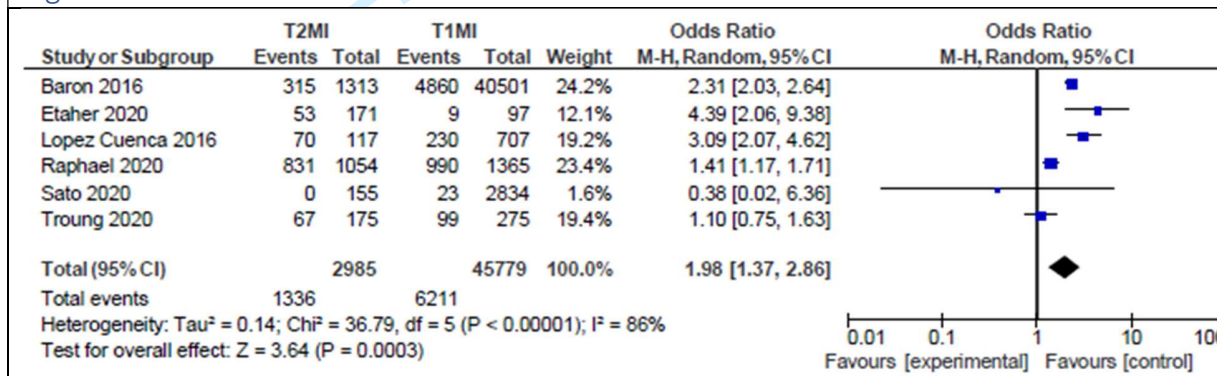


Figure S37. Forest Plot. Statins Prescribed.

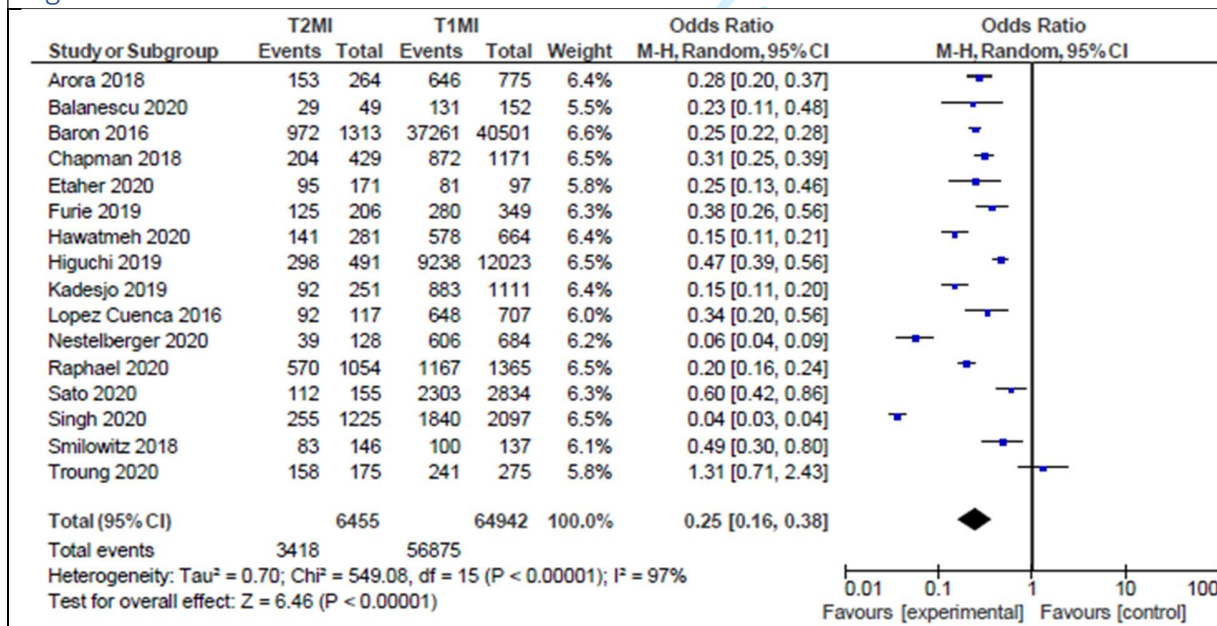


Figure S38. Forest Plot. Percutaneous Coronary Intervention Performed.

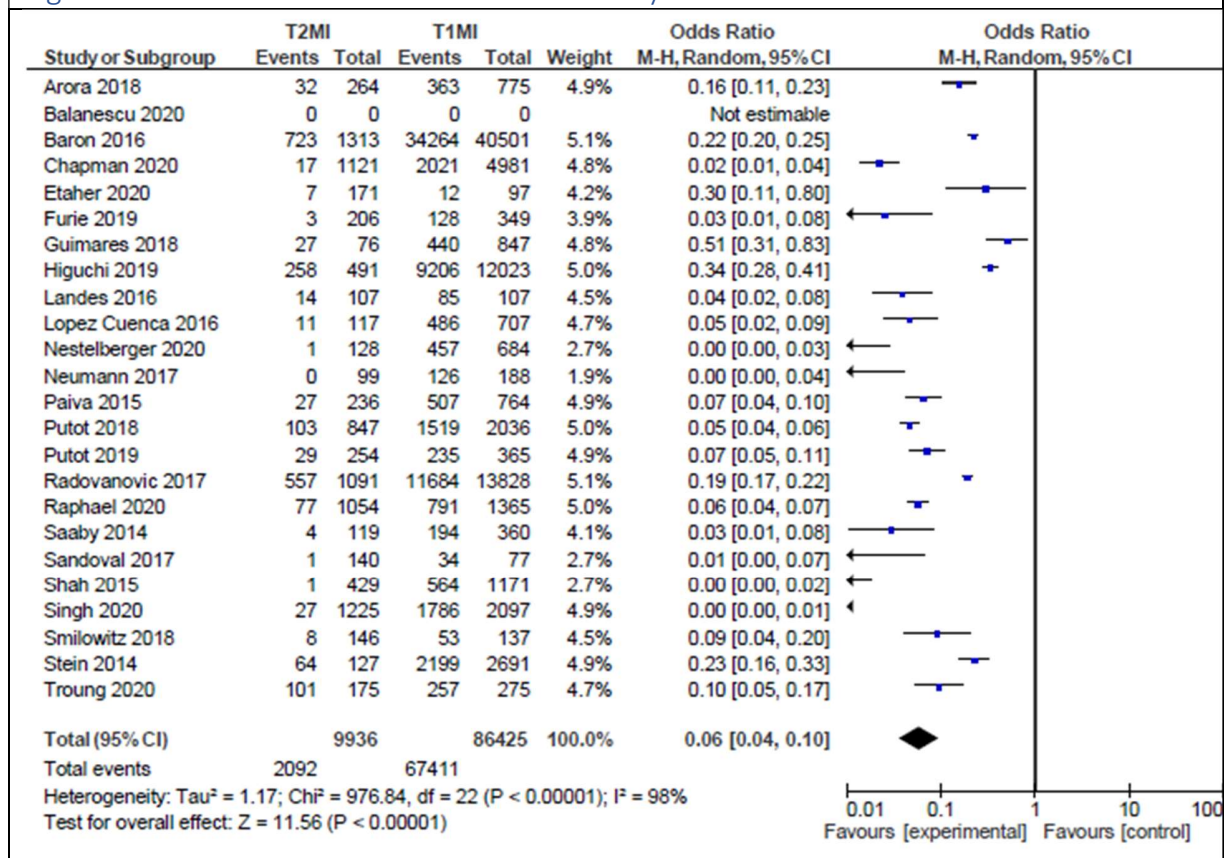


Figure S39. Forest Plot. Coronary Artery Bypass Graft Performed.

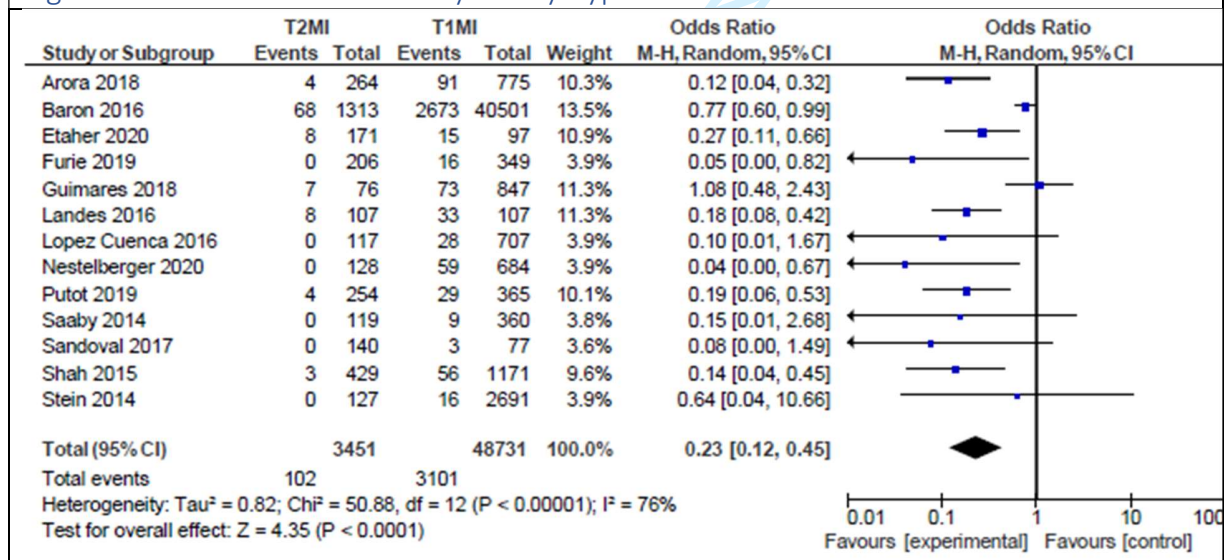


Figure S40. All cause In-hospital mortality. T2MI compared to T1MI.

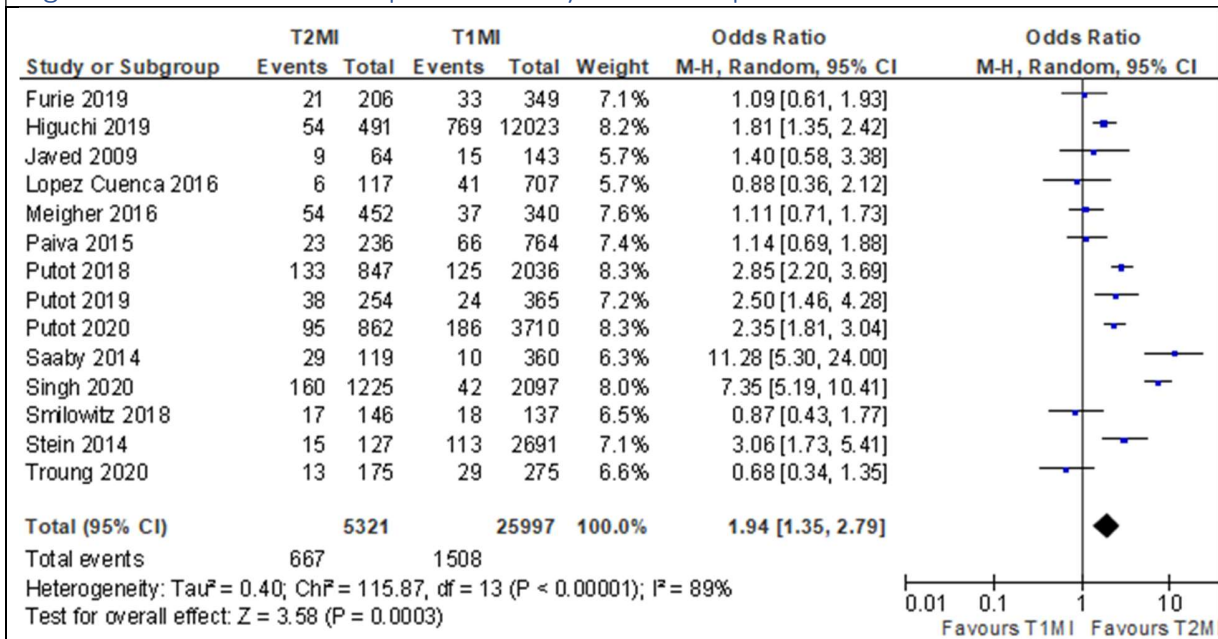


Figure S41. Short-term all-cause mortality. T2MI compared to T1MI.

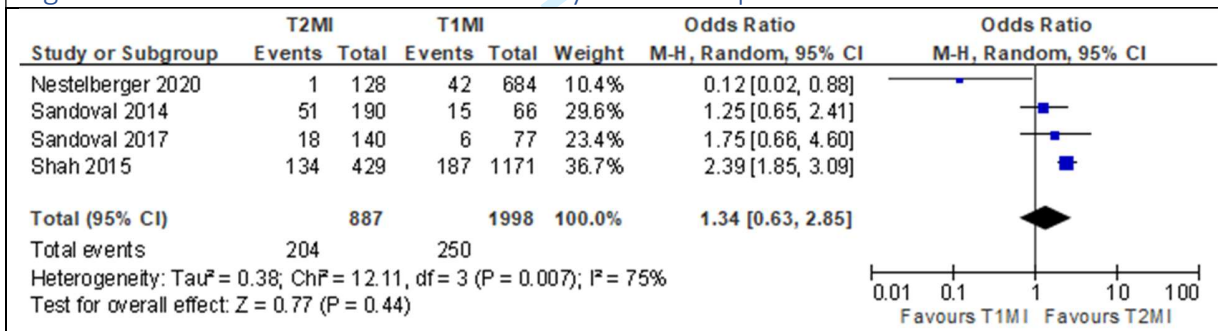


Figure S42. Two-year all-cause mortality. T2MI compared to T1MI.

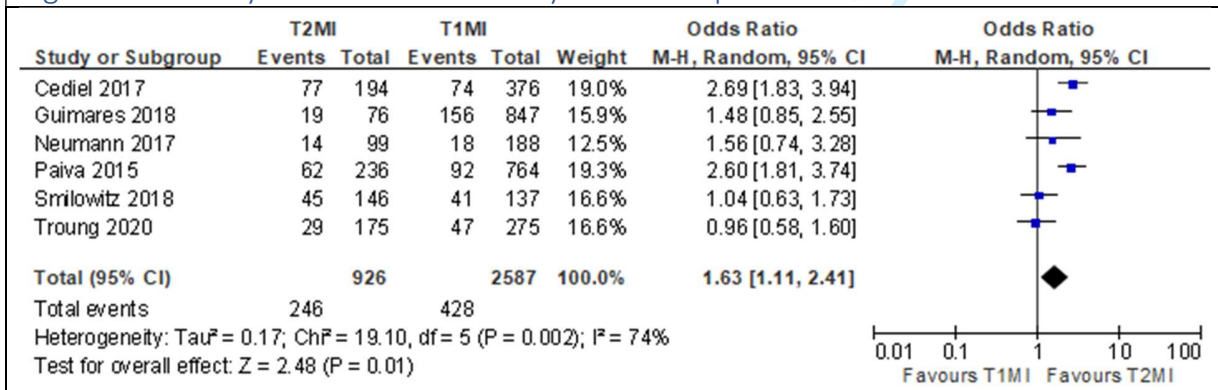


Figure S43. Three-year all-cause mortality. T2MI compared to T1MI.

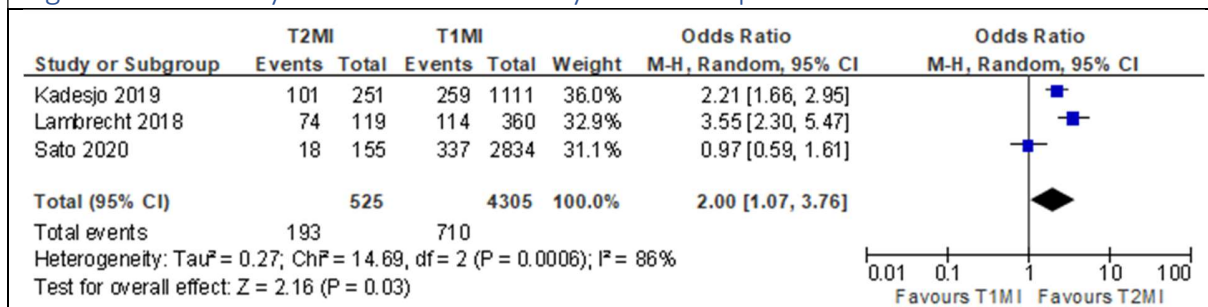
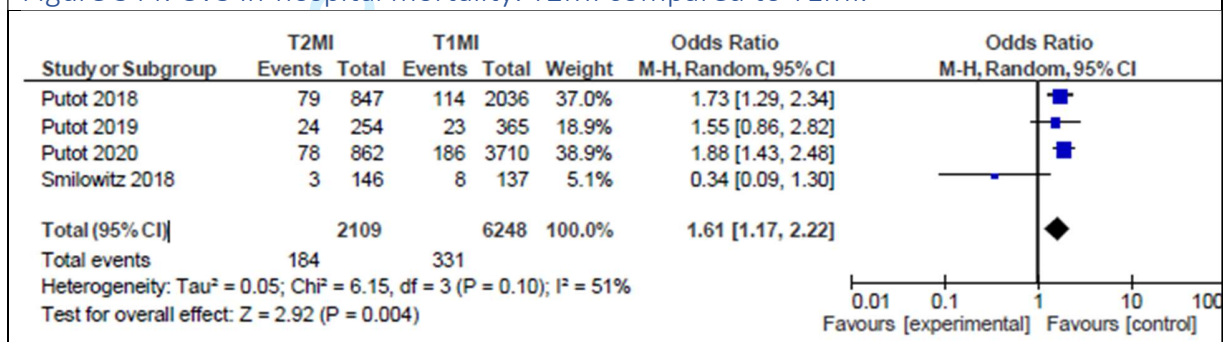


Figure S44. CVS In-hospital mortality. T2MI compared to T1MI.



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PRISMA 2020 Checklist

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Section and Topic	Item #	Checklist item	Location where item is reported
TITLE			
Title	1	Identify the report as a systematic review.	1
ABSTRACT			
Abstract	2	See the PRISMA 2020 for Abstracts checklist.	3
INTRODUCTION			
Rationale	3	Describe the rationale for the review in the context of existing knowledge.	4
Objectives	4	Provide an explicit statement of the objective(s) or question(s) the review addresses.	4
METHODS			
Eligibility criteria	5	Specify the inclusion and exclusion criteria for the review and how studies were grouped for the syntheses.	4
Information sources	6	Specify all databases, registers, websites, organisations, reference lists and other sources searched or consulted to identify studies. Specify the date when each source was last searched or consulted.	4
Search strategy	7	Present the full search strategies for all databases, registers and websites, including any filters and limits used.	Supp
Selection process	8	Specify the methods used to decide whether a study met the inclusion criteria of the review, including how many reviewers screened each record and each report retrieved, whether they worked independently, and if applicable, details of automation tools used in the process.	4
Data collection process	9	Specify the methods used to collect data from reports, including how many reviewers collected data from each report, whether they worked independently, any processes for obtaining or confirming data from study investigators, and if applicable, details of automation tools used in the process.	4
Data items	10a	List and define all outcomes for which data were sought. Specify whether all results that were compatible with each outcome domain in each study were sought (e.g. for all measures, time points, analyses), and if not, the methods used to decide which results to collect.	4
	10b	List and define all other variables for which data were sought (e.g. participant and intervention characteristics, funding sources). Describe any assumptions made about any missing or unclear information.	4
Study risk of bias assessment	11	Specify the methods used to assess risk of bias in the included studies, including details of the tool(s) used, how many reviewers assessed each study and whether they worked independently, and if applicable, details of automation tools used in the process.	5
Effect measures	12	Specify for each outcome the effect measure(s) (e.g. risk ratio, mean difference) used in the synthesis or presentation of results.	5
Synthesis methods	13a	Describe the processes used to decide which studies were eligible for each synthesis (e.g. tabulating the study intervention characteristics and comparing against the planned groups for each synthesis (item #5)).	5
	13b	Describe any methods required to prepare the data for presentation or synthesis, such as handling of missing summary statistics, or data conversions.	5
	13c	Describe any methods used to tabulate or visually display results of individual studies and syntheses.	5
	13d	Describe any methods used to synthesize results and provide a rationale for the choice(s). If meta-analysis was performed, describe the model(s), method(s) to identify the presence and extent of statistical heterogeneity, and software package(s) used.	5
	13e	Describe any methods used to explore possible causes of heterogeneity among study results (e.g. subgroup analysis, meta-regression).	5
	13f	Describe any sensitivity analyses conducted to assess robustness of the synthesized results.	N/A
Reporting bias assessment	14	Describe any methods used to assess risk of bias due to missing results in a synthesis (arising from reporting biases).	5
Certainty	15	Describe any methods used to assess certainty (or confidence) in the body of evidence for an outcome.	N/A



PRISMA 2020 Checklist

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Section and Topic	Item #	Checklist item	Location where item is reported
assessment			
RESULTS			
Study selection	16a	Describe the results of the search and selection process, from the number of records identified in the search to the number of studies included in the review, ideally using a flow diagram.	5
	16b	Cite studies that might appear to meet the inclusion criteria, but which were excluded, and explain why they were excluded.	5
Study characteristics	17	Cite each included study and present its characteristics.	Supp
Risk of bias in studies	18	Present assessments of risk of bias for each included study.	Supp
Results of individual studies	19	For all outcomes, present, for each study: (a) summary statistics for each group (where appropriate) and (b) an effect estimate and its precision (e.g. confidence/credible interval), ideally using structured tables or plots.	Supp
Results of syntheses	20a	For each synthesis, briefly summarise the characteristics and risk of bias among contributing studies.	Supp
	20b	Present results of all statistical syntheses conducted. If meta-analysis was done, present for each the summary estimate and its precision (e.g. confidence/credible interval) and measures of statistical heterogeneity. If comparing groups, describe the direction of the effect.	Supp
	20c	Present results of all investigations of possible causes of heterogeneity among study results.	Supp
	20d	Present results of all sensitivity analyses conducted to assess the robustness of the synthesized results.	N/A
Reporting biases	21	Present assessments of risk of bias due to missing results (arising from reporting biases) for each synthesis assessed.	N/A
Certainty of evidence	22	Present assessments of certainty (or confidence) in the body of evidence for each outcome assessed.	N/A
DISCUSSION			
Discussion	23a	Provide a general interpretation of the results in the context of other evidence.	7
	23b	Discuss any limitations of the evidence included in the review.	9
	23c	Discuss any limitations of the review processes used.	9
	23d	Discuss implications of the results for practice, policy, and future research.	9
OTHER INFORMATION			
Registration and protocol	24a	Provide registration information for the review, including register name and registration number, or state that the review was not registered.	4
	24b	Indicate where the review protocol can be accessed, or state that a protocol was not prepared.	4
	24c	Describe and explain any amendments to information provided at registration or in the protocol.	N/A
Support	25	Describe sources of financial or non-financial support for the review, and the role of the funders or sponsors in the review.	N/A
Competing interests	26	Declare any competing interests of review authors.	N/A
Availability of data, code and other materials	27	Report which of the following are publicly available and where they can be found: template data collection forms; data extracted from included studies; data used for all analyses; analytic code; any other materials used in the review.	N/A



PRISMA 2020 Checklist

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Title Page

Manuscript Title

Diagnostic features, management, and prognosis of Type 2 myocardial infarction compared to Type 1 myocardial infarction: A systematic review and meta-analysis.

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Abstract

Importance

Distinguishing type 2 (T2MI) from type 1 myocardial infarction (T1MI) in clinical practice can be difficult, and the management and prognosis for T2MI remain uncertain.

Objective

To compare precipitating factors, risk factors, investigations, management, and outcomes for T2MI and T1MI.

Data Sources

MEDLINE and EMBASE databases as well as reference list of recent articles were searched January 2009 to December 2020 for term “type 2 myocardial infarction”.

Study Selection

Studies were included if they analysed if universal definition of MI was used and reported quantitative data on at least one variable of interest.

Data Extraction and Synthesis

Data was pooled using random-effect meta-analysis. Risk of bias was assessed using Newcastle-Ottawa Quality Assessment Form. Preferred Reporting Items for Systematic Reviews and Meta-analyses (PRISMA) guidelines were followed. All review stages were conducted by two reviewers.

Main Outcomes and Measures

Risk factors, presenting symptoms, cardiac investigations such as troponin and angiogram, management, and outcomes such as mortality.

Results

40 cohort studies comprising 98,930 T1MI and 13,803 T2MI patients were included. Compared to T1MI, T2MI patients were: more likely to have pre-existing chronic kidney (OR 1.87; 95%CI 1.53-2.28) and chronic heart failure (OR 2.35; 95%CI 1.82-3.03), less likely to present with typical cardiac symptoms of chest pain (OR 0.19; 95%CI 0.13-0.26) and more likely to present with dyspnoea (OR 2.64; 95%CI 1.86-3.74); more likely to demonstrate non-specific ST-T wave changes on electrocardiography (OR 2.62; 95%CI 1.81-3.79) and less likely to show ST elevation (OR 0.22; 95%CI 0.17-0.28); less likely to undergo coronary angiography (OR 0.09; 95%CI 0.06-0.12) and percutaneous coronary intervention (OR 0.09; 95%CI 0.06-0.12) or receive cardioprotective medications, such as statins (OR 0.25; 95%CI 0.16-0.38) and beta-blockers (OR 0.45; 95%CI 0.33-0.63). T2MI had more risk of all cause one-year mortality (OR 3.11; 95%CI 1.91-5.08), with no differences in short-term mortality (OR 1.34; 95%CI 0.63-2.85).

Conclusion and Relevance

This review has identified clinical, management and survival differences between T2MI and T1MI with greater precision and scope than previously reported. Differential use of coronary

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3 revascularisation and cardioprotective medications highlight ongoing uncertainty of their utility in
4 T2MI compared to T1MI.
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13 Strength and Limitations

- 14 • Inclusion of all contemporary cohort studies in the troponin era
 - 15 • Large patient population of T2MI and T1MI patients analysed allowing high level of precision
 - 16 • Wide array of clinically significant variables assessed providing a comprehensive analysis
 - 17 • Analysis of crude mortality only was possible due to lack of individual patient data
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Introduction

The clinical definition of myocardial infarction has evolved over time. The 2007 Universal Definition of Myocardial Infarction included a subset of MI that was secondary to aetiologies unrelated to underlying occlusive coronary artery disease (1). In 2012, the Third Universal Definition of Myocardial Infarction Consensus Document (2) gave rise to the aetiological distinction between T1MI, defined as MI due to plaque erosion and/or rupture, and T2MI, defined as MI caused by increased oxygen demand or decreased blood supply, in the absence of acute plaque rupture or coronary thrombosis. More recently, in 2018, the Fourth Universal definition of MI updated concepts of T2MI regarding specific situations associated with oxygen demand and supply imbalance and the relevance of the presence or absence of underlying coronary artery disease to therapy and prognosis (3). (see on-line supplement Table S1 for more detail)

In clinical practice, distinguishing T2MI from T1MI based on clinical presentation, electrocardiograph (ECG) features and cardiac troponin (cTn) values can be difficult. In the absence of randomised controlled trials that have evaluated different investigational and therapeutic interventions in patients with T2MI, uncertainty remains around the appropriate management of such patients, particularly those with known or suspected coronary artery disease. Past reviews have assessed one or more attributes of T2MI in comparison to T1MI (4-8) but, to our knowledge, none have undertaken a comprehensive analysis of symptoms, physical signs, investigation results, management regimens and clinical outcomes, both short and long term, of T2MI versus T1MI.

We undertook a systematic review of observational studies with the aims of identifying diagnostic and investigational findings which can assist clinicians to better distinguish T2MI from T1MI, and compare T2MI with T1MI in defining differences in management strategies and clinical outcomes.

Methods

Study design

The review was undertaken in accordance with recommendations of the Cochrane Collaboration and Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) statement (9). Our review was registered on PROSPERO prior to commencement (Registration number: CRD42021237746). MEDLINE and EMBASE databases were searched for all studies published between January 1st, 2009, and December 31st, 2020, using search terms to identify all studies related to T2MI (see Table S2). Reference lists of all relevant articles were also assessed to identify additional relevant studies. The study PRISMA flowchart is shown in Figure S1. January 2009 was chosen as the start date for the literature search in order to restrict our analyses to contemporary studies in the troponin era that employed formal definitions of T2MI which were only devised from 2007 onwards.

Studies were included if they: 1) compared patient populations with T2MI and T1MI, 2) used a universal definition of MI, 3) included at least one variable of interest, 4) were available as full text in English and 5) were either a randomised control trial or comparative observational study. Studies were excluded if: 1) no full text was available, 2) duplicate data was utilised or 3) less than 200 participants in total were included. Initial screening of titles and abstracts for eligible studies was

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3 performed independently by two authors (MK, KW), as was full text review for inclusion, with any
4 differences in review settled by consensus agreement.
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6 7 Data collection and synthesis

8 Data pertaining to all variables of interest were collected from all included studies using a
9 standardised proforma by one author (MK) and independently reviewed by the second author (KW).
10 These variables comprised: study dates, design, sample size, definition used to define T2MI and
11 T1MI, patient demographics, pre-existing medical conditions, precipitating factors, clinical
12 symptoms, ECG findings, laboratory values, echocardiographic results, any clinical interventions or
13 medical treatments administered, and clinical outcomes observed.
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17 Data on variables reported as, or able to be converted to, raw numbers, were pooled from all studies
18 and subject to comparative meta-analysis using Review Manager (RevMan, Computer program.
19 Version 5.3. Copenhagen: The Nordic Cochrane Centre, The Cochrane Collaboration, 2014). For each
20 variable, the odds ratio (OR) comparing T2MI to T1MI, and its 95% confidence interval (CI), was
21 calculated and weighted using the random effects method. As specified in the registered study
22 protocol, the random effects method was used in anticipation of study heterogeneity of at least
23 moderate degree (I^2 statistic of heterogeneity $>50\%$) (10). In addition to the weighted OR, we also
24 report the crude total event rates for each variable subject to meta-analysis in order to provide a
25 more clinically meaningful estimate of the prevalence of these events in each patient group in view
26 of the large sample sizes. Studies reporting mean or median values only were reproduced as
27 reported in the original study.
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31 Risk of bias within each study was assessed using the Newcastle-Ottawa quality assessment tool for
32 cohort studies (11, 12), with scores 7-8 denoting good quality studies, 4-6 fair quality, and 0-3 poor
33 quality. Publication bias was assessed using funnel plots.
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36 37 Patient and Public Involvement

38 We did not seek patient or public comment in designing the study.
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41 42 Results

43 A total of 40 studies were included for analysis (13-52) and their characteristics are summarised in
44 Table S3. They comprised a total of 127,620 participants of whom 98,930 participants (77.5%) were
45 classified as T1MI and 13,803 (10.8%) as T2MI. In the following text, we report key findings; more
46 information and forest plots for each analysis involving more than one study and more than 100
47 total cases can be found in the on-line supplement, Figures S2-S44.
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50 The 2007 definition (1) was used in 7 (17.5%) studies (15, 16, 27, 29, 43, 44, 51, 52), the 2012
51 definition (2) in 25 (62.5%) studies (13, 17, 19-21, 23-26, 30-35, 37, 39, 40, 42, 45-48, 50, 51), and
52 the 2018 definition (3) in 8 (20%) studies (14, 18, 22, 28, 36, 38, 41, 49). Of the 40 studies, 17 (42.5%)
53 were prospective (15, 16, 18, 19, 22, 29, 33, 34, 36, 37, 43, 44, 46-48, 50, 52) and 23 (57.5%) were
54 retrospective (13, 14, 17, 20, 21, 23-28, 30-32, 35, 38-42, 46, 49, 52).
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57 58 Risk of bias assessment

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3 Of the 40 studies, 31 (77.5%) were assessed as good quality (13, 15-19, 22, 23, 27-35, 37-46, 48, 50-
4 52), 6 (15%) as fair quality (14, 24-26, 49), and 3 (7.5%) as poor quality (20, 36, 47), as summarised
5 in Table S4. Selection bias resulting in unrepresentative cohorts such as admission criteria to
6 coronary care units or entry criteria into MI registries favouring T1MI (14, 20, 24-26, 36, 47, 49),
7 absence of independent adjudication of MI type as T1MI or T2MI (36, 38, 47), non-comparability of
8 T1MI and T2MI cohorts (20, 24, 25, 47), poorly specified outcome measures (36, 38, 47) and short
9 follow-up period resulting in few events (14, 20, 24, 36) comprised most forms of bias.

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13 Funnel plots for in-hospital and 1-year all-cause mortality showed no asymmetry (on-line
14 supplement, Figures S45, S46). Funnel plots for all other analyses showed similar results (available
15 on request).

16 17 18 Participant characteristics

19 Patients with T1MI had a median age range of 60-82 years in the included studies that did not select
20 a specific age population, compared to a median age range of 62-81 years in patients with T2MI. The
21 sex distribution was also similar, with 58.4% and 53% of patients with T1MI and T2MI being male
22 respectively.
23

24
25 Regarding pre-existing medical conditions (Table 1), T2MI patients compared to T1MI patients were
26 more likely to have chronic kidney disease (22.8% vs 17.3%; OR 1.87; 95%CI 1.53-2.28), chronic heart
27 failure (13.1% vs 7.6%; OR 2.35; 95%CI 1.82-3.03), atrial fibrillation (22.9% vs 6.1%; OR 3.02; 95%CI
28 2.29-3.99), and hypertension (66.4% vs 63.4%; OR 1.22; 95%CI 1.03-1.45). Patients with T2MI were
29 less likely to have dyslipidaemia (43.4% vs 45.9%; OR 0.74; 95%CI 0.58-0.94) and smoking history
30 (34.7% vs 52.8%; OR 0.6; 95%CI 0.49-0.73). There was no difference in the prevalence of type 2
31 diabetes mellitus or ischaemic heart disease between the two groups.
32
33

34 35 36 Precipitating factors

37 Less than half of the studies (n=17; 43%) included data on precipitating factors associated with T2MI
38 (13, 15, 17, 19, 21-24, 27, 31, 32, 35, 40, 44, 45, 50, 51, 52). Data on each precipitating factor was
39 not consistently available across the studies, for example only 17 studies representing 45% of T2MI
40 patients assessed presence of arrhythmia
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42
43 The most common precipitants were sepsis (35.9%) and heart failure (35.9%, followed by arrhythmia
44 (29.8%) (Table S5), with non-cardiac surgery being deemed a cause in 12.2% of cases where data for
45 this variable were collected.
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48 49 50 Presenting clinical features

51 As summarised in Table S6, compared to T1MI patients, T2MI patients were less likely to present
52 with typical cardiac symptoms of chest pain (58.6% vs 88.4%; OR 0.19; 95%CI 0.13-0.26) or
53 discomfort in the arm or shoulder (8.5% vs 35%; OR 0.18; 95%CI 0.11-0.3), but more likely to present
54 with dyspnoea (27.1% vs 10.6%; OR 2.64; 95%CI 1.86-3.74).
55

56 57 58 Investigations

59 ECG findings on presentation (Table S7) such as ST elevation (14.1% vs 44.2%; OR 0.22; 95%CI 0.17-
60 0.28) and pathological Q waves (6.7% vs 20.8%; OR 0.38; 95%CI 0.20-0.71) were less evident in T2MI

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3 than in T1MI. In contrast, non-specific ST-T wave changes (24.7% vs 10.8%; OR 2.62; 95%CI 1.81-
4 3.79), and atrial arrhythmias (21% vs 6.6%; OR 4.99; 95%CI 3.14-7.93) were more common among
5 T2MI. No differences between groups were seen in the frequency of ST depression or T wave
6 inversion.
7

8
9 Among the 40 studies, four studies (10%) reported the use of high-sensitivity cardiac troponin (cTn)
10 assays, 21 (53%) reported sensitive assays, and 14 (35%) did not specify what generation assay was
11 used (Table S3b). The results of troponin assays were reported in 26 (65%) studies, specific to cTnI
12 assays in 19 studies, cTnT in 5, both assays in one, while another did not specify the assay used. Only
13 two of these studies reporting troponin failed to state the upper limit of normal (ULN) of the assay
14 used (23, 31). The troponin assays, and therefore units and reference ranges, varied between the
15 studies, preventing direct comparison of troponin values. As a result, we converted troponin values
16 to a multiple of the upper limit of normal for each assay to allow direct comparison (Table S8). For
17 peak troponin, patients with T1MI had a higher and wider range of between 5 and 1702 times the
18 ULN compared to patients with T2MI with a range of 2.8-447 times the ULN. Studies yielded mixed
19 results as to whether the magnitude of change (or delta) in serial cardiac troponin assays was more
20 predictive of T2MI or T1MI compared to absolute values of peak levels (33). Lowering the diagnostic
21 threshold for troponin with the advent of more sensitive assays has increased the numbers of
22 patients identified with T2MI by up to 50% (36), with more recent studies showing the incidence of
23 T2MI equalling or exceeding that of T1MI (15, 33, 36).
24
25

26 Echocardiography was less frequently performed among T2MI than T1MI patients (47.9% vs 55.5%;
27 OR 0.44; 95%CI 0.20-0.96) and when reported (Table S7), there was no difference in the prevalence
28 of regional wall motion abnormalities or the level of left ventricular (LV) function, with reported
29 median LV ejection fraction being 42.3%-55% in T1MI patients and 40%-56% in T2MI patients.
30

31 Coronary angiography was also less frequently performed among T2MI than in T1MI patients (34.1%
32 vs 85.5%; OR 0.09; 95%CI 0.06-0.12, Table S7). When performed, T2MI patients were less likely to
33 demonstrate obstructive coronary artery disease (34% vs 44.9%; OR 0.16; 95%CI 0.05-0.54), with
34 obstruction variously defined as 50%-70% occlusion of one or more vessels.
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36 Management

37 T2MI patients, compared to T1MI patients, were significantly less likely to receive conventional
38 cardioprotective medications (Table 2), comprising beta-blockers (58.3% vs 76.3%; OR 0.45; 95%CI
39 0.33-0.63), anti-platelet agents (70.8% vs 88.5%; OR 0.24; 95%CI 0.16-0.38) and statins (52.9% vs
40 87.6%; OR 0.25; 95%CI 0.16-0.38). Of note, T2MI patients were more likely to receive diuretics
41 (44.8% vs 13.6%; OR 1.98; 95%CI 1.37-2.86) or anti-coagulants (28.9% vs 25.2%; OR 1.87; 95%CI
42 1.06-3.30).
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44 Percutaneous coronary intervention (PCI) (21.1% vs 78%; OR 0.06; 95%CI 0.04-0.10) and coronary
45 artery bypass surgery (2.9% vs 6.4%; OR 0.23; 95%CI 0.12-0.45) were also significantly less likely to
46 be performed in T2MI patients than T1MI patients.
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48 Prognosis

49 T2MI patients had significantly increased risk of all-cause death compared to patients with T1MI in
50 both short- and long-term follow-up (Table 3). Specifically, compared to T1MI patients, T2MI
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demonstrated increased all-cause mortality in-hospital (12.5% vs 5.8%; OR 1.94; 95%CI 1.35-2.79, Figure S40), at one-year (18.9% vs 5.4%; OR 3.11; 95%CI 1.91-5.08, Figure 1) and at 5 to 10 years, (53.7% vs 28.5%, OR 3.24; 95%CI 2.73-3.84, Figure 2). In contrast, there were no differences between T2MI and T1MI patients in the risk of short-term mortality at 120-180 days (23.0% vs 12.5%; OR 1.34; 95%CI 0.63-2.85).

Discussion

To our knowledge, this is the most comprehensive systematic review and meta-analysis of contemporary studies comparing T2MI with T1MI in the troponin era, comprising 127,620 patients from 40 cohort studies across 14 countries, and which used formal definitions of T2MI and T1MI. Up to three quarters of all myocardial infarctions in routine care can be T2MI (33, 34), and distinguishing T2MI from T1MI on clinical criteria is often challenging. The management strategies used by clinicians in real-world practice for T2MI often vary, and the clinical outcomes of T2MI compared to T1MI, particularly over the long term, have been uncertain. This review provides information that helps characterise these two groups of patients according to multiple variables and which may assist in clinical decision-making and prognostication.

In this review, T2MI patients demonstrated more medical comorbidities than T1MI patients, as noted in a recent meta-analysis (6). Our review highlighted the much higher incidence of pre-existing generalised vascular disease, atrial fibrillation, renal impairment, and heart failure among T2MI patients.

Sepsis (10, 16, 27) and anaemia (51) ranked highly as triggers, together with other acute cardiac events such as valve dysfunction or arrhythmias. In one study, a more favourable prognosis in T2MI was seen when the principal trigger was arrhythmia compared to non-cardiac surgery, hypotension, anaemia or hypoxia (29). In another study, shock syndromes were triggers portending a worse prognosis compared to all other triggers (32). In our analysis, non-cardiac surgery as a trigger was less frequent than reported by other investigators (26) whereby peri-operative stressors including blood loss, anaesthesia induced hypotension and wound infections cause imbalance in myocardial contractility, oxygen demand and blood flow (53).

Analysis of cTn levels showed uniformly higher values in T1MI than T2MI which accord with one review (5) reporting cTn values 30% to 94% higher in patients with T1MI, and which other investigators regard as being highly specific diagnostic markers for T1MI (53).

Coronary angiography and revascularisation were both performed much less frequently in T2MI than in T1MI patients. Treating physicians may perceive invasive strategies as being contraindicated or potentially harmful in the presence of various co-morbidities more commonly seen in T2MI and associated with competing mortality risk. In our pooled data, only one in three T2MI patients who underwent angiography demonstrated obstructive coronary artery disease, although this figure may be an underestimate due to selection bias whereby younger, less multi-morbid patients preferentially underwent angiography. In the CASABLANCA cohort study, which enrolled patients with high likelihood of coronary or peripheral artery disease and subjected them to peripheral or coronary angiography, of all those who subsequently suffered incident T2MI, almost half (47.7%) demonstrated $\geq 70\%$ stenosis in at least 2 major coronary arteries (54). These conflicting findings

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3 question whether patients presenting with T2MI would benefit from routine use of invasive
4 strategies that define coronary anatomy and, if plaque rupture or critical stenoses are seen, prompt
5 revascularisation, with resultant improvement in patient outcomes. In one study (18), angiography
6 unmasked acute plaque rupture in 29% of patients classified as T2MI. In another study, among 27 of
7 236 patients with T2MI who underwent revascularisation, the odds of all-cause death were reduced
8 by 67% compared to the remaining 209 non-revascularised patients (23). In contrast, in a third more
9 rigorous study comparing T2MI versus T1MI patients who received or did not receive PCI within 24
10 hours of symptom onset, after adjusting results using multivariate logistic regression analysis and
11 inverted probability weighting (15), in-hospital mortality was lower in those with T1MI receiving PCI
12 (OR 0.47; 95% CI 0.40–0.55; $p < 0.001$), but not in those with T2MI receiving PCI (OR 1.09; 95% CI
13 0.62–1.94; $p = 0.763$). However, all these studies are observational, so completion of randomised
14 trials, such as the Appropriateness of Coronary investigation in myocardial injury and Type 2
15 myocardial infarction (ACT-2) trial, which is currently in recruitment (55), will hopefully provide a
16 more definitive answer.
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23 Given that a third of T2MI patients had pre-existing coronary artery disease and most of the
24 remainder had one or more cardiovascular risk factors, the relative underuse of cardioprotective
25 medications is perplexing. It may reflect either clinician uncertainty around their cardioprotective
26 utility in T2MI, or concerns about the potential for adverse interactions with other drugs or diseases
27 commonly seen in multi-morbid T2MI patients. The higher use of diuretics in the T2MI population
28 likely reflects the higher prevalence of heart failure and hypertension. Recognizing the
29 heterogeneous mechanisms or conditions leading to T2MI, a phenotype specific-approach to the
30 design of future trials will be useful in identifying effective therapies.
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34 An important finding is the much higher all-cause in-hospital and one-year mortality in T2MI
35 compared to T1MI patients, similar to the two-fold greater mortality rate in T2MI noted in a recent
36 systematic review of 9 studies (8). In our review, this excess mortality was not driven by an excess of
37 cardiovascular deaths, and likely reflects the competing risks of multiple co-morbidities, rather than
38 underlying obstructive coronary artery disease which was seen in 30-50% of T2MI patients (26, 31).
39 Studies yielded mixed results as to whether coronary artery disease is an independent predictor of
40 T2MI (20, 42), while others question the angiographic distinction between T2MI and T1MI. For
41 example, in a study of 450 consecutive patients with MI who all underwent coronary angiography
42 within 24 hours of symptom onset, 145 (32.2%) patients had 'true' T1MI (acute atherothrombosis
43 and no systemic triggers), 114 (25.3%) had 'true' T2MI (no atherothrombosis and systemic triggers),
44 61 (13.6%) patients had neither, and 130 (28.9%) patients had both (41). This yields a discordance of
45 angiographic and clinical definitions of MI type in 42.5% of patients.
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51 Our review has several limitations. First, in the absence of individual patient data from all included
52 studies, we could not perform multivariate regression analysis in identifying independent predictors
53 of diagnosis, management, or prognosis of T2MI. Second, we did not perform separate analyses of
54 studies according to each version of the Universal Definition of MI or to different troponin
55 thresholds to define MI, which may impact management and prognosis. However, potential
56 misclassification bias was addressed in a recent study which showed little change in MI classification
57 as type 1 or 2 in the same cohort of emergency admissions to whom the 3rd and 4th universal
58 definitions were applied (56). In another study which compared separate T2MI cohorts, as defined
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3 by the 2007 and the 2012 definitions, co-morbidities and use of cardioprotective medications were
4 less frequent in the 2012 cohort, likely due to less severe MIs being included as a result of using
5 more sensitive troponin assays (22). Third, we did not collect haemodynamic variables or other
6 physiological measures such as haemoglobin levels and glomerular filtration rate in analysing clinical
7 presentations as these were very inconsistently reported. Fourth, our mortality meta-analyses relied
8 on crude mortality rates reported in each study, with 55% of studies (15-19, 22-28, 30, 31, 34, 35,
9 37, 40-42, 45, 46, 52) also undertaking multivariate regression and/or competing risk analyses and
10 reporting adjusted mortality rates. For the T2MI cohorts in general, these rates tended to be lower
11 and the differences in rates compared to those of T1MI were of smaller magnitude. Similarly, we did
12 not attempt sub-analyses based on risk stratification using validated risk scores or seek to identify
13 predictive models for mortality, as such analyses were reported in only two studies (26, 40). Fifth,
14 we did not analyse 30-day readmission rates as these were reported in only three studies (13, 14,
15 23). Sixth, we did not perform sensitivity analyses comparing results of prospective versus
16 retrospective studies, as neither group demonstrated less or more risk of bias than the other, or
17 compared results of good quality studies against fair/poor quality studies as the latter comprised
18 only 17% of all patients. Seventh, as we searched only two databases and did not include grey
19 literature, relevant studies may have been missed, although in a recent analysis searching MEDLINE
20 and EMBASE combined yielded 93% of relevant studies, with Google Scholar, despite requiring much
21 more time and effort, only yielded another 3% (57). Eighth, while publication bias is possible, all
22 funnel plots performed for every analysis showed no asymmetry. Finally, we did not perform
23 subgroup analyses or meta-regression in assessing between-study heterogeneity, as study
24 parameters (such as study design and analytic methods) were often ill-defined and widely variable
25 across this large number of real-world observational studies (58).
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34 The strengths of this review are the inclusion of all contemporary cohort studies in the troponin era
35 that employed formal definitions of T2MI, analysis of a broader range of variables than those of
36 previous studies, and the more precise discernment of clinically meaningful differences between the
37 two MI populations in patient characteristics, clinical presentation, patterns of care and outcomes.
38 As studies originated from several different jurisdictions, we believe our findings are generalisable to
39 different healthcare systems, although absolute values for some measures did vary between
40 countries. We are aware of a large US cohort study published since completion of our review (59)
41 which compared T1MI with T2MI patients, but was limited by misclassification bias (relying on
42 administrative hospital discharge data containing an International Classification of Diseases-10th
43 Revision code specific for type 2 MI, rather than a registry or chart diagnosis based on a formal MI
44 definition), short study period of 3 months in late 2017, and inability to analyse clinical features,
45 investigation results, medication use, coronary anatomy, and post-discharge mortality due to their
46 omission in the datasets.
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52 Conclusion

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54 This review has identified differences between T2MI and T1MI patients in presenting clinical
55 features, investigation and management profiles, and clinical outcomes. These findings may assist
56 clinicians to better recognise T2MI and advise patients about its sequelae, and inform hospital
57 coding and epidemiological trending, quality of care indicators and inter-hospital benchmarking of
58 performance relating to the care of patients with T2MI.
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3 The review has also defined persisting gaps in our understanding of the utility and prognostic effects
4 of invasive investigations, revascularization strategies and cardioprotective medications in T2MI
5 patients that warrant more randomised trials that enrol such patients.
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For peer review only

Tables

Table 1. Pre-existing medical conditions in patients with T2MI versus T1MI.

Pre-existing medical condition	T2MI			T1MI			Odds ratio* (95% CI)
	Number of patients with the specified condition	Total number of patients	%	Number of patients with the specified condition	Total number of patients	%	
CAD	3352	10303	32.5%	22222	92725	24%	1.1 [0.93, 1.31]
Type 2 DM	3044	12157	25%	23287	93345	24.9%	0.97 [0.85, 1.10]
HTN	7536	11021	66.4%	55782	88017	63.4%	1.22 [1.03, 1.45]
Dyslipidaemia	4626	10652	43.4%	40099	87366	45.9%	0.74 [0.58, 0.94]
Smoker	3448	9929	34.7%	39548	74889	52.8%	0.60 [0.49, 0.73]
Obesity	1225	3672	33.4%	30963	56970	54.3%	0.63 [0.46, 0.87]
Renal failure	1378	6040	22.8%	11300	65394	17.3%	1.87 [1.53, 2.28]
Heart failure	1661	8873	13.1%	5617	74212	7.6%	2.35 [1.82, 3.03]
PVD	584	5856	10.0%	2066	41280	5.0%	1.33 [1.05, 1.69]
CVD	969	8538	11.3%	6060	87822	6.9%	1.47 [1.27, 1.71]
Atrial fibrillation	836	3645	22.9%	1220	19843	6.1%	3.02 [2.29, 3.99]
COPD	800	5018	15.9%	823	48375	1.7%	1.94 [1.22, 3.08]
Illicit drug Use	46	204	22.5%	8	220	3.6%	8.15 [1.03, 64.46]

*Comparing T2MI with T1MI patients, with odds ratio adjusted according to study weighting using random effects meta-analysis
Abbreviations: CAD= coronary heart disease, DM= diabetes mellitus, HTN= hypertension, BMI= body mass index, PVD= peripheral vascular disease, CVD= cerebrovascular disease, COPD= chronic obstructive pulmonary disease

Table 2. Pharmacological management and invasive interventions in patients with T2MI versus T1MI.

Intervention	T2MI			T1MI			Odds ratio* (95% CI)
	No. patients receiving intervention	Total number of patients	%	No. patients receiving intervention	Total number of patients	%	
Medication							
Beta blockers	4967	8523	58.3%	63431	83157	76.3%	0.45 [0.33, 0.63]
ACEI / ARB	3766	7842	48%	56253	81793	68.8%	0.52 [0.40, 0.67]
Anti-platelets	5087	8599	70.8%	74377	84004	88.5%	0.25 [0.16, 0.38]
Anti-coagulants	1519	5255	28.9%	15754	62415	25.2%	1.87 [1.06, 3.30]
Anti-anginal agents	1281	2191	58.5%	38955	42768	91.1%	0.61 [0.21, 1.74]
Diuretics	1336	2985	44.8%	6211	45779	13.6%	1.98 [1.37, 2.86]
Statins	3418	6455	52.9%	56875	64942	87.6%	0.25 [0.16, 0.38]
Invasive							
PCI	2092	9936	21.1%	67411	86425	78%	0.06 [0.04, 0.10]
CABG	102	3451	2.9%	3101	48731	6.4%	0.23 [0.12, 0.45]
*Comparing T2MI with T1MI patients, with odds ratio adjusted according to study weighting using random effects meta-analysis							
Abbreviations: ACEI= Angiotensin converting enzyme inhibitors, ARB= Angiotensin receptor blockers; CI=confidence interval; T2MI=type 2 myocardial infarction; T1MI=type 1 myocardial infarction; PCI=percutaneous coronary intervention; CABG=coronary artery bypass graft							

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Table 3. Outcomes in patients with T2MI versus T1MI.							
Outcomes	T2MI			T1MI			Odds ratio* (95% CI)
	No. patients with outcome	Total number of patients	%	No. patients with outcome	Total number of patients	%	
CV in-hospital mortality	184	2109	8.7%	331	6248	5.3%	1.61 [1.17, 2.22]
All-cause in-hospital mortality	667	5321	12.5%	1508	25997	5.8%	1.94 [1.35, 2.79]
Short-term all-cause mortality	204	887	23.0%	250	1998	12.5%	1.34 [0.63, 2.85]
1-year all-cause mortality	632	3340	18.9%	1299	24203	5.4%	3.11 [1.91, 5.08]
2-year all-cause mortality	246	926	26.6%	428	2587	16.5%	1.63 [1.11, 2.41]
3-year all-cause mortality	193	525	36.8%	710	4305	16.5%	2.00 [1.07, 3.76]
Long-term all-cause mortality	1453	2708	53.7%	1320	4633	28.5%	3.24 [2.73, 3.84]
*Comparing T1MI with T2MI patients, with odds ratio adjusted according to study weighting using random effects meta-analysis							
Abbreviations: CV= Cardiovascular, MACE= Major adverse cardiovascular events; T2MI=type 2 myocardial infarction; T1MI=type 1 myocardial infarction; CI=confidence interval							

Figures

Figure 1. Forest plot of one-year all-cause mortality of T2MI patients compared to T1MI patients.

Figure 2. Forest plot of long-term all-cause mortality of T2MI patients compared to T1MI patients.

Figure S1. PRISMA flow diagram.

Figure S2. Forest Plot. Presence of Ischaemic Heart Disease.

Figure S3. Forest Plot. Presence of Type 2 Diabetes Mellitus.

Figure S4. Forest Plot. Presence of Hypertension.

Figure S5. Forest Plot. Presence of Dyslipidaemia.

Figure S6. Forest Plot. Smoking Status.

Figure S7. Forest Plot. Obesity Status.

Figure S8. Forest Plot. Presence of Chronic Kidney Disease.

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3 Figure S9. Forest Plot. Presence of Heart Failure.
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11 Figure S13. Forest Plot. Presence of Atrial Fibrillation.
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13 Figure S14. Forest Plot. Chest Pain as Presenting Feature.
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15 Figure S15. Forest Plot. Dyspnoea as Presenting Feature.
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17 Figure S16. Forest Plot. Arm / Shoulder Discomfort as Presenting Feature.
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19 Figure S17. Forest Plot. Nausea / Vomiting as Presenting Feature.
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21 Figure S18. Forest Plot. Non-specific Symptoms as Presenting Features.
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23 Figure S19. Forest Plot. Collapse / Syncope as Presenting Features.
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25 Figure S20. Forest Plot. ST Elevation on ECG.
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27 Figure S21. Forest Plot. ST Depression or T Wave Inversion on ECG.
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29 Figure S22. Forest Plot. Q Waves on ECG.
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31 Figure S23. Forest Plot. Non-specific ST Changes on ECG.
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33 Figure S24. Forest Plot. Left Bundle Branch Block on ECG.
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35 Figure S25. Forest Plot. Atrial Fibrillation on ECG.
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37 Figure S26. Forest Plot. Coronary Angiogram Performed.
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39 Figure S27. Forest Plot. Obstructive Coronary Artery Disease on Coronary Angiogram.
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41 Figure S28. Forest Plot. Multivessel Disease on Coronary Angiogram.
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43 Figure S29. Forest Plot. Echocardiogram Performed.
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45 Figure S30. Forest Plot. Regional Wall Motion Abnormalities on Echocardiogram.
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47 Figure S31. Forest Plot. Beta-Blockers Prescribed.
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49 Figure S32. Forest Plot. ACEi/ARB Prescribed.
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51 Figure S33. Forest Plot. Antiplatelets Prescribed.
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53 Figure S34. Forest Plot. Anticoagulants Prescribed.
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55 Figure S35. Forest Plot. Antianginal Drugs Prescribed.
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57 Figure S36. Forest Plot. Diuretics Prescribed.
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59 Figure S37. Forest Plot. Statins Prescribed.
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Figure S38. Forest Plot. Percutaneous Coronary Intervention Performed.

Figure S39. Forest Plot. Coronary Artery Bypass Graft Performed.

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3 Figure S40. Forest Plot. All cause In-hospital mortality. T2MI compared to T1MI.
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5 Figure S41. Forest Plot. Short-term all-cause mortality. T2MI compared to T1MI.
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7 Figure S42. Forest Plot. Two-year all-cause mortality. T2MI compared to T1MI.
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9 Figure S43. Forest Plot. Three-year all-cause mortality. T2MI compared to T1MI.
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11 Figure S44. Forest Plot. CVS In-hospital mortality. T2MI compared to T1MI.
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13 Figure S45. Funnel Plot. All-cause In-hospital mortality. T2MI compared to T1MI.
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15 Figure S46. Funnel Plot. One-year All-cause mortality. T2MI compared to T1MI.
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17 Contribution Statement

18 All authors (KW, MK, IS) contributed to the conception of the work. MK and KW performed the
19 acquisition and analysis of the data. KW and IS were responsible for the interpretation of data. All
20 authors (MK, KW, IS) were responsible for drafting manuscript and final approval of the version to be
21 published. All authors (KW, MK, IS) agree to be accountable for all aspects of the work in ensuring
22 that questions related to the accuracy or integrity of any part of the work are appropriately
23 investigated and resolved.
24

25 Competing Interests

26 The authors declare there are no conflict of interest with respect the article.
27

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30 for-profit sectors.
31

32 Data Sharing Statement

33 All data relevant to the study are included in the article or uploaded as supplementary information.
34

35 Ethic Approval Statement

36 No ethics approval was sought for this research project as no patient data was used.
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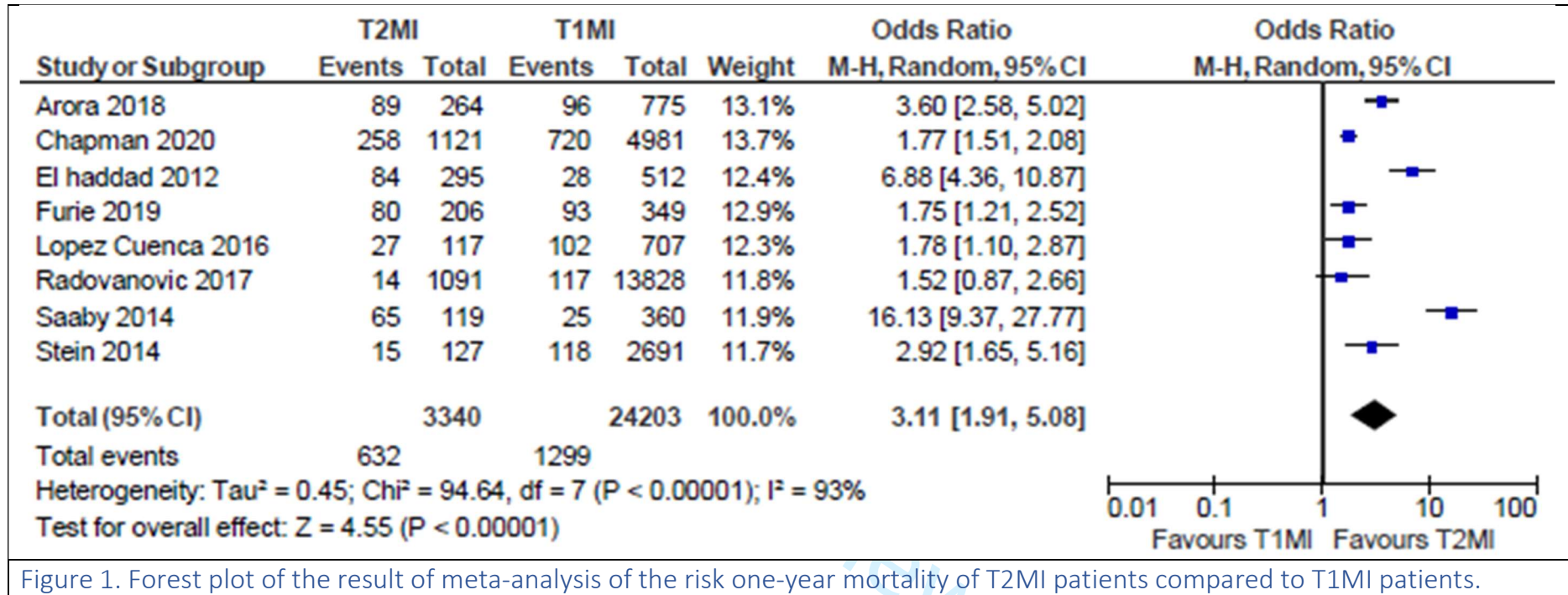


Figure 1. Forest plot of the result of meta-analysis of the risk one-year mortality of T2MI patients compared to T1MI patients.

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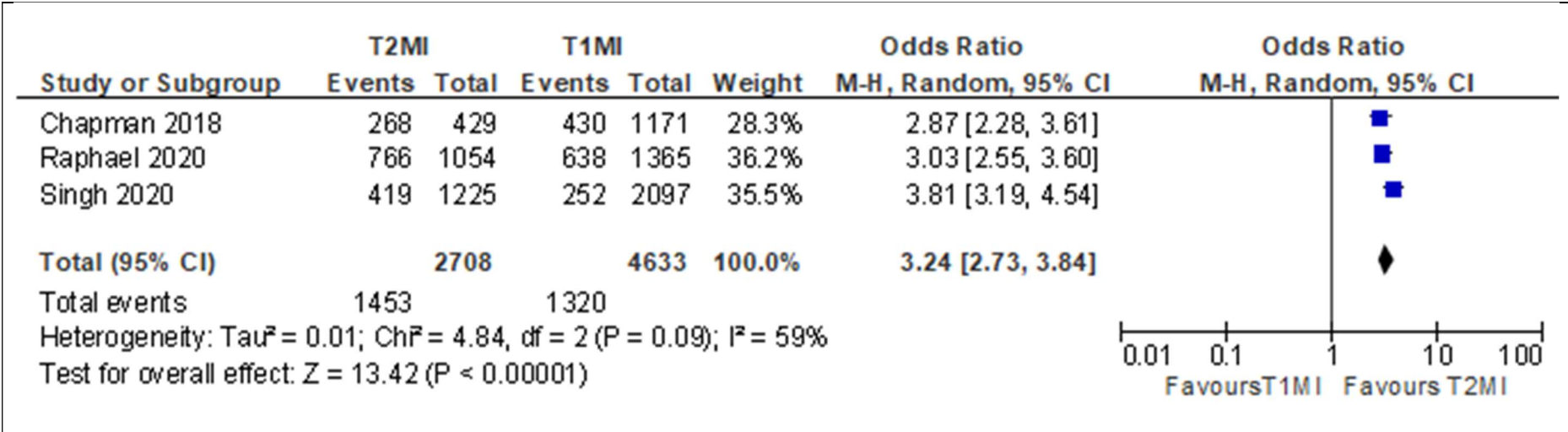


Figure 2. Forest plot of the result of meta-analysis of the risk long-term mortality of T2MI patients compared to T1MI patients.

Review only

Table S1. Evolving definitions of Type 2 Myocardial Infarction.

Year	Universal Definition of Type 2 Myocardial Infarction
2007	Myocardial infarction secondary to ischaemia due to either increased oxygen demand or decreased supply, e.g. coronary artery spasm, coronary embolism, anaemia, arrhythmias, hypotension or hypertension
2012	Instances of myocardial injury with necrosis where a condition other than coronary artery disease contributes to an imbalance between myocardial oxygen supply and/or demand e.g. coronary artery spasm, coronary embolism, anaemia, arrhythmias, hypotension or hypertension
2018	Detection of a rise and/or fall of cTn values with at least one value above the 99th percentile URL, and evidence of an imbalance between myocardial oxygen supply and demand unrelated to coronary thrombosis, requiring at least one of the following: <ul style="list-style-type: none"> - Symptoms of acute myocardial ischaemia - New ischaemic ECG changes - Development of pathological Q waves - Imaging evidence of new loss of viable myocardium or new regional wall motion abnormality in a pattern consistent with an ischaemic aetiology

Table S2. Search strategy.

MEDLINE: (type 2 adj3 myocard*) OR (type-2 adj3 myocard*) OR (type II adj3 myocard*) OR (type-II adj3 myocard*) OR (type 2 adj3 MI) OR (type-2 adj3 MI) OR T2MI OR (supply demand adj3 myocard*)
EMBASE: ('type 2' NEXT/3 myocard*) OR ('type-2' NEXT/3 myocard*) OR ('type ii' NEXT/3 myocard*) OR ('type-ii' NEXT/3 myocard*) OR ('type 2' NEXT/3 mi) OR ('type-2' NEXT/3 mi) OR ('t2mi') OR ('supply demand' NEXT/3 myocard*)

Table S3a. Study characteristics

Author, Year	Patients		Design	Definition of MI	Geographic location	Screening	Troponin Assay
	T1MI	T2MI					
Arora, 2018 (1)	775	264	Retrospective	2012	USA	NSTEMI patients	cTnI
Balanescu, 2020 (2)	152	49	Retrospective	2018	USA	AMI patients	N/A
Baron, 2016 (3)	40501	1313	Prospective	2007	Sweden	AMI patients	hs-cTnT
Bonaca, 2012 (4)	359	42	Prospective	2007	Multinational	TRITON TIMI 38 trial	N/A
Cediel, 2017 (5)	376	194	Retrospective	2012	Spain	ED patients with at least 1 troponin	cTnI
Chapman, 2018 (6)	1171	429	Prospective	2012	UK	ED with elevated troponin	cTnI
Chapman, 2020 (7)	4981	1121	Prospective	2018	UK	Suspected ACS	cTnI
Consuegra-Sanchaz, 2018 (8)	125	75	Retrospective	2012	Spain	ED patients with at least 1 troponin	cTnI hs-cTnT
El-Haddad, 2012 (9)	512	295	Retrospective	2012	USA	Patients with elevated troponin	N/A
Etaher, 2020 (10)	97	121	Prospective	2018	Australia	Patients with elevated troponin	N/A
Furie, 2019 (11)	349	206	Retrospective	2012	Israel	NSTEMI on general ward	Unknown
Guimaraes, 2018 (12)	847	76	Retrospective	2012	Multinational	ACS during TRACER trial	N/A
Hawatmeh, 2020 (13)	664	281	Retrospective	2012	USA	NSTEMI patients	cTnI
Higuchi, 2019 (14)	12023	491	Retrospective	2012	Tokyo	Admitted to CCU	N/A
Javed, 2009 (15)	143	64	Retrospective	2007	USA	Patients with elevated troponin	cTnI
Kadesjo, 2019 (16)	1111	251	Retrospective	2018	Sweden	MI, Registry	N/A
Lambrecht, 2018 (17)	360	119	Prospective	2007	Denmark	Hospitalised patients with troponin measured	cTnI
Landes, 2016 (18)	107	107	Retrospective	2012	Israel	Diagnosed with T2MI and T1MI	cTnT
Lopez-Cuenca, 2016 (19)	707	117	Retrospective	2012	Spain	Diagnosed with T2MI and T1MI	hs-cTnT
Meigher, 2016 (20)	340	452	Retrospective	2012	Germany	ED patients with elevated troponin	cTnI
Nestelberger, 2017 (21)	684	128	Prospective	2012	Multinational	ED patients with MI	N/A
Neumann, 2017 (22)	188	99	Prospective	2012	Germany	ED patients with suspected MI	hs-cTnI

Paiva, 2015 (23)	764	236	Retrospective	2012	Portugal	Admitted to CCU with MI	cTnl
Pandey, 2020 (24)	97	103	Prospective	2018	USA	MI	N/A
Putot, 2018 (25)	2036	847	Prospective	2012	France	ED or cardiology ward with elevated troponin	cTnl
Putot, 2019 (26)	365	254	Retrospective	2018	France	Hospitalised patients with CAD	cTnl
Putot, 2020 (27)	3710	862	Retrospective	2012	France	Hospitalised patients with MI	cTnl
Radovanovic, 2017 (28)	13828	1091	Retrospective	2012	Switzerland	Diagnosed AMI	N/A
Raphael, 2020 (29)	1365	1054	Retrospective	2018	USA	Raised troponin	cTnT
Reed, 2017 (30)	88	162	Retrospective	2012	USA	Underwent vascular surgery procedure	cTnT
Saaby 2013 (31)	397	144	Prospective	2007	Denmark	Troponin measured	cTnl
Saaby, 2014 (32)	360	119	Prospective	2007	Denmark	Elevated troponin	cTnl
Sandoval, 2014 (33)	66	190	Retrospective	2012	USA	ED patients with troponin measured	cTnl
Sandoval, 2017 (34)	77	140	Prospective	2012	USA	ED patients with troponin measured	cTnl
Sato, 2020 (35)	2834	155	Prospective	2012	Japan	Hospitalised patient with MI	N/A
Shah, 2015 (36)	1171	429	Prospective	2012	UK	Admitted with elevated troponin	cTnl
Singh, 2020 (37)	2097	1225	Retrospective	2018	USA	Age <50, MI or raised troponin	N/A
Smilowitz, 2018 (38)	137	146	Prospective	2012	USA	Admitted with raised troponin	cTnl
Stein, 2014 (39)	2691	127	Prospective	2007	Israel	Admitted to cardiology	N/A
Truong, 2020 (40)	275	175	Retrospective	2012	Russia	MI, undergoing angiogram	N/A
<i>cTnl = cardiac troponin I; cTnT = cardiac troponin T; hs- = high sensitivity; AMI = acute myocardial infarction; MI = myocardial infarction; ACS = acute coronary syndrome; NSTEMI = non-ST elevation myocardial infarction; CCU = coronary care unit; CAD = coronary artery disease</i>							

Table S3b. Study characteristics

Author, Year	Patients		Variables					
	T1MI	T2MI	Pre-existing conditions	Symptoms	Investigations	Troponin Values	Management	Prognosis
Arora, 2018 (1)	775	264	X		X	X	X	X
Balanescu, 2020 (2)	152	49		X	X		X	
Baron, 2016 (3)	40501	1313	X	X	X	X	X	
Bonaca, 2012 (4)	359	42						
Cediel, 2017 (5)	376	194	X	X	X	X		X
Chapman, 2018 (6)	1171	429	X		X	X	X	X
Chapman, 2020 (7)	4981	1121	X	X	X	X		X
Consuegra-Sanchaz, 2018 (8)	125	75	X	X	X	X		
El-Haddad, 2012 (9)	512	295						X
Etaher, 2020 (10)	97	121	X		X		X	
Furie, 2019 (11)	349	206	X	X	X	X	X	X
Guimaraes, 2018 (12)	847	76	X		X		X	X
Hawatmeh, 2020 (13)	664	281	X		X	X	X	
Higuchi, 2019 (14)	12023	491	X		X		X	X
Javed, 2009 (15)	143	64	X		X	X		X
Kadesjo, 2019 (16)	1111	251	X				X	X
Lambrecht, 2018 (17)	360	119	X		X	X		X
Landes, 2016 (18)	107	107	X	X	X	X		
Lopez-Cuenca, 2016 (19)	707	117	X	X	X	X	X	X
Meigher, 2016 (20)	340	452	X	X	X	X		X
Nestelberger, 2017 (21)	684	128	X		X		X	X
Neumann, 2017 (22)	188	99	X		X	X		X
Paiva, 2015 (23)	764	236	X		X	X		X
Pandey, 2020 (24)	97	103	X					
Putot, 2018 (25)	2036	847	X		X	X		X
Putot, 2019 (26)	365	254	X		X	X		X
Putot, 2020 (27)	3710	862	X		X	X		X
Radovanovic, 2017 (28)	13828	1091	X		X		X	X
Raphael, 2020 (29)	1365	1054	X		X	X	X	X

Reed, 2017 (30)	88	162			X	X	X	
Saaby 2013 (31)	397	144	X		X	X		
Saaby, 2014 (32)	360	119	X		X	X	X	X
Sandoval, 2014 (33)	66	190	X	X	X	X		X
Sandoval, 2017 (34)	77	140	X	X	X	X	X	X
Sato, 2020 (35)	2834	155	X		X		X	X
Shah, 2015 (36)	1171	429	X	X	X	X	X	X
Singh, 2020 (37)	2097	1225	X		X		X	X
Smilowitz, 2018 (38)	137	146	X	X	X	X	X	X
Stein, 2014 (39)	2691	127	X	X	X		X	X
Truong, 2020 (40)	275	175	X	X	X		X	X

Table S4. Risk of bias assessment

Author, Year	Outcome					Summary
	Representative of Exposed Cohort	Selection of Non-exposed	Assessment	Follow-up Length	Adequacy of Follow-Up	
Arora, 2018 (1)	x	x	x	x	x	8 (good quality)
Balanescu, 2020 (2)	0	x	x	0	x	6 (fair quality)
Baron, 2016 (3)	x	x	x	x	x	8 (good quality)
Bonaca, 2012 (4)	x	x	x	x	x	8 (good quality)
Cediel, 2017 (5)	x	x	x	x	x	8 (good quality)
Chapman, 2018 (6)	x	x	x	x	x	8 (good quality)
Chapman, 2020 (7)	x	x	x	x	x	8 (good quality)
Consuegra-Sanchaz, 2018 (8)	0	0	x	0	0	3 (poor quality)
El-Haddad, 2012 (9)	x	x	0	0	0	5 (fair quality)
Etaher, 2020 (10)	x	x	x	x	x	8 (good quality)
Furie, 2019 (11)	x	x	x	x	x	8 (good quality)
Guimaraes, 2018 (12)	0	0	x	0	x	4 (fair quality)
Hawatmeh, 2020 (13)	0	0	x	x	0	4 (fair quality)
Higuchi, 2019 (14)	0	0	x	x	x	5 (fair quality)
Javed, 2009 (15)	x	x	x	x	x	8 (good quality)
Kadesjo, 2019 (16)	x	x	x	x	x	8 (good quality)
Lambrecht, 2018 (17)	x	x	x	x	x	8 (good quality)
Landes, 2016 (18)	x	x	x	x	x	8 (good quality)
Lopez-Cuenca, 2016 (19)	x	x	x	x	x	8 (good quality)
Meigher, 2016 (20)	x	x	x	x	x	8 (good quality)
Nestelberger, 2017 (21)	x	x	x	x	x	8 (good quality)
Neumann, 2017 (22)	x	x	x	x	x	8 (good quality)

Paiva, 2015 (23)	x	x	x	x	x	8 (good quality)
Pandey, 2020 (24)	0	0	0	0	0	2 (poor quality)
Putot, 2018 (25)	x	x	x	x	x	8 (good quality)
Putot, 2019 (26)	x	x	0	x	x	7 (good quality)
Putot, 2020 (27)	x	x	x	x	x	8 (good quality)
Radovanovic, 2017 (28)	x	x	x	x	x	8 (good quality)
Raphael, 2020 (29)	x	x	x	x	x	8 (good quality)
Reed, 2017 (30)	x	x	x	x	x	8 (good quality)
Saaby 2013 (31)	x	x	x	x	x	8 (good quality)
Saaby, 2014 (32)	x	x	x	x	x	8 (good quality)
Sandoval, 2014 (33)	x	x	x	x	x	8 (good quality)
Sandoval, 2017 (34)	x	x	x	x	x	8 (good quality)
Sato, 2020 (35)	0	0	0	x	x	2 (poor quality)
Shah, 2015 (36)	x	x	x	x	x	8 (good quality)
Singh, 2020 (37)	0	0	x	x	x	6 (fair quality)
Smilowitz, 2018 (38)	x	x	x	x	x	7 (good quality)
Stein, 2014 (39)	x	x	x	x	x	7 (good quality)
Truong, 2020 (40)	x	x	x	x	x	8 (good quality)

Table S5. Precipitating conditions for T2MI.

Precipitating Factor	Events	Patients	%
Sepsis	1116	3110	35.9%
Heart failure	698	1943	35.9%
Arrhythmia	1716	5465	31.4%
Anaemia	1506	4878	30.9%
Valvular abnormality	351	1301	27.0%
Respiratory failure	743	3021	24.6%
Chronic obstructive pulmonary disease	59	258	22.9%
Stroke	44	328	13.4%
Hypertension	291	2217	13.1%
Non-cardiac surgery	103	841	12.2%
Shock/hypotension	291	3006	9.7%
Renal failure	51	553	9.2%
Pulmonary oedema	33	380	8.7%
Bradycardia	35	484	7.2%
Infection	115	2009	5.7%
Coronary spasm	36	1048	3.4%
Bleeding	53	1834	2.9%
Coronary endothelial dysfunction	1	592	0.2%

Table S6. Clinical features on presentation in patients with T2MI versus T1MI patients.

Presenting Symptom	T2MI			T1MI			Odds ratio * [95% CI]
	No. patients with presenting symptom	Total number of patients	%	No. patients with presenting symptom	Total number of patients	%	
Chest pain	3474	5932	58.6%	58273	65883	88.4%	0.19 [0.13, 0.26]
Dyspnoea	1412	5210	27.1%	6930	65129	10.6%	2.64 [1.86, 3.74]
Arm or shoulder discomfort	28	330	8.5%	50	143	35.0%	0.18 [0.11, 0.30]
Jaw or neck discomfort	6	140	4.3%	12	77	15.6%	0.24 [0.09, 0.68]
Epigastric discomfort	8	140	5.7%	8	77	10.4%	0.52 [0.19, 1.45]
Nausea or vomiting	46	330	13.9%	39	143	27.3%	0.46 [0.28, 0.74]
Fatigue	5	140	3.6%	5	77	6.5%	0.53 [0.15, 1.90]
Diaphoresis	16	140	11.4%	16	77	20.8%	0.49 [0.23, 1.05]
Other nonspecific symptoms	988	1529	64.6%	2662	41396	6.4%	4.9 [0.48, 50.33]
Collapse / syncope	99	2125	4.7%	157	7152	2.2%	2.10 [1.05, 4.18]

*Comparing T2MI with T1MI patients, with odds ratio adjusted according to study weighting using random effects meta-analysis

Abbreviations: URL- upper reference limit; STEMI- ST elevation myocardial infarction; NSTEMI- Non- ST elevation myocardial infarction; MI- Myocardial infarction; cTn- cardiac troponin; T1MI- Type 1 myocardial infarction; T2MI- Type 2 myocardial infarction; ECG- electrocardiogram; CAD- coronary artery disease; PCI- percutaneous coronary intervention; CABG- coronary artery bypass graft; IHD- ischaemic heart disease; MACE- Major adverse cardiovascular events; CI- confidence interval

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Variable	T2MI			T1MI			Odds ratio* (95% CI)
	No. patients with nominated diagnostic findings	Total no. patients	%	No. patients with nominated diagnostic findings	Total no of patients	%	
ECG							
ST elevation	1129	8014	14.1%	37182	84096	44.2%	0.22 [0.17, 0.28]
ST depression or T wave Inversion	1728	4911	35.2%	10968	51042	21.5%	1.36 [0.85, 2.17]
Pathological Q Waves	30	447	6.7%	177	850	20.8%	0.38 [0.20, 0.71]
Non-specific ST-T wave changes	146	592	24.7%	45	417	10.8%	2.62 [1.81, 3.79]
Left bundle branch block	175	1927	9.1%	1943	42543	4.6%	1.62 [1.21, 2.17]
Atrial fibrillation/flutter	54	257	21%	52	784	6.6%	4.99 [3.14, 7.93]
Echocardiograph							
Echocardiogram performed	648	1353	47.9%	1571	2830	55.5%	0.44 [0.20, 0.96]
Presence of RWMA	97	286	33.9%	101	214	47.2%	0.48 [0.06, 3.78]
Angiogram							
Angiogram performed	3182	9318	34.1%	42724	49944	85.5%	0.09 [0.06, 0.12]
Obstructive coronary artery disease present	1246	3663	34.0%	19923	44404	44.9%	0.16 [0.05, 0.54]
Multivessel disease present	593	2147	27.6%	11839	41715	28.4%	0.40 [0.19, 0.82]
*Comparing T2MI with T1MI patients, with odds ratio adjusted according to study weighting using random effects meta-analysis ECG=electrocardiograph; RWMA=regional wall motion abnormalities; CI=confidence interval; T2MI=type 2 myocardial infarction; T1MI=type 1 myocardial infarction							

Table S8. Troponin measurements.

Troponin Measurement	Number of Studies	T1MI (min-max)	T2MI (min-max)
Baseline cTn (xULN)	12	0.14-190	0.1-8.2
6h cTn (xULN)	4	13.2-142	4.25-11
Peak cTn (xULN)	20	5.1-1703	2.8-447

Abbreviations: xULN= times upper limit normal

Figure S1. PRISMA flow diagram.

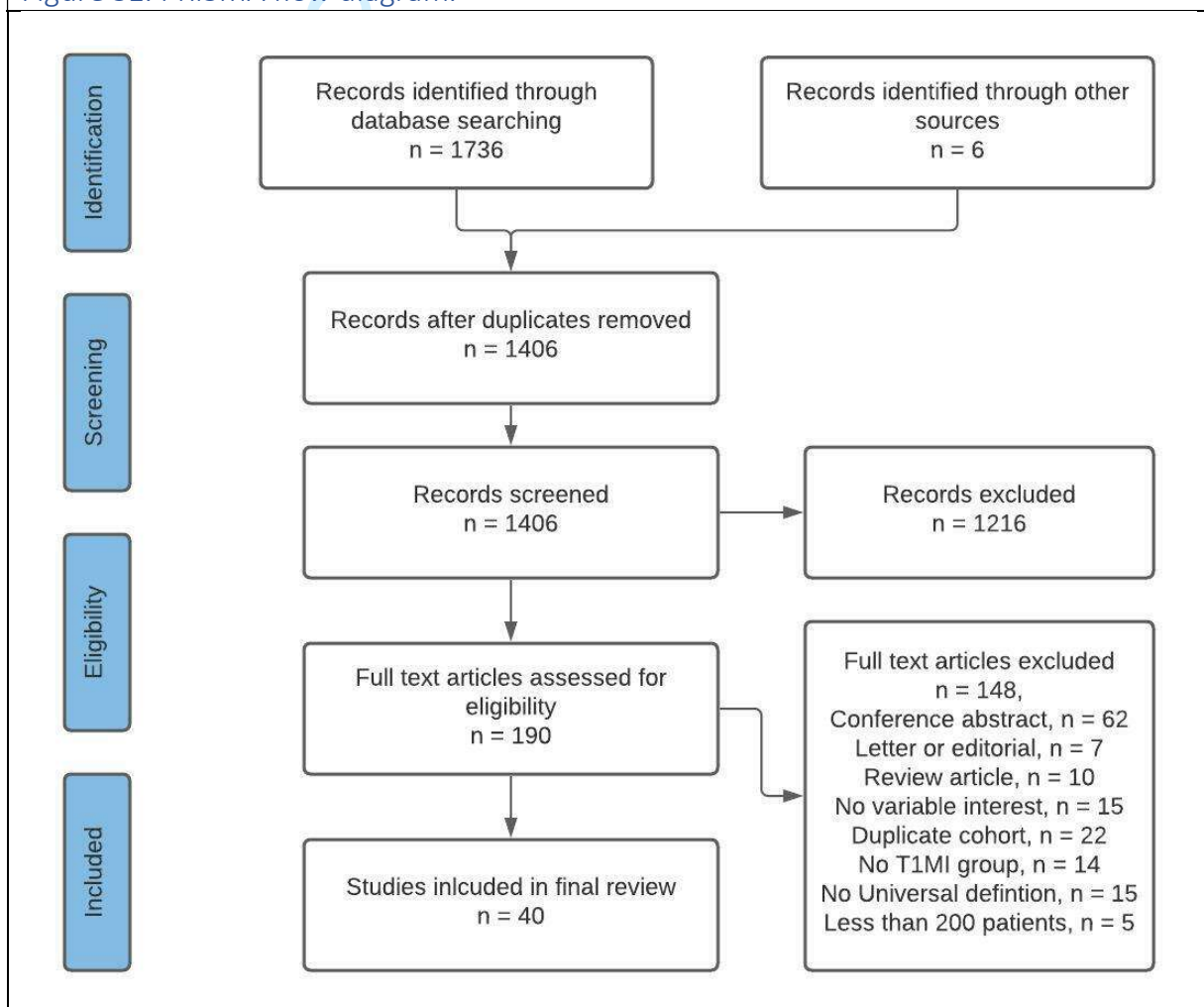


Figure S2. Forest Plot. Presence of Ischaemic Heart Disease.

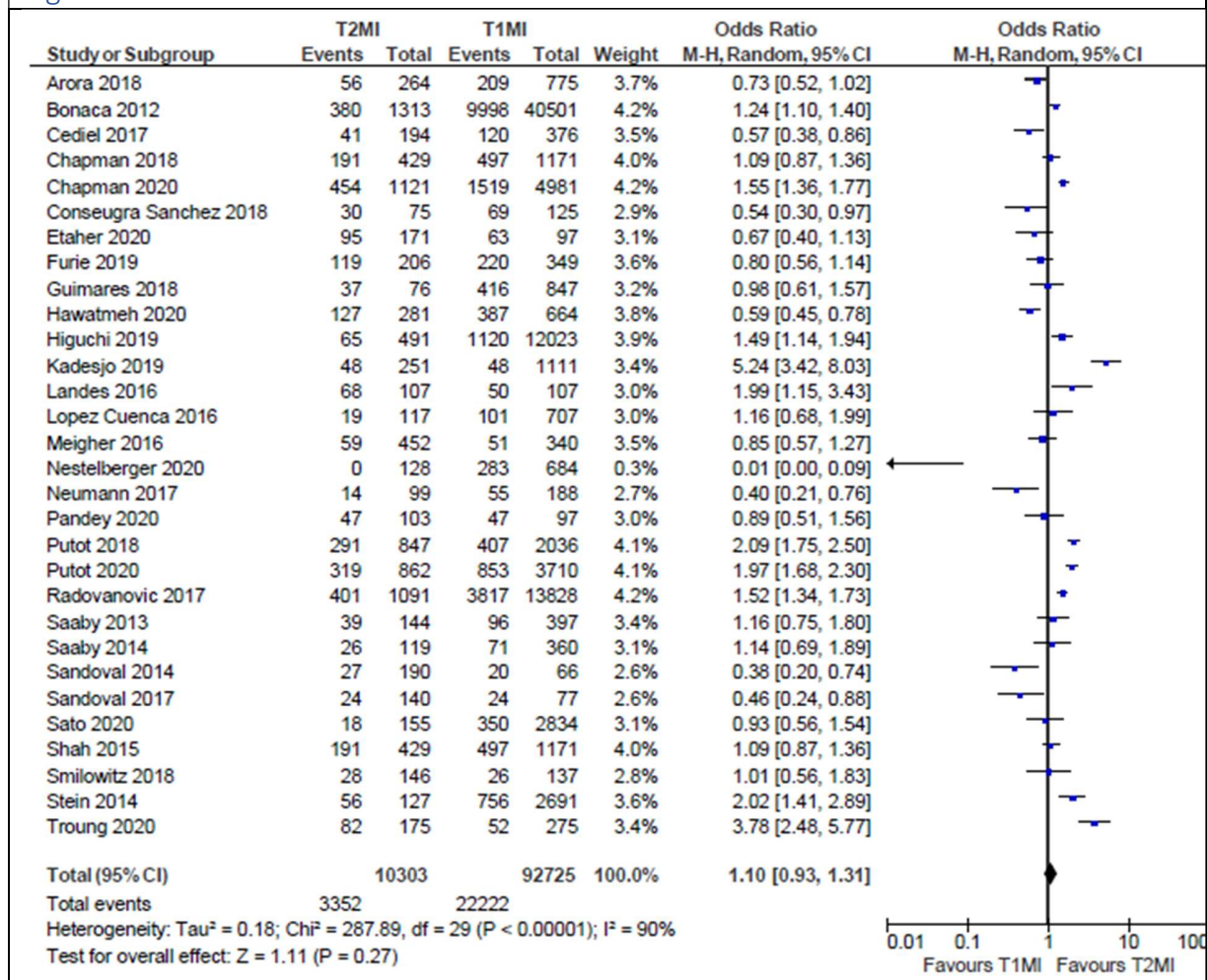


Figure S3. Forest Plot. Presence of Type 2 Diabetes Mellitus.

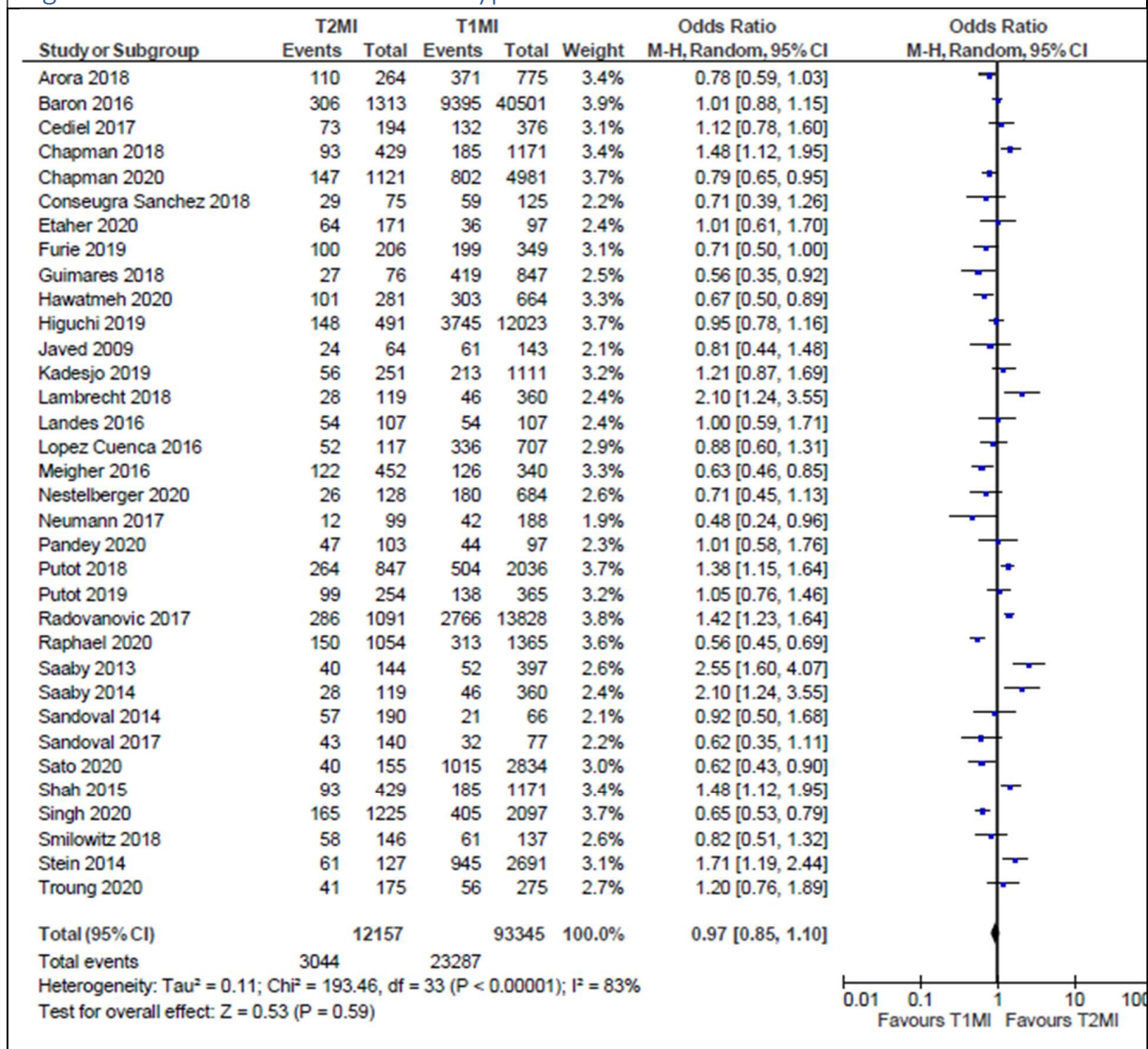


Figure S4. Forest Plot. Presence of Hypertension.

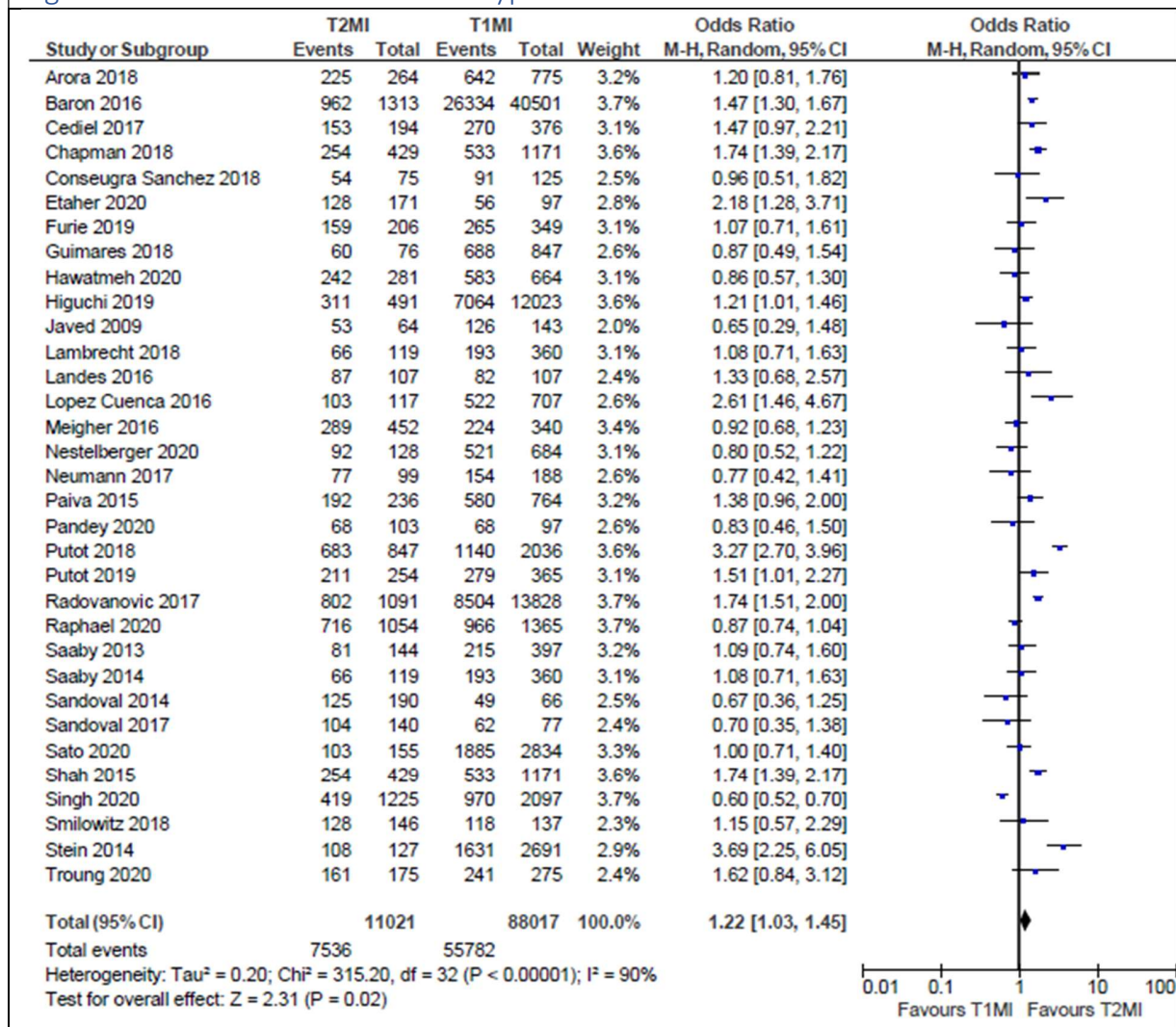


Figure S5. Forest Plot. Presence of Dyslipidaemia.

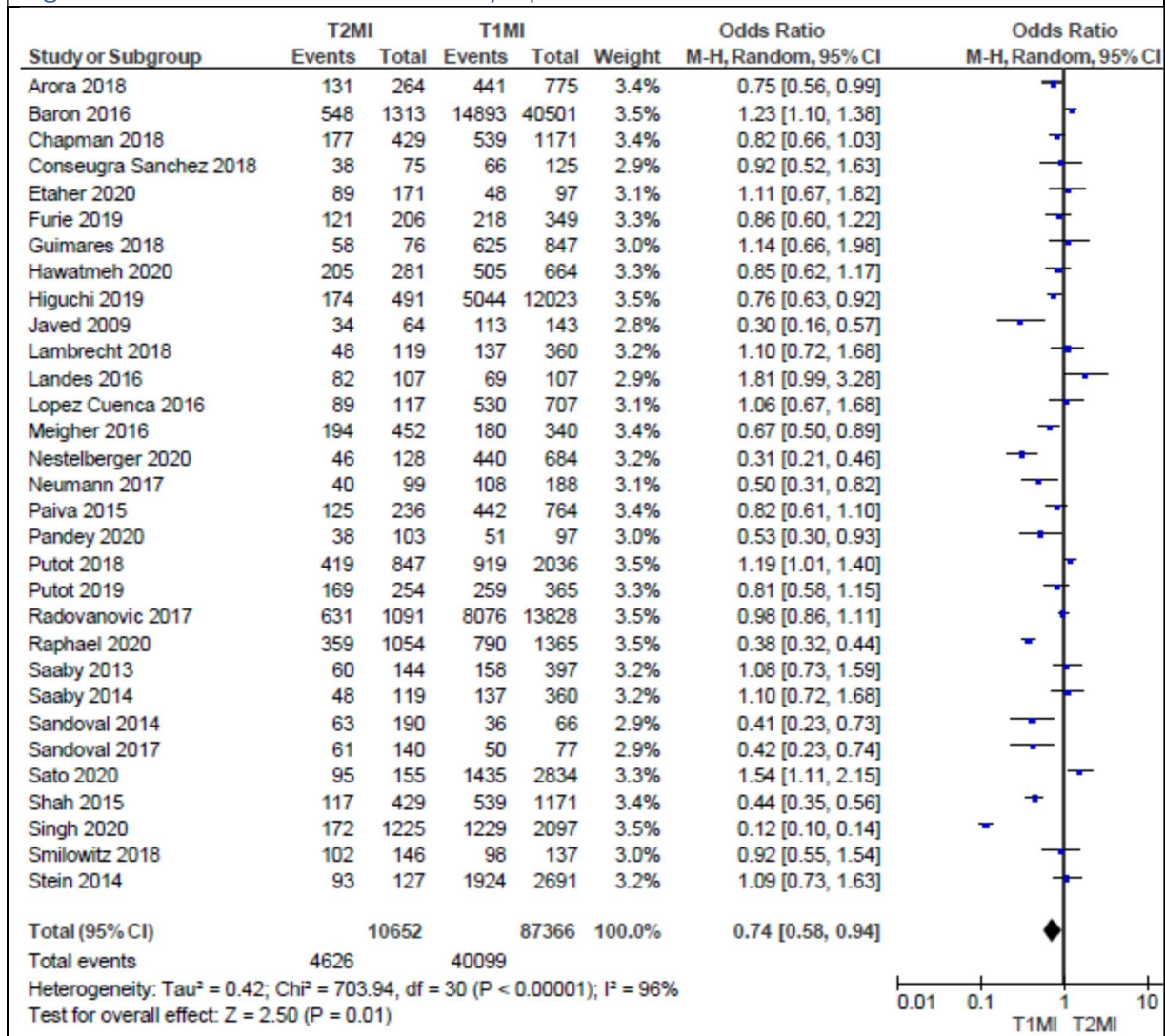


Figure S6. Forest Plot. Smoking Status.

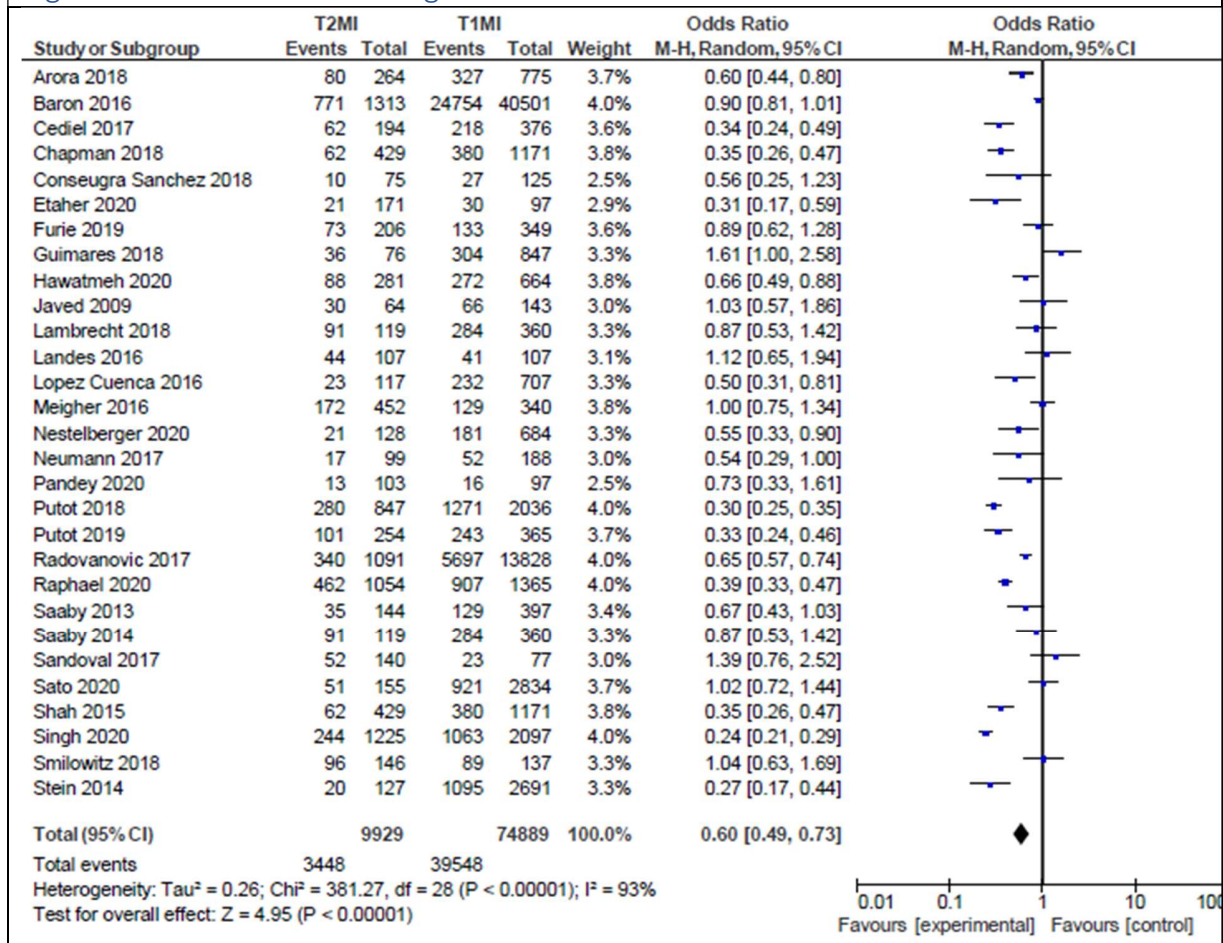


Figure S7. Forest Plot. Obesity Status.

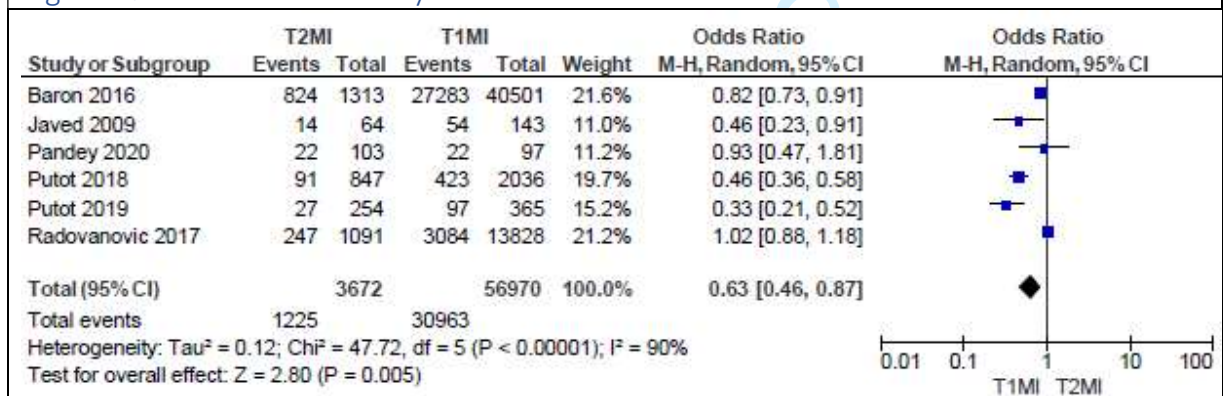


Figure S8. Forest Plot. Presence of Chronic Kidney Disease.

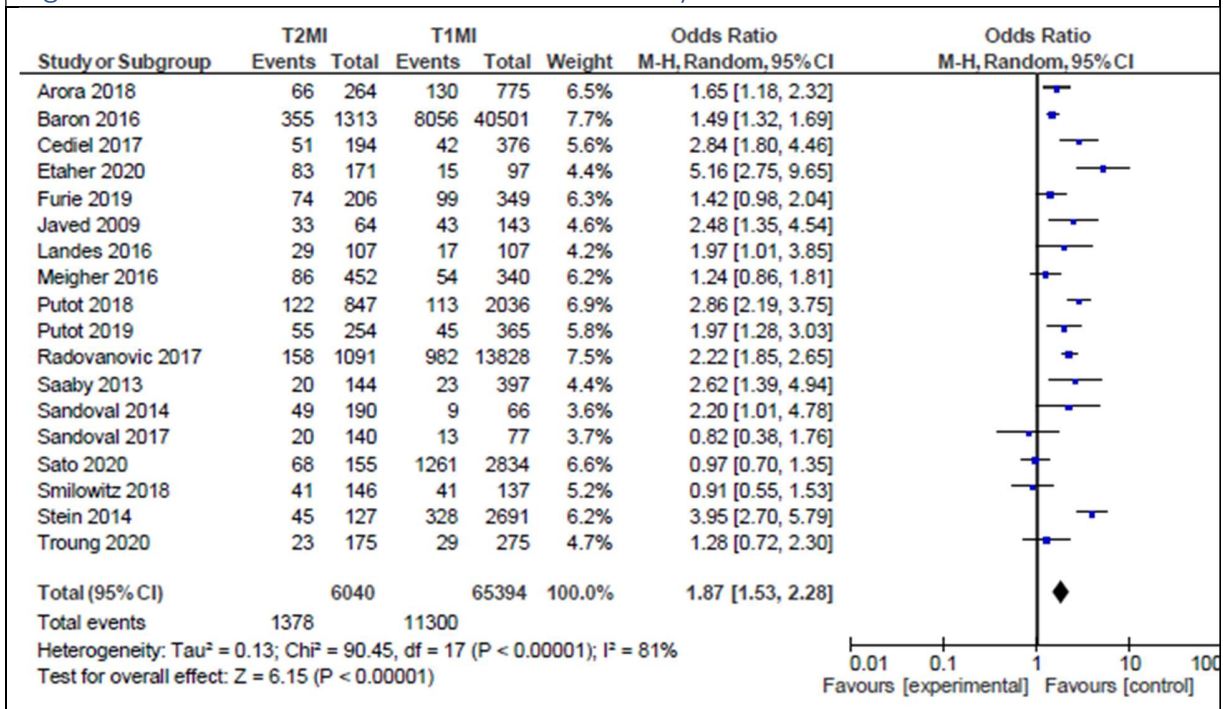


Figure S9. Forest Plot. Presence of Heart Failure.

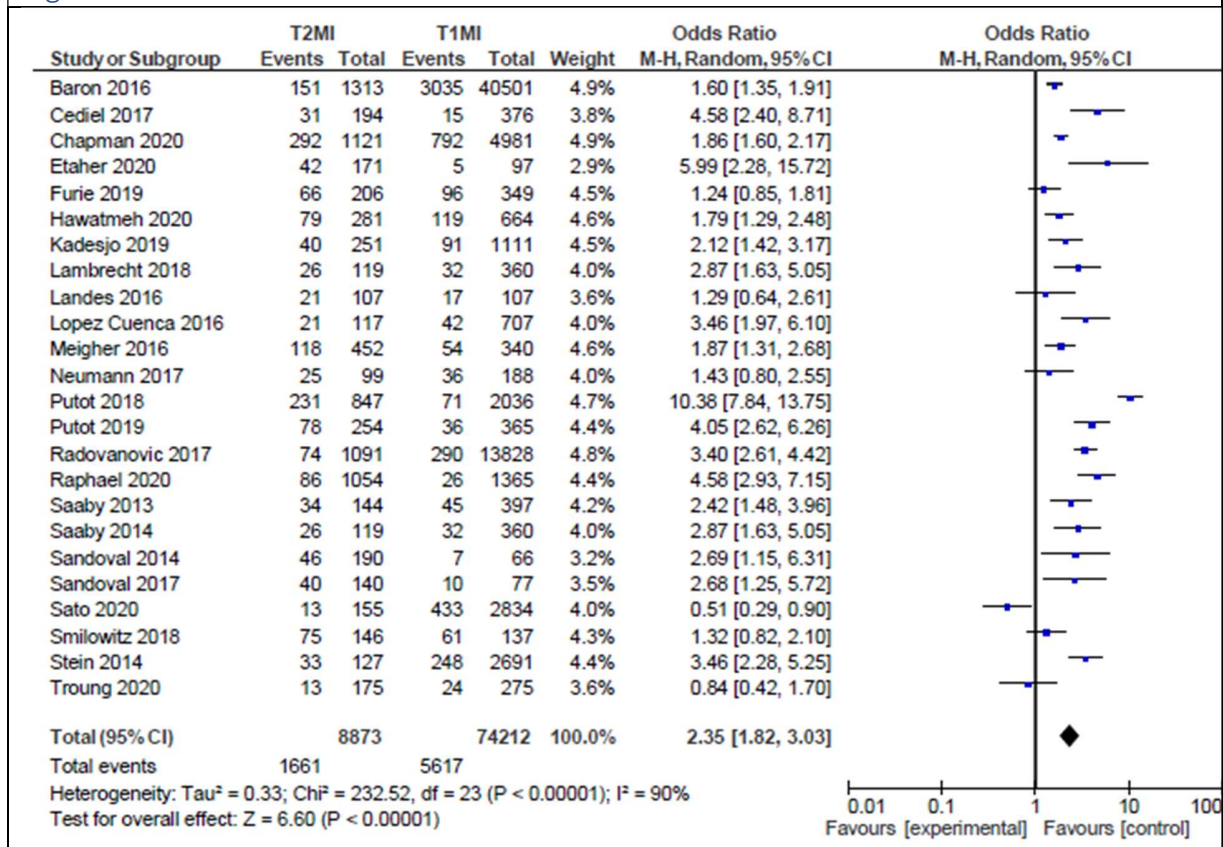


Figure S10. Forest Plot. Presence of Peripheral Vascular Disease.

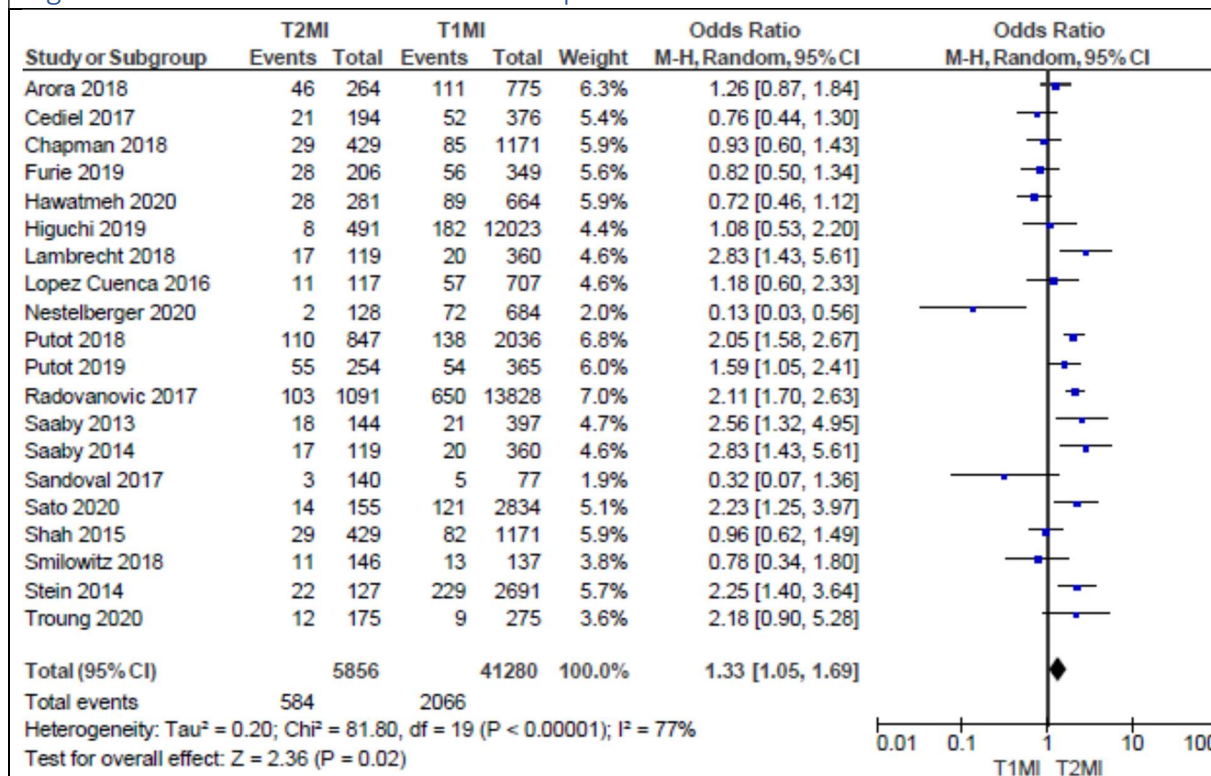


Figure S11. Forest Plot. Presence of Cerebrovascular Disease.

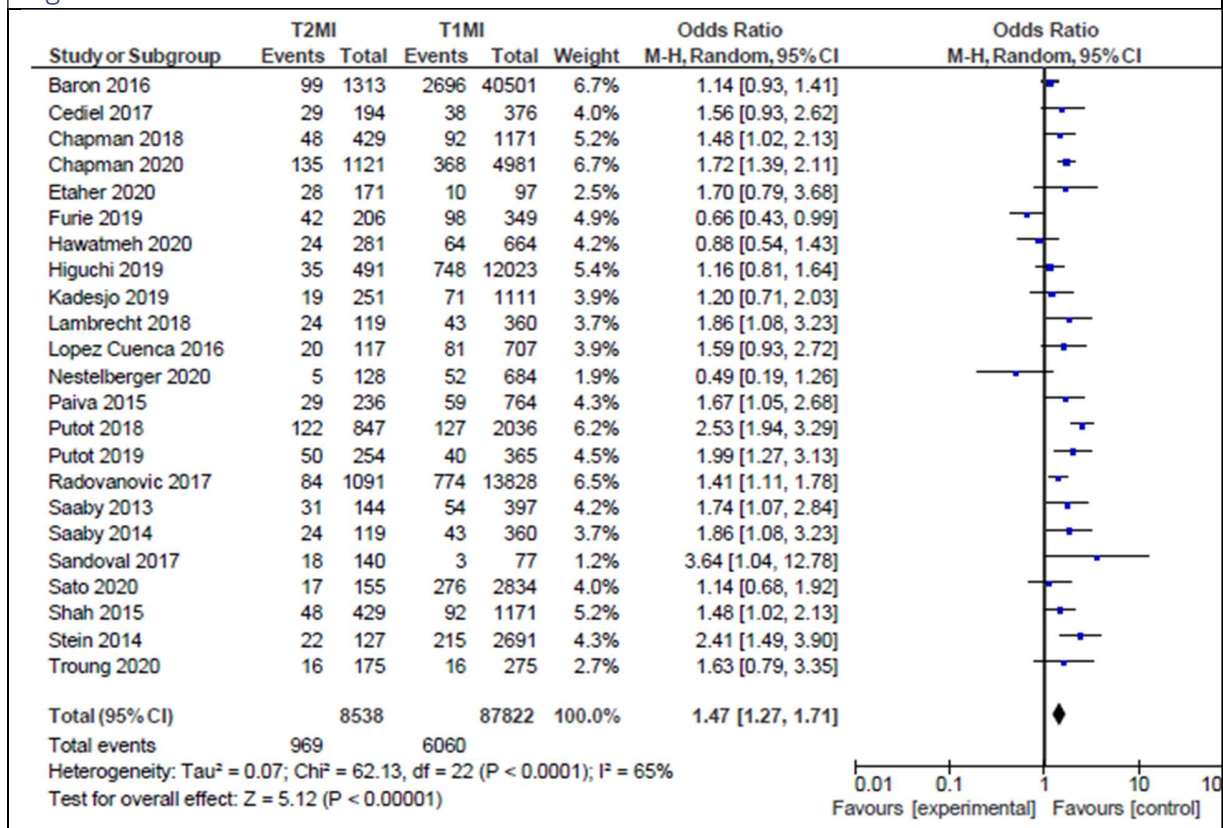


Figure S12. Forest Plot. Presence of Illicit Drug Use.



Figure S13. Forest Plot. Presence of Atrial Fibrillation.

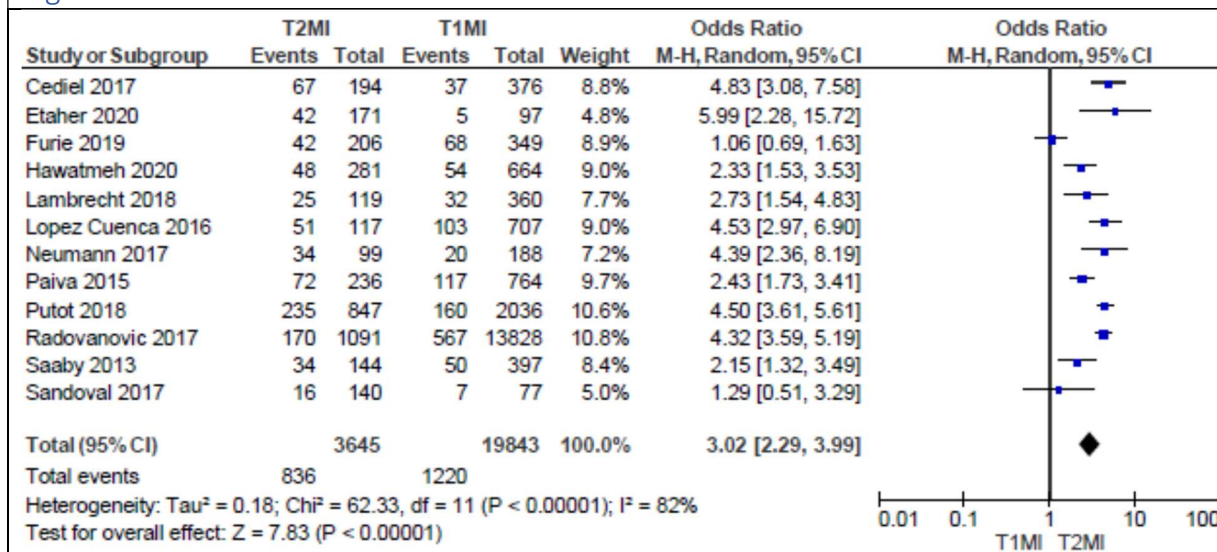


Figure S14. Forest Plot. Chest Pain as Presenting Feature.

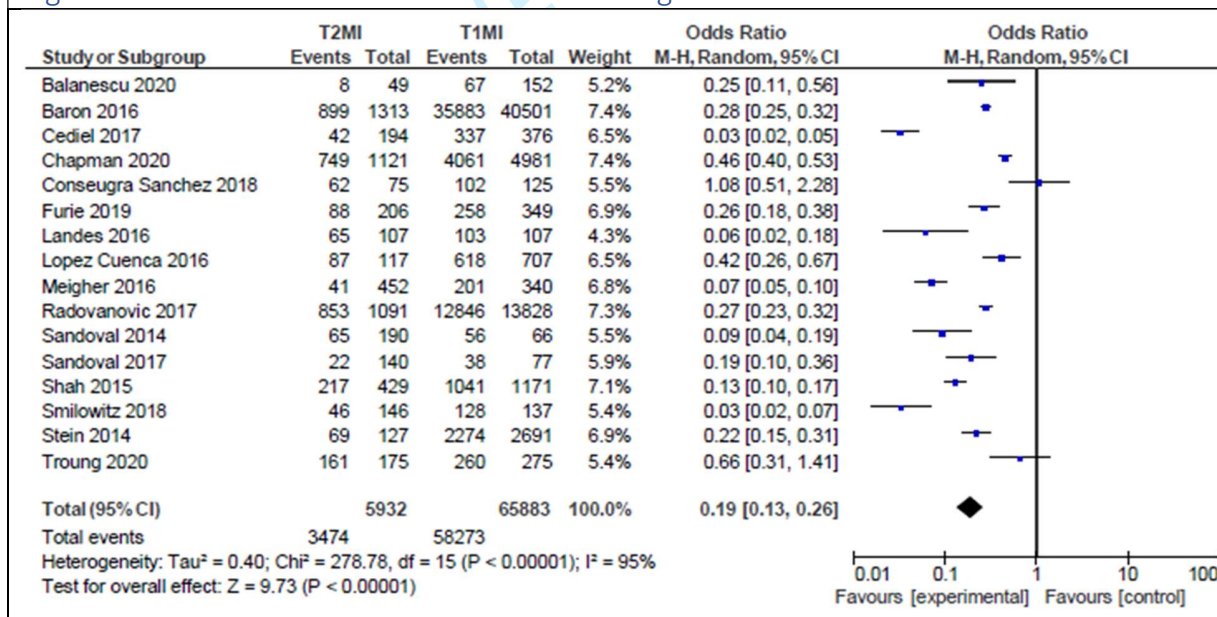


Figure S15. Forest Plot. Dyspnoea as Presenting Feature.

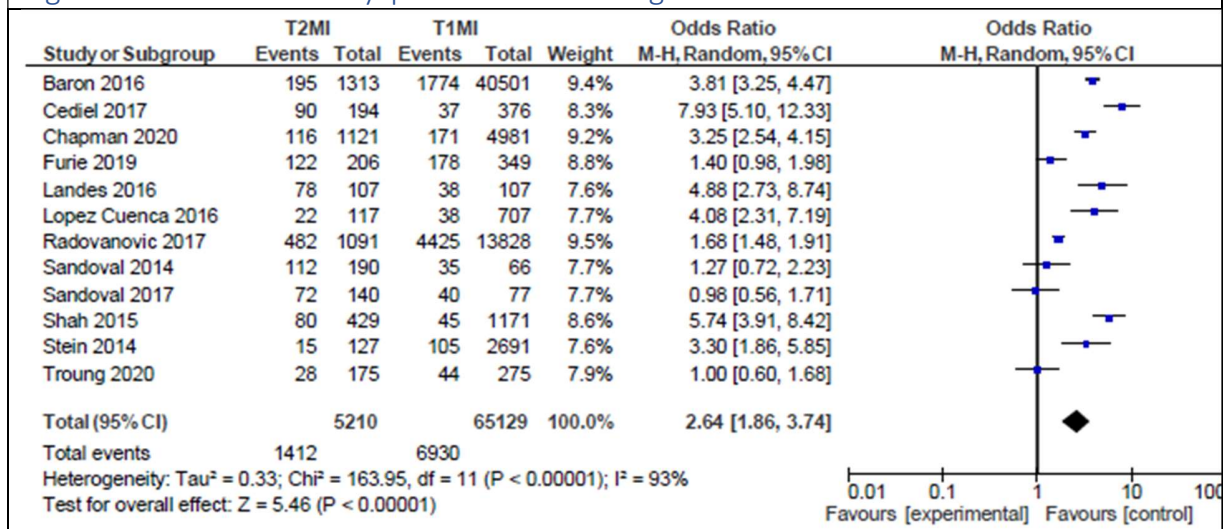


Figure S16. Forest Plot. Arm / Shoulder Discomfort as Presenting Feature.

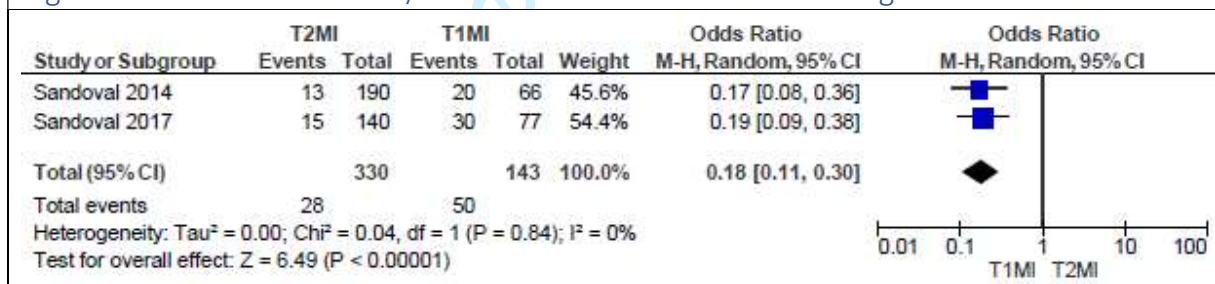


Figure S17. Forest Plot. Nausea / Vomiting as Presenting Feature.

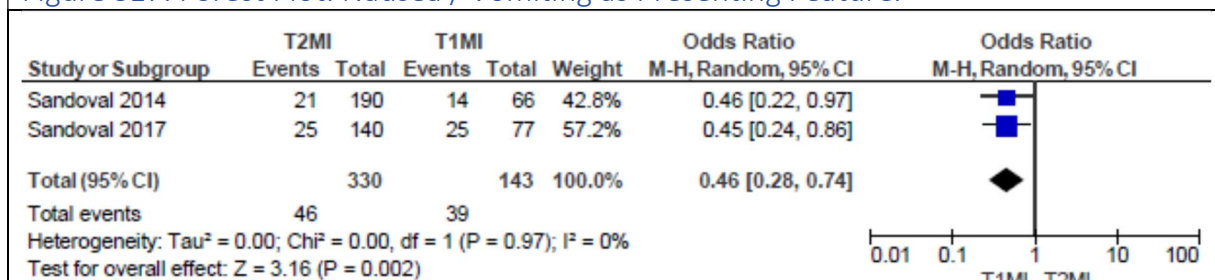


Figure S18. Forest Plot. Non-specific Symptoms as Presenting Features.

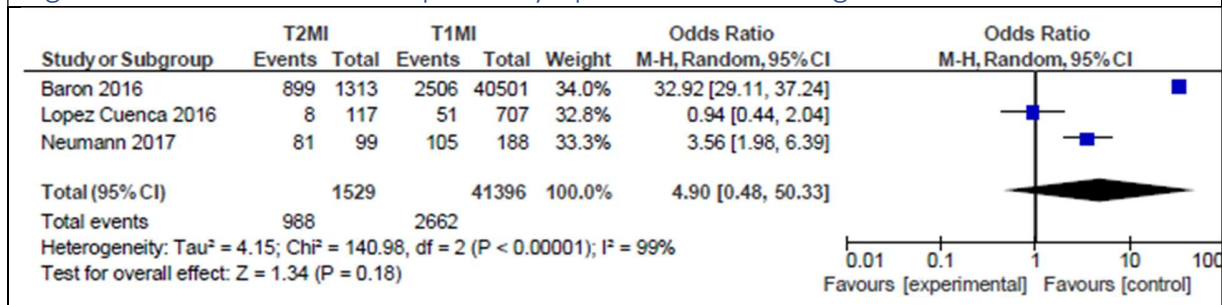


Figure S19. Forest Plot. Collapse / Syncope as Presenting Features.

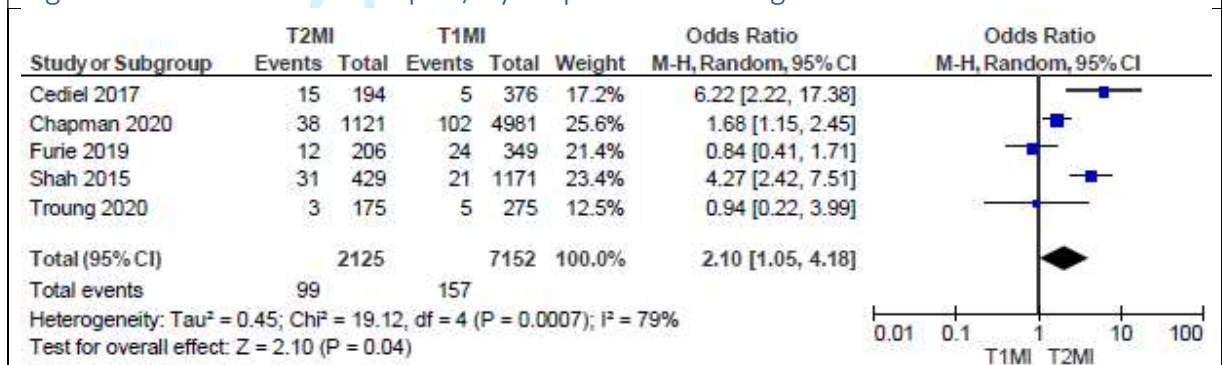


Figure S20. Forest Plot. ST Elevation on ECG.

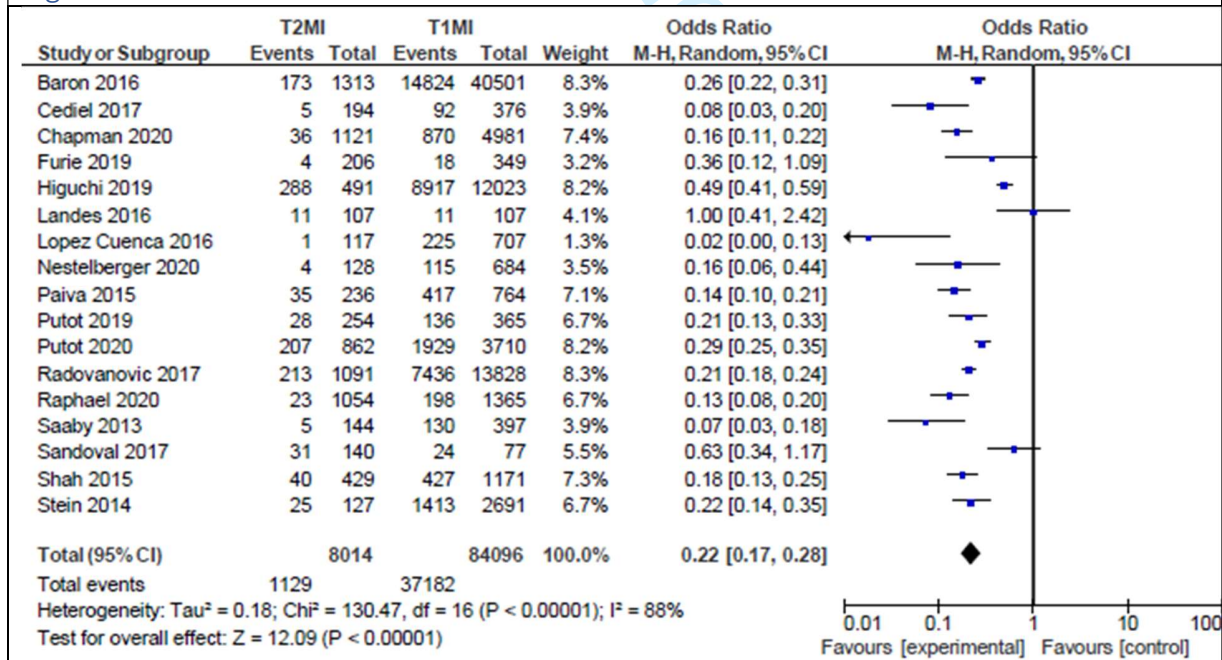


Figure S21. Forest Plot. ST Depression or T Wave Inversion on ECG.

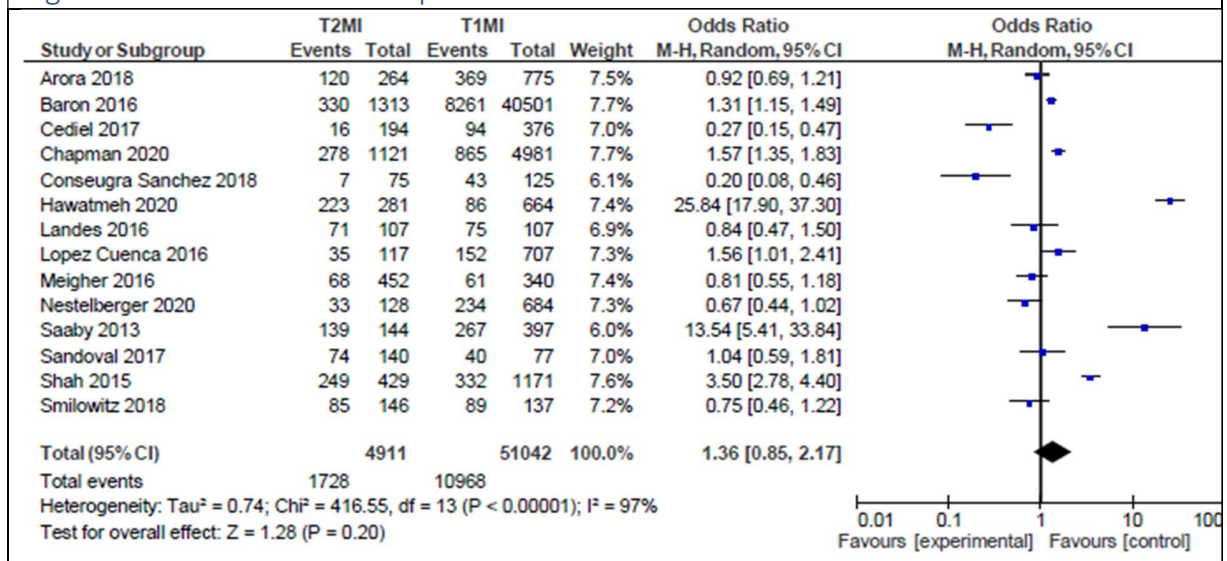


Figure S22. Forest Plot. Q Waves on ECG.

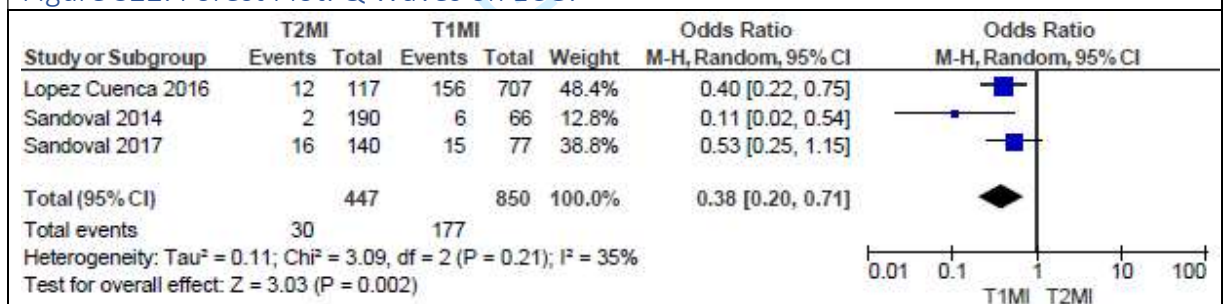


Figure S23. Forest Plot. Non-specific ST Changes on ECG.

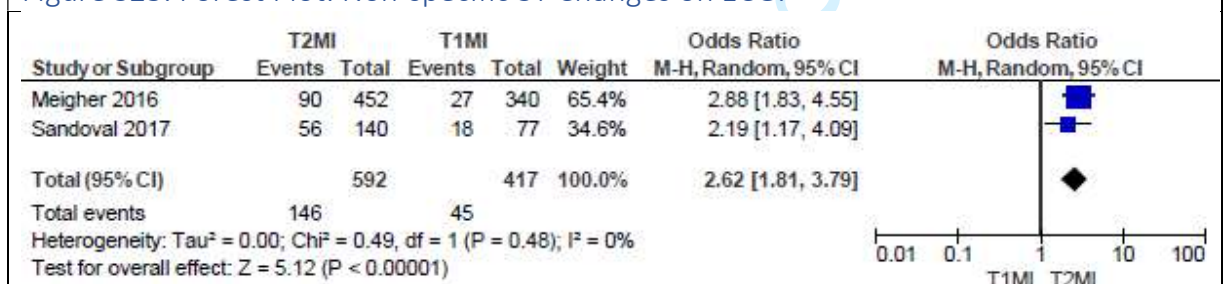


Figure S24. Forest Plot. Left Bundle Branch Block on ECG.

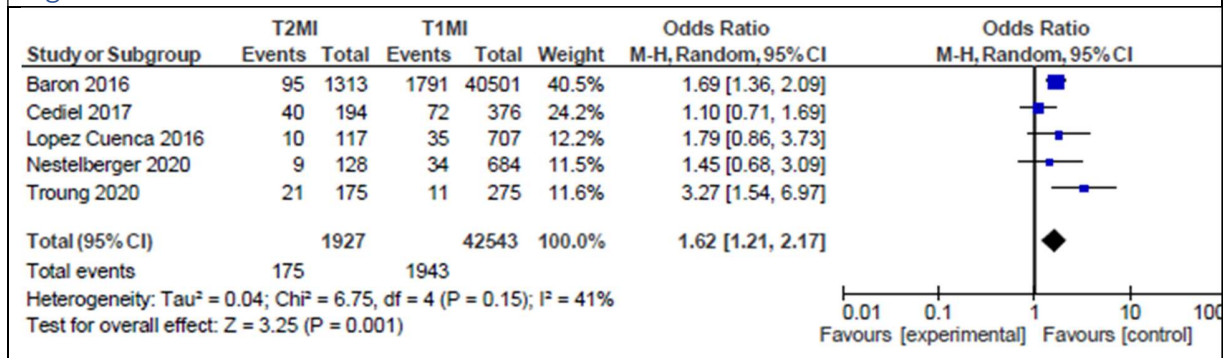


Figure S25. Forest Plot. Atrial Fibrillation on ECG.

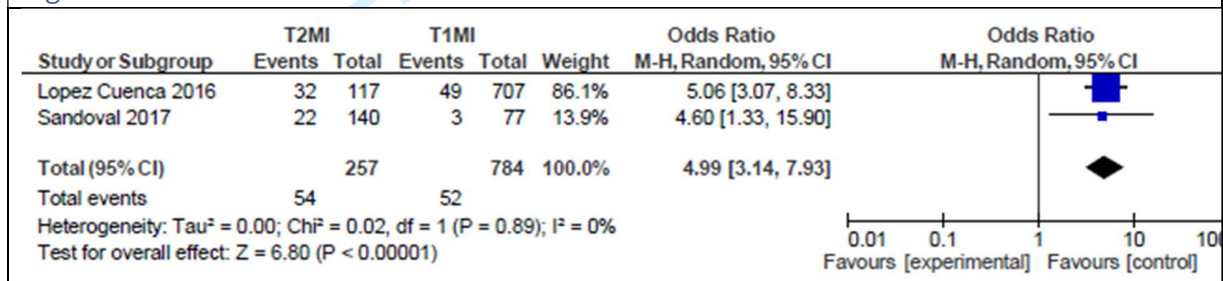


Figure S26. Forest Plot. Coronary Angiogram Performed.

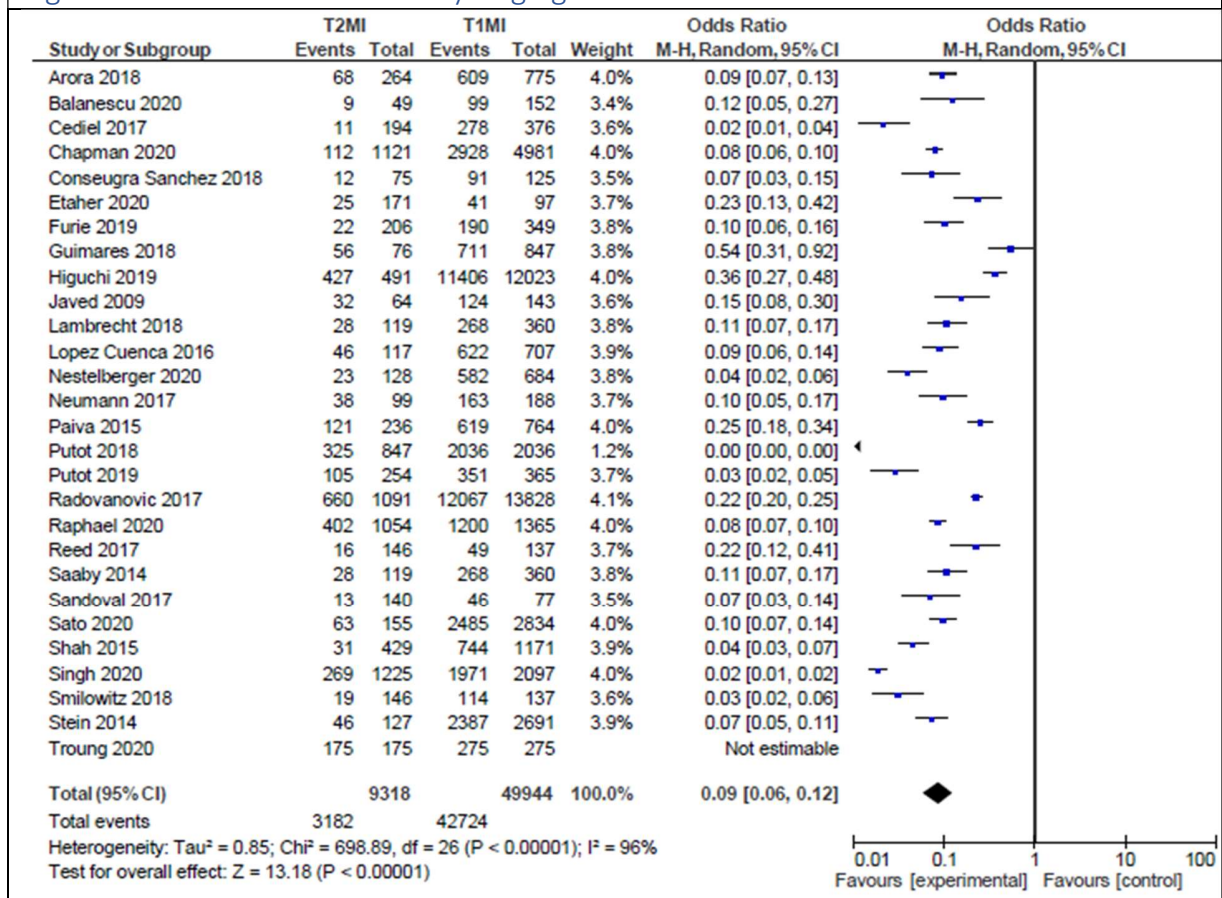


Figure S27. Forest Plot. Obstructive Coronary Artery Disease on Coronary Angiogram.

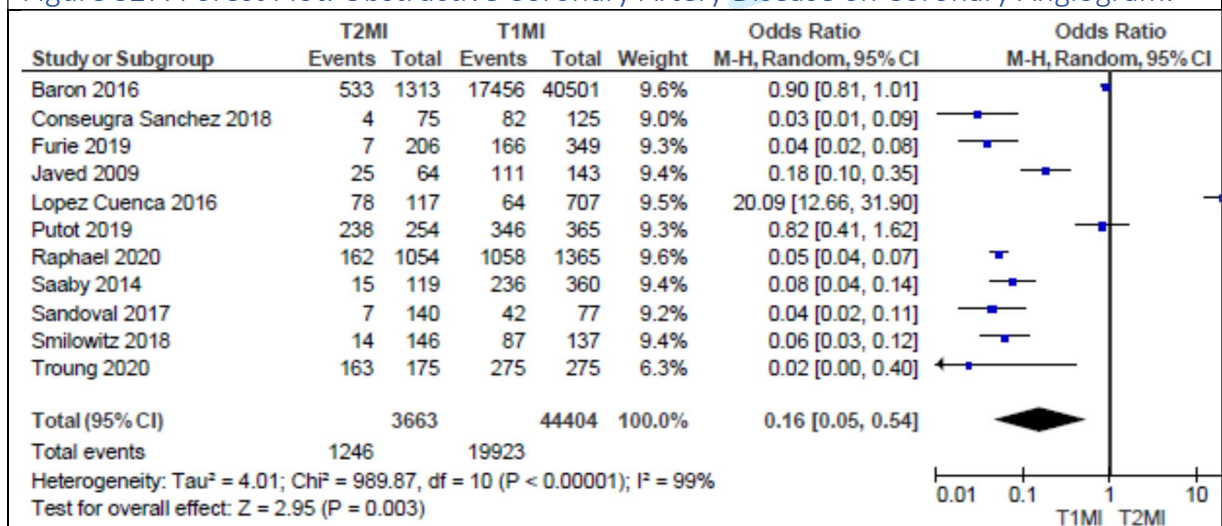


Figure S28. Forest Plot. Multivessel Disease on Coronary Angiogram.

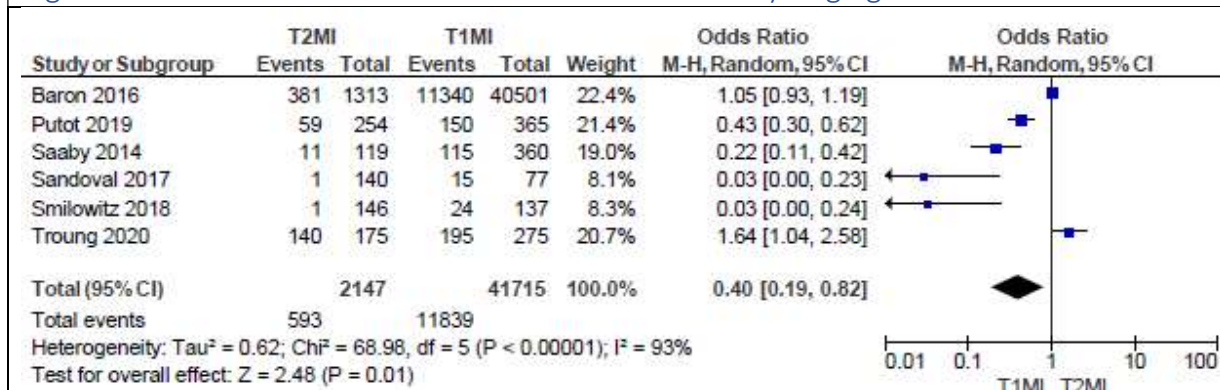


Figure S29. Forest Plot. Echocardiogram Performed.

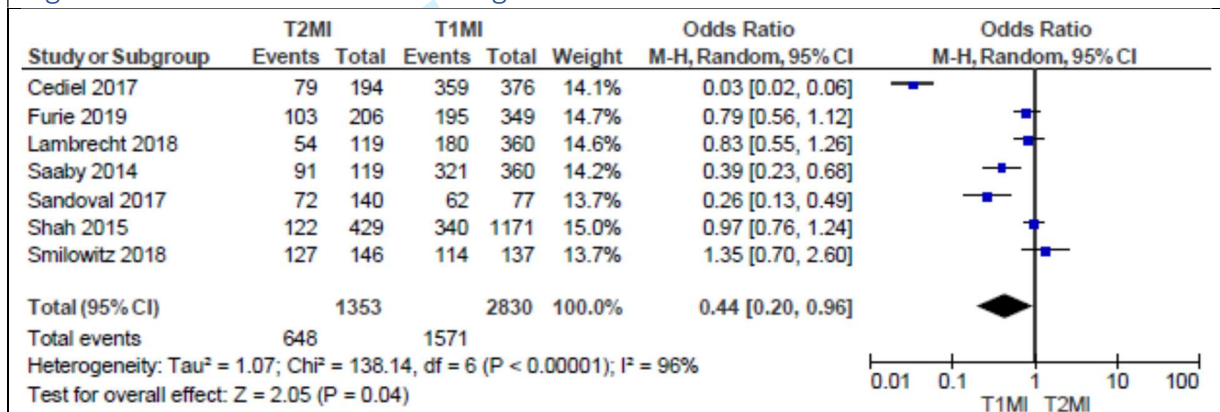


Figure S30. Forest Plot. Regional Wall Motion Abnormalities on Echocardiogram.

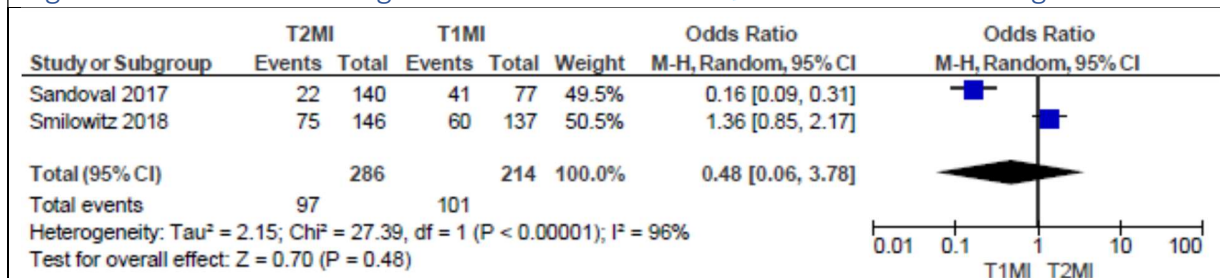


Figure S31. Forest Plot. Beta-Blockers Prescribed.

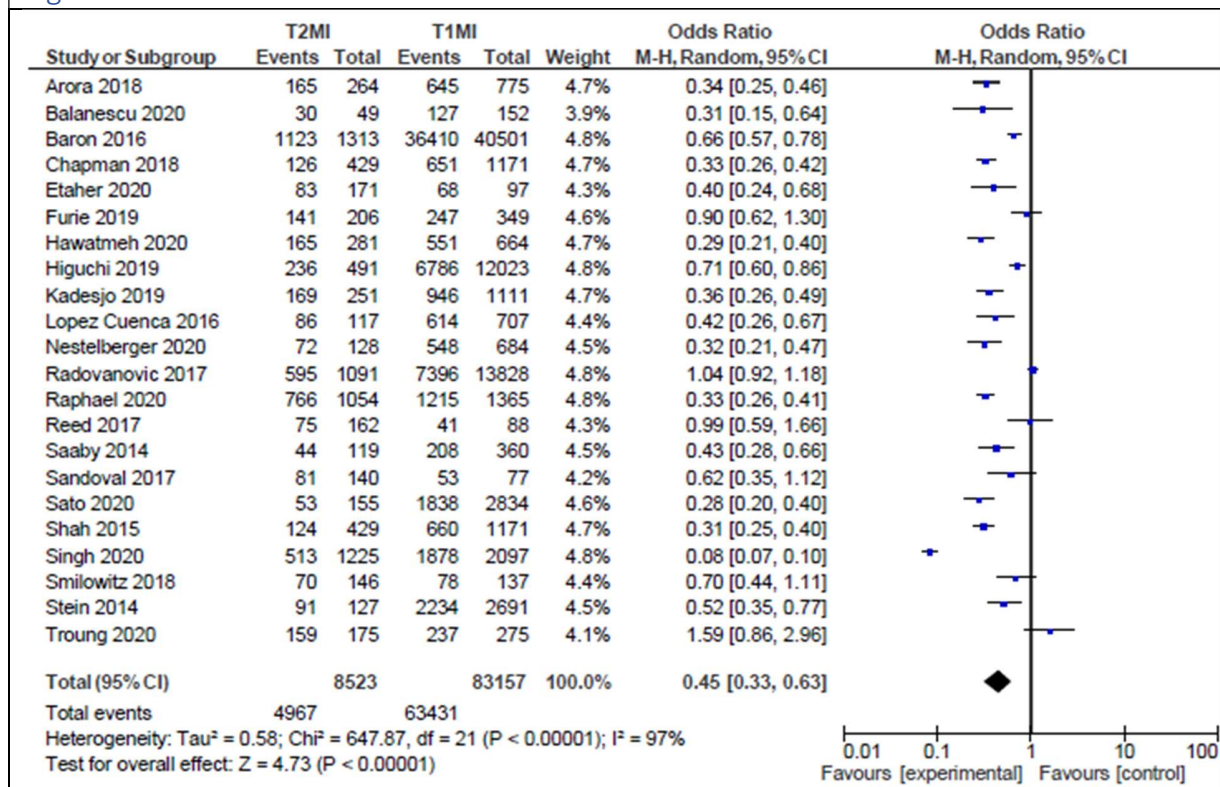


Figure S32. Forest Plot. ACEi/ARB Prescribed.

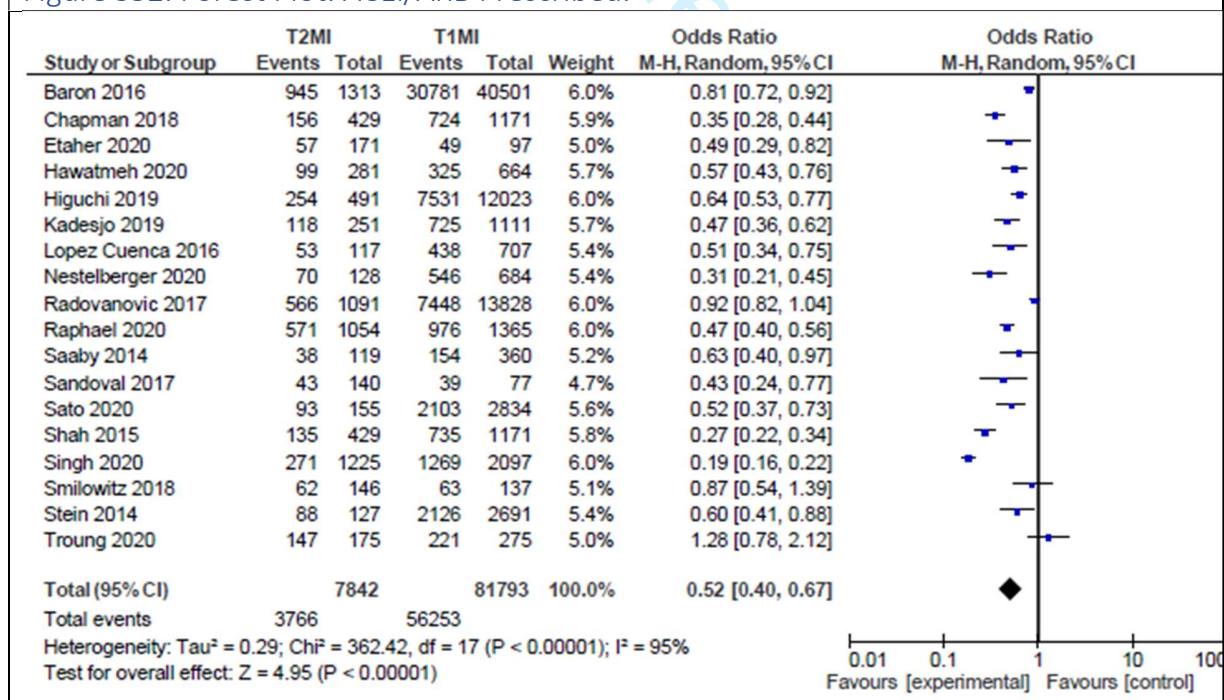


Figure S33. Forest Plot. Antiplatelets Prescribed.

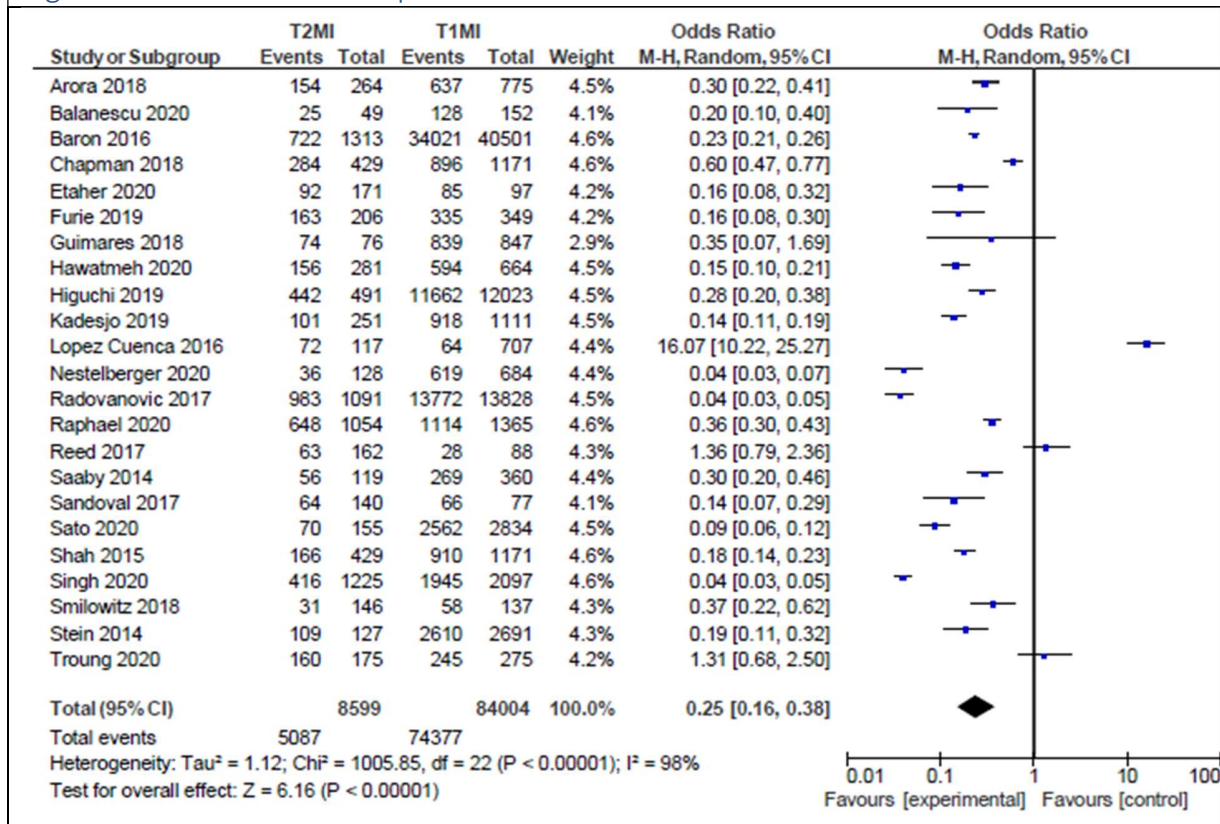


Figure S34. Forest Plot. Anticoagulants Prescribed.

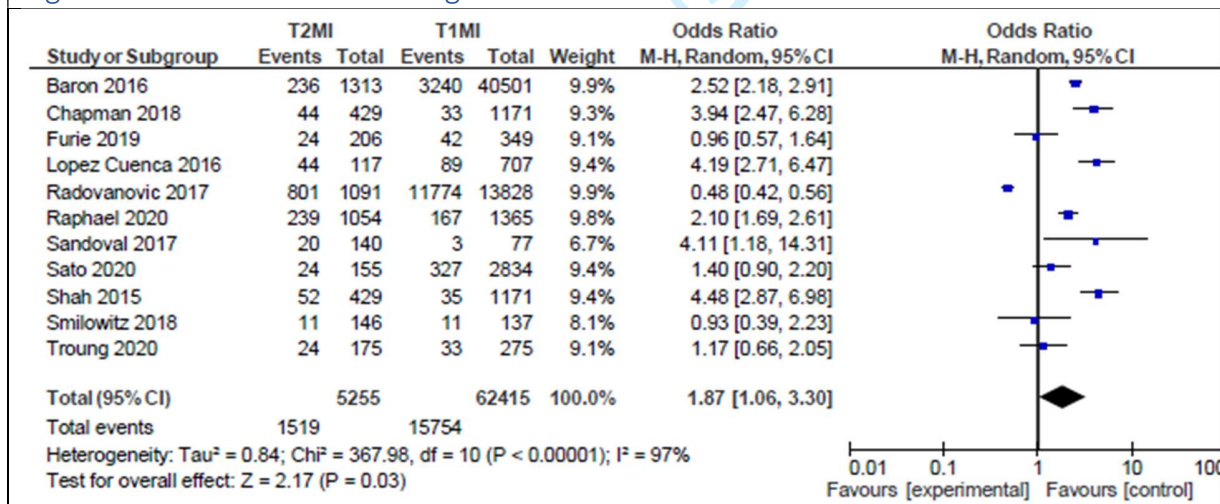


Figure S35. Forest Plot. Antianginal Drugs Prescribed.

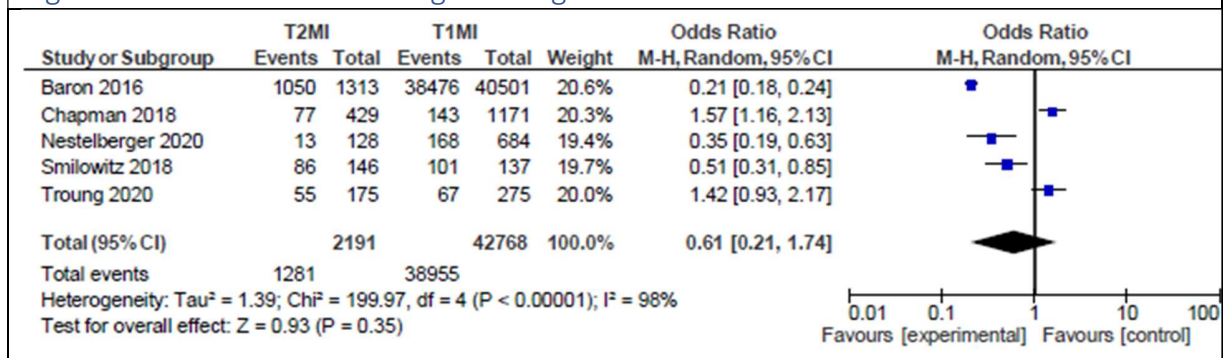


Figure S36. Forest Plot. Diuretics Prescribed.

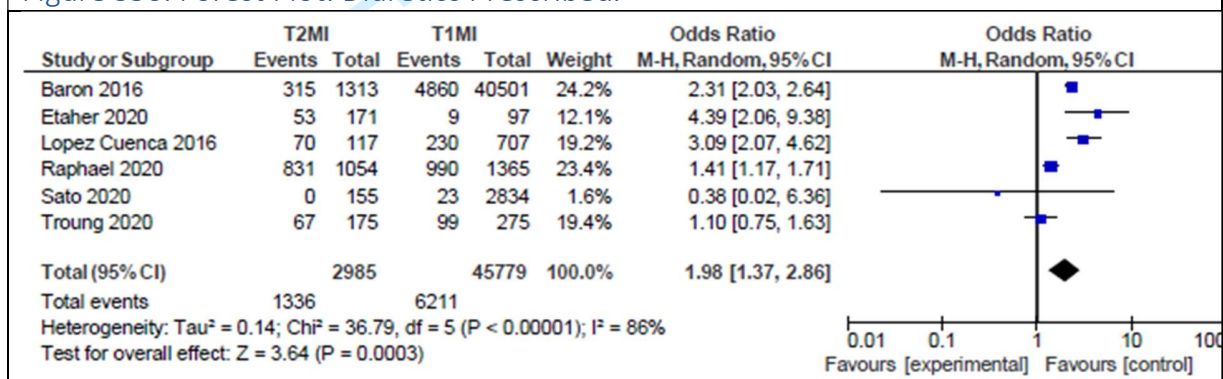


Figure S37. Forest Plot. Statins Prescribed.

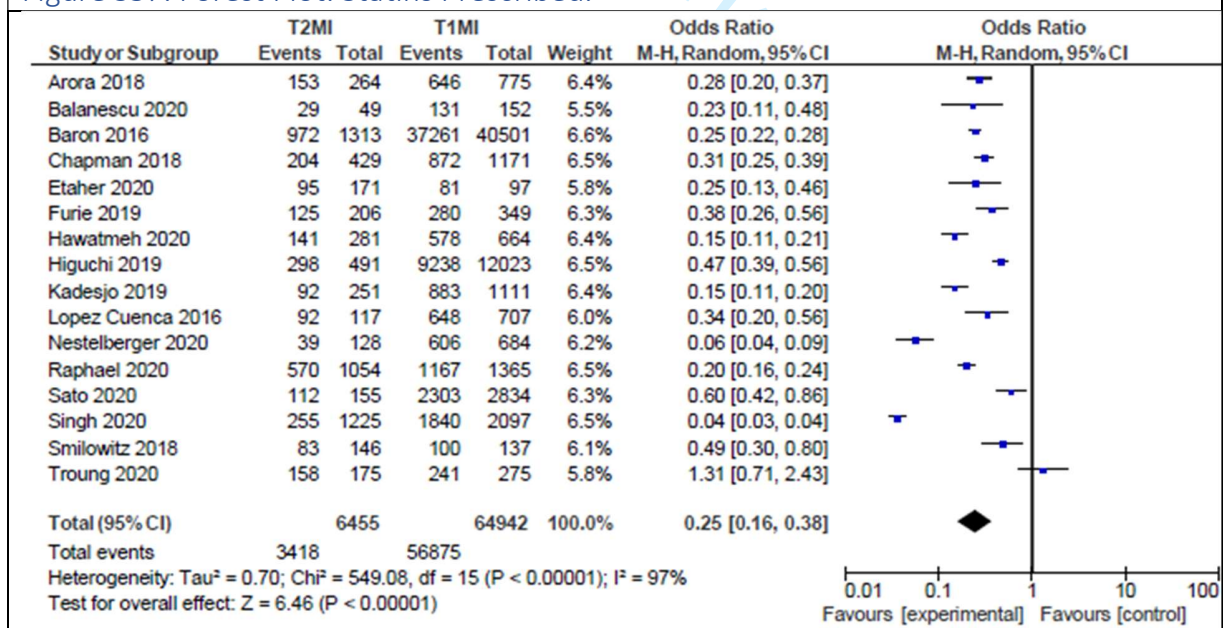


Figure S38. Forest Plot. Percutaneous Coronary Intervention Performed.

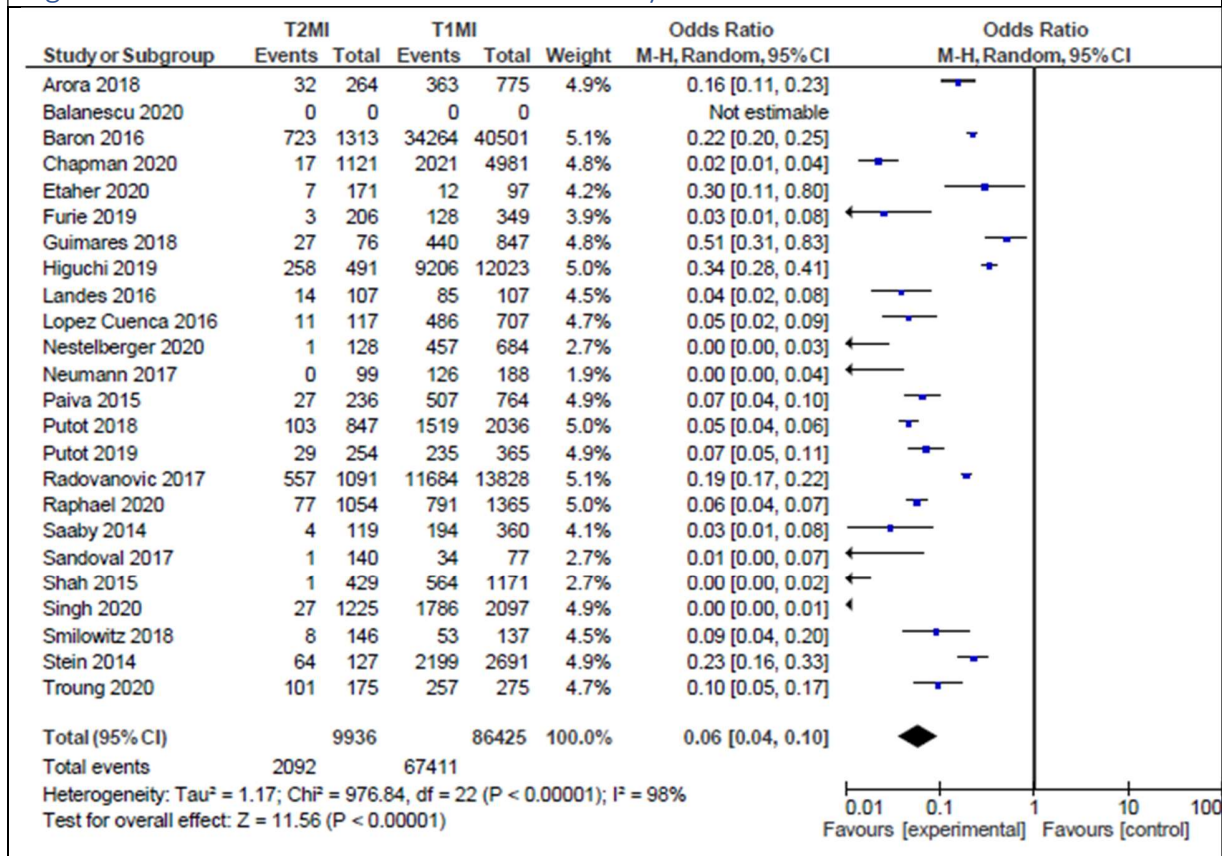


Figure S39. Forest Plot. Coronary Artery Bypass Graft Performed.

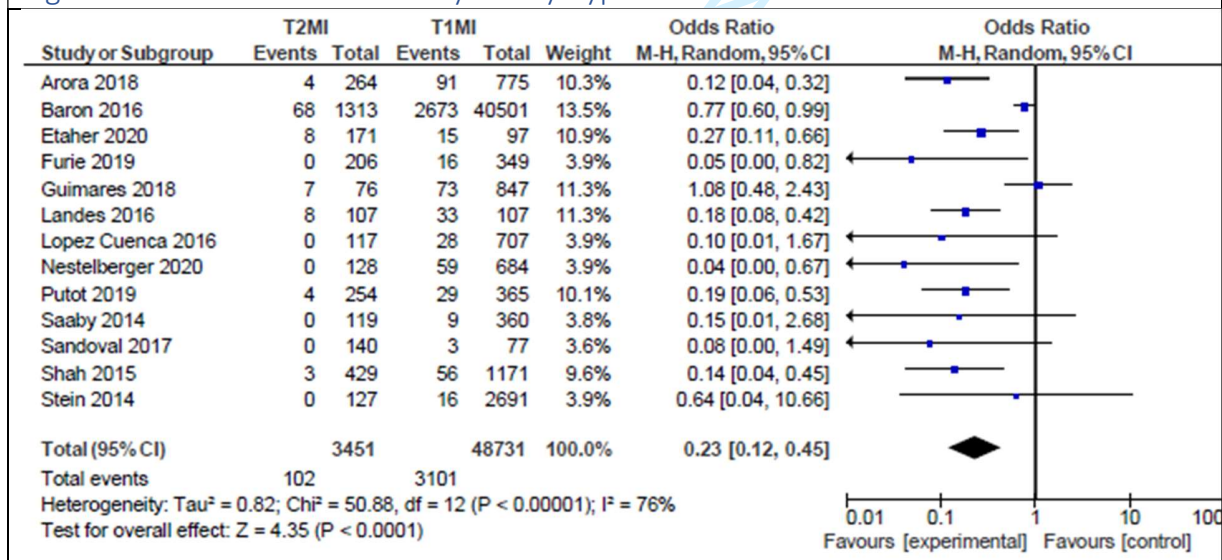


Figure S40. All cause In-hospital mortality. T2MI compared to T1MI.

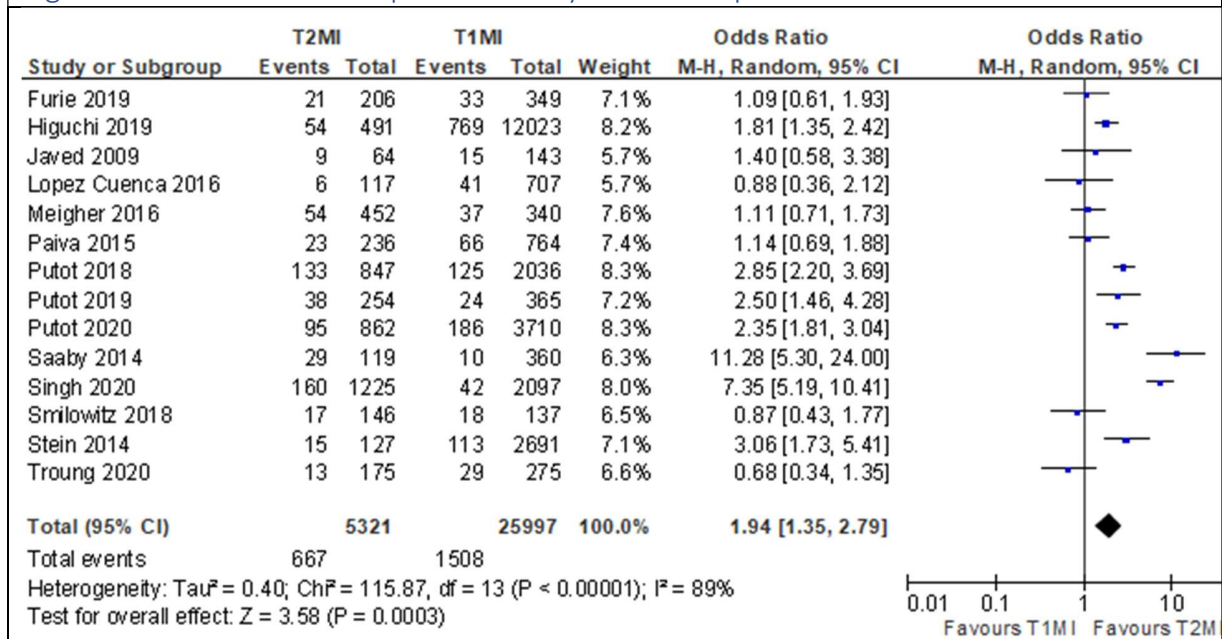


Figure S41. Short-term all-cause mortality. T2MI compared to T1MI.

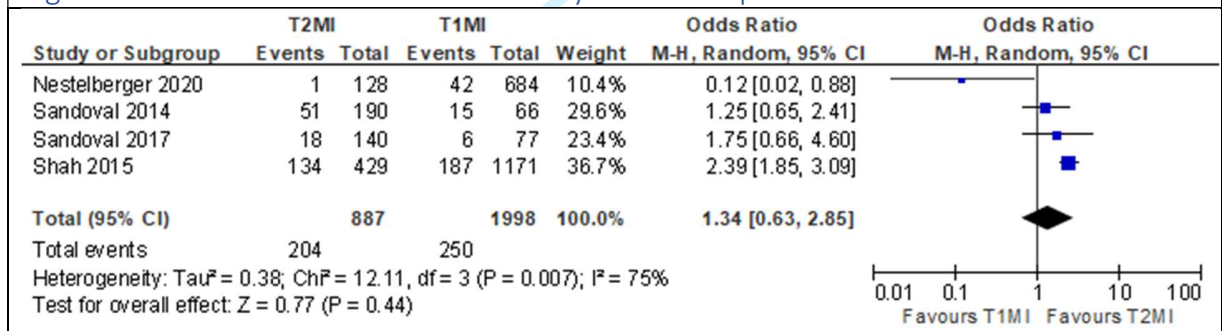


Figure S42. Two-year all-cause mortality. T2MI compared to T1MI.

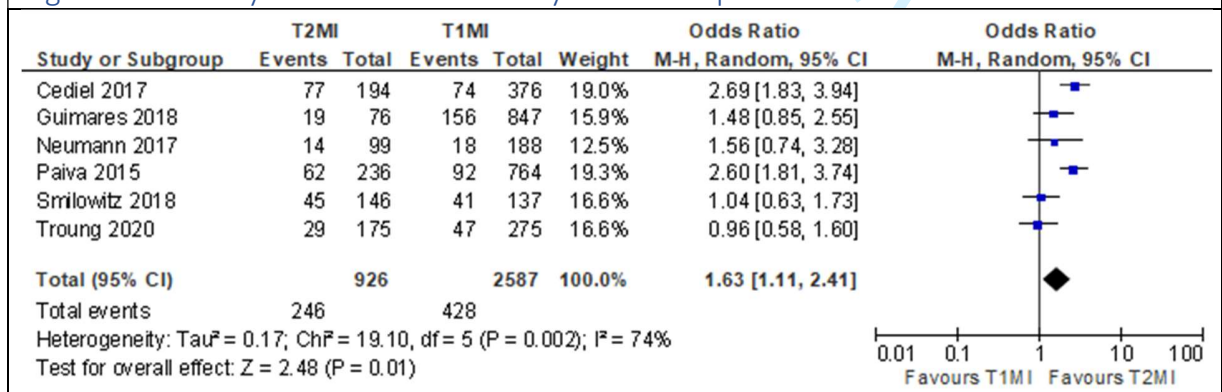


Figure S43. Three-year all-cause mortality. T2MI compared to T1MI.

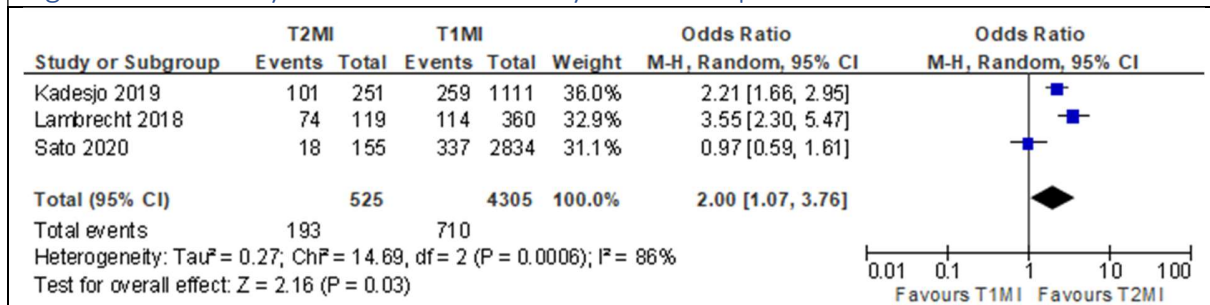


Figure S44. CVS In-hospital mortality. T2MI compared to T1MI.

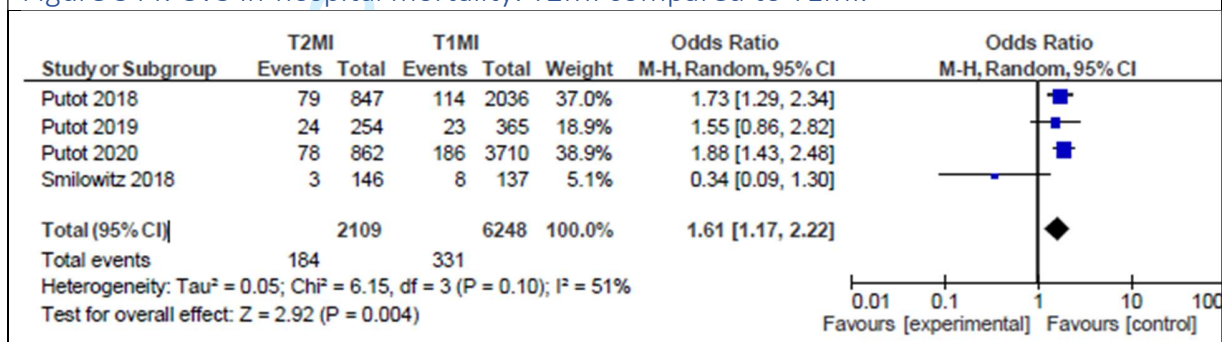


Figure S45. Funnel Plot. All-cause In-hospital mortality. T2MI compared to T1MI.

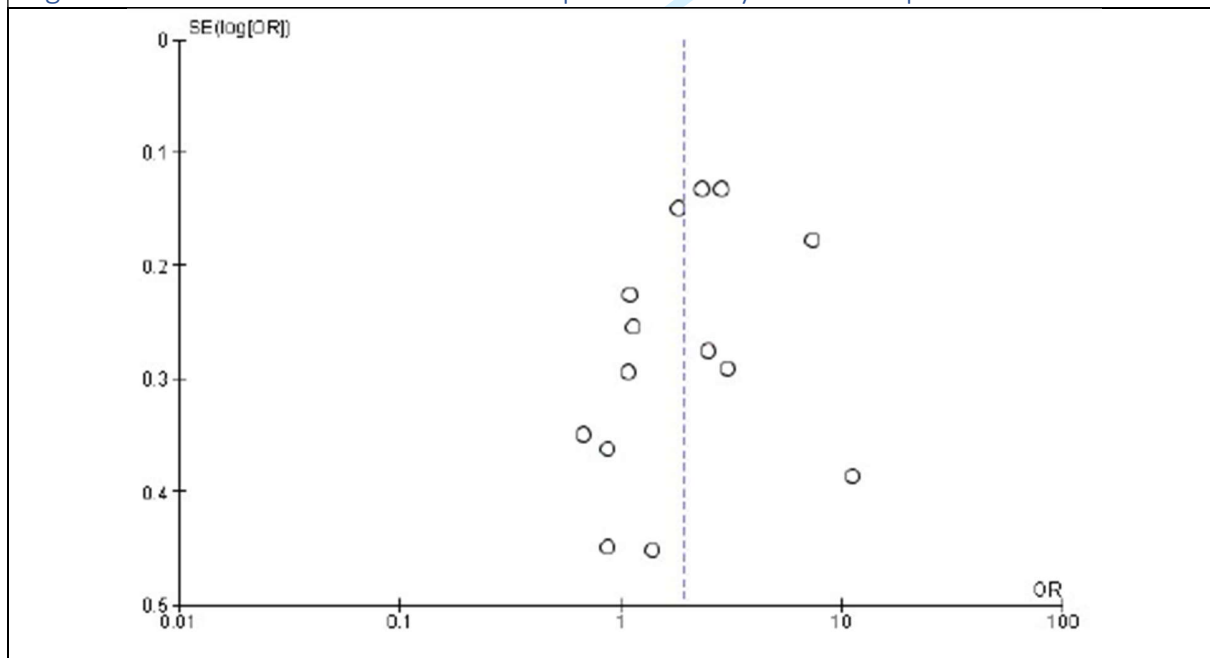
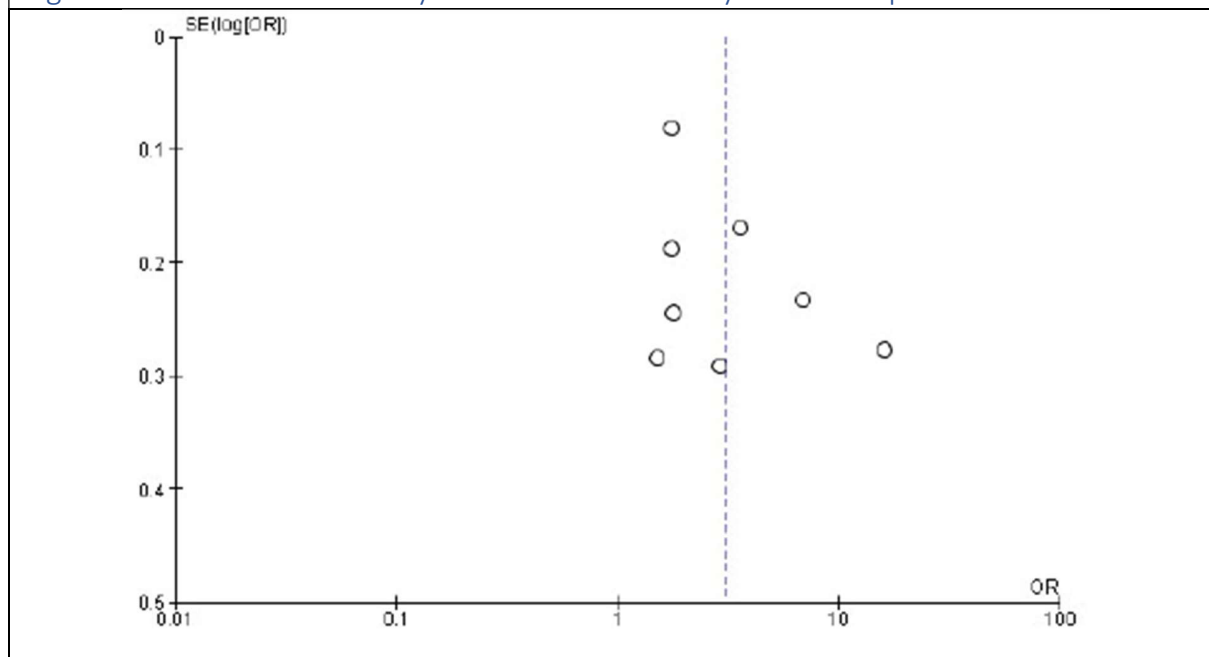


Figure S46. Funnel Plot. One-year All-cause mortality, T2MI compared to T1MI.



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PRISMA 2020 Checklist

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Section and Topic	Item #	Checklist item	Location where item is reported
TITLE			
Title	1	Identify the report as a systematic review.	1
ABSTRACT			
Abstract	2	See the PRISMA 2020 for Abstracts checklist.	3
INTRODUCTION			
Rationale	3	Describe the rationale for the review in the context of existing knowledge.	4
Objectives	4	Provide an explicit statement of the objective(s) or question(s) the review addresses.	4
METHODS			
Eligibility criteria	5	Specify the inclusion and exclusion criteria for the review and how studies were grouped for the syntheses.	4
Information sources	6	Specify all databases, registers, websites, organisations, reference lists and other sources searched or consulted to identify studies. Specify the date when each source was last searched or consulted.	4
Search strategy	7	Present the full search strategies for all databases, registers and websites, including any filters and limits used.	Supp
Selection process	8	Specify the methods used to decide whether a study met the inclusion criteria of the review, including how many reviewers screened each record and each report retrieved, whether they worked independently, and if applicable, details of automation tools used in the process.	4
Data collection process	9	Specify the methods used to collect data from reports, including how many reviewers collected data from each report, whether they worked independently, any processes for obtaining or confirming data from study investigators, and if applicable, details of automation tools used in the process.	4
Data items	10a	List and define all outcomes for which data were sought. Specify whether all results that were compatible with each outcome domain in each study were sought (e.g. for all measures, time points, analyses), and if not, the methods used to decide which results to collect.	4
	10b	List and define all other variables for which data were sought (e.g. participant and intervention characteristics, funding sources). Describe any assumptions made about any missing or unclear information.	4
Study risk of bias assessment	11	Specify the methods used to assess risk of bias in the included studies, including details of the tool(s) used, how many reviewers assessed each study and whether they worked independently, and if applicable, details of automation tools used in the process.	5
Effect measures	12	Specify for each outcome the effect measure(s) (e.g. risk ratio, mean difference) used in the synthesis or presentation of results.	5
Synthesis methods	13a	Describe the processes used to decide which studies were eligible for each synthesis (e.g. tabulating the study intervention characteristics and comparing against the planned groups for each synthesis (item #5)).	5
	13b	Describe any methods required to prepare the data for presentation or synthesis, such as handling of missing summary statistics, or data conversions.	5
	13c	Describe any methods used to tabulate or visually display results of individual studies and syntheses.	5
	13d	Describe any methods used to synthesize results and provide a rationale for the choice(s). If meta-analysis was performed, describe the model(s), method(s) to identify the presence and extent of statistical heterogeneity, and software package(s) used.	5
	13e	Describe any methods used to explore possible causes of heterogeneity among study results (e.g. subgroup analysis, meta-regression).	5
	13f	Describe any sensitivity analyses conducted to assess robustness of the synthesized results.	N/A
Reporting bias assessment	14	Describe any methods used to assess risk of bias due to missing results in a synthesis (arising from reporting biases).	5
Certainty	15	Describe any methods used to assess certainty (or confidence) in the body of evidence for an outcome.	N/A



PRISMA 2020 Checklist

Section and Topic	Item #	Checklist item	Location where item is reported
assessment			
RESULTS			
Study selection	16a	Describe the results of the search and selection process, from the number of records identified in the search to the number of studies included in the review, ideally using a flow diagram.	5
	16b	Cite studies that might appear to meet the inclusion criteria, but which were excluded, and explain why they were excluded.	5
Study characteristics	17	Cite each included study and present its characteristics.	Supp
Risk of bias in studies	18	Present assessments of risk of bias for each included study.	Supp
Results of individual studies	19	For all outcomes, present, for each study: (a) summary statistics for each group (where appropriate) and (b) an effect estimate and its precision (e.g. confidence/credible interval), ideally using structured tables or plots.	Supp
Results of syntheses	20a	For each synthesis, briefly summarise the characteristics and risk of bias among contributing studies.	Supp
	20b	Present results of all statistical syntheses conducted. If meta-analysis was done, present for each the summary estimate and its precision (e.g. confidence/credible interval) and measures of statistical heterogeneity. If comparing groups, describe the direction of the effect.	Supp
	20c	Present results of all investigations of possible causes of heterogeneity among study results.	Supp
	20d	Present results of all sensitivity analyses conducted to assess the robustness of the synthesized results.	N/A
Reporting biases	21	Present assessments of risk of bias due to missing results (arising from reporting biases) for each synthesis assessed.	N/A
Certainty of evidence	22	Present assessments of certainty (or confidence) in the body of evidence for each outcome assessed.	N/A
DISCUSSION			
Discussion	23a	Provide a general interpretation of the results in the context of other evidence.	7
	23b	Discuss any limitations of the evidence included in the review.	9
	23c	Discuss any limitations of the review processes used.	9
	23d	Discuss implications of the results for practice, policy, and future research.	9
OTHER INFORMATION			
Registration and protocol	24a	Provide registration information for the review, including register name and registration number, or state that the review was not registered.	4
	24b	Indicate where the review protocol can be accessed, or state that a protocol was not prepared.	4
	24c	Describe and explain any amendments to information provided at registration or in the protocol.	N/A
Support	25	Describe sources of financial or non-financial support for the review, and the role of the funders or sponsors in the review.	N/A
Competing interests	26	Declare any competing interests of review authors.	N/A
Availability of data, code and other materials	27	Report which of the following are publicly available and where they can be found: template data collection forms; data extracted from included studies; data used for all analyses; analytic code; any other materials used in the review.	N/A



PRISMA 2020 Checklist

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