Abbreviation	Instrument	
AWS	Areas of Worklife Scale	
ASA Adulthood Separation Anxiety		
BES-A	Adaptation of the	
	Basic Empathy Scale - short version	
BDI	Beck depression inventory	
BRCOPE Brief Coping Orientation to Prob		
	Experienced	
BRCS	Brief Resilience Coping Scale	
BRS	Brief Resilience Scale	
BSI-18	Brief Symptom Inventory-18	
CAGE-AID	Substance Abuse Screening Tool	
СВІ	Copenhagen Burnout Inventory	
CD-RISC	Connor-Davidson Resilience Scale	
CESQT Questionnaire for the Assessment		
	Workplace Burnout Syndrome	
СМВІ	15-item Chinese version of Maslach	
	Burnout Inventory	
COPM Canadian Occupational Performar Measure		
C-SSRS	Columbia-Suicide Severity Rating Scale	
CSES-SF	Coping Self-Efficacy Scale	
DASS-21	Depression Anxiety Stress Scales-21	
DD	Depersonalization / Derealization	
	inventory by Cox and Swinson (2002)	
DERS-18	Difficulties in Emotion Regulation scale	
DES	Dissociative Experiences Scale by	
	Bernstein and Putnam	
DRS-15	Dispositional Resilience Scale-15	
ESQ	Emergency Stress Questionnaire	
FEWS	Frankfurt Emotional Work Scale	
GAD	General anxiety disorder scale	
GAD-2	Generalized Anxiety Disorder 2	
GAD-7	General Anxiety Disorder–7	
GHQ-12	General Health Questionnaire-12	
GHQ-28	General Health Questionnaire-2	
GSES	General Self-Efficacy Scale	
HADS	Hospital Anxiety and Depression Scale	
	by Zigmond and Snaith	
HEI	Huaxi Emotional-Distress Index	
HRQoL	Health-related quality of life (RAND)	
IES	Impact of Event Scale	
IES-6		
ISI Insomnia Severity Index		

JCQ	Job Content Questionnaire	
JSS	Job Stress scale (by Sosik and	
	Goldshalk (2000)	
MBI Maslach burnout inventory		
MBI-HSS	Maslach Burnout Inventory Human	
	Service Survey	
MIES	Moral Injury Events Scale	
MOS-SSS Medical Outcomes Study Social		
	Support Survey	
MSPSS	Multidimensional Scale of Perceived	
	Social Support	
NSS	Nurses Stress Scale by Gray-Toft and	
	Anderson	
OLBI	Oldenburg Burnout Inventory	
OPS	Optimism-Pessimism Scale (by Caliskan and Uzunkol (2018)	
PCL-5	Post-traumatic stress disorder checklist	
PC-PTSD	Primary Care Post-traumatic Stress	
	Disorder Screen	
PFI	Stanford Professional Fulfilment Index	
PHQ-9	Patient Health Questionnaire–9	
PROMIS Patient-Reported Outcomes		
	Measurement Information System	
ProQOL	Professional Quality of Life Scale	
PSQI	Pittsburgh Sleep Quality Index	
PSQI	Pittsburgh Sleep Quality Index by	
	Buysse et al.	
PSS	Perceived stress scale	
PSSS	perceived social support scale	
PWBI	Mayo Clinic	
	Physician Well-Being Index	
RS-14	14-Item Resilience Scale	
RSA	Resilience scale for adults	
RSES	Rosenberg Self-Esteem Scale	
SAS	Self-Rating Anxiety Scale	
SASRQ / SASR	Stanford Acute Stress Reaction Questionnaire	
5000		
SCSQ	Simplified coping style questionnaire	
SDQ	Strengths and Difficulties Questionnaire	
SOS	Stress overload Scale	
SSRS	Social Support Rate Scale	
STAIsv State-Trait Anxiety Inventory by		
Marteau and Bekker		
STSS	Secondary Traumatic Stress Scale	
L	,	

	Wellbeing Scale
SWLS	Satisfaction with Life Scale
TCSQ	20-item Trait Coping Style Questionnaire
TMMS-24	Trait Meta-Mood Scale
UNIPSICO Battery	Unidad de Investigación Psicosocial de La Conducta Organizacional Battery
WRQOL	TheWork-Related Quality of Life Scale
	Copenhagen Burnout Inventory Scale- 19 items