

**S3 Table. Sociodemographic, anthropometric and clinical characteristics of the Minho cohort. N (%)**

- number of individuals and corresponding percentage; remaining data is presented as medians with interquartile range in square brackets. FEV<sub>1</sub> - Forced Expiratory Volume in 1-sec in litres; FVC - Forced Vital Capacity in litres; n.d. - no data available.

Characteristics	Minho
	Healthy (n=380)
Age (years)	66 [53, 72]
Gender (Male), n (%)	183 (48.2%)
Body mass Index (Kg/m <sup>2</sup> )	27.65 [25.1, 30.45]
FEV <sub>1</sub> (Litres)	n.d.
FEV <sub>1</sub> /FVC	n.d.