Supplementary Online Content

Loggers SAI, Willems HC, Van Balen R, et al; FRAIL-HIP Study Group. Evaluation of quality of life after nonoperative or operative management of proximal femoral fractures in frail institutionalized patients: the FRAIL-HIP study. *JAMA Surg.* Published online March 2, 2022. doi:10.1001/jamasurg.2022.0089

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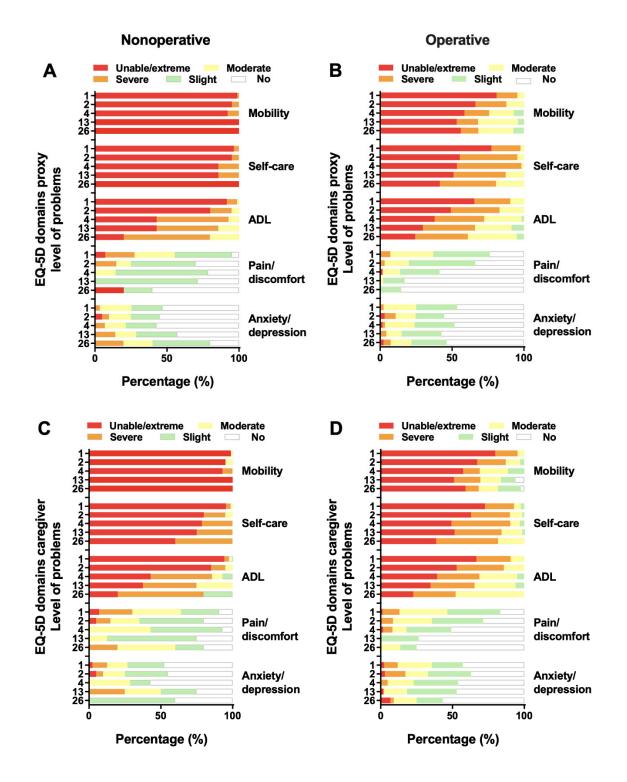
This supplementary material has been provided by the authors to give readers additional information about their work.

		Nonoperative					Operative				P-value	
EQ5D		Ν	Proxy	Ν	Caregiver	Ν	Proxy	Ν	Caregiver	Proxy	Caregiver	
Utility	W1	83	0.17 (0.11-0.23)	86	0.13 (0.06-0.21)	84	0.26 (0.20-0.33)	84	0.21 (0.13-0.29)	<.001	.002	
	W2	20	0.19 (0.10-0.27)	20	0.17 (0.07-0.28)	65	0.28 (0.22-0.35)	70	0.23 (0.15-0.32)			
	W4	14	0.24 (0.15-0.34)	14	0.21 (0.09-0.33)	58	0.34 (0.28-0.41)	61	0.33 (0.25-0.42)			
	W12	7	0.27 (0.15-0.39)	8	0.16 (0.02-0.30)	47	0.40 (0.33-0.47)	49	0.37 (0.28-0.45)			
	W24	5	0.20 (0.07-0.34)	5	0.21 (0.05-0.36)	41	0.39 (0.32-0.46)	44	0.36 (0.27-0.45)			
VAS	W1	83	38 (32-43)	86	38 (33-42)	84	46 (41-52)	84	45 (40-50)	.001	<.001	
	W2	20	33 (26-40)	20	40 (32-47)	65	48 (43-54)	70	50 (44-55)			
	W4	14	33 (25-41)	14	39 (31-48)	58	50 (45-56)	61	53 (47-59)			
	W12	7	40 (30-50)	8	46 (36-56)	47	51 (46-57)	49	54 (48-60)			
	W24	5	33 (21-44)	5	43 (32-56)	41	53 (47-59)	44	55 (49-61)			

eTable 1. EQ5D Utility and VAS Scores for Proxies and Caregiver

Data are presented as mean (95% CI) with a p-value for the total effect of the mixed-effects regression model with regards to the effect of NOM and OM. EQ5D, EuroQoL-5D-5L; VAS, visual analog scale; W, Week

eFigure 1. EQ-5D Domains With the Levels of Problems per Domain and Point of Time in the Nonoperative and Operative Group



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The data are presented as percentage of total of patients alive at the different follow-up moments. The number of patients for whom data were available are the same as in Figure 1 for the proxies and caregivers.

ADL, Activities of daily life.

EQ5D	Mobility		Proxy			Caregiver	
		NOM	OM	р	NOM	ÔM	р
W1	n=	83	84		86	84	
	No			0.00			
	problems	-	-	1	-	-	<.001
	Slight	-	-		-	-	
	Moderate	-	4 (5%)		1 (1%)	4 (5%)	
	Severe	1 (1%)	12 (14%)		-	13 (16%)	
	Unable	82 (99%)	68 (81%)		85 (99%)	67 (80%)	
W2	n=	20	65		20	70	
	No			0.03			
	problems	-	-	7	-	-	.08
	Slight	-	-		-	2 (3%)	
	Moderate	-	8 (12%)		1 (5%)	7 (10%)	
	Severe	1 (5%)	14 (22%)		-	14 (20%)	
	Unable	19 (95%)	43 (66%)		19 (95%)	47 (67%)	
W4	n=	14	58		14	61	
	No			0.10			
	problems	-	-	4	-	-	.08
	Slight	-	4 (7%)		-	7 (12%)	
	Moderate	-	10 (17%)		-	12 (20%)	
	Severe	1 (7%)	10 (17%)		1 (7%)	7 (12%)	
	Unable	13 (92%)	34 (59%)		13 (93%)	35 (57%)	
W12	n=	7	47		8	49	
	No			0.13			
	problems	-	-	7	-	3 (6%)	.15
	Slight	-	2 (4%)		-	5 (10%)	
	Moderate	-	13 (28%)		-	7 (14%)	
	Severe	-	7 (15%)		-	9 (18%)	
	Unable	7 (100%)	25 (53%)		8 (100%)	25 (51%)	
W24	n=	5	41		5	44	
	No			0.30			
	problems	-	-	7	-	1 (2%)	.52
	Slight	-	3 (7%)		-	7 (16%)	
	Moderate	-	10 (24%)		-	6 (14%)	
	Severe	-	5 (12%)		-	4 (9%)	
	Unable	5 (100%)	23 (56%)		5 (100%)	26 (59%)	

eTable 2. EQ5D Mobility Domain With Levels of Problems per Point of Time

			Proxy		(Caregiver	
EQ5D						0	
Self-c	are	NOM	ОМ	р	NOM	Μ	р
W1	n=	83	84		86	84	
	No problems	-	-	0.001	-	-	.001
	Slight	-	-		-	2 (2%)	
	Moderate	-	2 (2%)		1 (1%)	4 (5%)	
	Severe	3 (4%)	17 (20%)		3 (4%)	17 (20%)	
	Unable	80 (96%)	65 (77%)		82 (95%)	61 (73%)	
W2	n=	20	65		20	70	
	No problems	-	-	0.005	-	-	.54
	Slight	-	-		-	1 (1%)	
	Moderate	-	3 (5%)		1 (5%)	6 (9%)	
	Severe	1 (5%)	26 (40%)		3 (15%)	19 (27%)	
	Unable	19 (95%)	36 (55%)		16 (80%)	44 (63%)	
W4	n=	14	58		14	61	
	No problems	-	-	0.086	-	-	.23
	Slight	-	-		-	2 (3%)	
	Moderate	-	1 (2%)		-	4 (7%)	
	Severe	2 (14%)	26 (45%)		3 (21%)	25 (41%)	
	Unable	12 (86%)	31 (53%)		11 (79%)	30 (49%)	
W12	n=	7	47		8	49	
	No problems	-	-	0.214	-	-	.54
	Slight	-	-		-	1 (2%)	
	Moderate	-	6 (13%)		-	7 (14%)	
	Severe	1 (14%)	17 (36%)		2 (25%)	16 (33%)	
	Unable	6 (86%)	24 (51%)		6 (75%)	25 (51%)	
W24	n=	5	41		5	44	
	No problems	-		0.047	-	-	.49
	Slight	-			-	-	
	Moderate	-	8 (20%)		-	8 (18%)	
	Severe	-	16 (39%)		2 (40%)	19 (43%)	
	Unable	5 (100%)	17 (42%)		3 (60%)	17 (39%)	

eTable 3. EQ5D Self-Care Domain With Levels of Problems per Point of Time

EQ5D			Proxy			aregiver	
Activities	of daily life	NOM	ОМ	р	NOM	ОМ	р
W1	n=	83	84		86	84	
	No						
	problems	-	-	< 0.001	1 (1%)	-	<.001
	Slight	-	-		-	-	
	Moderate	1 (1%)	8 (10%)		1 (1%)	10%	
	Severe	6 (7%)	21 (25%)		3 (4%)	24%	
		76					
	Unable	(92%)	55 (66%)		81 (94%)	67%	
W2	n=	20	65		20	70	
	No						
	problems	-	-	0.051	-	-	.04
	Slight	-	-		-	-	
	Moderate	1 (5%)	11 (17%)		1 (5%)	10 (14%)	
	Severe	3 (1%)	22 (34%)		2 (10%)	23 (33%)	
		16					
	Unable	(80%)	32 (49%)		17 (85%)	37 (53%)	
W4	n=	14	58		14	61	
	No						
	problems	-	-	0.421	-	-	.46
	Slight	-	1 (2%)		1 (7%)	3 (5%)	
	Moderate	1 (7%)	15 (25%)		1 (7%)	16 (26%)	
	Severe	7 (50%)	20 (35%)		6 (43%)	18 (30%)	
	Unable	6 (43%)	22 (38%)		6 (43%)	24 (39%)	
W12	n=	7	47		8	49	
	No						
	problems	-	-	0.724	-	-	.89
	Slight	-	4 (9%)		-	3 (6%)	
	Moderate	1 (14%)	12 (26%)		2 (25%)	14 (29%)	
	Severe	3 (43%)	17 (36%)		3 (38%)	15 (31%)	
	Unable	3 (43%)	14 (30%)		3 (38%)	17 (35%)	
W24	n=	5	41		5	44	
	No						
	problems	-	-	0.758	-	-	.006
	Slight	-	2 (5%)		1 (20%)	-	
	Moderate	1 (20%)	14 (34%)		-	21 (48%)	
	Severe	3 (60%)	15 (37%)		3 (60%)	13 (30%)	1
	Unable	· · · · · ·	10 (24%)		1 (20%)	10 (23%)	

eTable 4. EQ5D Activities of Daily Life Domain With Levels of Problems per Point of Time

EQ5D			Proxy		(Caregiver	
Pain/o	liscomfort	NOM	OM	р	NOM	OM	р
W1	n=	83	84	-	86	84	
	No	4 (5%)	20 (24%)	< 0.001	8 (9%)	14 (17%)	.05
	Slight	33 (40%)	33 (39%)		23 (27%)	31 (37%)	
	Moderate	23 (28%)	25 (30%)		29 (34%)	28 (33%)	
	Severe	17 (21%)	6 (7%)		20 (23%)	10 (12%)	
	Extreme	6 (7%)	-		6 (7%)	1 (1%)	
W2	n=	20	65		20	70	
	No	6 (30%)	22 (34%)	0.236	4 (20%)	20 (29%)	.33
	Slight	9 (45%)	30 (46%)		9 (45%)	25 (36%)	
	Moderate	2 (10%)	11 (17%)		4 (20%)	19 (27%)	
	Severe	3 (15%)	2 (3%)		2 (10%)	6 (9%)	
	Extreme	-	-		1 (5%)	-	
W4	n=	14	58		14	61	
	No	3 (21%)	34 (59%)	0.053	1 (7%)	31 (51%)	.004
	Slight	9 (64%)	16 (28%)		7 (50%)	19 (31%)	
	Moderate	2 (14%)	7 (12%)		6 (43%)	6 (10%)	
	Severe	-	-		-	4 (7%)	
	Extreme	-	1 (2%)		-	1 (2%)	
W12	n=	7	47		8	49	
	No	2 (29%)	39 (83%)	0.004	2 (25%)	36 (74%)	.003
	Slight	5 (71%)	7 (15%)		5 (63%)	13 (27%)	
	Moderate	-	1 (2%)		1 (13%)	-	
	Severe	-	-		-	-	
	Extreme	-	-		-	-	
W24	n=	5	41		5	44	
	No	3 (60%)	35 (85%)	0.013	1 (20%)	33 (75%)	.005
	Slight	1 (20%)	6 (15%)		1 (20%)	5 (11%)	
	Moderate	-	-		2 (40%)	6 (14%)	
	Severe	-	-		1 (20%)	-	
	Extreme	1 (20%)	-		-	-	

eTable 5. EQ5D Pain/Discomfort Domain With Levels of Problems per Point of Time

EQ5D			Proxy		С	aregiver	
_	/depression	NOM	ОМ	р	NOM	ОМ	р
W1	n=	83	84		86	84	
	No	44 (53%)	39 (46%)	0.710	41 (48%)	36 (43%)	.60
	Slight	18 (22%)	24 (29%)		22 (26%)	18 (21%)	
	Moderate	18 (22%)	19 (23%)		12 (14%)	20 (24%)	
	Severe	3 (4%)	2 (2%)		9 (11%)	8 (10%)	
	Extreme	-	-		2 (2%)	2 (2%)	
W2	n=	20	65		20	70	
	No	11 (55%)	36 (55%)	0.988	9 (45%)	26 (37%)	.82
	Slight	4 (20%)	13 (20%)		6 (30%)	21 (30%)	
	Moderate	3 (15%)	9 (14%)		3 (15%)	11 (16%)	
	Severe	1 (5%)	5 (8%)		1 (5%)	10 (14%)	
	Extreme	1 (5%)	2 (3%)		1 (5%)	2 (3%)	
W4	n=	14	58		14	61	
	No	8 (57%)	28 (48%)	0.734	8 (57%)	28 (46%)	.43
	Slight	3 (21%)	16 (28%)		2 (14%)	19 (31%)	
	Moderate	2 (14%)	12 (21%)		4 (29%)	11 (18%)	
	Severe	1 (7%)	1 (2%)		_	3 (5%)	
	Extreme	-	1 (2%)		-	-	
W12	n=	7	47		8	49	
	No	3 (43%)	27 (57%)	0.703	2 (25%)	23 (47%)	.008
	Slight	2 (29%)	13 (28%)		2 (25%)	17 (35%)	
	Moderate	1 (14%)	5 (11%)		2 (25%)	8 (16%)	
	Severe	1 (14%)	2 (4%)		2 (25%)	-	
	Extreme	-	-		_	1 (2%)	
W24	n=	5	41		5	44	
	No	1 (20%)	22 (54%)	0.526	3 (40%)	25 (58%)	.29
	Slight	2 (40%)	10 (24%)		3 (60%)	8 (18%)	
	Moderate	1 (20%)	6 (15%)		-	7 (16%)	
	Severe	1 (20%)	2 (5%)		-	1 (2%)	
	Extreme	-	1 (2%)		-	3 (7%)	

eTable 6. EQ5D Activities of Daily Life Domain With Levels of Problems per Point of Time

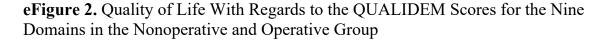
The number are presented as percentage of total of patients alive at the particular point of time.

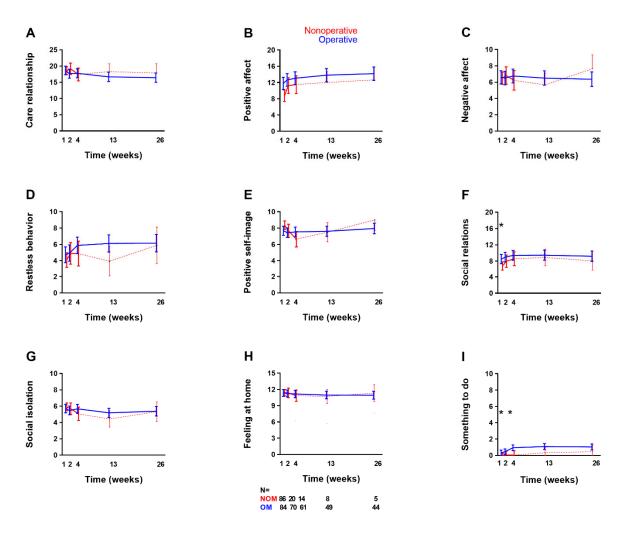
EQ5D, EuroQoL-5D-5L; NOM, nonoperative management; OM, operative management; W, Week

		Nonoper	ative (N=88)		
	n=	Bed-bound	Bed- chair	Few steps*	Mobile
Baseline	88	-	15 (17%)	24 (14%)	57 (65%)
W1	88	79 (90%)	8 (9%)	-	1 (1%)
W2	24	12 (50%)	11 (46%)	-	1 (4%)
W4	16	2 (18%)	9 (82%)	-	-
W12	11	2 (18%)	9 (82%)	-	-
W24	8	1 (13%)	7 (88%)	-	-
		Operat	ive (N=84)		
	n=	Bed-bound	Bed-chair	Few steps*	Mobile
Baseline	84	-	10 (12%)	8 (10%)	66 (79%)
W1	84	16 (19%)	50 (60%)	15 (17%)	4 (5%)
W2	73	8 (11%)	44 (60%)	10 (14%)	11 (15%)
W4	70	6 (9%)	39 (56%)	8 (11%)	17 (24%)
W12	57	1 (2%)	31 (54%)	6 (11%)	19 (33%)
W24	48	-	28 (58%)	2 (4%)	18 (38%)
Maximum r	nobility	y at last follow-up	visit (% of tota	1)	
	Nono	perative (N=88)	Operativ	ve (N=84)	р
Bed-bound	78 (89%)		15 (18%)	<.001
Bed-chair		10 (11%)	45 (:		
Few steps*		-	5 (
Mobile		-	19 (2	22%)	

eTable 7. Mobility	V Outcomes	per Study Arn	n and Point of Time
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Data are presented as number (% of total still alive) or number (% of total) * Few steps; few steps possible with an action radius of <10 meters FU, Follow-up; W, Week





Data are presented as mean (95% CI). The table displays the number of patients featuring with a measurement at the different points of time. The numbers below the figure indicate the number of patients for whom EQ-5D scores could be determined at the different follow up moment. The dotted line represents unadjusted measurements featuring less than 10 patients. Note that there are varying maximum scores per domain.

*statistical difference (p<0.05).

NOM, nonoperative management; OM, operative management

	NOM	ОМ	р	NOM	ОМ	р	NOM	ОМ	р
	Care relation	nship (0-21)	I	Positive affect (0-18)			Negative affect (0-9)		
W1	19 (17-20)	19 (17-20)	.22	9 (7-10)	12 (10-13)	0.001	6 (6-7)	7 (6-7)	.94
W2	19 (17-21)	18 (16-19)		11 (9-13)	13 (11-14)		7 (6-8)	6 (6-7)	
W4	17 (15-19)	18 (16-19)		11 (9-14)	13 (11-15)		6 (5-7)	7 (6-8)	
W12	18 (16-21)	17 (15-18)		12 (9-15)	14 (12-15)		6 (4-7)	6 (6-7)	
W24	18 (15-21)	16-(15-18)		13 (10-16)	14 (13-16)		8 (6-9)	6 (5-7)	
	Restless tens	e behavior (0	-9)	Positive self-	image (0-9		Social relatio	ns (0-18)	
W1	4 (3-5)	5 (4-6)	.09	8 (7-8)	8 (8-9)	.45	7 (7-10)	8 (7-10)	.07
W2	5 (4-6)	5 (4-6)		7 (7-8)	8 (7-8)		8 (8-10)	9 (8-10)	
W4	5 (3-6)	6 (5-7)		8 (7-8)	7 (6-8)		9 (8-11)	9 (8-11)	
W12	4 (2-6)	6 (5-7)		8 (7-8)	7 (6-9)		9 (8-11)	9 (8-11)	
W24	6 (4-8)	6 (5-7)		8 (7-9)	9 (8-9)		8 (8-10)	9 (8-10)	
	Social isolati	on (0-9)		Feeling at ho	ome (0-12)		Having some	thing to do	(0-6)
W1	6 (5-6)	6 (5-6)	.44	11 (11-12)	11 (11-12)	>.99	0 (0-0)	0 (0-1)	<.001
W2	6 (5-6)	5 (5-6)		11 (10-12)	11 (11-12)		0 (0-1)	0 (0-1)	
W4	5 (4-6)	6 (5-6)		11 (10-12)	11 (10-12)		0 (0-1)	1 (1-1)	
W12	4 (3-5)	5 (5-6)		11 (9-12)	11 (10-12)		0 (0-1)	1 (1-1)	
W24	5 (4-7)	5 (5-6)		11 (18-13)	11 (10-12)		0 (0-1)	1 (1-1)	

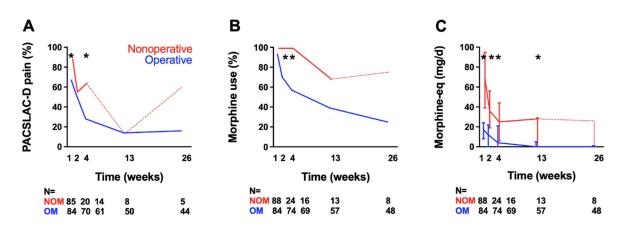
eTable 8. Quality of Life With Regards to the QUALIDEM Scores for the Nine Domains

Data are presented as mean (95% CI) with a p-value for the total effect of the mixed-effects regression model with regards to the effect of NOM and OM. QUALIDEM score: higher scores indicate a better quality of life.

Nonoperative responses per FU stage: W1=86, W2= 20, W4= 14, W12= 8, W24= 5 Operative responses per FU stage: W1=84, W2= 70, W4= 61, W12= 49, W24= 44

NOM, nonoperative management; OM, operative management; W, week; FU, Follow-up

eFigure 3. Level of Pain and Morphine Administration During the Study Period in the Nonoperative and Operative Group



Data are presented as percentages of patients still alive or median (P₂₅-P₇₅). The dotted line represents measurements with less than 10 patients, in which case no statistical calculations were performed. The table displays the number of patients featuring with a measurement at the different points of time.

*statistical difference (p<0.05).

Morphine-eq (mg/d), Oral morphine equivalent of 1 mg per day; NOM, nonoperative management; OM, operative management.

	Nonoperative			Operative			P-value	
PACSLAC-D	n	Media	≥4 (pain)	n	Median	≥4 (pain)	Medi	≥4
		n					an	(pain)
W1	85	6 (4-9)	75 (88%)	84	4.5 (2-8)	56 (67%)	.01	.001
W2	20	4 (1-6)	11 (55%)	70	4 (0-6)	37 (53%)	.76	>.99
W4	14	4 (1-5)	9 (64%)	61	0 (0-5)	17 (28%)	.01	.14
W12	8	0 (0-2)	1 (13%)	50	0 (0-0)	7 (14%)	.46	.70
W24	5	5 (0-7)	3 (60%)	44	0 (0-1)	7 (16%)	.09	.05

eTable 9. Pain Based on PACSLAC-D Scores per Point of Time

Data are presented as median (P25-P75) or as n (%)

	Nonoperative			Operative			P-value	
Morphine	n	n (%)	Daily MG	n	n (%)	Daily MG	n (%)	Daily
use								MG
W1	88	87 (99%)	68 (39-95)	84	78 (93%)	17 (8-24)	.06	<.001
W2	24	23 (99%)	36 (19-56)	74	52 (70%)	12 (0-22)	.01	<.001
W4	16	15 (99%)	25 (6-44)	69	39 (57%)	4 (0-22)	.008	<.001
W12	13	9 (68%)	28 (0-29)	57	22 (39%)	4 (0-21)	.06	.002
W24	8	6 (75%)	26 (0-31)	48	12 (25%)	0 (0-5)	.01	.004
Total	88	88 (100%)	68 (38-95)	84	83 (99%)	6 (1-26)	.49	<.001

eTable 10. Morphine Administration per Point of Time

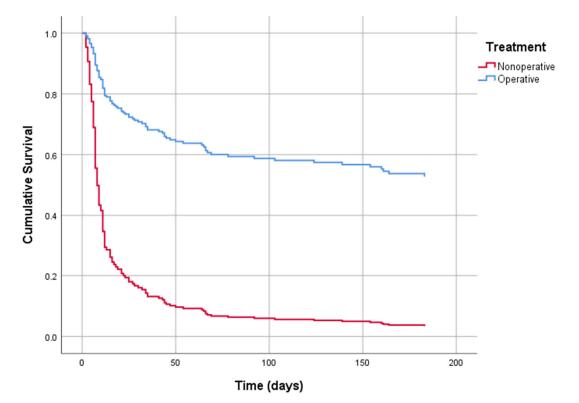
Data are presented as median (P25-P75) or as n (%)

Daily MG, Daily equivalent amount of 1 milligram of oral morphine per day

		Nonoperative	Operative
Characteristic		N=88	N=84
Mortality (% of total)	In hospital	4 (4.5%)	3 (4%)
	1 week	44 (50%)	3 (4%)
	2 weeks	66 (75%)	11 (13%)
	30-day	73 (83%)	21 (25%)
	3 months	80 (91%)	34 (40%)
	6 months	83 (94%)	40 (48%)
	Time to death	7 (5-12)	29 (12-62)
Cause of death		N=83	N=40
	Dehydration /cachexia	59 (71%)	15 (38%)
	Pneumonia	9 (11%)	9 (23%)
	Heart failure	5 (6%)	3 (8%)
	Surgery related	-	4 (10%)
	Urosepsis	2 (2%)	-
	Sepsis	1 (1%)	1 (3%)
	Other	1 (1%)	4 (10%)
	Unknown	7 (8%)	4 (10%)
Palliative sedation		41 (51%)	12 (31%)

eTable 11. Cumulative Mortality Rates and Cause of Death

Data are presented as number (% of total) or as number (% of death)



eFigure 4. Cox Proportional Hazard Survival Curve

Multivariable analysis of the survival over time in days with the Cox proportional hazard survival curve of patients treated nonoperatively and operatively adjusted for age, sex and ASA-classification.

							95% CI for Exp(B)		
Characteristic	В	SE	Wald	df	Sig.	Exp(B)	Lower	Upper	
Treatment (operative)	-1.666	0.202	68.260	1	<.001	0.189	0.127	0.281	
Sex (female)	427	0.216	3.911	1	.05	0.653	0.427	0.996	
Age (years)	0.022	0.014	2.392	1	.12	1.022	0.994	1.052	
ASA classification	076	0.174	0.189	1	.66	0.927	0.659	1.304	

ASA, American Society of Anesthesiologists

Treatment satisfaction (NRS)		Ν	NOM (N=84)	Ν	OM (N=84)	P-value
Proxy	Completed FU	5	8 (4-9)	41	8 (8-9)	.23
	Death prior to end of FU	79	8 (8-9)	39	8 (7-8)	.001
Healthcare provider	Completed FU	5	8 (4-9)	37	8 (7-9)	.48
	Death prior to end of FU	79	8 (8-9)	36	7 (5-8)	<.001
QODD	'Terrible-poor'	51	2 (4%)	21	0 (0%)	.34
	'Intermediate'		23 (45%)		13 (62%)	
	'Good-almost perfect'		26 (51%)		8 (38%)	

eTable 13. Treatment Satisfaction and Quality of Dying and Death

Data are presented as median (P25-P75) or as n (%)

NRS, Numeric Rating Scale; NOM, nonoperative management; OM, operative management; FU, Follow-up; QODD, Quality of Dying and Death