

Supplementary Table 1. Reflective measurement (lux)

| | Windowless | Window | P-value |
|-----|--------------------------|-------------------------------|---------|
| 10A | 892.75 (819.375–922.875) | 1,143.24 (1,092.375-1,267.75) | <0.001 |
| 2P | 908.25 (824.75–923.125) | 1,316 (1,237.5–1,455.875) | <0.001 |
| 6P | 909.75 (817.75–929.125) | 1,030.5 (991.5–1,091.125) | 0.001 |
| All | 904.75 (838.125–921.375) | 1,143.25 (1,074.625–1,280) | <0.001 |

Illuminance measured at different hours of the day in rooms with windows or without windows.

The digital light meter used was LUX HiTESTER 3423 manufactured by HIOKI.