



**Supplementary Fig. 4.** The forest plot for included studies pooled together using a random-effects model for assessing short-term (8–12weeks) functional outcome: comparison between platelet-rich plasma (PRP) injection and control interventions. The vertical line demonstrates no difference between the two intervention groups. SD: standard deviation, IV: inverse variance, CI: confidence interval; CS: comparator corticosteroid, HA: comparator hyaluronic acid, PT: comparator programmed physical therapy, Ex: comparator programmed exercise therapy