

Supplemental Figure S1. Cell viability images and quantification under Gln deprivation

Related to Figure 1

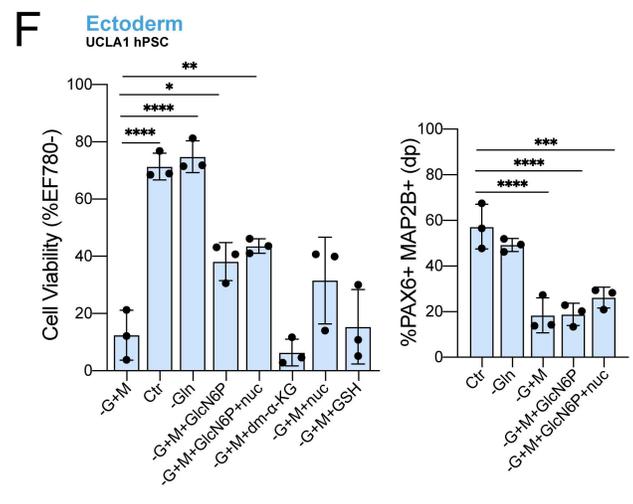
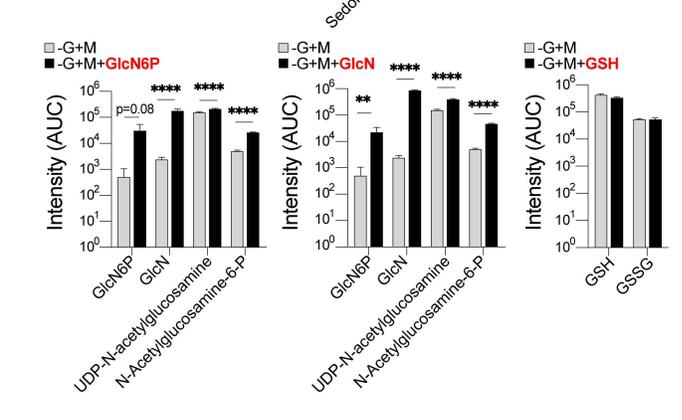
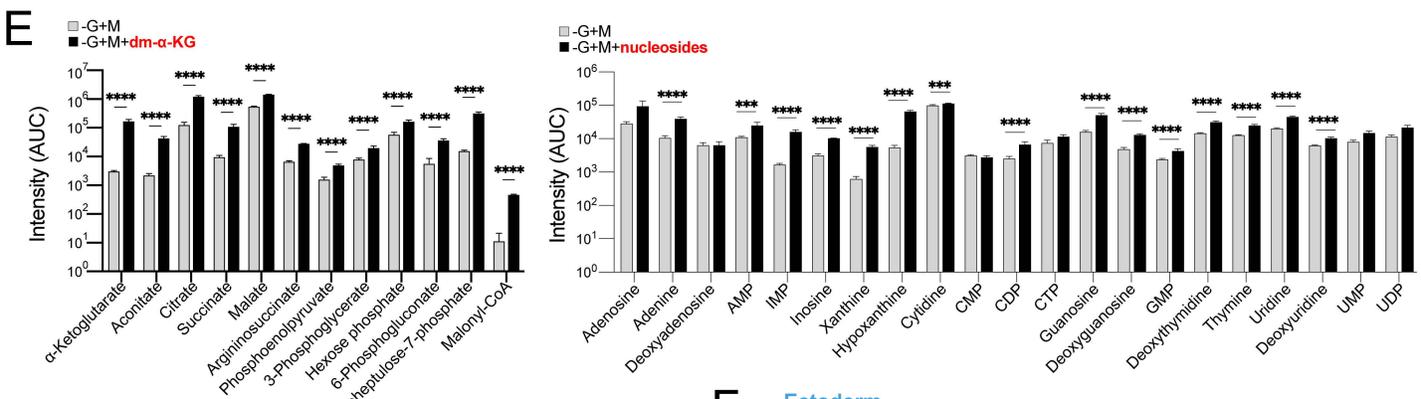
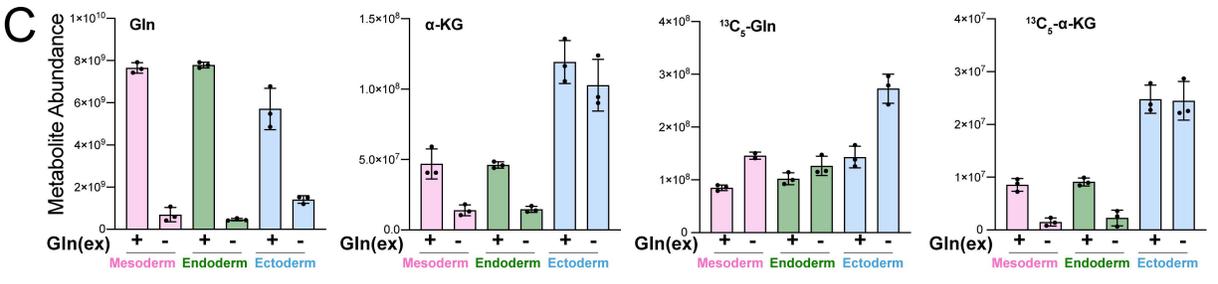
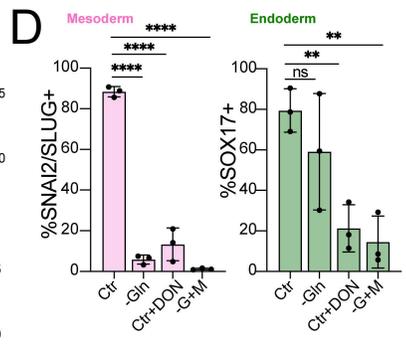
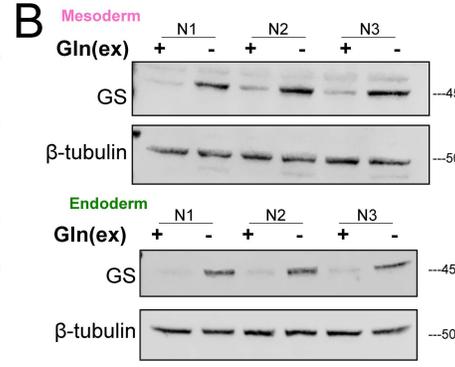
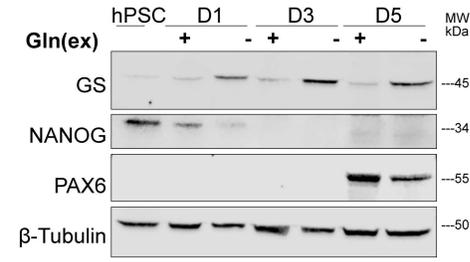
(A) Representative brightfield images of cell viability and confluency of D5 mesoderm, D3 endoderm, and D5 ectoderm grown in Gln-supplemented (Ctr), Gln-free (-Gln), or glutaminolysis-inhibited (+GLS1i) conditions. Scale bar indicates 500 μ m.

(B) Cell viability of UCLA1-derived D5 mesoderm (n=2) and ectoderm cells relative to Ctr.

(C) Immunoblot and densitometry quantification of phosphorylated pyruvate dehydrogenase (PDH) and total PDH expression after 24h 1 mM DCA treatment (n=2).

(D-F) Volcano plots of differential metabolite abundance in **(D)** -Gln vs Ctr, **(E)** GLS1i vs Ctr, and **(F)** -Gln vs GLS1i conditions, quantified by UHPLC-MS. Differential fold change is plotted against raw p values for each metabolite comparison.

Data represent mean \pm SD of n \geq 3 biological replicates unless indicated otherwise. *p \leq 0.05; **p \leq 0.01; ***p \leq 0.001. The p values were determined by **(B)** one-way ANOVA with correction for multiple comparisons, or **(D-F)** using the Student's t test



Supplemental Figure S2. Tri-lineage metabolomics profiles in Gln-free media

Related to Figure 2

(A-B) Immunoblot of GS expression in **(A)** UCLA1-derived ectoderm and **(B)** H9-derived mesoderm and endoderm cells differentiated in Gln-free media.

(C) Intracellular amounts of Gln, α -KG, $^{13}\text{C}_5$ -Gln, and $^{13}\text{C}_5$ - α -KG derived from $^{13}\text{C}_5$ -glutamic acid in D3 mesoderm, endoderm, and ectoderm cells grown in Gln-supplemented or Gln-free media.

(D) Percentage of (Left) D5 mesoderm (SNAI2/SLUG⁺) and (Right) D3 endoderm (SOX17⁺) cells grown in Gln-supplemented or Gln-free conditions with 50 μM DON or 1 mM MSO.

(E) Verification of intracellular uptake and conversion to related metabolites upon respective metabolite supplementations (denoted in red), quantified by UHPLC-MS. Intensity values represent area under the curve (arbitrary units).

(F) (Left) Cell viability of UCLA1-derived D5 ectoderm cells differentiated in Gln-starvation and supplemented with GlcN6P, dm- α -KG, nucleosides, or GSH. (Right) Percentage of D5 ectoderm (PAX6⁺MAP2B⁺) cells grown in Gln-starvation with added GlcN6P or both GlcN6P and nucleosides (nuc). Data represent mean \pm SD of n = 3 biological replicates. *p \leq 0.05; **p \leq 0.01; ***p \leq 0.001; ****p \leq 0.0001. The p values were determined using **(C, D, F)** one-way ANOVA with correction for multiple comparisons or **(E)** Student's t test.

Supplemental Figure S3. Cell cycle distribution, cell proliferation, and nascent protein synthesis during Gln repletion following 14h Gln-starvation

Related to Figure 3

(A) Flow cytometry cell cycle distribution of ectoderm cells differentiated in continuous Gln-starvation for D1 (24h), D2 (48h), and D3 (72h), colored *p symbols represent corresponding cell cycle stage with significant difference across indicated conditions.

(B) qRT-PCR analysis of *MAP2B*, *PAX6*, and *OTX2* expression in D1 (24h) ectoderm cells grown in Gln-starvation.

(C) Flow cytometry cell cycle distribution of D5 ectoderm cells after initial 24h Gln-starvation (-G+M→Ctr).

(D) (Left) Cell viability and (Right) percentage of UCLA1-derived D5 ectoderm (*PAX6*⁺*MAP2B*⁺) cells after initial 24h Gln-starvation (G+M→Ctr).

(E) Percentage of pluripotent (*OCT4*⁺*SOX2*⁺) and endoderm/mesoderm (*SOX17*⁺*CD34*⁺) biomarkers in D5 ectoderm cells after initial 24h Gln-starvation (-G+M→Ctr).

(F) qRT-PCR analysis of *GLUL* (encoding GS) in H9 hPSCs expressing shRNA targeting *GLUL* (shRNA *GLUL1*, clone 1; shRNA *GLUL2*, clone 2) or a non-targeting control (NTC).

(G) Representative brightfield images of H9-derived ectoderm cells expressing shRNA targeting *GLUL* (shRNA *GLUL*) or a non-targeting control (NTC) grown continuously in Gln-free media at D1 (24h) and D5 (120h). Scale bar indicates 500 μm.

(H) Cell viability and percentage of ectoderm (*PAX6*⁺*MAP2B*⁺, *PAX6*⁺*NESTIN*⁺) and pluripotent (*OCT4*⁺*NANOG*⁺, *OCT4*⁺*TRA1-81*⁺, *OCT4*⁺*SOX2*⁺) biomarkers in D5 ectoderm cells after initial 14h Gln-starvation (-G+M→Ctr) or metabolite-supplemented Gln-starvation (-G+M+GlcN-6P+nuc →Ctr).

(I) Cell proliferation (EdU⁺ staining) in D3 and D5 ectoderm cells after initial 14h Gln-starvation.

(J) Nascent protein synthesis (relative AHA staining) in D3 and D5 ectoderm cells after initial 14h Gln-starvation.

Data represent mean ± SD of n ≥ 3 biological replicates. *p ≤ 0.05; **p ≤ 0.01; ***p ≤ 0.001; ****p ≤ 0.0001. The p values were determined by **(A, C)** two-way ANOVA, **(B)** Student's t test, **(D-F, H-J)** or one-way ANOVA with correction for multiple comparisons.

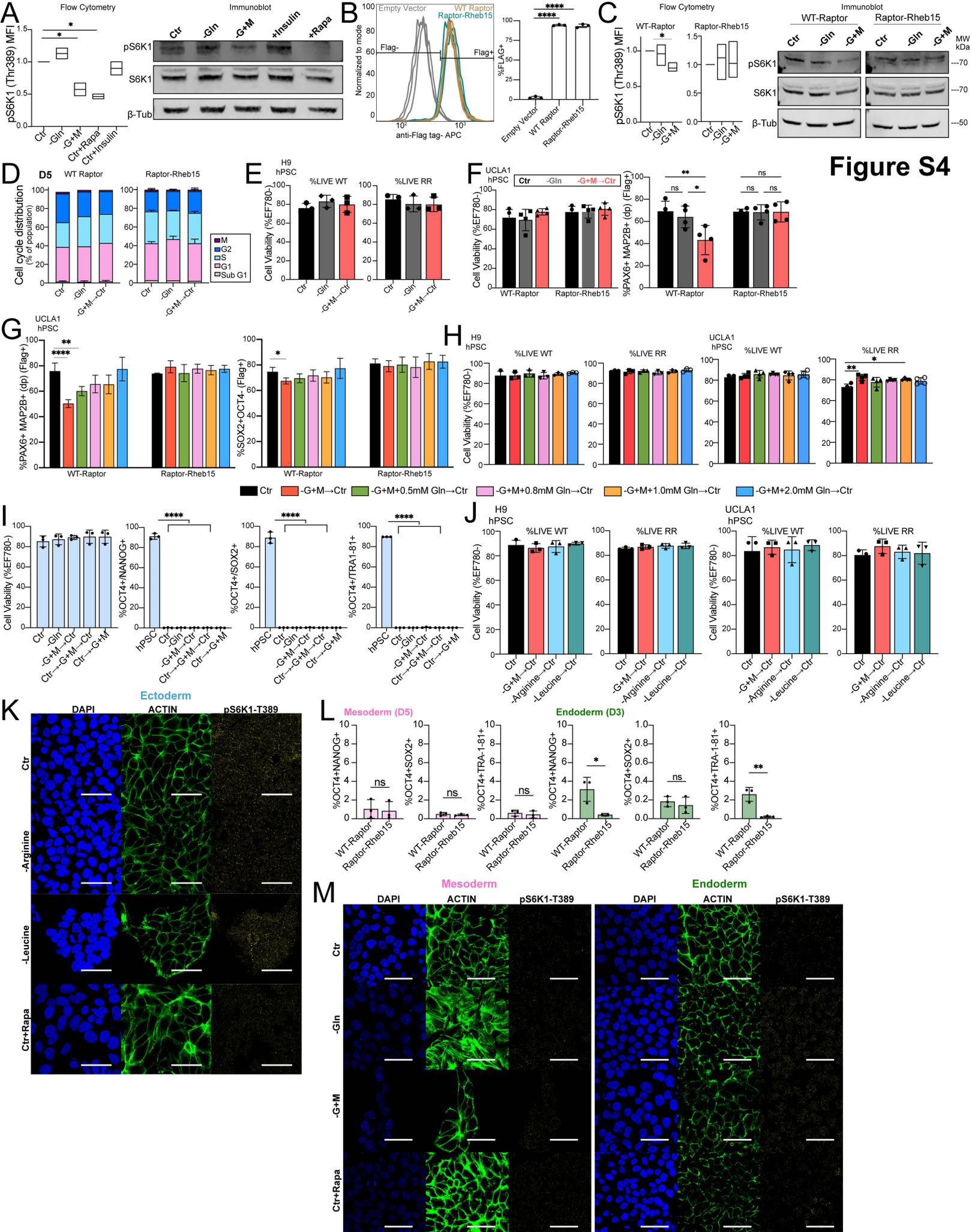


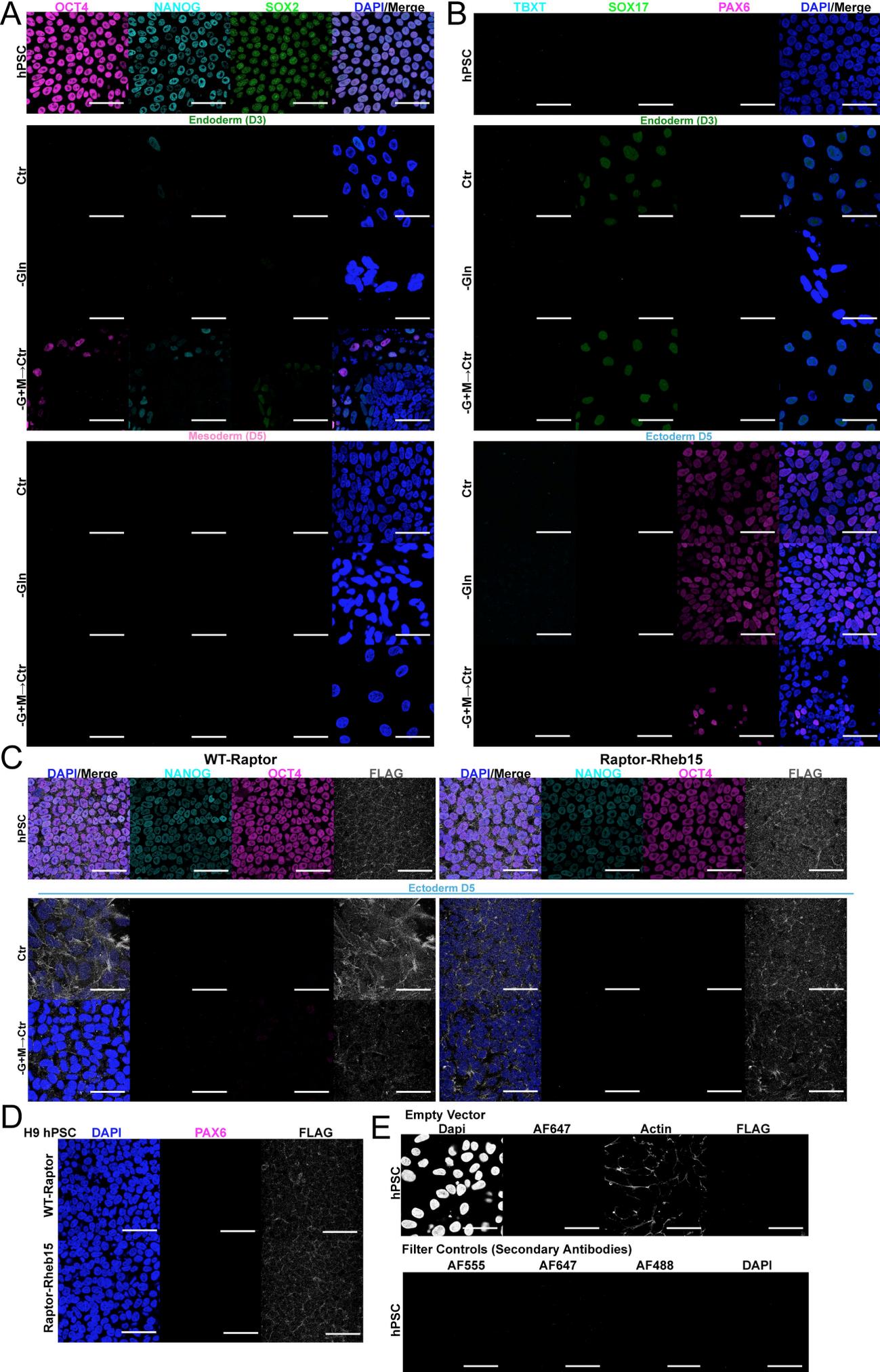
Figure S4

Supplemental Figure S4. mTORC1 inactivation under Gln-starvation

Related to Figure 4

- (A)** (Left) Flow cytometry quantification and (Right) representative immunoblot of mTORC activation (pS6K1-Thr389) immediately after 24h Gln-starved ectoderm differentiation.
- (B)** Flow cytometry traces and quantification of %FLAG⁺ cells in H9-derived Empty Vector, WT-Raptor, and Raptor-Rheb15 hPSC lines.
- (C)** (Left) Flow cytometry quantification and (Right) representative immunoblot of mTORC activation (pS6K1-Thr389) immediately after 14h Gln-starved ectoderm differentiation in H9-derived WT-Raptor or Raptor-Rheb15 hPSC lines.
- (D)** Flow cytometry cell cycle distribution of H9-derived D5 WT-Raptor or Raptor-Rheb15 ectoderm cells after initial 14h Gln-starvation (-G+M→Ctr).
- (E)** Cell viability of H9-derived D5 WT-Raptor or Raptor-Rheb15 ectoderm cells after initial 14h Gln-starvation (-G+M→Ctr).
- (F)** (Left) Cell viability and (Right) percentage of UCLA1-derived D5 WT-Raptor or Raptor-Rheb15 ectoderm (PAX6⁺MAP2B⁺FLAG⁺) cells after initial 14h Gln-starvation (-G+M→Ctr).
- (G)** Percentage of UCLA1-derived D5 WT-Raptor or Raptor-Rheb15 ectoderm (PAX6⁺MAP2B⁺FLAG⁺, SOX2⁺OCT4⁺FLAG⁺) cells after initial 14h Gln-starvation with increasing concentrations of exogenous Gln supplementation.
- (H)** Cell viability of (Left) H9 or (Right) UCLA1-derived D5 ectoderm cells after initial 14h Gln-starvation with increasing concentrations of exogenous Gln supplementation.
- (I)** (Left) Cell viability and (Right) percentage of pluripotent (OCT4⁺NANOG⁺, OCT4⁺SOX2⁺, OCT4⁺TRA1-81⁺) biomarkers in H9-derived D5 ectoderm cells after initial (-G+M→Ctr), intermediate (Ctr→-G+M→Ctr), or late (Ctr→-G+M) 14h Gln-starvation.
- (J)** Cell viability in (Left) H9 or (Right) UCLA1-derived D5 ectoderm differentiation after initial 14h Gln-starvation, Arg deprivation, or Leu deprivation in WT-Raptor or Raptor-Rheb15 hPSC lines.
- (K)** Representative immunofluorescence images of mTORC activation in H9-derived ectoderm cells grown for 14h in Gln-supplemented (Ctr), Arginine-free (-Arginine), Leucine-free (-Leucine), or 200 nM rapamycin treatment (Ctr+Rapa). DAPI (blue, nucleus); ACTIN (green, cytoskeleton); pS6K1-Thr389 (yellow, mTORC1 activation). Scale bar indicates 50 μm.
- (L)** Percentage of pluripotent (OCT4⁺NANOG⁺, OCT4⁺SOX2⁺, OCT4⁺TRA1-81⁺) biomarkers in H9-derived WT-Raptor or Raptor-Rheb15 D5 mesoderm and D3 endoderm cells.
- (M)** Representative immunofluorescence images of mTORC activation in H9-derived (Left) mesoderm and (Right) endoderm cells grown for 24h in Gln-supplemented (Ctr), Gln-free (-Gln), Gln-starvation (-G+M), or 200 nM rapamycin treatment (Ctr+Rapa). DAPI (blue, nucleus); ACTIN (green, cytoskeleton); pS6K1-Thr389 (yellow, mTORC1 activation). Scale bar indicates 50 μm.

Data represent mean ± SD or **(A, C)** min and max of $n \geq 3$ biological replicates. * $p \leq 0.05$; ** $p \leq 0.01$; *** $p \leq 0.001$; **** $p \leq 0.0001$. The p values were determined by **(A-C, E, H-J)** one-way ANOVA, **(D, F-G)** two-way ANOVA with correction for multiple comparisons, or **(L)** Student's t test.



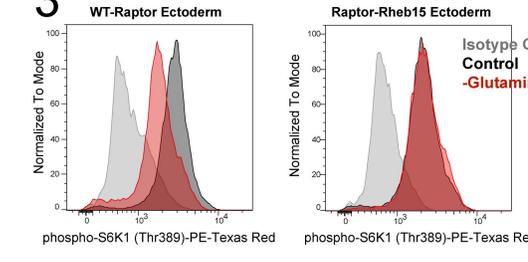
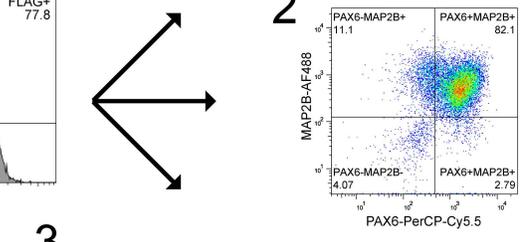
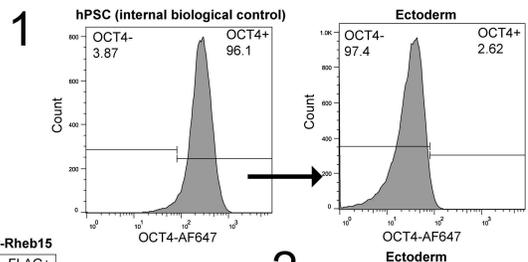
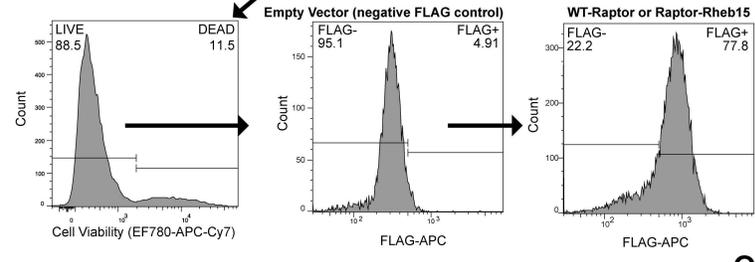
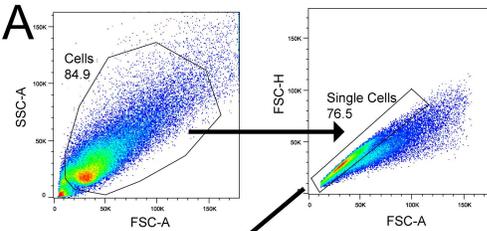
Supplemental Figure S5. Immunofluorescence images for biological and technical controls

Related to Figure 3 and 4

(A) Representative immunofluorescence images of pluripotent biomarkers in (Top) H9 hPSCs grown in mTESR, and H9-derived (Middle) D3 endoderm and (Bottom) D5 mesoderm cells grown in Gln-supplemented (Ctr), Gln-free (-Gln), or Gln-repletion follow initial 14h Gln-starvation (-G+M→Ctr). OCT4 (magenta, pluripotent); NANOG (cyan, pluripotent); SOX2 (green, pluripotent); DAPI (blue, nucleus). Scale bar indicates 50 μ m.

(B) Representative immunofluorescence images of tri-lineage biomarkers in (Top) H9 hPSCs grown in mTESR, and H9-derived (Middle) D3 endoderm and (Bottom) D5 ectoderm cells grown in Gln-supplemented (Ctr), Gln-free (-Gln), or Gln-repletion follow initial 14h Gln-starvation (-G+M→Ctr). TBXT (cyan, mesoderm); SOX17 (green, endoderm); PAX6 (magenta, ectoderm); DAPI (blue, nucleus). Scale bar indicates 50 μ m.

(C) Representative immunofluorescence images of pluripotent biomarkers in H9-derived D5 (Left) WT-Raptor or (Right) Raptor-Rheb15 ectoderm cells grown in Gln-supplemented (Ctr) or Gln-repletion follow initial 14h Gln-starvation (-G+M→Ctr). DAPI (blue, nucleus); NANOG (cyan, pluripotent); OCT4 (magenta, ectoderm); FLAG (grey, transduced cell line reporter). Scale bar indicates 50 μ m.



Supplemental Figure S6. Flow cytometry gating strategy

Related to Figure 3 and 4

(A) Gating strategy for flow cytometry analysis. This figure reflects gating strategy used for flow cytometry quantifications in Figures 1-4, S1-S4.