## **Supplementary Online Content**

Roberts AL, Zafonte R, Chibnik LB, et al. Association of adverse childhood experiences with poor neuropsychiatric health and dementia among former professional US football players. *JAMA Netw Open*. 2022;5(3):e223299. doi:10.1001/jamanetworkopen.2022.3299

**eTable 1.** Correlation of Childhood Adversities, Football Players Health Study, 2018-2021 (N = 1755)

**eTable 2.** Correlation of Neuropsychiatric Outcomes, Football Players Health Study, 2018-2021 (N = 1755)

**eTable 3.** Adverse Childhood Experiences (ACEs) and 6 Neuropsychiatric Health Outcomes, Football Players Health Study, 2018-2021 (N = 1755)

This supplementary material has been provided by the authors to give readers additional information about their work.

|  | Prevalence | Emotional | Physical | Sexual | Emotional | Physical | Divorce | Intimate | Substance | Mental  | Prison |
|--|------------|-----------|----------|--------|-----------|----------|---------|----------|-----------|---------|--------|
|  |            | abuse     | abuse    | abuse  | neglect   | neglect  |         | partner  | user      | illness |        |
|  |            |           |          |        |           |          |         | violence |           |         |        |
|  | N (%)      |           |          |        |           |          |         |          |           |         |        |
| Emotional abuse                          | 337 (19.3) | 1.00      | 0.59     | 0.13   | 0.34      | 0.22     | 0.23    | 0.35     | 0.25      | 0.22    | 0.19   |
| Physical abuse                           | 363 (20.7) |           | 1.00     | 0.14   | 0.28      | 0.24     | 0.17    | 0.35     | 0.23      | 0.17    | 0.16   |
| Sexual abuse                             | 111 (6.3)  |           |          | 1.00   | 0.11      | 0.15     | 0.13    | 0.12     | 0.13      | 0.12    | 0.09   |
| Emotional neglect                        | 117 (6.7)  |           |          |        | 1.00      | 0.31     | 0.13    | 0.21     | 0.19      | 0.16    | 0.16   |
| Physical neglect                         | 82 (4.7)   |           |          |        |           | 1.00     | 0.19    | 0.28     | 0.22      | 0.20    | 0.17   |
| Divorce/separation                       | 527 (30.2) |           |          |        |           |          | 1.00    | 0.26     | 0.27      | 0.16    | 0.21   |
| Intimate partner violence to mother      | 147 (8.4)  |           |          |        |           |          |         | 1.00     | 0.27      | 0.21    | 0.21   |
| Household member substance user          | 406 (23.2) |           |          |        |           |          |         |          | 1.00      | 0.23    | 0.23   |
| Household member mental illness/suicidal | 169 (9.7)  |           |          |        |           |          |         |          |           | 1.00    | 0.15   |
| Household member<br>imprisoned           | 134 (7.7)  |           |          |        |           |          |         |          |           |         | 1.00   |

## eTable 1. Correlation of Childhood Adversities, Football Players Health Study, 2018-2021 (N = 1755)

All correlations significant at P = .000

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|  |             | Positive | Poor cognition-                 | Probable   | Probable | Pain     | Pain         |  |  |  |
|--|-------------|----------|---------------------------------|------------|----------|----------|--------------|--|--|--|
|  |             | dementia | related QoL                     | depression | anxiety  | severity | interference |  |  |  |
|  |             | screen   |                                 |            |          |          |              |  |  |  |
|  | N cases (%) |          | Pearson correlation coefficient |            |          |          |              |  |  |  |
| Positive dementia<br>screen            | 752 (43.1)  | 1.00     | 0.67                            | 0.45       | 0.36     | 0.28     | 0.39         |  |  |  |
| Poor cognition-related<br>QoL          | 656 (37.7)  |          | 1.00                            | 0.50       | 0.37     | 0.29     | 0.38         |  |  |  |
| Probable moderate or severe depression | 291 (16.6)  |          |                                 | 1.00       | 0.59     | 0.31     | 0.47         |  |  |  |
| Probable moderate or severe anxiety    | 194 (11.1)  |          |                                 |            | 1.00     | 0.29     | 0.41         |  |  |  |
| High pain severity                     | 556 (32.1)  |          |                                 |            |          | 1.00     | 0.57         |  |  |  |
| High pain interference                 | 421 (24.2)  |          |                                 |            |          |          | 1.00         |  |  |  |

## eTable 2. Correlation of Neuropsychiatric Outcomes, Football Players Health Study, 2018-2021 (N = 1755)

All correlations significant at P < .0001

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## eTable 3. Adverse Childhood Experiences (ACEs) and 6 Neuropsychiatric Health Outcomes, Football Players Health Study, 2018-2021 (N = 1755)

|   | Adverse childhood experiences (ACEs) |                  |                  |                  |                  |               |  |
|---|--------------------------------------|------------------|------------------|------------------|------------------|---------------|--|
|   | None                                 | 1                | 2                | 3                | 4 or more        | Test of trend |  |
|   | n=767                                | n=400            | n=245            | n=135            | n=208            |               |  |
|   | Risk ratio (95% confidence interval) |                  |                  |                  |                  |               |  |
| Outcome: Positive dementia screen                       |                                      |                  |                  |                  |                  |               |  |
| Base model adjusted for age,<br>race, and childhood SES | 1.0 [Reference]                      | 1.10 (0.91-1.33) | 1.12 (0.92-1.39) | 1.27 (1.00-1.59) | 1.48 (1.22-1.79) | <.001         |  |
| Further adjusted for concussions                        | 1.0 [Reference]                      | 1.04 (0.88-1.24) | 1.09 (0.89-1.33) | 1.14 (0.93-1.40) | 1.32 (1.10-1.58) | .004          |  |
| Outcome: Poor cognition-related<br>quality of life      |                                      |                  |                  |                  |                  |               |  |
| Base model adjusted for age,<br>race, and childhood SES | 1.0 [Reference]                      | 1.14 (0.92-1.41) | 1.29 (1.03-1.62) | 1.40 (1.09-1.80) | 1.65 (1.33-2.04) | <.001         |  |
| Further adjusted for concussions                        | 1.0 [Reference]                      | 1.08 (0.89-1.32) | 1.25 (1.02-1.55) | 1.26 (1.00-1.59) | 1.47 (1.21-1.79) | <.001         |  |
| Outcome: Probable depression                            |                                      |                  |                  |                  |                  |               |  |
| Base model adjusted for age, race, and childhood SES    | 1.0 [Reference]                      | 1.27 (0.89-1.82) | 0.78 (0.48-1.26) | 1.65 (1.06-2.55) | 1.62 (1.09-2.39) | .01           |  |
| Further adjusted for concussions                        | 1.0 [Reference]                      | 1.20 (0.85-1.69) | 0.77 (0.49-1.22) | 1.38 (0.92-2.06) | 1.35 (0.93-1.97) | .13           |  |
| Outcome: Probable anxiety                               |                                      |                  |                  |                  |                  |               |  |
| Base model adjusted for age,<br>race, and childhood SES | 1.0 [Reference]                      | 1.21 (0.79-1.86) | 0.82 (0.48-1.40) | 1.16 (0.63-2.12) | 1.46 (0.89-2.39) | .22           |  |
| Further adjusted for concussions                        | 1.0 [Reference]                      | 1.15 (0.77-1.72) | 0.85 (0.50-1.40) | 0.96 (0.54-1.69) | 1.21 (0.74-1.96) | .71           |  |
| Outcome: Moderate or severe pain intensity              |                                      |                  |                  |                  |                  |               |  |
| Base model adjusted for age,<br>race, and childhood SES | 1.0 [Reference]                      | 1.00 (0.79-1.27) | 1.05 (0.80-1.37) | 1.46 (1.12-1.91) | 1.48 (1.16-1.90) | .001          |  |
| Further adjusted for concussions                        | 1.0 [Reference]                      | 0.97 (0.77-1.22) | 1.03 (0.79-1.33) | 1.37 (1.06-1.77) | 1.37 (1.07-1.74) | .003          |  |
| Outcome: Moderate or severe pain interference           |                                      |                  |                  |                  |                  |               |  |
| Base model adjusted for age, race, and childhood SES    | 1.0 [Reference]                      | 1.14 (0.85-1.54) | 1.34 (0.98-1.85) | 1.75 (1.25-2.44) | 1.74 (1.27-2.40) | <.001         |  |
| Further adjusted for concussions                        | 1.0 [Reference]                      | 1.11 (0.84-1.48) | 1.33 (0.98-1.80) | 1.60 (1.16-2.21) | 1.56 (1.15-2.11) | .001          |  |

Notes: Concussions are concussion symptoms at the time of football injury. Poor cognition-related quality of life indicates "moderate" or "severe" impairment on the Neuro-QOL. Bolded estimates are statistically significant.

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