

| Item | Diastolic blood pressure | | Systolic blood pressure | | Heart rate | |
|---------------------------|--------------------------|----------------|-------------------------|----------------|----------------------|----------------|
| | Parameter estimation | <i>P</i> value | Parameter estimation | <i>P</i> value | Parameter estimation | <i>P</i> value |
| Intercept | 0.43 | .83 | 7.06 | <.001 | -1.13 | .61 |
| Group (reference=control) | 0.15 | .71 | -0.55 | .17 | -0.16 | .73 |
| Gender (reference=male) | 0.32 | .52 | 0.03 | .94 | -0.53 | .27 |
| Age | 0.04 | .003 | -0.04 | .007 | 0.05 | .003 |
| Education | -0.03 | .77 | -0.11 | .37 | 0.20 | .13 |
| Weight | -0.02 | .20 | -0.03 | .05 | 0.01 | .47 |
| Time | 0.03 | .01 | 0.03 | .01 | -0.04 | <.001 |
| Time*time | -0.0003 | .01 | -0.0003 | .003 | 0.0004 | <.001 |
| Group*time | 0.006 | .32 | 0.01 | .02 | 0.003 | .60 |