

SUPPLEMENT MATERIAL

L-arginine, asymmetric and symmetric dimethylarginine for early outcome prediction in unselected cardiac arrest victims: a prospective cohort study.

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Table 1. - L-arginine pathway molecules and their change according to the ICU mortality

	Survivors (n=21; 39%)	Non-survivors (n=33; 61%)	p value
Biomarker plasma levels within 6 hours after CA			
L-arginin ($\mu\text{mol/L}$)	33.17 [29.43 – 52.68]	42.25 [23.59 – 49.96]	N.S.
ADMA ($\mu\text{mol/L}$)	0.58 [0.46 – 0.66]	0.70 [0.46 – 0.89]	N.S.
SDMA ($\mu\text{mol/L}$)	0.77 [0.62 – 1.73]	0.96 [0.81 – 1.46]	N.S.
Biomarker plasma levels 24 hours after CA			
L-arginin ($\mu\text{mol/L}$)	48.82 [31.04 – 69.06]	38.14 [23.24 – 56.77]	N.S.
ADMA ($\mu\text{mol/L}$)	0.59 [0.51 – 0.79]	0.54 [0.41 – 0.81]	N.S.
SDMA ($\mu\text{mol/L}$)	0.97 [0.74 – 2.79]	1.30 [0.85 – 1.81]	N.S.
Biomarker plasma levels 72 hours after CA			
L-arginin ($\mu\text{mol/L}$)	61.01 [47.35 – 77.33]	53.78 [35.98 – 75.31]	N.S.
ADMA ($\mu\text{mol/L}$)	0.60 [0.50 – 0.76]	0.62 [0.45 – 0.85]	N.S.
SDMA ($\mu\text{mol/L}$)	0.90 [0.67 – 2.20]	1.48 [0.92 – 1.75]	N.S.
Δ L-arginin (24h-6h) ($\mu\text{mol/L}$)	10.81 [-2.78 – 25.16]	2.84 [-17.13 – 13.24]	N.S.
Δ ADMA (24h-6h) ($\mu\text{mol/L}$)	0.07 [-0.04 – 0.11]	-0.08 [-0.16 – 0.05]	0.024
Δ SDMA (24h-6h) ($\mu\text{mol/L}$)	0.21 [0.003 – 0.46]	0.11 [-0.01 – 0.39]	N.S.
Δ L-arginin (72h-24h) ($\mu\text{mol/L}$)	18.98 [-6.31 – 29.75]	8.95 [-9.21 – 28.66]	N.S.
Δ ADMA (72h-24h) ($\mu\text{mol/L}$)	0.01 [-0.06 – 0.14]	0.07 [-0.06 – 0.14]	N.S.
Δ SDMA (72h-24h) ($\mu\text{mol/L}$)	-0.06 [-0.37 – 0.06]	0.16 [-0.23 – 0.55]	N.S.

Data are presented as median values with interquartile range [percentiles 25–75]. ADMA: asymmetric dimethylarginine; CA: cardiac arrest; SDMA: symmetric dimethylarginine.

Table 2. – L-arginine pathway molecules and their change according to the 30-day mortality

Survivors 29.63%	(n=16; p value)	Non-survivors 70.37%	(n=38; p value)
Biomarker plasma levels within 6 hours after CA			
L-arginin ($\mu\text{mol/L}$)	33.31 [29.24 – 51.86]	41.67 [25.01 – 51.68]	N.S.
ADMA ($\mu\text{mol/L}$)	0.54 [0.46 – 0.64]	0.67 [0.44 – 0.89]	N.S.
SDMA ($\mu\text{mol/L}$)	0.77 [0.62 – 1.96]	0.95 [0.76 – 1.43]	N.S.
Biomarker plasma levels 24 hours after CA			
L-arginin ($\mu\text{mol/L}$)	42.97 [28.61 – 69.06]	39.09 [31.26 – 57.75]	N.S.
ADMA ($\mu\text{mol/L}$)	0.59 [0.51 – 0.77]	0.54 [0.44 – 0.83]	N.S.
SDMA ($\mu\text{mol/L}$)	0.89 [0.7138 – 3.06]	1.18 [0.89 – 1.81]	N.S.
Biomarker plasma levels 72 hours after CA			
L-arginin ($\mu\text{mol/L}$)	62.32 [54.14 – 74.25]	49.26 [36.01 – 78.26]	N.S.
ADMA ($\mu\text{mol/L}$)	0.59 [0.51 – 0.79]	0.65 [0.45 – 0.84]	N.S.
SDMA ($\mu\text{mol/L}$)	1.22 [0.72 – 2.34]	1.32 [0.74 – 1.71]	N.S.
Change in biomarker plasma levels			
Δ L-arginin (24h-6h) ($\mu\text{mol/L}$)	10.81 [-2.48 – 26.59]	2.84 [-10.41 – 17.60]	N.S.
Δ ADMA (24h-6h) ($\mu\text{mol/L}$)	0.07 [-0.03 – 0.11]	-0.08 [-0.16 – 0.06]	0.028
Δ SDMA (24h-6h) ($\mu\text{mol/L}$)	0.17 [0.003 – 0.56]	0.14 [-0.01 – 0.41]	N.S.
Δ L-arginin (72h-24h) ($\mu\text{mol/L}$)	19.16 [4.96 – 34.88]	8.62 [-7.60 – 27.12]	N.S.
Δ ADMA (72h-24h) ($\mu\text{mol/L}$)	0.04 [-0.05 – 0.16]	0.06 [-0.07 – 0.13]	N.S.
Δ SDMA (72h-24h) ($\mu\text{mol/L}$)	-0.06 [-0.32 – 0.13]	0.08 [-0.32 – 0.47]	N.S.

Data are presented as median values with interquartile range [percentiles 25–75]. ADMA: asymmetric dimethylarginine; CA: cardiac arrest; SDMA: symmetric dimethylarginine.

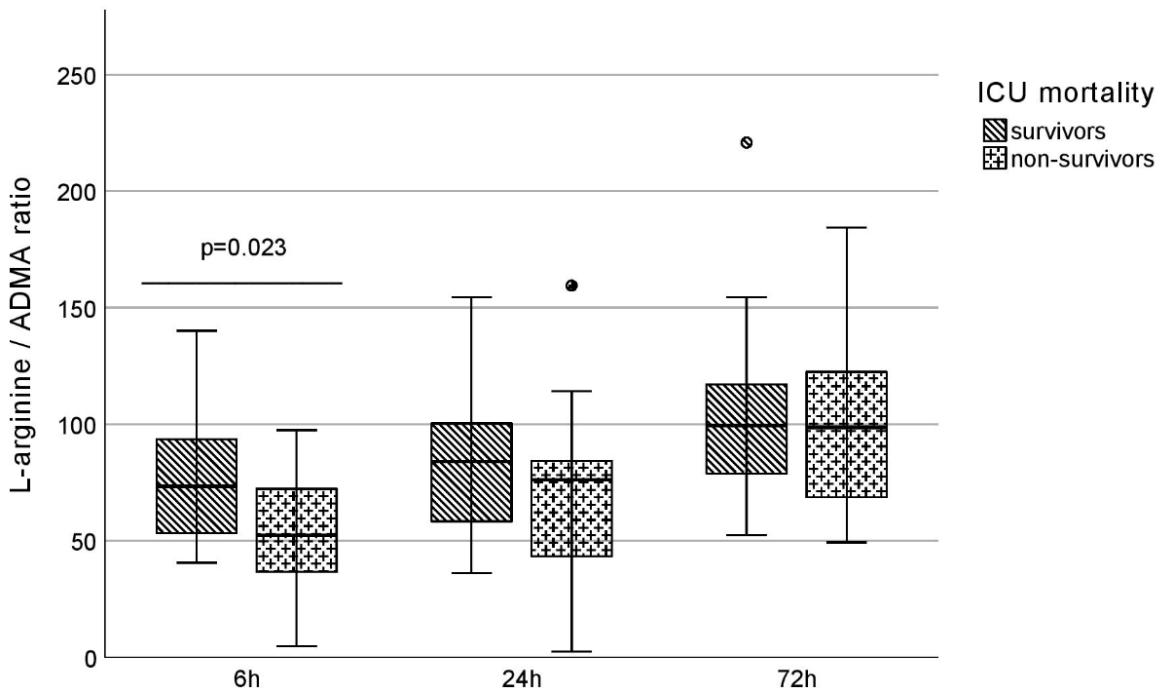


Figure 1. L-arginine/ADMA ratio and ICU mortality in IHCA group

(ADMA: asymmetric dimethylarginine; ICU: intensive care unit; IHCA: in-hospital cardiac arrest)

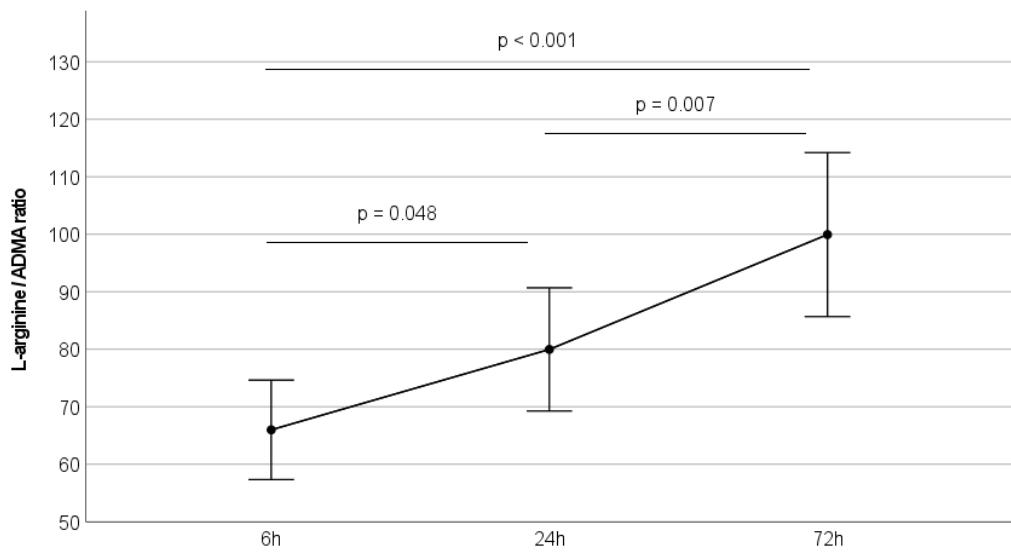


Figure 2. The kinetics of the L-arginine/ADMA ratio in the total population
(ADMA: asymmetric dimethylarginine)

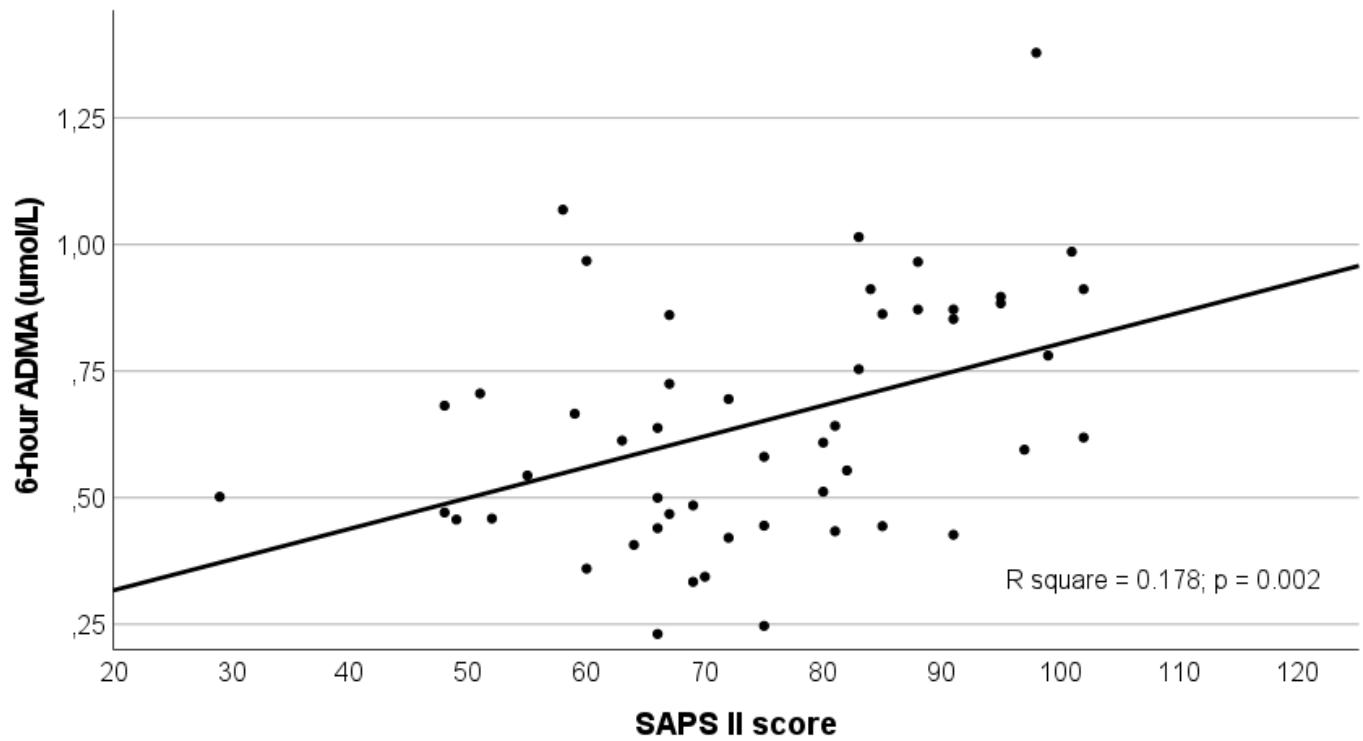


Figure 3. – Correlation between 6-hour ADMA levels and SAPS II score

(ADMA: asymmetric dimethylarginine, SAPS: simplified acute physiology score)