Applied Cognition-General Concerns-Short Form 8a

Please respond to each item by marking one box per row.

	In the past 7 days	Never	Rarely (Once)	Sometimes (Two or three times)	Often (About once a day)	Very often (Several times a day)
PC2	My thinking has been slow	1	2	3	4	5
PC35	It has seemed like my brain was not working as well as usual	1	2	3	4	5
PC36	I have had to work harder than usual to keep track of what I was doing	1	2	3	4	5
PC42	I have had trouble shifting back and forth between different activities that require thinking	1	2	3	4	5
PC8	I have had trouble concentrating	1	2	3	4	5
PC25	I have had to work really hard to pay attention or I would make a mistake	1	2	3	4	5
PC1	I have had trouble forming thoughts	1	2	3	4	5
PC53	My problems with memory, concentration, or making mental mistakes have interfered with the quality of my life	1		3	4	5