AMSTAR 2: a critical appraisal tool for systematic reviews that include randomised or non-randomised studies of healthcare interventions, or both

1. Did the research questions and	d inclusion criteria for the review include th	ne comp	ponents of PICO?
	Optional (recommended)  Timeframe for follow-up  ontain an explicit statement that the review ct of the review and did the report justify a		
For Partial Yes: The authors state that they had a written protocol or guide that included ALL the following:    Review question(s)   a search strategy   inclusion/exclusion criteria   a risk of bias assessment	For Yes: As for partial yes, plus the protocol should be registered and should also have specified:  a meta-analysis/synthesis plan, if appropriate, and a plan for investigating causes of heterogeneity justification for any deviations from the protocol	   <b>X</b>	Yes Partial Yes No
<ul> <li>3. Did the review authors explain their selection of the study designs for incl</li> <li>For Yes, the review should satisfy ONE of the following: <ul> <li>Explanation for including only RCTs</li> <li>OR Explanation for including only NRSI</li> </ul> </li> <li>▼ OR Explanation for including both RCTs and NRSI</li> </ul>		lusion i	n the review?  Yes No
	comprehensive literature search strategy?		
For Partial Yes (all the following):	For Yes, should also have (all the following):		
searched at least 2 databases (relevant to research question)  provided key word and/or search strategy  justified publication restrictions (e.g. language)	□ searched the reference lists / bibliographies of included studies □ searched trial/study registries □ included/consulted content experts in the field □ where relevant, searched for grey literature □ conducted search within 24 months of completion of the review		Yes Partial Yes No
	m study selection in duplicate?		
and achieved consensus on which OR two reviewers selected a sar	ently agreed on selection of eligible studies ch studies to include mple of eligible studies and achieved good with the remainder selected by one	<b>X</b>	Yes No

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	Did the review authors perform	data extraction in duplicate?		
For Yes	included studies	onsensus on which data to extract from from a sample of eligible studies and t 80 percent), with the remainder		Yes No
7.	Did the review authors provide	a list of excluded studies and justify the ex	xclusion	ns?
For Par	tial Yes:	For Yes, must also have:		
×	provided a list of all potentially	☐ Justified the exclusion from		Yes
	relevant studies that were read	the review of each potentially	X	Partial Yes
	in full-text form but excluded from the review	relevant study		No
8.	Did the review authors describe	the included studies in adequate detail?		
For Par	tial Yes (ALL the following):	For Yes, should also have ALL the following:		
X	described populations	☐ described population in detail		Yes
	described interventions	□ described intervention in	X	Partial Yes
	described comparators	detail (including doses where relevant)		No
×	described outcomes	described comparator in detail		
×	described research designs	(including doses where		
		relevant)		
		☐ described study's setting		
		☐ timeframe for follow-up		
9.	Did the review authors use a sa individual studies that were inc	tisfactory technique for assessing the risk luded in the review?	of bias	(RoB) in
RCTs For Par from	tial Yes, must have assessed RoB	For Yes, must also have assessed RoB from:		
×	unconcealed allocation, and	□ allocation sequence that was		Yes
	lack of blinding of patients and	not truly random, and	×	Partial Yes
	assessors when assessing	<ul><li>selection of the reported result from among multiple</li></ul>		No
	outcomes (unnecessary for objective outcomes such as all-	measurements or analyses of a		Includes only NRSI
	cause mortality)	specified outcome		TVIOI
NIDCI	•			
NRSI	tial Yes, must have assessed	For Yes, must also have assessed RoB:		
For Par	tiai 1 cs, mast nave assessed			
For Par RoB:	•	☐ methods used to ascertain		Yes
For Par RoB:	from confounding, and	methods used to ascertain exposures and outcomes, <i>and</i>	×	Partial Yes
For Par RoB:	•	<ul> <li>methods used to ascertain</li> <li>exposures and outcomes, and</li> <li>selection of the reported result</li> </ul>	×	Partial Yes No
For Par RoB:	from confounding, and	<ul> <li>methods used to ascertain exposures and outcomes, and</li> <li>selection of the reported result from among multiple measurements or analyses of a</li> </ul>	×	Partial Yes
For Par RoB:	from confounding, and from selection bias	<ul> <li>methods used to ascertain exposures and outcomes, and</li> <li>selection of the reported result from among multiple measurements or analyses of a specified outcome</li> </ul>		Partial Yes No Includes only RCTs
For Par RoB:	from confounding, and from selection bias  Did the review authors report of	<ul> <li>methods used to ascertain exposures and outcomes, and</li> <li>selection of the reported result from among multiple measurements or analyses of a</li> </ul>		Partial Yes No Includes only RCTs
For Par RoB:	from confounding, and from selection bias  Did the review authors report of the selection bias	<ul> <li>methods used to ascertain exposures and outcomes, and</li> <li>selection of the reported result from among multiple measurements or analyses of a specified outcome</li> <li>the sources of funding for the studies in</li> </ul>	cluded	Partial Yes No Includes only RCTs in the review?
For Par RoB:	from confounding, and from selection bias  Did the review authors report of the sour months of the source of	□ methods used to ascertain exposures and outcomes, and □ selection of the reported result from among multiple measurements or analyses of a specified outcome on the sources of funding for the studies in ces of funding for individual studies included	cluded	Partial Yes No Includes only RCTs in the review?
For Par RoB:	from confounding, and from selection bias  Did the review authors report of the sour months of the source of	methods used to ascertain exposures and outcomes, and selection of the reported result from among multiple measurements or analyses of a specified outcome the sources of funding for the studies in ces of funding for individual studies included that the reviewers looked for this information	cluded	Partial Yes No Includes only RCTs in the review?

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11. If meta-analysis was performed did the review authors use appropriate combination of results?	metho	ods for statistical
RCTs		
For Yes:		Vac
☐ The authors justified combining the data in a meta-analysis	П	Yes No
AND they used an appropriate weighted technique to combine study results and adjusted for heterogeneity if present.	×	No meta-analysis
□ AND investigated the causes of any heterogeneity	-	conducted
For NRSI		
For Yes:		
☐ The authors justified combining the data in a meta-analysis		Yes
☐ AND they used an appropriate weighted technique to combine		No
study results, adjusting for heterogeneity if present	X	No meta-analysis
☐ AND they statistically combined effect estimates from NRSI that were adjusted for confounding, rather than combining raw data, or justified combining raw data when adjusted effect estimates were not available		conducted
☐ AND they reported separate summary estimates for RCTs and NRSI separately when both were included in the review		
12. If meta-analysis was performed, did the review authors assess the poter individual studies on the results of the meta-analysis or other evidence s		
For Yes:		
☐ included only low risk of bias RCTs		
OR, if the pooled estimate was based on RCTs and/or NRSI at variable	L	
RoB, the authors performed analyses to investigate possible impact of RoB on summary estimates of effect.	Þ	No meta-analysis conducted
13. Did the review authors account for RoB in individual studies when into results of the review?	erpreti	ng/ discussing the
For Yes:		
▼ included only low risk of bias RCTs	>	Yes
<ul> <li>OR, if RCTs with moderate or high RoB, or NRSI were included the review provided a discussion of the likely impact of RoB on the results</li> </ul>		] No
14. Did the review authors provide a satisfactory explanation for, and disc heterogeneity observed in the results of the review?	ussion	of, any
For Yes:		
There was no significant heterogeneity in the results	-	. V
OR if heterogeneity was present the authors performed an investigation of sources of any heterogeneity in the results and discussed the impact of this	>	⊈ Yes ∃ No
on the results of the review		
15. If they performed quantitative synthesis did the review authors carry o investigation of publication bias (small study bias) and discuss its likely the review?		
For Yes:		
performed graphical or statistical tests for publication bias and discussed		Yes
the likelihood and magnitude of impact of publication bias		
	2	No meta-analysis conducted

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16. Did the review authors report any potential sources of conflict of interest, including any funding they received for conducting the review?			
For Yes	:		
	The authors reported no competing interests OR		Yes
	The authors described their funding sources and how they managed	X	No
	potential conflicts of interest		

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