

**Supplemental table 1**

Blood tests with reference values used to construct the FI-lab variable

	Low cut-off	High cut-off
Hemoglobin (g/dL)	Females: 11.7	15.3
	Males: 13.4	17.0
Mean corpuscular volume (fL)	82	98
Thrombocytes ( $10^9/L$ )	145	390
Leukocytes ( $10^9/L$ )	3.5	10.0
Erythrocyte sedimentation rate	Females: 1	17
	Males: 1	12
Sodium (mmol/L)	137	145
Potassium (mmol/L)	3.6	4.6
Alanine transaminase (U/L)	Females: 10	45
	Males: 10	70
Total bilirubin ( $\mu\text{mol/L}$ )	5	25
Urea (mmol/L)	Females: 3.1	7.9
	Males: 3.5	8.1
Creatinine ( $\mu\text{mol/L}$ )	Females: 45	90
	Males: 60	105
Glucose (mmol/L)	4.0	6.0
C-reactive protein (mg/L)		4
Albumin (g/L)	34	50

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Normal reference values from Department of Medical Biochemistry, Oslo university hospital.