

Supplemental Online Content

Zhou ES, Ritterband LM, Bethea TN, Robles YP, Heeren TC, Rosenberg L. Effect of culturally tailored, internet-delivered cognitive behavioral therapy for insomnia in Black women: a randomized clinical trial. *JAMA Psychiatry*. Published online April 20, 2022.
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eFigure. Participant changes in insomnia severity and sleep efficiency across study time points

This supplementary material has been provided by the authors to give readers additional information about their work.

eFigure. Participant changes in insomnia severity and sleep efficiency across study time points

