Serum metabolomic signatures of Gestational Diabetes in South Asian and white European women

ONLINE-ONLY SUPPLEMENTAL MATERIAL

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References

Supplemental Table S1.

Search details: We updated the systematic reviews of Huynh et al. and Chen et al., (1-2), by searching MEDLINE (via Ovid 2017 to November 30, 2020), using search terms "*metabolomic*", "*metabonomic*", "*magnetic spectroscopy*", "*mass spectrometry*", "*metabolic profil*", "*amino acid**", "*metabolite**", or "*metabolome**" were combined with "*gestational diabete**". An update was deemed appropriate based on guidance from the panel for updating guidance for systematic reviews (PUGs), which suggest that a review can be updated if the previous reviews are well conducted, address the same question, and uses valid methods (3). We included any studies that included pregnant women classified as having GDM, that used metabolomic techniques such as LC-MS or NMR spectroscopy, and metabolites were examined in maternal plasma, serum, urine, hair, placenta, or amniotic fluid. Studies were excluded if they were randomized control trials, did not have an appropriate control group, or were not in English. There were 234 eligible articles based on our 2017–November 30, 2020 search, of which 34 final articles were retained (excluded n = 1 duplicate; n = 170 not about metabolites or GDM; n = 16 animal studies; n = 2 not in English; n = 5 collected >3 years post-partum; n = 6 no appropriate control).

Summary of metabolomic studies (excluding glucose) investigating metabolite profile significantly associated with GDM, stratified by biospecimen collection time

Author, Study design Year & (Analytical		Sample	Bio-	n GDM/	GDM diagnostia		Metabolites in GDM vs.	non-GDM
Country	platform)	time	(fasting?)	GDM	criteria	Upregulated (higher [] = increased GDM)	Downregulated (higher [] decreased GDM)	No change
A. COLLEO	CTED PRIOR 1	FO GDM D	IAGNOSIS (N = 25)				
Chen, 2010 US (45% Hispanic, 38% Black, 17% other) [4]	Nested case- control (targeted on FA, GC-MS)	15 weeks GA	Serum (fasting)	49/98	Carpenter– Coustan criteria (dx at 28 weeks GA)	Myristic acid, palmitic acid, palmitoleic acid, EPA, NEFAs, total SFAs	None	Stearic acid, oleic acid, linoleic acid, linolenic acid, arachidonic acid, DHA
Graça, 2010 Portugal* [5]	Nested case- control (untargeted, ¹ H NMR spectroscopy)	14-25 weeks GA	Amniotic fluid (non- fasting)	27/82	Unknown (dx at 24-28 weeks GA)	None	Glycine, proline, serine, taurine, acetate, formate, creatinine, glutamate, glycerophosphocholine	Alanine, allantoin, ascorbate, α- ocoisolvalerate, citrate, glutamine, isoleucine, lactate, leucine, methionine, phenylalanine, myo-inositol, N-acetyl, pyruvate, succinate, threonine, tyrosine, valine
Diaz, 2011 Portugal* [6]	Nested case- control (untargeted, ¹ H NMR spectroscopy)	14-25 weeks GA	Plasma and urine (non- fasting)	27/82	Unknown	Plasma: None Urine: 3- hydroxyisovalerate, 2- hydroxyisobutyrate, N- methyl-nicotinamide, choline, N-methyl-2- pyridone-5-carboxamide	Plasma: trimethylamine N- oxide, betaine Urine: None	Plasma: 3-hydroxyisovalerate, 2- hydroxyisobutyrate, N-methyl-nicotinamide, choline, N-methyl-2-pyridone-5- carboxamide Urine: Trimethylamine N-oxide, betaine
Graça, 2012 Portugal [7]	Nested case- control (untargeted, UPLC-MS)	15-25 weeks GA	Amniotic fluid and urine (non- fasting)	23/26	Unknown (dx at 24-28 weeks GA)	Choline	Glutamate	Leucine, isoleucine, histidine, methionine, phenylalanine, valine, N-methyl- nicotinamide, hippurate, threonine, cis- aconitate, hypoxanthine, pyroglutamate

Sachse, 2012 Norway [8]	Nested case- control (untargeted, ¹ H NMR spectroscopy)	8-20 weeks GA	Urine (fasting)	79/530	WHO criteria (dx at 26-30 weeks GA)	Citrate, lysine	None	Valine, leucine, 3-aminoisobutyrate, 3- hydroxyisovalerate, 2-hydroxyisobutyrate, alanine, N-acetylglutamine, dimethylamine, trimethylamine N-oxide, glycine, creatine, creatinine, 1-methyl-nicotinamide,1,6- anhydroglucose, 4-hydroxy-phenylacetate, tyrosine, histidine, formate, N- phenylacetylglycine
Diaz, 2013 Portugal [9]	Nested case- control (untargeted, ¹ H NMR spectroscopy)	14-26 weeks GA	Urine (non- fasting)	42/84	Unknown (dx at 19-38 weeks GA)	Choline, N- methylnicotinamide, xylose	4-hydroxyphenylacetate, hippurate	N-methyl-2-pyridone-5-carboxamide, desethylamiodarone, acetate, acetone, carnitine, citrate, creatine, creatinine, DMA, glycine, lactose, phenylacetyl-glutamine, tartrate, trimethylamine
De Seymour, 2014 New Zealand [10]	Nested case- control (untargeted, GC-MS)	20 weeks GA	Serum (not known if fasting)	22/26	Unknown	Itaconic acid, cis-aconitate	None	2-hydroxybutyric acid, creatinine, nicotinamide, 4-methyl-2-oxopentanoic acid, cysteine, oleic acid, 9-heptadecenoic acid, ornithine, 11,14-eicosadienoic acid, EPA, DHA, palmitic acid, adrenic acid, γ-linolenic acid, palmitoleic acid, alanine, glutamic acid, phenylalanine, arachidonic acid, glycine, proline, asparagine, isoleucine, pyruvic acid, aspartic acid, quinic acid, azelaic acid, lactic acid, serine, benzoic acid, leucine, stearic acid, linoleic acid, succinic acid, lysine, threonine, cis-vaccenic acid, margaric acid, tryptophan, citraconic acid, methionine, tyrosine, citric acid, myristic acid, valine
Bentley- Lewis, 2015 US [11]	Nested case- control (untargeted, LC-MS)	1 ^{rst} trimester GA	Serum (fasting)	96/96	Carpenter– Coustan criteria (dx in 3 rd trimester)	Anthranilic acid, allantoin, alanine, glutamate, and serine	Creatinine	Other metabolites measured (specific metabolites not outlined)
Law, 2017 China part 1 and 2 [12- 13]	Nested case- control (untargeted, LC-MS)	11-14 weeks GA	Plasma (fasting)	27/34	IADPSG (dx at 24-28 weeks GA)	Sesaminol 2-O-triglucoside, tricin 7-neohesperidoside. Pathways: trytophan metabolism, purine nucleosides (e.g. uridine, hypoxanthine, xanthine, xanthosine), amino acid derivatives (e.g. homocitrulline), steroid and sterol conjugates (e.g. 5- androstenediol), fatty acid derivates (e.g. 3- hydroxybutyric acid), carnitines, amino acids (e.g D-galactose)	(2E)-14- hydroxytetradec-2-enoic acid, (2E,13R)-13- hydroxytetradec- 2-enoic acid, 2,15- dihydroxypentadecanoi acid, (7R,8S,9Z,12Z,15Z)- 7,8-dihydroxy-9,12, 15-octadecatrienoic acid	183 other metabolites measured (others NS)

Leitner, 2017 Italy [14]	Case-control (GC-MS)	12-26 weeks GA	Urine (not clear if fasting)	14/18	IADPSG (dx at 24-28 weeks)	2-hydroxybutanoic acid, 3- hydroxybutanoic acid, valine, alanine, beta- alanine, tryptophan, b- sitosterol, octadecadienoic acid, tyrosine, leucine, phenylalanine, 2,4- dihydroxybutyrate. citrate.	None	Other metabolites measured (specific metabolites not outlined)
					LADESC	malate, succinate, uracil, lactate, pentahydroxyhexanoic acid		
Zhang, 2017 China [15]	Cohort study (HILIC-MS)	9-12 weeks GA	Serum (fasting)	533/ 5175	(dx at 24-28 weeks)		Thyroxin	No other metaboites measured
Barzilay 2018, Canada (45% European, 25% Asian, 9% Latin, 7% Black) [16]	Nested case- control (LC- MS)	12-16 weeks GA	Plasma (non- fasting)	18/296	Canadian Diabetes Association 2008 practice guideline (dx 24-28 weeks GA)	None	None	Pyridoxal 5' phosphate, choline, dimethylglycine, betaine, trimethylamine N- oxide, homocysteine, folic acid
Li, 2018 China & Liu, 2020 China [17- 18]	Nested case- control (LC- MS)	<24 weeks GA	Serum (fasting)	243/243	WHO-2013 criteria (dx at 24-28 weeks GA)	None	Deoxycholic acid, Glycoursodeoxycholic acid, glycochenodeoxycholic acid, glycodeoxycholic acid, taurochenodeoxycholic acid, glycocholic acid, L-α- lysophosphatidylcholine, LPC (15:0, 17:0, 18:0, 18:1)	Cholic acid, deoxycholic acid, taurocholic acid, LPC 14:0
O'Neill, 2018 US (90% white Europeans) [19]	Nested case- control (targeted, GC- MS/LC-MS)	16-18 weeks GA	Amniotic fluid	20/20	Self-report at postnatal visit	2-hydroxybutyrate, 3-(4- hydroxyphenyl)-propionate, 3-methyl-2-oxovalerate, 2- hydroxy-3-methylvalerate, LCFAs (palmitoleate, stearate, eicosenoate); PUFAs (EPA, DHA, linoleate, linolenate, dihomo-linolenate, arachidonate, DPA), stearoyl sphingomyelin	 1,5-anhydroglucitol, glycine, betaine, histidine, pyroglutamine, phenylacetyl -glutamine, p-cresol sulfate, p-cresol-glucuronide, urea, hydrocinnamate, isovaleryl- glycine, isobutrylglycine, N2, N5-diacetylornithine, N-acetylcitrulline, 5- methylthioadensine, γ- glutamylglycine, γ- glutamylglucine, γ- glutamylphenylalanine, γ- glutamylthreonine, γ- glutamyltyrosine, γ- glutamyltyrosine, γ- glutamylvaline 	459 metabolites measured (others NS)

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Roy, 2018 Quebec, Canada [20]	Nested case- control (targeted, UHRQ-TOF- MS)	7-15 weeks GA	Plasma (non- fasting)	50/50	2008 Canadian Diabetes Association criteria (dx at 24-28 weeks)	leucine, iso- butyrylcarnitine, isoleucine, tyrosine, valine	None	Acylcarnitines (C0, C2, C4, C5DC, C6, C8), arginine, glutamine, methionine,
Hou, 2018 China [21]	Nested case- control (UPLC-TQ- MS, GC/TOF- MS)	12 weeks GA	Serum (fasting)	131/138	IADPSG (dx at 24-28 weeks)	Acetylaspartic acid, alanine, glutamic acid, leucine, valine, 2- and 4- aminobutanoic acid, 2- hydroxybutyric acid, 2-oxo- 4-methylvaleric acid, aminomalonic acid, malic acid, pyruvic acid, 1- monooleoylglycol, 2- ethylhexanoic acid, mannose, threitol, lithocholic acid, fatty acids (C14:1, C16:1, C17:1, C18:1, C19:1, C20:1, C12:0, C16:0, C17:0, C20:0, C16:2, C18:2, C18:3, C22:3, C18:3, C20:4, C20:3, C20:2, C22:5), triglycerides, cholinesterase, retinol binding protein, 2-oxo-4- methylvaleric acid, 4- aminobutanoic acid	Cysteine, isoleucine, 2,3,4- trihydroxybutryic acid, maltose, threonic acid, cholic acid, dehydro-LCA, isodeoxycholic acid	Alanine aminotransferase, aspartate aminotransferase, gamma-glutamyl transferase, blood urea nitrogen, creatinine, uric acid, cholesterol (total, HDL, LDL), 131 metabolites measured (others NS)
Li, 2018 China [22]	Nested case- control (UPLC-MS)	20 weeks GA	Plasma (fasting)	276/552	IADPSG (dx at 24-32 week GA)	TMAO, triglycerides	None	Cholesterol (total, HDL, LDL); no other metabolites measured
Huo, 2019 China [23]	Nested case- control (LC- MS)	first antenatal care visit	Plasma (fasting)	243/243	WHO-2013 criteria (dx at 24-28 weeks GA)	Alanine aminotransferase, trimethylamine	Betaine, L-carnitine, choline chloride, trimethylamine N- oxide, deoxycholic acid, glycoursodeoxycholic acid	None
Sakurai, 2019 Japan [24]	Nested case- control (HICT-MS)	<24 weeks GA	Serum, Urine (unclear if fasting)	121/121	Medical records at time of delivery (but GDM dx at 24-28 weeks)	Serum: glutamine, pyrophosphate, octulose- 1,8-bisphosphate Urine: shikimate-3-phosphate, ethanolamine, 1,3- diphopshateglycerate, leucine-isoleucine, p- hydroxybenzoate,	None	42 serum and 263 urine other metabolites measured (not NS)

						hydroxyphenylpyruvate, N- acetyl-alanine, hydroxyproline, octulose- monophosphate, N-acetyl- glucosamine, shikimate, cellobiose, threonine, methylcysteine, methionine sulfoxide, urea, deoxyribose-phosphate, methionine, acadesine, D- sedoheptulose-7-phosphate. Pathways: valine, leucine and isoleucine biosynthesis, ABC transporters, betaine- homocysteine S- methyltransferase, methionine synthases, aminoacyl-tRNA biosynthesis, phenylalanine, tyrosine and tryptophan biosynthesis, pentose phosphate		
Liu, 2019 China [25]	Case-control (LC-MS)	6-8 weeks	Urine (not clear if fasting)	15/50	IADPSG (dx at 24-28 weeks)	L-phenylatanyl-L-proline, hydroxylauroylcarnitine, levoglucosan, 1'- acetoxyeugenol acetate, 3,4- dimethyl-5-pentyl-2- furanundecanoic acid, polyethylene glycol, 6- hydroxy-5-methoxyindole glucuronide. Pathway: steroid hormone biosynthesis	Pathway: tyrosine metabolism	Other metabolites measured (specific metabolites not outlined)
Zhao, 201 9 China [26]	Case-control (UHPLC-MS)	Median 13 weeks GA	Serum (fasting)	107/107	American Diabetes Association 2011 (dx at 24-28 weeks)	Hypoxanthine, xanthosine, glutamic acid, lysine, ornithine, proline, pantothenic acid, succinic acid semialdehyde, acetohydroxamic acid, glycerophosphocoline, taurine, creatine, acetylcarnitine, uracil, propionylcarnitine, aspartyl- isoleucine, pantothenic acid, 2 methylbutyroylcarnitine, LysoPC (14:0, 20:5, 16:1, 15:0, 22:6, 20:4, 20:3, 16:0,	Inosine, prolyhydroxyproline, threoninyl-phenylalanine, asparaginyl-tryptopham, phenylalanyl-gamma- glutamate, valyl-isoleucine, aspartyl-phenylalanine, phenylalanyl-valine, DL-2 - aminooctanoic acid, phenylalanyl-isoleucine, acetylglycine	Other metabolites measured (NS)

						20:3, 18:1, 17:1, 18:0, 22:4), palmitoylcarnitine, linoleoyl carnitine, histidine, succinic acid, malic acid, ascorbic acid-2- sulfate, glycocholic acid, chenodeoxycholic acid, lysophosphatidic acid		
Furse, 2020 UK (10% Black, 6% Asian, 68% White) [27]	Cohort study (DI-MS/LC- MS)	15-18 weeks GA	Plasma (not clear if fasting)	249/582	IADPSG (dx 24-30 weeks GA)	Triglycerides (48:0, 50:1, 50:2, 51:5, 53:4), phosphatidylcholine (38:5)	Sphingomyelins (32:1, 41:2, 42:3), lyso- phosphatidylcholine (16:0, 18:1), phosphatidylcholines (35:2, 40:7, 40:10), polyunsaturated triglycerides (46:5, 48:6), oxidized triglycerides (48:6, 54:4, 56:4, 58:6)	565 other triglyceride and phospholipid metabolites measured (specific metabolites not outlined)
Jiang, 2020 China [28]	Cohort study (UHPLC-MS)	12-16 weeks GA	Serum (fasting)	65/366	WHO-2013 criteria (dx at 24-28 weeks GA)	Alanine, glutamate, isoleucine, phenylalanine, tyrosine, triglycerides	None	Arginine, asparaginase, aspartic acid, citrulline, glycine, hydroxyproline, leucine, valine, tryptophan, threonine, serine, proline, lysine, total cholesterol
Koos, 2020 US [29]	Nested case- control (UPLC-MS, GC-MS)	6-19 weeks GA	Urine (not clear if fasting)	46/46	American Diabetes Association 2017 (post urine)	Argininate, saccharopine, dihydroorotate, dopamine, isocitrate lactone, octanoylcarnitine, 3- methylglutarate or 2- methylglutarate, nicotinate ribonucleoside, 7,8- dihydroneopterin, phenol glucuronide	Lanthionine	626 total metabolites measured (others NS)
Li, 2020 China [30]	Nested case- control (GC- MS)	10-16 weeks GA	Plasma (fasting)	305/305	IADPSG (dx at 24-28 weeks)	Fatty acids (C20:5, C18:3 ,C18:1, C20:3, C16:1, C14:0, C16:0, C22:0)	Fatty acids (C20:2, C22:4, C20:0, C24:0, C18:2)	Fatty acids (C17:0, C18:3, C18:0, C22:5, C15:0, C20:4, C20:1, C22:3, C18:1, C22:6)
B. COLLEC	CTED AFTER	OR SAME	FIME AS GE	OM DIAGN	NOSIS $(N = 3)$	8)		
Butte, 1999 US (Mexican or Central American descent) [31]	Case-control (amino acid analyser with 12cm high- performance sodium column with sodium buffers)	32-36 weeks GA	Plasma (fasting)	8/8	O'Sullivan and Mahan criteria	Taurine, hydroxyproline, glutamic acid, glutamine, cysteine, tyrosine, phenylalanine, tryptophan, histidine	N/A	Threonine, serine, proline, glycine, alanine, valine, cystine, methionine, isoleucine, leucine, ornithine, lysine, arginine
Seghieri, 2003 Italy [32]	Case-control (targeted, fluorescence	24-28 weeks GA	Serum (unclear if fasting)	15/78	Carpenter– Coustan criteria	Homocysteine	Vitamin B12	Folate, uric acid, HDL, cholesterol, triacylglycerols, albumin

	polarisation immunoassay)							
Tarim, 2004 Turkey [33]	(fluorescence polarisation immunoassay)	24-28 weeks GA	Plasma (fasting)	28/210	Carpenter– Coustan criteria	None	None	Homocysteine, triglycerides, cholesterol (total, HDL, LDL), vitamin B12, folic acid, creatinine
Guven, 2006 Turkey [34]	Case-control (Immunolite 2000 assay)	24-28 weeks GA	Serum (unclear)	30/147	Carpenter– Coustan criteria	Homocysteine	None	Folate, vitamin B12
Pappa, 2007 Greece [35]	Case-control (HPLC; enzymatic colorimetric assay)	30-33 weeks GA	Plasma (fasting)	25/46	Fourth Internationa l Gestational Diabetes Workshop criteria	β-hydroxybutyrate, free fatty acids	Acylcarnitine, methionine, glycine, alanine, citrulline, ornithine	Carnitine, histidine, isoleucine, leucine, lysine, phenylalanine, threonine, valine, arginine, aspartate, glutamate, serine, taurine, tyrosine, α -aminobutyric acid
Idzior- Waluś, 2008 Poland [36]	Case-control (ELISA-based assay)	26-32 weeks GA	Serum (fasting)	44/17	WHO criteria	Triglycerides, NEFAs, fasting glycose	None	Homocysteine, HDL, LDL, cholesterol, insulin, folate, cystatin C, vitamin B12
Telekjo, 2009 Poland [37]	Case-control (ELISA-based assay)	24-32 weeks GA	Plasma (unclear if fasting)	56/68	WHO criteria	Cholesterol (total and HDL), triglycerides, endothelin-1	None	HDL cholesterol, ADMA, E-selection, soluble vascular cell adhesion molecule-1
Akturk, 2010 Turkey [38]	Case-control (targeted, HPLC/fluores cence spectroscopy)	32-39 weeks GA	Plasma (fasting)	54/69	Carpenter– Coustan criteria	ADMA, triglycerides, HOMA-IR	None	Homocysteine, folic acid, vitamin B12
Sertkaya 2011 Turkey [39]	HPLC/fluores cence spectroscopy	24-28 weeks GA	Plasma (not clear if fasting)	58/50	Carpenter– Coustan criteria	ADMA	None	None
Chen, 2010 US (45% Hispanic, 38% Black) [4]	Nested case- control (targeted on FA, GC-MS)	28 weeks GA	Serum (fasting)	49/98	Carpenter– Coustan criteria	Palmitic acid, palmitoleic acid, oleic acid, linoleic acid, linolenic acid, arachidonic acid, EPA, DHA	None	Myristic acid, stearic acid
Sachse, 2012 Norway [8]	Nested case- control (untargeted, ¹ H NMR spectroscopy)	26-30 weeks GA	Urine (fasting)	79/530	WHO criteria	Citrate	None	See section a. above (Sachse, 2012)
Dudzik, 2014 & Lorenzo, 2015 Poland [40- 41]	Case-control (untargeted, GC-MS/LC- MS/CE-MS)	22-28 weeks GA	Plasma and urine (fasting)	20/20	WHO-1998	Plasma: phosphatidylethanolamines (38:6, 36:5), Phosphatidylcholines (38:1, 40:3), acetylcarnitine, linoleic acid, glycerol, 3- hydroxybutyrate, 2- hydroxybutyrate, fumaric	Plasma: LPE (16:0, 18:0, 18:2, 20:0, 20:1, 20:2, 22:4, 22:6), LPC (16:0; 18:0, 18:1, 18:2, 18:3, 20:3, 20:4, 20:5 acyl chains), LPI (20:4), LPS (20:0), LPA (18:2), lipoxin C4, trihydroxy-cholestanoyl	Alanine, valine, threonine, norleucine, proline, isoleucine, serine, leucine, cysteine, aspartic acid, methionine tyrosine, ornithine, lysine, arginine, histidine, methionine sulfone

						acid Urine: histidine, glutamine, phenylalanine, tryptophan, cystine	taurine, taurolithocholic acid glucuronide, araquidonate, DHA methyl esters, glycerol- phosphocholine, creatinine, pyruvic acid, glycine, glutamate, tryptophan, lauric acid; Urine: carnitine	
Prentice, 2014 US [42]	Case-control (untargeted GC-MS/LC- MS)	24–28 weeks GA	Plasma (fasting)	24/24	NIH	3-carboxy-4-methyl-5- propyl-2-furanpropanoic acid	Did not measure other metabo	blites
Scholtens, 2014 Northern Europe [43]	Case-control (targeted on amino acids and untargeted, MS/GC-MS)	24–32 weeks GA	Serum (fasting)	67/50	IADPSG	Alanine, proline, leucine, isoleucine, valine, arginine, phenylalanine, lactate, palmitic acid, lauric acid, heptadecanoic acid, β - tocopherol, β - hydroxybutyric acid, acetoacetic acid, pyruvic acid, α -ketoglutaric acid, 2- hydroxybutyric acid, isocitric acid, creatinine, triglycerides	1,5-Anhydroglucitol, mannitol and other hexitols, β-sitosterol	Glycerol, citrulline, valine, tyrosine, ornithine, histidine, serine, methionine, glycine
Hajduk, 2015 Poland [44]	Case-control (targeted on amino acids, LC-MS)	24-28 weeks GA	Plasma (unclear if fasting)	18/13	Polish Gynecologi cal Society Standards	L-Citrulline	L-Asparagine, L-valine, and L-ornithine	Other amino acids measured (specific metabolites not outlined)
He, 2016 China [45]	Case-control (untargeted, GC-MS)	24-28 weeks GA	Hair	47/47	IADPSG	Adipic acid		2-oxobutyric acid, glycine, proline, 2- oxoglutaric acid, lactic acid, pyroglutamic acid, leucine, pyruvic acid, alanine, malonic acid, quinic acid, aspartic acid, methionine, serine, citramalic acid, n-acetylglutamic acid, stearic acid, citric acid, octanoic acid, succinic acid, cysteine, oxalic acid, threonine, fumaric acid, palmitic acid, tyrosine, valine, glutamic acid, phenylalanine
Lehmann, 2015 Germany [46]	Case-control (targeted, GC-MS/LC- MS)	24-27 weeks GA	Plasma (fasting)	9/15	IADPSG	Acetylcarnitine, leucine, oleate, triglycerides	glycerophospholipids [diacyl-phosphatidylcholine (PC aa) C38:6, PC aa C40:0, PC aa C42:0, PC aa C42:1, glycine, LPC (26:1, 28:1), fatty acids (C22:4, C22:5)	Creatinine, cholesterol (total, HDL, LDL), C- reactive protein 231 metabolites measured (specific metabolites not outlined)
Gao, 2016 China [47]	Case-control (targeted on	~28 weeks GA	Serum (fasting)	38/27	IADPSG	β-muricholic acid, glycohyo-deoxycholic acid,	None	

	bile acid, LC- MS)					taurohyo-deoxycholic acid, 5 sulfated (dehydro-1S, mono-2S+ mono-3S, mono- 4S, and mono-5S)		
Liu, 2016 China [48]	Nested case- control (untargeted, LC-MS)	28-36 weeks GA	Serum (fasting)	12/10	IADPSG	1-Methyladenosine, homovanillic acid, trans-3- octenedioic acid, glucosamine, LPC (16:1, 20:2), 3- methylthiopropionic acid, L-lactic acid, tyrosine, L-2- hydroxyglutaric acid, phosphorylcholine	Gluconolactone, serinyl- glycine, LPC (20:4), 3- methylhistidine, 2-oxo-4-methylthiobutanoic acid, sphingomyelin (d18:0/ 18:0), arabinonic acid indoleacetaldehyde, LPE (14:1/20:0), 3- oxooctadecanoic acid, glycine, pyridoxal, capric acid, stearic acid, 3- methylhistidine	Other metabolites measured (specific metabolites not outlined)
Law, 2017 China part 1 and part 2 [12-13]	Nested case- control (untargeted, LC-MS)	23-27 & 29-33 weeks GA	Plasma (fasting)	27/34	IADPSG	Prostanoic acid, sesaminol 2-O-triglucoside, tricin 7- neohesperidoside, and dihydro-12-oxo-15- phytoenoic acid. Pathways: trytophan metabolism (e.g. oxitriptan (5- hydroxytryptamine), serotonin), purine nucleosides (e.g. uridine, hypoxanthine, xanthine, xanthosine), amino acid derivatives (e.g. homocitrulline), steroid and sterol conjugates (e.g. 5- androstenediol), fatty acid derivates (e.g. 3- hydroxybutyric acid), carnitines, amino acids (e.g D-galactose)	(2E)-14- hydroxytetradec-2- enoic acid, (2E,13R)- 13-hydroxytetradec- 2-enoic acid, 2,15- dihydroxypentadecanoic acid, (7R,8S,9Z,12Z,15Z)- 7,8-dihydroxy- 9,12,15-octadecatrienoic acid, 11α,20,26- trihydroxyecdysone	183 other metabolites measured (others NS)
Leitner, 2017 Italy [14]	Case-control (GC-MS)	12-26 weeks GA	Urine (not clear if fasting)	14/18	IADPSG (dx at 24-28 weeks)	2-hydroxybutanoic acid, 3- hydroxybutanoic acid, 3- hydroxybutanoic acid, valine, alanine, beta- alanine, tryptophan, b- sitosterol, octadecadienoic acid, tyrosine, leucine, phenylalanine, 2,4- dihydroxybutyrate, citrate, malate, succinate, uracil, lactate, pentahydroxyhexanoic acid	None	Other metabolites measured (specific metabolites not outlined)

Zhang, 2017 China [15]	Cohort study (HILIC-MS)	9-12 weeks GA	Serum (fasting)	533/ 5175	IADPSG (dx at 24-28 weeks)		Thyroxin	No other metabolites measured
Barzilay 2018, Canada (45% European, 25% Asian, 9% Latin, 7% Black) [16]	Nested case- control (LC- MS)	12-16 weeks GA	Plasma (non- fasting)	18/296	Canadian Diabetes Association 2008 practice guideline (dx 24-28 weeks GA)	None	None	Pyridoxal 5' phosphate, choline, dimethylglycine, betaine, trimethylamine N- oxide, homocysteine, folic acid
Chorell, 2017 Sweden [49]	Case-control (GC- TOF/MS)	27-38 weeks GA	Serum (fasting)	11/24	European Association for the Study of Diabetes 1991 criteria	None	Cholesterol, LDL	120 metabolites (e.g. leucine, isoleucine, valine, HDL cholesterol) NS
Dudzik, 2017 Poland [40]	Nested case- control (GC- MS)	22-28 weeks GA	Plasma (fasting)	24/24	WHO-1998 criteria	2- and 3-hydroxybutyrate, linoleic acid, oleic acid, palmitoleic acid, palmitic acid, glycerol, triglycerides,	None	Other metabolites measured (specific metabolites not outlined), cholesterol (total, HDL, LDL)
Rahimi, 2017 Iran [50]	Case-control (HPLC)	>25 weeks GA	Plasma (fasting)	27/25	American Diabetes Association 2015 criteria (dx at 24-28 weeks GA)	Asparagine, aspartate, threonine, phenylalanine, glutamine, arginine	None	Histidine, serine, glutamate, citrulline, glycine, leucine, lysine, isoleucine, leucine, ornithine, tyrosine, tryptophan, valine, alanine
Delplancke, 2018 New Zealand (18% Indian/ Asian, 63% European, 18% Pacific Islander) [51]	Case-control (GC-MS/LC- MS)	34-37 weeks GA	Hair	11/73	IADPSG	1-hydroxy-3-nonanone, 22- oxavitamin D3	Tryptophan, leucine, citric acid, 3,4- oxazolidinecarboxylic acid, 2-oxovaleric acid, 3- pyridinecarboxamide, 2- methylpentan-2-y trifluoroacetate, 2- oxobutyric acid	980 total metabolites measured (others NS)
Batchuluun, 2018 Canada (28% White, 8% Black, 26% Asian, 35%	Nested case- control (SRM- MS)	24-28 weeks GA	Plasma (fasting)	13/11	Carpenter– Coustan criteria	Short chain acylcarnitines, medium chain acylcarnitines (hexanoyl- carnitine, octanoyl- carnitine, decanoyl- carnitine, lauroyl-carnitine)	None	Long chain acylcarnitines (C14, C16, C18)

		1		1	1			
Hispanic) [52]								
Bukowiecka -Matusiak, 2018 Poland [53]	Case-control (GC-MS)	24-28 weeks GA	Plasma (fasting)	32/11	WHO-2013 criteria	Vaccenic acid	Stearic acid	Fatty acids (myristic, palmitic, sapienic, palmitoleic, oleic, linoleic, alpha-linolenic, gamma-linolenic, arachidonic, EPA, DPA, DHA)
Chen, 2018 China [54]	Case-control (GC-MS/LC- MS)	26-28 weeks GA	Urine and serum (fasting), hair	49/44	IADPSG	Serum: 2-aminobutyric acid	None	Other metabolites measured (232 metabolites in urine, 96 metabolites in serum, 160 metabolites in hair; specific metabolites not outlined), adjusted for multiple testing
Li, 2019 China [55]	Case-control (LC-MS)	24-28 weeks GA	Serum (not clear if fasting)	30/30	IADPSG	Tetrahydrocortisol, rumenic, linoleic acid, lysoPC, psychosine, traumatic acid, prostaglandin c2, prostaglandin j2, prostaglandin b2, prostaglandin a2, urocortisone, corticosterone, 11- deoxycortisol, thromboxane b2, prostaglandin d2-d4, prostaglandin e2-d4, oleic acid, 2-hydroxyestrone, dehydroepiandrosterone, 2s- hydroxybutanoic, d(-)-beta- hydroxy, 4-hydroxy- butyric, crotonoyl-coa, lysophosphatidic acid, pravastatin, THB, DPA	Lutein, zeaxanthin, lathosterol, prostaglandin- endoperoxide synthase 2, 6- keto prostaglandin E1, coenzyme Q10, HDL cholesterol	Triglyceride, other metabolites measured (specific metabolites not outlined)
López- Hernández, 2019 Mexico [56]	Case-control (UPLC-MS)	>24 weeks	Urine (not clear if fasting)	24/11	American College of Obstetrician s and Gynecologi sts (dx at 24-28 weeks)	5-carboxy-alpha- chromanol, aspartame, DG (24:0/14:1), tryptophan L- urobilinogen, cer (d18:0/23:0), SM (d18:0/22:0), steroids/derivatives (11- oxo-androsterone- glucuronide, cortolone-3- glucuronide, cortolone-3- glucuronide, 5-androstene- 3b,16b,17a-triol, 21- deoxycortisol, 11b, 17a,21- triydroxypreg-nonolone, cucurbitacin c), creatinine,	None	Other metabolites measured (4598 features detected, specific metabolites not outlined)

						urea. Pathways: tryptophan metabolism, steroid hormone biosynthesis		
Taylor et al., 2019 United Kingdom (54% South Asian; 46% White) [57]	Case-control (targeted NMR)	92% between 26-28 weeks	Serum (fasting)	734/ 8774	WHO criteria (dx at 24-28 weeks)	vLDL, small HDL, triglycerides (HDL and LDL), total fatty acids, SFAs, glucose, lactic acid, pyruvic acid, citric acid, glycerol, alanine, phenylalanine, tyrosine, 3- hydroxybutyric acid, BCAAs, acetate, glycoprotein acetyls	Glutamine	LDL, medium and large HDL, total cholesterol, choline, phosphatidylcholine, ApoA, ApoB, histidine, glycine, creatinine, albumin
He, 2020 China [58]	Cohort study (GC-MS)	3rd trimester GA	Plasma (fasting)	177/387	IADPSG (dx at 24-28 weeks)	Triglycerides	None	Serum fatty acids (All PUFAs, MUFAs, SFA), cholesterol (total, HDL, LDL)
Zhao, 2019 China [26]	Case-control (UHPLC-MS)	Median 26 weeks GA	Serum (fasting)	107/107	American Diabetes Association 2011 (dx at 24-28 weeks)	Guanosine, glutamic acid, acetylcarnitine, propionylcarnitine, 2- Octenoylcarnitine, LysoPC (14:0, 16:1, 20:3, 16:0 17:0), palmitoylcarnitine, lysophosphatidic Acid	Threoninyl-Phenylalanine, Phenylalanyl-Gamma- glutamate, Phenylalanyl- Isoleucine	Other metabolites measured (NS)
Burzynska- Pedziwiat, 2020 Poland [59]	Case-control (HPLC– MS/MS)	24-28 weeks GA	Plasma (fasting)	29/35	WHO-2013 criteria	None	Arginine, glutamine, histidine, methionine, phenylalanine, serine	Alanine, asparagine, glutamic acid, glycine, isoleucine, leucine, lysine, proline, threonine, tryptophan, tyrosine, valine, cholesterol (total, HDL, LDL), C-reactive protein, triglycerides
Walejko, 2020 Florida (59% White, 29% Black, 7% Asian, 6% Hispanic) [60]	Case-control (1H NMR spectroscopy)	1rst, 2nd, 3rd trimester	Plasma (both fasting and non- fasting)	12/57	Not clear	(CH2n) fatty acids, ch2ch=c fatty acids, alpha-ch2 fatty acids, glyceryl c1, 3h, glyceryl c2h, ch=ch fatty acids, n-acetyl- glycoproteins. Pathways: butanoate metabolism, synthesis and degradation of ketone bodies	Glutamine, glycine, serine, threonine, succinate, acetate, creatinine, formate. Pathways: glyoxylate and dicarboxylate, glycine, serine, and threonine, alanine, aspartate and glutamine metabolism	Alanine, arginine, asparagine, leucine, isoleucine, valine, dimethylglycine, glutamate, histidine, methionine, lysine, ornithine, dimethylsulfone, phenylalanine, proline, citrate, lactate, pyruvate, acetoacetate, acetone, 3-hydroxybutyrate, betaine, choline, glycolipids, creatine, 2- oxoisovalerate, tyrosine, valine
Wang, 2020 China [61]	Case-control (GC-MS)	Unclear	Urine (not clear if fasting)	59/48	IADPSG (dx at 24-28 weeks)	D-galactose, 2- methoxytyrosine	2-o-methyl-l-ascorbic acid, citraconic acid, N- methylglutamc aicd, cysteine-glycine, glutamine, glycine, galactitol, trehalose, isocitric acid, 2- hydroxyhexaoic acid, nicotinic acid, 2- dehydroshikimic acid	Other metabolites measured (specific metabolites not outlined)
Tan, 2020	Case-control	post GDM	Serum	29/29	WHO-2013	LPC (18:0, 16:0), palmitic	LPC (22:6), behenic acid,	14-Methyl hexadecenoic acid, other

China [62]	(UHPLC-MS)	dx (week not recorded)	(fasting)		criteria	acid, phytosphingosine	sphingosine, 1,25- dihydroxyvitamin D3- 26.23-lactone	metabolites measured (specific metabolites not mentioned)
C. COLLEC	CTED DURING	G DELIVER	Y OR POST	PARTUM	(< 2 YEARS	POSTPARTUM) (N = 11)		
Butte, 1999 US (Mexican or Central American descent) [31]	Case-control (amino acid analyser with 12cm high- performance sodium column with sodium buffers)	6 weeks PP	Plasma (fasting)	8/8	O'Sullivan and Mahan criteria	Taurine, hydroxyproline, glutamic acid, glutamine, cysteine, tyrosine, phenylalanine, tryptophan, histidine, proline, valine, isoleucine, leucine, lysine, arginine	None	Threonine, serine, glycine, alanine, cystine, methionine, ornithine
Cetin, 2005 Italy [63]	Case-control (HPLC/ dual wavelength spectrophotom etry)	During delivery; GDM gx at 37-41 weeks GA	Plasma (likely non- fasting)	17/16	Carpenter– Coustan criteria	Ornithine	None	Lysine, histidine, threonine, valine, methionine, isoleucine, leucine, phenylalanine, proline, arginine, taurine, serine, glutamic acid, glutamine, glycine, alanine, tyrosine
Sachse, 2012 Norway [8]	Nested case- control (untargeted, ¹ H NMR spectroscopy)	10-16 weeks PP	Urine (fasting)	79/530	WHO	None	None	See section a. above (Sachse, 2012)
Anderson, 2014 UK (70% European, 25% South Asian) [64]	Case-control (untargeted, LCMS)	22 months PP	Serum (fasting)	18/43	WHO	Phospholipids (20:1, 18:1, 37:0), oxodecenoic acid, decanol, nonadienoic acid, elaidoylamide, octenedioic acid, hydroxydodecanoic acid, hydroxydoipic acid, 8- amino-7-oxononanoate, oxobutanoic acid, octanoic acid, oxopentanoic acid, oxo-hydroxy-aminovaleric acid, itaconic acid, hydroxymethyl-pentanoic acid, 5beta-cholane-3alpha- 24-diol, pgf2alpha-11- acetate, 11alpha-hydroxy- 9,15-dioxoprost-13-enoate, 3alpha,11beta,17alpha- trihydroxy-5beta-pregnan- 20-one, uric acid, proline, leucine, isoleucine, dimethyluric acid	Phospholipids (10:1, 36:3, 34:0, 38:9, 16:2, 18:1), tetradecenoic acid, decadiynoic acid, hydroxydodecanoic acid, dydroxyoctadecanoic acid, docosanol, hydroxypyruvic acid, acetic acid, methylmalonic acid semialdehyde, propanoic acid, 2-amino-3- phosphonopropanoic acid, methylvaleric acid, diglycerides (40:1), chenodeoxycholic acid 3- sulphate, 4alpha,24beta- dimethyl-5alpha-cholest-22- en-3beta-4beta-diol, 4alpha- hydroxymethyl-4beta- methyl-5alpha-cholesta-8- en-3beta-ol, n- (aminomethyl)urea, phosphoshikimate,	None

								-
							tryptophan, 2- polyprenylphenol, benzosemiquinone, 2- hexaprenylphenol, 5,6,7,8- tetrahydrofolate	
Liu, 2016 China [48]	Nested Case-control (untargeted, LCMS)	Within 3 days PP	Serum (fasting)	12/10	IADPSG	L-Carnitine, creatine	L-lysine, vitamin A, LPE (22:6), ribothymidine, corticosterone, , 17- hydroxyprogesterone, 1, 4-beta-D-glucan	Other metabolites measured (specific metabolites not outlined)
Chertok, 2017 Israel [65]	Case-control (chromatograp h equipped with a fused- silica capillary column)	first 5 days PP	Colostrum (not mentioned if fasting)	29/34	Hospital records	Arachidonic acid, docosatetraenoic acid, linoleic acid, eiosatrienoic acid, heptadecanoic acid	Pentadecanoic acid	Fatty acids (palmitic, lignoceric, oleic, myristic, vaccenic, myristoleic, cis-10- pentadecanoic, margaric, docosanoic, dh, lauric, gondoic, nervonic, epa, erucic, eicosadienoic, tridecylic, linoleic, stearic, arachidic, heneicosylic, clupanodonic, y- linolenic, a-linolenic, trans-oleic, tricosylic, palmitoleic)
Dudzik, 2017 Poland [40]	Nested case- control (GC- MS)	4 weeks and 12 weeks PP	Plasma (fasting)	24/24	WHO-1998 criteria	1 month PP: lactic acid, proline 3 months PP: 2- and 3- hydroxybutyrate, gluconic acid, palmitic acid, linoleic acid, oleic acid, glycerol, C- peptide	2-ketoisocaproic acid	Other metabolites measured (specific metabolites not outlined), cholesterol (total, HDL, LDL)
Chorell, 2017 Sweden [49]	Case-control (GC- TOF/MS)	6-12 months PP	Serum (fasting)	11/24	European Association for the Study of Diabetes 1991 criteria	leucine, isoleucine, valine	DHA, palmitic acid, linoleic acid, elaidic acid, oleic acid	Cholesterol (total, HDL, LDL), 112 metabolites analyzed NS
Barzilay 2018, Canada (45% European, 25% Asian, 9% Latin, 7% Black) [16]	Nested case- control (LC- MS)	At delivery (37-42 weeks GA)	Plasma (non- fasting)	18/296	Canadian Diabetes Association 2008 practice guideline (24-28 weeks GA)	None	None	Pyridoxal 5' phosphate, choline, dimethylglycine, betaine, trimethylamine N- oxide, homocysteine, folic acid
Lu, 2018 Germany [66]	(FIA-ESI- MS/MS)	Time of birth	Serum	31/381	German Diabetes Association and German Association for	acylcarnitine (C4:1), diacyl- phosphatidyl-cholines (PC cc 36:5, PC aa C36:6), acyl- alkyl-phosphatidyl-cholines (Pc ae C38:0, 38:3, 40:1, 40:5), sum of hexoses	None	163 total metabolites measured: 40 acylcarnitines, 14 amino acids, hexoses, 92 glycerophospholipids (15 LPCs and 77 phosphatidylcholines), and 15 sphingolipids) [NS]

					Gynecology			
					and			
					Obstetrics			
Chu, 2020 Singapore	Nested case- control (LC-	PP	Placenta	154/845	WHO-1999 criteria (dx at 26 weeks	Inositol	No other metabolites	
[67]	MS)				GA)		measured	

* Same study population, but different bio-specimens (counted as 1 study).

Abbreviations: GA = gestational age; PP = post partum; NS = not significant; US = United States of America; IADPSG = International Association of Diabetes and Pregnancy Study Groups; WHO = World Health Organization; GC-MS = gas chromatography/mass spectrometry; LC-MS = liquid chromatography/mass spectrometry; CE-MS = capillary electrophoresis/mass spectrometry; UPLC-MS = ultra-performance liquid chromatography-mass spectrometry; UHPLC-MS = ultra-high-performance liquid chromatography-mass spectrometry; HPLC = High-performance liquid chromatography; ¹H NMR = high resolution proton nuclear magnetic resonance; SRM-MS = semiquantitative selected reaction monitoring mass spectroscopy; HPLC–MS/MS = high pressure liquid chromatography coupled with triple quadrupole tandem mass spectrometry; FIA–ESI–MS/MS = flow injection analysis–electrospray ionization – tandem mass spectrometry; LCQ-TOF-MS = liquid chromatography coupled with quadrupole time-of-flight mass spectrometry; GC-TOF/MS = gas chromatography-time-of-flight mass spectrometry; DI-MS = direct infusion mass spectrometry; UPLC-TQ-MS = ultra-performance liquid chromatography tandem quadrupole mass spectrometry; UHRQ-TOF-MS = ultra-high resolution quadrupole time-of-flight mass spectrometry; HILC-MS = hydrophilic interaction chromatography tandem mass spectrometry; HILIC-MS = hydrophilic interaction liquid chromatography coupled with tandem mass-spectrometry; SFAs = saturated fatty acids; NEFAs = non-esterified fatty acids.

Supplemental Table S2.

Key characteristics of studies up to November 2020 investigating metabolites associated with GDM (n = 61 studies)

Characteristic	N studies (%)	Range in # of GDM cases
GDM cases		
Conducted using < 80 GDM cases	48 (78.7)	8-80
Country		
China	18 (30.0)	12-533
Japan	1 (1.6)	121
Singapore	1 (1.6)	154
New Zealand	2 (3.3)	11-22
United States	7 (11.5)	8-96
Mexico	1 (1.6)	24
Canada	3 (5.0)	13-50
United Kingdom	3 (5.0)	18-8774
Poland	7 (11.5)	18-56
Germany	2 (3.3)	9-31
Italy	3 (5.0)	14-17
Portugal	3 (5.0)	23-42
Sweden	1 (1.6)	11
Norway	1 (1.6)	79
Greece	1 (1.6)	25
Northern Europe	1 (1.6)	67
Turkey	4 (6.6)	28-58
Israel	1 (1.6)	29
Iran	1 (1.6)	27
Fasting status when metabolites measured		
Fasting	34 (55.7)	8-8774
Non-fasting	7 (11.5)	18-50
Fasting not typical (placenta, amniotic fluid, hair bio-specimens)	4 (6.5)	11-154
Unclear	15 (24.6)	14-249
Both fasting and non-fasting	1 (1.6)	12
Metabolite collection time*		
Prior to GDM diagnosis	25 (41.0)	14-533
After or at same time as GDM diagnosis	39 (63.9)	8-8774
During delivery or postpartum (< 2 years postpartum)	11 (18.0)	8-154
GDM diagnostic method		
IADPSG	18 (29.5)	9-533
WHO criteria (years 1998, 1999, 2013)	14 (23.0)	18-8774
Carpenter–Coustan criteria	9 (14.8)	13-96
Associations (e.g., Canadian Diabetes Association, Polish Gynecological	11 (18 0)	11_107
Society)	11 (10.0)	11-107
Other (O'Sullivan and Mahan criteria, self-report, hospital records)	4 (6.6)	8-121
Not reported	5 (8.2)	12-27

*One study can measure same metabolites at different gestational ages.

Supplemental Table S3.

Fasting serum metabolites measured in START (n = 63) and FAMILY (n = 62) using MSI-CE-MS

Matabalita		HMBD ID or Molecular	Identification				
Metabolite	<i>m/z</i> : K IVI I : mode	Formula/mass error	Level				
2-Aminooctanoic acid	160.133:0.714:p	HMDB0000991	2				
2-Hydroxybutyric acid	103.040:1.295:n	HMDB000008	1				
3-Hydroxybutyric acid	103.040:0.950:n	HMDB0000357	1				
3-Methyl-2-oxovaleric acid	129.056:1.268:n	HMDB0000491	1				
3-Methylhistidine	170.092:0.643:p	HMDB0000479	1				
Acetylcarnitine	204.123:0.765:p	HMDB0000201	1				
Alpha-ketoisovaleric acid	115.040:1.340:n	HMDB0000019	1				
Alanine	90.056:0.762:p	HMDB0000161	1				
Aminoadipic acid	162.076:0.918:p	HMDB0000510	1				
Arginine	175.119:0.609:p	HMDB0000517	1				
Asparagine	133.057:0.887:p	HMDB0000168	1				
Aspartic acid	134.044:0.974:p	HMDB0000191	1				
Asymmetric-dimethylarginine	203.150:0.645:p	HMDB0001539	1				
Carnitine	162.112:0.723:p	HMDB0000062	1				
Choline	104.108:0.578:p	HMDB0000097	1				
Citric acid	191.020:2.519:n	HMDB0000094	1				
Citrulline	176.102:0.936:p	HMDB0000904	1				
Creatine	132.077:0.748:p	HMDB0000064	1				
Creatinine	114.066:0.621:p	HMDB0000562	1				
Cysteinylglycine disulfide	298.053:0.808;p	HMDB0000709	2				
Cystine	241.030:0.934:p	HMDB0000192	1				
Dimethylglycine	104.071:0.808:p	HMDB0000092	1				
γ-Butyrobetaine	146.118:0.690:p	HMDB0001161	1				
Gluconic acid	195.052:1.160:n	HMDB0000625	1				
Glucose	179.056:0.999:n	HMDB0000122	1				
Glutamic acid	148.060:0.925:p	HMDB0000148	1				
Glutamine	147.076:0.911:p	HMDB0000641	1				
Glycine	76.039:0.710:p	HMDB0000123	1				
Guanidinoacetic acid	118.053:0.701:p	HMDB0000128	2				
Hippuric acid	178.051:1.134:n	HMDB0000714	1				
Histidine	156.077:0.628:p	HMDB0000177	1				
Hypoxanthine	137.046:1.077:p	HMDB0000157	1				
Isoleucine	132.102:0.846:p	HMDB0000172	1				
Lactic acid	89.025:1.412:n	HMDB0000190	1				
Leucine	132.102:0.856:p	HMDB0000687	1				
Lysine	147.113:0.588:p	HMDB0000182	1				
Malic acid	133.014:2.293:n	HMDB0000744	1				
Methionine	150.058:0.897:p	HMDB0000696	1				
Monomethylarginine	189.134:0.613:p	HMDB0029416	1				
Ornithine	133.097:0.586:p	HMDB0000214	1				
Oxo-proline	128.035:1.262:n	HMDB0000267	1				
Phenylacetylglutamine	263.104:1.087:n	HMDB0006344	1				
Phenylalanine	166.086:0.925:p	HMDB0000159	1				

Pipecolic acid	130.086:0.588:p	HMDB0000070	2
Proline	116.070:0.907:p	HMDB0000162	1
Proline betaine	144.099:0.962:p	HMDB0004827	1
Propionylcarnitine	218.114:0.790:p	HMDB0000824	1
Pyruvic acid	87.009:1.629:n	HMDB0000243	1
Serine	106.050:0.846:p	HMDB0000187	1
Symmetric-dimethylarginine	203.1450:0.657:p	HMDB0003334	1
Taurine	124.007:0.990:n	HMDB0000251	2
Threonine	120.065:0.887:p	HMDB0000167	1
Trimethylamine N-oxide	76.077:0.555:p	HMDB0000925	1
Tryptophan	205.097:0.925:p	HMDB0030396	1
Tryptophan betaine	247.144:1.153:p	HMDB0061115	1
Tyrosine	182.081:0.956:p	HMDB0000158	1
Unknown singly charged ion [*]	129.066:0.739:p	C ₅ H ₈ N ₂ O ₂ /7.7 ppm	3
Unknown [†]	334.688:0.805:p	C ₂₀ H ₄₇ N ₁₈ O ₆ S/3.6 ppm	3
Unknown [‡]	471.738:0.888:p	C ₃₀ H ₅₅ N ₂₅ O ₁₁ /9.6 ppm	4
Unknown singly charged ion,	117.056.1.244.0		3
identified as 2-hydroxyvaleric acid	117.030.1.244.11	$C_5H_{10}O_3/0$ ppm	3
Uric acid	167.021:1.198:n	HMDB0000289	1
Valine	118.086:0.835:p	HMDB0000883	1
Xanthine	151.026:1.192:n	HMDB0000292	2

* Identified as a cation amino acid analog (see reference 68).

[†] Not measured in FAMILY. Unknown identified as a doubly charged peptide, containing histidine, proline, and leucine.

‡ Unknown identified as a doubly charged peptide, containing alanine, glutamic acid, and histidine.

Supplemental Table S4.

Metabolites that were significantly associated with GDM status (univariate p < 0.10)

1. Glucose

- 2. Glutamic acid
- 3. Glutamine
- 4. 2-Aminooctanoic acid
- 5. Creatinine
- 6. Ornithine
- 7. Proline betaine
- 8. Arginine
- 9. Acetylcarnitine
- 10. Tryptophan
- 11. Oxo-proline
- 12. Propionylcarnitine
- 13. Cystine
- 14. Pyruvic acid
- 15. Citric acid
- 16. 2-Hydroxybutyric acid
- 17. 3-Hydroxybutyric acid
- 18. 3-methyl-2-oxovaleric acid
- 19. Unknown m/z: 129.066 (C₅H₈N₂O₂), identified as a cation amino acid analog (see reference 68)
- 20. Unknown m/z: 417.738 (most likely molecular formula: C₃₀H₅₅N₂₅O₁₁), identified as a doubly charged peptide, containing alanine, glutamic acid, and histidine
- 21. Glucose-to-creatinine ratio
- 22. Glucose-to-glutamine ratio
- 23. Glutamic acid-to-glutamine ratio
- 24. Alanine-to-glycine ratio
- 25. Leucine-to-glutamine ratio
- 26. Valine-to-glutamine ratio
- 27. Arginine-to-ornithine ratio
- 28. Citrulline-to-ornithine ratio

Supplemental Table S5

Median (IQR) metabolite concentrations (micromoles, µmol), metabolites with univariate p <0.10, IADPSG diagnostic criteria, START and FAMILY

	Overall	(n = 590)	START	(n = 299)	FAMILY (n = 291)				
Metabolite*	GDM	No GDM	GDM	No GDM	GDM	No GDM			
	(n = 133)	(n = 457)	(n = 81)	(n = 218)	(n = 52)	(n = 239)			
Glucose	5114.87 (738.09)	4745.30 (521.87)	5222.57 (781.83)	4819.01 (459.05)	5072.33 (606.09)	4667.12 (603.38)			
Glutamic acid	86.57 (36.71)	79.59 (32.85)	84.17 (35.06)	76.03 (33.18)	90.59 (37.62)	81.19 (34.76)			
Glutamine	490.37 (153.31)	494.14 (129.33)	487.59 (166.65)	493.15 (138.37)	495.14 (154.82)	495.57 (125.26)			
Creatinine	27.23 (10.19)	29.70 (10.34)	26.41 (8.55)	26.62 (9.79)	29.40 (10.41)	31.47 (8.48)			
Ornithine	32.64 (16.18)	38.25 (15.01)	31.01 (11.02)	32.92 (15.84)	36.19 (17.27)	41.03 (13.09)			
roline betaine 1.38 (3.47)		1.96 (3.82)	1.27 (2.48)	1.61 (2.42)	1.69 (6.07)	2.45 (5.30)			
Arginine	111.02 (50.38) 100.52 (46.4		124.27 (64.75)	120.73 (68.9)	95.41 (36.06)	88.71 (27.52)			
Acetylcarnitine	2.15 (0.75)	2.05 (0.80)	2.15 (0.78)	2.17 (0.87)	2.17 (0.59)	1.95 (0.70)			
Tryptophan	27.32 (2.83)	26.59 (2.58)	26.59 (3.16)	26.10 (2.71)	28.09 (2.01)	26.85 (2.24)			
Oxo-proline	22.51 (7.69)	24.57 (8.22)	21.54 (6.41)	22.26 (8.93)	24.52 (8.00)	25.41 (6.75)			
Propionylcarnitine	opionylcarnitine 3.03 (0.70)		3.10 (0.73)	2.97 (0.75)	2.89 (0.52)	2.82 (0.39)			
Cystine	14.18 (5.62)	16.57 (5.52)	13.01 (0.93)	13.11 (1.19)	18.71 (1.83)	18.5 (1.88)			
Pyruvic acid	133.05 (60.64)	115.34 (64.42)	112.00 (57.38)	102.45 (65.13)	149.86 (63.30)	124.95 (61.20)			
Citric acid	187.92 (73.75)	169.89 (66.65)	187.91 (90.14)	159.58 (86.56)	197.12 (63.66)	176.79 (57.34)			
2-Hydroxybutyric acid	58.48 (25.67)	49.77 (23.27)	52.30 (24.30)	48.36 (22.86)	65.59 (29.60)	51.49 (26.68)			
3-Hydroxybutyric acid	140.97 (45.34)	123.10 (43.95)	140.81 (41.79)	120.93 (34.15)	143.15 (50.20)	126.73 (49.03)			
3-methyl-2-oxovaleric acid	38.53 (16.86)	35.19 (13.15)	38.14 (17.04)	36.77 (13.69)	40.29 (14.31)	33.54 (11.76)			
Glucose-to-creatinine ratio	183.63 (61.23)	159.70 (59.06)	192.57 (71.78)	181.55 (59.42)	170.03 (62.95)	145.69 (42.39)			
Glucose-to-glutamine ratio	10.61 (3.12)	9.46 (2.20)	10.95 (3.27)	9.7 (2.31)	10.41 (2.88)	9.35 (1.99)			
Arginine-to-ornithine ratio	3.43 (2.64)	2.75 (1.87)	4.10 (2.41)	3.93 (2.20)	2.45 (1.24)	2.15 (0.97)			
Citrulline-to-ornithine ratio	0.62 (0.30)	0.57 (0.23)	0.65 (0.27)	0.63 (0.31)	0.57 (0.29)	0.53 (0.17)			
Alanine-to-glycine ratio	1.82 (0.46)	1.75 (0.49)	1.80 (0.57)	1.79 (0.46)	1.86 (0.40)	1.67 (0.51)			
Glutamic acid-to-glutamine ratio	lutamic acid-to-glutamine tio0.19 (0.08)0.16 (0.010)		0.18 (0.08)	0.15 (0.07)	0.19 (0.08)	0.16 (0.08)			
Valine-to-glutamine ratio	Valine-to-glutamine ratio 0.46 (0.13) 0.42 (0.12)		0.47 (0.13)	0.42 (0.11)	0.45 (0.18)	0.43 (0.11)			
Leucine-to-glutamine ratio	0.14 (0.05)	0.13 (0.03)	0.14 (0.04)	0.14 (0.03)	0.14 (0.04)	0.13 (0.03)			

^{*} Concentrations not available for 2-aminooctanoic acid, or unknowns (129.066 and 417:738)

Supplemental Table S6.

Results of k-fold cross validation for relationship between metabolites and GDM, adjusted for ethnicity, maternal age, maternal height, pre-pregnancy BMI, gestational age at recruitment family history of diabetes, smoking history, and diet quality (k = 10), START and FAMILY (n = 590)

Metabolite	AUC (SD)	Sensitivity (SD)	Specificity (SD)	Accuracy (SD)	Kappa (SD)		
Glucose	0.75 (0.06)	0.94 (0.04)	0.22 (0.12)	0.79 (0.03)	0.22 (0.12)		
Glutamic acid	0.71 (0.07)	0.96 (0.05)	0.16 (0.10)	0.79 (0.03)	0.18 (0.14)		
Glutamine	0.70 (0.05)	0.97 (0.02)	0.17 (0.10)	0.78 (0.04)	0.16 (0.14)		
2-Aminooctanoic acid	0.70 (0.11)	0.97 (0.03)	0.16 (0.13)	0.79 (0.03)	0.17 (0.13)		
Creatinine	0.71 (0.06)	0.97 (0.02)	0.17 (0.11)	0.79 (0.03)	0.17 (0.14)		
Ornithine	0.70 (0.07)	0.96 (0.02)	0.17 (0.08)	0.78 (0.04)	0.17 (0.13)		
Proline betaine	0.70 (0.08)	0.97 (0.03)	0.16 (0.13)	0.79 (0.02)	0.17 (0.11)		
Arginine	0.71 (0.09)	0.97 (0.03)	0.13 (0.07)	0.78 (0.03)	0.14 (0.14)		
Acetylcarnitine	0.70 (0.12)	0.97 (0.03)	0.16 (0.11)	0.78 (0.03)	0.16 (0.11)		
Tryptophan	0.70 (0.08)	0.96 (0.02)	0.17 (0.11)	0.78 (0.04)	0.18 (0.17)		
Oxo-proline	0.71 (0.09)	0.96 (0.04)	0.17 (0.09)	0.78 (0.04)	0.17 (0.15)		
Propionylcarnitine	0.71 (0.08)	0.96 (0.03)	0.17 (0.12)	0.79 (0.03)	0.19 (0.11)		
Cystine	0.71 (0.09)	0.97 (0.03)	0.17 (0.06)	0.78 (0.03)	0.17 (0.10)		
Pyruvic acid	0.71 (0.11)	0.96 (0.04)	0.19 (0.12)	0.78 (0.03)	0.15 (0.13)		
Citric acid	0.70 (0.07)	0.97 (0.03)	0.16 (0.06)	0.79 (0.03)	0.18 (0.15)		
2-Hydroxybutyric acid	0.72 (0.09)	0.97 (0.03)	0.17 (0.10)	0.78 (0.03)	0.15 (0.12)		
3-Hydroxybutyric acid	0.71 (0.09)	0.97 (0.04)	0.18 (0.07)	0.78 (0.03)	0.16 (0.16)		
3-methyl-2-oxovaleric acid	0.72 (0.09)	0.97 (0.03)	0.14 (0.07)	0.78 (0.02)	0.14 (0.12)		
$C_{5}H_{8}N_{2}O_{2}(129.066)^{*}$	0.71 (0.09)	0.97 (0.03)	0.18 (0.05)	0.79 (0.03)	0.19 (0.10)		
$C_{30}H_{55}N_{25}O_{11}\left(417.738\right)^{\dagger}$	0.70 (0.06)	0.97 (0.02)	0.16 (0.07)	0.79 (0.03)	0.17 (0.15)		
Glucose-to-glutamine ratio	0.76 (0.07)	0.95 (0.04)	0.25 (0.10)	0.79 (0.03)	0.23 (0.14)		
Glutamic acid-to-glutamine ratio	0.72 (0.08)	0.96 (0.04)	0.20 (0.11)	0.79 (0.04)	0.18 (0.22)		
Alanine-to-glycine ratio	0.69 (0.12)	0.97 (0.02)	0.17 (0.08)	0.79 (0.03)	0.17 (0.16)		
Leucine-to-glutamine ratio	0.70 (0.07)	0.97 (0.03)	0.18 (0.16)	0.78 (0.04)	0.17 (0.13)		
Valine-to-glutamine ratio	0.71 (0.10)	0.97 (0.03)	0.16 (0.11)	0.78 (0.03)	0.16 (0.16)		
Glucose-to-creatinine ratio	0.73 (0.09)	0.95 (0.04)	0.19 (0.05)	0.78 (0.03)	0.18 (0.10)		
Arginine-to-ornithine ratio	0.71 (0.07)	0.96 (0.03)	0.14 (0.09)	0.78 (0.03)	0.15 (0.10)		
Citrulline-to-ornithine ratio	0.71 (0.10)	0.97 (0.03)	0.15 (0.12)	0.78 (0.03)	0.170.07)		

* Unknown identified as a cation amino acid analog (see reference 68), reported as most likely molecular formula (m/z)† Unknown identified as a doubly charged peptide, containing alanine, glutamic acid, and histidine, reported as most likely molecular formula (m/z)

Supplemental Table S7.

Ethnic-specific associations between metabolites and odds of GDM (95% CI), per 1-SD log-transformed metabolite RPA, IADPSG diagnostic criteria

Metabolite	Overall, START and FAMILY, adjusted [*] (n = 590)	START, South Asian women, adjusted [†] (n = 299)	FAMILY, white European women, adjusted [†] (n = 291)	p-value for ethnicity interaction unadjusted	p-value for ethnicity interaction adjusted [†]
Glucose	2.07 (1.58-2.71)	2.22 (1.54-3.20)	1.95 (1.30-2.92)	0.64	0.71
Glutamic acid	1.35 (1.08-1.69)	1.48 (1.11-1.98)	1.18 (0.82-1.69)	0.50	0.46
Glutamine	0.86 (0.70-1.06)	0.79 (0.61-1.02)	1.02 (0.70-1.50)	0.46	0.29
2-Aminooctanoic acid	1.09 (0.87-1.37)	1.13 (0.86-1.49)	0.98 (0.64-1.50)	0.55	0.62
Creatinine	0.92 (0.74-1.14)	1.02 (0.79-1.33)	0.70 (0.46-1.07)	0.12	0.12
Ornithine	0.83 (0.67-1.03)	0.89 (0.69-1.15)	0.66 (0.42-1.01)	0.08	0.25
Proline betaine	0.97 (0.78-1.21)	0.99 (0.74-1.32)	0.94 (0.66-1.34)	0.42	0.78
Arginine	1.10 (0.87-1.40)	1.01 (0.77-1.34)	1.43 (0.87-2.35)	0.17	0.23
Acetylcarnitine	1.05 (0.83-1.31)	0.95 (0.72-1.25)	1.28 (0.83-1.96)	0.07	0.24
Tryptophan	1.17 (0.95-1.45)	1.14 (0.88-1.48)	1.21 (0.81-1.79)	0.07	0.67
Oxo-proline	0.86 (0.69-1.06)	0.90 (0.71-1.15)	0.69 (0.44-1.09)	0.66	0.37
Propionylcarnitine	1.35 (1.08-1.69)	1.25 (0.99-1.58)	1.63 (1.11-2.41)	0.06	0.11
Cystine	0.77 (0.57-1.04)	0.75 (0.56-1.02)	1.20 (0.85-1.69)	0.02	0.17
Pyruvic acid	1.31 (1.04-1.63)	1.23 (0.95-1.59)	1.61 (1.01-2.57)	0.04	0.30
Citric acid	1.03 (0.85-1.26)	1.04 (0.85-1.27)	1.00 (0.44-2.25)	0.63	0.97
2-Hydroxybutyric acid	1.44 (1.15-1.81)	1.39 (1.04-1.86)	1.51 (1.03-2.20)	0.43	0.76
3-Hydroxybutyric acid	1.31 (1.04-1.67)	1.29 (0.94-1.76)	1.33 (0.92-1.93)	0.93	0.73
3-methyl-2-oxovaleric acid	1.28 (1.03-1.57)	1.14 (0.88-1.48)	1.54 (1.07-2.21)	0.02	0.16
$C_5H_8N_2O_2(129.066)^{\ddagger}$	0.76 (0.60-0.95)	0.68 (0.51-0.91)	0.88 (0.61-1.26)	0.04	0.32
$C_{30}H_{55}N_{25}O_{11}~(417.738)^{\$}$	0.98 (0.74-1.30)	0.86 (0.60-1.24)	1.18 (0.76-1.82)	0.10	0.27
Glucose-to-glutamine ratio	2.15 (1.65-2.80)	2.41 (1.70-3.41)	1.88 (1.22-2.89)	0.79	0.52
Glutamic acid-to-glutamine ratio	1.46 (1.16-1.83)	1.73 (1.28-2.33)	1.15 (0.80-1.65)	0.18	0.18
Alanine-to-glycine ratio	1.14 (0.92-1.42)	0.91 (0.69-1.21)	1.66 (1.13-2.43)	0.01	0.02
Leucine-to-glutamine ratio	1.03 (0.84-1.26)	0.99 (0.81-1.22)	1.59 (0.74-3.42)	0.20	0.26
Valine-to-glutamine ratio	1.16 (0.94-1.44)	1.24 (0.95-1.63)	1.04 (0.72-1.50)	0.41	0.47
Glucose-to-creatinine ratio	1.79 (1.39-2.32)	1.53 (1.13-2.09)	2.51 (1.56-4.02)	0.07	0.08
Arginine-to-ornithine ratio	1.34 (1.03-1.75)	1.14 (0.84-1.56)	2.17 (1.25-3.74)	0.02	0.06
Citrulline-to-ornithine ratio	1.22 (0.99-1.51)	1.11 (0.87-1.42)	1.60 (1.03-2.48)	0.03	0.19

* Adjusted for adjusted for ethnicity, maternal age, maternal height, pre-pregnancy BMI, gestational age at recruitment, family history of diabetes, smoking history, and diet quality

[†] Adjusted for maternal age, maternal height, pre-pregnancy BMI, gestational age at recruitment, family history of diabetes, smoking history, and diet quality

‡ Unknown identified as a cation amino acid analog (see reference 68), reported as most likely molecular formula (m/z)

§ Unknown identified as a doubly charged peptide, containing alanine, glutamic acid, and histidine, reported as most likely molecular formula (m/z)

Supplemental Table S8.

Metabolic pathways significantly impacted by GDM, with p < 0.05 and impact > 0.10, sorted by impact, KEGG database, by cohort

Pathway name	Cohort	Significant metabolites	Measured metabolites	Total metabolites	Metabolites Involved	p- value	FDR	Impact
a. Pathways significant in both	START and	FAMILY studie	es (tested indepe	endently in each	cohort) (n = 6)			
Alanine, aspartic acid, and glutamic acid metabolism [*]	START FAMILY	4	7	28	Glutamic acid, glutamine, citric acid, alanine, pyruvic acid, aspartic acid, asparagine	0.022 0.029	0.077 0.068	0.56 0.56
Glyoxylic acid and dicarboxylic acid metabolism [*]	START FAMILY	4	6	32	Glutamic acid, glutamine, glycine, citric acid, serine, pyruvic acid	0.021 0.011	0.077 0.039	0.23 0.23
Production of ketone bodies [*]	START FAMILY	- 1	1	5	3-hydroxybutyric acid	0.022	0.077	0.14
Butyric acid metabolism [*] START		2	2	15	15 Glutamic acid, 3-hydroxybutyric acid			0.13
Glutathione metabolism [*] STAR		- 1	4	28	Glutamic acid, ornithine, 5-oxoproline, glycine	0.014	0.041	0.13
Glycolysis/Gluconeogenesis* START		3	3	26	Glucose, pyruvic acid, lactic acid	<0.019	<0.047	0.12
b. Pathways significant in South Asian wo		en (START Stu	$\frac{1}{(n-4)}$			<0.001	<0.001	0.10
Arginine biosynthesis*		2	6	14	Glutamic acid, glutamine, aspartic acid, arginine, ornithine, citrulline	0.022	0.077	0.56
Glutamine and glutamic acid meta	abolism [*]	2	2	6	Glutamic acid, glutamine	0.001	0.009	0.50
Histidine metabolism [*]		1	4	16	Glutamic acid, histidine, aspartic acid, 3- methylhistitide	0.032	0.103	0.33
Nitrogen metabolism [*]		2	2	6	Glutamic acid, glutamine	0.001	0.009	0.25
c. Pathways significant in white	European w	omen (FAMILY	Y Study) only (n	= 8)				
Valine, leucine, and isoleucine bio	osynthesis [*]	1	6	8	Threonine, isoleucine, 3-methyl-2-oxovaleric acid, leucine, valine, α -ketoisovaleric acid	0.010	0.037	1.00
Glycine, serine, and threonine me	tabolism	2	8	33	Choline, pyruvic acid, dimethylglycine, glycine, threonine, serine, creatinine, guanidinoacetic acid	0.015	0.041	0.56
Arginine and proline metabolism [*]	6	3	7	38	Arginine, guanidinoacetic acid, creatine, proline, glutamic acid, ornithine, pyruvic acid	0.001	0.012	0.37
Pyruvic acid metabolism [*]		1	2	22	Pyruvic acid, lactic acid	0.005	0.024	0.21
Tryptophan metabolism [*]		1	1	41	Tryptophan	0.001	0.012	0.14
Tyrosine metabolism [*]		1	2	42	Pyruvic acid, tyrosine	0.003	0.014	0.14
Citric acid cycle (TCA cycle) [*]		2	2	20	Pyruvic acid, citric acid		0.014	0.14
Cysteine and methionine metabol	ism [*]	1	4	33	Serine, methionine, cysteine, pyruvic acid	0.003	0.014	0.13

* When both cohorts are analyzed together, this pathway is significant, p < 0.10 and impact > 0.10

Supplemental Table S9.

Associations between metabolites and odds of GDM (95% CI), per 1-SD log-transformed metabolite RPA, sensitivity analyses: a) unadjusted vs adjusted b) IADPSG vs. Born in Bradford criteria c) complete case vs. multiple imputation, among metabolites univariate p < 0.10 (n = 600)

		Ι	ADPSG		BiB in START, IADPSG in FAMIL				
Metabolite	Unadjusted,	Adjusted [*] ,	Adjusted [†] ,	Adjusted [*] , multiple	Unadjusted,	Adjusted [*] ,			
	complete case	complete case	complete case	imputation $(m = 10)$	complete case	complete case			
Glucose	2.25 (1.78-2.84)		2.07 (1.58-2.71)	1.99 (1.56-2.55)	1.99 (1.61-2.47)	1.73 (1.35-2.22)			
Glutamic acid	1.37 (1.12-1.67)	1.34 (1.07-1.67)	1.35 (1.08-1.69)	1.27 (1.02-1.58)	1.29 (1.08-1.55)	1.31 (1.06-1.61)			
Glutamine	0.78 (0.64-0.95)	0.86 (0.70-1.06)	0.86 (0.70-1.06)	0.85 (0.69-1.04)	0.77 (0.64-0.92)	0.84 (0.69-1.02)			
2-Aminooctanoic acid	1.29 (1.06-1.57)	1.09 (0.87-1.37)	1.09 (0.87-1.37)	1.13 (0.90-1.40)	1.37 (1.14-1.65)	1.07 (0.86-1.32)			
Creatinine	0.82 (0.68-1.00)	0.91 (0.74-1.14)	0.92 (0.74-1.14)	0.91 (0.74-1.13)	0.80 (0.67-0.96)	0.98 (0.80-1.20)			
Ornithine	0.75 (0.63-0.91)	0.83 (0.67-1.03)	0.83 (0.67-1.03)	0.78 (0.63-0.97)	0.68 (0.57-0.81)	0.81 (0.66-0.99)			
Proline betaine	0.85 (0.70-1.03)	0.97 (0.78-1.21)	0.97 (0.78-1.21)	0.95 (0.77-1.18)	0.84 (0.71-1.01)	1.02 (0.82-1.25)			
Arginine	1.25 (1.03-1.51)	1.10 (0.87-1.40)	1.10 (0.87-1.40)	1.07 (0.85-1.36)	1.48 (1.24-1.77)	1.15 (0.92-1.43)			
Acetylcarnitine	1.23 (1.01-1.49)	1.05 (0.83-1.31)	1.04 (0.83-1.31)	1.07 (0.86-1.32)	1.26 (1.05-1.51)	1.05 (0.85-1.30)			
Tryptophan	1.24 (1.02-1.49)	1.17 (0.94-1.44)	1.17 (0.95-1.45)	1.20 (0.98-1.47)	1.25 (1.04-1.49)	1.30 (1.06-1.59)			
Oxo-proline	0.81 (0.67-0.99)	0.86 (0.69-1.06)	0.86 (0.69-1.06)	0.85 (0.69-1.05)	0.77 (0.64-0.92)	0.85 (0.69-1.03)			
Propionylcarnitine	1.38 (1.11-1.71)	1.35 (1.08-1.69)	1.35 (1.08-1.69)	1.36 (1.09-1.70)	1.33 (1.09-1.61)	1.30 (1.07-1.59)			
Cystine	0.78 (0.65-0.93)	0.77 (0.57-1.03)	0.77 (0.57-1.04)	0.80 (0.60-1.08)	0.69 (0.58-0.82)	0.95 (0.72-1.25)			
Pyruvic acid	1.32 (1.08-1.61)	1.31 (1.05-1.63)	1.31 (1.05-1.64)	1.30 (1.04-1.61)	1.18 (0.98-1.42)	1.25 (1.02-1.54)			
Citric acid	1.02 (0.84-1.24)	1.03 (0.84-1.25)	1.03 (0.85-1.26)	1.04 (0.85-1.26)	1.09 (0.91-1.31)	1.16 (0.96-1.40)			
2-Hydroxybutyric acid	1.40 (1.14-1.70)	1.44 (1.15-1.81)	1.44 (1.15-1.81)	1.41 (1.13-1.77)	1.19 (0.99-1.42)	1.26 (1.02-1.56)			
3-Hydroxybutyric acid	1.35 (1.11-1.63)	1.28 (1.02-1.60)	1.32 (1.04-1.67)	1.21 (0.97-1.51)	1.33 (1.11-1.59)	1.34 (1.07-1.66)			
3-methyl-2-oxovaleric acid	1.42 (1.17-1.72)	1.27 (1.03-1.57)	1.28 (1.03-1.57)	1.26 (1.03-1.55)	1.51 (1.26-1.81)	1.33 (1.09-1.62)			
$C_5H_8N_2O_2(129.066)^{\ddagger}$	0.71 (0.58-0.87)	0.75 (0.60-0.94)	0.75 (0.60-0.94)	0.77 (0.62-0.95)	0.75 (0.63-0.90)	0.81 (0.66-1.00)			
$C_{30}H_{55}N_{25}O_{11} (417.738)^{\$}$	1.19 (0.98-1.45)	0.99 (0.75-1.30)	0.98 (0.74-1.30)	1.01 (0.77-1.32)	1.48 (1.23-1.79)	1.07 (0.82-1.38)			
Glucose-to-glutamine ratio	2.44 (1.94-3.09)	2.14 (1.65-2.78)	2.15 (1.65-2.80)	2.13 (1.65-2.75)	2.27 (1.83-2.81)	1.90 (1.48-2.43)			
Glutamic acid-to-glutamine ratio	1.53 (1.25-1.87)	1.45 (1.16-1.82)	1.46 (1.16-1.83)	1.39 (1.12-1.74)	1.47 (1.22-1.76)	1.44 (1.16-1.79)			
Alanine-to-glycine ratio	1.23 (1.01-1.50)	1.15 (0.92-1.43)	1.14 (0.92-1.42)	1.14 (0.92-1.41)	1.34 (1.12-1.61)	1.26 (1.02-1.55)			
Leucine-to-glutamine ratio	1.04 (0.85-1.27)	1.03 (0.84-1.26)	1.03 (0.84-1.26)	1.03 (0.85-1.26)	1.06 (0.88-1.28)	1.08 (0.89-1.30)			
Valine-to-glutamine ratio	1.22 (1.01-1.48)	1.17 (0.94-1.44)	1.16 (0.94-1.44)	1.16 (0.94-1.43)	1.23 (1.03-1.47)	1.17 (0.96-1.43)			
Glucose-to-creatinine ratio	2.03 (1.63-2.53)	1.79 (1.39-2.32)	1.79 (1.39-2.32)	1.77 (1.38-2.27)	1.94 (1.58-2.38)	1.47 (1.16-1.86)			
Arginine-to-ornithine ratio	1.46 (1.20-1.77)	1.34 (1.03-1.75)	1.34 (1.03-1.76)	1.39 (1.07-1.80)	1.80 (1.49-2.17)	1.43 (1.11-1.84)			
Citrulline-to-ornithine ratio	1.28 (1.06-1.54)	1.21 (0.98-1.50)	1.22 (0.99-1.51)	1.30 (1.06-1.59)	1.36 (1.14-1.62)	1.22 (1.00-1.50)			

* Adjustments: ethnicity, maternal age, maternal height, pre-pregnancy BMI, gestational age at recruitment, family history of diabetes, smoking history, and diet quality.

† Adjustments: ethnicity, maternal age, maternal height, pre-pregnancy BMI, gestational age at recruitment, family history of diabetes, smoking history, diet quality, and plant protein intake.

‡ Unknown identified as a cation amino acid analog (see reference 68), reported as most likely molecular formula (m/z).

§ Unknown identified as a doubly charged peptide, containing alanine, glutamic acid, and histidine, reported as most likely molecular formula (m/z).

Supplemental Figure S1.

Standardized mean difference (95% CI) in serum metabolites, comparing women with GDM (n = 133) to women without GDM (n = 457), p < 0.05



Supplemental Figure S2.

Correlation plot of metabolites significantly associated with GDM (p < 0.10), IADPSG diagnostic criteria, START and FAMILY

Glucose-to-glutamine ratio																										0.56	
Glucose																									0.54	0.47	
Alanine-to-glycine ratio																								0.15	0.14	0.13	
Arginine-to-ornithine ratio																							0.02	0.23	0.19	0.23	
Arginine																						0.68	-0.03	0.37	0.03	0.09	
Unknown 417.738*																					0.45	0.4	0.02	0.18	0.13	0.29	
3-Methyl-2-oxovaleric acid																				0.28	0.24	0.15	0.19	0.28	0.16	0.3	
Pyruvic acid																			0.53	0.02	0	-0.04	0.3	0.27	0.21	0.21	
Glutamic acid-to-glutamine ratio																		0.29	0.21	0.01	0.06	0	-0.04	0.04	0.43	0.18	
Glutamic acid																	0.8	0.34	0.3	0.03	0.27	0	-0.07	0.25	0.08	0.07	
Valine-to-glutamine ratio																0.13	0.43	0.09	0.12	-0.02	-0.02	0.01	0.08	-0.01	0.46	0.12	
Leucine-to-glutamine ratio															0.55	0.21	0.41	0.14	0.24	0.03	0.14	0.09	0.12	0.02	0.35	0.03	
3-Hydroxybutyric acid														-0.01	-0.09	0.21	0.11	0.05	0.3	-0.08	0	-0.05	-0.12	0.09	-0.01	0.01	Corr
2-Hydroxybutyric acid													0.43	0.23	0.16	0.23	0.19	0.34	0.52	-0.07	0.01	-0.05	0.18	0.19	0.13	0.09	0.5
Citric acid												-0.03	0.02	0	-0.02	0	0	-0.04	-0.04	-0.03	- <mark>0.0</mark> 3	-0.04	0.05	-0.05	-0.04	-0.06	-0.5 -1.0
Propionylcarnitine											-0.01	-0.01	-0.05	0.15	0.16	0.07	0.07	0.02	0.02	0.04	0	0.04	-0.07	0.07	0.08	0.02	
Tryptophan										0.31	0.03	0.21	0.22	0.18	0.21	0.26	0.26	0.24	0.35	0.06	-0.05	-0.12	-0.01	0.02	0.08	0.11	
Acetylcarnitine									0.34	0.35	-0.04	0.2	0.34	0.13	0.07	0.11	-0.06	0	0.19	0.07	0.28	0.11	-0.01	0.27	-0.02	-0.03	
2-Aminooctanoic acid								0.46	0.17	0.22	-0.04	0.07	0	0.15	0.24	0.05	0.03	0.03	0.12	0.21	0.25	0.2	0	0.2	0.15	0.07	
Citrulline-to-ornithine ratio							0.17	0.15	0.1	0.23	-0.04	-0.05	-0.03	-0.11	-0.06	-0.14	-0.13	-0.05	-0.01	0.06	-0.01	0.53	-0.02	0.09	0.06	0.11	
Creatinine						-0.07	0.05	0.22	-0.02	0.01	0.03	0.07	0.06	0	-0.12	0.12	-0.16	-0.01	-0.06	-0.17	0.16	-0.11	-0.05	0.21	-0.22	-0.69	
Glutamine					0.46	0.01	0.05	0.31	-0.05	-0.02	0	0.02	0.12	-0.36	-0.5	0.15	-0.43	-0.01	0.09	0.02	0.32	0	-0.02	0.35	-0.56	-0.17	
Unknown 129.066*				0.32	0.44	0.04	0.08	0.17	-0.07	-0.03	-0.01	-0.12	0	-0.12	-0.16	-0.04	-0.22	-0.06	-0.11	-0.05	0.07	-0.04	-0.08	0.1	-0.19	-0.3	
Oxo-proline			0.07	0.29	0.18	-0.15	- <mark>0.0</mark> 3	0.07	0.2	-0.01	0.03	0.13	0.09	0	-0.02	0.44	0.24	0.18	0.33	0.05	0.16	-0.11	-0.06	0.08	-0.18	-0.09	
Ornithine		0.39	0.15	0.38	0.41	-0.62	-0.03	0.13	0.12	-0.02	0.04	0.1	0.05	0.02	-0.04	0.32	0.08	0.04	0.04	-0.09	0.05	-0.6	-0.04	0.06	-0.26	-0.29	
Cystine	0.29	0.08	0.14	0.16	0.38	-0.12	-0.25	-0.03	0.21	-0.06	-0.05	0.19	0.12	-0.05	-0.06	0.05	-0.05	0.17	-0.12	-0.43	-0.39	-0.49	-0.02	-0.04	-0.19	-0.34	
Proline betaine	0.27 0.11	0.02	0.08	0.04	0.16	-0.05	-0.05	-0.09	0.03	-0.06	0	0.07	-0.01	-0.03	-0.04	0. <mark>0</mark> 3	0	0.08	0	-0.08	-0.09	-0.13	0.05	0	-0.05	-0.14	
c	Veine Ornithine Oror	Noine Syn 129	Citruli	netoc 2	Anithe Printing	railo octanoic	acid	Tryptco	phan and and and and and and and and and a	Citric Citric	public and	Approximation of the second	acid etodi	railo tamine amic ac	Julanicodi Julanicodi	3 Met	Pruvice Pruvice	Jukno Unkno	Avid AVIA	138 AVC	nitine to	divine Glucos	Gucos	anine	alinine	rail0	

*Unknowns, reported as most likely molecular formulas (m/z); C₅H₈N₂O₂ (129.066) identified as a cation amino acid analog (see reference 68); C₃₀H₅₅N₂₅O₁₁ (417.738) was identified as a doubly charged peptide, containing alanine, glutamic acid, and histidine.

Supplemental Figure S3.

Schematic of the metabolic pathways, and their inter-relationships, associated with GDM in START and FAMILY



Supplemental Figure S4.

Standardized mean difference (95% CI) in serum metabolites among all women (n = 590), comparing South Asian (n = 299) to white European (n = 291) women, p < 0.05

_		Glucose
Amino acids and derivatives	_	Cystine
	_	Cysteinylglycine disulfide
	_	3-Methylhistidine
		Taurine
		Aminoadipic acid
		Ornithine
		Phenylacetylglutamine
		Creatinine
		Threonine
		Oxo-proline
		Asparagine
		Proline betaine
		Leucine
		Dimethylglycine
		Proline
		Histidine
		Monomethylarginine
		Isoleucine
_		Serine
		2-Aminooctanoic acid
		Tryptophan betaine
_		Arginine
		Pyruvic acid
Carboxylic acids		Gluconic acid
		3-methyl-2-oxovaleric acid
		Lactic acid
Hydroxy acids		Malic acid
	_	2-Hydroxybutyric acid
Purines and derivatives		Xanthine
Quataman anno sinn como cua de	-	Deoxycarnitine
Quaternary ammonium compounds		Acetylcarnitine
0/		TMAO
01her		Choline
Unknown*		C ₃₀ H ₅₅ N ₂₅ O ₁₁ (417.738) ⁺
Metabolite ratios		Leucine-to-glutamine ratio
		Glucose-to-glutamine ratio
·		Citrulline-to-ornithine ratio
-		Glucose-to-creatinine ratio
_		Arginine-to-ornithine ratio
-1.5 -1.0 -0.5 0	.0 0.5 1.0 1.5	
Higher levels in South Asian women	Higher levels in white European women	
Standardized mean difference (95% CD in metabolites. South Asian vs. white European women		
* Reported as most likely molecular formula (m/z)		
† Identified as a doubly charge peptide, containing alanine, glutamic acid, and histidine Adjusted for maternal age, maternal height, pre-pregnancy BML gestational age at recruitment, family history of diabetes smoking history and diet anality score		
registre to mattering age, method in the pregnancy brin, geometronic age a restances, taking motory of another, sanother motory, and all quality score		

Supplemental Figure S5.

Partial least-squares discriminant analysis (PLS-DA) results, scores plot and variable importance plot, among women with GDM (n = 133), IADPSG diagnostic criteria, comparing metabolites concentrations between South Asian (START study; n = 81) and white European women (FAMILY study; n = 52)



Supplemental Figure S6.

Standardized mean difference (95% CI) in serum metabolites among women with GDM (n = 133), comparing South Asian (n = 81) to white European (n = 52) women, p < 0.05



Supplemental Figure S7.

Partial least-squares discriminant analysis (PLS-DA) results, scores plot and variable importance plot, IADPSG diagnostic criteria, START and FAMILY



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