Email Invitation

Dear Colleagues,

In an effort to promote the career vitality of all physicians and physician scientists, the American Physician Scientists Association (APSA) is jointly surveying current MD/DO and MD-PhD/DO-PhD program trainees to identify factors that either help or hinder their advancement in academic medicine as well as to gauge career desires of future physicians and physician-scientists. This initiative is partly in collaboration with the American Medical Women's Association (AMWA). By identifying these factors, we will be better able to advocate for changes that will help reduce the attrition of physicians in academic medicine as well as develop policy recommendations that would go toward making academic medical careers more appealing to future generations of physicians. Results will also be used to advocate for policies that will help ensure success in various specialties and career sectors.

Thank you very much for your participation.

Here is some background behind this survey:

- This Survey is intended to be distributed to MD/DO and MD-PhD/DO-PhD program trainees in the United States.
- The results of the survey will be used to assess the need for changes to policies/institutional structures that contribute to the attrition of physicians in academic medicine and identify factors that will help retain both men and women faculty. Results will also be used to advocate for changes to promote success in various specialties and career sectors.
- The results of the survey will be used to advocate for policies that help retain and advance a diverse academic medical faculty.
- •This survey is completely anonymous and voluntary.

Collaborating Research Institutions of this Study: University of Illinois Chicago, University of Pennsylvania

When you finish the survey, you have the *option* to enter your <u>medical school email address</u>. Your email address will NOT be connected to your survey responses. Your email address will be <u>de-identified</u> from your responses.

One participant from each participating institution will be selected at random to receive and awarded a gift (i.e. \$50 Amazon gift certificate).

Please follow the link below to indicate whether you consent to take the survey.

Consent

*This is a survey on behalf of the American Physician Scientists Association (APSA). This Survey is intended to be distributed to MD, DO and MD/PhD, DO/PhD program trainees in the United States.

The results of the survey will be used to assess the need for changes to policies/institutional structures that contribute to the attrition of physicians in academic medicine and identify factors that will help retain both men and women faculty.

The results of the survey will be used to advocate for policies that help retain and advance a diverse academic medical faculty.

Results will also be used to advocate for policies that will help ensure success in various specialties and career sectors.

Any significant results will potentially be published in a peer reviewed journal.

This survey is completely anonymous and voluntary. No personally identifying information will be linked to your survey responses. There is no harm or risk associated with taking the survey. To protect the surveytaker, the account in which responses are

stored is password protected and can only be accessed by the researchers.

The survey will take approximately 10 minutes to complete.

If you have any questions, please feel free to contact the following research coordinators of this study: University of Illinois, Chicago research coordinator of this study, Jennifer Kwan, jennifer.kwan@physicianscientists.org or the University of Illinois, Chicago, Office for the Protection of Research Subjects: 203 Administrative Office Building - M/C 672 1737 West Polk Street Chicago, IL 60612 (312) 996-1711.

University of Pennsylvania research coordinator of this study, Dania Daye, dania.daye@gmail.com, or the University of Pennsylvania, Office for the Protection of Research Subjects:

University of Pennsylvania
Office of Regulatory Affairs
Institutional Review Board
3624 Market Street, Suite 301 South

Philadelphia, PA 19104-6006

Telephone: (215) 898-2614			
*Agreement of Subject I have read the above information and understand the terms of my participation. I agree to participate in this study.			
C Yes			
O No			

2012-2014 Tomorrow's Physician Survey National FINAL **Agreement Statement** You must have read and agreed with the statement to continue with the survey. Thank you.

Tomorrow's Physician

Thank you for taking this 10 minute survey to identify attitudes and perceptions of trainees in medicine as well as career & life desires of future physicians.
Your participation will help us identify factors that help or hinder career advancement in medicine as well as identify what both men and women want from their future careers and allow us to take steps toward retaining diverse talents and skills and appropriate policy recommendations and changes.
Note: Please fill out this survey and the raffle page ONLY ONCE (multiple/duplicate entries will result in disqualification from entry into the raffle). Thank you very much for your participation.

Demographics

Wh	at is your age in years? Please select the relevant answer.
0	<18
0	19-24
0	25-30
0	31-35
0	36+
Ple	ase select your year in Training during the 2012-2013 Academic Year.
0	Medical School Year 1
0	Medical School Year 2
0	Medical School Year 3
0	Medical School Year 4
0	Graduate School Year 1
0	Graduate School Year 2
0	Graduate School Year 3
0	Graduate School Year 4
0	Graduate School Year 5
0	Graduate School Year 6+
0	Year out for research
0	Other
0	N/A
If yo	u selected 'Other,' please specify.
*,	Are you enrolled in a MD/PhD program?
0	Yes
0	No
0	DO/PhD
Othe	er (please specify)

2012-2014 Tomorrow's Physician Survey National FINAL If so, is your MD/PhD program a MSTP? Yes O No O I don't know **Gender Identity:** Female Male Transfemale Transmale Queer Genderqueer Other (please specify) **Sexual orientation** Straight/heterosexual C Gay male C Lesbian O Bisexual Queer Other (please specify) Was a language other than English spoken in your home while you were growing up? Yes O No

Ethnicity

Are you of Hispanic, Latino, or Spanish origin?		
0	Yes	
0	No	
Are	you:	
0	White	
0	Black or African American	
0	American Indian or Alaska native	
0	Asian Indian	
0	Chinese	
0	Filipino	
0	Japanese	
0	Korean	
0	Pakistani	
0	Vietnamese	
0	Native Hawaiian	
0	Guamanian	
0	Chamorro	
0	Native Hawaiian	
0	Samoan	
0	Multi-racial	
0	Other race	
0	Prefer not to answer	

Residence Did you live *primarily* in the United States of America during the first 18 years of your life? O Yes O No

2012-2014 Tomorrow's Physician Survey National FINAL **US Zip Code** What is the US zip code of the *primary* city in which you lived during the *first 18 years* of your life? Zip Code

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Non-US
What nation/country did you <u>primarily</u> live in during the first 18 years of your life?

Medical School Payment

Но	w did you <u>primarily</u> pay for medical school?
0	MD-PhD or DO-PhD program sponsored
0	Scholarships
0	Grants
0	Loans
0	National Service
0	Personal savings
0	Family/Partner support
0	Work
0	Work study
0	Other
Othe	er (please specify)
Wh	at other sources of support did you have to pay for medical school? Please check all
	t apply.
	MD-PhD or DO-PhD program sponsored
	Scholarships
	Grants
	Loans
	National Service
	Personal savings
	Family/Partner support
	Work
	Work study
	Other
	N/A
Othe	er (please specify)

Mother Employment

Did your mother (or female guardian) have <u>paid</u> employment while you were growing up?
O Yes
○ No
O N/A

Mother	Employ	yment %
--------	---------------	---------

During this time, did your mother (or female guardian) work <u>full-time</u> (35 hours or more per week) or <u>part-time</u> (less than 35 hours per week)?		
C Full time		
C Part time		
O N/A		

Father Employment

Did your father (or male guardian) have	e <u>paid</u> employment while you were growing up?
O Yes	
O No	
O N/A	

Father Employment %

During this time, did your father (or male guardian) work <u>full-time</u> (35 hours or more per week) or <u>part-time</u> (less than 35 hours per week)?		
0	Full time	
0	Part time	
0	N/A	

Mother Education

What is the <i>highest</i> education level of your <u>mother</u> (or female guardian)?		
0	Advanced degree	
0	College	
0	Some college	
0	High School or less	
0	Don't know	
0	N/A	

Mother Advanced Degree

Please <i>specify</i> the advanced degree (s) of your <u>mother</u> (or female guardian).
MD or DO
□ DDS
□ PhD
□ JD
□ DVM
☐ Masters
Other
□ N/A
Other (please specify)

Mother Area of Medicine

What area (s) in medicine is your mother (or female guardian) working in or did she work
☐ Consulting
☐ Academia
☐ Industry
Government
☐ Private practice
☐ Hospitalist
☐ Other
□ N/A
If Other (please specify)

Father Education

What is the <i>highest</i> education level of your <u>father</u> (or male guardian)?		
0	Advanced degree	
0	College	
0	Some college	
0	High School or less	
0	Don't know	
0	N/A	

Father Advanced Degree

Please <i>specify</i> the advanced degree (s) of your <u>father</u> (or male guardian).
MD or DO
□ DDS
□ PhD
□ JD
□ DVM
☐ Masters
☐ Other
□ N/A
Other (please specify)

Father Area of Medicine

What area (s) in medicine is your father (or male guardian) working in or did he work in?	
Consulting	
☐ Academia	
☐ Government	
Private practice	
☐ Hospitalist	
☐ Other	
□ N/A	
If Other (please specify)	

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Are you mar	ried or partnered	1?			
○ Yes					
C No					
Do you have	a child/children	?			
○ Yes					
O No					

2012-2014 Tomorrow's Physician Survey National FINAL **Children Age** What is/are the age (s) in years of your child/children? 1st Child 2nd Child 3rd Child

Personal & Professional Intentions

Do you plan to go onto residency training?
O Yes
C No

Residency Intentions

Ple	ase select your TOP residency of interest.
0	Allergy and Immunology
0	Anesthesiology
0	Colon and Rectal Surgery
0	Dermatology
0	Emergency Medicine
0	Family Medicine
0	Internal Medicine
0	Internal Medicine-Cardiology
0	Internal Medicine-Endocrinology
0	Internal Medicine-Gastroenterology
0	Internal Medicine-Hematology/Oncology
0	Internal Medicine-Infectious Disease
0	Internal Medicine-Pulmonology
0	Internal Medicine-Rheumatology
0	Medical Genetics
0	Neurological Surgery
0	Neurology
0	Nuclear Medicine
0	Obstetrics and Gynecology
0	Ophthalmology
0	Orthopaedic Surgery
0	Otolaryngology
0	Pathology
0	Pediatrics
0	Physical Medicine and Rehabilitation
0	Plastic Surgery
0	Preventive Medicine
0	Psychiatry
0	Radiation Oncology

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C	Radiology
C	Surgery
C	Thoracic Surgery
C	Urology
C	Other
Otl	her (please specify)
PI	ease select your SECOND residency of interest.
C	Allergy and Immunology
C	Anesthesiology
C	Colon and Rectal Surgery
C	Dermatology
C	Emergency Medicine
C	Family Medicine
C	Internal Medicine
C	Internal Medicine-Cardiology
C	Internal Medicine-Endocrinology
C	Internal Medicine-Gastroenterology
C	Internal Medicine-Hematology/Oncology
C	Internal Medicine-Infectious Disease
C	Internal Medicine-Pulmonology
C	Internal Medicine-Rheumatology
C	Medical Genetics
C	Neurological Surgery
C	Neurology
C	Nuclear Medicine
C	Obstetrics and Gynecology
0	Ophthalmology
0	Orthopaedic Surgery
0	Otolaryngology
C	Pathology

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0	Pediatrics
0	Physical Medicine and Rehabilitation
0	Plastic Surgery
0	Preventive Medicine
0	Psychiatry
0	Radiation Oncology
0	Radiology
0	Surgery
0	Thoracic Surgery
0	Urology
0	Other
Othe	er (please specify)

Specialty Choice and Research Feasibility

tim	our opinion, how feasible do you think it is to have a <u>research intense career</u> (>70% of e dedicated to research pursuits) in <u>acute care medicine specialties</u> (i.e. critical care, ergency Medicine)?
0	Highly Feasible
0	Feasible
0	Difficult
0	Highly Difficult
0	Impossible
tim	our opinion, how feasible do you think it is to have a <u>research intense career</u> (>70% of e dedicated to research pursuits) in <u>surgical specialties</u> (i.e. orthopedic surgery, logy, neurosurgery)?
0	Highly Feasible
0	Feasible
0	Difficult
0	Highly Difficult
0	Impossible

Post Residency Intentions What are other foreseeable non work-related responsibilities for you DURING residency? Check all that apply: □ Raising children ☐ Taking care of elderly parents □ Being caretaker to others ☐ Offering Financial support to others Other (please specify) What are foreseeable non work-related responsibilities for you AFTER residency? Check all that apply: Raising children ☐ Taking care of elderly parents Being caretaker to others Offering Financial support to others Other (please specify)

Career Intentions

	at career sector do you foresee yourself in post medical training? Please check the ST likely/Highest priority one.
0	Consulting
0	Academia
0	Industry
0	Government
0	Private practice
0	Hospitalist
0	Other
0	N/A
Othe	er (please specify)
	at career sector do you foresee yourself in post medical training? Please check the COND most likely/Second priority one.
0	Consulting
0	Academia
0	Industry
0	Government
0	Private practice
0	Hospitalist
0	Other
0	N/A
Othe	er (please specify)

Wh	at are your career intentions? Please check the MOST likely/Highest priority one.
0	Education
0	Basic research
0	Clinical research
0	Translational research
0	Clinical duties
0	Therapeutics/diagnostics development
0	Advocacy
0	Administration
0	N/A
0	Other
Othe	er (please specify)
Wh	at are your career intentions? Please check the SECOND most likely/Second priority
one	e.
0	Education
0	Basic research
0	Clinical research
0	Translational research
0	Clinical duties
0	Therapeutics/diagnostics development
0	Advocacy
0	Administration
0	N/A
0	Other
Othe	er (please specify)

		Research/Clinical Work
00/	//0	©
5/2	25	O
0/5	50	C
5/7	75	O
/10	00	O
ft	er you complete your trainin	g how many hours do you want to work/week?
0	Full time >35 hours	
0	Part time <35 Hours	
0	Not working for pay	
0	N/A	
0		
	Other	
othe f y	ou are (or intend to be) in a cesee your spouse/partner wo	
othe	er (please specify) You are (or intend to be) in a c	committed relationship or have a spouse, how much do your orking?
other	ou are (or intend to be) in a cesee your spouse/partner wo	
other	ou are (or intend to be) in a cesee your spouse/partner wo	
other	rou are (or intend to be) in a cesee your spouse/partner working time >35 hours Part time <35 Hours	
F y or o	rou are (or intend to be) in a cesee your spouse/partner working for pay	
ore	rou are (or intend to be) in a cesee your spouse/partner working for pay	

Career Priorities

Wha	at is the MOST important factor to you in selecting a career?
0	Opportunities to do research
0	Opportunities for patient care
0	Opportunities to teach
0	Opportunities for community service
0	Opportunities for interactions with students
0	Opportunities for travel
0	Opportunities for international work
0	Opportunities for national work
0	Opportunities for local work
0	Ability to balance work and personal life
0	Financial security
0	Autonomy
0	Prestige
0	Other
Othe	rr (please specify)

Wh	at is the SECOND most important factor to you in selecting a career?
0	Opportunities to do research
0	Opportunities for patient care
0	Opportunities to teach
0	Opportunities for community service
0	Opportunities for interactions with students
0	Opportunities for travel
0	Opportunities for international work
0	Opportunities for national work
0	Opportunities for local work
0	Ability to balance work and personal life
0	Financial security
0	Autonomy
0	Prestige
0	Other
Othe	er (please specify)

Career Obstacles

<u>Wh</u>	at do you foresee as the MOST pressing obstacle in your career?
0	Lack of opportunity/funding
0	Not finding position in desired location
0	Loan repayment
0	Malpractice/lawsuit
0	Under-compensation
0	Discrimination/biases against your gender/ethnicity/sexual orientation
0	Sexual harassment
0	Balancing family and work responsibilities
0	Balancing clinical, research, and education responsibilities
0	Satisfactory professional advancement
0	Other
Othe	er (please specify)
Wh	
	at do you foresee as the SECOND MOST pressing obstacle in your career?
0	at do you foresee as the SECOND MOST pressing obstacle in your career? Lack of opportunity/funding
0	Lack of opportunity/funding
0	Lack of opportunity/funding Not finding position in desired location
0 0	Lack of opportunity/funding Not finding position in desired location Loan repayment
0 0	Lack of opportunity/funding Not finding position in desired location Loan repayment Malpractice/lawsuit
0 0 0 0	Lack of opportunity/funding Not finding position in desired location Loan repayment Malpractice/lawsuit Under-compensation
	Lack of opportunity/funding Not finding position in desired location Loan repayment Malpractice/lawsuit Under-compensation Discrimination/biases against your gender/ethnicity/sexual orientation
	Lack of opportunity/funding Not finding position in desired location Loan repayment Malpractice/lawsuit Under-compensation Discrimination/biases against your gender/ethnicity/sexual orientation Sexual harassment
	Lack of opportunity/funding Not finding position in desired location Loan repayment Malpractice/lawsuit Under-compensation Discrimination/biases against your gender/ethnicity/sexual orientation Sexual harassment Balancing family and work responsibilities
	Lack of opportunity/funding Not finding position in desired location Loan repayment Malpractice/lawsuit Under-compensation Discrimination/biases against your gender/ethnicity/sexual orientation Sexual harassment Balancing family and work responsibilities Balancing clinical, research, and education responsibilities
	Lack of opportunity/funding Not finding position in desired location Loan repayment Malpractice/lawsuit Under-compensation Discrimination/biases against your gender/ethnicity/sexual orientation Sexual harassment Balancing family and work responsibilities Balancing clinical, research, and education responsibilities Satisfactory professional advancement

So '	far in your training, what have you encountered as a hindrance to your career	
advancement? Please check all that apply:		
	Lack of opportunity/funding	
	Not finding position in desired location	
	Loan repayment	
	Malpractice/lawsuit	
	Under-compensation	
	Discrimination/biases against your gender/ethnicity	
	Sexual harassment	
	Balancing family and work responsibilities	
	Balancing clinical, research, and education responsibilities	
	Satisfactory professional advancement	
	Other	
Othe	er (please specify)	

	•	
_	In your opinion, how much importance is given to <u>talents/accomplishments</u> when recruiting applicants for jobs and/or positions in science and medicine?	
0	A great deal of importance	
0	A lot of importance	
0	Moderate amount of importance	
0	Little importance	
0	None at all	
_	your opinion, how much importance is given to <u>connections/networking</u> when ruiting applicants for jobs and/or positions in science and medicine?	
0	A great deal of importance	
0	A lot of importance	
0	Moderate amount of importance	
0	Little importance	
0	None at all	

Mentorship Can you currently identify a mentor (s) who has helped you progress toward &/or achieve your career goals? Yes O No To your knowledge, has your mentor (s) gone beyond giving feedback and advice and use his or her influence to advocate for you in regards to awards, fellowships, promotions? Yes No Maybe I don't know Other (please specify)

Mentorship and Career

What gender is/are your mentor (s)		
0	Female	
0	Male	
0	вотн	
Wh	at position (s) do your mentors hold?	
	Dean	
	Department head	
	Professor	
	Associate Professor	
	Assistant Professor	
	Lecturer	
	Attending	
	Fellow	
	Resident	
Othe	er (please specify)	
If y UR	ou are an underrepresented minority (URM), do you have a mentor who is also an M?	
	Yes	
0	No	
	w important has mentorship been in your training thus far?	
0	Very important	
0	Somewhat Important	
0	Not very important	
0	Not at all important	
Do	you have at least one mentor for training/professional/career issues?	
0	Yes	
0	No	

2012-2014 Tomorrow's Physician Survey National FINAL Do you have at least one mentor for work-life issues? Yes O No Do you WANT a mentor for work-life issues? Yes O No Do you have at least one role model for the kind of career and life you want? Yes O No

2012-2014 Tomorrow's Physician Survey National FINAL **Views and Perceptions** We will now be asking questions pertaining to your views and perceptions of academic medicine.

	In the United States, the number of women entering academia has been steadily	
increasing over the past 40 years.		
0	True	
0	False	
0	I Don't Know	

Ple	ase select the statement that you think is <i>true</i> .
0	Women want DIFFERENT things from an academic career than men
0	Women want the SAME things from an academic career as men.

Please select the statement that you think is <i>true</i> .
Men and women with similar accomplishments are NOT advanced/promoted at the same rate in academia.
Men and women with similar accomplishments ARE advanced/promoted at the same rate in academia.

Ple	Please select the statement that you think is <i>true</i> .		
0	Women ARE equally represented as men in higher faculty positions.		
0	Women are NOT equally represented as men in higher faculty positions.		

Ple	ase select the statement that you think is <i>true</i> .
0	Women and men ARE equally represented in leadership positions in medical institutions, associations & medical journals.
0	Women and men are NOT equally represented in leadership positions in medical institutions, associations & medical journals.

Inte	ernalized/social perceptions <i>influence</i> advancement in science and medicine.
0	Strongly Agree
0	Agree
0	Disagree
0	Strongly Disagree

SA	your opinion, in the quest for an academic career, do women have access to MORE, the ME, or FEWER resources* as do men? esources include: Space, support personnel, start-up funds, equipment, services.
0	MORE
	SAME
0	FEWER

In your opinion, do you agree or disagree with the following statement? BOTH women and men desire increased flexibility and greater work-life balance in academic careers.	
0	Strongly Agree
0	Agree
0	Disagree
0	Strongly Disagree

Ple	ase select the statement that you think is <i>true</i> .
0	Stereotypes do NOT contribute to the gender imbalance in leadership positions in medical school faculty.
0	Stereotypes DO contribute to the gender imbalance in higher positions in medical school faculty.

n your opinion, are men compensated MORE, SAME or LESS as women for similar work?	
© MORE	
C SAME	
C LESS	

What factors do you believe contribute to the low proportions of women full professors (18%), department chairs (13%), and medical school deans (12%)? Check all that you		
believe apply.		
	Pipeline (not enough women entering the profession of medicine)	
	Lack of mentors	
	Lack of sponsors (mentors who go beyond feedback & help with advocating and getting promotions)	
	Lack of flexibility to balance professional/personal responsibilities	
	Unwelcoming environment	
	Too much service/training responsibilities	
	Prefer service/training responsibilities	
	Underproductive compared to men	
	Women are not interested in leadership	
	Ineffective negotiation or lack of negotiation.	
	Sexual harassment-direct or indirect	
	I Don't Know	
Othe	er (please specify)	
Check all that you think apply. Fewer women than men are hired and advanced in tenure		
tra	ck positions due to the following:	
	Gender stereotypes (aka schemas)	
	Lack of mentors	
	Lack of sponsors (mentors who go beyond feedback & help with advocating and getting promotions)	
	Evaluation bias against women	
	Not enough women entering the field	
	Accumulation of disadvantage	
	I Don't Know	
Other (please specify)		

2012-2014 Tomorrow's Physician Survey National FINAL	
Survey Comments	
Please let us know if you have any feedback, comments or suggestions on the survey instrument below.	

Tomorrow's Physician: Educational Highlights We would like to share with you some of the background information and research on which the latter part of the survey was based. You will have the option to enter your email address (that may be chosen at random for a \$50 amazon.com gift certificate) after the educational highlights section.