Supplementary Tables

Supplementary table 1.

a) Stepwise multivariate logistic regression for GHQ-28 without including PSS-10 and IESR.

GHQ-28 (reference: low)					
	OR	95% C.I.		P-value	
	OK	Lower	Upper	1 -value	
Gender (reference: male)	1.49	0.74	3.00	0.27	
Profession (reference: Post graduate trainee/ Clinical fellow/ Senior attending physician)	1.51	0.71	3.21	0.29	
Travel history	2.15	0.76	6.09	0.15	

b) Stepwise multivariate logistic regression for GHQ-28 including PSS-10 only.

GHQ-28 (reference: low)					
	OR	95% C.I.		P-value	
		Lower	Upper	1 -value	
Profession (reference: Post graduate trainee/ Clinical fellow/ Senior attending physician)	1.78	0.83	3.80	0.14	
Travel history	1.97	0.68	5.75	0.21	
COVID exposure	0.64	0.30	1.38	0.25	
PSS-10 (reference: low)	5.12	1.06	24.79	0.04	

c) Stepwise multivariate logistic regression for GHQ-28 including IESR only.

GHQ-28 (reference: low)					
	OR	95% C.I.		P-value	
	OK	Lower	Upper	-value	
Living arrangement (reference: none)	0.64	0.30	1.37	0.25	
Travel hx	2.35	0.81	6.83	0.11	
IESR (reference: no concern)	7.04	2.63	18.88	<0.0001	

Supplementary table 2.

a) Association between PSS-10 and IESR.

		IESR categories			
		No concern	Clinical concern/Probable		
		No concern	diagnosis of PTSD/Suppressed	P-value	
		for PTSD	immune system		
PSS-10	Low/Moderate stress	99 (94.3)	35 (77.8)	0.005	
categories	High stress	6 (5.7)	10 (22.2)	0.003	

b) Association between PSS-10 and GHQ-28.

		GHQ-28 categories			
		Low risk of acute High risk of acute		P-value	
		distress	distress	r-value	
PSS-10	Low/Moderate stress	60 (96.8)	74 (84.1)	0.01	
categories	High stress	2 (3.2)	14 (15.9)	0.01	

c) Association between IESR and GHQ-28.

		GHQ-28 categories			
		Low risk of acute	High risk of acute	P-value	
		distress	distress	r-value	
	No concern for PTSD	56 (90.3)	49 (55.7)		
IESR	Clinical concern/				
categories	Probable diagnosis of	6 (0.7)	20 (44.2)	<0.0001	
categories	PTSD/Suppressed	6 (9.7)	39 (44.3)		
	immune system				