## Appendix 1. Search terms

### **Pubmed (Title, Abstract)**

(child [MeSH] OR child\* [TIAB] OR adolescent [MeSH] OR AYA [TIAB] OR pediatr\* [TIAB] OR paediatr\* [TIAB] OR pediatrics [MeSH] OR juvenil\* [TIAB] OR infancy [TIAB]) AND (neoplasms [MeSH] OR cancer\* [TIAB] OR oncolog\* [TIAB] OR tumor\* [TIAB] OR tumour\* [TIAB] OR leukemia\* [TIAB] OR leukemia [MeSH] OR lymphoma [MeSH] OR Hodgkin [TIAB] OR sarcoma [MeSH] OR osteosarcoma [TIAB] OR wilms tumor [MeSH] OR neuroblastoma [TIAB] OR rhabdomyosarcoma [TIAB] OR fibrosarcoma [TIAB] OR hepatoblastoma [TIAB] OR PNET [TIAB] OR medulloblastoma [TIAB] OR retinoblastoma [TIAB] OR glioma [TIAB] OR teratom\* [TIAB] OR myeloproliferative disease [TIAB] OR myelodysplastic syndrome [TIAB] OR Ependymoma [TIAB] OR Carcinoma [TIAB] OR Germinom\* [TIAB] OR Dysgerminom\* [TIAB] OR bone marrow transplant\* [TIAB] OR stem cell transplant\* [TIAB]) AND (cardiorespiratory fitness [MeSH] OR cardiorespiratory [TIAB] OR cardiopulmonary [TIAB] OR physical endurance [MeSH] OR physical fitness [MeSH] OR exercise test [MeSH] OR exercise tolerance [MeSH] OR spiroergometry [TIAB] OR walk test [MeSH] OR fitness [TIAB] OR endurance [TIAB] OR physical performance [TIAB] OR aerobic performance [TIAB] OR anaerobic performance [TIAB] OR VO2max [TIAB] OR physical capacity [TIAB] OR exercise capacity [TIAB] OR aerobic capacity [TIAB] OR anaerobic capacity [TIAB] OR cycle ergomet\* [TIAB] OR treadmill test [TIAB] OR muscle strength [MeSH] muscular strength [TIAB] OR muscle power [TIAB] OR muscular power [TIAB] OR Hand strength [MeSH] OR strength dynamometer [TIAB] OR upper body strength [TIAB] OR leg strength [TIAB] OR sit to stand [TIAB] OR one repetition maximum [TIAB] OR flexibility [TIAB] OR range of motion, articular [MeSH] OR ROM [TIAB] OR flexion [TIAB] OR motor skills [MeSH] OR motor performance [TIAB] OR motor function [TIAB] OR motor coordination [TIAB] OR psychomotor performance [MeSH] OR motor skill\* [TIAB] OR coordination test [TIAB] OR Walking speed [MeSH] OR running speed [TIAB] OR Running performance [TIAB] OR reaction time [MeSH] OR agility [TIAB] OR walking velocity [TIAB] OR running velocity [TIAB] OR functional mobility [TIAB] OR motor competence [TIAB] OR motor ability [TIAB] OR functional movement [TIAB] OR gait [MeSH] OR gait pattern\* [TIAB] OR gait analysis [TIAB] OR postural balance [MeSH] OR walking efficiency [TIAB] OR postural sway [TIAB] OR stride variability [TIAB] OR step variability [TIAB] OR kinematics [TIAB])

## Cochrane (Title, Abstract, Keywords)

(mh child OR child\* OR mh adolescent OR AYA OR pediatr\* OR paediatr\* OR mh pediatrics OR juvenil\* OR infancy ) AND (mh neoplasms OR cancer\* OR oncolog\* OR tumor\* OR tumour\* OR leukemia\* OR mh leukemia OR mh lymphoma OR Hodgkin OR mh sarcoma OR osteosarcoma OR mh wilms tumor OR neuroblastoma OR rhabdomyosarcoma OR fibrosarcoma OR hepatoblastoma OR PNET OR medulloblastoma OR retinoblastoma OR glioma OR teratom\* OR myeloproliferative disease OR myelodysplastic syndrome OR Ependymoma OR Carcinoma OR Germinom\* OR Dysgerminom\* OR bone marrow transplant\* OR stem cell transplant\*) AND (mh cardiorespiratory fitness OR cardiorespiratory OR cardiopulmonary OR mh physical endurance OR mh physical fitness OR mh exercise test OR mh exercise tolerance OR spiroergometry OR mh walk test OR fitness OR endurance OR physical performance OR aerobic performance OR anaerobic performance OR VO2max OR physical capacity OR exercise capacity OR aerobic capacity OR anaerobic capacity OR cycle ergomet\* OR treadmill test OR mh muscle strength muscular strength OR muscle power OR muscular power OR mh Hand strength OR strength dynamometer OR upper body strength OR leg strength OR sit to stand OR one repetition maximum OR flexibility OR mh range of motion, articular OR ROM OR flexion OR mh motor skills OR motor performance OR motor function OR motor coordination OR mh psychomotor performance OR motor skill\* OR coordination test OR mh Walking speed OR running speed OR Running performance OR mh reaction time OR agility OR walking velocity OR running velocity OR functional mobility OR motor competence OR motor ability OR functional movement OR mh gait OR gait pattern\* OR gait analysis OR mh postural balance OR walking efficiency OR postural sway OR stride variability OR step variability OR kinematics)

#### SportDiscus (Title, Abstract)

AB ( (child\* OR adolescen\* OR AYA OR pediatr\* OR paediatr\* OR pediatrics OR juvenil\* OR infancy ) AND AB ( neoplasm\* OR cancer\* OR oncolog\* OR tumor\* OR tumour\* OR leukemia\* OR OR lymphoma OR Hodgkin OR sarcoma OR osteosarcoma OR wilms tumor OR neuroblastoma OR rhabdomyosarcoma OR fibrosarcoma OR hepatoblastoma OR PNET OR medulloblastoma OR retinoblastoma OR glioma OR teratom\* OR myeloproliferative disease OR myelodysplastic syndrome OR Ependymoma OR Carcinoma OR Germinom\* OR Dysgerminom\* OR bone marrow transplant\* OR stem cell transplant\*) AND AB ( cardiorespiratory OR cardiopulmonary OR physical endurance OR physical OR exercise test\* OR exercise tolerance OR spiroergometr\* OR walk\* test\* OR fitness OR endurance OR physical performance OR aerobic performance OR anaerobic performance OR VO2max OR physical capacity OR exercise capacity OR aerobic capacity OR anaerobic capacity OR cycle ergomet\* OR treadmill test\* OR muscle strength OR muscular strength OR muscle power OR muscular power OR Hand strength OR strength dynamometer OR upper body strength OR leg strength OR sit to stand OR one repetition maximum OR flexibility OR range of motion OR ROM OR flexion OR motor skills OR motor performance OR motor function OR motor coordination OR psychomotor performance OR motor skill\* OR coordination test\* OR Walking speed OR running speed OR Running performance OR reaction time OR agility OR walking velocity OR running velocity OR functional mobility OR motor competence OR motor ability OR functional movement OR gait OR postural balance OR walking efficiency OR postural sway OR stride variability OR step variability OR kinematics) ) OR TI ( (child\* OR adolescen\* OR AYA OR pediatr\* OR paediatr\* OR pediatrics OR juvenil\* OR infancy ) AND TI ( neoplasm\* OR cancer\* OR oncolog\* OR tumor\* OR tumour\* OR leukemia\* OR OR lymphoma OR Hodgkin OR sarcoma OR osteosarcoma OR wilms tumor OR neuroblastoma OR rhabdomyosarcoma OR fibrosarcoma OR hepatoblastoma OR PNET OR medulloblastoma OR retinoblastoma OR glioma OR teratom\* OR myeloproliferative disease OR myelodysplastic syndrome OR Ependymoma OR Carcinoma OR Germinom\* OR Dysgerminom\* OR bone marrow transplant\* OR stem cell transplant\* ) AND TI ( cardiorespiratory OR cardiopulmonary OR physical endurance OR physical OR exercise test\* OR exercise tolerance OR spiroergometr\* OR walk\* test\* OR fitness OR endurance OR physical performance OR aerobic performance OR anaerobic performance OR VO2max OR physical capacity OR exercise capacity OR aerobic capacity OR anaerobic capacity OR cycle ergomet\* OR treadmill test\* OR muscle strength OR muscular strength OR muscle power OR muscular power OR Hand strength OR strength dynamometer OR upper body strength OR leg strength OR sit to stand OR one repetition maximum OR flexibility OR range of motion OR ROM OR flexion OR motor skills OR motor performance OR motor function OR motor coordination OR psychomotor performance OR motor skill\* OR coordination test\* OR Walking speed OR running speed OR Running performance OR reaction time OR agility OR walking velocity OR running velocity OR functional mobility OR motor competence OR motor ability OR functional movement OR gait OR postural balance OR walking efficiency OR postural sway OR stride variability OR step variability OR kinematics))

# Appendix 2: Description of studies included in the systematic review.

| Author              | Publication<br>year | Sample<br>size | Assessments   | Type of cancer  | Phase of treatment  |
|---------------------|---------------------|----------------|---|---|---------------------|
| Akyay et al.        | 2014                | 33             | Muscular strength: Grip strength<br>Functional mobility: TUG 3m   | Leukemia  | Mixed               |
| Bastian et al.      | 1998                | 5              | Gait: Video recording   | CNS   | No<br>information   |
| Bell et al.         | 2006                | 35             | Cardiorespiratory fitness: Maximal CPET   | Leukemia  | Off treatment       |
| Benedetti et al.    | 2016                | 16             | Gait: Video-recording and force platforms   | Bone tumor  | Off treatment       |
| Beulertz et al.     | 2013                | 24             | Motor performance test battery: MOT,<br>DMT Mixed   |   | Mixed               |
| Beulertz et al.     | 2016a               | 13             | Cardiorespiratory fitness: 6MWT<br>Flexibility: Goniometry<br>Gait: Microgate Optogait<br>Motor performance test battery: DMT   | Mixed   | Off treatment       |
| Beulertz et al.     | 2016b               | 33             | Motor performance test battery: MOT,<br>DMT   | Mixed   | Mixed               |
| Bianco et al.       | 2014                | 18             | Muscular strength: Sit-up test, Standing<br>broad Jump, Grip strength<br>Speed: Shuttle Run<br>Motor performance test battery: Physical<br>fitness battery                  | Hematologic<br>malignancies                                       | Off treatment       |
| Black et al.        | 1998                | 56             | Cardiorespiratory fitness: Maximal CPET   | Leukemia  | Off treatment       |
| Braam et al.        | 2016                | 60             | Cardiorespiratory fitness: Maximal CPET<br>Muscular strength: Hand Held<br>Dynamometry  | Mixed   | Mixed               |
| Braam et al.        | 2018                | 68             | Cardiorespiratory fitness: Maximal CPET<br>Muscular strength: Hand Held<br>Dynamometry, Grip strength   | biratory fitness: Maximal CPET<br>cular strength: Hand Held Mixed |                     |
| Braam et al.        | 2015                | 61             | Cardiorespiratory fitness: Maximal CPET   | Mixed   | Mixed               |
| Brinkman et al.     | 2018                | 306            | Cardiorespiratory fitness: 6MWT<br>Muscular strength: Isokinetic<br>Dynamometry, Grip strength<br>Balance: SOT<br>Flexibility: Sit and reach<br>Functional mobility: TUG 3m | CNS   | Off treatment       |
| Carty et al.        | 2009a               | 20             | Gait: Video-recording and force<br>platforms  | Bone tumor  | No<br>information   |
| Carty et al.        | 2009b               | 20             | Muscular strength: Manual Muscle Test<br>Flexibility: Goniometry  | Bone tumor  | Off treatment       |
| Corr et al.         | 2017                | 14             | Muscular strength: Hand Held<br>Dynamometry<br>Flexibility: Goniometry<br>Motor performance test battery: FMA   | Lower<br>extremity<br>sarcoma                                     | Active<br>treatment |
| Cortés-Reyes et al. | 2013                | 7              | Cardiorespiratory fitness: 6MWT<br>Muscular strength: Sit up test<br>Flexibility: Sit and reach<br>Motor performance test battery: GMFM                                     | Leukemia  | Mixed               |
| Cox et al.          | 2018                | 107            | Cardiorespiratory fitness: 6MWT<br>Muscular strength: Hand Held<br>Dynamometry, Grip strength<br>Flexibility: Goniometry<br>Motor performance test battery: BOT 2SF         | Leukemia  | Active<br>treatment |
| Däggelmann et al.   | 2017                | 22             | Motor performance test battery: MOT,<br>DMT   | Mixed   | Off treatment       |
| Davis et al.        | 2010                | 15             | Motor performance test battery: BOT 2   | CNS   | Active<br>treatment |
| De Caro et al.      | 2006                | 84             | Cardiorespiratory fitness: Maximal CPET Mixed   |   | Off treatment       |
| DeFeo et al.        | 2020                | 1695           | Cardiorespiratory fitness: 6MWT<br>Muscular strength: Isokinetic<br>dynamometry, Grip strength<br>Flexibility: Sit and reach, Goniometry<br>Functional mobility: TUG 3m     |   | Off treatment       |
| Deisenroth et al.   | 2016                | 40             | Muscular strength: Hand Held<br>Dynamometry   | Active<br>treatment   |                     |
| Dubnov-Raz et al.   | 2015                | 20             | Cardiorespiratory fitness: Maximal CPET   | Mixed   | Off treatment       |

|                        |      |     | Cardiorespiratory fitness: 6MWT<br>Muscular strength: Isokinetic<br>duramometry. Grip strength   |            |                     |
|------------------------|------|-----|--|------------|---------------------|
| Ehrhardt et al.        | 2017 | 200 | dynamometry, Grip strength<br>Balance: SOT<br>Flexibility: Goniometry, Sit and reach<br>Functional mobility: TUG 3m  | Lymphoma   | Off treatment       |
| Esbenshade et al.      | 2014 | 17  | Cardiorespiratory fitness: 6MWT<br>Muscular strength: Hand Held<br>Dynamometry, Grip strength<br>Flexibility: Goniometry, Sit and reach<br>Motor performance test battery: BOT 2SF   | Leukemia   | Maintenance         |
| Fiorillo et al.        | 2010 | 16  | Gait: Video recording  | CNS        | Off treatment       |
| Fiuza-Luces et al.     | 2017 | 49  | Cardiorespiratory fitness: Maximal CPET<br>Muscular strength: Repetition Maximum<br>Functional mobility: TUG 3m, TUDS  | Mixed      | Mixed               |
| Fuchs et al.           | 2003 | 6   | Gait: Video-recording and force platforms  | Bone tumor | Off treatment       |
| Galea et al.           | 2004 | 79  | Balance: Balance test on force platform  | Leukemia   | Off treatment       |
| Gerber et al.          | 2006 | 32  | Cardiorespiratory fitness: 6MWT<br>Muscular strength: Manual Muscle Test,<br>Grip strength<br>Flexibility: Goniometry<br>Motor performance test battery: BOT 2                       | Mixed      | Off treatment       |
| Gilchrist et al.       | 2016 | 52  | Cardiorespiratory fitness: 6MWT<br>Flexibility: Goniometry<br>Gait: GAITRite   | Mixed      | Active<br>treatment |
| Gilchrist & Tanner     | 2018 | 65  | Motor performance test battery: BOT 2  | Mixed      | Active<br>treatment |
| Gilliam et al.         | 2011 | 12  | Cardiorespiratory fitness: PACER<br>Muscular strength: Hand Held<br>Dynamometry, Chair-Stand Test, Lateral<br>Step Test  | Mixed      | Off treatment       |
| Ginsberg et al.        | 2007 | 91  | Motor performance test battery: FMA  | Bone tumor | Off treatment       |
| Gohar et al.           | 2011 | 9   | Motor performance test battery: GMFM   | Leukemia   | Active<br>treatment |
| Götte & Kesting et al. | 2013 | 33  | Motor performance test battery: MOON   | Mixed      | mixed               |
| Götte et al.           | 2015 | 47  | Motor performance test battery: MOON   | Mixed      | Active<br>treatment |
| Götte & Kesting et al. | 2018 | 40  | Motor performance test battery: MOON   | Mixed      | Active<br>treatment |
| Hamari et al.          | 2019 | 36  | Motor performance test battery: mABC 2   | Mixed      | Active<br>treatment |
| Harten et al.          | 1984 | 45  | Motor performance test battery: Lincoln-<br>Oseretzky Motor Development Scale  | Mixed      | Off treatment       |
| Hartman et al.         | 2009 | 51  | Flexibility: Goniometry<br>Motor performance test battery: mABC  | Leukemia   | Active<br>treatment |
| Hartman et al.         | 2010 | 34  | Motor performance test battery: mABC   | Leukemia   | Off treatment       |
| Hartman et al.         | 2013 | 34  | Cardiorespiratory fitness: 6MWT<br>Flexibility: Goniometry<br>Motor performance test battery: mABC 2   | Leukemia   | Off treatment       |
| Hartman et al.         | 2018 | 71  | Cardiorespiratory fitness: 6MWT<br>Muscular strength: Sit up test, Back<br>estension test, Push-up test, Vertical<br>jump, Grip strength<br>Flexibility: Sit and reach, Side-bending | Mixed      | Off treatment       |
| Hartman et al.         | 2006 | 128 | Motor performance test battery: mABC   | Mixed      | Off treatment       |
| Hartman et al.         | 2008 | 92  | Muscular strength: Hand held<br>dynamometry<br>Flexibility: Goniometry   | Mixed      | Off treatment       |
| Hauser et al.          | 2001 | 38  | Cardiorespiratory fitness: Maximal CPET  | Leukemia   | Off treatment       |
| Henderson et al.       | 2012 | 38  | Flexibility: Goniometry  | Bone tumor | Off treatment       |
| Hillmann et al.        | 2001 | 7   | Gait: Video-recording, force plates and EMG  | Mixed      | Off treatment       |
| Hillmann et al.        | 2000 | 43  | Gait: Video-recording, force plates and EMG  | Mixed      | Off treatment       |

| HOff treatmentman et al.   | 2013  | 183 | Cardiorespiratory fitness: 6MWT<br>Muscular strength: Isokinetic<br>dynamometry, Grip strength<br>Functional mobility: TUG 3m                                    | Mixed                         | Off treatment       |
|----------------------------|-------|-----|--|-------------------------------|---------------------|
| Hogarty et al.             | 2000  | 31  | Cardiorespiratory fitness: Maximal CPET  | Mixed                         | Off treatment       |
| Hovi et al.                | 1993  | 43  | Muscular strength: Isometric<br>dynamometry, Sit up test, Push-up test   | Leukemia                      | Off treatment       |
| Hovi et al.                | 2010  | 83  | Muscular strength: Sit up test, Repeated<br>Squatting, Back extension, Leg lift<br>Speed: Shuttle run<br>Flexibility: Sit and reach                              | Mixed                         | Off treatment       |
| Howell et al.              | 2018  | 78  | Muscular strength: Sit up test, Push up<br>test, Grip strength   | Mixed                         | Off treatment       |
| Hung et al.                | 2017  | 13  | Cardiorespiratory fitness: 6MWT<br>Motor performance test battery: BOT 2SF   | Leukemia                      | Off treatment       |
| Järvelä et al.             | 2010  | 21  | Cardiorespiratory fitness: Maximal CPET<br>Muscular strength: Sit up test, Repeated<br>Squatting, Back extension, Vertical jump,<br>Shoulder lift, Grip strength | Leukemia                      | Off treatment       |
| Jenney et al.              | 1995  | 70  | Cardiorespiratory fitness: Maximal CPET  | Leukemia                      | Off treatment       |
| Johnson et al.             | 1997  | 13  | Cardiorespiratory fitness: Submaximal<br>CPET, Maximal CPET  | No information                | Off treatment       |
| Joyce et al.               | 2011  | 493 | Muscular strength: Isometric dynamometry, Grip strength  | Leukemia                      | Off treatment       |
| Kabak et al.               | 2016  | 13  | Cardiorespiratory fitness: 6MWT<br>Muscular strength: Chair-stand test, Grip<br>strength<br>Functional mobility: TUG 3m, TUDS,<br>Stand up from bed rest         | Mixed                         | Active<br>treatment |
| Kandula et al.             | 2018  | 65  | Motor performance test battery: mABC   | No information                | Off treatment       |
| Keats & Culos-Reed         | 2008  | 10  | Motor performance test battery:<br>FITNESSGRAMM  | Mixed                         | Mixed               |
| Kesting et al.             | 2015  | 21  | Motor performance test battery: MOON   | Bone tumor                    | Off treatment       |
| Konczak et al.             | 2005  | 22  | Balance: SOT   | CNS                           | Off treatment       |
| Lam et al.                 | 2018  | 70  | Muscular strength: Grip strength   | Mixed                         | Off treatment       |
| Leone et al.               | 2014  | 20  | Motor performance test battery: UQAC-<br>UQAM  | Leukemia                      | Off treatment       |
| Long et al.                | 2017  | 20  | Cardiorespiratory fitness: Maximal CPET<br>Muscular strength: Repetition maximum,<br>Sit up test, Repeated squatting, Push-up<br>test                            | Mixed                         | Off treatment       |
| Long et al.                | 2018  | 13  | Cardiorespiratory fitness: Maximal<br>CPET, Submaximal CPET<br>Muscular strength: Repetition maximum,<br>Sit up test, Repeated squatting, Push-up<br>test        | Mixed                         | Off treatment       |
| Luca De et al.             | 2013  | 37  | Motor performance test battery: BOT<br>2SF, mABC 2   | Leukemia                      | Off treatment       |
| Malicka et al.             | 2020  | 34  | Speed: 60m run   | Leukemia                      | Off treatment       |
| Malicka et al.             | 2019  | 71  | Speed: 60m run   | Mixed                         | Off treatment       |
| Manchola-González et al.   | 2019  | 19  | Cardiorespiratory fitness: Maximal CPET<br>Muscular strength: Grip strength<br>Flexibility: Sit and reach<br>Functional mobility: TUG 3m, TUDS                   | Leukemia                      | Off treatment       |
| Marchese, Chiarello et al. | 2004a | 28  | Cardiorespiratory fitness: 9MWT<br>Muscular strength: Hand held<br>dynamometry<br>Flexibility: Goniometry<br>Functional mobility: TUDS                           | Leukemia                      | Maintenance         |
| Marchese, Ogle et al.      | 2004b | 18  | Cardiorespiratory fitness: 9MWT<br>Functional mobility: TUG 3m, TUDS   | Bone tumor                    | Off treatment       |
| Marchese et al.            | 2007  | 94  | Motor performance test battery: FMA  | Mixed                         | Off treatment       |
| Marchese et al.            | 2006  | 68  | Cardiorespiratory fitness: 9MWT<br>Flexibility: Goniometry<br>Functional mobility: TUG 3m, TUDS  | Lower<br>extremity<br>sarcoma | Off treatment       |

| Marchese et al.     | 2003  | 8   | Muscular strength: Hand held<br>dynamometry<br>Functional mobility: TUG 3m   | Leukemia                 | Active<br>treatment |
|---------------------|-------|-----|--|--------------------------|---------------------|
| Marchese et al.     | 2008  | 33  | Flexibility: Goniometry<br>Functional mobility: TUDS   | Leukemia                 | Mixed               |
| Matthys et al.      | 1993  | 35  | Cardiorespiratory fitness: Maximal CPET  | Mixed                    | Off treatment       |
| McKenzie et al.     | 2000  | 34  | Cardiorespiratory fitness: Maximal<br>CPET, Wingate anaerobic test   | Solid tumor              | Off treatment       |
| Mitchell et al.     | 2002  | 17  | Motor performance test battery: BOTMP  | Neuroblastoma            | Maintenance         |
| Varedi et al.       | 2018  | 365 | Cardiorespiratory fitness: 6MWT<br>Functional mobility: TUG 3m   | Leukemia                 | Off treatment       |
| Moyer-Mileur et al. | 2009  | 14  | Cardiorespiratory fitness: PACER<br>Muscular strength: Push up test<br>Flexibility: Sit and reach<br>Functional mobility: TUG 3m, TUDS                                 | Leukemia                 | Maintenance         |
| Müller et al.       | 2017  | 84  | Balance: Balance test on force platform<br>Gait: Video recording   | Mixed                    | N/A                 |
| Muratt et al.       | 2011  | 10  | Muscular strength: Isokinetic<br>dynamometry   | Leukemia                 | Maintenance         |
| Nama et al.         | 2020  | 72  | Muscular strength: Manual muscle test<br>Functional mobility: TUG 3m<br>Motor performance test battery: BOT 2  | Mixed                    | Active<br>treatment |
| Naumann et al.      | 2015  | 26  | Motor performance test battery: FMS  | Mixed                    | Off treatment       |
| Ness et al.         | 2007  | 75  | Cardiorespiratory fitness: 2MWT<br>Muscular strength: Hand held<br>dynamometry, Grip strength<br>Functional mobility: TUG 3m   | Leukemia                 | Off treatment       |
| Ness et al.         | 2015a | 365 | Cardiorespiratory fitness: submaximal<br>CPET<br>Muscular strength: Isokinetic<br>dynamometry, Grip strength<br>Balance: SOT<br>Flexibility: Goniometry, Sit and reach | Leukemia                 | Off treatment       |
| Ness et al.         | 2012  | 415 | Cardiorespiratory fitness: 6MWT<br>Muscular strength: Isokinetic<br>dynamometry<br>Balance: SOT<br>Flexibility: Goniometry<br>Functional mobility: TUG 3m              | Leukemia                 | Off treatment       |
| Ness et al.         | 2013  | 475 | Cardiorespiratory fitness: 6MWT<br>Balance: SOT<br>Functional mobility: TUG 3m   | Extracranial solid tumor | Off treatment       |
| Ness et al.         | 2015b | 109 | Cardiorespiratory fitness: 6MWT<br>Muscular strength: Hand held<br>dynamometry, Grip strength<br>Flexibility: Goniometry<br>Motor performance test battery: BOT 2SF    | Leukemia                 | Active<br>treatment |
| Ness et al.         | 2010  | 156 | Muscular strength: Hand held<br>dynamometry, Grip strength<br>Balance: Berg balance test   | CNS                      | Off treatment       |
| Ness et al.         | 2014  | 42  | Flexibility: Goniometry<br>Motor performance test battery: FMA   | Bone tumor               | Off treatment       |
| Nielsen et al.      | 2018  | 75  | Cardiorespiratory fitness: Maximal CPET<br>Muscular strength: Chair-Stand test, Grip<br>strength<br>Balance: Flamingo balance test<br>Functional mobility: TUG 3m      | Mixed                    | Active<br>treatment |
| Oschwald et al.     | 2019  | 16  | Cardiorespiratory fitness: 2MWT<br>Muscular strength: Hand held<br>dynamometry<br>Flexibility: Goniometry<br>Functional mobility: TUG 3m<br>Gait: 10m Walk test        | Mixed                    | Mixed               |
| Oswald & Bo         | 2020  | 13  | Motor performance test battery: mABC 2   | Leukemia                 | Off treatment       |
| Ovans et al.        | 2018  | 15  | Cardiorespiratory fitness: 6MWT  | CNS                      | Off treatment       |
| Papalia et al.      | 2020  | 10  | Cardiorespiratory fitness: Submaximal<br>CPET  | CNS                      | Off treatment       |

| Pesenti et al.             | 2018  | 15   | Gait: Video-recording and force platforms  | Bone tumor  | Off treatment       |
|----------------------------|-------|------|--|-------------|---------------------|
| Pihkala et al.             | 1995  | 30   | Cardiorespiratory fitness: Maximal CPET  | Mixed       | Off treatment       |
| Piscione et al.            | 2017  | 28   | Cardiorespiratory fitness: Maximal CPET<br>Motor performance test battery: BOT 2   | CNS         | Off treatment       |
| Piscione et al.            | 2014  | 30   | Motor performance test battery: BOT 2  | CNS         | Off treatment       |
| Ramchandren et al.         | 2009  | 37   | Motor performance test battery: BOT 2  | Leukemia    | Off treatment       |
| Reindres-Messelink et al.  | 1999  | 17   | Motor performance test battery: mABC   | Leukemia    | Active<br>treatment |
| Riggs et al.               | 2017  | 28   | Cardiorespiratory fitness: 6MWT  | CNS         | Off treatment       |
| Rosenhagen et al.          | 2011  | 23   | Muscular strength: Grip strength   | Mixed       | Active<br>treatment |
| Sabel et al.               | 2016  | 13   | Motor performance test battery: BOT 2  | CNS         | Off treatment       |
| San Juan et al.            | 2008a | 15   | Cardiorespiratory fitness: Maximal CPET<br>Flexibility: Goniometry<br>Functional mobility: TUDS  | Leukemia    | Maintenance         |
| San Juan et al.            | 2008b | 8    | Cardiorespiratory fitness: Maximal CPET<br>Muscular strength: Repetition maximum<br>Flexibility: Goniometry<br>Functional mobility: TUG 3m, TUG 10m,<br>TUDS | Leukemia    | Off treatment       |
| San Juan et al.            | 2007a | 7    | Cardiorespiratory fitness: Maximal CPET<br>Muscular strength: Repetition maximum<br>Flexibility: Goniometry<br>Functional mobility: TUG 3m, TUG 10m,<br>TUDS | Leukemia    | Maintenance         |
| San Juan et al.            | 2007b | 7    | Muscular strength: Repetition maximum<br>Functional mobility: TUG 3m, TUG 10m,<br>TUDS   | Leukemia    | Maintenance         |
| Schoch et al.              | 2006  | 22   | Balance: SOT   | CNS         | Off treatment       |
| Schoch et al.              | 2010  | 22   | Balance: Ultrasound-based motion<br>analysis CNS   |             | Off treatment       |
| Schoenmakers et al.        | 2006  | 18   | Muscular strength: Manual muscle test<br>Motor performance test battery: mABC 2  | Mixed       | Mixed               |
| Segerer et al.             | 2017  | 74   | Cardiorespiratory fitness: Maximal CPET  | Solid tumor | Off treatment       |
| Senn-Malashonak et al.     | 2019  | 60   | Cardiorespiratory fitness: 6MWT,<br>Maximal CPET<br>Muscular strength: Isometric<br>dynamometry, Grip strength   | Mixed       | Active<br>treatment |
| Shore & Shepard            | 1999  | 6    | Cardiorespiratory fitness: Maximal CPET  | N/A         | Mixed               |
| Slater et al.              | 2015  | 119  | Cardiorespiratory fitness: 6MWT<br>Muscular strength: Grip strength<br>Functional mobility: TUG 3m   | Mixed       | Off treatment       |
| Smith et al.               | 2014  | 1778 | Cardiorespiratory fitness: 6MWT  | Mixed       | Off treatment       |
| Smith et al.               | 2013  | 5    | Cardiorespiratory fitness: Maximal CPET<br>Muscular strength: Isokinetic<br>dynamometry  | Bone tumor  | Off treatment       |
| SteenhOff treatment et al. | 1993  | 8    | Gait: EMG analysis   | Bone tumor  | Off treatment       |
| Su et al.                  | 2018  | 18   | Cardiorespiratory fitness: 6MWT  | Mixed       | Off treatment       |
| Syczewska et al.           | 2008  | 88   | Balance: Balance test on force platform  | CNS         | Off treatment       |
| Syczewska et al.           | 2006  | 41   | Balance: Balance test on force platform<br>Gait: Video-recording and force platform  | CNS         | Off treatment       |
| Syczewska et al.           | 2010  | 105  | Gait: Video-recording  | CNS         | Off treatment       |
| Takken et al.              | 2009  | 9    | Cardiorespiratory fitness: Maximal CPET<br>Muscular strength: Hand held<br>dynamometry, Grip strength<br>Functional mobility: TUG 3m, TUDS                   | Leukemia    | Off treatment       |
| Talvensaari et al.         | 1995  | 46   | Cardiorespiratory fitness: Maximal CPET<br>Muscular strength: Isokonetic<br>dynamometry  | Mixed       | Off treatment       |

| Tanir & Kuguoglu    | 2013  | 40  | Cardiorespiratory fitness: 9MWT<br>Muscular strength: Isometric<br>dynamometry<br>Flexibility: Goniometry<br>Functional mobility: TUG 3m, TUDS   | Leukemia            | Off treatment       |
|---------------------|---|-----|--|---------------------|---------------------|
| Tanner et al.       | 2017  | 62  | Balance: Single leg stance<br>Flexibility: Goniometry<br>Functional mobility: Floor to stand<br>performance<br>Gait: Visual observation<br>Motor performance test battery: BOTMP,<br>BOT 2 | Leukemia            | Active<br>treatment |
| Tanner & Hooke      | 2019  | 30  | Flexibility: Goniometry<br>Motor performance test battery: BOT 2   | Leukemia            | Off treatment       |
| Tanner et al.       | Tanner et al. 2015 6 Cardiorespiratory fitness: 6MWT<br>Muscular strength: Manual muscle test,   Tanner et al. 2015 6 Hand held dynamometry   Flexibility: Goniometry<br>Gait: GAITRite Flexibility: Goniometry |     | Mixed  | Active<br>treatment |                     |
| Taskinen et al.     | 2013  | 45  | Muscular strength: Sit-up test, Repeated<br>squatting, Back extension test, Leg lift<br>test<br>Speed: Shuttle run<br>Flexibility: Sit and reach   | Leukemia            | Off treatment       |
| Tay et al.          | 2017  | 101 | Motor performance test battery: BOT 2SF  | Leukemia            | Off treatment       |
| Turner-Gomes et al. | 1996  | 11  | Cardiorespiratory fitness: Wingate<br>anaerobic test, Maximal CPET   | Leukemia            | Off treatment       |
| van Brussel et al.  | 2006  | 13  | Cardiorespiratory fitness: Wingate<br>anaerobic test, Maximal CPET<br>Muscular strength: Hand held<br>dynamometry  | Leukemia            | Off treatment       |
| Wallek et al.       | 2018  | 49  | Cardiorespiratory fitness: 6MWT  | Mixed               | Active<br>treatment |
| Warner et al.       | 1997  | 56  | Cardiorespiratory fitness: Submaximal<br>CPET, Maximal CPET  | Mixed               | Off treatment       |
| Wiernikowski et al. | 2005  | 10  | Motor performance test battery: BOTMP,<br>GMFM   | Mixed               | Maintenance         |
| Wright et al.       | 2003  | 40  | Flexibility: Goniometry  | Leukemia            | Mixed               |
| Wright et al.       | 2017  | 17  | Muscular strength: Manual muscle test<br>Flexibility: Goniometry<br>Gait: Video-recording, force plates and<br>EMG   | Leukemia            | Mixed               |
| Wright & Fairfield  | 2007  | 20  | Motor performance test battery: GMFM<br>ALL  | Leukemia            | Mixed               |
| Wright et al.       | 2005  | 99  | Motor performance test battery: BOTMP  | Leukemia            | Off treatment       |
| Wright et al.       | 1999  | 54  | Flexibility: Goniometry  | Leukemia            | Off treatment       |
| Wright et al.       | 1998  | 36  | Muscular strength: Grip strength<br>Flexibility: Goniometry<br>Motor performance test battery: BOTMP,<br>GMFM  | Leukemia            | Off treatment       |
| Wurz et al.         | 2014  | 8   | Flexibility: Goniometry, Sit and reach<br>Functional mobility: TUG 3m  |                     |                     |
| Zaccara et al.      | 2004  | 13  | Gait: Video-recording and force platform   | Germ cell tumor     | Off treatment       |
|                     |   | L   |  | 1                   |                     |

2MWT: 2-minute walk test, 6MWT: 6-minute walk test, 9MRWT: 9-minute run-walk test, CNS: central nervous system, CPET: cardio pulmonary exercise test, EMG: electromyography, SOT: sensory organization test, BOT: Bruininks-Oseretsky Test, SF: short form; m-ABC: Movement Assessment Battery for Children, BOTMP: Bruininks-Oseretsky Test of Motor Proficiency, FMA: Functional Mobility Assessment, MOON: Motor Performance in Pediatric Oncology, DMT: Deutscher Motorik Test, GMFM: Gross motor function measure, MOT: Motoriktest für Kinder, FMS: fundamental movement skills test battery, UQAC-UQAM: University of Québec in Chicoutimi-University of Québec in Montréal

Appendix 3: Description of study methods assessing cardiorespiratory fitness in pediatric cancer patients and survivors

| Assessment   | No. of studies/<br>total sample<br>size <sup>1</sup> | Type of Cancer (No.<br>participants)   | Age range/<br>mean±SD [y] | Phases of treatment<br>(No. studies)  | Validity <sup>2</sup> | Reliability <sup>2</sup> | References   |
|--|--|--|---------------------------|---|-----------------------|--------------------------|--|
| Maximal CPET<br>Measurement of<br>maximum<br>aerobic capacity  | 33/1170  | Leukemia (621)<br>Lymphoma (130)<br>CNS tumor (84)<br>Neuroblastoma (19)<br>Retinoblastoma (1)<br>Renal tumor (28)<br>Hepatoblastoma (3)<br>Bone tumor (45)<br>Soft tissue sarcoma (26)<br>Germ cell (1)<br>Mixed (207)<br>[solid tumor (207)]<br>Other (5)  | 3.5-41                    | Active treatment (2)<br>Maintenance (2)<br>Off treatment (24)<br>Mixed (5)<br>[all phases (4), maint./off<br>treatment (1)] | No<br>information     | No<br>information        | Bell et al. 2006; Black et al. 1998; Braam<br>et al. 2015; Braam et al. 2016; Braam et<br>al. 2018; Caro et al. 2006; Dubnov-Raz et<br>al. 2015; Fiuza-Luces et al. 2017; Hauser<br>et al. 2001; Hogarty et al. 2000; Järvelä et<br>al. 2010; Jenney et al. 1995; Johnson et al.<br>1997; Long et al. 2017; Long et al. 2018;<br>Manchola-González et al. 2019; Matthys<br>et al. 1993; McKenzie et al. 2000; Nielsen<br>et al. 2018; Pihkala et al. 1995; Piscione et<br>al. 2017; San Juan et al. 2007; San Juan,<br>Chamorro-Viña, Maté-Muñoz et al. 2008;<br>San Juan, Chamorro-Viña, Moral et al.<br>2008; Segerer et al. 2019; Shore & Shepard<br>1999; Smith et al. 2013; Takken et al.<br>2009; Talvensaari et al. 1995; Turner-<br>Gomes et al. 1996; van Brussel et al.<br>2006; Warner et al. 1997) |
| 6-Minute Walk<br>Test<br>Measurement of<br>functional<br>submaximal<br>aerobic capacity<br>via timed walk<br>test (subject<br>walks as fast as<br>possible on a<br>defined straight<br>and flat corridor<br>for 6 min) | 26/6180  | Leukemia (3231)<br>Lymphoma (1139)<br>CNS tumor (525)<br>Neuroblastoma (33)<br>Renal tumor (30)<br>Bone tumor (152)<br>Soft tissue sarcoma (10)<br>Germ cell tumor (1)<br>Mixed (1054)<br>[saroma (2), mixed solid (427),<br>non-CNS solid tumor (11),<br>extracranial solid tumor (475),<br>ALL/Wilms tumor/other (6),<br>leukemia/lymphoma (59),<br>bone/soft tissue sarcoma (13),<br>neuroblastoma/Wilms tumor<br>(49), other (12)] | 3.5-63.8                  | Active treatment (7)<br>Maintenance (1)<br>Off treatment (17)<br>Mixed (1)  | No<br>information     | No<br>information        | Beulertz et al. 2016; Brinkman et al.<br>2018; Cortés-Reyes et al. 2013; Cox et al.<br>2018; DeFeo et al. 2020; Ehrhardt et al.<br>2017; Esbenshade et al. 2014; Gerber et<br>al. 2006; Gilchrist & Tanner 2016;<br>Hartman et al. 2013; Hartman et al. 2018;<br>Hoffman et al. 2013; Hung et al. 2017;<br>Ness et al. 2012; Ness et al. 2013; Ness,<br>Kaste et al. 2017; Ovans et al. 2018;<br>Riggs et al. 2017; Senn-Malashonak et al.<br>2019; Slater et al. 2015; Smith et al. 2014;<br>Su et al. 2017; Wallek et al. 2018; Yildiz<br>Kabak et al. 2016)   |

| Submaximal   | 5/457 | Other (5)<br>[Nasopharynx-CA (1),<br>neuroectodermal tumor (3),<br>N/A (1)]<br>Leukemia (409)  | 7-44.6 | Off treatment (5)                    | No  | No  | Johnson et al. 1997; Long et al. 2018;   |
|--|-------|--|--------|--------------------------------------|---|---|--|
| <b>CPET</b><br><i>Measurement of</i><br><i>submaximal</i><br><i>aerobic capacity</i>   |       | Lymphoma (4)<br>CNS tumor (19)<br>Neuroblastoma (2)<br>Renal tumor (6)<br>Soft tissue sarcoma (1)<br>Mixed (15)<br>Other (1)<br>[Undifferentiated<br>rhabdomyosarcoma of the right<br>petrous temporal bone] |        |                                      | information   | information   | Ness, DeLany et al. 2015; Papalia et al. 2020; Warner et al. 1997  |
| 9MWT/9MRW<br>T<br>Measurement of<br>aerobic capacity<br>via timed walk<br>test, subject runs<br>or walks as fast<br>as possible on a<br>defined straight<br>and flat corridor<br>for 9 min | 4/154 | Leukemia (68)<br>Bone tumor (18)<br>Mixed (68)<br>[lower-extremity sarcoma (68)]   | 4-27   | Maintenance (1)<br>Off treatment (3) | <u>Concurrent</u><br><u>and</u><br><u>construct</u><br><u>validity:</u><br>Spearman<br>rho = 0.63<br>and 0.50<br>between 9<br>min run-<br>walk<br>distance and<br>MSTS and<br>TESS (lower<br>extremity<br>version)<br>scores, resp.<br>in 94 CCS<br>with lower<br>extremity<br>sarcoma<br>aged 10-<br>42years;<br>Longitudinal<br>data at 6, 12<br>and 18 | Intra- and<br>inter-raterreliability: $r \ge 0.85$ (CCP during<br>maintenancetherapy for<br>ALL)(Marchese,<br>Chiarello, &<br>Lange, 2004)Intra- and<br>inter-raterreliability:ICC $\ge 0.97$ (23 CCS<br>with lowerextremity<br>sarcoma 10-<br>42y)(Marchese et<br>al., 2007) | Marchese et al. 2006; Marchese,<br>Chiarello, & Lange 2004; Marchese, Ogle<br>et al. 2004; Tanir & Kuguoglu 2013 |

| Wingate<br>anaerobic test<br>(and similar 30s-<br>all-out protocols)<br>Measurement of<br>anaerobic<br>capacity via<br>cycle ergometer,<br>maximum effort<br>for 30s following<br>a short warm-up<br>period<br>2MWT | 3/58 | Leukemia (24)<br>Mixed (34)<br>[Solid tumor (34)]<br>Leukemia (79)   | 7.7-23.8 | Off treatment (3)                       | months after<br>limb sparing<br>surgery<br>indicated an<br>increase in<br>distance<br>walked over<br>time ( $p =$<br>0.04) in 6<br>CCS with<br>lower<br>extremity<br>sarcoma<br>aged 11-<br>22years<br>(Marchese et<br>al., 2007)<br>No<br>information | No<br>information | McKenzie et al. 2000; Turner-Gomes et<br>al. 1996; van Brussel et al. 2006 |
|---|------|--|----------|---|--|-------------------|--|
| Measurement of<br>submaximal<br>aerobic capacity<br>via timed walk<br>test, subject<br>walks as fast as<br>possible on a<br>defined straight  |      | Lymphoma (3)<br>CNS tumor (1)<br>Neuroblastoma (2)<br>Soft tissue sarcoma (2)<br>Germ cell tumor (1)<br>Other (3)<br>[juvenile granulosa cell tumor)<br>(1), malignant peripheral nerve<br>sheath tumor (1), |          | Mixed (1)<br>[maint./off treatment (1)] | information  | information       |  |

| and flat corridor<br>for 2 min |      | undifferentiated sarcoma of the liver (1)] |      |                   |             |             |  |
|--------------------------------|------|--|------|-------------------|-------------|-------------|--|
| PACER Shuttle                  | 2/26 | Leukemia (21)                              | 4-18 | Maintenance (1)   | No          | No          | Gilliam et al. 2011; Moyer-Mileur et al. |
| Run Test                       |      | CNS tumor (5)                              |      | Off treatment (1) | information | information | 2009                                     |
| Measurement of                 |      |  |      |                   |             |             |  |
| maximum                        |      |  |      |                   |             |             |  |
| aerobic capacity,              |      |  |      |                   |             |             |  |
| subject runs                   |      |  |      |                   |             |             |  |
| back and forth                 |      |  |      |                   |             |             |  |
| across a 20m                   |      |  |      |                   |             |             |  |
| space at a                     |      |  |      |                   |             |             |  |
| specified pace                 |      |  |      |                   |             |             |  |
| that gets faster               |      |  |      |                   |             |             |  |
| each minute as                 |      |  |      |                   |             |             |  |
| long as possible               |      |  |      |                   |             |             |  |

ALL: acute lymphoblastic leukemia, CCP: childhood cancer patients, CCS: childhood cancer survivors, MSTS: Musculoskeletal Tumor Society Rating Scale, TESS: Toronto Extremity Salvage Scale, 2MWT: 2-minute walk test, 6MWT: 6-minute walk test, 9MRWT: 9-minute run-walk test, CNS: central nervous system, CPET: cardio pulmonary exercise test, HR: heart rate, ECG: echocardiography, bpm: beats per minute, min: minute, km/h: kilometer per hour, PACER: progressive aerobic cardiovascular endurance run, s: second, W: watt, <sup>1</sup>only study participants who performed the assessments were counted, <sup>2</sup> if evaluated in a childhood cancer population

Appendix 4: Description of study methods assessing muscle strength in pediatric cancer patients and survivors

| Assessment   | No. of studies/<br>total sample<br>size <sup>1</sup> | Type of Cancer (No.<br>participants)   | Age range/<br>mean±SD [y] | Phases of<br>treatment (No.<br>studies)  | Validity <sup>2</sup> | Reliability <sup>2</sup>  | References  |
|--|--|--|---------------------------|--|-----------------------|---|---|
| Grip Strength Test<br>measurement of<br>maximum voluntary<br>contraction of the hand<br>using grip strength or<br>hand dynamometer | 27/4451  | Leukemia (2688)<br>Lymphoma (831)<br>CNS (538)<br>Neuroblastoma (40)<br>Retinoblastoma (11)<br>Renal tumor (35)<br>Bone tumor (29)<br>Soft tissue sarcoma (14)<br>Germ cell tumor (8)<br>Mixed (249)<br>[sarcoma (2), hematologic<br>malignancies (18),<br>leukemia/lymphoma (59), bone/soft<br>tissue sarcoma (13),<br>neuroblastoma/Wilms tumor (49),<br>other solid tumor (46), extracranial<br>solid tumor (21), mixed malignancies<br>(37)]<br>Other (8)<br>[Nasopharynx-CA (1), N/A (4),<br>neuroectodermal tumor (3)] | 3.5-64                    | Active treatment<br>(6)<br>Maintenance (1)<br>Off treatment (18)<br>Mixed (2)<br>[active/off treatment<br>(1), all phases (1)] | No information        | No information  | Akyay et al. 2014; Bianco et<br>al. 2014; Braam et al. 2018;<br>Brinkman et al. 2018; Cox et<br>al. 2018; DeFeo et al. 2020;<br>Ehrhardt et al. 2017;<br>Esbenshade et al. 2014;<br>Gerber et al. 2006; Hartman<br>et al. 2018; Hoffman et al.<br>2013; Howell et al. 2018;<br>Järvelä et al. 2010; Joyce et<br>al. 2011; Lam et al. 2018;<br>Manchola-González et al.<br>2019; Ness et al. 2007; Ness<br>et al. 2010; Ness DeLany et<br>al. 2015; Nielsen et al. 2018;<br>Rosenhagen et al. 2011;<br>Senn-Malashonak et al.<br>2019; Slater et al. 2015;<br>Takken et al. 2009; Wright<br>et al. 1998; Yildiz Kabak et<br>al. 2016 |
| Hand Held<br>Dynamometry<br>measurement of<br>maximum voluntary<br>isometric muscle<br>strength using hand<br>dynamometer          | 17/830   | Leukemia (489)<br>Lymphoma (29)<br>CNS tumor (182)<br>Neuroblastoma (2)<br>Renal tumor (28)<br>Bone tumor (17)<br>Soft tissue sarcoma (15)<br>Germ cell tumor (1)<br>Mixed (64)<br>[ <i>ALL/Wilms tumor/other (6), solid</i><br><i>tumor (16), mixed malignancies (25),</i>  | 4-58                      | Active treatment<br>(6)<br>Maintenance (2)<br>Off treatment (6)<br>Mixed (3)<br>[all phases (2), maint.<br>/off treatmet (1)]  | No information        | Intra- and inter-<br>rater reliability:<br>r = 0.85-0.99 for<br>knee extension<br>and ankle<br>dorsiflexion in<br>28 children with<br>ALL aged 4-18y<br>(Marchese,<br>Chiarello & Lange,<br>2004) | Braam et al. 2016; Braam et<br>al. 2018; Corr et al. 2017;<br>Cox et al. 2018; Deisenroth<br>et al. 2016; Esbenshade et al.<br>2014; Gilliam et al. 2011;<br>Marchese et al. 2003;<br>Hartman et al. 2008;<br>Marchese, Chiarello & Lange<br>2004; Ness et al. 2007; Ness<br>et al. 2010; Ness, Kaste et al.<br>2015; Oschwald et al. 2019;<br>Takken et al. 2009; Tanner et<br>al. 2015; van Brussel et al.<br>2006  |

|   | 10/2719 | lower-extremity sarcoma (14), N/A<br>(3)]<br>Other (3)<br>[juvenile granulosa cell tumor) (1),<br>malignant peripheral nerve sheath<br>tumor (1), undifferentiated sarcoma of<br>the liver (1)]  | 10.5.74 | Maintenana (1)                                       | Neinformetion  | Intra- and inter-<br>rater reliability:<br>ICC = 0.87-0.95<br>for knee<br>extension and<br>ankle<br>dorsiflexion in 8<br>children with<br>ALL aged 4-15y<br>(Marchese et al.,<br>2003)   | Brinkman et al. 2018; DeFeo  |
|---|---------|--|---------|--|----------------|--|--|
| Isokinetic<br>Dynamometry<br>measurement of<br>maximum voluntary<br>isokinetic muscle<br>strength | 10/3718 | Leukemia (2429)<br>Lymphoma (783)<br>CNS tumor (338)<br>Neuroblastoma (3)<br>Renal tumor (6)<br>Bone tumor (5)<br>Mixed (154)<br>[leukemia/lymphoma (59), bone/soft<br>tissue sarcoma (13),<br>neuroblastoma/Wilms tumor (49),<br>other solid tumor (30), sarcoma (3)] | 10.5-64 | Maintenance (1)<br>Off treatment (9)                 | No information | Test-retest<br>reliability:<br>ICC = 0.86-0.99<br>in childhood<br>cancer survivors<br>and 0.71-0.97 in<br>healthy controls<br>for peak torque<br>and total work<br>done of trunk<br>flexion and<br>extension at<br>50°/s and 200°/s<br>in 18 childhood<br>cancer<br>survivors and<br>healthy<br>controls aged<br>10-31y<br>(Talvensaari et al.,<br>1995) | Brinkman et al. 2018; DeFeo<br>et al. 2020; Ehrhardt et al.<br>2017; Hoffman et al. 2013;<br>Joyce et al. 2011; Muratt et<br>al. 2011; Ness et al. 2012;<br>Ness, DeLany et al. 2015;<br>Smith et al. 2013;<br>Talvensaari et al. 1995 |
| Sit-Up Test<br>measurement of<br>dynamic muscular<br>endurance of trunk<br>muscles                | 10/399  | Leukemia (165)<br>Lymphoma (8)<br>CNS tumor (39)<br>Neuroblastoma (32)<br>Retinoblastoma (11)<br>Renal tumor (34)<br>Bone tumor (1)<br>Soft tissue sarcoma (5)   | 5-62.2  | Off treatment (9)<br>Mixed (1)<br>[active/maint (1)] | No information | No information   | Bianco et al. 2014; Cortés-<br>Reyes et al. 2013; Hartman et<br>al. 2018; Hovi et al. 1993;<br>Hovi et al. 2010; Howell et<br>al. 2018; Järvelä et al. 2010;<br>Long et al. 2017; Long et al.<br>2018; Taskinen et al. 2013            |

| <b>Push-Up Test</b><br>measurement of<br>dynamic muscular<br>endurance of upper<br>extremity; max reps or<br>reps per 30s, 40s, or<br>60s counted  | 6/239 | Germ cell tumor (1)<br>Mixed (97)<br>[hematologic malignancies (97)]<br>Other (6) [N/A]<br>Leukemia (102)<br>Lymphoma (8)<br>CNS tumor (39)<br>Neuroblastoma (32)<br>Retinoblastoma (11)<br>Renal tumor (34)<br>Bone tumor (1)<br>Soft tissue sarcoma (5)<br>Germ cell tumor (1)<br>Other (6) | 4-62.2 | Maintenance (1)<br>Off treatment (5)   | No information | No information   | Hartman et al. 2018; Hovi et<br>al. 1993; Howell et al. 2018;<br>Long et al. 2017; Long et al.<br>2018; Moyer-Mileur et al.<br>2009  |
|--|-------|---|--------|--|----------------|--|--|
| Manual Muscle Test<br>measurement of<br>maximum voluntary<br>isometric muscle<br>strength using manual<br>resistance and defined<br>scales   | 6/165 | Leukemia (97)<br>Lymphoma (10)<br>Bone tumor (44)<br>Soft tissue sarcoma (3)<br>Mixed (8)<br>[sarcoma (2), ALL/wilms tumor/other<br>(6)]<br>Other (3)<br>[neuroectodermal (3)]  | 2-50+  | Active treatment<br>(2)<br>Off treatment (2)<br>Mixed (2)<br>[all phases (1);<br>maint/off treatment(1)] | No information | No information   | Carty et al. 2009; Gerber et<br>al. 2006; Nama et al. 2020;<br>Schoenmakers et al. 2006;<br>Tanner et al. 2015; Wright et<br>al. 2017  |
| Repetition Maximum<br>(3RM/5RM/6RM)<br>measurement of<br>muscular endurance;<br>maximum voluntary<br>muscle strength during<br>one or more<br>repetitions of<br>individual maximum<br>resistance | 6/104 | Leukemia (31)<br>Lymphoma (18)<br>CNS tumor (22)<br>Neuroblastoma (4)<br>Renal tumor (2)<br>Bone tumor (17)<br>Soft tissue sarcoma (7)<br>Germ cell tumor (1)<br>Other (2) [N/A (2)]  | 4-23   | Active treatment<br>(1)<br>Maintenance (2)<br>Off treatment (3)  | No information | Test-retestreliability:ICC $\geq 0.977$ ; ( $p$ < 0.001) for | Fiuza-Luces et al. 2017;<br>Long et al. 2017; Long et al.<br>2018; San Juan et al. 2008;<br>San Juan, Fleck, Chamorro-<br>Viña, Maté-Muñoz et al.<br>2007; San Juan, Fleck,<br>Chamorro-Viña, Moral et al.<br>2007 |

|   |       |   |         |  |                | Chamorro-Viña,<br>Moral et al., 2007) |   |
|---|-------|---|---------|--|----------------|---------------------------------------|---|
| <b>Repeated Squatting</b><br>measurement of<br>dynamic lower<br>extremity muscular<br>endurance   | 5/182 | Leukemia (79)<br>CNS tumor (22)<br>Mixed (79) [Hematologic<br>malignancy (79)]<br>other (2) [N/A]   | 6-30    | Off treatment (5)                            | No information | No information                        | Hovi et al. 2010; Järvelä et<br>al. 2010; Long et al. 2017;<br>Long et al. 2018; Taskinen<br>al. 2013 |
| <b>Back Extension Test</b><br>measurement of<br>dynamic or static<br>muscular endurance   | 4/220 | Leukemia (87)<br>Neuroblastoma (26)<br>Renal tumor (28)<br>Mixed (79)<br>[Hematologic malignancy (79)]  | 6-62.2  | Off treatment (4)                            | No information | No information                        | Hartman et al. 2018; Hovi e<br>al. 2010; Järvelä et al. 2010<br>Taskinen et al. 2013                  |
| Isometric<br>Dynamometry<br>measurement of<br>maximum voluntary<br>isometric muscle<br>strength, other than<br>hand grip strength and<br>hand-held<br>dynamometry | 3/143 | Leukemia (127)<br>Lymphoma (5)<br>Neuroblastoma (4)<br>Renal tumor (1)<br>Soft tissue sarcoma (5)<br>Other (1)<br>[ <i>Nasopharynxcarcinoma (1)</i> ] | 5-30    | Active treatment<br>(1)<br>Off treatment (2) | No information | No information                        | Hovi et al. 1993; Senn-<br>Malashonak et al. 2019;<br>Tanir & Kuguoglu 2013)                          |
| Chair-Stand Test<br>measurement of<br>dynamic lower<br>extremity muscular<br>endurance  | 3/100 | Leukemia (47)<br>Lymphoma (15)<br>CNS tumor (14)<br>Neuroblastoma (3)<br>Mixed solid tumors (21)<br>[extracranial solid tumor (21)]                   | 3.5-18  | Active treatment<br>(2)<br>Off treatment (1) | No information | No information                        | Gilliam et al. 2011; Nielsen<br>et al. 2018; Yildiz Kabak et<br>al. 2016                              |
| <b>Leg Lift Test</b><br>measurement of<br>dynamic muscular<br>endurance of hip<br>flexors   | 2/128 | Leukemia (49)<br>Mixed (79)<br>[Hematologic malignancy (79)]  | 6-30    | Off treatment (2)                            | No information | No information                        | Hovi et al. 2010; Taskinen e<br>al. 2013  |
| Vertical Jump<br>measurement of<br>explosive muscle<br>power of lower<br>extremity  | 2/92  | Leukemia (38)<br>Neuroblastoma (26)<br>Renal tumor (28)   | 16-62.2 | Off treatment (2)                            | No information | No information                        | Hartman et al. 2018; Järveli<br>et al. 2010   |
| Shoulder Lift Test  | 1/21  | Leukemia (21)   | 16-30   | Off treatment (1)                            | No information | No information                        | Järvelä et al. 2010   |

| measurement of<br>dynamic muscular<br>endurance of upper<br>extremity; max<br>reps/side counted |      |                               |           |                   |                |                |                     |
|---|------|-------------------------------|-----------|-------------------|----------------|----------------|---------------------|
| Standing Broad<br>Jump<br>measurement of<br>explosive muscle<br>power of lower<br>extremity     | 1/18 | Hematologic malignancy (18)   | 7.55±2.43 | Off treatment (1) | No information | No information | Bianco et al. 2014  |
| Lateral Step Test<br>measurement of<br>dynamic lower<br>extremity muscular<br>endurance         | 1/12 | Leukemia (7)<br>CNS tumor (5) | 6-18      | Off treatment (1) | No information | No information | Gilliam et al. 2011 |

participants who performed the assessments were counted, <sup>2</sup> if evaluated in a childhood cancer population,

Appendix 5: Description of study methods assessing running speed in pediatric cancer patients and survivors

| Assessment   | No. of<br>studies/ total<br>sample size <sup>1</sup> | Type of Cancer (No.<br>participants)  | Age range/<br>mean±SD<br>[y] | Phases of<br>treatment (No.<br>studies) | Validity <sup>2</sup> | Reliability <sup>2</sup> | References   |
|--|--|---|------------------------------|---|-----------------------|--------------------------|--|
| Shuttle Run<br>Subject runs a shuttle run (10x5m or<br>4x 10m) as fast as possible; part of<br>Eurofit Testing Battery | 3/146  | Leukemia (49)<br>Mixed (97)<br>[Hematologic malignancies<br>(97)]   | 6-30                         | Off treatment (3)                       | No information        | No information           | Hovi et al.<br>2010; Taskiner<br>et al. 2013;<br>Bianco et al.<br>2014 |
| <b>60m Run</b><br>Subjects runs 60m on a flat<br>corridor/surface as fast as possible                                  | 2/105  | Leukemia (75)<br>Lymphoma (11)<br>CNS tumor (2)<br>Renal tumors (2)<br>Bone tumors (1)<br>Mixed (10)<br>[Hematologic malignancies<br>(10)]<br>Other (4)<br>[Nasopharynx-CA (1),<br>Ovarian cancer (1), Evans<br>syndrome (2)] | 11±3                         | Off treatment (2)                       | No information        | No information           | Malicka et al.<br>2019; Malicka<br>et al. 2020                         |

Appendix 6: Description of study methods assessing balance in pediatric cancer patients and survivors

| Assessment   | No. of<br>studies/ total<br>sample size <sup>1</sup> | Type of Cancer<br>(No.<br>participants)   | Age<br>range/<br>mean±S<br>D [y] | Phases of<br>treatment (No.<br>studies)   | Validity <sup>2</sup> | Reliability <sup>2</sup> | References  |
|--|--|---|----------------------------------|---|-----------------------|--------------------------|---|
| Posturography  |  |   |                                  |   |                       |                          |   |
| <b>Balance tests (various) on force platforms:</b><br>Ground reaction forces/center of pressure<br>trajectory (COP sway) are recorded for 15s-60s<br>at sampling frequencies of 50-60Hz.<br>Measurements were performed under various<br>conditions: i.e. quiet standing with eyes<br>open/closed, Romberg test (heal-to-toe-stance)<br>with eyes open/closed, standing on foam surface<br>with eyes open/closed, single-leg stance (SLS)  | 4/292  | Leukemia (79)<br>CNS tumor (184)<br>Mixed (29)<br>[Bone and soft tissue<br>sarcoma (29)]                  | 4-25.2                           | Off treatment (3)<br>Mixed (1)<br>[during inpatient<br>rehabilitation/off<br>treatment and probably<br>receiving maint.<br>treatment (1)] | No<br>information     | No<br>information        | Galea et al. 2004;<br>Syczewska et al. 2008;<br>Syczewska et al. 2006;<br>Müller et al. 2017  |
| Ultrasound-based motion analysis of postural<br>sway (CM20, Zebris GmbH, Tübingen,<br>Germany) during 10 different sensory conditions<br>(sitting/standing on a regular surface eyes<br>open/closed; sitting/standing on a cushion with<br>eyes open/closed; standing in tandem position<br>with eyes open/closed). An ultrasound receiver<br>recorded pulses emitted by markes attached to<br>the shoulders and trunk. Sampling frequency of<br>the ultrasound system was 50 Hz. Testing of each<br>condition was repeated four times. Each trial<br>lasted 15 s. | 1/22   | CNS tumor (22)  | 11-39                            | Off treatment (1)   | No<br>information     | No<br>information        | Schoch et al., 2010   |
| <b>SOT (Sensory Organization Test) on a</b><br><b>computerized dynamic posturography system</b><br>(various): The SOT measures postural sway<br>under six conditions: Conditions 1 to 3 have a<br>fixed standing surface and are done with eyes<br>open, eyes closed, and eyes open but sway<br>referenced (visual surround moves in reference to<br>anterior-posterior sway). Conditions 4 to 6 are<br>the same but with a sway-referenced standing<br>surface (the force plate moves in reference to   | 7/1.805  | Leukemia (780)<br>Lymphoma (200)<br>CNS tumor (350)<br>Mixed (475)<br>[Extracranial solid<br>tumor (475)] | 10-63.8                          | Off treatment (7)   | No<br>information     | No<br>information        | Konczak et al. 2005;<br>Schoch et al. 2006;<br>Erhardt et al. 2017;<br>Ness et al. 2013;<br>Ness et al. 2012;<br>Ness et al. 2015;<br>Brinkmann et al. 2018 |

| anterior-posterior sway). Scores from the six<br>conditions are used to derive an overall SOT<br>score. Two or three trials (20 seconds long) are<br>collected for each condition.   |       |   |            |                      |                   |                   |                     |
|--|-------|---|------------|----------------------|-------------------|-------------------|---------------------|
| Non-Posturography  |       |   |            |                      |                   |                   |                     |
| <b>The berg balance test:</b> measures the ability to<br>maintain an upright position during typical<br>movements; 14 conditions are rated on a scale  | 1/156 | CNS tumor (156)   | 18-58      | Off treatment (1)    | No<br>information | No<br>information | Ness et al. 2010    |
| <b>Flamingo balance test:</b> The child is instructed to stand barefoot on one leg (preferred) for 60 sec. As the child loses balance, the timer is stopped and restarted once balance is regained. The number of restarts are recorded. | 1/75  | Leukemia (31)<br>Lymphoma (14)<br>CNS tumor (9)<br>Mixed (21)<br>[extracranial solid<br>tumor (21)] | 11.3 ± 3.1 | Active treatment (1) | No<br>information | No<br>information | Nielsen et al. 2018 |
| <b>Single leg stance (SLS):</b> Child maintains SLS with hands on hips and eyes open for as long as possible. Time is measured in seconds.   | 1/62  | Leukemia (62)   | 1-22       | Active treatment (1) | No<br>information | No<br>information | Tanner et al. 2017  |

| Assessment  | No. of<br>studies/<br>total<br>sample<br>size <sup>1</sup> | Type of Cancer<br>(No. participants)  | Age<br>range/<br>mean±SD<br>[y] | Phases of<br>treatment (No.<br>studies)  | Validity <sup>2</sup> | Reliability <sup>2</sup>  | References   |
|---|--|---|---------------------------------|--|-----------------------|---|--|
| <b>Goniometry:</b> measurement<br>of maximum active or<br>passive joint motion using a<br>Goniometer                          | 33/3.749   | Leukemia (2649)<br>Lymphoma (811)<br>CNS (6)<br>Neuroblastoma (2)<br>Renal tumors (29)<br>Bone tumors (125)<br>Soft tissue sarcoma<br>(17)<br>Germ cell tumor (2)<br>Mixed (101)<br>[sarcoma (2), solid non-<br>CNS tumor (11), lower<br>extremity sarcoma (82),<br>no specific information<br>(6)]<br>Other (7)<br>[neuroectodermal<br>sarcoma (3), multiple<br>diagnosis (1), juvenile<br>granulosa cell tumor (1),<br>malignant peripheral<br>nerve sheath tumor (1),<br>undifferentiated sarcoma<br>of the liver (1)] | 1-64                            | Active<br>treatment (7)<br>Maintenance (4)<br>Off treatment<br>(18)<br>Mixed (4)<br>[maint/off (3), all<br>phases (1)] | No information        | Intra-rater and<br>inter-rater<br>reliability for all<br>measures ranged<br>from r=0.85 to<br>0.99 in children<br>with ALL aged<br>4-15y<br>(Marchese et al.<br>2004)<br>Intrarater<br>reliability<br>coefficients<br>were 0.760 for<br>active and 0.927<br>for passive DF-<br>ROM in<br>children with<br>ALL<br>(Wright et al. 2003) | Beulertz et al. 2016; Carty et al. 2009; Ehrhardt et<br>al. 2017; Esbenshade et al. 2014; Gerber et al. 2006;<br>Gilchrist et al. 2016; Hartman et al. 2013; Hartman<br>et al. 2008; Hartman et al. 2009; Henders et al.<br>2012; Tanir & Kuguoglu 2013; Marchese et al. 2006;<br>Ness et al. 2014; Ness et al. 2015; Ness et al. 2010;<br>Ness et al. 2014; Ness et al. 2015; Ness et al. 2012;<br>Ness et al. 2015; San Juan et al. 2008; San Juan et<br>al. 2008; San Juan et al. 2007; Tanner et al. 2015;<br>Wright et al. 1999; Wright et al. 1998; Wright et al.<br>2003; Wurz et al. 2014; Corr et al. 2017; Cox et al.<br>2018; DeFeo et al. 2020; Oschwald et al. 2019;<br>Tanner et al. 2018; Tanner et al. 2017; Wright et al.<br>2017 |
| Sit and reach test:<br>measurement of maximum<br>hip flexion with legs<br>extended while sitting using<br>a sit and reach box | 12/2.830   | Leukemia (1609)<br>Lymphoma (778)<br>CNS tumor (308)<br>Neuroblastoma (26)<br>Renal tumors (28)<br>Bone tumor (1)<br>Mixed (1)<br>[multiple diagnoses (1)]  | 4-64                            | Maintenance (2)<br>Off treatment<br>(9)<br>Mixed (1)<br>[active/maint (1)]   | No information        | No information  | Erhardt et al. 2017; Esbenshade et al. 2014; Moyer-<br>Mileur et al. 2009; Ness et al. 2015; Taskinen et al.<br>2013; Wurz et al. 2014; Hovi et al. 2010; Brinkmann<br>et al. 2018; DeFeo et al. 2020; Hartman et al. 2018;<br>Manchola-Gonzales et al. 2019; Cortés-Reyes et al.<br>2013  |

Appendix 7: Description of study methods assessing flexibility in pediatric cancer patients and survivors

|  |                   | Other (79)<br>[hematological malign.<br>(79)]            |                                |                           |                         |                                     |  |
|--|-------------------|--|--------------------------------|---------------------------|-------------------------|-------------------------------------|--|
| Side bending: Flexibility of<br>the trunk was tested by side<br>bending toward right and<br>left.<br>The difference in position of<br>the middle finger on the<br>lateral thigh was<br>measured in upright<br>position leaning against the<br>wall with feet 15 cm<br>apart and when side<br>bending and the difference<br>were expressed in<br>centimeters. | 1/71              | Leukemia (17)<br>Neuroblastoma (26)<br>Renal tumors (28) | 18.8-62.6                      | Off treatment<br>(1)      | No information          | No information                      | Hartman et al. 2018                        |
| CNS: central nervous system, maint:  | maintenance treat | ment, No: Number, SD: stand                              | lard deviation, <sup>1</sup> 0 | only study participants w | ho performed the assess | ments were counted, <sup>2</sup> if | evaluated in a childhood cancer population |

| Assessment  | No. of<br>studies/<br>total<br>sample<br>size <sup>1</sup> | Type of Cancer (No.<br>participants)  | Age<br>range/<br>mean±SD<br>[y] | Phases of<br>treatment (No.<br>studies)  | Validity <sup>2</sup>   | Reliability <sup>2</sup>  | References   |
|---|--|---|---------------------------------|--|---|---|--|
| TUG 3m: The<br>Timed Up & Go test<br>measures the time<br>in seconds required<br>to rise from sitting<br>position in a<br>standard arm chair,<br>walk 3m/10feet,<br>turn, walk back to<br>the chair, and sit<br>down. | 25/4283  | Leukemia (2313)<br>Lymphoma (831)<br>CNS tumor (350)<br>Neuroblastoma (9)<br>Renal tumors (2)<br>Bone tumors (36)<br>Soft tissue sarcoma (9)<br>Germ cell tumor (2)<br>Mixed (728)<br>[without information (12),<br>Leukemia or lymphoma (59),<br>Bone or soft tissue sarcoma (13),<br>Neuroblastoma or wilms tumor<br>(49), extracranial solid tumor<br>(496), other solid tumor (30),<br>lower-extremity sarcoma (68)<br>Multiple diagnosis (1)]<br>Other (3)<br>[(juvenile granulosa cell tumor)<br>(1), malignant peripheral nerve<br>sheath tumor (1), undifferentiated<br>sarcoma of the liver (1)] | 3.5 - 64                        | Active treatment<br>(4)<br>Maintenance (2)<br>Off treatment<br>(16)<br>Mixed (3)<br>[active/off (2),<br>maint/off (1)] | ALL patients<br>during treatment:<br>Correlation of r=<br>0.794 with knee<br>extension strength<br>Correlation of r= -<br>0.204 with ankle<br>DF strength<br>[Marchese et al. 2003] | ALL patients<br>during<br>treatment:<br>r=0.99 [intra- and<br>interrater ICC]<br>(Marchese et al. 2003)<br>ALL patients<br>during<br>maintenance<br>treatment:<br>r=0.974 [Test-<br>retest ICC]<br>(San Juan et al. 2007) | Ness et al 2013; Erhardt et al. 2017;<br>Ness et al. 2007; San Juan et al. 2008;<br>Akyay et al. 2014; San Juan et al.<br>2007; San Juan et al. 2007; Slater et<br>al. 2015; Takken et al. 2009;<br>Wurz et al. 2014; Kabak et al. 2016;<br>Fiuza-Luces et al. 2016; Marchese et<br>al. 2003;<br>Hoffman et al. 2013; Marchese et al.<br>2004; Marchese et al. 2006; Ness et<br>al. 2012; Brinkmann et al. 2018;<br>DeFeo et al. 2020;<br>Manchola-Gonzales et al., 2019;<br>Nama et al. 2020; Nielsen et al. 2018;<br>Oschwald et al. 2019; Varedi et al.<br>2019 |
| <b>TUDS:</b> The TUDS<br>Test requires an<br>individual to ascend<br>and descend 12<br>stairs while the time<br>(in seconds) is<br>recorded with a<br>stopwatch.<br>Participants begin<br>this test from a            | 13/314   | Leukemia (175)<br>Lymphoma (19)<br>Neuroblastoma (7)<br>Renal tumors (2)<br>Bone tumors (35)<br>Soft tissue sarcoma (7)<br>Germ cell tumor (1)<br>Mixed (68)<br>[Lower-extremity sarcoma (68)]  | 3.5 -27                         | Active treatment<br>(1)<br>Maintenance (4)<br>Off treatment (6)<br>Mixed (2)<br>[all phases (2)]                       | No information  | ALL patients<br>during<br>maintenance<br>treatment:<br>r=0.989 [Test-<br>retest ICC]<br>(San Juan et al. 2007)  | San Juan et al. 2008;<br>San Juan et al. 2008;<br>San Juan et al. 2007;<br>San Juan et al. 2007;<br>Takken et al. 2009;<br>Kabak et al. 2016;<br>Fiuza-Luces et al. 2016;<br>Marchese et al. 2004; Marchese et al.<br>2008; Marchese et al. 2004;<br>Marchese et al. 2006;<br>Manchola-Gonzales et al. 2019  |

Appendix 8: Description of study methods assessing functional mobility in pediatric cancer patients and survivors

| standing position,<br>with feet together<br>and are instructed<br>to go up and down<br>the stairs as fast as<br>possible while<br>being safe. For<br>safety reasons,<br>participants are<br>allowed to use the<br>railing if desired                              |      |   |          |                                      |                |  |   |
|---|------|---|----------|--------------------------------------|----------------|--|---|
| <b>TUG 10m:</b> The<br>timed up and go test<br>is also conducted<br>with a distance of<br>10m.  | 3/22 | Leukemia (22)                                     | 4-16     | Maintenance (2)<br>Off treatment (1) | No information | ALL patients<br>during<br>maintenance<br>treatment:<br>r=0.997 [Test-<br>retest ICC]<br>(San Juan et al. 2007) | San Juan et al. 2008; San Juan et a<br>2007; San Juan et al. 2007 |
| Floor to stand<br>performance:<br>Rated floor to stand<br>as independent or<br>needs assistance.  | 1/62 | Leukemia (62)                                     | 1-22     | Active treatment (1)                 | No information | No information   | Tanner et al. 2017  |
| Time needed to<br>stand up from bed<br>rest exam: subject<br>instructed to stand<br>up as quickly as<br>possible from a<br>lying position in<br>bed to a standing<br>position with hands<br>at their sides using<br>any independent<br>method of their<br>choice. | 1/11 | Leukemia (7)<br>Lymphoma (1)<br>Neuroblastoma (3) | 3.5 - 15 | Active treatment (1)                 | No information | No information   | Kabak et al. 2016   |

participants who performed the assessments were counted, <sup>2</sup> if evaluated in a childhood cancer population,

Appendix 9: Description of study methods assessing gait in pediatric cancer patients and survivors

| Assessment  | No. of studies/<br>total sample size <sup>1</sup> | Type of Cancer<br>(No. participants)   | Age range/<br>mean±SD<br>[y] | Phases of<br>treatment (No.<br>studies)   | Validity <sup>2</sup> | <b>Reliability<sup>2</sup></b> | References   |
|---|---|--|------------------------------|---|-----------------------|--------------------------------|--|
| Video-recording, force plates and EMG<br>measurements: Gait analysis was performed<br>using 2-4 cameras (i.e. sampling at frequencies<br>of 60Hz) and a set of reflective markers, as<br>well as 2-3 force platforms and additional<br>EMG-measurement (i.e. 14-16 channel surface<br>EMG) in order to evaluate kinematic, kinetic<br>and/or temporo-distal parameters. One study<br>also calculated the Gait Deviation Index<br>(GDI). Participants were asked to walk at self-<br>selected speed on a defined walkway (8-12m)<br>performing at least 6 trials.                    | 3/67  | Leukemia (17)<br>Bone tumors (47)<br>Soft tissue sarcoma<br>(2)<br>other (1)<br>[neuroectodermal tumor<br>(1)] | 5-68.3                       | Off treatment (2)<br>Mixed (1)<br>[maint/off treatment<br>(1)]  | No<br>information     | No<br>information              | Hillmann et al.<br>2001; Hillmann et<br>al. 2000; Wright et<br>al. 2017  |
| <b>Video-recording and force platforms:</b> <i>Gait</i><br>analysis was performed using 6-8 cameras (i.e.<br>sampling at frequencies between 20-100Hz)<br>and a set of reflective markers, as well as 2-3<br>force platforms in order to evaluate kinematic,<br>kinetic and/or temporo-distal parameters.<br>Some studies also calculated i.e. Gait<br>Deviation Index (GDI), Gillette Gait Index<br>(GGI). Participants were asked to walk at self-<br>selected/preferred/comfortable speed on a<br>defined walkway (i.e. 6-9m) performing<br>multiple (i.e. at least 5-6) trials. | 6/111   | CNS tumor (41)<br>Bone tumors (57)<br>Germ cell tumor<br>(13)  | 3-35                         | Off treatment (5)<br>Mixed (1)<br>[inclusion criteria<br>said: at least one year<br>post-surgery and<br>completed adjuvant<br>treatment program<br>(without radiotherapy)<br>(1)] | No<br>information     | No<br>information              | Fuchs et al. 2003;<br>Syczewska et al.<br>2006; Zaccara et<br>al. 2004; Carty et<br>al. 2009; Benedetti<br>et al. 2016; Pesenti<br>et al. 2018 |
| <b>Video-recording:</b> Gait analysis was<br>performed using 2-8 cameras (i.e. sampling at<br>frequencies between 50-100Hz) in order to<br>evaluate kinematic and/or temporo-distal<br>parameters. Some studies also calculated i.e.<br>walk ratio, absolute symmetry index, Gillette<br>Gait Index. Participants were asked to walk at<br>self-selected speed (and in one study tandem   | 4/210   | CNS tumor (181)<br>Mixed (29)<br>[bone and soft tissue<br>sarcoma (29]]  | 4-24                         | Off treatment (2)<br>Mixed (2)<br>[during inpatient<br>rehabilitation (1),<br>N/A (1-24 mon after<br>surgery) (1)]  | No<br>information     | No<br>information              | Bastian et al. 1998;<br>Syczewska et al.<br>2010;<br>Fiorillo et al. 2010;<br>Müller et al. 2017   |

| gait in addition) on a defined walkway (i.e. 6-<br>10m) performing multiple (i.e. at least 5-6)<br>trials.  |      |   |  |                              |                   |                   |   |
|---|------|---|--|------------------------------|-------------------|-------------------|---|
| GaitRITE<br>14-ft portable GaitRITE electronic walkway,<br>(rollup carpet containing electronic pressure<br>sensors) (CIR Systems, Sparta, New Jersey)  | 2/58 | Leukemia (23)<br>Lymphoma (18)<br>Mixed (17)<br>[non-CNS solid tumor<br>(11), ALL/Wilms/other<br>(6)]   | 5-22   | Active treatment (2)         | No<br>information | No<br>information | Gilchrist et al.<br>2016; Tanner et al.<br>2015 |
| <b>Microgate Optogait 2D Gait analysis system</b><br><i>This system of optical detection is based on a</i><br><i>transmitting and receiving bar each containing</i><br>96 LEDs per meter that communicate on an<br><i>infrared frequency</i>  | 1/13 | Leukemia (4)<br>Lymphoma (2)<br>CNS tumor (3)<br>Renal tumors (1)<br>Soft tissue sarcoma<br>(2)<br>Germ cell tumor (1)  | 6-15.8   | Off treatment (1)            | No<br>information | No<br>information | Beulertz et al. 2016                            |
| <b>Electromyographic analysis of gait</b><br>Walking on motor-driven treadmill, metal<br>plates on shoe soles and conduction rubber of<br>tread mill used to record gait; 15minutes,<br>speed of 0.83m/sec; mark was used for<br>calculation of stride-time parameters and<br>synchronisation of EMG and goniometric data;<br>speed of 0.83-1.11m/sec for at least 3min for<br>each speed   | 1/8  | Bone tumors (8)   | N/A (age at<br>surgery: 5-<br>19yrs and<br>time since<br>surgery 13-<br>54 mo) | Off treatment (1)            | No<br>information | No<br>information | Steenhoff et al.<br>1993                        |
| <b>10m Walk Test:</b> The 10-meter walk test is an accepted method for measuring walking speed in the clinical setting and has already been applied in children with chronic diseases. It measures the time individuals need to walk 10-meters in either their preferred or their maximum walking speed. A marked walkway and a stopwatch were used in the current study as these are clinically feasible methods. Moreover, the 10-meter walk test was conducted on a straight path protocol with acceleration and deceleration phases outside | 1/16 | Leukemia (4)<br>Lymphoma (3)<br>CNS tumor (1)<br>Neuroblastoma (2)<br>Soft tissue sarcoma<br>(2)<br>Germ cell tumor (1)<br>other (3)<br>[(juvenile granulosa cell<br>tumor) (1), malignant<br>peripheral nerve sheath<br>tumor (1),<br>undifferentiated sarcoma<br>of the liver (1))] | 6-19   | Mixed (1)<br>[maint/off (1)] | No<br>information | No<br>information | Oschwald et al.<br>2019                         |

| the timed portion in order to allow for a more precise measurement.  |      |               |      |                      |                   |                   |                    |
|--|------|---------------|------|----------------------|-------------------|-------------------|--------------------|
| <b>Visual Observation:</b> Observational analysis<br>of one or more of the following descriptors as<br>present or absent: normal, flatfoot strike,<br>metatarsal strike, foot slap, toe drag, steppage<br>gait, wide base, out-toeing, asymmetrical, and<br>lateral lurch. These common gait<br>abnormalities are assessed through visual<br>observation | 1/62 | Leukemia (62) | 1-22 | Active treatment (1) | No<br>information | No<br>information | Tanner et al. 2017 |

Appendix 10: Description of assessments measuring motor performance with combined tests in pediatric cancer patients and survivors

| Assessment   | No. of studies/<br>total sample<br>size <sup>1</sup> | Type of Cancer<br>(No.<br>participants)  | Age range/<br>mean±SD [y] | Phases of treatment<br>(No. studies)   | Validity <sup>2</sup> | Reliability <sup>2</sup> | References  |
|--|--|--|---------------------------|--|-----------------------|--------------------------|---|
| BOT-2 (Bruininks-<br>Oseretsky Test of Motor<br>Proficiency, 2 <sup>nd</sup> edition,<br>complete form): Test battery<br>with 8 subtests and 53 items:<br>Subscale Fine manual control,<br>15 items (subtest 1: fine motor<br>precision, subtest 2: fine<br>motor integration); Subscale<br>Manual coordination, 12 items<br>(subtest 3: manual dexterity,<br>subtest 7: upper-limb<br>coordination); Subscale body<br>coordination, 16 items (subtest<br>4: bilateral coordination,<br>subtest 5: balance); Subscale<br>strength & agility, 10 items<br>(subtest 8: strength) | 10/327   | Leukemia (127)<br>Lymphoma (43)<br>Leukemia/Lymp<br>homa (45)<br>CNS tumor (86)<br>Renal tumors<br>(7)<br>Bone tumors (2)<br>Soft tissue<br>sarcoma (2)<br>Mixed (15)<br>[other solid tumor<br>(15)] | 4-22                      | Active treatment (4)<br>Off treatment (6)  | No information        | No information           | Gilchrist et al. 2016*;<br>Davis et al. 2010;<br>Ramchandren et al.<br>2009; Piscione et al.<br>2014*; Sabel et al. 2015;<br>Gilchrist & Tanner<br>2018*; Nama et al.<br>2019*; Piscione et al.<br>2017*; Tanner & Hooke<br>2019*; Tanner et al.<br>2017* |
| <b>BOT-2 SF (Bruininks-<br/>Oseretsky Test of Motor</b><br><b>Proficiency, 2<sup>nd</sup> Edition,</b><br><b>short form):</b> Test battery with<br>12 items consisting of at least<br>one item from each BOT-2<br>subtest.   | 6/384  | Leukemia (384)   | 4-18                      | Active treatment (1)<br>Maintenance (1)<br>Off treatment (3)<br>Mixed (1)<br>[active/maint. (1)] | No information        | No information           | Esbenshade et al. 2014;<br>Ness et al. 2015; Hung et<br>al. 2017; De Luca et al.<br>2013; Cox et al. 2018;<br>Tay et al. 2017   |
| m-ABC (Movement<br>Assessment Battery for<br>Children): Test battery with<br>eight tasks divided in three<br>subsections: hand function,<br>ball skills and balance skills   | 5/283  | Leukemia (147)<br>Lymphoma (12)<br>Renal tumors<br>(43)<br>Mixed (65)<br>Other (16)  | 4.0-19.3                  | Active treatment (2)<br>Off treatment (3)  | No information        | No information           | Hartman et al. 2010;<br>Hartman et al. 2009;<br>Hartman et al.,<br>2006; Reinders-<br>Messelink et al. 1999;<br>Kandula et al. 2018   |

| <b>BOT-MP (Bruininks-<br/>Oseretsky Test of Motor</b><br><b>Proficiency):</b> Test battery<br>with gross motor and fine<br>motor composites; 8 subtests<br>and 46 items   | 5/164 | Leukemia (145)<br>Lymphoma (2)<br>Neuroblastoma<br>(17)  | 1.75-25.2 | Active treatment (1)<br>Maintenance (2)<br>Off treatment (2) | No information | No information | Wiernikowski et al.<br>2005*; Wright et al.<br>1998*; Mitchell et al.<br>2002*; Wright et al.<br>2005*; Tanner et al.<br>2017* |
|---|-------|--|-----------|--|----------------|----------------|--|
| Gross motor composite:<br>Subtest 1: running speed &<br>agility (1 item)<br>Subtest 2: balance (8 items)<br>Subtest 3: bilateral control (8<br>items)<br>Subtest 4: strength (3 items)<br>Subtest 5: Upper-limb<br>coordination (9 items); Fine<br>motor composite<br>Subtest 6: response speed (1<br>item)<br>Subtest 7: visual-motor<br>control (8 items)<br>Subtest 8: upper limb speed<br>and dexterity (8 items) |       |  |           |  |                |                |  |
| <b>m-ABC 2 (Movement</b><br><b>Assessment Battery 2):</b> Test<br>battery with 8 items in 3<br>dimensions: manual dexterity<br>(3 items), aiming and catching<br>(2 items) and balance (3<br>items)   | 5/135 | Leukemia (113)<br>Lymphoma (14)<br>Renal tumors<br>(3)<br>Bone tumors (1)<br>Soft tissue<br>sarcoma (3)<br>Other solid<br>tumor (1):<br>[neoplasm of<br>scrotum (1)] | 3-18.7    | Active treatment (1)<br>Off treatment (4)                    | No information | No information | Hartman et al. 2013; De<br>Luca et al. 2013;<br>Schoenmakers et al.<br>2006; Hamari et al.<br>2018; Oswald & Bo<br>2019        |
| <b>FMA (Functional Mobility</b><br><b>Assessment):</b> Test battery<br>with 6 subcategories: 1) pain<br>(1 item); 2) function (2 items:<br>TUDS, TUG), 3) supports; 4)  | 4/276 | Bone tumors<br>(274)<br>Soft tissue<br>sarcoma (2)   | 10.4-42.4 | Active treatment (1)<br>Off treatment (3)                    | No information | No information | Ness et al. 2014;<br>Ginsberg et al. 2007;<br>Corr et al. 2017;<br>Marchese et al. 2007  |

| satisfaction with walking        |       |                            |        |                            |                  |                      |  |
|----------------------------------|-------|----------------------------|--------|----------------------------|------------------|----------------------|--|
| quality; 5) participation in     |       |                            |        |                            |                  |                      |  |
| work, school, sports; 6)         |       |                            |        |                            |                  |                      |  |
| endurance (9min walk/run)        |       |                            |        |                            |                  |                      |  |
| MOON-test (test for motor        | 4/141 | Leukemia (44)              | 4-23   | Active treatment (2)       | No information   | No information       | Kesting et al. 2015;                         |
| performance in pediatric         |       | Lymphoma (14)              |        | Off treatment (1)          |                  |                      | Götte et al. 2015; G<br>& Kesting et al. 201 |
| oncology): Test battery for      |       | CNS tumor (4)              |        | Mixed (1)                  |                  |                      | Götte & Kesting et al. 201                   |
| children with cancer with 8      |       | Renal tumors               |        | [all phases (1)]           |                  |                      | 2018   |
| items for strength (hand grip    |       | (5)                        |        |                            |                  |                      |  |
| strength, sit to stand, medicine |       | Bone tumors                |        |                            |                  |                      |  |
| ball shot), speed (reaction      |       | (62)                       |        |                            |                  |                      |  |
| test), coordination (single leg  |       | Soft tissue                |        |                            |                  |                      |  |
| stance, inserting pins,          |       | sarcoma (6)                |        |                            |                  |                      |  |
| throwing at target), and         |       | Germ cell tumor            |        |                            |                  |                      |  |
| flexibility (stand and reach)    |       | (1)                        |        |                            |                  |                      |  |
|                                  |       | Mixed (5)                  |        |                            |                  |                      |  |
|                                  |       | [other solid tumor<br>(5)] |        |                            |                  |                      |  |
| DMT 6-18 (motor                  | 4/70  | Leukemia (25)              | 6-17   | Off treatment (2)          | No information   | No information       | Beulertz et al. 2016                         |
| performance test for 6-18        |       | Lymphoma (9)               | 0-17   | Mixed (2) [maint./off (2)] | No information   | No information       | Beulertz et al. 2016                         |
| years olds: Test battery with 8  |       | CNS tumor (13)             |        |                            |                  |                      | Beulertz et al. 2013                         |
| items, for endurance (6 min      |       | Renal tumors               |        |                            |                  |                      | Däggelmann et al. 2                          |
| run), strength (20m sprint,      |       | (3)                        |        |                            |                  |                      |  |
| push-up, sit-up, standing long   |       | Bone tumors (2)            |        |                            |                  |                      |  |
| jump), coordination under        |       | Soft tissue                |        |                            |                  |                      |  |
| time pressure (sideways          |       | sarcoma (8)                |        |                            |                  |                      |  |
| jumps), coordination under       |       | Germ cell tumor            |        |                            |                  |                      |  |
| precision pressure (balancing    |       | (6)                        |        |                            |                  |                      |  |
| backwards), and flexibility      |       | Other (4)                  |        |                            |                  |                      |  |
| (forward bend)                   |       |                            |        |                            |                  |                      |  |
| GMFM (Gross motor                | 4/62  | Leukemia (60)              | 2-14.6 | Active treatment (2)       | Construct        | Inter-rater Rel:     | Wiernikowski et al.                          |
| function measure): Test          |       | Lymphoma (2)               |        | Maintenance (1)            | validity:        | D: 0.99; E: 0.99     | 2005*; Wright et al 1998*; Gohar et al       |
| battery to measure change in     |       |                            |        | Off treatment (1)          | paired T-tests   | Test-retest Rel:     | 2011; Cortes-Reves                           |
| gross motor function over time   |       |                            |        |                            | demonstrated     | D: 0.97; E: 0.96     | 2011, Contes Reyes<br>2013*                  |
| (cerebral palsy). Items span     |       |                            |        |                            | significant,     | (Wright et al. 2007) |  |
| the spectrum of gross motor      |       |                            |        |                            | positive score   |                      |  |
| activities in five dimensions.   |       |                            |        |                            | changes during a |                      |  |
| A: Lying and Rolling, B:         |       |                            |        |                            | period of        |                      |  |
| Sitting, C: Crawling and         | 1     |                            | 1      | 1                          | 1                | 1                    | 1  |

| Kneeling, D: Standing, and E:<br>Walking, Running and<br>Jumping.   |      |   |           |   | clinically<br>observed change:<br>D: t=6.40,<br>p<0.001<br>E: t=7.31,<br>p<0.001<br>(Wright et al. 2007) |                                   |  |
|---|------|---|-----------|---|--|-----------------------------------|--|
| MOT 4-6<br>(motor performance test for<br>4-6 years olds): Test battery<br>with 18 items covering motor<br>capabilities: agility and<br>coordination, fine motor<br>function,<br>balance, ability to react,<br>jumping power, motor speed,<br>and motor control                       | 3/22 | Leukemia (7)<br>Lymphoma (5)<br>Neuroblastoma<br>(2)<br>Germ cell tumor<br>(3)<br>Other (5)         | 3.42-5.42 | Off treatment (1)<br>Mixed (2)<br>[maint/off treatment (2)] | No information   | No information                    | Beulertz et al. 2016;<br>Beulertz et al. 2013;<br>Däggelmann et al. 20 |
| Lincoln-Oseretzky Motor<br>Development Scale: Test<br>battery (Motor Development<br>Scale) with 36 items involving<br>a variety of motor skills such<br>as finger dexterity, eye-hand<br>coordination, and gross<br>activity of hands, arms, legs,<br>and trunk.                      | 1/45 | Leukemia (31)<br>Mixed (14)   | 5-14      | Off treatment (1)   | No information   | No information                    | Harten et al. 1984   |
| <b>FMS - fundamental</b><br><b>movement skills test battery</b> :<br>Test battery with 7 physical<br>movements: 4 locomotor<br>skills: sprint run, vertical<br>jump, side gallop and leaping;<br>and 3 object control (or<br>manipulative) skills: throwing,<br>catching, and kicking | 1/26 | Leukemia (17)<br>Lymphoma (1)<br>CNS tumor (4)<br>Renal tumors<br>(3)<br>Other (1)<br>[Sarcoma (1)] | 5-8       | Off treatment (1)   | No information   | No information                    | Naumann et al. 2015  |
| <b>GMFM-ALL (Gross motor</b><br><b>function measure ALL):</b> Test  | 1/20 | Leukemia (20)   | 2.8-15.9  | Mixed (1)<br>[active/ maint. treatment (1)]                 | Construct<br>validity:   | Inter-rater-Rel: D<br>and E: 0.99 | Wright et al. 2007   |

| battery for children with<br>leukemia (selection of<br>significant items of GMFM<br>dimensions D - standing (7<br>items) and E – walking,<br>running, jumping (13 items)  |      |   |             |   | paired T-tests<br>demonstrated<br>significant,<br>positive score<br>changes during a<br>period of<br>clinically<br>observed change:<br>D: t=6.86,<br>p<0.001<br>E: t=6.85,<br>p<0.001<br>(Wright et al. 2007) | Test-retest Rel: D:<br>0.95 and E: 0.94<br>(Wright et al. 2007) |                    |
|---|------|---|-------------|---|---|---|--------------------|
| <b>UQAC-UQAM Test Battery:</b><br>Test battery with 5 main<br>factors, which are composed<br>of 11 different tests. 1) Agility<br>tests; 2) Coordination; 3)<br>Balance; 4) Simple reaction<br>test; 5) Limb speed      | 1/20 | Leukemia (20)   | 9-11        | Off treatment (1)                       | Jackknife<br>validation (correct<br>classification<br>cases): 88.4%   | No information  | Leone et al. 2014  |
| <b>Physical fitness battery test,</b><br><b>adapted by the ALPHA-</b><br><b>fitness test battery</b> : Test<br>battery with standing broad<br>jump, hand grip test, the 4 x<br>10 m shuttle run test and sit-up<br>test | 1/18 | Leukemia/Lymp<br>homa (18)  | 7.55 ± 2.43 | Off treatment (1)                       | No information  | No information  | Bianco et al. 2014 |
| FITNESSGRAM®: Test<br>battery for health related<br>fitness; state, district, school,<br>teacher, and individual<br>reporting; student cognitive<br>tests   | 1/10 | Leukemia (4)<br>Lymphoma (4)<br>CNS tumor (1)<br>Germ cell tumor<br>(1) | 14.0-18.0   | Mixed (1)<br>[active/off treatment (1)] | No information  | No information  | Keats et al. 2008* |

BOT: Bruininks-Oseretsky Test, SF: short form; m-ABC: Movement Assessment Battery for Children, BOTMP: Bruininks-Oseretsky Test of Motor Proficiency, FMA: Functional Mobility Assessment, MOON: Motor Performance in Pediatric Oncology, DMT: Deutscher Motorik Test, GMFM: Gross motor function measure, MOT: Motoriktest für Kinder, FMS: fundamental movement skills test battery, ALL: acute lymphoblastic leukemia, UQAC-UQAM: University of Québec in Chicoutimi-University of Québec in Montréal, CNS: central nervous system, maint.: maintenance treatment, No: Number, SD: standard deviation <sup>1</sup>only study participants who performed the assessments were counted, <sup>2</sup> if evaluated in a childhood cancer population, \* Those studies only used subtests of the motor performance battery



| Section/topic                      | #  | Checklist item  | Reported on page # |
|------------------------------------|----|---|--------------------|
| TITLE                              |    |   |                    |
| Title                              | 1  | Identify the report as a systematic review, meta-analysis, or both.   | 1                  |
| ABSTRACT                           |    |   |                    |
| Structured summary                 | 2  | Provide a structured summary including, as applicable: background; objectives; data sources; study eligibility criteria, participants, and interventions; study appraisal and synthesis methods; results; limitations; conclusions and implications of key findings; systematic review registration number. | 2                  |
| INTRODUCTION                       |    |   |                    |
| Rationale                          | 3  | Describe the rationale for the review in the context of what is already known.  | 3                  |
| Objectives                         | 4  | Provide an explicit statement of questions being addressed with reference to participants, interventions, comparisons, outcomes, and study design (PICOS).  | 4                  |
| METHODS                            |    |   |                    |
| Protocol and registration          | 5  | Indicate if a review protocol exists, if and where it can be accessed (e.g., Web address), and, if available, provide registration information including registration number.   | N/A                |
|                                    |    | ightarrow Not registered because no direct health outcome was evaluated.  |                    |
| Eligibility criteria               | 6  | Specify study characteristics (e.g., PICOS, length of follow-up) and report characteristics (e.g., years considered, language, publication status) used as criteria for eligibility, giving rationale.  | 4-5                |
| Information sources                | 7  | Describe all information sources (e.g., databases with dates of coverage, contact with study authors to identify additional studies) in the search and date last searched.  | 4                  |
| Search                             | 8  | Present full electronic search strategy for at least one database, including any limits used, such that it could be repeated.   | Appendix<br>1      |
| Study selection                    | 9  | State the process for selecting studies (i.e., screening, eligibility, included in systematic review, and, if applicable, included in the meta-analysis).   | 5                  |
| Data collection process            | 10 | Describe method of data extraction from reports (e.g., piloted forms, independently, in duplicate) and any processes for obtaining and confirming data from investigators.  | 5-6                |
| Data items                         | 11 | List and define all variables for which data were sought (e.g., PICOS, funding sources) and any assumptions and simplifications made.   | 5-6                |
| Risk of bias in individual studies | 12 | Describe methods used for assessing risk of bias of individual studies (including specification of whether this was done at the study or outcome level), and how this information is to be used in any data synthesis.  | N/A                |
|                                    |    | → Not applicable for assessment summary   |                    |
| Summary measures                   | 13 | State the principal summary measures (e.g., risk ratio, difference in means).   | 4                  |



# **PRISMA 2009 Checklist**

| Synthesis of results | 14 | Describe the methods of handling data and combining results of studies, if done, including measures of consistency | N/A |
|----------------------|----|--|-----|
|                      |    | (e.g., I <sup>2</sup> ) for each meta-analysis.  |     |

|                               | -        | Page 1 of 2  |                       |
|-------------------------------|----------|--|-----------------------|
| Section/topic                 | #        | Checklist item   | Reported<br>on page # |
| Risk of bias across studies   | 15       | Specify any assessment of risk of bias that may affect the cumulative evidence (e.g., publication bias, selective reporting within studies).   | N/A                   |
| Additional analyses           | 16       | Describe methods of additional analyses (e.g., sensitivity or subgroup analyses, meta-regression), if done, indicating which were pre-specified.   | N/A                   |
| RESULTS                       | -        |  |                       |
| Study selection               | 17       | Give numbers of studies screened, assessed for eligibility, and included in the review, with reasons for exclusions at each stage, ideally with a flow diagram.  | 6                     |
| Study characteristics         | 18       | For each study, present characteristics for which data were extracted (e.g., study size, PICOS, follow-up period) and provide the citations.   | Appendix<br>2-10      |
| Risk of bias within studies   | 19       | Present data on risk of bias of each study and, if available, any outcome level assessment (see item 12).  | N/A                   |
| Results of individual studies | 20       | For all outcomes considered (benefits or harms), present, for each study: (a) simple summary data for each intervention group (b) effect estimates and confidence intervals, ideally with a forest plot. | N/A                   |
| Synthesis of results          | 21       | Present the main results of the review. If meta-analyses are done, include for each, confidence intervals and measures of consistency.   | 7-11                  |
| Risk of bias across studies   | 22       | Present results of any assessment of risk of bias across studies (see Item 15).  | N/A                   |
| Additional analysis           | 23       | Give results of additional analyses, if done (e.g., sensitivity or subgroup analyses, meta-regression [see Item 16]).  | N/A                   |
| DISCUSSION                    | -        |  |                       |
| Summary of evidence           | 24       | Summarize the main findings including the strength of evidence for each main outcome; consider their relevance to key groups (e.g., healthcare providers, users, and policy makers).                     | 11                    |
| Limitations                   | 25       | Discuss limitations at study and outcome level (e.g., risk of bias), and at review-level (e.g., incomplete retrieval of identified research, reporting bias).  | 13/14                 |
| Conclusions                   | 26       | Provide a general interpretation of the results in the context of other evidence, and implications for future research.  | 12/13                 |
| FUNDING                       | <u>+</u> |  |                       |
| Funding                       | 27       | Describe sources of funding for the systematic review and other support (e.g., supply of data); role of funders for the systematic review.   | 1                     |



# PRISMA 2009 Checklist

For more information, visit: www.prisma-statement.org.

Page 2 of 2