

CARE Checklist of information to include when writing a case report





| Topic | Item | Checklist item description | Reported on Line |
|--------------------------------------|---------|--|------------------|
| Title | 1 | The diagnosis or intervention of primary focus followed by the words "case report" | Page 1 |
| Key Words | 2 | 2 to 5 key words that identify diagnoses or interventions in this case report, including "case report" | Page 1 |
| Abstract (no references) | 3a | Introduction:What is unique about this case and what does it add to the scientific literature? | Page 1 |
| | 3b | Main symptoms and/or important clinical findings | Page 1 |
| | 3с | The main diagnoses,therapeutic interventions,and outcomes | Page 1 |
| | 3d | Conclusion—What is the main "take-away" lesson(s)from this case? | Page 1 |
| Introduction | 4 | One or two paragraphs summarizing why this case is unique (may include references) | Page 2-3 |
| Patient Information | 5a | De-identified patient specific information | Page 3 |
| | 5b | Primary concerns and symptoms of the patient | Page 3 |
| | 5c | Medical, family, and psycho-social history including relevant genetic information | Page 3 |
| | 5d | Relevant past interventions with outcomes | Page 3 |
| Clinical Findings | 6 | Describe significant physical examination (PE) and important clinical findings | Page 3-4 |
| Timeline Diagnostic Assessment | 7 8a | Historical and current information from this episode of care organized as a timeline | |
| | 8b | Diagnostic challenges (such as access to testing, financial, or cultural) | Page 4 |
| | 8c | Diagnosis (including other diagnoses considered) | _ |
| | 8d | Prognosis (such as staging in oncology)where applicable | Page 4-5 |
| Therapeutic Intervention | 9a | Types of therapeutic intervention (such as pharmacologic,surgical,preventive,self-care) | Page 4-5 |
| | 9b | Administration of therapeutic intervention (such as dosage,strength,duration) | Page 4-5 |
| | 9с | Changes in therapeutic intervention (with rationale) | Page 4-5 |
| Follow-up and Outcomes | 10a | Clinician and patient-assessed outcomes (if available) | Page 4-5 |
| | 10b | Important follow-up diagnostic and other test results | Page 4-5 |
| | 10c | Intervention adherence and tolerability (How was this assessed?) | Page 4-5 |
| | 10d | Adverse and unanticipated events | Page 4-5 |
| Discussion | 11a | A scientific discussion of the strengths AND limitations associated with this case report | Page 5-7 |
| | 11b | Discussion of the relevant medical literature with references. | Page 5-7 |
| | 11c | The scientific rationale for any conclusions (including assessment of possible causes) | Page 7-8 |
| | 11d | The primary "take-away" lessons of this case report (without references)in a one paragraph conclusion | Page 8-9 |
| Patient Perspective | 12 | The patient should share their perspective in one to two paragraphs on the treatment(s)they received | Page 5 |
| Informed Consent | 13 | Did the patient give informed consent? Please provide if requested | . Yes √ No |