

Appendix 7. Summary of assessments

Time-point	Maximum 10 working days from referral receipt ¹			6 months post-randomisation	12 months post-randomisation	
Activity	Screening and invitation	Eligibility and enrolment	Consent and baseline	Randomisation	Follow-Up	
Initial eligibility screen of referral information	X				Intervention	
Telephone invitation to participate	X					
Verbal agreement to participate		X				
Confirm eligibility		X				
Obtain enrolment data		X				
Participant enrolment		X				
Written informed consent/assent (online)			X			
Baseline demographics (parent/carer and CYP aged 16 & 17)			X			
Mood and Feelings Questionnaire (MFQ)			X			
Revised Child's Anxiety Depression Scale (RCADS)			X			
Strengths and Difficulties Questionnaire (SDQ) ²			X			
Child Revised Impact of Events Scale (CRIES-8)(42) ³			X			
CYP self-report self-harm measure			X			
Patient Health Questionnaire (PHQ-9) - parent/carer only			X			
Generalised Anxiety Disorder Assessment (GAD-7) - parent/carer only			X			
Child Health Utility 9D (CHU9D)			X			
EuroQoL-5D youth (EQ-5D-Y)			X			
EuroQoL-5D five level (EQ-5D-5L)			X			
Resource Use Questionnaire - parent/carer and CYP aged 16 & 17			X			
Data collection from records ⁴			X			
				Or		
				Usual practice only		

¹ For sites where the waiting time for the CAMHS acceptance decision usually exceeds 10 working days from referral receipt, recruitment activities may start and/or continue beyond 10 working days from referral receipt, providing the intervention period can be completed prior to the CAMHS referral decision.

² For participants in the intervention arm, the baseline SDQ will be collected as part of the DAWBA, completed post-randomisation.

³ Additional data collection undertaken to explore post-traumatic stress disorder symptoms in CYP during the Covid-19 pandemic

⁴ Data collection from records will be completed periodically throughout the 12 month follow-up period.