

Table S1. Growth curve of *B. thtaiotaomicron* MT768

Time (h)	OD600	CFU/mL	
		Replicate 1	Replicate 2
0	0.1276	8.50E+07	9.50E+07
4.5	0.2436	9.50E+08	9.00E+08
6	0.2736	2.00E+09	3.50E+09
9	0.462	1.50E+10	3.00E+10
10.5	0.7701	1.20E+11	7.00E+10
Doubling time:	1.12 h	Y=Y0*exp(k*X); X is time, Y is CFU/ml	