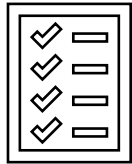
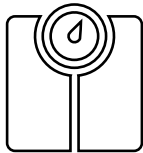


## *Supplementary Material*



The heart failure questionnaire	
Shortness of breath last night	
Shortness of breath during the past 24 hours	
Edema in the legs or abdomen	
Feeling unwell during the past 24 hours	
Increased liquid oral intake during the past 24 hours	
Excessive salt intake during the past 24 hours	
Dizziness or lightheadedness	
Dizziness or lightheadedness when standing up	
Dizziness or lightheadedness when walking	
Decreased intake during past 24 hours	
Diarrhea or vomiting during past 24 hours	



≥ 2kg weight gain in 2 days	
Higher blood pressure than normal	



New arrhythmia	
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**Supplementary Figure 1.** The heart failure questionnaire